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Hill, Andrew P. ORCID:

<https://orcid.org/0000-0001-6370-8901> (2019) Perfectionism in sport, dance, and exercise: An overview of available models, analyses, and methods. In: FEPSAC Congress 2019, 15-20 July 2019, Munster, Germany. (Unpublished)

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# RaY

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**Important Addresses**

**Congress Homepage**

[www.fepsac2019.eu](http://www.fepsac2019.eu)

**Congress Administration**

[www.conftool.com/fepsac2019](http://www.conftool.com/fepsac2019)

**Congress App**

Download at [www.core-apps.com/dl/fepsac2019](http://www.core-apps.com/dl/fepsac2019)

or by using the QR code below



**Important Congress Venues**

Schloss, Schlossplatz 2,  
48149 Muenster

Lecture hall building H, Schlossplatz 46  
48149 Muenster

vom-Stein Building, Schlossplatz 34  
48149 Muenster

LWL Museum for Art and Culture, Domplatz 10  
48143 Münster

**Department of Sport and Exercise Psychology**

University of Münster  
Institute of Sport and Exercise Sciences

Horstmarer Landweg 62b  
48149 Muenster  
Germany

[www.fepsac2019.eu](http://www.fepsac2019.eu)

FEPSAC CONGRESS 2019 - MÜNSTER – BUILDING THE FUTURE OF SPORT AND EXERCISE PSYCHOLOGY

15 TH  
EUROPEAN  
CONGRESS  
OF SPORT &  
EXERCISE  
PSYCHOLOGY  
15 -20  
JULY  
2019  
MÜNSTER  
GERMANY

**CONGRESS PROGRAM**

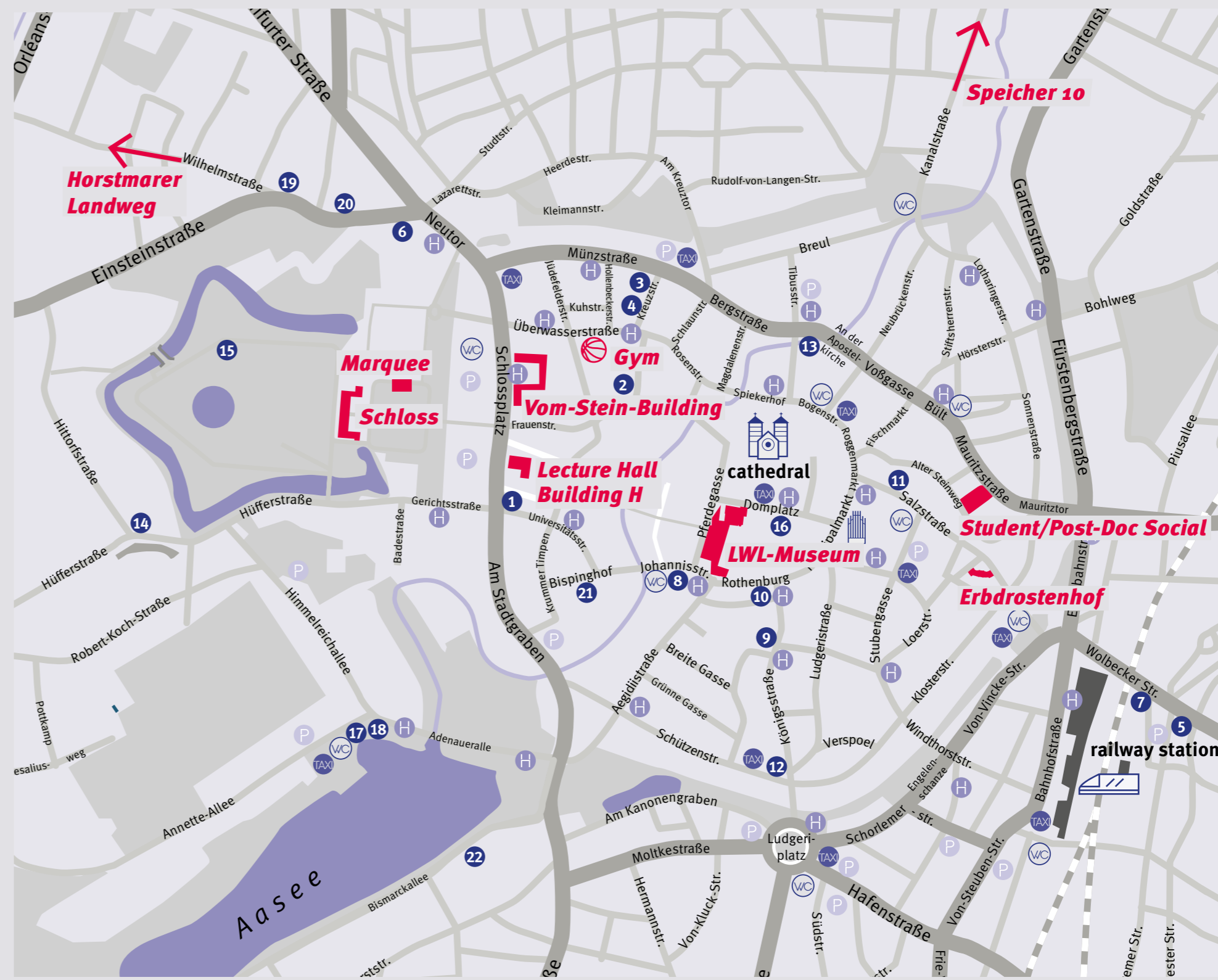
WELCOME



CONGRESS OVERVIEW

DETAILED MAP – MÜNSTER

TIME	MONDAY July 15, 2019	TUESDAY July 16, 2019	WEDNESDAY July 17, 2019	THURSDAY July 18, 2019	FRIDAY July 19, 2019	SATURDAY July 20, 2019	TIME	
08:30 – 09:00	REGISTRATION – ALL DAYS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	COMMITTEE MEETINGS	08:30 – 09:00	
09:00 – 09:30		PARALLEL PRE-CONGRESS WORKSHOPS AND SYMPOSIA	POSTER SESSIONS	POSTER SESSIONS	POSTER SESSIONS		POSTER SESSIONS	09:00 – 09:30
09:30 – 10:00		OFFICIAL CONGRESS START	KEYNOTE RYBA	KEYNOTE JACKSON	KEYNOTE AŞÇI		KEYNOTE MARCORA	09:30 – 10:00
10:00 – 10:30			BREAK	BREAK	BREAK		BREAK	10:00 – 10:30
10:30 – 11:00		PRE-CONGRESS SYMPOSIA	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS		PARALLEL SESSIONS	10:30 – 11:00
11:00 – 11:30		BREAK	KEYNOTE MOORE	PARALLEL SESSIONS	YOUNG RESEARCHER AWARD		KEYNOTE MOORE	11:00 – 11:30
11:30 – 12:00			WHICH INCLUDES					BREAK
12:00 – 12:30		> WELCOME	GENERAL ASSEMBLY	SCIENCE SLAM	SOCIAL PROGRAM		BREAK AND TRANSPORT TO DINNER	12:00 – 12:30
12:30 – 13:00		> KEYNOTE LECTURE SMITH	BREAK				CONGRESS CLOSING WITH DINNER	DEPARTURE DAY
13:00 – 13:30		> OPENING	STUDENT/POST-DOC SOCIAL	STUDENT/POST-DOC SOCIAL	SOCIAL PROGRAM		CONGRESS CLOSING WITH DINNER	13:00 – 13:30
13:30 – 14:00	OFFICIAL CONGRESS START	BREAK	BREAK			BREAK		BREAK
14:00 – 14:30	PRE-CONGRESS SYMPOSIA	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	14:00 – 14:30		
14:30 – 15:00	BREAK	BREAK	BREAK	BREAK	BREAK	14:30 – 15:00		
15:00 – 15:30	OPENING SESSION / WELCOME RECEPTION	GENERAL ASSEMBLY	PARALLEL SESSIONS	PARALLEL SESSIONS	KEYNOTE MOORE	15:00 – 15:30		
15:30 – 16:00	REGISTRATION – ALL DAYS	GENERAL ASSEMBLY	PARALLEL SESSIONS	PARALLEL SESSIONS	KEYNOTE MOORE	15:30 – 16:00		
16:00 – 16:30		WHICH INCLUDES	BREAK	BREAK	BREAK	16:00 – 16:30		
16:30 – 17:00		> WELCOME	GENERAL ASSEMBLY	PARALLEL SESSIONS	PARALLEL SESSIONS	KEYNOTE MOORE	16:30 – 17:00	
16:30 – 17:30		> KEYNOTE LECTURE SMITH	BREAK	BREAK	BREAK	BREAK AND TRANSPORT TO DINNER	16:30 – 17:30	
17:00 – 17:30		> OPENING	SCIENCE SLAM	STUDENT/POST-DOC SOCIAL	SOCIAL PROGRAM	CONGRESS CLOSING WITH DINNER	17:00 – 17:30	
17:30 – 18:00		OFFICIAL CONGRESS START	BREAK	BREAK	BREAK	BREAK	17:30 – 18:00	
18:00 – 18:30		WHICH INCLUDES	GENERAL ASSEMBLY	PARALLEL SESSIONS	PARALLEL SESSIONS	KEYNOTE MOORE	18:00 – 18:30	
18:30 – 19:00		> WELCOME	GENERAL ASSEMBLY	PARALLEL SESSIONS	PARALLEL SESSIONS	KEYNOTE MOORE	18:30 – 19:00	
18:30 – 19:30		> KEYNOTE LECTURE SMITH	BREAK	BREAK	BREAK	BREAK AND TRANSPORT TO DINNER	18:30 – 19:30	
19:00 – 19:30		> OPENING	SCIENCE SLAM	STUDENT/POST-DOC SOCIAL	SOCIAL PROGRAM	CONGRESS CLOSING WITH DINNER	19:00 – 19:30	
19:30 – 20:00	OFFICIAL CONGRESS START	BREAK	BREAK	BREAK	BREAK	19:30 – 20:00		
20:00 – 20:30	WHICH INCLUDES	GENERAL ASSEMBLY	PARALLEL SESSIONS	PARALLEL SESSIONS	KEYNOTE MOORE	20:00 – 20:30		
		GENERAL ASSEMBLY	PARALLEL SESSIONS	PARALLEL SESSIONS	KEYNOTE MOORE			



- MAIN CONGRESS VENUES
  - H BUS STOP
  - P PARKING
  - TAXI TAXI
  - WC TOILET
- CONGRESS VENUES
  - Schloss
  - Vom-Stein Building
  - Lecture Hall Building H
- SPECIAL EVENTS
  - LWL Museum
  - Erbdrostenhof
  - Student social
- FOOD AND BEVERAGES
  - 1 Le Feu
  - 2 Royals & Rice
  - 3 Blaues Haus
  - 4 Pinkus Müller
  - 5 6 Gustav Grün
  - 7 8 Subway
  - 9 Vapiano
  - 10 Mocca d'or
  - 11 13 Café Extrablatt
  - 14 La Gondola d'oro
  - 15 Schlossgarten Cafe
  - 16 Marktcafe
  - 17 A2 am See
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  - 19 Ristorante Milano
  - 20 Eila Restaurant il Borgo
  - 21 Mensa Bispinghof
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APP  
Congress App  
Download at  
[www.core-apps.com/dl/feprac2019](http://www.core-apps.com/dl/feprac2019)

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# INTRODUCTION

## ***The 15th European Congress of Sport and Exercise Psychology – Building the Future of Sport and Exercise Psychology***

The FEPSAC Congress will take place from July 15th to 20th 2019 in Muenster at the Schloss (the Muenster Castle) and its surrounding buildings. The special occasion is the 50th anniversary of the European Federation of Sport Psychology (FEPSAC), founded 1969 in Vittel, France, whose members are comprised of 24 national associations, e.g., including the German Society for Sport Psychology (asp). Accordingly, the hosts will welcome a large number of participants and expect a considerable amount of public interest. With over 1,000 anticipated participants during the week, the 15th FEPSAC Congress will be one of the largest international sport psychology congresses organized to date.

# WELCOME ADDRESSES

***Prof. Bernd Strauss – Congress President and President of the German Society for Sport Psychology (asp)***



As Congress president and president of the German Society for Sport Psychology (asp), I am very pleased to welcome you to the 15th European Congress of Sport and Exercise Psychology in Muenster, the 15th FEPSAC Congress.

We expect almost 1,000 attendees to find their way in the medieval, beautiful, and loveable city of Muenster, located in the heart of Europe. With Muenster even being rated as the most liveable city in the world in 2004 by the United Nations Environment Programme (UNEP). Therefore, we do hope that you will find some time during the busy Congress week, which is jam-packed with activities, to explore this peaceful city. Perhaps by using the most popular vehicle in Muenster, namely, the bicycle. Over 500,000 bicycles can be found within this city of 300,000 inhabitants.

We invite you all to celebrate the 50th anniversary of FEPSAC during these five days in the Schloss (the castle) of Muenster (the main venue of this Congress). Over the last two-years the organizational committee has worked tremendously hard to be able to offer an outstanding and engaging program, including well over 900 presentations, a record in the history of FEPSAC.

I am absolutely excited about the outstanding collaboration with FEPSAC, the German Society (asp), the city of Muenster, the many supporters and sponsors, and finally, the state of North-Rhine-Westphalia. I am honored and excited that this Congress will be held under the patronage of the Undersecretary for Sport and Voluntary Work of the State of North Rhine-Westphalia, Andrea Milz.

I wish you all a fruitful, pleasant and exciting week, full of work, inspiration and hopefully also some relaxation.

Warmest wishes,  
Prof. Dr. Bernd Strauss

**Prof. Anne-Marie Elbe,  
FEPSAC President**



On behalf of FEPSAC's Managing Council, it is my great pleasure to welcome sport and exercise psychology enthusiasts from around the world to beautiful Muenster in order to celebrate the 15th European Congress of Sport and Exercise Psychology and FEPSAC's 50th anniversary from July 15th to 19th, 2019.

We are expecting around 1000 colleagues who will be hosted by the wonderful team from the Department of Sport and Exercise Psychology at the University of Muenster and by the German Society for Sport Psychology (asp). There could be no better venue than Muenster's own castle to come together under the Congress theme of "Building the future of sport & exercise psychology".

You will have the opportunity to enjoy six fantastic keynote lectures, a multitude of exciting symposia, workshops, individual oral and poster presentations. Special highlights will be the Science Slam as well as the Young Investigators Award. Furthermore, the Congress offers excellent opportunities for scientific exchange, an attractive social program as well as a wide variety of sporting activities. In addition, FEPSAC's vibrant history will be highlighted throughout the week with an exhibition, an anniversary symposium, the launching of the FEPSAC archive as well as the publication of an anniversary monograph and a special issue in Psychology of Sport and Exercise.

I am convinced that this special anniversary Congress will create many lasting memories for you and will be an important milestone in building the future of sport and exercise psychology.

I wish you an amazing Congress experience!

Prof. Dr. Anne-Marie Elbe

**Andrea Milz, Undersecretary for Sport and Voluntary Work  
of the State of North Rhine-Westphalia (NRW)**



I am very happy to be the patron of this event. The slogan of the congress is "Building the future of sport and exercise psychology". Over the coming days you will be learning of the work being done in the fields of sports science, psychology and sports and exercise psychology. The presentations should be used not only as bare reports of project research done and findings arrived

at but also as starting points for discussions relating to practical activities and knowledge-transfer possibilities. I believe that the exposure and media coverage of the congress is most likely to generate considerable public interest if the transfer potential of the new scientific results and findings is set out clearly. This will bolster interest in practical research projects and raise the importance of research within the individual areas of application.

The government of the State of North Rhine-Westphalia is an active promoter of the sciences. Last year, for example, we revived the Regional Sports and Science Awards and singled out three sports scientists for their outstanding work in their respective fields. Each prize came with a cheque for €15,000.

I would like to thank the city of Münster, the University of Münster and Professor Bernd Strauß and his team for holding the 15th FEPSAC European Congress of Sport and Exercise in Münster and also for organising the celebrations for FEPSAC's 50th anniversary.

You, the congress participants, will have the opportunity to talk with national and international policymakers and representatives from the sports and science sectors and the business community and will be learning more about institutions, projects, products and materials. Use this chance for dialogue.

Parallel to your involvement in this multifaceted congress offering up to 20 sessions and workshops a day I would love to see you finding the time to explore the sights of Germany's No.1 bicycle city. I assure you it will be worth your while.

Andrea Milz



**Prof. Johannes Wessels,  
Rector of the University of Muenster**



A warm welcome to the University of Muenster, the WWU (Westfälische Wilhelms-Universität). As Rector, I am delighted that you have chosen WWU as the venue for the 15th Congress of the European Federation of Sport Psychology (FEPSAC) on the occasion of its 50th anniversary!

Besides a broad variety of keynotes by internationally renowned scientists and several workshops, this year's Congress foresees a sports program, which I highly recommend to you. WWU encourages its students to view sports as a relevant part of their academic life. All students and staff have the opportunity to choose from over 120 different disciplines offered by our so-called University Sports, which currently serves roughly 20,000 participants each week. Through your participation in the offered sports program, you will have the chance to see at least part of our sports campus.

Since 2002, WWU is also official partner university in the field of top-level sports promoting competitive sports at the national and international level. As such, we want to enable students to benefit from both, an excellent scientific education and a successful sports career. WWU's Department of Sports and Exercise Psychology has an important role in this context. As it is also responsible for the organisation of this year's FEPSAC Congress, I take the opportunity to thank the Congress President Prof. Strauss and all others involved for their dedication in organising this event and wish all of you an inspiring and memorable time in Muenster.

Prof. Dr. Johannes Wessels

**Markus Lewe,  
Mayor of the City of Muenster**



I am delighted that this year the 15th European Congress of Sport and Exercise Psychology is being held in our city. As the location of one of the most renowned universities and university clinics in Germany as well as being a city of science, Muenster is particularly suited to host this event. The university with its research, facilities and transfer of knowledge is a significant

location factor for Muenster and the surrounding region.

With nine universities, over 60,000 students and a network with elite research Muenster has a tradition as an academic location. The future is created in the lectures, institutes and laboratories. The city and science belong together, forming a firm alliance and making Muenster one of the leading educational, scientific, research and development locations in Europe and a centre of concentrated innovative energy.

You have come from near and far to our beautiful city and I hope that you will take enough time to see for yourself the proverbial "science and lifestyle" of Muenster. I am not only encouraging you to do so, I am also sincerely inviting you to do so. The beautiful old town, the large number of bicycles and young people are only three of the things that will immediately stand out. Make your way through our city on varied tours of discovery and sense some of the atmosphere which makes Muenster so unique. I promise, it's worth it!

I hope you will feel comfortable here in Muenster and I wish you an interesting Congress with rewarding lectures, fruitful discussions and stimulating presentations.

Markus Lewe



# CONGRESS OVERVIEW

## ***Congress Overview***

The Congress will start on Monday, July 15th at 9am with pre-congress workshops. The 15th FEPSAC Congress will officially start on Monday, July 15th, 2019, at 2pm. You can register at the Registration desk. Registration is possible from Monday morning, 7.30am., and will remain available during the entire Congress.

The Opening Ceremony will take place on Monday, July 15th, 2019 at 4pm. The first part of the opening ceremony will take place in the lecture hall building H (address: Schlossplatz 46, 48143 Muenster) with short welcome addresses and the opening keynote by Brett Smith. The second part will take place in the LWL Museum of Art and Culture which is located 500 meters from the lecture hall building H. Students will guide us to the venue.

Every day, from Tuesday to Friday, the Congress program starts at 8.30am with the first workshops, followed by daily poster sessions and a keynote. After the lunch break (for recommendations regarding restaurants, see below), special events will take place every afternoon. These special events will be outlined in more detail in the following.

Congress dinner: on Friday, July 19th, 2019 at 7pm, the closing of the Congress will take place. Busses will take the participants from the Congress location to the event (and vice versa). In the evening there will be a big barbecue, live music and a DJ awaits the guests for FEPSAC's 50th anniversary.

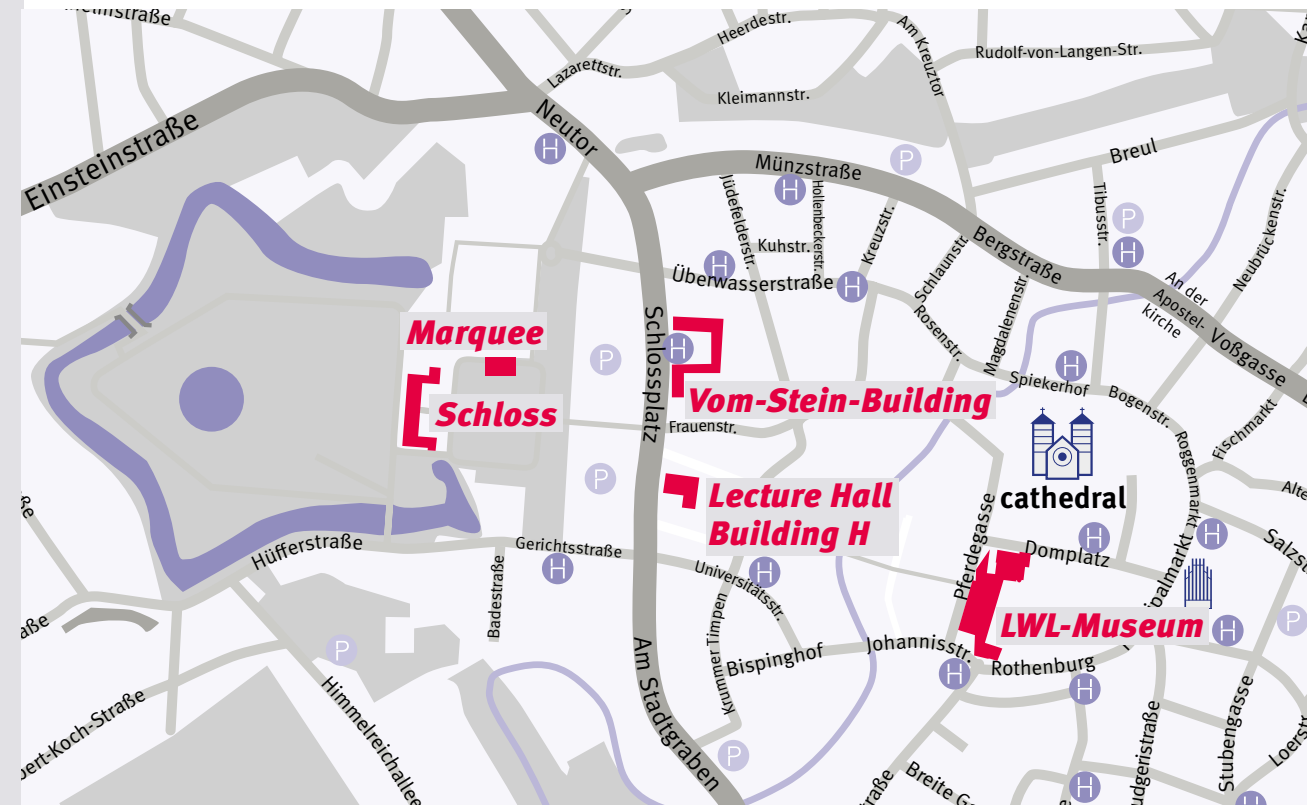
TIME	MONDAY July 15, 2019	TUESDAY July 16, 2019	WEDNESDAY July 17, 2019	THURSDAY July 18, 2019	FRIDAY July 19, 2019	SATURDAY July 20, 2019	TIME			
08:30 – 09:00	REGISTRATION – ALL DAYS	PARALLEL PRE-CONGRESS WORKSHOPS AND SYMPOSIA	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	COMMITTEE MEETINGS	08:30 – 09:00			
09:00 – 09:30			POSTER SESSIONS	POSTER SESSIONS	POSTER SESSIONS		POSTER SESSIONS	09:00 – 09:30		
09:30 – 10:00			BREAK	KEYNOTE RYBA	KEYNOTE JACKSON		KEYNOTE AŞÇI	KEYNOTE MARCORA	09:30 – 10:00	
10:00 – 10:30				OFFICAL CONGRESS START	BREAK		BREAK	BREAK	BREAK	10:00 – 10:30
10:30 – 11:00			PRE-CONGRESS-SYMPOSIA	PARALLEL CONGRESS SESSIONS	PARALLEL SESSIONS		PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	10:30 – 11:00
11:00 – 11:30					BREAK		BREAK	BREAK	BREAK	BREAK
11:30 – 12:00			OPENING SESSION/ WELCOME RECEPTION	GENERAL ASSEMBLY	PARALLEL SESSIONS		YOUNG RESEARCHER AWARD	SOCIAL PROGRAM	KEYNOTE MOORE	11:30 – 12:00
12:00 – 12:30										WHICH INCLUDES
12:30 – 13:00			> WELCOME	SCIENCE SLAM	STUDENT/POST-DOC SOCIAL		SOCIAL PROGRAM	SOCIAL PROGRAM	BREAK AND TRANSPORT TO DINNER	12:30 – 13:00
13:00 – 13:30										> KEYNOTE LECTURE SMITH
13:30 – 14:00			> OPENING	SCIENCE SLAM	STUDENT/POST-DOC SOCIAL		SOCIAL PROGRAM	SOCIAL PROGRAM	CONGRESS CLOSING WITH DINNER	13:30 – 14:00
14:00 – 14:30			OFFICAL CONGRESS START	PARALLEL CONGRESS SESSIONS	PARALLEL SESSIONS		PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	14:00 – 14:30
14:30 – 15:00										BREAK
15:00 – 15:30	OFFICAL CONGRESS START	PARALLEL CONGRESS SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	15:00 – 15:30			
15:30 – 16:00							BREAK	BREAK	BREAK	BREAK
16:00 – 16:30	OFFICAL CONGRESS START	PARALLEL CONGRESS SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	16:00 – 16:30			
16:30 – 17:00							BREAK	BREAK	BREAK	BREAK
17:00 – 17:30	OFFICAL CONGRESS START	PARALLEL CONGRESS SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	17:00 – 17:30			
17:30 – 18:00							BREAK	BREAK	BREAK	BREAK
18:00 – 18:30	OFFICAL CONGRESS START	PARALLEL CONGRESS SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	18:00 – 18:30			
18:30 – 19:00							BREAK	BREAK	BREAK	BREAK
19:00 – 19:30	OFFICAL CONGRESS START	PARALLEL CONGRESS SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	19:00 – 19:30			
19:30 – 20:00							BREAK	BREAK	BREAK	BREAK
20:00 – 20:30	OFFICAL CONGRESS START	PARALLEL CONGRESS SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	PARALLEL SESSIONS	20:00 – 20:30			
							BREAK	BREAK	BREAK	BREAK

# 1 LOCATION AND ACCESS

## Congress Venues

The Congress takes place in the main building of the university *Schloss* (castle) and two university buildings nearby the *Schloss* as well as a marquee in front of the *Schloss*.

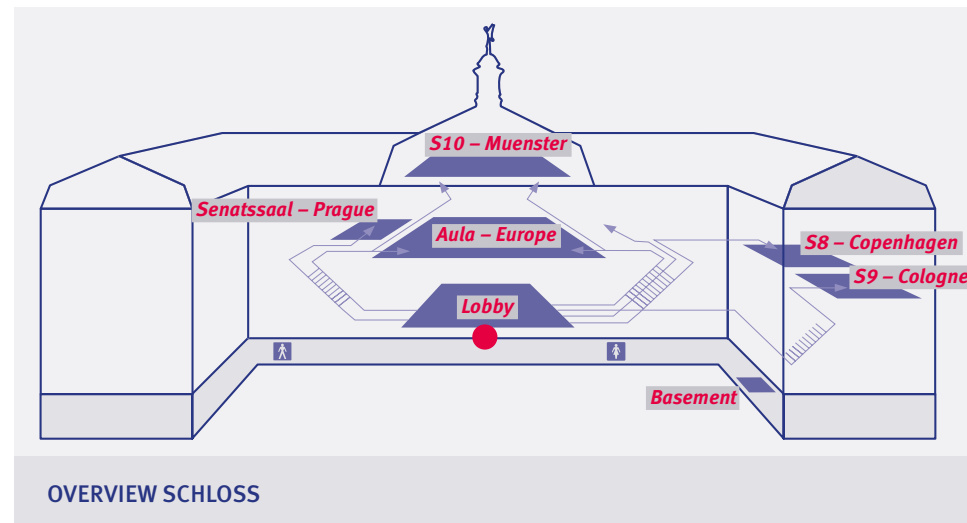
## Map – Location and Access



- MAIN CONGRESS VENUES
- H BUS STOP
- P PARKING

**The sessions will be held at the following locations:**

- Schloss, Schlossplatz 2, 48149 Muenster (bus stop Landgericht or Schlossplatz)
  - Basement: Registration desk, working places
  - Lobby: Information Desk, poster printing service, lists and announcements (social program, knowledge café, sport program)
  - Seminar rooms S8 – Copenhagen, S9 – Cologne, S10 – Muenster
  - Aula – Europe
  - Senatssaal – Prague
  - First floor: Speaker's ready room



- Lecture hall building H (Plenary), Schlossplatz 46, 48149 Muenster (bus stop Landgericht or Schlossplatz):
  - H1 – Vittel
  - H2 – Bern
  - H3 – Madeira
  - H4 – Chalkidiki

- vom-Stein Building, Schlossplatz 34, 48149 Muenster (bus stop Landgericht or Schlossplatz)

- VSH 06 – Bad Blankenburg *Basement*
- VSH 07 – Magglingen *Basement*
- VSH 17 – Westphalia *1<sup>st</sup> floor*
- VSH 18 – Edinburgh *1<sup>st</sup> floor*
- VSH 19 – Paris *1<sup>st</sup> floor*
- VSH 116 – Varna *2<sup>nd</sup> floor*
- VSH 118 – Nottingham *2<sup>nd</sup> floor*
- VSH 219 – Brussels *3<sup>rd</sup> floor*

- Marquee (Padua) in front of the Schloss, Schlossplatz 2, 48149 Muenster (bus stop Landgericht or Schlossplatz)

- All poster presentations will take place here.
- This is also where you can obtain your coffee and beverages during the coffee breaks.
- The FEPSAC Congress will be accompanied by a major exhibition which will also be situated in the marquee in front of the Schloss. Commercial and non-commercial organizations like equipment manufacturers, publishing companies, and book stores will exhibit their products and services on selective days throughout the Congress week.
- Official University of Muenster merchandise can be purchased at the university bookshop exhibition booth from Monday (July 15th) to Wednesday (July 17th).
- Inside the marquee you can find working places and several seats to have a cup of coffee and talk with the other attendees of the Congress.

Due to the central location of the Congress venues, all buildings are within walking distance of each other. Signs on the ground will further indicate the walking direction from one venue to another.

### **Congress Registration and Information**

The **Registration Desk** is situated in the basement of the Schloss until Tuesday afternoon. From Tuesday afternoon on, it will be located in the lobby of the Schloss. At the **Registration Desk**, you will receive your Congress badge when signing in. It is **mandatory** to wear this badge during the entire Congress, as it does not only grant you permission to attend the Congress venue but also allows you to use public transportation as well as varying offers and social activities throughout the week (see below).

When checking in, we will hand out your Congress bag. As the FEPSAC Congress 2019 is a green Congress, everything you can find within this Congress bag, as well as the bag itself, is produced from recyclable and thus environmentally sustainable materials. Furthermore, the book of abstracts is available on a flash drive that all participants will receive within their Congress bag. Please note: In line with the premise of a green Congress, smoking is not permitted in any of the congress venues.

DAY	REGISTRATION DESK		INFORMATION DESK	
	OPENING HOURS	LOCATION	OPENING HOURS	LOCATION
Monday	7.30am – 7.00pm	Basement	8.00am – 4.00pm	Foyer
Tuesday	7.30am – 7.00pm	Basement	8.00am – 4.00pm	Foyer
Wednesday	8.00am – 4.00pm	Foyer	8.00am – 4.00pm	Foyer
Thursday	8.00am – 4.00pm	Foyer	8.00am – 4.00pm	Foyer
Friday	8.00am – 5.30pm	Foyer	8.00am – 4.00pm	Foyer

At the **Information Desk**, you can get information about a variety yourself about a variety of offers regarding the program. If you can get information about a variety of offers, please contact the team at the **Information Desk**. In case of emergency, if you have problems, if we can help and assist you, please write an email to [feprac2019@uni-muenster.de](mailto:feprac2019@uni-muenster.de) or call +49 176 183 00 233.

Furthermore, there will be a staff member from City of Muenster's marketing office throughout the week for further inquiries and information regarding restaurants, shops or the city in general.

During the Congress, our staff will be identifiable by blue t-shirts and name tags. Please do not hesitate to approach to them in case you have any questions. You will find a wardrobe in the basement of the Schloss. On Friday, you will be able to store your luggage in the basement of the Schloss. Please note that the organiser of the Congress does not accept any liability for lost items.

### **Transportation**

Once you sign in at the Registration Desk you will receive your Congress name badge, which includes **a local public transport ticket**, valid from **July 15th to July 20th, 2019**. The bus lines 11, 12, 13, and 22 service the bus stop Landgericht, the bus lines 1 and 9 stop at the Schlossplatz. Also, all Congress participants have the possibility to rent (free of charge) bicycles during the week of FEPSAC 2019. You can find information regarding where and how to rent a bicycle in the lobby of the Schloss (see below).

## 2 IMPORTANT DATES & SPECIAL EVENTS

### ***Opening Ceremony and Welcome Reception***

On Monday (July 15th) the Congress will start with a variety of pre-congress workshops and symposia (see table). The official opening ceremony will start on July 15th at 4pm at the lecture hall building H (H1 - Vittel) with a short welcome reception, followed by the first keynote lecture. After the official start of the Congress, all participants, representatives and honorary guests will be accompanied to the famous LWL Museum for Art and Culture and greeted at 6.30pm with drinks, hors d'oeuvres, live entertainment and official welcome speeches.

### ***General Assembly FEPSAC***

The Managing Council (MC) of the European Federation of Sport Psychology (FEPSAC) will organise a FEPSAC General Assembly (GA) on Tuesday (July 16th) 2019 at 4pm in the H2 - Bern. Information regarding elections will be on display in the marquee.

### ***Science Slam***

On Tuesday, July 16th, 2019 at 7 pm our science slam will take place in the lecture hall room H1 – Vittel. The science slam is a special form of an oral presentation that reaches a broad audience. It offers funny and creative, but still informative, scientific presentations of up-to-date and original research. The four best applicants have been selected by a science slam committee. The best science slam contribution will be awarded with a prize of € 1,500 by the Congress host. Each runner-up will be awarded with a price of € 250. The award ceremony will be held at the end of the event. This event will be open to the public and will be further enriched with a show-act, live music and the selling of beverages by the student association of the Institute of Sport and Exercise Sciences. Drinks and snacks at this event have to be paid on-site.

### ***Young Researcher/Early Career Researcher Day***

On Wednesday, July 17th, several events are dedicated to the Young Researchers at FEPSAC 2019.

### ***Knowledge Café***

The Knowledge Café which will take place on Wednesday, 17th of July at 12.30pm in the vom-Stein Building. This event is organised by ENYSSP and offers the opportunity to share on-topic scientific insights. Interested Congress participants are asked to register and indicate their preferred topics until Monday night on the sign-up sheets present at the lobby in the Schloss. For all the young researchers participating in the Knowledge Café there is the opportunity to buy a lunch bag for € 9 inside the vom-Stein Building.

### Young Researcher Award

FEPSAC invites Young Researchers in Sport Psychology to submit their scientific work for the 2019 FEPSAC Award. The Young Researcher Award will be handed out to the winners of the following categories: Oral and Poster presentations. Since the FEPSAC Congress in 1991, FEPSAC acknowledges the outstanding research achievements of its members. For the 15th Congress in 2019, FEPSAC has encouraged students of any age and nationality to apply for this Award. During the Congress, the five applicants for the Young Researcher Award will present their scientific work at the Aula in the Schloss from 4pm to 5.30pm. The award ceremony will be held during the Congress dinner on Friday, July 19th. € 500 will be awarded to the first place, € 300 to the second and € 200 to the third place.

### Student / Post-Doc Social

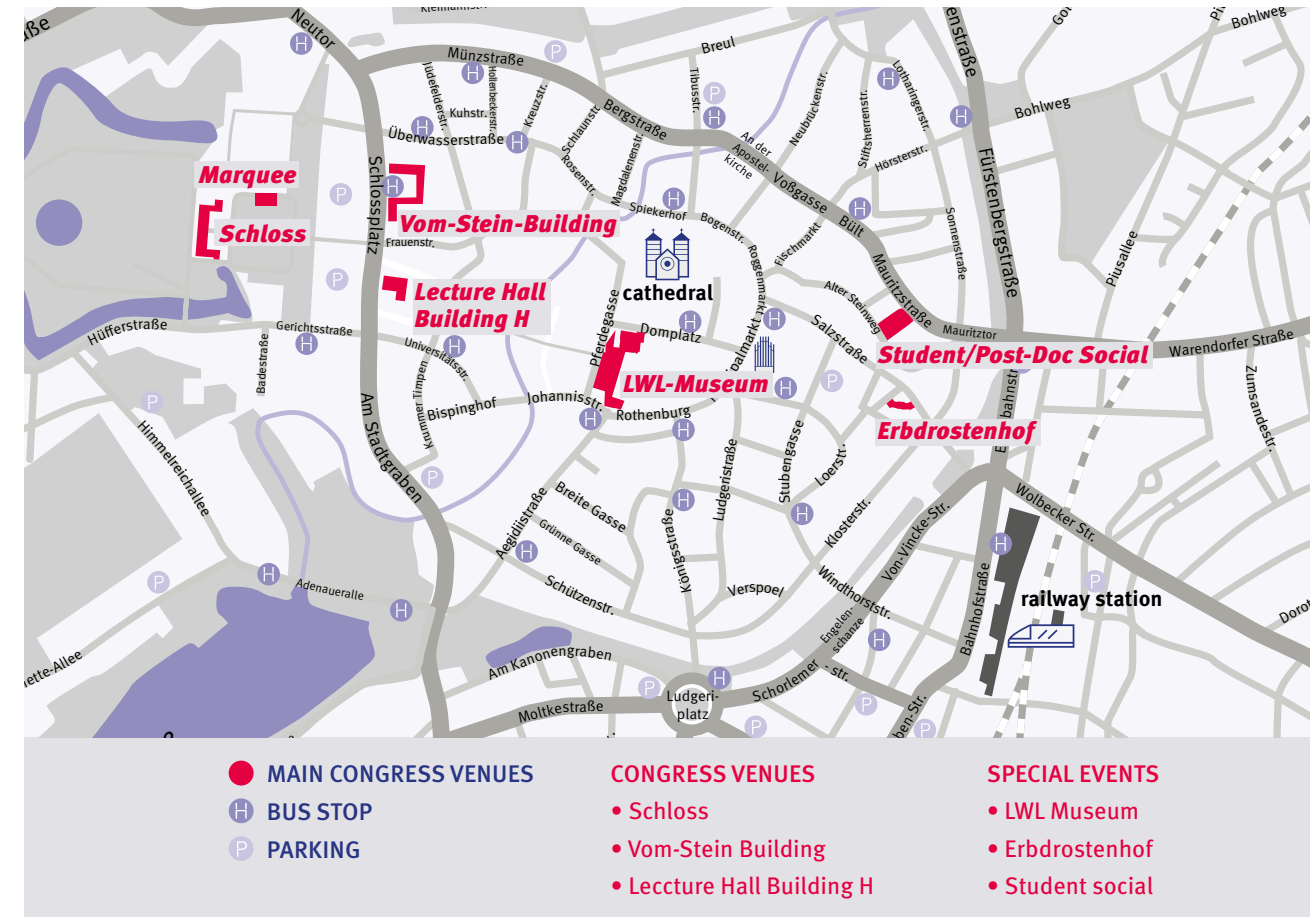
For all young researchers, the FEPSAC Congress will also provide a chance to meet up and network, by organising a dinner for both, students and Post-Docs (and those who feel young) on Wednesday, the 17th July at 7:30pm at the Restaurants Besitos and Aposto. Food and drinks have to be paid on-site. **Address: Alter Steinweg 21, 48143 Muenster.**

### Social Program

Beside the scientific program, all participants have the opportunity to take part in one of the diverse offers from our social program on Thursday (July 18th) from 3.30pm onwards. To sign up for one of the offers, you have to register on the sign-up sheets displayed in the lobby of the Schloss. You can choose from the following activities:

- 1) A guided City Tour, in which the city can be explored by foot (max. 2x 30 participants)
- 2) A guided City Tour in one of the typical tourist buses. Get an impression of the city in a comfortable and fun way (max. 75 participants)
- 3) A bicycle ride to the Muehlenhof Museum at the Aasee with a visit to its famous windmill (max 30 participants, bicycles will be provided)
- 4) Visiting the city museum of Muenster, which features an exhibition of Muenster as the “City of bicycles” (unlimited)
- 5) Visiting the famous Picasso Museum, which displays the exhibitions: “Through the light - abstraction in France. From Bazaine to Singier” and “Picasso and the post-war modernity” (max. 25 participants)
- 6) Visiting the famous LWL museum of modern art (25 participants)
- 7) Participating in a beach volleyball tournament at the sport facilities of the University of Muenster. During the tournament, a small barbecue with drinks and refreshments will be provided by our students. Food and drinks served there have to be paid on-site (see more information below) (unlimited).

### Map – Important Dates & Special Events



Fees for these offers are already included in the Congress Fee. The following two offers require an extra fee of €10 when registering for the tour until Tuesday (July 16th) 12pm in the Lobby of the Schloss.

- 1) Visiting the local brewery Finne (max. 40 participants)
- 2) Visiting the castle in Nordkirchen, known as the Westphalian Versailles (max. 60 participants)

All Congress participants only have the chance to take part in one of the offers regarding the social program, as they take place simultaneously. As we are working with external partners, registration for these offers are binding until Tuesday, July 16th, 12pm in the lobby of the Schloss. In the lobby, you can find information about departure time and meeting points as well as the name of your guides.



**26 IMPORTANT DATES & SPECIAL EVENTS*****Beach Volleyball Tournament***

On Thursday (July 18th) afternoon a large beach volleyball tournament will take place at 5pm at the facilities of the Institute of Sport and Exercise Sciences at Horstmarer Landweg 62B, 48149 Muenster. This tournament will most likely be supervised by two professional German team volleyball players from the premier league team USC Muenster. During the tournament, a small barbecue with drinks and refreshments will be provided by students. Food and drinks served there have to be paid on-site.

***Closing Ceremony and Congress Dinner***

The closing ceremony will take place on Friday (July 19th) in the north of Muenster at the Speicher 10. Special Busses will take all participants from the bus stop Landgericht to the event location between 6.15pm and 6.45pm. Starting at 10.30pm there will be a special shuttle service, running every half an hour, from the event location to three spots in the city centre: Schlossplatz and Eisenbahnstraße. The closing ceremony will entail a big barbecue with both a DJ and live music. Drinks at this occasion are not included in the Congress fee.

***Photo Contest***

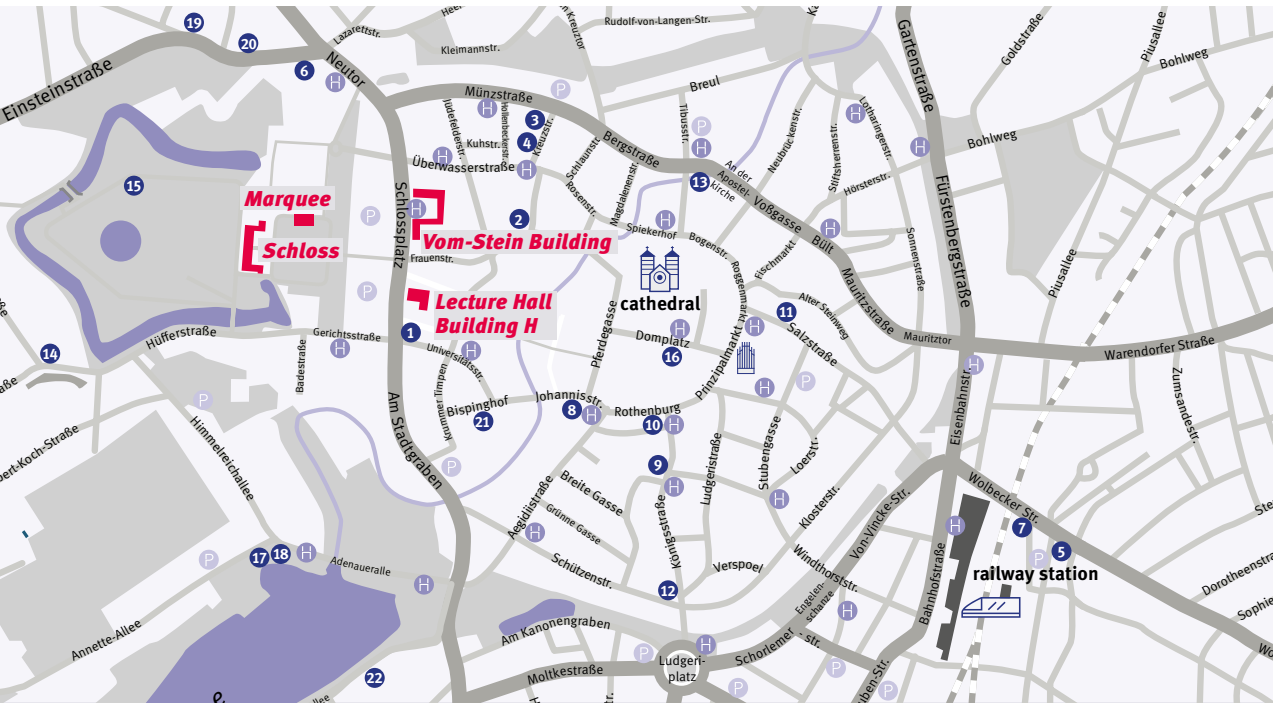
For the occasion of the 15th European Congress of Sport & Exercise Psychology, Muenster hosted a photo contest. For this, we received photos from all over the world that show the relatedness of our attendees to the FEPSAC and included the flyer or logo of the Congress. You can see the winner of each month on our website: <https://www.fepsac2019.eu/fepsac-around-the-world/>. During the closing ceremony, we will award an overall winner with the best picture that was taken.

***Fair & Q-Uni***

During the Congress, a famous tourist attraction, the fair called “Muenster-Send” will take place on the square in front of the Schloss just 100 meters away from the Schloss. From Thursday (July 18th) to the end of the Congress this area will be crowded by tourists and visitors. The Send opens daily at 12pm. Be aware that this public festival may interfere with the pathway from the Schloss to the lecture hall building H and the vom-Stein Building. Furthermore, the childrens university – called Q-Uni – will host events in the back of the Schloss.

# 3 FOOD AND BEVERAGES

Map – Food and Beverages



- |                  |                            |                             |
|------------------|----------------------------|-----------------------------|
| 1 Le Feu         | 9 Vapiano                  | 17 A2 am See                |
| 2 Royals & Rice  | 10 Mocca d'or              | 18 Il Divino                |
| 3 Blaues Haus    | 11, 12, 13 Café Extrablatt | 19 Ristorante Milano        |
| 4 Pinkus Müller  | 14 La Gondola d'oro        | 20 Eila Restaurant il Borgo |
| 5, 6 Gustav Grün | 15 Schlossgarten Cafe      | 21 Mensa Bispinghof         |
| 7, 8 Subway      | 16 Marktcafe               | 22 Mensa Aasee              |

**Coffee Breaks**

Coffee breaks with free coffee, beverages and some snacks take place during the poster sessions (10am – 11.30am every day) in the marquee located in front of the Schloss. During the day, coffee and other beverages will be available here. Water dispensers will also be available in the marquee all day, which is the perfect location to fill the reusable bottle present in your Congress bag.

**Lunch**

During the Congress, all participants are responsible for their own lunch. As our Congress venue is entirely pedestrian-friendly and close to the city centre, we recommend all surrounding restaurants as well as the universities cafeterias, the Mensa Bispinghof and the Mensa am Aasee (Bismarckallee 11, 48151 Muenster). Feel free to ask our staff members for recommendations regarding restaurants in the city.

4  
DAILY  
SPORTS  
PROGRAM

### Daily Sports Program

During the Congress a wide variety of sport activities will be offered. This includes several running sessions around the Promenade, as well as the beautiful Aasee, which provides a scenic area to walk around. These running sessions will be hosted daily in the morning (7am) by a member of the Congress staff. Distances and routes will be adapted to the groups' level of performance. Meeting point for all running sessions is the main entrance of the Schloss.

If you prefer to exercise on your own, a state-of-the-art gym is at your disposal, the Campus Gym. During the week of FEPSAC 2019 you can use the Campus Gym free of charge for a workout break. Enjoy our new, air-conditioned facility with Techno Gym equipment. All you need to bring is your Congress badge, sports clothing and a towel (which can be lend at the Campus Gym as well). The Campus gym is situated at the Institute of Sport and Exercise Sciences (Horstmarer Landweg 86b, 48149 Muenster), which is 2.5 km away from the Congress venue.

Furthermore, courses in power fitness, Pilates and yoga will be held during this week in a gym close to the Congress venues (Jüdefelderstrasse 10, 48143 Muenster). To sign up for these course offers, please register yourself in one of the lists in the lobby of the Schloss.

You can find a box of balls and frisbees etc. on the lawn next to the marquee. If you like, you can play there during the lunch break.

### Ride a Bicycle during the FEPSAC Congress

As it is a typical way of navigating through Muenster, we offer bicycles for Congress participants during the FEPSAC Congress. Participants are able to rent bicycles (for free) for their preferred period of time until Friday, July 19th. The participants accept liability for the bicycles. If you are interested in renting a bicycle, see the lists that are displayed at the Information Desk or ask the staff at the Information Desk. Collection and return of rented bicycles takes place in front of the Schloss.

Map – Daily Sports Program



# 5 PRACTICAL INFORMATION FOR ALL PARTICIPANTS

## **Congress Name Badge**

To enjoy a smooth FEPSAC Congress it is mandatory to wear your Congress name badge at all times. The badge will provide you access to all Congress venues and further allows participation in the various sport offers. In addition to that, the Congress badge enables you to use the public transport service throughout the whole week.

## **WiFi Access**

When signing in for the Congress you will receive Guest Access to the university network with your registration in the Congress for up to 1 GB of highspeed internet a day. Connect your device to the SSID „GuestOnCampus“ and start your web browser (e.g., Chrome or Firefox). When you start the browser, you will be automatically redirected to the login page (hotspots). After you have agreed to the terms of use, you can log in by clicking on the „Log in for free“ button. Please note that the connection is unencrypted. For further information visit:

[https://www.uni-muenster.de/ZIV/en/Anleitungen/WLAN/WLAN\\_einrichten.html](https://www.uni-muenster.de/ZIV/en/Anleitungen/WLAN/WLAN_einrichten.html).

The University of Muenster is a member of the eduroam network. Users from eduroam institutions, who have registered for eduroam, can use the wireless internet without local registration.

## **Congress App**

In addition to the program booklet and the website, we also offer an accompanying FEPSAC 2019 app. Use this app to get information regarding the events, presenters, sessions, abstracts and much more. To install and use the app, please follow the instructions below.

1. Search for “FEPSAC” in the Google Play or Apple App Stores.  
You can also scan the following QR code:
2. Tap and add “2019 FEPSAC” from the Upcoming Shows.
3. Login using the following username and password:  
Username: Please enter your email address  
Password: fepsac2019



You now have full access to our wonderfully designed app and can even make a personalized profile. In addition, don't forget to allow notifications so you don't miss any updates. More information regarding the app is available on the FEPSAC 2019 website.

***Photo & Film Recordings***

When you registered for the Congress, the organiser was given permission to take photos and film during the Congress, and to use these recordings in the context of the event for public relations and documentation, analogue and digital. The organiser has legitimate interests in using the photos on its website, on Facebook and in print media (Art. 6 § 1 sentence 1 lit. f DSGVO).

***Child Care***

During the FEPSAC Congress, there is the possibility to use child care services. A team of Certified Child Care Professionals will be present from Monday, July 15th, to Friday, July 19th, 8.30am to 6.00pm. Parents or guardians who would like to make use of the child care service are asked to contact the Information Desk. Together with our local and trusted service partner, we will try to adjust the child care program accordingly based on the number of children, their respective ages and the languages they are familiar with.

***Charging Stations***

For your electronics we have several charging locations situated in the basement of the Schloss and in the cafeteria near the vom-Stein Building. Please remember to bring your own adapter! Also, there will be an opportunity to charge your electronic devices in each seminar room during the workshop sessions. The charge stations in the seminar rooms offer USB ports.

***Certificate of Attendance***

Once you have checked in for the Congress at the Registration Desk you will be able to download your certificate of attendance. You can find the document in your ConfTool account.

***Non-Smoking Policy***

All Congress venues are non-smoking (no smoking zones). Smoking is permitted on the premises outside of the buildings. Please use the ashtrays provided.

# 6 INFORMATION FOR PRESENTERS

Every FEPSAC Congress lives off the wide array of excellent scientific presentations and discussions/presentations on best-practice interventions. The Parallel Paper Sessions are at the heart of this Congress, where researchers and practitioners from all over the world will showcase their recent studies and results or best-practice scenarios in oral presentations. Every morning from 8.30am until 10.00am and every early afternoon from 2.00pm until 3.30pm, there will be 15 parallel sessions on a variety of topics. During those sessions, we invite you to attend engaging demonstrations and discussions of state-of-the-art research and applied interventions in all fields of sport and exercise psychology.

## FORMATS

### **Pre-Congress Workshops**

Several pre-congress Workshops covering a wide variety of topics will be offered on Monday July 15th, 2019 at the FEPSAC Congress venue.

### **Symposia**

All symposia consist of oral presentations from multiple speakers and cover a specific coherent topic relating to Sport and Exercise Psychology. The focus of the presentations can be theoretical, methodological, or applied. Symposia are scheduled to be 90 minutes. Symposia chairs are responsible for time management during the session and should allow sufficient time for questions and discussion with the audience.

### **Paper Sessions**

Paper sessions consist of up to six oral presentations. Each individual presentation consists of a 12-minute talk followed by a 3-minute discussion. The sessions have been compiled based on single contributions that are related to Sport and Exercise Psychology. The focus of the presentations can be theoretical, methodological, or applied. All paper sessions are scheduled to be 90 minutes. Session chairs are responsible for time management during the symposia in order to allow switching between sessions. Session chairs and speakers should allow sufficient time for questions and discussion with the audience. Sessions with less than 6 presentations will have time for a longer discussion at the end of the session.

### **Poster**

Poster presentations are a special form of presentation and dissemination of scientific work. Four poster sessions will offer an outstanding forum for scientific exchange and discussions. Poster presentations will be held from Tuesday to Friday between 10.15am and 11.15am in the marquee in front of the main venue, the Schloss. During these sessions, coffee, tea and water will be provided. We invite you to engage in the exchange of ideas and professional discussions. If you are presenting your poster, we recommend you to hang up your poster prior to the start of the session to avoid traffic around the poster area. Each poster as well as the poster spots are assigned with distinct codes, which indicate the location of your poster. During the poster presentations, presenting authors are asked to be present at the poster from 10.15am to 11.15am. During the regular Congress breaks between 3.30pm and 4.00pm, all presenters have time to remove their posters. If you miss to take down your poster before 6.00pm (from Tuesday to Thursday), helpers will store it at the Poster Desk in the Schloss. On Friday posters have to be taken down until 1.00pm. All posters that have not been picked up until Friday will be disposed by the Congress team.

### **Poster Printing Service**

All posters that have been sent to the Congress staff prior to the Congress can be collected at the Poster Desk in the Foyer of the Schloss. You can also pay there in either cash or with a Visa/Mastercard. Last minute emergency poster printing service is available one day prior to your presentation for € 80. Please contact the information desk for further information about last-minute poster printing.

### **Gimme-5 format presentations**

As a relatively new format, four Gimme-5 sessions will be part of the program. In these sessions, each presenter will have five minutes to present a maximum of five slides. After each short presentation, a discussion of up to three minutes is added. A maximum of ten contributions are presented within one session. Session chairs are expected to take charge of time management during the sessions in order to allow switching between sessions.

### **Congress Workshops**

The Congress workshops involve active participation through interactive discussions, demonstrations, and/or experiential learning through hands-on experiences for participants. Applied workshops offer opportunities for practitioners to share their professional practice strategies. Evidence-based workshops will be given priority. Research workshops can include, but are not limited to, research methods, ethics in research, theory or measurement development, grant writing and mentoring in scientific writing. All workshops are scheduled for 90-minute time slots.

**Panel Discussions**

Panel Discussions/Round Table Discussions bring together experts from a specific, relevant topic who will share their experiences, intervention strategies and how they link theory and/or practice. Bringing expert researchers and expert practitioners on a common topic together in a panel discussion provides excellent opportunities for an audience to learn and engage in open dialogue in a scientist-practitioner framework.

**Science Slam**

The Science Slam will take place during the evening session on Tuesday, July 16th, 7pm. It offers funny and creative, but still informative and scientific presentations of state-of-the-art and original research. The science slam is a special form of oral presentation that reaches a broad audience.

**Keynotes**

During this year's Congress, there will be a total of six Keynotes. Each keynote speaker is an international, highly renowned scientist, all from different fields of sport and exercise psychology. They will hold a presentation of 45 minutes, followed by 15 minutes of discussion, which is open to questions from the audience. The entire keynote is moderated by a chair.

**Invited Sessions**

FEPSAC aims to connect associations from all over the world. Therefore, the organizing committee presents invited sessions from the

- Association for Applied Sport Psychology (AASP)
- Asian South-Pacific Association of Sport Psychology (ASPASP)
- European College for Sport Science (ECSS)
- European Network for Young Specialists in Sport Psychology (ENYSSP)
- International Society of Sport Psychology (ISSP)

Besides, the European Federation of Sport Psychology (FEPSAC) also hosts invited symposia. The sessions consist of oral presentations from multiple speakers and panel discussions, each scheduled to be 90 minutes.

**Featured Sessions**

The scientific committee has decided to feature several panel discussions and symposia to highlight various topics relating to Sport and Exercise Psychology. The sessions consist of oral presentations from multiple speakers and panel discussions and are scheduled to be 90 minutes.

**Speaker's Ready Room**

Prior to their presentation, all speakers and presenters are asked to deliver their presentation in the speaker's ready room, which is located at the first floor in the Schloss, next to the Senatssaal (Prague).

- Please save the file of your presentation on a USB 2.0 flash drive or external hard drive.
- Please submit the file of your presentation to the speaker's ready room at least 2h before your appointed time and let us take care of arranging the set-up.
- Please name your file as follows: „YourLastName.YourFirstName.ShortTitle.SessionNr.pptx“ (e.g. „Mueller.Steven.Motor Development in Children.Session 2.pptx“)

You can also submit your presentation directly at the presentation room, at least 20 minutes before the start of the session. The session chair is responsible for starting and ending all sessions according to the time schedule and to allow enough time for questions. Each presentation is supposed to take 12 minutes with up to three minutes of discussion afterwards. Staff members will be present in each room to assist with technical issues and for further inquiries.

Should you find yourself unable to present at your scheduled time, please contact the Congress team (Information Desk AND/OR speaker's ready room) immediately.

Email address: [fepsac2019@uni-muenster.de](mailto:fepsac2019@uni-muenster.de) or phone: **+49 176 183 00 233**

## CONTINUING EDUCATION (CE) CREDITS FOR SPORT PSYCHOLOGY PRACTITIONERS

FEPSAC 2019 is the first European Congress of Sport and Exercise Psychology where sport psychology practitioners can earn Continuing Education (CE) Credits for re-certification with their respective organizations or associations. Thus, FEPSAC 2019 is even more interesting for professionals working in applied sport and exercise psychology. The organizing committee has been working diligently with leading international sport psychology associations that offer certification programs and is happy that their applications for CE Credits with the Association for Applied Sport Psychology (AASP), the American Psychological Association (APA) and the German Society for Sport Psychology (asp) have been successful. The amount of credits approved depends on the respective system of the associations:

### **AASP**

The Association of Applied Sport Psychology (AASP) has confirmed that Certified Mental Performance Consultants (CMPCs) will be able to earn CEUs at FEPSAC 2019. Congress attendance will be worth 12 Continuing Education Units (CEUs) for Certified Mental Performance Consultants (CMPCs) when renewing their certification. One panel discussion on ethics and the Invited ISSP Symposium on supervision/mentorship will each be worth 1.5 CEUs. Additionally, the two applied pre-congress workshops (Mindfulness & Sport Psychology for Coaches) have been awarded 4 CEUs each. Overall, attendees can earn a maximum of 19 CEUs with AASP for attending FEPSAC 2019 and the sessions specifically recognized by AASP.

### **asp**

The German Society for Sport Psychology (asp) in association with the German Federal Institute of Sport Science has approved CE credits for 12 applied Congress and two applied pre-congress workshops. Each Congress workshop will be worth 2 CE Credits, the two applied pre-congress workshops will be worth 5 CE Credits each. Thus, a maximum of 23 CE Credits can be earned, if all respective workshops are attended.

### **APA**

With the American Psychological Association (APA) attendees can earn 4 CE Credits for the two applied pre-congress workshops and 1.5 CE Credits each for 12 Congress workshops. Thus, a total of 16 CE Credits can be earned from APA, if a workshop is attended in every timeslot.

You can find a complete list of the workshops that CE Credits are awarded for on the website: <https://www.fepsac2019.eu/ce-credits>

### **How to collect your CE Credits**

**AASP:** Use your Certificate of Attendance that all registered participants of FEPSAC 2019 receive after the Congress as proof of congress attendance when re-certifying with AASP to be awarded the 12 CEUs. For the respective panel/symposium a list of attendees interested in AASP CEUs will be created and a specific, individualized certificate of attendance will be generated in pdf format. This document will be emailed to those that have attended and earned the CEUs within the next few days following the respective session.

**asp:** For the respective workshops a list of attendees interested in asp CE Credits will be created and a specific, individualized certificate of attendance will be generated in pdf format. This document will be emailed to those that have attended and earned the CE Credits within the next few days following the respective session.

**APA:** For the respective workshops a list of attendees interested in APA CE Credits will be created. In order to process your request for CE Credits with APA a one-time fee of € 60 will have to be paid at the Information Desk. After the Congress the local organizers will forward the list of attendees of the respective workshops to APA, then receive the CE certificate from APA and subsequently forward it to attendees via email.

Please email to [fepsac2019@uni-muenster.de](mailto:fepsac2019@uni-muenster.de) for any inquiries regarding CE Credits at FEPSAC 2019, or talk to the representatives at the Information Desk.



NO.	CREDITS			TITLE	DAY / TIME
	AASP	asp	APA		
Pre-Congress 01	4	5	4	Pre Congress 02: Workshop on Mindfulness Interventions in Sport: An Interactive Workshop	Mon, 9:00-1:00 pm
Pre-Congress 03	4	5	4	Pre Congress 04: Workshop on Providing Sport Psychology Services for Coaches	Mon, 9:00-1:00 pm
Workshop 03		2	1.5	Workshop 03: Resist the urge to stop in endurance activities: research-evaluated endurance strategies intending to support training	Tue, 8:30-10:00 am
Workshop 04		2	1.5	Workshop 04: Applied Exercise Psychology Workshop: Facilitating Mental Skills Delivery Among Exercise Instructors	Tue, 2:00-3:30 pm
Workshop 06		2	1.5	Workshop 06: Sport psychology services for parents: the process and practice of delivering an evidence-based parent education workshop	Tue, 2:00-3:30 pm
Workshop 07		2	1.5	Workshop 07: Moving evidence into action: applying self-compassion in sport	Wed, 08:30-10:00 am
Workshop 08		2	1.5	Workshop 08: How to use the 3P's model to reduce performance anxiety	Wed, 2:00-3:30 pm
Workshop 12		2	1.5	Workshop 12: Introduction to the program "I Play (cause) I Feel" addressed to sport psychology practitioners in youth sports	Wed, 4:00-5:30 pm
Workshop 14		2	1.5	Workshop 14: Heart rate variability in sport psychology: applications of the vagal tank theory	Thu, 8:30-10:00 am
Workshop 15		2	1.5	Workshop 15: Evolution of learning for future force readiness	Thu, 8:30-10:00 am
Invited Panel 02	1.5			Invited Panel 02: Supervision in Applied Sport Psychology: developing good practice for the ISSP-Registry (ISSP-R)	Thu, 8:30-10:00 am
Workshop 16		2	1.5	Workshop 16: Going green for well-being: a practical workshop on the use of nature-based Interventions in the sport context	Thu, 2:00-3:30 pm
Workshop 17		2	1.5	Workshop 17: LoL generation: in the field with a professional team in Esports "Misfits Gaming"	Fri, 8:30-10:00 am
Workshop 18		2	1.5	Workshop 18: Reframing good character: strengths-based positive psychology interventions to promote character development in sport	Fri, 8:30-10:00 am
Workshop 20		2	1.5	Workshop 20: Working with adolescent athletes: the importance of active involvement and fun based on ACT examples	Fri, 2:00-3:30 pm
Panel 03	1.5			Panel 03: Ethics in applied sport psychology - international perspectives on the challenges faced across contexts of professional practice	Fri, 2:00-3:30 pm
	19	29	16		

## INVITED AND FEATURED SESSIONS / MEETINGS

### Invited Sessions

FEPSAC aims to connect associations from all over the world. Therefore, the organizing committee presents invited sessions from the Asian South-Pacific Association of Sport Psychology (ASPASP), Association for Applied Sport Psychology (AASP), European Network for Young Specialists in Sport Psychology (ENYSSP), European College for Sport Science (ECSS), and the International Society of Sport Psychology (ISSP). Also, the European Federation of Sport Psychology (FEPSAC) will host a symposium. The sessions consist of oral presentations from multiple speakers and panel discussions, each being scheduled to be 90 minutes.

NO.	ASSOCIATION	CHAIR	TITLE	DAY, TIME, ROOM
Invited Panel 01	FEPSAC	Xavier Sanchez	FEPSAC 50th Anniversary panel discussion: past-presidents' insights	Wednesday, 17th, 2 pm, Aula - Europe
Invited Panel 02	ISSP	Chris Harwood	Supervision in Applied Sport Psychology: developing good practice for the ISSP-Registry (ISSP-R)	Thursday, 18th, 8.30 am, Aula - Europe
Invited Symposium 01	ASPASP	Youngho Kim	Holistic approaches to sport and physical activity participation in the Asian context #1	Tuesday, 16th, 8.30 am, Aula - Europe
Invited Symposium 02	ASPASP	Youngho Kim	Holistic approaches to sport and physical activity participation in the Asian context #2	Tuesday, 16th, 2 pm, Aula - Europe
Invited Symposium 03	ECSS	Joan Duda	Promoting links between ECSS and FEPSAC: A platform enhancing research and practice within and across disciplinary lens	Wednesday, 17th, 8.30 am, Aula - Europe
Invited Symposium 04	ENYSSP	Michala Bednářiková	Various pathways, one destination - young specialists' journeys toward becoming sport psychology professionals in Europe	Thursday, 18th, 2 pm, Aula - Europe
Invited Symposium 05	AASP	Amy Lynne Baltzell	Association of Applied Sport Psychology Symposium: Theory to Practice to Enhance Performance	Friday, 19th, 2 pm, S9 - Cologne

**Featured Sessions**

We have decided to feature several panel discussions and symposia to highlight various topics relating to Sport and Exercise Psychology. The sessions consist of oral presentations from multiple speakers and panel discussions and are scheduled to be 90 minutes.

NO.	CHAIR	TITLE	DAY, TIME, ROOM
Featured Panel 01	Mustafa Sakar	Developing resilience in elite sport: re-research to practice	Tuesday 16th, 8:30 am VSH 219 - Brussels
Featured Panel 02	Paul Wylleman & Natalia Stambulova	Do we do what our results show? European career researchers about their own careers (panel session)	Tuesday, 16th, 2 pm VSH 219 - Brussels
Featured Panel 03	Sebastian Brückner	Round Table Discussion: International perspectives on professional accreditation: Balancing localized cultural infusion and proposed global guidelines	Friday, 19th, 8.30 am VSH 219 - Brussels
Featured Symposium 01	Tatiana Ryba	Crossing borders: finding meaning and belonging in cultural transitions	Wednesday 17th, 8:30 am, S10 - Muenster
Featured Symposium 02	Athanasios Papaioannou & Anne-Marie Elbe	Identifying and motivating youth who mostly need physical activity (IMPACT): A European project	Tuesday, 16th, 8.30 am S10 - Muenster
Featured Symposium 03	Bernd Strauss	asp-Symposium: The 50th anniversary of the German Society for Sport Psychology (asp)	Tuesday, 16th, 2 pm S10 - Muenster
Featured Symposium 04	Ralf Brand & Panteleimon Ekkekakis	Conceptual, theoretical and methodological advances in exercise motivation research: affect and automaticity	Wednesday, 17th, 8.30 am, S10 - Muenster
Featured Symposium 05	Göran Kentää	Mental health in competitive sports – research and mental health programs from three countries	Wednesday, 17th, 2 pm VSH 06 - Bad Blankenburg
Featured Symposium 06	Ismael Alfonso Pedraza Ramirez	Setting the stage for esports psychology: current state of research and future directions	Wednesday, 17th, 2 pm S10 - Muenster
Featured Symposium 07	Martin S. Hagger & Taru Lintunen	Physical education teacher autonomy support training to promote leisure-time physical activity in students (petals) intervention	Thursday, 18th, 8.30 am S10 - Muenster



NO.	CHAIR	TITLE	DAY, TIME, ROOM
Featured Symposium 08	Karin Moesch & Johan Ekengren	Mindfulness and acceptance-based interventions in elite sports: moving beyond performance enhancement	Thursday, 18th, 8.30 am VSH 118 - Nottingham
Featured Symposium 09	Cecilie Thøgersen-Ntoumani	Leveraging the social environment to promote physical activity	Thursday, 18th, 2.30 pm S10 - Muenster
Featured Symposium 10	Maria Kavussanu	Preventing doping in sport: Moral, psychological, and knowledge-based interventions in young British and Greek athletes	Friday, 19th, 2 pm S10 - Muenster
Featured Symposium 11	Roland Seiler	Sport psychology development – historical and institutional perspectives	Friday, 19th, 8.30 am S10 - Muenster

**Meetings**

During the entire Congress, several meetings, e.g. board meetings, council meetings etc., will take place. These are only open for people with invitations or members of the project groups, boards etc. For an overview of all these special meetings, see the table below.

WHO	WHAT	DAY, TIME, ROOM
FEPSAC MC only	FEPSAC Managing Council Meeting	Sunday, 14th, 9.30 am, Hotel Überwasserhof
IMPACT Research Group only	2 days IMPACT Research Group meeting	Sunday, 14th, 9.30 am to 6 pm and Monday, 15th, 9.30 am to 1 pm, Senatssaal - Prague
Sport Psychology Council	Sport Psychology Council Meeting	Wednesday, 17th, 12.30 pm, VSH 07 - Magglingen
FEPSAC MC only	New Managing Council Lunch FEPSAC	Wednesday, 17th, 2 pm, Festsaal
personal invitation letter and previous written confirmation by FEPSAC president and Congress President required	50 years ceremony of FEPSAC	Wednesday, 17th, 6.00 pm Erbdrostenhof
ISSP and FEPSAC MC only	ISSP / FEPSAC MC joint dinner	Wednesday, 17th, 8.00 pm, t.b.a.
PSE Editors and PSE Editorial Board	PSE Editorial Board Meeting	Thursday, 18th, 12.30 pm, Festsaal
FEPSAC MC and PSE editors only, personal invitation required	PSE Elsevier dinner	Thursday, 18th, 7:30 pm, t.b.a.

# 7 KEYNOTES

**Brett Smith, PhD**

University of Birmingham, Birmingham, UK

**More of the same or time to up our game? 50 possibilities for sport and exercise psychology research**

Monday, July 15th – Chair: Antonis Hatzigeorgiadis, PhD

**Tatiana Ryba, PhD**

University of Jyväskylä, Jyväskylä, Finland

**Now you see me, but will you listen?**

**Sport, work and unexamined life in migration.**

Tuesday, July 16th – Chair: Dorothee Alfermann, PhD

**Ben Jackson, PhD**

University of Western Australia, Perth, Australia

**Staying afloat in Today's University System: Mistakes Made and Lessons Learned in the Transition from Postgraduate to "Mid-Career" Academic**

Wednesday, July 17th – Chair: Stuart Biddle, PhD

**F. Hülya Aşçı, PhD**

Marmara University, Istanbul, Turkey

**Self-perception and physical self: Its examination from cultural and mental well-being perspectives**

Thursday, July 18th – Chair: Rita De Oliveira, PhD

**Samuele Marcora, PhD**

University of Kent, Kent, UK

**The limits to endurance performance in humans: mind over muscle?**

Friday, July 19th morning – Chair: Maurizio Bertollo, PhD

**Zella E. Moore, PhD**

Manhattan College, New York, United States

**Clinical Sport Psychology: Considering Psychological Well-being and Performance Excellence**

Friday, July 19th afternoon – Chair: Karin Moesch, PhD

MONDAY, 15/JUL/2019

9:00 am – 1:00 pm / 3:00 pm

Page	PARALLEL PRE CONGRESS WORKSHOPS AND SYMPOSIA	
	9:00am – 1:00pm VSH 19 – Paris	<b>Pre Congress 01: Workshop on Mindfulness Interventions in Sport: An Interactive Workshop</b> Session Chair: Zella E. Moore, Manhattan College Session Chair: Frank Gardner, Touro College
	9:00am – 1:00pm H 2 – Bern	<b>Pre Congress 02: Workshop on Qualitative Research: Data Collection, Post-Qualitative Research and Generalizability</b> Session Chair: Brett Smith, University of Birmingham
	9:00am – 1:00pm VSH 17 – Westphalia	<b>Pre Congress 03: Workshop on Providing Sport Psychology Services for Coaches</b> Session Chair: Stilian „Ani“ Chroni, Inland Norway University of Applied Science / Session Chair: Kristen Dieffenbach, West Virginia University
	9:00am – 1:00pm H 4 – Chalkidiki	<b>Pre Congress 04: Workshop on Introduction to Structural Equation Modelling</b> Session Chair: Nikos Ntoumanis, Curtin University
	9:00am – 1:00pm VSH 18 – Edinburgh	<b>Pre Congress 05: Workshop on Scientific Career</b> Session Chair: Catherine Sabiston, University of Toronto
71	9:00am – 3:00pm VSH 06 – Bad Blankenburg	<b>Pre Congress 06: Science and Practice of Sports Officiating Symposium</b> Session Chair: Henning Plessner, University of Heidelberg
73	9:00am – 3:00pm VSH 116 – Varna	<b>Pre Congress 07: Perceptual-motor expertise Symposium</b> Session Chair: Rouwen Cañal Bruland, Friedrich Schiller University Jena / Session Chair: David Mann, Vrije Universiteit Amsterdam



# PROGRAM OVERVIEW

MONDAY, 15/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL CONGRESS SESSIONS	
80	<b>2:00pm – 3:30pm</b> H 2 – Bern	<b>Symposium 01: Motor imagery during action observation: from neurophysiology to behaviour</b> Session Chair: Cornelia Frank, Bielefeld University
81	<b>2:00pm – 3:30pm</b> H 3 – Madeira	<b>Symposium 02: Executive functions in sport: Current trends and future prospects</b> Session Chair: Robert Vaughan, York st John University
82	<b>2:00pm – 3:30pm</b> H 4 – Chalkidiki	<b>Symposium 03: Diverse perspectives on athlete leadership development</b> Session Chair: Todd Loughead, University of Windsor
75	<b>2:00pm – 3:30pm</b> Senatssaal – Prague	<b>Paper Session 01: Automatic Processes and Cognitive Resources</b> Session Chair: Tanya R Berry, University of Alberta
76	<b>2:00pm – 3:30pm</b> S 8 – Copenhagen	<b>Paper Session 02: Doping</b> Session Chair: Vassilis Barkoukis, Aristotle University of Thessaloniki
77	<b>2:00pm – 3:30pm</b> S 9 – Cologne	<b>Paper Session 03: Self-Compassion and Body Image</b> Session Chair: Robert Charles Eklund, Florida State University
78	<b>2:00pm – 3:30pm</b> Aula im Schloss – Europe	<b>Paper Session 04: Life skills &amp; Well-being</b> Session Chair: Glyn Roberts, Norwegian School of Sport Sciences
79	<b>2:00pm – 3:30pm</b> VSH 17 – Westphalia	<b>Paper Session 05: Emotion, Anxiety and Public Shaming</b> Session Chair: Penny McCullagh, California State University East Bay
82	<b>2:00pm – 3:30pm</b> VSH 118 – Nottingham	<b>Workshop 01: The optimum performance program in sports: an evidence-supported sport-specific mental wellness intervention</b> Session Chair: Bradley Donohue, University of Nevada, Las Vegas
83	<b>2:00pm – 3:30pm</b> VSH 07 – Magglingen	<b>Workshop 02: Testing underlying assumptions and estimating reliability coefficients alpha, omega, omega ordinal and omega categorical</b> Session Chair: Carme Viladrich, Universitat Autònoma de Barcelona

MONDAY, 15/JUL/2019

4:00 pm – 9:30 pm

Page	OPENING SESSION / WELCOME RECEPTION	
83	<b>4:00pm – 9:30pm</b> H 1 – Vittel & LWL Museum	<b>Congress Opening: Welcome Addresses, Keynote Brett Smith &amp; Opening Ceremony</b> Session Chair: Bernd Strauss, University of Muenster Session Chair: Anne-Marie Elbe, Leipzig University

TUESDAY, 16/JUL/2019

8:30 am – 10:00 am

Page	PARALLEL SESSIONS	
84	<b>8:30am – 10:00am</b> VSH 219 – Brussels	<b>Featured Panel 01: Developing resilience in elite sport: research to practice</b> Session Chair: Mustafa Sarkar, Nottingham Trent University
84	<b>8:30am – 10:00am</b> S 10 – Münster	<b>Featured Symposium 01: Identifying and motivating youth who mostly need physical activity IMPACT: A European project</b> Session Chair: Athanasios Papaioannou, University of Thessaly Session Chair: Anne-Marie Elbe, Leipzig University
85	<b>8:30am – 10:00am</b> Aula im Schloss – Europe	<b>Invited Symposium 01: Holistic approaches to sport and physical activity participation in the Asian context #1</b> Session Chair: Youngho Kim, Seoul National University of Science and Technology
86	<b>8:30am – 10:00am</b> Senatssaal – Prague	<b>Paper Session 06: Perception</b> Session Chair: Daniel Memmert, Deutsche Sporthochschule Köln
87	<b>8:30am – 10:00am</b> S 8 – Copenhagen	<b>Paper Session 07: Mental Health and Physical Activity</b> Session Chair: Kristen Dieffenbach, West Virginia University
88	<b>8:30am – 10:00am</b> S 9 – Cologne	<b>Paper Session 08: Clinical Sport Psychology</b> Session Chair: Diane M. Wiese-Bjornstal, University of Minnesota
89	<b>8:30am – 10:00am</b> VSH 17 – Westphalia	<b>Paper Session 09: Olympic, Paralympic, Elite and Team Sport</b> Session Chair: Gretchen Kerr, University of Toronto
90	<b>8:30am – 10:00am</b> VSH 116 – Varna	<b>Paper Session 10: Stress and Recovery</b> Session Chair: Markus Gerber, University of Basel
91	<b>8:30am – 10:00am</b> H 2 – Bern	<b>Symposium 04: Mental health in youth football in Europe: Recommendations for applied research and service delivery</b> Session Chair: Carsten Hvid Larsen, University of Southern Denmark
91	<b>8:30am – 10:00am</b> H 3 – Madeira	<b>Symposium 05: Talent identification, development and dropout in sports. The role of motivation, psychological competencies and mental health</b> Session Chair: Claudia Zuber, University of Bern



TUESDAY, 16/JUL/2019

8:30 am – 10:00 am

Page	PARALLEL SESSIONS	
92	<b>8:30am – 10:00am</b> H 4 – Chalkidiki	<b>Symposium 06: On the importance of self-control in sport and exercise psychology</b> Session Chair: Chris Englert, University of Frankfurt Session Chair: Ines Pfeffer, Medical School Hamburg
93	<b>8:30am – 10:00am</b> VSH 19 – Paris	<b>Symposium 07: Optimising athletes' dual careers in Europe: from research to applications</b> Session Chair: Natalia Stambulova, Halmstad University
94	<b>8:30am – 10:00am</b> VSH 118 – Nottingham	<b>Symposium 08: Cognitive and motor development in and through sports and physical activity</b> Session Chair: Lisa Musculus, German Sport University Cologne
95	<b>8:30am – 10:00am</b> VSH 07 – Magglingen	<b>Workshop 03: Resist the urge to stop in endurance activities: research-evaluated endurance strategies intending to support training</b> Session Chair: Carla Meijen, St Mary's University, London Session Chair: Samuele Marcora, University of Bologna and University of Kent Session Chair: David Marchant, Edge Hill University

10:15 am – 11:15am

Page	POSTER SESSIONS	
95	<b>10:15am – 11:15am</b> Marquee	<b>Poster Tuesday</b> Session Chair: Martina Kanning, University of Konstanz

11:30 am – 12:30 am

Page	KEYNOTE	
103	<b>11:30am – 12:30pm</b> H 1 – Vittel	<b>Keynote Tatiana Ryba: Now you see me, but will you listen? Sport, work and unexamined life in migration.</b> Session Chair: Dorothee Alfermann, University of Leipzig

TUESDAY, 16/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
103	<b>2:00pm – 3:30pm</b> VSH 219 – Brussels	<b>Featured Panel 02: Do we do what our results show? European career researchers about their own careers (panel session)</b> Session Chair: Paul Wylleman, Vrije Universiteit Brussel Session Chair: Natalia Stambulova, Halmstad University
104	<b>2:00pm – 3:30pm</b> S 10 – Münster	<b>Featured Symposium 02: asp-Symposium: The 50th anniversary of the German Society for Sport Psychology (asp)</b> Session Chair: Bernd Strauss, University of Muenster
104	<b>2:00pm – 3:30pm</b> VSH 116 – Varna	<b>Gimme-Five 01</b> Session Chair: Philip Sullivan, Brock University
106	<b>2:00pm – 3:30pm</b> Aula im Schloss – Europe	<b>Invited Symposium 02: Holistic approaches to sport and physical activity participation in the Asian context #2</b> Session Chair: Youngho Kim, Seoul National University of Science and Technology
107	<b>2:00pm – 3:30pm</b> Senatssaal – Prague	<b>Paper Session 11: Referees and Decision Making</b> Session Chair: Clare MacMahon, Latrobe University
108	<b>2:00pm – 3:30pm</b> S 8 – Copenhagen	<b>Paper Session 12: Motor Imagery</b> Session Chair: Gal Ziv, The Academic College at Wingate
109	<b>2:00pm – 3:30pm</b> S 9 – Cologne	<b>Paper Session 13: Executive Functions</b> Session Chair: Björn Krenn, University of Vienna
110	<b>2:00pm – 3:30pm</b> VSH 17 – Westphalia	<b>Paper Session 14: Science to Practice in Sport Psychology: Best Practice</b> Session Chair: Sidonio Serpa, University of Lisbon
111	<b>2:00pm – 3:30pm</b> VSH 118 – Nottingham	<b>Paper Session 15: Leadership</b> Session Chair: Katrien Franssen, Katholieke Universiteit Leuven
112	<b>2:00pm – 3:30pm</b> Aula im Schloss – Europe	<b>Symposium 09: The self-talk symposium: From the lab to the field and from research to practice</b> Session Chair: Antonis Hatzigeorgiadis, University of Thessaly
113	<b>2:00pm – 3:30pm</b> H 2 – Bern	<b>Symposium 10: Performance improvement and optimization: perceptual and psychophysiological approaches</b> Session Chair: Selenia di Fronso, University of Chieti-Pescara



TUESDAY, 16/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
114	<b>2:00pm – 3:30pm</b> H 3 – Madeira	<b>Symposium 11: Rendering the exercise experience more pleasant: conceptual approaches and practical innovations</b> Session Chair: Costas I. Karageorghis, Brunel University London
114	<b>2:00pm – 3:30pm</b> H 4 – Chalkidiki	<b>Symposium 12: Optimising coaching behaviours throughout talent development – integrating multiple perspectives</b> Session Chair: Svenja Wachsmuth, Eberhard Karls University Session Chair: Johannes Raabe, Pennsylvania State University
115	<b>2:00pm – 3:30pm</b> VSH 19 – Paris	<b>Workshop 04: Applied Exercise Psychology Workshop: Facilitating Mental Skills Delivery Among Exercise Instructors</b> Session Chair: Hila Sharon-David, Florida State University
115	<b>2:00pm – 3:30pm</b> VSH 18 – Edinburgh	<b>Workshop 05: The art of dialogue in coaching – towards transformative exchange</b> Session Chair: Reinhard Stelter, University of Copenhagen
116	<b>2:00pm – 3:30pm</b> VSH 06 – Bad Blankenburg	<b>Workshop 06: Sport psychology services for parents: the process and practice of delivering an evidence-based parent education workshop</b> Session Chair: Chris Harwood, Loughborough University Session Chair: Sam Nicholas Thrower, University of Roehampton

4:00 pm – 6:00 pm

Page	GENERAL ASSEMBLY	
116	<b>4:00pm – 6:00pm</b> H2 – Bern	<b>General Assembly</b> Session Chair: Anne-Marie Elbe, Leipzig University

7:00 pm – 9:00 pm

Page	SCIENCE SLAM	
116	<b>7:00pm – 9:00pm</b> H 1 – Vittel	<b>Science Slam</b> Session Chair: Andrea Petroczi, Kingston University Session Chair: Diane Ste-Marie, University of Ottawa

WEDNESDAY, 17/JUL/2019

8:30 am – 10:30 am

Page	PARALLEL SESSIONS	
117	8:30am – 10:00am S 10 – Münster	<b>Featured Symposium 03: Crossing borders: finding meaning and belonging in cultural transitions</b> Session Chair: Tatiana V. Ryba, University of Jyväskylä
118	8:30am – 10:00am S 10 – Münster	<b>Featured Symposium 04: Conceptual, theoretical and methodological advances in exercise motivation research: affect and automaticity</b> Session Chair: Ralf Brand, University of Potsdam Session Chair: Panteleimon Ekkekakis, Iowa State University
118	8:30am – 10:00am VSH 116 – Varna	<b>Gimme-Five 02</b> Session Chair: Yu-Kai Chang, National Taiwan Normal University
120	8:30am – 10:00am Aula im Schloss – Europe	<b>Invited Symposium 03: Promoting links between ECSS and FEPSAC: A platform enhancing research and practice within and across disciplinary lens</b> Session Chair: Joan Lynne Duda, University of Birmingham
120	8:30am – 10:00am Senatssaal – Prague	<b>Paper Session 16: Physical Activity and Weight Loss Interventions</b> Session Chair: Emmanouil Georgiadis, University of Suffolk
121	8:30am – 10:00am S 8 – Copenhagen	<b>Paper Session 17: Decision Making and Judgement</b> Session Chair: Geert Savelsbergh, Vrije University
123	8:30am – 10:00am S 9 – Cologne	<b>Paper Session 18: Physical Education and Children</b> Session Chair: Martin S. Hagger, Curtin University
124	8:30am – 10:00am VSH 118 – Nottingham	<b>Paper Session 19: Physical and Cognitive Performance</b> Session Chair: Peter Gröpel, University of Vienna
125	8:30am – 10:00am VSH 17 – Westphalia	<b>Paper Session 20: Consulting and Counseling</b> Session Chair: Carsten Hvid Larsen, University of Southern Denmark
125	8:30am – 10:00am H 2 – Bern	<b>Symposium 13: Refining imagery relationships and applications</b> Session Chair: Anthony Michael Morris, Victoria University, Melbourne, Australia
126	8:30am – 10:00am H 3 – Madeira	<b>Symposium 14: Self-regulation in sport: developmental, learning, performance, and growth cycle perspectives</b> Session Chair: Malgorzata Siekanska, University of Physical Education, Krakow, Poland Session Chair: Artur Poczwadowski, University of Denver



WEDNESDAY, 17/JUL/2019

8:30 am – 10:30 am

Page	PARALLEL SESSIONS	
127	8:30am – 10:00am H 4 – Chalkidiki	<b>Symposium 15: Faster, stronger, higher, but at what cost? Safeguarding athletes from psychological violence in sport</b> Session Chair: Ashley Stirling, University of Toronto
128	8:30am – 10:00am VSH 19 – Paris	<b>Symposium 16: Optimising athletes' vocational development: European perspectives</b> Session Chair: Paul Wylleman, Vrije Universiteit Brussel
129	8:30am – 10:00am VSH 06 – Bad Blankenburg	<b>Symposium 17: Decoding and modifying brain oscillatory activity to optimise performance</b> Session Chair: Arash Mirifar, Technische Universität München
129	8:30am – 10:00am VSH 07 – Magglingen	<b>Workshop 07: Moving evidence into action: applying self-compassion in sport</b> Session Chair: Leah J. Ferguson, University of Saskatchewan

10:15 am – 11:15am

Page	POSTER SESSIONS	
130	10:15am – 11:15am Marquee	<b>Poster Session Wednesday</b> Session Chair: Katherine Anne Tamminen, University of Toronto
137	10:15am – 11:15am Marquee	<b>Poster Session YRA</b> Session Chair: Natalia Stambulova, Halmstad University Session Chair: Taru Lintunen, University of Jyväskylä

11:30 am – 12:30 am

Page	KEYNOTE	
138	11:30am – 12:30pm H 1 – Vittel	<b>Keynote Ben Jackson: Staying afloat in Today's University System: Mistakes Made and Lessons Learned in the Transition from Postgraduate to "Mid-Career" Academic</b> Session Chair: Stuart Biddle, University of Southern Queensland



WEDNESDAY, 17/JUL/2019

2:00 pm – 3:30 pm

Page		PARALLEL SESSIONS
138	2:00pm – 3:30pm VSH 06 – Bad Blankenburg	<b>Featured Symposium 05: Mental health in competitive sports – research and mental health programs from three countries</b> Session Chair: Göran Kenttä, The Swedish School of Sport and Health Sciences
139	2:00pm – 3:30pm S 10 – Münster	<b>Featured Symposium 06: Setting the stage for esports psychology: current state of research and future directions</b> Session Chair: Ismael Alfonso Pedraza Ramirez, German Sport University Cologne
140	2:00pm – 3:30pm VSH 116 – Varna	<b>Gimme-Five 03</b> Session Chair: Werner Helsen, Katholieke UniverPagei Leuven
141	2:00pm – 3:30pm Aula im Schloss – Europe	<b>Invited Panel 01: FEPSAC 50th Anniversary panel discussion: past-presidents’ insights</b> Session Chair: Xavier Sanchez, Halmstad University
142	2:00pm – 3:30pm Senatssaal – Prague	<b>Paper Session 21: Career and Athlete Development</b> Session Chair: Claudio Robazza, „G. d’Annunzio“ University of Chieti-Pescara
143	2:00pm – 3:30pm S 8 – Copenhagen	<b>Paper Session 22: Motor Control and Performance</b> Session Chair: Nicola Jane Hodges, University of British Columbia
144	2:00pm – 3:30pm S 9 – Cologne	<b>Paper Session 23: Quality of Life and Meaning in Sport</b> Session Chair: Jens Kleinert, German Sport University Cologne
145	2:00pm – 3:30pm VSH 118 – Nottingham	<b>Paper Session 24: Coaching and Coaches</b> Session Chair: Gareth Edward Jowett, Leeds Beckett University
146	2:00pm – 3:30pm H 2 – Bern	<b>Symposium 18: National and regional journals in sport and exercise psychology – current status, challenges and future directions</b> Session Chair: Johan Michael Wikman, Halmstad University
146	2:00pm – 3:30pm H 3 – Madeira	<b>Symposium 19: Psychological resilience in sports: overcoming and growing from stressors</b> Session Chair: Ruud J. R. Den Hartigh, University of Groningen

WEDNESDAY, 17/JUL/2019

2:00 pm – 3:30 pm

Page		PARALLEL SESSIONS
147	2:00pm – 3:30pm H 4 – Chalkidiki	<b>Symposium 20: Qualitative characteristics of physical-activity interventions on cognition in youth</b> Session Chair: Spyridoula Vazou, Iowa State University
148	2:00pm – 3:30pm VSH 17 – Westphalia	<b>Symposium 21: The research-to-practice gap in sport psychology: Exploring the challenges faced by researchers, consultants, and coaches</b> Session Chair: George Stewart Ely, Liverpool John Moores
148	2:00pm – 3:30pm VSH 18 – Edinburgh	<b>Workshop 08: How to use the 3P’s model to reduce performance anxiety</b> Session Chair: Michael Dominick Zito, Morristown Clinical and Sport Psychology
149	2:00pm – 3:30pm VSH 19 – Paris	<b>Workshop 09: Adapting Mindfulness Sport Performance Enhancement (MPSE) to a variety of performance settings and populations</b> Session Chair: Jacob Cannon Jensen, California State University, Northridge



WEDNESDAY, 17/JUL/2019

4:00 pm – 5:30 pm

Page	YOUNG RESEARCHER AWARD	
149	4:00pm – 5:30pm Aula im Schloss - Europe	<b>Award Symposium: Young Researcher Award for Oral Presentation</b> Session Chair: Natalia Stambulova, Halmstad University Session Chair: Taru Lintunen, University of Jyväskylä

4:00 pm – 5:30 pm

Page	PARALLEL SESSIONS	
150	4:00pm – 5:30pm S 10 – Münster	<b>Paper Session 25: Elite Athletes</b> Session Chair: Joe Baker, University of Toronto
151	4:00pm – 5:30pm S 9 – Cologne	<b>Symposium 22: A holistic perspective on coaching athletes through transitional challenges</b> Session Chair: Koen De Brandt, Vrije Universiteit Brussel
152	4:00pm – 5:30pm S 8 – Copenhagen	<b>Symposium 23: 50 years of performance enhancement: time to shift the future emphasis to mental health and well-being</b> Session Chair: Tadhg E. MacIntyre, University of Limerick
152	8:30am – 10:00am VSH 118 – Nottingham	<b>Symposium 24: Mental health in sport case studies</b> Session Chair: Stewart Cotterill, AECC University College
153	4:00pm – 5:30pm VSH 19 – Paris	<b>Workshop 10: Neuroscience in shooting and team sports – neuroshooting and team flow</b> Session Chair: Ágota Lénárt, University of Physical Education
153	4:00pm – 5:30pm VSH 06 – Bad Blankenburg	<b>Workshop 11: Critical realism in qualitative and mixed methods research in sport and exercise psychology</b> Session Chair: Noora J. Ronkainen, University of Jyväskylä Session Chair: Tatiana V. Ryba, University of Jyväskylä
153	4:00pm – 5:30pm VSH 17 – Westphalia	<b>Workshop 12: Introduction to the program “I Play (cause) I Feel” addressed to sport psychology practitioners in youth sports.</b> Session Chair: Alexandra Markati, Kapodistrian and National University

THURSDAY, 18/JUL/2019

8:30 am – 10:00 am

Page	PARALLEL SESSIONS	
154	8:30am – 10:00am S 10 – Münster	<b>Featured Symposium 07: Physical education teacher autonomy support training to promote leisure-time physical activity in students (petals) intervention</b> Session Chair: Martin S. Hagger, Curtin University Session Chair: Taru Lintunen, University of Jyväskylä
155	8:30am – 10:00am VSH 118 – Nottingham	<b>Featured Symposium 08: Mindfulness and acceptance-based interventions in elite sports: moving beyond performance enhancement</b> Session Chair: Karin Moesch, Swedish Sports Confederation Session Chair: Johan Ekengren, Halmstad University
156	8:30am – 10:00am Aula im Schloss – Europe	<b>Invited Panel 02: Supervision in Applied Sport Psychology: developing good practice for the ISSP-Registry (ISSP-R)</b> Session Chair: Chris Harwood, Loughborough University
156	8:30am – 10:00am VSH 219 – Brussels	<b>Panel 01: Child protection and well-being in sport: what can sport psychologists do to prevent abuse and violence?</b> Session Chair: Anastasiya Khomutova, University of Brighton Session Chair: Snezana Stoljarova, Tallinn University
156	8:30am – 10:00am Senatssaal – Prague	<b>Paper Session 26: Injury and Prevention</b> Session Chair: Daniel John Madigan, York St John University
157	8:30am – 10:00am S 8 – Copenhagen	<b>Paper Session 27: Sport Participation and Deviant Behavior</b> Session Chair: Michael Kellmann, Ruhr University Bochum
158	8:30am – 10:00am S 9 – Cologne	<b>Paper Session 28: Body Image and Embodied Cognition</b> Session Chair: Ronnie Lidor, The Academic College at Winhgate
159	8:30am – 10:00am VSH 116 – Varna	<b>Paper Session 29: Motivation</b> Session Chair: Julia Schüler, University of Konstanz
160	8:30am – 10:00am VSH 17 – Westphalia	<b>Paper Session 30: Coaches, Coaching and Coaching Education</b> Session Chair: Krista Munroe-Chandler, University of Windsor



THURSDAY, 18/JUL/2019

8:30 am – 10:00 am

Page	PARALLEL SESSIONS	
162	<b>8:30am – 10:00am</b> H 2 – Bern	<b>Symposium 25: Self-regulation of endurance performance: novel research findings</b> Session Chair: Carla Meijen, St Mary's University, London
163	<b>8:30am – 10:00am</b> H 3 – Madeira	<b>Symposium 26: Perception-action coupling in sport: Current perspectives from the UK, The Netherlands, Switzerland, and Germany</b> Session Chair: André Klostermann, University of Bern Session Chair: Florian Loffing, Carl von Ossietzky University Oldenburg
164	<b>8:30am – 10:00am</b> H 4 – Chalkidiki	<b>Symposium 27: Resilience in sport and performance psychology: multi-level perspectives</b> Session Chair: Mustafa Sarkar, Nottingham Trent University
164	<b>8:30am – 10:00am</b> VSH 06 – Bad Blankenburg	<b>Workshop 13: Causal inferences in sport and exercise psychology research: what to do when randomization is not an option?</b> Session Chair: Andreas Karl Stenling, Umeå University Session Chair: Andreas Ivarsson, Halmstad University
165	<b>8:30am – 10:00am</b> VSH 19 – Paris	<b>Workshop 14: Heart rate variability in sport psychology: applications of the vagal tank theory</b> Session Chair: Sylvain Laborde, German Sport University Cologne Session Chair: Emma Victoria Mosley, Solent University
165	<b>8:30am – 10:00am</b> VSH 18 – Edinburgh	<b>Workshop 15: Evolution of learning for future force readiness</b> Session Chair: ChangHyun Ko, Science Applications International Corporation

10:15 am – 11:15am

Page	POSTER SESSIONS	
165	<b>10:15am – 11:15am</b> Marquee	<b>Poster Session Thursday</b> Session Chair: Raoul R.D. Oudejans, Vrije Universiteit Amsterdam

THURSDAY, 18/JUL/2019

11:30 am – 12:30 am

Page	KEYNOTE	
173	<b>11:30am – 12:30pm</b> H 1 - Vittel	<b>Keynote Hulya Aşçı: Self-perception and physical self: Its examination from cultural and mental well-being perspectives</b> Session Chair: Rita F. de Oliveira, London South Bank University

12:30 am – 2:00 pm

Page	MEETING	
	<b>12:30pm – 2:00pm</b> Festsaal	<b>Meeting PSE: PSE - Editorial Board Meeting (Closed Session)</b> Session Chair: Bernd Strauss, University of Muenster Session Chair: Nikos Ntoumanis, Curtin University

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
174	<b>2:00pm – 3:30pm</b> S 10 – Münster	<b>Featured Symposium 09: Leveraging the social environment to promote physical activity</b> Session Chair: Cecilie Thogersen-Ntoumani, Curtin University
175	<b>2:00pm – 3:30pm</b> VSH 06 – Bad Blankenburg	<b>Gimme-Five 04</b> Session Chair: Norbert Hagemann, University of Kassel
176	<b>2:00pm – 3:30pm</b> Aula im Schloss – Europe	<b>Invited Symposium 04: Various pathways, one destination - young specialists' journeys toward becoming sport psychology professionals in Europe</b> Session Chair: Michala Bednářiková, Pro Performance
176	<b>2:00pm – 3:30pm</b> VSH 219 – Brussels	<b>Panel 02: Signature experiences: when “experts” on stress and coping battle burnout</b> Session Chair: Stilian „Ani“ Chroni, Inland Norway University of Applied Science



THURSDAY, 18/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
177	<b>2:00pm – 3:30pm</b> Senatssaal – Prague	<b>Paper Session 31: Burnout and Resilience</b> Session Chair: Daniel Gould, Michigan State University
178	<b>2:00pm – 3:30pm</b> S 8 – Copenhagen	<b>Paper Session 32: Disability, Functional Disorders and Aging</b> Session Chair: Brett Smith, University of Birmingham
179	<b>2:00pm – 3:30pm</b> S 9 – Cologne	<b>Paper Session 33: Team sports (Varia)</b> Session Chair: Frank Jing-Hong Lu, Chinese Culture University
180	<b>2:00pm – 3:30pm</b> VSH 116 – Varna	<b>Paper Session 34: Young Elite Athletes</b> Session Chair: Alan Lyle Smith, Michigan State University
181	<b>2:00pm – 3:30pm</b> VSH 19 – Paris	<b>Paper Session 35: Violence, Substances and Gender (Varia)</b> Session Chair: Maria Kavussanu, University of Birmingham
181	<b>2:00pm – 3:30pm</b> H 2 – Bern	<b>Symposium 28: Psychology of sports injuries: from pre-injury to return to sport. Current research and practical implications</b> Session Chair: Ulrika Tranaeus, The Swedish School of Sport and Health Sciences, GIH
182	<b>2:00pm – 3:30pm</b> H 3 – Madeira	<b>Symposium 29: Uncharted perspectives on emotions in sport</b> Session Chair: Svenja Anna Wolf, University of Amsterdam Session Chair: Franzi Lautenbach, Leipzig University
183	<b>2:00pm – 3:30pm</b> H 4 – Chalkidiki	<b>Symposium 30: Holistic Movement Practices – a new direction for exercise psychology?</b> Session Chair: Ineke Vergeer, University of Southern Queensland
183	<b>2:00pm – 3:30pm</b> VSH 118 – Nottingham	<b>Workshop 16: Going green for well-being: a practical workshop on the use of nature-based Interventions in the sport context</b> Session Chair: Tadhg E. MacIntyre, University of Limerick

3:30/4:00 - 6:00 pm

Page	SOCIAL PROGRAM	
24	<b>3:30/4:00 – 6:00 pm</b>	<b>Social Program</b> For details see page 24

FRIDAY, 19/JUL/2019

8:30 am – 10:00 am

Page	PARALLEL SESSIONS	
184	<b>8:30am – 10:00am</b> VSH 219 – Brussels	<b>Featured Panel 03: Round Table Discussion: International perspectives on professional accreditation: Balancing localized cultural infusion and proposed global guidelines</b> Session Chair: Sebastian Brückner, Westfälische Wilhelms-Universität Münster
184	<b>8:30am – 10:00am</b> S 10 – Münster	<b>Featured Symposium 10: Preventing doping in sport: Moral, psychological, and knowledge-based interventions in young British and Greek athletes</b> Session Chair: Maria Kavussanu, University of Birmingham
185	<b>8:30am – 10:00am</b> S 8 – Copenhagen	<b>Paper Session 36: Affect and Enjoyment</b> Session Chair: Daniel Gucciardi, Curtin University
186	<b>8:30am – 10:00am</b> S 9 – Cologne	<b>Paper Session 37: Understanding Physical Activity Behaviour</b> Session Chair: Claudio Renato Nigg, Karlsruhe Institute for Technology
187	<b>8:30am – 10:00am</b> VSH 06 – Bad Blankenburg	<b>Paper Session 38: Athletes, Coaches and Parents in Youth Sport</b> Session Chair: Gretchen Kerr, University of Toronto
188	<b>8:30am – 10:00am</b> VSH 116 – Varna	<b>Paper Session 39: Motor Control and Performance</b> Session Chair: Claudia Voelcker-Rehage, Chemnitz University of Technology
189	<b>8:30am – 10:00am</b> H 2 – Bern	<b>Symposium 31: Motives for participation in sport and physical activity: new approaches</b> Session Chair: Anthony Michael Morris, Victoria University, Melbourne, Australia
190	<b>8:30am – 10:00am</b> H 3 – Madeira	<b>Symposium 32: Understanding and facilitating effective goal striving</b> Session Chair: Nikos Ntoumanis, Curtin University
191	<b>8:30am – 10:00am</b> H 4 – Chalkidiki	<b>Symposium 33: Dual careers in sport - latest research findings from across Europe</b> Session Chair: Robert Morris, Liverpool John Moores University

FRIDAY, 19/JUL/2019

8:30 am – 10:00am

Page	PARALLEL SESSIONS	
192	8:30am – 10:00am VSH 17 – Westphalia	<b>Symposium 34: Heart rate variability as a self-regulation marker</b> Session Chair: Sylvain Laborde, German Sport University Cologne
192	8:30am – 10:00am VSH 19 – Paris	<b>Workshop 17: LoL generation: in the field with a professional team in Esports „Misfits Gaming“.</b> Session Chair: Ismael Alfonso Pedraza Ramirez, German Sport University Cologne
193	8:30am – 10:00am VSH 18 – Edinburgh	<b>Workshop 18: Reframing good character: strengths-based positive psychology interventions to promote character development in sport</b> Session Chair: Penelope Ann-Scott Murdock, Universität Bremen

10:15 am – 12:15 am

Page	POSTER SESSIONS	
193	10:15am – 11:15am Marquee	<b>Poster Session Friday</b> Session Chair: Urban Johnson, Halmstad University

11:30 am – 12:30 am

Page	KEYNOTE	
201	11:30am – 12:30pm H 1 – Vittel	<b>Keynote S. Marcora: The limits to endurance performance in humans: mind over muscle?</b> Session Chair: Maurizio Bertollo, University „G. d’Annunzio“ of Chieti-Pescara

FRIDAY, 19/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
201	2:00pm – 3:30pm S 10 – Münster	<b>Featured Symposium 11: Sport psychology development – historical and institutional perspectives</b> Session Chair: Roland Seiler, University of Bern
202	2:00pm – 3:30pm S 9 – Cologne	<b>Invited Symposium 05: Association of Applied Sport Psychology Symposium: Theory to Practice to Enhance Performance</b> Session Chair: Amy Lynne Baltzell, Boston University
203	2:00pm – 3:30pm VSH 219 – Brussels	<b>Panel 03: Ethics in applied sport psychology - international perspectives on the challenges faced across contexts of professional practice</b> Session Chair: Sydney Querfurth-Böhnlein, Westfälische Wilhelms-Universität Münster
203	2:00pm – 3:30pm Senatssaal – Prague	<b>Paper Session 40: Groups and Team Performance</b> Session Chair: David John Hancock, Indiana University Kokomo
204	2:00pm – 3:30pm S 8 – Copenhagen	<b>Paper Session 41: Perspectives on Emotions in Sport</b> Session Chair: Catherine Sabiston, University of Toronto
205	2:00pm – 3:30pm VSH 19 – Paris	<b>Paper Session 42: Dual Career Environments and Career Transitions</b> Session Chair: Saša Cecić Erpič, University of Ljubljana
206	2:00pm – 3:30pm VSH 118 – Nottingham	<b>Paper Session 43: Psychology and Performance (Varia)</b> Session Chair: Diane Ste-Marie, University of Ottawa
207	2:00pm – 3:30pm H 2 – Bern	<b>Symposium 35: Characteristics and circumstances of sexual violence in sport from different perspectives</b> Session Chair: Jeannine Ohlert, German Sport University Cologne
208	2:00pm – 3:30pm H 3 – Madeira	<b>Symposium 36: Perfectionism in sport, dance, and exercise: An overview of available models, analyses, and methods</b> Session Chair: Andrew P. Hill, York St John University
209	2:00pm – 3:30pm H 4 – Chalkidiki	<b>Symposium 37: Psychological mechanisms underlying morality in sport</b> Session Chair: Philip Hurst, Canterbury Christ Church University Session Chair: Bahri Gürpınar, Akdeniz ,University



FRIDAY, 19/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
210	<b>2:00pm – 3:30pm</b> VSH 06 – Bad Blankenburg	<b>Symposium 38: Intervention studies in applied sport psychology</b> Session Chair: Nadja Walter, Leipzig University, Faculty of Sport Science
210	<b>2:00pm – 3:30pm</b> VSH 17 – Westphalia	<b>Symposium 39: How culture and context inform practice in sport psychology: A cultural lens on talent and career development in sport</b> Session Chair: Louise Kamuk Storm, University of Southern Denmark
211	<b>2:00pm – 3:30pm</b> VSH 18 – Edinburgh	<b>Workshop 19: Introduction to Bayes statistics using GNU R for sport neuroscientists/psychologists</b> Session Chair: Sven Hoffmann, German Sport University Cologne
211	<b>2:00pm – 3:30pm</b> VSH 116 – Varna	<b>Workshop 20: Working with adolescent athletes: the importance of active involvement and fun based on ACT examples</b> Session Chair: Kristel Kiens, Tallinn University Session Chair: Snezana Stoljarova, Tallinn University/ES-TIPP OÜ private consultancy

4:00 am – 5:00 am

Page	KEYNOTE	
47	<b>4:00pm – 5:00pm</b> H 1 – Vittel	<b>Keynote Zella Moore: Clinical Sport Psychology: Considering Psychological Well-being and Performance Excellence</b> Session Chair: Karin Moesch, Swedish Sports Confederation

7:00 pm – open end

Page	CLOSING DINNER	
26	<b>7:00pm – open end</b>	<b>Closing Dinner</b> For details see page 26.

SATURDAY, 20/JUL/2019

8:30 am – 12:00 pm

Page	MEETING	
	<b>8:30am – 12:00pm</b>	<b>Committee Meetings</b>

## MONDAY

**Pre Congress Symposium:  
Science and Practice of Sports Officiating Symposium**

**DAY / TIME** Monday, 15/Jul/2019: 9:00am – 3:30pm  
**LOCATION** VSH o6 – Bad Blankenburg  
**SESSION CHAIR** Henning Plessner, University of Heidelberg

**Oral Presentations**
**Modelling and supporting the career development of sports officials**

Clare MacMahon<sup>1</sup>, Geraldine Rix-Lievre<sup>2</sup>

<sup>1</sup>Latrobe University, Australia; <sup>2</sup>Université Clermont Auvergne, France

**The developmental histories of sport officials: exploring participation and training milestones**

Nick Wattie, Jason Mergler, Susan L. Forbes, Lori A. Livingston

University of Ontario Institute of Technology, Canada

**Perceived organizational support and officials' decisions to drop out or persist in the role**

Lori A. Livingston, Susan L. Forbes, Nick Wattie, Jason Mergler

University of Ontario Institute of Technology, Canada

**Demand for early recruitment and faster development in sport officials**

Stirling Sharpe<sup>1</sup>, Ashley Synnott<sup>2</sup>, Ian Cunningham<sup>3</sup>, Catherine Ordway<sup>1</sup>

<sup>1</sup>University of Canberra, Australia; <sup>2</sup>Sport Australia; <sup>3</sup>PERF Arbitrage, Université Clermont Auvergne, France

**The use of observation by officials: current status and future possibilities**

Diane M. Ste-Marie<sup>1</sup>, David J. Hancock<sup>2</sup>

<sup>1</sup>University of Ottawa, Canada; <sup>2</sup>Indiana University Kokomo, USA

**In-match gaze behaviour of elite football referees**

Tammie van Biemen<sup>1</sup>, David L. Mann<sup>1</sup>, Johan Koedijker<sup>1</sup>, Raoul Oudejans<sup>1,2</sup>, Geert Savelsbergh<sup>1,2</sup>

<sup>1</sup>Vrije Universiteit Amsterdam, The Netherlands; <sup>2</sup>Amsterdam University of Applied Sciences, The Netherlands

**Impact of visual attention on decision making**

Stefanie Hüttermann<sup>1</sup>, Werner F. Helsen<sup>2</sup>, Daniel Memmert<sup>1</sup>

<sup>1</sup>German Sport University Cologne, Germany; <sup>2</sup>KU Leuven, Belgium



# 9 DETAILED PROGRAM AND PRESENTATIONS

### Using 360 degree virtual reality footage as a form of decision-making training in Australian Football umpires

Aden Kittel<sup>1</sup>, Paul Larkin<sup>1</sup>, Michael Spittle<sup>1</sup>, Nathan Elsworth<sup>2</sup>

<sup>1</sup>Victoria University, Australia; <sup>2</sup>Central Queensland University, Australia

### The future of refereeing: is technology all it takes?

Jochim Spitz, Werner Helsen

KU Leuven, Belgium

### The referee's dilemma: contextual vs. rulebook judgment in soccer

Clare MacMahon<sup>1</sup>, Markus Raab<sup>2</sup>, Simcha Avugos<sup>3</sup>, Michael Bar-Eli<sup>4</sup>

<sup>1</sup>La Trobe University, Australia; <sup>2</sup>German Sport University Cologne, Germany, and London South Bank University, UK; <sup>3</sup>The Academic College at Wingate, Israel; <sup>4</sup>Ben-Gurion University of the Negev, Israel

### Influence of physical and psychological stress on decision-making performance of soccer referees

Alexandra Pizzera, Patrick Wahl, Sylvain Laborde

German Sport University Cologne, Germany

### The relationship between cohesion and performance among sport officials

David J. Hancock<sup>1</sup>, Kyle F. Paradis<sup>2</sup>, Luc J. Martin<sup>3</sup>, M. Blair Evans<sup>4</sup>

<sup>1</sup>Indiana University Kokomo, USA; <sup>2</sup>University of Windsor, Canada; <sup>3</sup>Queen's University, Canada; <sup>4</sup>Pennsylvania State University; USA

### Interaction as a contributor to officiating performance

Ian Cunningham<sup>1</sup>, Géraldine Rix-Lièvre<sup>1</sup>, Duncan Mascarenhas<sup>2</sup>, Peter Simmons<sup>3</sup>

<sup>1</sup>Universite Clermont Auvergne, France; <sup>2</sup>Edinburgh Napier University, UK;

<sup>3</sup>Charles Sturt University, Australia

### Networking and website on sport officiating: expanding and strengthening refereeing

Felix Guillen<sup>1</sup>, Henning Plessner<sup>2</sup>

<sup>1</sup>University of Las Palmas de Gran Canaria, Spain; <sup>2</sup>University of Heidelberg, Germany

### An analysis of literature on sport officiating research

David J. Hancock, Samantha Miller, Hannah Roaten, Kyle Chapman, Caleb Stanley

Indiana University Kokomo, USA

### Poster Presentations

#### “It wasn’t me, ref”: Lie detection in soccer

Geoffrey Schweizer<sup>1</sup>, Chris Englert<sup>2,3</sup>

<sup>1</sup>Heidelberg University, Germany; <sup>2</sup>Goethe University Frankfurt, Germany; <sup>3</sup>University of Bern, Switzerland

#### When in doubt, it’s not out: LBW decision making in elite level cricket umpires across match types

Joshua Mark Adie<sup>1,2</sup>, Remco Polman<sup>1,2</sup>, David L. Mann<sup>3</sup>, Ian Renshaw<sup>1,2</sup>

<sup>1</sup>Queensland University of Technology, Australia; <sup>2</sup>Institute of Biomedical Innovation, Australia; <sup>3</sup>Vrije Universiteit Amsterdam, The Netherlands

#### The impact of video speed on the accuracy of sport performance judgements

Lisa-Marie Schütz, Henning Plessner, Geoffrey Schweizer

University of Heidelberg, Germany

### Pre Congress Symposium: Perceptual-motor expertise Symposium

**DAY / TIME** Monday, 15/Jul/2019: 9:00am – 3:00pm

**LOCATION** VSH 116 – Varna

**SESSION CHAIR** Rouwen Cañal Bruland, Friedrich Schiller University Jena  
David Mann, Vrije Universiteit Amsterdam

#### 9:00am - 9:15am

##### Pre Congress Workshop Welcome

Rouwen Cañal Bruland<sup>1</sup>, David Mann<sup>2</sup>

<sup>1</sup>Friedrich Schiller University Jena, Germany; <sup>2</sup>Vrije Universiteit Amsterdam, The Netherlands

#### 9:15am - 10:15am

##### Anticipation in sport: What should we focus on for the next 50 years!?

Andrew Mark Williams

University of Utah, USA

#### 10:15am - 10:30am

##### Morning tea

Rouwen Cañal Bruland

Friedrich Schiller University Jena, Germany





**10:30am - 11:30am****A neurocognitive perspective on action observation and action prediction in sport**

Nicola Jane Hodges

*University of British Columbia, Canada***11:30am - 11:50am****Don't bite! Earlier detection of deceptive intent facilitates skilled responses to rugby side-steps**

Laurence S. Warren-West, Robin C. Jackson, Michael J. Hiley

*Loughborough University, UK***11:50am - 12:35pm****Lunch break**

Rouwen Cañal Bruland

*Friedrich Schiller University Jena, Germany***12:35pm - 12:55pm****Creating adaptive athletes: the athletic skills model as a foundation for expertise**

Geert Savelsbergh

*Vrije University Amsterdam, The Netherlands***12:55pm - 1:55pm****A developmental embodied cognition perspective on the relation between sensorimotor and cognitive planning**

Lisa Musculus, Azzurra Ruggeri, Markus Raab

*German Sport University Cologne, Germany***1:55pm - 2:45pm****Perceptual-cognitive variables in talent research: Lessons learned and future opportunities**

Joseph Baker

*York University, Canada***2:45pm - 3:00pm****Discussion and concluding remarks**Rouwen Cañal Bruland<sup>1</sup>, David Mann<sup>2</sup><sup>1</sup>*Friedrich Schiller University Jena, Germany*; <sup>2</sup>*Vrije Universiteit Amsterdam, The Netherlands***Paper Session 01: Automatic Processes and Cognitive Resources**

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm

LOCATION Location: Senatssaal – Prague

SESSION CHAIR Tanya R Berry, University of Alberta

**2:00pm - 2:15pm****Examining the current methods used for inducing mental fatigue and their impact on arousal**

Kate O'Keeffe, Dr. Simon Hodder, Dr. Alex Lloyd

*Loughborough University, UK***2:15pm - 2:30pm****To what extent do automatic processes regulate sedentary behaviour?**

Martina Kanning, Christina Niermann, Jan-Philipp Lange

*University of Konstanz, Germany***2:30pm - 2:45pm****Moderator of ego depletion effect: implicit theories about willpower**

Liwei Zhang, Apei Zhang

*Beijing Sport University, China***2:45pm - 3:00pm****Trait self-control moderates the effects of achievement motive incongruence on motor performance and state self-control**

Julia Schüler, Jonas Hofstetter, Wanja Wolff

*University of Konstanz, Germany***3:00pm - 3:15pm****To move or not to move?! Automatic evaluations and reflective attitudes towards running and exercise**

Julia Limmeroth, Norbert Hagemann

*University Kassel, Germany*

## Paper Session 02: Doping

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm  
 LOCATION S 8 – Copenhagen  
 SESSION CHAIR Vassilis Barkoukis, Aristotle University of Thessaloniki

### 2:00pm - 2:15pm

Exploring perspectives and experiences of doping, anti-doping and clean sport:  
 a meta-synthesis

Laurie Patterson, Toni Louise Williams, Susan Backhouse, Luke Barnes, Kelsey Erickson,  
 Helen Staff, The RESPECT Consortium  
*Leeds Beckett University, UK*

### 2:15pm - 2:30pm

Silver lining?! The doping critical state of mind of young elite sport  
 coaches in combat sports

Katharina Pöppel, Dirk Büsch  
*Carl von Ossietzky Universität Oldenburg, Germany*

### 2:30pm - 2:45pm

Using the theory of planned behaviour and social-cognitive theory to explain  
 doping intentions in adolescent talented athletes

Tirza H. J. van Noorden<sup>1</sup>, Brigitte J. C. Claessens<sup>1</sup>, Erik Duiven<sup>2</sup>  
<sup>1</sup>Radboud University; <sup>2</sup>Anti-Doping Authority The Netherlands

### 2:45pm - 3:00pm

The role of identity in anti-doping: elite athletes' views on the meaning and practice  
 of clean sport, and clean athlete identity

Andrea Petroczi<sup>1</sup>, Theofilos Gkinopoulos<sup>1</sup>, Andrew Heyes<sup>2</sup>, Jake Shelley<sup>1</sup>, Susan Backhouse<sup>3</sup>  
<sup>1</sup>Kingston University, UK; <sup>2</sup>University of Birmingham, UK; <sup>3</sup>Leeds Beckett University, UK

### 3:00pm - 3:15pm

The choice is yours!: Promoting personal agency and building 'doping awareness literacy'  
 with the SAFE YOU programme

Andrea Petroczi, Andy Hudson, Jake Shelley  
*Kingston University London, UK*

## Paper Session 03: Self-Compassion and Body Image

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm  
 LOCATION S 9 – Cologne  
 SESSION CHAIR Robert Charles Eklund, Florida State University

### 2:00pm - 2:15pm

Exploring self-compassion and versions of masculinity in men athletes

Nathan A Reis<sup>1</sup>, Kent C. Kowalski<sup>1</sup>, Amber D. Mosewich<sup>2</sup>, Leah J. Ferguson<sup>1</sup>  
<sup>1</sup>University of Saskatchewan, Canada; <sup>2</sup>University of Alberta, Canada

### 2:15pm - 2:30pm

Guilty, ashamed, and embarrassed: exploring the role of self-compassion in  
 women's exercise lapses

Leah J. Ferguson, Hannah P. Murray, Ashton U. Unger, Margo E. K. Adam  
*University of Saskatchewan, Canada*

### 2:30pm - 2:45pm

Self-compassion or self-criticism? Predicting female athletes' flourishing in sport

Leah J. Ferguson<sup>1</sup>, Margo E. K. Adam<sup>1</sup>, Katie E. Gunnell<sup>2</sup>, Diane E. Mack<sup>3</sup>,  
 Amber D. Mosewich<sup>4</sup>, Kent C. Kowalski<sup>1</sup>  
<sup>1</sup>University of Saskatchewan, Canada; <sup>2</sup>Carleton University, Canada; <sup>3</sup>Brock University,  
 Canada; <sup>4</sup>University of Alberta, Canada

### 2:45pm - 3:00pm

Initial psychometric assessment and comparison of three athlete-specific  
 measures of self-compassion

Margo E. K. Adam<sup>1</sup>, Katie E. Gunnell<sup>2</sup>, Rachel L. Duckham<sup>3</sup>, Amber D. Mosewich<sup>4</sup>,  
 Kent C. Kowalski<sup>1</sup>, Leah J. Ferguson<sup>1</sup>  
<sup>1</sup>University of Saskatchewan; <sup>2</sup>Carleton University; <sup>3</sup>Deakin University; <sup>4</sup>University of Alberta

### 3:00pm - 3:15pm

Unique contributions of self-compassion in women athletes' sport performance  
 perceptions: a longitudinal examination

Margo E. K. Adam<sup>1</sup>, Amber D. Mosewich<sup>2</sup>, Rachel L. Duckham<sup>3</sup>, Kent C. Kowalski<sup>1</sup>, Leah J. Ferguson<sup>1</sup>  
<sup>1</sup>University of Saskatchewan; <sup>2</sup>University of Alberta; <sup>3</sup>Deakin University

### 3:15pm - 3:30pm

„Is it okay if I come or will I spoil everyone else's training?":  
 Female athletes' experiences of participating in combat sports

Anastasiya Khomutova  
*University of Brighton, UK*

## Paper Session 04: Life skills & Well-being

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm  
 LOCATION Aula im Schloss – Europe  
 SESSION CHAIR Glyn Roberts, Norwegian School of Sport Sciences

### 2:00pm - 2:15pm

Qualitative exploration of coaches' implicit and explicit approaches to life skills development and transfer in youth sport

Laura Gayle Shirley Martin, Martin Camiré  
*University of Ottawa, Canada*

### 2:15pm - 2:30pm

A cross-cultural extension of the life skills for sport scale: applying PYD in Botswana, Ghana and Tanzania

Leapetswe Maletse<sup>1</sup>, Reginald Ocansey<sup>2</sup>, Tshepang Tshube<sup>3</sup>, Daniel McCole<sup>1</sup>, Cyprian Maro<sup>4</sup>, Thuso Mphela<sup>3</sup>, Clement Adamba<sup>2</sup>, Juliana Machuve<sup>4</sup>  
<sup>1</sup>Michigan State University, USA; <sup>2</sup>University of Ghana; <sup>3</sup>University of Botswana; <sup>4</sup>University of Dar es Salaam, Tanzania

### 2:30pm - 2:45pm

Motives for multiple goals and well-being: a person-centred approach

Laura Catherine Healy<sup>1</sup>, Nikos Ntoumanis<sup>2</sup>, Calum Arthur<sup>3</sup>  
<sup>1</sup>Nottingham Trent University, UK; <sup>2</sup>Curtin University, Australia; <sup>3</sup>UK Sport, UK

### 2:45pm - 3:00pm

Effect of life skills training program on the development of youth football players

Veysel Küçük, Ömer Gümüšoğlu, Yağmur Kırdar, Mert Can  
*Marmara University, Turkey*

### 3:00pm - 3:15pm

Which are the necessary skills for social inclusion development through sport? A qualitative study among practitioners

Chiara D'Angelo, Chiara Corvino, Caterina Gozzoli  
*Università Cattolica del Sacro Cuore, Italy*

### 3:15pm - 3:30pm

A systematic review of life skills program characteristics influencing transfer

Elise Marsollier<sup>1</sup>, Christiane Trottier<sup>1</sup>, Olivier Audet<sup>1</sup>, Roxane Carrière<sup>1</sup>, Camille Sabourin<sup>2</sup>, Stéphanie Gagnon<sup>1</sup>, William Falcão<sup>1</sup>, Martin Camiré<sup>2</sup>, Marie-Denise Lavoie<sup>1</sup>, Claude Goulet<sup>1</sup>  
<sup>1</sup>Laval University, Canada; <sup>2</sup>Ottawa University, Canada

## Paper Session 05: Emotion, Anxiety and Public Shaming

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm  
 LOCATION VSH 17 – Westphalia  
 SESSION CHAIR Penny McCullagh, California State University East Bay

### 2:00pm - 2:15pm

Late-race critical points and emotional experiences of ultra-runners

Will Critchley, Montse C. Ruiz  
*University of Jyväskylä, Finland*

### 2:15pm - 2:30pm

Effect of positive thinking training on competition anxiety of athletes with low mental toughness

Yuran Di<sup>1,2</sup>, Li Wang<sup>1</sup>  
<sup>1</sup>Beijing Sport University, China, <sup>2</sup>Yonsei University, Korea

### 2:30pm - 2:45pm

Dispositional athletic mindfulness and emotion regulation as mediators in the Mindfulness-Acceptance-Commitment (MAC) programme

Torbjörn Josefsson  
*Halmstad, Sweden*

### 2:45pm - 3:00pm

The influence of gender on online public shaming of professional athletes

Ellen MacPherson, Gretchen Kerr  
*University of Toronto, Canada*

### Symposium 01: Motor imagery during action observation: from neurophysiology to behaviour

**DAY / TIME** Monday, 15/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** H 2 – Bern  
**SESSION CHAIR** Cornelia Frank, Bielefeld University

#### Neural correlates of action: comparing meta-analyses of motor imagery, action observation, and movement execution

Robert M. Hardwick<sup>1</sup>, Svenja Caspers<sup>2,3</sup>, Simon B. Eickhoff<sup>3</sup>, Stephan P. Swinnen<sup>1</sup>  
<sup>1</sup>KU Leuven, Belgium, <sup>2</sup>JARA-BRAIN, Jülich-Aachen, Germany, <sup>3</sup>Heinrich Heine University Düsseldorf, Düsseldorf, Germany

#### The effects of combined action observation and motor imagery of a basketball free throw on corticospinal excitability

David J. Wright<sup>1</sup>, Gregg Wood<sup>1</sup>, Daniel L. Eaves<sup>2</sup>, Adam M. Bruton<sup>3</sup>, Cornelia Frank<sup>4</sup>, Zoe C. Franklin<sup>1</sup>  
<sup>1</sup>Manchester Metropolitan University, Manchester, UK, <sup>2</sup>Teesside University, Middlesbrough, UK, <sup>3</sup>University of Roehampton, London, UK, <sup>4</sup>Bielefeld University, Germany

#### Differential effects of combined action observation and motor imagery states on corticospinal excitability and eye gaze behaviour

Adam M. Bruton<sup>1</sup>, Zoe C. Franklin<sup>2</sup>, Paul S. Holmes<sup>2</sup>, Daniel L. Eaves<sup>3</sup>, David J. Wright<sup>2</sup>  
<sup>1</sup>University of Roehampton, London, UK, <sup>2</sup>Manchester Metropolitan University, Manchester, UK, <sup>3</sup>Teesside University, Middlesbrough, UK

#### Combined action observation and motor imagery: from brain to behaviour in different populations

Matthew W. Scott, Jonathan R. Emerson, Ryan P. W. Kenny, Jack A. Binks, Daniel L. Eaves  
 Teesside University, Middlesbrough, UK

#### Combined action observation and motor imagery in virtual reality: Practicing at a level that one has not yet achieved

Cornelia Frank<sup>1</sup>, Felix Hülsmann<sup>1</sup>, Thomas Waltemate<sup>1</sup>, David J. Wright<sup>2</sup>, Daniel L. Eaves<sup>3</sup>, Adam M. Bruton<sup>4</sup>, Mario Botsch<sup>1</sup>, Thomas Schack<sup>1</sup>  
<sup>1</sup>Bielefeld University, Germany, <sup>2</sup>Manchester Metropolitan University, Manchester, UK, <sup>3</sup>Teesside University, Middlesbrough, UK, <sup>4</sup>University of Roehampton, London, UK

### Symposium 02: Executive functions in sport: Current trends and future prospects

**DAY / TIME** Monday, 15/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** H 3 – Madeira  
**SESSION CHAIR** Robert Vaughan, York St John University

#### Athletic expertise and reflection-impulsivity: A cross-sectional and longitudinal study

Robert Vaughan, Jack Hagyard, Elizabeth Edwards, Martin Smith  
 York St John University, USA

#### The mediating role of athlete's mental toughness in the executive function and anxiety relationship

Jack Brimmell, Robert Vaughan  
 York St John University, USA

#### The role of executive functions in predicting football performance

Björn Krenn  
 University of Vienna, Austria

#### Perceptual-cognitive skill and the in situ performance of soccer players

Mariëtte van Maarseveen, Raoul Oudejans, David L. Mann, Geert Savelsbergh  
 Vrije Universiteit Amsterdam

#### Executive function expertise in sport: A meta-analytic review

Jack Hagyard, Robert Vaughan, Elizabeth Edwards, Martin Smith  
 York St John University, USA

### Symposium 03: Diverse perspectives on athlete leadership development

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm  
 LOCATION H 4 – Chalkidiki  
 SESSION CHAIR Todd Loughead, University of Windsor

#### A Full Range Leadership Model approach to the development of athlete leadership behaviours

Todd M. Loughead<sup>1</sup>, Krista J. Munroe-Chandler<sup>1</sup>, Gordon Bloom<sup>2</sup>  
<sup>1</sup>University of Windsor, <sup>2</sup>McGill University

#### The implementation of an athlete leadership development programme with elite youth ice hockey players

Matthieu M. Boisvert, Todd M. Loughead, Krista J. Munroe-Chandler  
 University of Windsor, UK

#### Utilizing a solution-oriented intervention for shared leadership development in sports

Christopher Maechel<sup>1</sup>, Todd M. Loughead<sup>2</sup>, Vivian Vanessa Wergin<sup>3</sup>, Tom Kossak<sup>4</sup>  
<sup>1</sup>Technical University of Munich, Germany <sup>2</sup>University of Windsor, UK

#### All for us and us for all: introducing the 5R Shared Leadership Program

Katrien Franssen<sup>1</sup>, Alex Haslam<sup>2</sup>, Niklas K. Steffens<sup>2</sup>, Kim Peters<sup>2</sup>,  
 Cliff J. Mallett<sup>2</sup>, Filip Boen<sup>1</sup>  
<sup>1</sup>KU Leuven, Belgium <sup>2</sup>The University of Queensland, Australia

#### Coaches' perceptions of athlete leadership in elite sport

Gordon Bloom<sup>1</sup>, Todd M. Loughead<sup>2</sup>  
<sup>1</sup>McGill University, Canada <sup>2</sup>University of Windsor, UK

### Workshop 01: The optimum performance program in sports: an evidence-supported sport-specific mental wellness intervention

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm  
 LOCATION VSH 118 – Nottingham  
 SESSION CHAIR Bradley Donohue, University of Nevada, Las Vegas

### Workshop 02: Testing underlying assumptions and estimating reliability coefficients alpha, omega, omega ordinal and omega categorical

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm  
 LOCATION VSH 07 – Magglingen  
 SESSION CHAIR Carme Viladrich, Universitat Autònoma de Barcelona

### Congress Opening: Welcome Adresses, Keynote Brett Smith & Opening Ceremony

DAY / TIME Monday, 15/Jul/2019: 4:00pm – 8:30pm  
 LOCATION H 1 – Vittel & LWL Museum  
 SESSION CHAIR Bernd Strauss, University of Muenster  
 Anne-Marie Elbe, Leipzig University

#### 4:00pm

Welcome message from the Congress President Bernd Strauss and the current FEPSAC president Anne-Marie Elbe and congress manager Barbara Halberschmidt  
 Live music

#### 4:30pm - 5:30pm

Keynote 1: More of the same or time to up our game? 50 possibilities for sport and exercise psychology research  
 Brett Smith  
 University of Birmingham, UK  
 Chair: Antonis Hatzigeorgiadis, University of Thessaly

#### 5:30pm - 6:00pm

Walking bus to the LWL Museum

#### 6:00pm - 6:30pm

Opening Ceremony in the LWL Museum  
 All participants, representatives and honorary guests will be greeted with welcome receptions, drinks, hors-d'oeuvres and live entertainment provided by PianoReloaded in the LWL Museum of Art and Culture.

## TUESDAY

### Featured Panel 01: Developing resilience in elite sport: research to practice

DAY / TIME	Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION	VSH 219 – Brussels
SESSION CHAIR	Mustafa Sarkar, Nottingham Trent University
DISCUSSANTS	Mustafa Sarkar <sup>1</sup> , Daniel Gould <sup>2</sup> , Paul Wylleman <sup>3</sup> , Göran Kenttä <sup>4</sup> , Stewart Cotterill <sup>5</sup> , Ian Mitchell <sup>6</sup>

<sup>1</sup>Nottingham Trent University, UK; <sup>2</sup>Michigan State University, United States; <sup>3</sup>Vrije Universiteit Brussel, Belgium; <sup>4</sup>The Swedish School of Sport and Health Sciences, Sweden; <sup>5</sup>AECC University College, UK; <sup>6</sup>The Football Association, UK

### Featured Symposium 01: Identifying and motivating youth who mostly need physical activity IMPACT: A European project

DAY / TIME	Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION	S 10 – Münster
SESSION CHAIR	Athanasios Papaioannou, University of Thessaly, Greece Anne-Marie Elbe (FEPSAC), Claude Scheuer (EUPEA)
DISCUSSANTS	Joan L. Duda, University of Birmingham, UK

#### Identifying and motivating youth who mostly need physical activity (IMPACT) in Europe: Aims, tools, strategies, network

Athanasios Papaioannou<sup>1</sup>, Attilio Carraro<sup>2</sup>, Philippe Sarrazin<sup>3</sup>, Giyasettin Demirhan<sup>4</sup>, Miquel Torregrossa<sup>5</sup>, Claude Scheuer<sup>6</sup>, Vasilis Bouglas<sup>1</sup>, Viviana Zito<sup>7</sup>, Joan L. Duda<sup>8</sup>

<sup>1</sup>University of Thessaly, Greece <sup>2</sup>University of Padova, Italy <sup>3</sup>University of Grenoble-Alpes, France <sup>4</sup>Hacettepe University, Turkey <sup>5</sup>Autonomous University of Barcelona, Spain <sup>6</sup>EUPEA, <sup>7</sup>CAPDI & LSM, <sup>8</sup>University of Birmingham, UK

#### Construct validity and measurement equivalence of the IMPACT project measure

Philippe Sarrazin<sup>1</sup>, Paul Appleton<sup>2</sup>, Yago Ramis<sup>3</sup>, Erica Gobbi<sup>4</sup>, Gokce Erturan İlker<sup>5</sup>, Charalampos Krommidas<sup>6</sup>, Martin Holzweg<sup>7</sup>, Athanasios Papaioannou<sup>6</sup>

<sup>1</sup>University of Grenoble-Alpes, France <sup>2</sup>University of Birmingham, UK <sup>3</sup>Autonomous University of Barcelona, Spain <sup>4</sup>University of Padova, <sup>5</sup>Pamukkale University & Hacettepe University, Turkey <sup>6</sup>University of Thessaly, Greece <sup>7</sup>Deutscher Sportlehrerverband (DSLV) e.V.

#### Physical activity, intention to be active and affective response to exercise in adolescents from France, Greece, Italy and Turkey

Attilio Carraro<sup>1</sup>, Torregrossa Miquel<sup>2</sup>, Giyasettin Demirhan<sup>3</sup>, George Loules<sup>4</sup>, Geraldine Escriva-Boulley<sup>5</sup>, Vasilis Bouglas<sup>4</sup>

<sup>1</sup>University of Padova, Italy <sup>2</sup>Autonomous University of Barcelona, Spain <sup>3</sup>Hacettepe University, Turkey <sup>4</sup>University of Thessaly, Greece <sup>5</sup>University of Grenoble-Alpes, France

#### Measuring pupils' physical activity levels with accelerometers:

##### Preliminary findings of IMPACT Project in France, Greece and Italy

Charalampos Krommidas<sup>1</sup>, Erica Gobbi<sup>2</sup>, Geraldine Escriva-Boulley<sup>3</sup>, Attilio Carraro<sup>2</sup>, Philippe Sarrazin<sup>3</sup>, Athanasios Papaioannou<sup>1</sup>

<sup>1</sup>University of Thessaly, Greece <sup>2</sup>University of Padova, Italy <sup>3</sup>University of Grenoble-Alpes, France

#### The educational material for the training of in-service PE teachers in the IMPACT project

Nikolaos Digelidis<sup>1</sup>, Gokce Erturan İlker<sup>2</sup>, Damien Tessier<sup>3</sup>, Erica Gobbi<sup>4</sup>, Ioannis Sympas<sup>1</sup>, Philippe Sarrazin<sup>3</sup>, Evgenia Gortsila<sup>5</sup>, Hurrem Ozdurak<sup>6</sup>, Athanasios Papaioannou<sup>1</sup>

<sup>1</sup>University of Thessaly, Greece <sup>2</sup>Pamukkale University & Hacettepe University, Turkey

<sup>3</sup>University of Grenoble-Alpes, France <sup>4</sup>University of Padova, Italy <sup>5</sup>Greek Institute of Educational Policy, <sup>6</sup>Ankara Ministry of Education and Hitit University, Turkey

### Invited Symposium 01: Holistic approaches to sport and physical activity participation in the Asian context #1

DAY / TIME	Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION	Aula im Schloss – Europe
SESSION CHAIR	Youngho Kim, Seoul National University of Science and Technology

#### An exploratory study of the relationship between team resilience, collective-efficacy, challenge and threat in sport

Araki Kaori

Sonoda Women's University, Japan CORAZON CO., Ltd.

#### Prediction of athletic mental energy on athletes' well-being and performance: an international integration

Frank J.H. Lu

Chinese Culture University, China

**Pursuing God's will: spirituality in sport psychology consulting**

Maria Luisa Guinto-Adviento

*University of the Philippines, Philippines***Training during Ramadan: psychological supports working with the Malaysian athletes**

Garry Kuan

*Universiti Sains Malaysia, Malaysia***New sport culture among youth in present India: especially for the women athletes in the North Eastern region of Manipur**

Jayashree Acharya

*National Sports University, India, Ministry of Youth Affairs & Sports***Paper Session 06: Perception**

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am

LOCATION Senatssaal – Prague

SESSION CHAIR Daniel Memmert, Deutsche Sporthochschule Köln

**8:30am - 8:45am****Assessment of psychoacoustical response in human beings with the aid of statistical and classification-based approaches**Sanjay H S<sup>1</sup>, Basavraj V Hiremath<sup>2</sup>, Prithvi B S<sup>1</sup>, Kiran Kumar H K<sup>1</sup>*<sup>1</sup>M S Ramaiah Institute of Technology, India; <sup>2</sup>Anugraha Chemicals Pvt Ltd, India***8:45am - 9:00am****An exploration of visual search strategies for senior and sub-junior badminton players**

Mayanglambam Surchand Singh, Jayashree Acharya

*LNIFE, GWALIOR, India***9:00am - 9:15am****The INFORM neural network unifies forward and inverse models and recognition**

Heiko Wagner, Kim Boström, Marc de Lussanet

*University of Münster, Germany***9:15am - 9:30am****The influence of body action on time perception: a review of the cognitive and neural mechanisms**

Weiqi Zheng

*Beijing Sport University, China***Paper Session 07: Mental Health and Physical Activity**

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am

LOCATION S 8 – Copenhagen

SESSION CHAIR Kristen Dieffenbach, West Virginia University

**A cross-sectional investigation into the relationships of physical activity domains and mental health**Katja Siefken<sup>1</sup>, Astrid Junge<sup>2</sup>*<sup>1</sup>University of South Australia, Australia; <sup>2</sup>Medical School Hamburg, Germany***Exercise-induced enhancement of cognition in advanced age – is there preferred mode of exercise?**

Yael Netz

*The Academic College at Wingate, Israel***The effect of high-intensity interval training on executive function in adolescents hospitalised for a mental health crisis**Jacqueline S. Lee<sup>1</sup>, Addo Bofo<sup>2</sup>, Stephanie L. Greenham<sup>2</sup>, Patricia E. Longmuir<sup>3</sup>*<sup>1</sup>University of Ottawa, Canada; <sup>2</sup>Children's Hospital of Eastern Ontario, Canada; <sup>3</sup>Children's Hospital of Eastern Ontario Research Institute, Canada***Predictors of mental health, physical activity intensity, and sedentary behaviour in first to fourth year medical students**Tamara Morgan<sup>1</sup>, Taylor McFadden<sup>1</sup>, Michelle S. Fortier<sup>1</sup>,Jennifer R. Tomasone<sup>2</sup>, Shane N. Sweet<sup>3</sup>*<sup>1</sup>University of Ottawa, Ottawa, Ontario, Canada; <sup>2</sup>Queen's University, Kingston, Ontario, Canada; <sup>3</sup>McGill University, Montréal, Québec, Canada***Run for mental health: a mixed-methods study exploring a school-based running program**

Alyona Koulanova, Catherine M. Sabiston

*University of Toronto, Canada***The role of harassment in sport participants' psychological ill-being and well-being: focus on gender and sexual orientation**

Marja Kokkonen

*University of Jyväskylä, Finland*

## Paper Session 08: Clinical Sport Psychology

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am  
 LOCATION S 9 – Cologne  
 SESSION CHAIR Diane M. Wiese-Bjornstal, University of Minnesota

### 8:30am - 8:45am

#### Exercise addiction – part of an eating disorder, or distinct diagnosis?

##### Perspectives from gym employees

Flora Colledge<sup>1</sup>, Ursula Buchner<sup>2</sup>, Uwe Pühse<sup>1</sup>, Markus Gerber<sup>1</sup>, Marc Walter<sup>3</sup>

<sup>1</sup>University of Basel, Switzerland; <sup>2</sup>Deutsche Hochschule für Sport und Gesundheit, Germany

<sup>3</sup>University Psychiatric Clinics, University of Basel

### 8:45am - 9:00am

#### Reflection and brooding rumination as predictors of athletes' depressive symptoms

Richard Tahtinen<sup>1</sup>, Niels Feddersen<sup>1</sup>, Michael McDougall<sup>1,2</sup>, Olli Tikkanen<sup>3</sup>,

Libby Mitchell<sup>1</sup>, Laura Thomas<sup>1</sup>, Ronkainen Noora<sup>1</sup>

<sup>1</sup>Liverpool John Moores University, UK; <sup>2</sup>Turock School of Arts & Sciences,

Keystone College, USA; <sup>3</sup>Fibion Inc., Finland

### 9:00am - 9:15am

#### Social support and physical activity among breast cancer survivors: a latent class analysis

Jenna D. Gilchrist<sup>1,2</sup>, Catherine M. Sabiston<sup>2</sup>

<sup>1</sup>The Pennsylvania State University; <sup>2</sup>University of Toronto, Canada

### 9:15am - 9:30am

#### Aerobic exercise for major depressed adult patients in mental health services: a systematic review and meta-analysis

Ioannis D. Morres<sup>1</sup>, Antonis Hatzigeorgiadis<sup>1</sup>, Afroditi Stathi<sup>2</sup>, Nikos Comoutos<sup>1</sup>,

Chantal Arpin-Cribbie<sup>3</sup>, Charalampos Krommidas<sup>1</sup>, Yannis Theodorakis<sup>1</sup>

<sup>1</sup>University of Thessaly, Trikala, Greece; <sup>2</sup>University of Birmingham, UK;

<sup>3</sup>Laurentian University, Ontario, Canada

### 9:30am - 9:45am

#### Eating disordered symptoms and compulsive exercise in adolescent girls with ED, dancers and soccer players

Cristina Cuesta-Zamora<sup>1</sup>, Maria Dolores Gomez Castillo<sup>2</sup>, Mercedes Esparcia Moreno<sup>2</sup>,

Veronica Escriba Saez<sup>2</sup>, Carolyn Plateau<sup>3</sup>, Jorge Javier Ricarte Trives<sup>1</sup>

<sup>1</sup>Castilla-La Mancha University, Spain <sup>2</sup>Hospital Complex of Albacete, Spain; <sup>3</sup>Loughborough University, UK

### 9:45am - 10:00am

#### The influence of obsessive and harmonious passion on running-related injuries in long-distance runners

Luuk van Iperen<sup>1</sup>, Jan de Jonge<sup>1,2,3</sup>, Josette Gevers<sup>1</sup>, Steven Vos<sup>4,5</sup>

<sup>1</sup>Eindhoven University of Technology, The Netherlands; <sup>2</sup>University of South Australia, Adelaide, South Australia; <sup>3</sup>University of Utrecht, Utrecht, The Netherlands; <sup>4</sup>Eindhoven University of Technology, The Netherlands; <sup>5</sup>Fontys University of Applied Sciences, Eindhoven, The Netherlands

## Paper Session 09: Olympic, Paralympic, Elite and Team Sport

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am  
 LOCATION VSH 17 – Westphalia  
 SESSION CHAIR Gretchen Kerr, University of Toronto

### 8:30am - 8:45am

#### Lifestyles and mindsets of Olympic, Paralympic and World Champions: is an integrated approach the key to elite performance?

Lauren Burns<sup>1</sup>, Marc Cohen<sup>1</sup>, Juanita Weissensteiner<sup>2</sup>

<sup>1</sup>RMIT, Australia; <sup>2</sup>New South Wales Office of Sport, Australia

### 8:45am - 9:00am

#### Assessing aspirations and motives of athletes participating in Special Olympics through a qualitative design

Emmanouil Georgiadis, Allison Boggis

University of Suffolk, UK

### 9:00am - 9:15am

#### The emergence and perpetuation of toxic cultures in Olympic sports in the UK

Niels Feddersen, Robert Morris, Martin Littlewood, David Richardson

Liverpool John Moores University, UK

### 9:15am - 9:30am

#### Transformational leadership in briefing: a case-study in elite team sports

Anne-Claire Macquet<sup>1</sup>, Marie Le Menn<sup>1,2</sup>, Neville Stanton<sup>3</sup>

<sup>1</sup>French Institute of Sports, France; <sup>2</sup>University Paris-Descartes, France; <sup>3</sup>University of Southampton

### 9:30am - 9:45am

#### Short- and long-term effects of a team-building intervention using outdoor activities

Oliver Stoll, Anne Lenz

Martin-Luther-University Halle-Wittenberg, Germany



## Paper Session 10: Stress and Recovery

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am  
 LOCATION VSH 116 – Varna  
 SESSION CHAIR Markus Gerber, University of Basel

### 8:30am - 8:45am

Assessing recovery and stress in three English-speaking regions - validation of the Acute and the Short Recovery and Stress Scale

Michael Kellmann<sup>1,2</sup>, Sarah Kölling<sup>1,3</sup>

<sup>1</sup>Ruhr University Bochum, Germany; <sup>2</sup>The University of Queensland, Australia;

<sup>3</sup>Stellenbosch University, South Africa

### 8:45am - 9:00am

Modification and applicability of questionnaires to assess the recovery-stress state among adolescent and child athletes

Sarah Kölling<sup>1,2</sup>, Michael Kellmann<sup>1,3</sup>

<sup>1</sup>Ruhr University Bochum, Germany; <sup>2</sup>Stellenbosch University, South Africa;

<sup>3</sup>The University of Queensland, Australia

### 9:00am - 9:15am

Best better rest: conceptualisation of a seasonal recovery-stress monitoring routine in a German elite woman soccer team

Fabian Loch<sup>1</sup>, Annika Hof zum Berge<sup>1</sup>, Daniel Kraus<sup>2</sup>, Michael Kellmann<sup>1,3</sup>

<sup>1</sup>Ruhr University Bochum, Germany; <sup>2</sup>Sportgemeinschaft Essen-Schönebeck 19/68 e.V.

Germany; <sup>3</sup>The University of Queensland, Australia

### 9:15am - 9:30am

Does a brief slow-paced-breathing intervention facilitate coping with a sport-specific stressor?

Marie Ottilie Frenkel<sup>1</sup>, Sylvain Laborde<sup>2</sup>, Laura Giessing<sup>1</sup>, Jan Rummel<sup>3</sup>, Christian Kasper<sup>4</sup>, Henning Plessner<sup>1</sup>

<sup>1</sup>Heidelberg University, Germany; <sup>2</sup>German Sport University Cologne, Germany; <sup>3</sup>Heidelberg University, Germany; <sup>4</sup>Heidelberg University Hospital, Germany

### 9:30am - 9:45am

Effect of stress reduction therapy on selected psychophysiological variables in elite shooters

Abhaydev C S, Jaiprakash Bhukar, Nibu R. Krishna

Lakshmibai National Institute Of Physical Education, India

### 9:45am - 10:00am

Yoga instead of traditional training programs as interventions to reduce stress in healthcare staff? A systematic review

Laura Luise Bischoff, Ann-Kathrin Otto, Carolin Hold, Bettina Wollesen  
 University of Hamburg, Germany

## Symposium 04: Mental health in youth football in Europe: Recommendations for applied research and service delivery

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am  
 LOCATION H 2 – Bern  
 SESSION CHAIR Carsten Hvid Larsen, University of Southern Denmark

Psychological development in football and school: Who's responsible?

Remke Hekers, Vana Hutter

Vrije University Amsterdam, The Netherlands

Mental health in Danish football: The role of protective factors in youth academies

Carsten Hvid Larsen, Andreas Küttel

University of Southern Denmark

Mental health in premiership football academies: Cultural, organisational and individual challenges

Mark Nesti, Martin Littlewood

Liverpool John Moores University

## Symposium 05: Talent identification, development and dropout in sports. The role of motivation, psychological competencies and mental health

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am  
 LOCATION H 3 – Madeira  
 SESSION CHAIR Claudia Zuber, University of Bern

What to do to succeed? A qualitative study on the competencies of high-potential and world-class beach volleyball players

Suzan Blijlevens<sup>1</sup>, Paul Wylleman<sup>2</sup>, Kayan Bool<sup>3</sup>, Chris Visscher<sup>4</sup>, Marije Elferink-Gemser<sup>4</sup>

<sup>1</sup>Vrije Universiteit Brussel, Belgium; University of Groningen, The Netherlands

<sup>2</sup>Vrije Universiteit Brussel, Belgium



**Patterns of achievement-motivated behaviour as indicators for future performance in rowing**

Michael Schmid, Achim Conzelmann, Claudia Zuber

*University of Bern, Switzerland***Burnout in junior elite athletes: Approaching prevalence and determinants**

Hanna L. Granz, Alexia Schnell, Ansgar Thiel

*University of Tübingen, Germany***The relationship between coach-created motivational climate, motivation and playing level in youth football**Johan Michael Wikman<sup>1</sup>, Peter Elsborg<sup>2</sup>, Glen Nielsen<sup>3</sup><sup>1</sup>Halmstad University, Sweden <sup>2</sup>Steno Diabetes Center, <sup>3</sup>University of Copenhagen, Denmark**Symposium 06: On the importance of self-control in sport and exercise psychology****DAY / TIME** Tuesday, 16/Jul/2019: 8:30am – 10:00am**LOCATION** H 4 – Chalkidiki**SESSION CHAIR** Chris Englert, University of Frankfurt  
Ines Pfeffer, Medical School Hamburg**The role of executive functions in a planning intervention study to promote physical activity behaviour**

Ines Pfeffer, Tilo Strobach

*Medical School Hamburg, Germany***Self-control strength and performance in soccer referees**Roy David Samuel<sup>1</sup>, Chris Englert<sup>2</sup>, Qian Zhang<sup>3</sup>, Itay Basevitch<sup>4</sup><sup>1</sup>Kibbutzim College of Education Technology and the Arts, Israel <sup>2</sup>University of Frankfurt, Germany <sup>3</sup>Florida State University, USA <sup>4</sup>Anglia Ruskin University, Cambridge, UK**Training for excellence in sport, music and dance**Raouf Oudejans<sup>1</sup>, Frank C. Bakker<sup>1</sup>, Jolan Kegelaers<sup>2</sup><sup>1</sup>Vrije Universiteit Amsterdam, The Netherlands <sup>2</sup>Amsterdam University of Applied Sciences, The Netherlands**On the importance of self-control strength for regular physical activity**Darko Jekauc<sup>1</sup>, Chris Englert<sup>2</sup>, Emily Finne<sup>3</sup><sup>1</sup>Karlsruhe Institute of Technology, Germany <sup>2</sup>University of Frankfurt, Germany<sup>3</sup>University of Bielefeld, Germany**Self-control and body language**

Philip Furley

*German Sports University***Symposium 07: Optimising athletes' dual careers in Europe: from research to applications****DAY / TIME** Tuesday, 16/Jul/2019: 8:30am – 10:00am**LOCATION** VSH 19 – Paris**SESSION CHAIR** Natalia Stambulova, Halmstad University**DISCUSSANTS** Paul Wylleman, Vrije Universiteit Brussel, Belgium, NOC\*NSF, Netherlands**Psychology of athletes' dual careers: an overview of European research and selected projects**

Natalia Stambulova

*Halmstad University, Sweden***Gold in education and elite sport (1): how can we evaluate student-athletes' dual career competencies?**Koen De Brandt<sup>1</sup>, Paul Wylleman<sup>2</sup>, Simon Defruyt<sup>1</sup><sup>1</sup>Vrije Universiteit Brussel, Belgium, <sup>2</sup>Vrije Universiteit Brussel, Belgium, NOC\*NSF, Netherlands**Gold in education and elite sport (2): how can we evaluate dual career support-providers' competencies?**Simon Defruyt<sup>1</sup>, Paul Wylleman<sup>2</sup>, Koen De Brandt<sup>1</sup><sup>1</sup>Vrije Universiteit Brussel, Belgium, <sup>2</sup>Vrije Universiteit Brussel, Belgium, NOC\*NSF, Netherlands**Competency training for dual career support providers: insights from the IOC funded project**Anna Jordana<sup>1</sup>, Yago Ramis<sup>1</sup>, Luana Prato<sup>1</sup>, Susana Regüela<sup>2</sup>, Miquel Torregrossa<sup>1</sup><sup>1</sup>Universitat Autònoma de Barcelona, Spain, <sup>2</sup>Centre d'Alt Rendiment Esportiu de Sant Cugat del Vallès, Spain**Mind the gap: closing the gap between the end of the professional soccer career and entering the labour market**Sofie Smismans<sup>1</sup>, Paul Wylleman<sup>2</sup>, Simon Defruyt<sup>1</sup><sup>1</sup>Vrije Universiteit Brussel, Belgium, <sup>2</sup>Vrije Universiteit Brussel, Belgium, NOC\*NSF, Netherlands

## Symposium 08: Cognitive and motor development in and through sports and physical activity

**DAY / TIME** Tuesday, 16/Jul/2019: 8:30am – 10:00am  
**LOCATION** VSH 118 – Nottingham  
**SESSION CHAIR** Lisa Musculus, German Sport University Cologne

### Integrating physical activity in preschools: targeting executive function skills through the Move for Thought preK-K programme

Spyridoula Vazou  
 Iowa State University, USA

### Executive functions, motor abilities and quality of life in pediatric cancer survivors – the crucial role of motor coordination

Valentin Benzing<sup>1</sup>, Janine Spitzhüttl<sup>2</sup>, Valerie Siegwart<sup>3</sup>, Michael Grotzer<sup>4</sup>, Maja Steinlin<sup>3</sup>, Kurt Leibundgut<sup>5</sup>, Regula Everts<sup>3</sup>, Mirko Schmidt<sup>6</sup>  
<sup>1</sup>University of Bern, Bern, Switzerland; <sup>2</sup> University of Bern, Bern, Switzerland, <sup>3</sup>University of Bern, Bern, Switzerland, <sup>4</sup>University Children's Hospital Zurich, Zurich, Switzerland, <sup>5</sup>Bern University Hospital, University of Bern, Switzerland, <sup>6</sup>University of Bern, Switzerland

### The role of working memory in motor learning and sports performance: two studies with young volleyball players

Elisa Bisagno<sup>1</sup>, Sergio Morra<sup>2</sup>, Francesca Vitali<sup>3</sup>  
<sup>1</sup>University of Genova, Italy; <sup>2</sup>University of Modena and Reggio Emilia <sup>2</sup>University of Genova, Italy; <sup>3</sup>University of Verona, Italy

### What happens before and when children decide? A systematic review on the development of decision-making processes

Lisa Musculus<sup>1</sup>, Markus Raab<sup>2</sup>  
<sup>1</sup>German Sport University Cologne, Germany; <sup>2</sup>German Sport University Cologne, Germany; London South Bank University, UK

## Workshop 03: Resist the urge to stop in endurance activities: research-evaluated endurance strategies intending to support training

**DAY / TIME** Tuesday, 16/Jul/2019: 8:30am – 10:00am  
**LOCATION** VSH 07 – Magglingen  
**SESSION CHAIR** Carla Meijen<sup>1</sup>, Samuele Marcora<sup>2,3</sup>, David Marchant<sup>4</sup>, Noel Brick<sup>5</sup>, Andrew Lane<sup>6</sup>, Alister McCormick<sup>7</sup>, Dominic Micklewright<sup>8</sup>

<sup>1</sup>St Mary's University, London, UK; <sup>2</sup>University of Kent, UK; <sup>3</sup>University of Bologna, Italy; <sup>4</sup>Edge Hill University, UK; <sup>5</sup>Ulster University, Northern Ireland; <sup>6</sup>University of Wolverhampton, UK; <sup>7</sup>Plymouth Marjon University, UK; <sup>8</sup>University of Essex, UK

## Poster Session Tuesday

**DAY / TIME** Tuesday, 16/Jul/2019: 10:15am - 11:15am  
**LOCATION** Marquee  
**SESSION CHAIR** Martina Kanning, University of Konstanz

### 1.01 Investigating the relationship between perfectionism & competitive anxiety in athletes

Anna Marie Fergione  
 The American College of Greece - Deree, Greece

### 1.02 Differences in burden from sport related and general developmental tasks between elite handball players and recreational players

Jeannine Ohlert, Marion Sulprizio, Alicia Stolle  
 German Sport University Cologne, Germany

### 1.03 Dual career pathways in sport: The optimal balance is not always equal.

Emily Deason<sup>1,2</sup>, David Fletcher<sup>1</sup>, Christine Coupland<sup>1</sup>  
<sup>1</sup>Loughborough University, UK; <sup>2</sup>Liverpool John Moores University, UK

### 1.04 Sport specific sport psychology: a conceptual framework for Danish elite triathletes

Ronja Ries Højbjerg  
 Danish sports psychology forum (DIFO), Denmark

### 1.05 Pathway and mental skills of elite sport climbers: a series of case studies

Konstantin Bochaver<sup>1,3</sup>, Elizaveta Novoradovskaya<sup>2,3</sup>  
<sup>1</sup>Moscow Institute of Psychoanalysis, Russia; <sup>2</sup>Curtin University, Australia; <sup>3</sup>ENYSSP, EU

### 1.06 Athlete burnout, insomnia and polysomnographic indices in young elite athletes: cross-sectional and longitudinal analyses

Markus Gerber<sup>1</sup>, Simon Best<sup>1</sup>, Fabienne Meerstetter<sup>1</sup>, Sandrine Isoard-Gautheur<sup>2</sup>, Henrik Gustafsson<sup>3</sup>, Renzo Bianchi<sup>4</sup>, Daniel J. Madigan<sup>5</sup>, Flora Colledge<sup>1</sup>, Sebastian Ludyga<sup>1</sup>, Edith Holsboer-Trachsler<sup>6</sup>, Serge Brand<sup>1</sup>

<sup>1</sup>University of Basel, Switzerland; <sup>2</sup>Université Grenoble Alpes, France; <sup>3</sup>Karlstad University, Sweden; <sup>4</sup>University of Neuchâtel, Switzerland; <sup>5</sup>York St. John University, UK; <sup>6</sup>University of Basel, Switzerland

### 1.07 Predicting training success from individual's resilience

Nigel Zhuo, Jonathan Khoo

Republic of Singapore Air Force, Singapore

### 1.08 The role of parents in the successful implementation of dual career athletes

Natalia Leonidovna Ilina

St. Petersburg State University, Russian Federation

### 1.09 Russian student-athletes' double careers: analysis of socio-psychological difficulties

Natalia Leonidovna Ilina, Regina Anatolyevna Berezovskaya

St. Petersburg State University, Russian Federation

### 1.10 Interpersonal emotion regulation among individual varsity sport coaches and their athletes

Courtney Braun, Katherine Anne Tamminen

University of Toronto, Canada

### 1.11 Burnout among sport psychologists

Claire Rossato<sup>1</sup>, Itay Basevitch<sup>2</sup>, Stacy Vance<sup>3</sup>

<sup>1</sup>University of Greenwich, UK; <sup>2</sup>Anglia Ruskin University, Cambridge, UK;

<sup>3</sup>Florida State University, USA

### 1.12 Influences of stereotypes on the relation between non-verbal behaviour and team confidence in football

Kirstin Seiler<sup>1</sup>, Geoffrey Schweizer<sup>2</sup>, Roland Seiler<sup>1</sup>

<sup>1</sup>Universität Bern, Switzerland; <sup>2</sup>University of Heidelberg, Germany

### 1.13 Coaches' prosocial and antisocial behaviours as predictors of athletes' affect and motivational climate

Ali AL-Yaaribi<sup>1</sup>, Maria Kavussanu<sup>2</sup>

<sup>1</sup>Sultan Qaboos University, Oman; <sup>2</sup>University of Birmingham, UK

### 1.14 Catastrophic thoughts and history of injuries. Relevance for psychological vulnerability in soccer players

Aurelio Olmedilla Zafra<sup>1</sup>, Luis Miguel Ramos<sup>2</sup>, Juan González Hernandez<sup>3</sup>

<sup>1</sup>University of Murcia, Spain; <sup>2</sup>University Autonomous of Madrid; <sup>3</sup>University of Granada, Spain

### 1.15 Parents and youth high performance athletes' perception of ideal communication before, during, and after competitions

Sina Azimi<sup>1</sup>, Katherine Tamminen<sup>2</sup>

<sup>1</sup>University of Toronto; <sup>2</sup>University of Toronto, Canada

### 1.16 Supervised Internship of study and intervention in Sports Psychology: Rugby and E-Sports

Ricardo Marinho de Mello de Picoli<sup>1</sup>, Lara de Azevedo Tardeli<sup>2</sup>, Paulo Gabriel Guerche Fuzzari<sup>2</sup>

<sup>1</sup>Universidade de São Paulo, Brazil; <sup>2</sup>Universidade Federal de São Carlos, Brazil

### 1.17 Successful transition from the U-17 to the U-19 Swiss national-team in female soccer: the role of motivational factors

Stephan Horvath, Gareth Morgan, Daniel Birrer

Swiss Federal Institute of Sport Magglingen, Switzerland

### 1.18 Athlete relationship maintenance questionnaire (CARM-Q): evidence of validity and reliability in Turkish adolescents athletes

Nükte Özgör, Aydan Gozmen Elmas, F. Hülya Aşçı

Marmara University, Turkey

### 1.19 Development and validation of career-long psychological support services in Swedish handball

Johan Ekengren<sup>1</sup>, Natalia Stambulova<sup>1</sup>, Urban Johnson<sup>1</sup>

<sup>1</sup>Halmstad University, Sweden

### 1.20 A qualitative study of factors that influence the psychological conditioning of Japanese athletes participating in 'home game'.

Joyo Sasaki, Yasuhisa Tachiya

Japan Institute of Sports Sciences, Japan

### 1.21 Effects of group cohesion and collective efficacy on the performance among university Kendo players

Kahori Tsujita<sup>1,2</sup>, Hironobu Tsuchiya<sup>2</sup>

<sup>1</sup>Taisei Gakuin University, Japan; <sup>2</sup>Osaka University of Health and Sport Sciences, Japan

**1.22 Origins of self-control failure in athletes: a pilot study**

Ann-Christin Engler, Fabian Hofmann, Justin Klandermann, Yannik Klein, Sven Krüger,  
Martin Leo Reinhard, Sylvain Laborde  
*German Sport University Cologne, Germany*

**1.23 How student athletes explain their successes and failures in sport?**

Rebeka Prosoli, Renata Barić  
*University of Zagreb, Croatia*

**1.24 Australian Paralympic athletes' training histories and developmental trajectories: What do we know?**

Nima Dehghansai<sup>1</sup>, Ross Pinder<sup>2</sup>, Joe Baker<sup>1</sup>  
<sup>1</sup>*York University*; <sup>2</sup>*Australian Paralympic Committee*

**1.25 Dual career competences and the athlete's perception of relationship with coach**

Nik Krivec, Saša Cecić Erpič  
*University of Ljubljana, Slovenia*

**1.26 Mental Robustness as a Facet of an Action Theory Driven Mental Fitness Concept**

York-Peter Klöppel, Dieter Hackfort  
*University FAF Munich, Germany*

**1.27 Anxiety perception according to the character of athlete - obstacles or resources?**

Antonio Jesús Muñoz-Villena<sup>1</sup>, Juan González-Hernández<sup>2</sup>, Abel Nogueira-López<sup>3</sup>,  
Diana Garita-Campos<sup>4</sup>  
<sup>1</sup>*University Autonomous of Madrid, Spain*; <sup>2</sup>*University of Granada, Spain*; <sup>3</sup>*University of Leon, Spain*; <sup>4</sup>*University of Granada, Spain*

**1.28 Exploring the relationship between athlete sport participation and subsequent development as a sport official**

Jason Mergler, Lori A. Livingston, Susan L. Forbes, Nick Wattie  
*University of Ontario, Canada*

**1.29 Psychometric characteristics of the Brunel Mood Scale in a Singaporean context**

Christie Han<sup>1</sup>, Gerard J. Fogarty<sup>2</sup>, Renée L. Parsons-Smith<sup>1,3</sup>, Peter C. Terry<sup>2</sup>  
<sup>1</sup>*University of Southern Queensland, Australia*; <sup>2</sup>*University of Southern Queensland, Australia*;  
<sup>3</sup>*University of the Sunshine Coast, Australia*

**1.30 Perceived challenges during participation in a six-month outdoor gym exercise programme: participants reflections**

Urban Johnson, James Parker, Andreas Ivarsson  
*Halmstad University, Sweden*

**1.31 If you build it, they will come out: developing an LGB inclusive environment in US Collegiate Athletics**

Elizabeth M. Mullin<sup>1</sup>, Sarah Cook<sup>2</sup>, Ryan M. Socolow<sup>1</sup>, Sarah E. Wooley<sup>1</sup>, Allison Grace<sup>1</sup>  
<sup>1</sup>*Springfield College, USA*; <sup>2</sup>*Pacific University, USA*

**1.32 Gazing in the mirror while working-out: reasons to prefer or avoid mirrored-exercise environments**

Hila Sharon-David, Yonatan Sarig, Gershon Tenenbaum  
*Florida State University, USA*

**1.33 The mediating role of motivation, emotion, and attention between cognitive and physical self-control**

Eva Stocker<sup>1</sup>, Chris Englert<sup>1,2</sup>, Jürg Schmid<sup>1</sup>, Roland Seiler<sup>1</sup>  
<sup>1</sup>*University of Bern, Switzerland*; <sup>2</sup>*Goethe University, Germany*

**1.34 Motivational climate and participation motivation of 10-12-year-old Bulgarian pupils in physical education lessons**

Evelina Andreeva Savcheva, Kristiqn Spasov Dodov  
*National Sports Academy, Bulgaria*

**1.35 Compensatory health beliefs and sedentary behavior among elderly: a qualitative study**

André Ramalho<sup>1</sup>, João Petrica<sup>1</sup>, António Fernando Rosado<sup>2</sup>  
<sup>1</sup>*Instituto Politécnico de Castelo Branco, Portugal*

**1.36 The independence running events in Poland in 2018 – motives of participation**

Karolina Chlebosz, Ewa Malchrowicz Mosko, Maciej Młodzik  
*University School of Physical Education, Poland*

**1.37 School coaches' corporal punishment behaviors over three years after the corporal punishment prohibition**

Mieko Ae  
*Tokyo Women's College of Physical Education, Japan*



### 1.38 Decision making process towards use of doping substances in recreational sport: the role of muscle dysmorphia

Vassilis Barkoukis<sup>1</sup>, Vassilis Barkoukis<sup>1</sup>, Lambros Lazuras<sup>2</sup>, Vassilis Barkoukis<sup>1</sup>  
<sup>1</sup>Aristotle University of Thessaloniki, Greece; <sup>2</sup>Sheffield Hallam University, UK

### 1.39 „TRUCKactive“ – Speed-coachings to enhance physical activity in truck drivers

Angeli Gawlik, Martin Boss, Sulprizio Marion, Kleinert Jens  
 German Sports Institute, Germany

### 1.40 The interactive effects of self-control depletion and goal motivation when pursuing an increasingly difficult goal

Laura Catherine Healy, Ruth Boat  
 Nottingham Trent University, UK

### 1.41 Athletic Competence, but not Social Competence, Moderates Children's Perceptions of Social Exclusion

Anthony G. Delli Paoli<sup>1</sup>, Alan L. Smith<sup>2</sup>, Kathleen T. Mellano<sup>2</sup>, Christine Ellen Pacewicz<sup>2</sup>  
<sup>1</sup>Manhattanville College, USA; <sup>2</sup>Michigan State University, USA

### 1.42 Can beliefs predict the intention of sports practice in free time in high school students? incidence of motivation

Ricardo Martinez Romero<sup>1,2</sup>, Jaume Cruz<sup>1</sup>, Claudio Bustos<sup>2</sup>  
<sup>1</sup>Universitat de Barcelona, Spain; <sup>2</sup>Universidad de Concepción, Chile

### 1.43 The effect of exercise intervention on the abnormal loop of spontaneous autobiographical memory – based on the study of depressed

Di Jia, Lizhong Chi  
 Beijing Sport University, China

### 1.44 Influence of manual grip strength and usual gait speed on mortality, functionality and life satisfaction of older adults

Paula Teixeira Fernandes<sup>1,2</sup>, Vinicius Nagy Soares<sup>1,2</sup>  
<sup>1</sup>UNICAMP, Brazil; <sup>2</sup>GEPEN, FEF-UNICAMP, Brazil

### 1.45 Blood lactate levels and short-term memory during a judo competition

Donatella Di Corrado<sup>1</sup>, Marinella Coco<sup>2</sup>  
<sup>1</sup>University KORE of Enna, Italy; <sup>2</sup>University of Catania, Italy

### 1.46 Blood parameters as a measure for controlling physical performance of young Algerian cyclists

Abdel kader kharobi Abdelhamid<sup>1</sup>, Said aissa Khelifa<sup>2</sup>, Benglia Abderrezzak<sup>3</sup>  
<sup>1</sup>IEPS University of Mostaganem Algeria, Algeria; <sup>2</sup>IEPS University of Mostaganem Algeria, Algeria; <sup>3</sup>Military University Hospital of Oran, Algeria

### 1.47 Do domain-specific perceptual abilities operate outside of conscious awareness?

Daisuke Murakawa<sup>1</sup>, Sachi Ikudome<sup>2</sup>, Kenta Yamamoto<sup>1</sup>, Kisho Ogasa<sup>3</sup>, Shiro Mori<sup>2</sup>, Hiroki Nakamoto<sup>2</sup>  
<sup>1</sup>National Institute of Fitness and Sports in Kanoya graduate school, Japan; <sup>2</sup>National Institute of Fitness and Sports in Kanoya, Japan; <sup>3</sup>Osaka University, Japan

### 1.48 Vitamin D<sub>3</sub> supplementation can play a protective role for the mood of ultramarathon participants

Daniel Krokosz, Mariusz Lipowski, Magdalena Jochimek, Piotr Aschenbrenner, Wojciech Ratkowski  
 Gdansk University of Physical Education and Sport, Poland

### 1.49 Running during encoding improves word learning for children

Gianluca Amico, Sabine Schäfer  
 Universität des Saarlandes, Germany

### 1.50 Effects of long-term downhill running exercise on the perceived exertion and physiological responses

Ming-Ju Lin<sup>1</sup>, Cheng-Te Chuang<sup>1</sup>, Shang-Hen Wu<sup>1</sup>, Hsin-Lian Chen<sup>1</sup>, Trevor C. Chen<sup>2</sup>  
<sup>1</sup>National Chiayi University, Taiwan; <sup>2</sup>National Taiwan Normal University, Taiwan

### 1.51 Stroboscopic technology for improving visual attention in the decision-making process

Nataniel Boiangin<sup>1,2</sup>, Yonatan Sarig<sup>1</sup>, Gershon Tenenbaum<sup>1</sup>  
<sup>1</sup>Florida State University, USA; <sup>2</sup>Barry University, USA

### 1.52 Effects of a motor-enriched exercise program on task preparation during working memory in children

Chih-Chien Lin<sup>1</sup>, Shu-Shih Hsieh<sup>1</sup>, Yu-Kai Chang<sup>1</sup>, Chung-Ju Huang<sup>2</sup>, Tsung-Min Hung<sup>1</sup>  
<sup>1</sup>National Taiwan Normal University, Taiwan; <sup>2</sup>University of Taipei, Taipei, Taiwan

### 1.53 The effect of distance on putting performance, outcome prediction and prediction bias.

Maaïke Wilhelmina Helena Hubertus Esselaar<sup>1</sup>, Cornelia Frank<sup>1</sup>, William Land<sup>2</sup>  
<sup>1</sup>Bielefeld University, Germany; <sup>2</sup>University of Texas at San Antonio, USA



### 1.54 Modality-specific processing of spatial and temporal representations: An embodied cognition perspective

J. Walter Tolentino-Castro<sup>1</sup>, Anna Schroeger<sup>2</sup>, Jonna Loeffler<sup>1</sup>, Rouwen Cañal-Bruland<sup>2</sup>, Markus Raab<sup>1,3</sup>

<sup>1</sup>German Sport University Cologne, Germany; <sup>2</sup>Friedrich-Schiller-University Jena, Germany; <sup>3</sup>London South Bank University, UK

### 1.55 Does resting heart rate variability measure (RMSSD) predict sport-specific decision-making speed?

Matthias Gesenhues, Bela Leon Ring, Michel Keldenich, Kevin Bäcker, Sylvain Laborde  
German Sport University, Germany

### 1.56 The Relationship Between Heart Rate Variability and Performance Self-Ratings Under Stress in Sports Coaches: Preliminary Results

Matthew Watson, Ann-Christin Engler, Sylvain Laborde, Jens Kleinert  
German Sport University Cologne, Germany

### 1.57 Qualitative study of correlations among social support, emotion regulation behaviours, and acceptance of sports injuries

Tomonori Tatsumi<sup>1</sup>, Takashi Takenouchi<sup>2</sup>

<sup>1</sup>Kio University, Japan; <sup>2</sup>University of Nagoya, Japan

### 1.58 Interpersonal violence experienced by a sample of Quebec teenagers in the context of sport

Sylvie Parent<sup>1</sup>, Kristine Fortier<sup>1</sup>, Marie-Pier Vaillancourt-Morel<sup>1</sup>, Geneviève Lessard<sup>1</sup>, Claude Goulet<sup>1</sup>, Guylaine Demers<sup>1</sup>, Hélène Paradis<sup>1</sup>, Mike Hartill<sup>2</sup>

<sup>1</sup>Laval University, Canada; <sup>2</sup>Edgehill University, UK

### 1.59 Comparison of sensation seeking and self-esteem with mental health in professional and amateur athletes, and non-athletes

Seyed Mehrdad Monajaty

Islamic Azad University, Iran

### 1.60 Physical activity in the lifestyle of Iran university students

Amir Hossein Ashna<sup>1</sup>, Zahra Majdi<sup>2</sup>, Faezeh Aghayan gol kashani<sup>3</sup>

<sup>1</sup>Refah University, Iran, Theran; <sup>2</sup>Kharazmi University; <sup>3</sup>Tehran University, Theran

### 1.61 Selective Attention During the First Seasonal Competition

Cristana Conti, Selenia di Fronso, Laura Bortoli, Claudio Robazza, Maurizio Bertollo  
University of Chieti-Pescara, Italy

### 1.62 Examination of the psychometric properties of the Dispositional Flow Scale-2 into Greek language

Nektarios A.M. Stavrou<sup>1,2</sup>, Maria Psychountaki<sup>1</sup>

<sup>1</sup>National & Kapodistrian University of Athens, Greece; <sup>2</sup>Olympic Athletic Center of Athens "Spyros Louis", Greece

### 1.63 Stressors Experienced by Severely Injured Elite Level Athletes: A phenomenological pilot study

Ezgi Aypar

Middle East Technical University, Ankara, Turkey

### 1.64 Types of helping behaviours observed in a tag game that promotes children's helping behaviour-related self-efficacy

Kohei Ueno

Kagawa University, Japan

## Keynote Tatiana Ryba: Now you see me, but will you listen? Sport, work and unexamined life in migration.

DAY / TIME Tuesday, 16/Jul/2019: 11:30am – 12:30pm  
LOCATION H 1 - Vittel  
SESSION CHAIR Dorothee Alfermann, University of Leipzig

## Featured Panel 02: Do we do what our results show? European career researchers about their own careers (panel session)

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
LOCATION VSH 219 – Brussels  
SESSION CHAIR Paul Wylleman, Vrije Universiteit Brussel  
Natalia Stambulova, Halmstad University  
DISCUSSANT Paul Wylleman, Vrije Universiteit Brussel, Belgium

### Participants:

Paul Wylleman, Vrije Universiteit Brussel, Belgium

Natalia Stambulova, Halmstad University, Sweden

Dorothee Alfermann, Leipzig University, Germany

Miquel Torregrossa, Universitat Autònoma de Barcelona, Spain

## Featured Symposium 02: asp-Symposium: The 50th anniversary of the German Society for Sport Psychology (asp)

**DAY / TIME** Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** S 10 – Münster  
**SESSION CHAIR** Bernd Strauss, University of Muenster

### Sportpsychology in performance sports

Babett Lobinger<sup>1</sup>, Oliver Stoll<sup>2</sup>

<sup>1</sup>German Sport University Cologne, Germany <sup>2</sup>Martin-Luther-Universität Halle-Wittenberg, Germany

### Health Perspectives in the German Society for Sport Psychology

Harald Seelig<sup>1</sup>, Gorden Sudeck<sup>2</sup>

<sup>1</sup>University of Basel, Switzerland, <sup>2</sup>University of Tübingen, Germany

### Milestones in Motor Behavior Research

Nadja Schott<sup>1</sup>, Julian Rudisch<sup>2</sup>, Claudia Voelcker-Rehage<sup>2</sup>

<sup>1</sup>Stuttgart University, Germany, <sup>2</sup>TU Chemnitz, Germany

## Gimme-Five 01

**DAY / TIME** Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** VSH 116 – Varna  
**SESSION CHAIR** Philip Sullivan, Brock University

### Teammate influences predict eating and exercise psychopathology over the athletic season

Charlotte Scott, Emma Haycraft, Carolyn Plateau

Loughborough University, UK

### Exploring perceived barriers and facilitators to exercise behavior among people with visual impairments and motor disabilities

Carina Mnich<sup>1</sup>, Leon Klos<sup>1</sup>, Annalena Schneider<sup>1</sup>, Claudio Renato Nigg<sup>1,2</sup>

<sup>1</sup>Karlsruhe Institute of Technology, Germany; <sup>2</sup>University of Hawai'i at Manoa, USA

### Evaluation of portable polysomnography to assess sleep stages in natural environments of athletes

Annika Hof zum Berge<sup>1</sup>, Michael Kellmann<sup>1,2</sup>, Sarah Kölling<sup>1,3</sup>

<sup>1</sup>Ruhr University Bochum, Germany; <sup>2</sup>The University of Queensland, Australia;

<sup>3</sup>Stellenbosch University, South Africa

### Adherence to rehabilitation following a severe sport injury: prospective test of an integrated psychological model

Alfred S. Y. Lee<sup>1</sup>, Derwin K. C. Chan<sup>1,2,3</sup>

<sup>1</sup>The University of Hong Kong, Hong Kong S.A.R. (China); <sup>2</sup>Curtin University, Australia;

<sup>3</sup>The Education University of Hong Kong, Hong Kong S.A.R. (China)

### Learning sport safety in-school and sport injury prevention out-of-school: an examination using the trans-contextual model

Alfred S. Y. Lee<sup>1</sup>, Derwin K. C. Chan<sup>1,2,3</sup>

<sup>1</sup>The University of Hong Kong, Hong Kong S.A.R. (China); <sup>2</sup>Curtin University, Australia; <sup>3</sup>The

Education University of Hong Kong, Hong Kong S.A.R. (China)

### The effect of physical fatigue and heat on cognitive function during high-intensity intermittent exercise in team sport players

Kate Donnan, Emily Williams, Nicholas Stanger

Leeds Beckett University, UK

### Handlers' psychological demands in human-animal sports: a scoping review

Kathleen Oswald, Sebastian Harenberg, Laura Cobus-Kuo, Justine Vosloo

Ithaca College, USA

### Athlete and staff perceptions of mental health and mental illness in high-performance sport

Isobelle Kennedy, Andrea Scott-Bell, Sarah Partington, Elizabeth Partington

Northumbria University, UK

### EEG-based functional communication can predict mindfulness in skilled golfers

Kao-Hung Lin<sup>1</sup>, Kuo-Pin Wang<sup>1</sup>, Wen-Hsuan Chang<sup>1</sup>, Tai-Ting Chen<sup>1</sup>, Kuan-Fu Chen<sup>1</sup>, Cheng-Wei Kao<sup>1</sup>, Eric Hung<sup>2</sup>, Chih-Yen Chang<sup>1</sup>, Chung-Ju Huang<sup>3</sup>, Yu-Kai Chang<sup>1</sup>, Tsung-Min Hung<sup>1</sup>

<sup>1</sup>National Taiwan Normal University, Taiwan; <sup>2</sup>Chinese Culture University, Taiwan; <sup>3</sup>University of Taipei, Taiwan



## Invited Symposium 02: Holistic approaches to sport and physical activity participation in the Asian context #2

**DAY / TIME** Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** Aula im Schloss – Europe  
**SESSION CHAIR** Youngho Kim, Seoul National University of Science and Technology

### Heart rate variability and self-regulation in athletes and non-athletes in Singapore

Emily Ortega  
*Singapore University of Social Sciences, Singapore*

### Acute exercise and cognitive function

Yu-Kai Chang  
*National Taiwan Normal University, Taiwan*

### The effect of a rowing class on college adaptation and social support among freshmen in medical school

Seunghyun Hwang<sup>1</sup>, Eunseok Yang<sup>2</sup>, Yonggwon Song<sup>3</sup>  
<sup>1</sup>*Kyungpook National University, South Korea* <sup>2</sup>*Hallym University, South Korea* <sup>3</sup>  
*Pukyong National University, South Korea*

### Motivational approaches in promoting physical activity involvement

Dev Roychowdhury  
*University of Canberra, Australia*

### Physical activity participation and its related variables in an Asian setting

Youngho Kim  
*Seoul National University of Science and Technology*

## Paper Session 11: Referees and Decision Making

**DAY / TIME** Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** Senatssaal – Prague  
**SESSION CHAIR** Clare MacMahon, Latrobe University

### 2:00pm - 2:15pm

**The adjudication of duels by the assistant referee in football**  
 Simon Boyer, Ian Cunningham, Michel Recopé, Géraldine Rix-Lièvre  
*Université Clermont Auvergne, France*

### 2:15pm - 2:30pm

**Identity and influence: player captains' activity during interactions with sport officials**  
 Ian Cunningham<sup>1</sup>, Géraldine Rix-Lièvre<sup>1</sup>, Duncan Mascarenhas<sup>2</sup>, Peter Simmons<sup>3</sup>  
<sup>1</sup>*UniverPage Clermont Auvergne, France*; <sup>2</sup>*Edinburgh Napier University, UK*;  
<sup>3</sup>*Charles Sturt University, Australia*

### 2:30pm - 2:45pm

**The coordination between officials and players: how the game's unfolding is co-constructed?**  
 Géraldine Rix-Lièvre, Ian Cunningham, Simon Boyer  
*Université Clermont Auvergne, France*

### 2:45pm - 3:00pm

**Jersey colour effects on attentional, perceptual, and decision-making processes in an immersive simulated soccer task**  
 Stefanie Hüttermann<sup>1</sup>, Nicholas J. Smeeton<sup>2</sup>, Paul R. Ford<sup>2</sup>, A. Mark Williams<sup>3</sup>  
<sup>1</sup>*German Sport University Cologne, Germany*; <sup>2</sup>*University of Brighton, UK*;  
<sup>3</sup>*University of Utah, United States*

### 3:00pm - 3:15pm

**When in doubt, it's not out: LBW decision making in elite level cricket umpires across match types**  
 Joshua Mark Adie<sup>1,2</sup>, Remco Polman<sup>1,2</sup>, David L. Mann<sup>3</sup>, Ian Renshaw<sup>1,2</sup>  
<sup>1</sup>*Queensland University of Technology, Australia*; <sup>2</sup>*Institute of Health and Biomedical Innovation, Australia*; <sup>3</sup>*Vrije Universiteit Amsterdam, Netherlands*

**Paper Session 12: Motor Imagery**

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
 LOCATION S 8 – Copenhagen  
 SESSION CHAIR Gal Ziv, The Academic College at Wingate

**2:00pm - 2:15pm****The effect of synchronous music and imagery on swimming performance**

Garry Kuan<sup>1</sup>, Kuan Juen Leong<sup>1,2</sup>, Hua Ann Mok<sup>1,2</sup>, Kai Shian Foo<sup>2</sup>, Ngien Siong Chin<sup>3</sup>, Tony Morris<sup>4</sup>

<sup>1</sup>Universiti Sains Malaysia (USM), Kelantan, Malaysia; <sup>2</sup>Universiti Tunku Abdul Rahman, Malaysia; <sup>3</sup>Institute of Teacher Education Batu Lintang Campus, Sarawak, Malaysia.;

<sup>4</sup>Victoria University, Melbourne, Australia

**2:15pm - 2:30pm****Does mimicking actual movement during climbing observation change the subsequent climbing movements?**

Takahiro Sugi, Masami Ishihara

Tokyo Metropolitan University, Japan

**2:30pm - 2:45pm****Training reactions with imagery: exploring whether response behaviours influence choice reaction time**

Dominic G McNeil<sup>1</sup>, Michael Spittle<sup>2</sup>, Christopher Mesagno<sup>3</sup>

<sup>1</sup>University of New England, Australia; <sup>2</sup>Victoria University, Australia; <sup>3</sup>Federation University Australia

**2:45pm - 3:00pm****Exploring ipsilateral reacting to imagined and physical stimuli**

Dominic G McNeil<sup>1</sup>, Michael Spittle<sup>2</sup>

<sup>1</sup>University of New England, Australia; <sup>2</sup>Victoria University, Australia

**3:00pm - 3:15pm****The effect of a combined action observation and motor imagery (AOMI) intervention on the putting performance of golfers**

Eoghan McNeill, Niall Ramsbottom, Adam J Toth, Mark J Campbell

University of Limerick, Ireland

**3:15pm - 3:30pm****The effectiveness of imagery and an instructional aid on learning to putt in golf**

Ronnie Lidor, Matar Ochayon, Gal Ziv

The Academic College at Winhgate, Israel

**Paper Session 13: Executive Functions**

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
 LOCATION S 9 – Cologne  
 SESSION CHAIR Björn Krenn, University of Vienna

**2:00pm - 2:15pm****Systematic review of Yoga and Tai-Chi interventions and cognition within Asian populations**

Bernalyn Ruiz<sup>1</sup>, Margaux Grivel<sup>2</sup>, Courtney Hess<sup>1</sup>

<sup>1</sup>University of Massachusetts Boston; <sup>2</sup>New York University, USA

**2:15pm - 2:30pm****Sport type involvement affects executive function measures in elite athletes**

Philipp Koch, Björn Krenn

University of Vienna, Austria

**2:30pm - 2:45pm****Larger effect of acute aerobic on lower inhibitory control in children with attention deficit/hyperactivity disorder**

Yu-Jung Tsai<sup>1</sup>, Chi-Fang Lin<sup>1</sup>, Ting-Yu Chueh<sup>1</sup>, Sin-Chi Liu<sup>1</sup>, Chung-Ju Huang<sup>2</sup>, Tsung-Min Hung<sup>1,3</sup>

<sup>1</sup>National Taiwan Normal University, Taiwan; <sup>2</sup>University of Taipei, Taiwan; <sup>3</sup>National Taiwan Normal University, Taiwan

**2:45pm - 3:00pm****Executive functions in elite level football players**

Adam Francis Beavan<sup>1,2,3</sup>, Job Fransen<sup>3</sup>, Jan Spielmann<sup>4</sup>, Sabrina Skorski<sup>1</sup>, Jan Mayer<sup>4</sup>, Thomas Hauser<sup>2</sup>, Tim Meyer<sup>1</sup>

<sup>1</sup>Saarland University, Germany; <sup>2</sup>German Football Association Academy (Deutscher Fußball-Bund; DFB-Akademie), Frankfurt, Germany; <sup>3</sup>University of Technology, Sydney, Australia; <sup>4</sup>TSG 1899 Hoffenheim, Zuzenhausen, Germany

**3:00pm - 3:15pm****Does physical exercise lead to enhanced cleverness?**

Katharina Pöppel, Ingo Roden, Nora Müller

Carl von Ossietzky Universität Oldenburg, Germany

## Paper Session 14: Science to Practice in Sport Psychology: Best Practice

**DAY / TIME** Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** VSH 17 – Westphalia  
**SESSION CHAIR** Sidonio Serpa, University of Lisbon

### 2:00pm - 2:15pm

#### NCAA Division I coaches' perceptions of sport psychology and mental health service provision

Thomas Gretton, Allison Blake, Dabney Skutt, Lindsey Blom  
*Ball State University, USA*

### 2:15pm - 2:30pm

#### Effect of biofeedback training on reactive stress tolerance and sports performance of track and field athletes: a case study

Jaiprakash Bhukar<sup>1</sup>, Nibu R. Krishna<sup>1</sup>, Jayashree Acharya<sup>1,2</sup>, Dalley Krishnan<sup>3</sup>  
<sup>1</sup>Lakshmbai National Institute of Physical Education, Gwalior, India; <sup>2</sup>National Sports University, Imphal, Manipur, India; <sup>3</sup>National Institute of Technology, Tiruchirappalli, Tamil Nadu, India

### 2:30pm - 2:45pm

#### RONJA ...Story of my Life...

Jan Elet Brand  
*University of Twente, The Netherlands*

### 2:45pm - 3:00pm

#### Motor and psychosocial development in children with ASD through soccer

Alberto Cei<sup>1</sup>, Daniela Sepio<sup>2</sup>, Michele Rosci<sup>3</sup>, Bruno Ruscello<sup>4</sup>  
<sup>1</sup>San Raffaele Roma Open University, Rome, Italy; <sup>2</sup>Accademia di Calcio Integrato, Roma, Italy; <sup>3</sup>AS Roma, Italy; <sup>4</sup>University of Tor Vergata, Roma, Italy

### 3:00pm - 3:15pm

#### Boosting human performance in organizations: what can be learned from sports psychology?

Michael Bar-Eli  
*Gurion University of the Negev, Israel*

## Paper Session 15: Leadership

**DAY / TIME** Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** VSH 118 – Nottingham  
**SESSION CHAIR** Katrien Fransen, Katholieke Universiteit Leuven

### 2:00pm - 2:15pm

#### Consequences of authentic leadership in sport

Ella Rose Malloy<sup>1</sup>, Maria Kavussanu<sup>1</sup>, Mariya Yukhymenko<sup>2</sup>  
<sup>1</sup>University of Birmingham, UK; <sup>2</sup>Fresno State University, United States

### 2:15pm - 2:30pm

#### Talking is silver, silence is gold, or maybe not!? A case study on communication and leadership in elite team sports

Michele Ufer  
*Institute of Sports & Management Psychology; Germany*

### 2:30pm - 2:45pm

#### Leadership development to enhance individual and team functioning of walking groups for older adults

Joren Loockx, Filip Boen, Jannique Van Uffelen, Jan Seghers, Peter Iserbyt, Katrien Fransen  
*KU Leuven, Belgium*

### 2:45pm - 3:00pm

#### An interdisciplinary citation network analysis of career mentoring: a roadmap for sport mentoring research

Jordan S. Lefebvre<sup>1</sup>, Gordon Bloom<sup>1</sup>, Todd M. Loughhead<sup>2</sup>  
<sup>1</sup>McGill University, Canada; <sup>2</sup>University of Windsor, Canada

### 3:00pm - 3:15pm

#### Leading together towards a stronger 'Us': an experimental test of the 5RS shared leadership program in basketball teams

Niels Mertens<sup>1</sup>, Filip Boen<sup>1</sup>, Alex Haslam<sup>2</sup>, Niklas K. Steffens<sup>2</sup>, Stewart Cotterill<sup>3</sup>, Katrien Fransen<sup>1</sup>  
<sup>1</sup>KU Leuven, Belgium; <sup>2</sup>The University of Queensland, Australia; <sup>3</sup>University of Winchester, UK

### Symposium 09: The self-talk symposium: From the lab to the field and from research to practice

**DAY / TIME** Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** Aula im Schloss – Europe  
**SESSION CHAIR** Antonis Hatzigeorgiadis, University of Thessaly  
**DISCUSSANTS** Alexander Latinjak, University of Suffolk

#### Self-talk can counter the effects of ego depletion on sport performance: Evidence from lab and field experiments

Laur Nurkse, Jelle Kooijman, Persefoni Makri, Marianna Koutaniti,  
 Eleftherios Papagiannis, Evangelos Galanis, Antonis Hatzigeorgiadis  
*University of Thessaly, Greece*

#### The effects of self-talk on flow in elite Taekwondo athletes

Nastasja Minja, Konstantina Tzeli, Evangelos Galanis, Themis Tsatalas,  
 Antonis Hatzigeorgiadis  
*University of Thessaly, Greece*

#### Exploring the links between self-talk and emotions in competitive tennis matches

Julian Fritsch<sup>1</sup>, Darko Jekauc<sup>1</sup>, Peter Elsborg<sup>2</sup>, Alexander Latinjak<sup>3</sup>,  
 Antonis Hatzigeorgiadis<sup>4</sup>  
<sup>1</sup>Karlsruhe Institute of Technology, Germany, <sup>2</sup>University of Copenhagen, Denmark,  
<sup>3</sup>University of Suffolk, UK, <sup>4</sup>University of Thessaly, Greece

#### The use of strategic and reflexive self-talk interventions with an expert tennis player:

##### Putting theory into practice

Alexander Latinjak  
*University of Suffolk*

### Symposium 10: Performance improvement and optimization: perceptual and psychophysiological approaches

**DAY / TIME** Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** H 2 – Bern  
**SESSION CHAIR** Selenia di Fronso, „G.d'Annunzio“ University of Chieti-Pescara  
**DISCUSSANT** Mauro Murgia University of Trieste, Italy

#### Performance improvement by means of auditory stimuli: established techniques and hints for new interventions

Fabrizio Sors<sup>1</sup>, Mauro Murgia<sup>1</sup>, Tiziano Agostini<sup>1</sup>, Serena Mingolo<sup>1</sup>, Eleonora Bilotta<sup>2</sup>  
<sup>1</sup>University of Trieste, Italy, <sup>2</sup>University of Calabria, Italy

#### Enhancing cardiac vagal activity through slow paced breathing: formula three case study

Emma Mosley<sup>1</sup>, Zoe L Wimshurst<sup>2</sup>, Emma Kavanagh<sup>3</sup>  
<sup>1</sup>Solent University, UK, <sup>2</sup>AECC University College, UK <sup>3</sup>Bournemouth University, UK

#### A psychophysiological account of the quiet eye phenomenon: novel methods and insights

Germano Gallicchio<sup>1</sup>, Andrew Cooke<sup>2</sup>, Christopher Ring<sup>3</sup>  
<sup>1</sup>Loughborough University, UK, <sup>2</sup>Bangor University, UK, <sup>3</sup>University of Birmingham, UK

#### Attentional strategies and brain activity in endurance cycling tasks

Selenia di Fronso<sup>1</sup>, Gabriella Tamburro<sup>2</sup>, Laura Bortoli<sup>1</sup>, Silvia Comani<sup>2</sup>, Claudio Robazza<sup>1</sup>,  
 Maurizio Bertollo<sup>1</sup>  
<sup>1</sup>University “G. D’Annunzio”, Chieti-Pescara, Italy, <sup>2</sup>University “G. D’Annunzio”, Chieti-Pescara, Italy

#### Performance enhancement with EEG neurofeedback training: current topics & issues

Ming-Yang Cheng<sup>1</sup>, Thomas Schack<sup>2</sup>, Kuo-Pin Wang<sup>3</sup>, Tsung-Min Hung<sup>3</sup>, Chenglin Zhou<sup>2</sup>  
<sup>1</sup>Johannes Gutenberg-Universität Mainz, Germany; <sup>2</sup>Shanghai University of Sport, Shanghai,  
 China, <sup>3</sup>Bielefeld University, Germany, <sup>3</sup>National Taiwan Normal University, Taipei, Taiwan

### Symposium 11: Rendering the exercise experience more pleasant: conceptual approaches and practical innovations perceptual and psychophysiological approaches

**DAY / TIME** Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** H 3 – Madeira  
**SESSION CHAIR** Costas I. Karageorghis, Brunel University London  
**DISCUSSANT** Yvonne N. Delevoeye, University of Lille, France

#### The challenge of making exercise feel better

Panteleimon Ekkekakis  
*Iowa State University, IA, USA*

#### Non-conscious visual cues can positively influence the affective experience of exercise

Jasmin C. Hutchinson<sup>1</sup>, Zachary Zenko<sup>2</sup>, Paul C. Dalton<sup>3</sup>, Sam Santich<sup>1</sup>  
<sup>1</sup>Springfield College, USA, <sup>2</sup>California State University, USA, <sup>3</sup>Lebanon Valley College, USA

#### On the role of presence in enhancing pleasure: a study of virtual environments during exercise

Leighton Jones, Jonathan Wheat  
*Sheffield Hallam University, UK*

#### Conventionality belongs to yesterday: innovative approaches in the exercise–pleasure nexus

Costas I Karageorghis  
*Brunel University London, UK*

### Symposium 12: Optimising coaching behaviours throughout talent development – integrating multiple perspectives

**DAY / TIME** Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** H 4 – Chalkidiki  
**SESSION CHAIR** Svenja Wachsmuth, Eberhard Karls University  
 Johannes Raabe, Pennsylvania State University  
 Oliver Höner, Eberhard Karls University Tübingen

#### What's gender got to do with it? Coaching female versus male teams

Jyoti Gosai, Sophia Jowett, Daniel Rhind  
*Loughborough University, UK*

#### Collegiate athletes' perceptions of coaches' autonomy-supportive behaviours: a qualitative investigation

Tucker Readdy<sup>1</sup>, Johannes Raabe<sup>2</sup>, Matthew Bejar<sup>3</sup>  
<sup>1</sup>University of Wyoming, USA <sup>2</sup>Penn State Altoona, USA <sup>3</sup>Mount Mercy University, USA

#### Promoting need-supportive behaviours among youth football coaches within German competence centers: an intervention study

Svenja Wachsmuth<sup>1</sup>, Johannes Raabe<sup>2</sup>, Tucker Readdy<sup>3</sup>, Oliver Höner<sup>1</sup>  
<sup>1</sup>Eberhard Karls University Tübingen, Germany <sup>2</sup>Penn State Altoona, USA  
<sup>3</sup>University of Wyoming, USA

#### Head coaches' behaviours that satisfy and thwart assistant coaches' basic psychological needs and motivation

Rebecca Zakrajsek<sup>1</sup>, Johannes Raabe<sup>2</sup>, Tucker Readdy<sup>3</sup>, Sara Erdner<sup>1</sup>, Andrew Bass<sup>4</sup>  
<sup>1</sup>University of Tennessee, USA <sup>2</sup>Penn State Altoona, USA <sup>3</sup>University of Wyoming, USA  
<sup>4</sup>Pittsburgh Pirates, USA

#### Understanding mental toughness in the coaching profession: a qualitative perspective

Johannes Raabe<sup>1</sup>, Earlynn Lauer<sup>2</sup>, Matthew Bejar<sup>3</sup>  
<sup>1</sup>Penn State Altoona, USA <sup>2</sup>Western Illinois University, USA <sup>3</sup>Mount Mercy University, USA

### Workshop 04: Applied Exercise Psychology Workshop: Facilitating Mental Skills Delivery Among Exercise Instructors

**DAY / TIME** Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** VSH 19 – Paris  
**SESSION CHAIR** Hila Sharon-David, Florida State University, USA  
 Asaf Blatt, Florida State University, USA  
 Gershon Tenenbaum, Florida State University, USA

### Workshop 05: The art of dialogue in coaching – towards transformative exchange

**DAY / TIME** Tuesday, 16/Jul/2019: 2:00pm - 3:30pm  
**LOCATION** VSH 18 - Edinburgh  
**SESSION CHAIR** Reinhard Stelter, University of Copenhagen

## Workshop 06: Sport psychology services for parents: the process and practice of delivering an evidence-based parent education workshop

**DAY / TIME** Tuesday, 16/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** VSH o6 – Bad Blankenburg  
**SESSION CHAIR** Chris Harwood, Loughborough University  
 Sam Nicholas Thrower, University of Roehampton

## General Assembly

**DAY / TIME** Tuesday, 16/Jul/2019: 4:00pm – 6:00pm  
**LOCATION** H2 – Bern  
**SESSION CHAIR** Anne-Marie Elbe, Leipzig University

## Science Slam *Drinks and snacks available, pay on-site*

**DAY / TIME** Tuesday, 16/Jul/2019: 7:00pm – 9:00pm  
**LOCATION** H 1 – Vittel  
**SESSION CHAIR** Andrea Petroczi, Kingston University  
**MODERATOR** Dennis Dreiskämper, Münster University

### War and peace: the effect of footballers' pitch behavior on spectators

Muhammet Cihat Çiftçi<sup>1</sup>, Fazilet Bektaş<sup>2</sup>, Ayşe İrem Bulut<sup>2</sup>

<sup>1</sup>Ankara Yıldırım Beyazıt University, Turkey; <sup>2</sup>Ankara Yıldırım Beyazıt University, Turkey

### 4 for 12 plus event and candy make habits dandy or what we need to change behaviour

Nadja Walter

Leipzig University, Germany

### A mixed methods approach investigating causes of collective sport team collapse

Vivian Vanessa Wergin<sup>1</sup>, Clifford Mallett<sup>1,2</sup>, Christopher Mesagno<sup>3</sup>, Zsuzsanna Zimanyi<sup>1</sup>, Jürgen Beckmann<sup>1,2</sup>

<sup>1</sup>Technical University of Munich, Germany; <sup>2</sup>The University of Queensland, Brisbane, Australia; <sup>3</sup>Federation University Australia, Ballarat, Australia

### Exploring whether, how, and why athletes experience and seek support from nonhuman relationships with sport

Xander Hodge<sup>1</sup>, Emily Oliver<sup>1</sup>, David W. Eccles<sup>2</sup>

<sup>1</sup>Durham University, UK; <sup>2</sup>Florida State University, United States

## WEDNESDAY

### Featured Symposium 03: Crossing borders: finding meaning and belonging in cultural transitions

**DAY / TIME** Wednesday 17/Jul/2019: 8:30am – 10:00am  
**LOCATION** S 10 – Münster  
**SESSION CHAIR** Tatiana V. Ryba, University of Jyväskylä  
**DISCUSSANTS** Stilian Chroni, Inland Norway University of Applied Science, Norway

#### Cultural transitions and religious (Christian) life: believing without belonging?

Noora J. Ronkainen<sup>1,2</sup>, Tatiana Ryba<sup>2</sup>, David Tod<sup>2</sup>

<sup>1</sup>University of Jyväskylä, Finland; <sup>2</sup>Liverpool John Moores University, UK

#### “Some things are non-negotiable”: elite Indigenous Australian athlete's transitioning into professional sport

Richard L. Light<sup>1</sup>, John R. Evans<sup>2</sup>

<sup>1</sup>University of Canterbury, New Zealand, <sup>2</sup>University of Technology Sydney, Australia

#### Cultural transition for professional development: case study of the Israeli men's U18 national handball team migrated to Germany

Roy David Samuel<sup>1</sup>, Natalia Stambulova<sup>2</sup>, Yaniv Ashkenazi<sup>3</sup>

<sup>1</sup>Kibbutzim College of Education Technology and the Arts, Tel Aviv, Israel; <sup>2</sup>Halmstad University, Sweden, <sup>3</sup>Wingate Institute, Natanya, Israel

#### Supporting athletes in cultural transitions: insights from cultural sport psychology and athlete career scholarship

Natalia Stambulova

Halmstad University, Sweden

### Featured Symposium 04: Conceptual, theoretical and methodological advances in exercise motivation research: affect and automaticity

**DAY / TIME** Wednesday 17/Jul/2019: 8:30am – 10:00am  
**LOCATION** S 10 – Münster  
**SESSION CHAIR** Ralf Brand, University of Potsdam  
 Panteleimon Ekkekakis, Iowa State University

#### The rise of postcognitivist ideas in exercise psychology: will our field's first Kuhnian crisis result in a Kuhnian revolution?

Panteleimon Ekkekakis  
 Iowa State University, USA

#### Are we wired to sit? Automatic neuro-behavioural reactions to exercise-related stimuli

Boris Cheval<sup>1</sup>, Matthieu P. Boisgontier<sup>2</sup>  
<sup>1</sup>University of Geneva, Switzerland, <sup>2</sup>University of British Columbia, Canada

#### Affective valuation. Getting closer to the somato-affective core of exercise motivation

Ralf Brand  
 University of Potsdam, Germany

#### Using electroencephalography to investigate attitudes toward exercise

Matthew W. Miller  
 Auburn University, USA

#### Exercise is (not?) fun: considering effects of affective exercise messages on automatic processes

Tanya R. Berry  
 University of Alberta, Canada

### Gimme-Five 02

**DAY / TIME** Wednesday 17/Jul/2019: 8:30am – 10:00am  
**LOCATION** VSH 116 – Varna  
**SESSION CHAIR** Yu-Kai Chang, National Taiwan Normal University

#### Amendment of a screening tool for adjustment disorder in the athlete population

Chantal Simons, Lisa Martin, Luke Balcombe, Peter K Dunn  
 University of the Sunshine Coast, Australia

#### “Dual career in Spanish high-level athletes: factors affecting the social and professional integration process after retirement”

Rubén Moreno Castellanos<sup>1</sup>, José L. Chamorro<sup>1</sup>, Cristina López de Subijana Hernández<sup>2</sup>  
<sup>1</sup>Universidad Europea, Madrid, Spain <sup>2</sup>Universidad Politécnica de Madrid, Spain

#### Fear of failure, motivation and negative affect in sport: multilevel analyses of coaches and athletes

Simon Gregory Taylor, Justine Allen, Edward Duncan  
 University of Stirling, UK

#### First steps towards a cultural adaptation of the 5Cs intervention program for team-sport coaches

Marta Borrucco, Yago Ramis, Susana Pallarés, Jaume Cruz  
 Universitat Autònoma de Barcelona, Spain

#### Examination of social support for athletes in support demanding contexts: development of social support provider program

Eriko Katagami  
 Kyoritsu Women's University, Japan

#### Dual career pathways: developing optimal dual career support from an ecological holistic approach

Kristel Kiens  
 Tallinn University, Estonia

#### Improving talent identification using insights from selection psychology

Tom L. G. Bergkamp<sup>1</sup>, Ruud J. R. Den Hartigh<sup>1</sup>, A. Susan M. Niessen<sup>1</sup>, Wouter G. P. Frencken<sup>3,4</sup>, Rob R. Meijer<sup>1</sup>  
<sup>1</sup>University of Groningen, The Netherlands; <sup>3</sup>University of Groningen, University Medical Center Groningen, The Netherlands; <sup>4</sup>Football Club Groningen, The Netherlands

#### Psychoregulative training: conceptualization and new techniques using 360° video

York-Peter Klöppel  
 University FAF Munich, Germany

#### Directed forgetting, emotion, and mental toughness

James Christopher Welsh<sup>1</sup>, Stephen Dewhurst<sup>1</sup>, John Perry<sup>2</sup>  
<sup>1</sup>University of Hull, UK; <sup>2</sup>Mary Immaculate College, Ireland

### Invited Symposium 03: Promoting links between ECSS and FEPSAC: A platform enhancing research and practice within and across disciplinary lens

**DAY / TIME** Wednesday 17/Jul/2019: 8:30am – 10:00am  
**LOCATION** Aula im Schloss – Europe  
**SESSION CHAIR** Joan Lynne Duda, University of Birmingham

**Amendment of a screening tool for adjustment disorder in the athlete population**  
 Chantal Simons, Lisa Martin, Luke Balcombe, Peter K Dunn  
*University of the Sunshine Coast, Australia*

#### “Dual career in Spanish high-level athletes: factors affecting the social and professional integration process after retirement”

Rubén Moreno Castellanos<sup>1</sup>, José L. Chamorro<sup>1</sup>, Cristina López de Subijana Hernández<sup>2</sup>  
<sup>1</sup>Universidad Europea, <sup>2</sup>Universidad Politécnica de Madrid, Spain

#### Fear of failure, motivation and negative affect in sport: multilevel analyses of coaches and athletes

Simon Gregory Taylor, Justine Allen, Edward Duncan  
*University of Stirling, UK*

### Paper Session 16: Physical Activity and Weight Loss Interventions

**DAY / TIME** Wednesday 17/Jul/2019: 8:30am – 10:00am  
**LOCATION** Senatssaal – Prague  
**SESSION CHAIR** Emmanouil Georgiadis, University of Suffolk

#### 8:30am - 8:45am

##### Go Fit: an interdisciplinary educational program for healthy habits funded by Erasmus+

Emmanouil Georgiadis<sup>1</sup>, Paraskevi Malliou<sup>2</sup>, Asgeir Mamen<sup>3</sup>, George Panayiotou<sup>4</sup>,  
 Katerina Daskalaki<sup>2</sup>, Asimena Gioftsidou<sup>2</sup>

<sup>1</sup>University of Suffolk, UK; <sup>2</sup>Democritus University of Thrace, Greece;  
<sup>3</sup>Kristiania University College, Norway; <sup>4</sup>European University, Cyprus

#### 8:45am - 9:00am

##### “Workplace Physical Activity Program” (WOPAP) study:

a 4-arm RCT intended to prevent burnout and promote vigor  
 Clément Ginoux, Sandrine Isoard-Gautheur, Philippe Sarrazin  
*University Grenoble Alpes, France*

#### 9:00am - 9:15am

##### Findings from a weight loss program delivered in Australian Football League settings for overweight and obese men (Aussie-FIT)

Eleanor Qusted<sup>1</sup>, Dominika Kwasnicka<sup>1</sup>, Nikos Ntoumanis<sup>1</sup>, Kate Hunt<sup>2</sup>, Cindy Gray<sup>3</sup>,  
 Cecilie Thøgersen-Ntoumani<sup>1</sup>, Deborah Kerr<sup>4</sup>, Robert Newton<sup>5</sup>, Jo McVeigh<sup>6,7</sup>, Phil Morgan<sup>8</sup>,  
 Daniel Gucciardi<sup>9</sup>, Sally Wyke<sup>3</sup>, Jenny Olson<sup>1</sup>, Suzanne Robinson<sup>4</sup>

<sup>1</sup>Curtin University, Perth, Australia; <sup>2</sup>University of Stirling, UK; <sup>3</sup>University of Glasgow, UK;  
<sup>4</sup>School of Public Health, Curtin University, Perth, Australia; <sup>5</sup>Edith Cowan University,  
 Australia; <sup>6</sup>University of Witwatersrand, South Africa; <sup>7</sup>Curtin University, Perth, Australia;  
<sup>8</sup>University of Newcastle, Australia; <sup>9</sup>Curtin University, Perth, Australia

#### 9:15am - 9:30am

##### A physical activity program for university students: improving mental health concerns through physical activity referral

Melissa L. deJonge<sup>1</sup>, Garcia L. Ashdown-Franks<sup>1</sup>, Guy E. Faulkner<sup>2</sup>, Catherine M. Sabiston<sup>1</sup>  
<sup>1</sup>University of Toronto, Canada; <sup>2</sup>University of British Columbia, Canada

#### 9:30am - 9:45am

##### Evaluation of a novel sport-based weight-loss intervention for overweight and obese men: program feasibility and outcomes

Timothy J. H. Budden<sup>1</sup>, James A. Dimmock<sup>1</sup>, Mark R. Beauchamp<sup>2</sup>, Ben Jackson<sup>1</sup>  
<sup>1</sup>University of Western Australia, Australia; <sup>2</sup>University of British Columbia, Canada

#### 9:45am - 10:00am

##### The effect of self-determination theory-based interventions on exercise behavior and body mass index of university staff

Gozde Ersoz  
*Tekirdag Namik Kemal University, Turkey*

### Paper Session 17: Decision Making and Judgement

**DAY / TIME** Wednesday 17/Jul/2019: 8:30am – 10:00am  
**LOCATION** S 8 – Copenhagen  
**SESSION CHAIR** Geert Savelsbergh, Vrije University, Amsterdam, The Netherlands

#### 8:30am - 8:45am

##### Prior probability information impairs goalkeeper judgments of penalty-kick direction

Robin C. Jackson  
*Loughborough University, UK*



**8:45am - 9:00am****Psychological momentum effects on affordances of athletes**Ruud J. R. Den Hartigh<sup>1</sup>, Joske K. Van der Sluis<sup>1</sup>, Frank T. J. M. Zaal<sup>2</sup><sup>1</sup>University of Groningen, The Netherlands; <sup>2</sup>University Medical Center Groningen / University of Groningen, The Netherlands**9:00am - 9:15am****Individual differences in multitasking choices**Laura Broeker<sup>1</sup>, Harald Ewolds<sup>2</sup>, Stefan Künzell<sup>2</sup>, Rita F. de Oliveira<sup>3</sup>, Markus Raab<sup>1,3</sup><sup>1</sup>German Sport University Cologne, Germany; <sup>2</sup>Universität Augsburg, Germany; <sup>3</sup>London South Bank University, UK**9:15am - 9:30am****3D multiple object tracking training and passing decision-making in soccer: a replication of Romeas et al. (2016)**Sebastian Harenberg<sup>1</sup>, Zachary McCarver<sup>2</sup>, Justin Worley<sup>1</sup>, Oliver Höner<sup>3</sup>, Dennis Murr<sup>3</sup>, Justine Vosloo<sup>1</sup>, Rumi Singh Kakar<sup>1</sup>, Rob McCaffrey<sup>4</sup>, Kim D. Dorsch<sup>4</sup><sup>1</sup>Ithaca College, USA; <sup>2</sup>University of Northern Colorado, USA; <sup>3</sup>University of Tübingen, Germany; <sup>4</sup>University of Regina, Canada**9:30am - 9:45am****Temporal decision-making: the interplay of goalkeepers and penalty takers**Benjamin Noël<sup>1</sup>, John van der Kamp<sup>2</sup>, Stefanie Hüttermann<sup>1</sup><sup>1</sup>German Sport University, Germany; <sup>2</sup>VU Amsterdam, The Netherlands**9:45am - 10:00am****Naturalistic decision-making in elite sports: looking back, looking forward the Recognition-Primed Decision model**

Anne-Claire Macquet

French Institute of Sports, France

**Paper Session 18: Physical Education and Children**

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am

LOCATION S 9 – Cologne

SESSION CHAIR Martin S. Hagger, Curtin University

**8:30am - 8:45am****Development, face and content validity of a novel qualitative tool to measure young children's motivation for physical education**Katie Fitton Davies<sup>1</sup>, Paula M Watson<sup>1</sup>, James Rudd<sup>1</sup>, Farid Bardid<sup>2</sup>, Knowles Zoe<sup>1</sup>, Simon Roberts<sup>1</sup>, Lawrence Foweather<sup>1</sup><sup>1</sup>Liverpool John Moores University, UK; <sup>2</sup>University of Strathclyde, UK**8:45am - 9:00am****Physical literacy for Australia: a modified Delphi study to define & operationalise physical literacy for application in Australia**Richard Keegan<sup>1</sup>, Dean Dudley<sup>2</sup>, Lisa Barnett<sup>3</sup><sup>1</sup>University of Canberra, Australia; <sup>2</sup>Macquarie University, Australia; <sup>3</sup>Deakin University, Australia**9:00am - 9:15am****Construct validity and reliability of a physical activity parenting questionnaire for children**

Arto Laukkanen, Kaisa Aunola, Elisa Korhonen, Sääkslahti Arja

<sup>1</sup>University of Jyväskylä, Finland**9:15am - 9:30am****Impact of motor competences on executive functions in elementary school children**Thomas Finkenzeller<sup>1</sup>, Benjamin Niederkofler<sup>2</sup>, Günter Amesberger<sup>1</sup><sup>1</sup>University of Salzburg, Austria; <sup>2</sup>Salzburg University of Education Stefan Zweig, Austria**9:30am - 9:45am****The effect of peer-tutoring on empathy and perceived ability in inclusive physical education**

Erica Gobbi, Attilio Carraro

University of Padua, Italy

**9:45am - 10:00am****Physical self-concept, physical activity and physical fitness: A Reciprocal-Effect-Model in a cross cultural context**

Marie-Christine Ghanbari, Till Utesch, Maike Tietjens, Bernd Strauss

University of Münster, Germany

## Paper Session 19: Physical and Cognitive Performance

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am  
 LOCATION VSH 118 – Nottingham  
 SESSION CHAIR Peter Gröpel, University of Vienna

### 8:30am - 8:45am

Enhanced cognitive performance in expert compared to lower skilled esports gamers and non-gamers

Mark Campbell, Chris Exton, Adam J Toth  
 University of Limerick, Ireland

### 8:45am - 9:00am

Motivated implicit beliefs in competitive gymnasts: is there a self-serving bias?

Christopher Mark Spray<sup>1</sup>, Victoria Emily Warburton<sup>2</sup>  
<sup>1</sup>Loughborough University, UK; <sup>2</sup>University of East Anglia, UK

### 9:00am - 9:15am

Personality and performance under pressure: testing the role of fear of negative evaluation and action orientation

Peter Gröpel, Jared Jentzsch  
 University of Vienna, Austria

### 9:15am - 9:30am

Cognitive enhancement training in a high security environment

ChangHyun Ko  
 Science Applications International Corporation, USA, USA

### 9:30am - 9:45am

Successful performance and cardiovascular markers of challenge and threat: a meta-analysis

Maciej Behnke, Łukasz Kaczmarek  
 Adam Mickiewicz University, Poland

### 9:45am - 10:00am

Social challenge and threat predict performance and cardiovascular responses during Counter-Strike competitive gaming

Maciej Behnke, Michał Kosakowski, Łukasz Kaczmarek  
 Adam Mickiewicz University, Poland

## Paper Session 20: Consulting and Counseling

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am  
 LOCATION VSH 17 – Westphalia  
 SESSION CHAIR Carsten Hvid Larsen, University of Southern Denmark

### 8:30am - 8:45am

Narrative inquiry: athletic grief and its haunting impact

John Coumbe-Lilley  
 University of Illinois at Chicago, USA

### 8:45am - 9:00am

A proposed process model for athlete grief counselling

John Coumbe-Lilley  
 University of Illinois at Chicago, USA

### 9:00am - 9:15am

Perceptions of sport psychology consultancy in professional UK rugby league

Emily Victoria Stout, Dr Martin Eubank  
 Liverpool John Moore's University, UK

### 9:15am - 9:30am

A clinical psychological model for consulting to athletes and sports teams

Robert G. Ley, David Cox  
 Simon Fraser University, Canada

## Symposium 13: Refining imagery relationships and applications

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am  
 LOCATION H 2 – Bern  
 SESSION CHAIR Anthony Michael Morris, Victoria University, Melbourne, Australia  
 DISCUSSANT Tony Morris, Victoria University

Effects of virtual-reality imagery modelling on netball players' imagery abilities and shooting performance: a preliminary study

Garry Kuan<sup>1</sup>, Siti Nur Shafiqah Rosli<sup>1</sup>, Chin Ngien Siong<sup>2</sup>, Tony Morris<sup>3</sup>

<sup>1</sup>Universiti Sains Malaysia, Malaysia <sup>2</sup>Sarawak Institute of Teach Education, Malaysia <sup>3</sup>Victoria University, Australia



**Personal differences and predictors of imagery in dancers**

Dagmara Budnik-Przybylska, Maria Kaźmierczak, Adriana Weremij  
*University of Gdansk, Poland*

**Examining the frequency component of the imagery dose-response relationship**

Sho Itoh, Tony Morris, Michael Spittle  
*Victoria University, Australia*

**Imagery intervention to promote the sense of control flow dimension and increase basketball shooting performance**

Phatsorn Waraphongthanachot, Tony Morris, Anthony P Watt  
*Victoria University, Australia*

**The effect of an NLP-PETTLEP intervention on performance and state sport-confidence in archery official practice setting**

Meisam Savardelavar<sup>1</sup>, Garry Kuan<sup>1</sup>, Yee-Cheng Kueh<sup>1</sup>, Tony Morris<sup>2</sup>  
<sup>1</sup>*Universiti Sains Malaysia, Malaysia* <sup>2</sup>*Victoria University, Australia*

**Symposium 14: Self-regulation in sport: developmental, learning, performance, and growth cycle perspectives**

**DAY / TIME** Wednesday 17/Jul/2019: 8:30am – 10:00am  
**LOCATION** H 3 – Madeira  
**SESSION CHAIR** Malgorzata Siekanska, University of Physical Education, Krakow, Poland  
 Artur Poczwardowski, University of Denver, USA  
**DISCUSSANT** Artur Poczwardowski, University of Denver, USA

**The role of self-regulation in sport: a conceptual review**

Artur Poczwardowski<sup>1</sup>, Malgorzata Siekanska<sup>2</sup>, Jan Blecharz<sup>2</sup>  
<sup>1</sup>*University of Denver, USA*, <sup>2</sup>*University of Physical Education, Krakow, Poland*

**Self-regulation in sport context: a developmental perspective**

Malgorzata Siekanska  
*University of Physical Education, Krakow, Poland*

**Self-regulation and performance optimisation: using new technologies in practice**

Maurizio Bertollo, Selenia di Fronso, Laura Bortoli, Claudio Robazza  
*University "G. D'Annunzio", Chieti-Pescara, Italy*

**Self-regulation of pre-competitive mental states: impact of long term self-regulatory practices**

Jan Blecharz<sup>1</sup>, Artur Poczwardowski<sup>2</sup>  
<sup>1</sup>*University of Physical Education, Krakow, Poland*, <sup>2</sup>*University of Denver, USA*

**Symposium 15: Faster, stronger, higher, but at what cost? Safeguarding athletes from psychological violence in sport**

**DAY / TIME** Wednesday 17/Jul/2019: 8:30am – 10:00am  
**LOCATION** H 4 – Chalkidiki  
**SESSION CHAIR** Ashley Stirling, University of Toronto

**Safe sport at risk: Psychological violence in youth sport**

Tine Vertommen  
*Thomas More University of Applied Sciences; University of Antwerp, Belgium*

**Data from The Netherlands on sense-making of psychologically abusive practices in elite youth sports**

Froukje Smits  
*Utrecht University of Applied Sciences, The Netherlands*

**Coaches' perspectives on psychologically harmful practices**

Anthony Vincent Battaglia  
*University of Toronto, Canada*

**The scope of virtual psychological violence in sports**

Emma Kavanagh  
*Bournemouth University, UK*

**Addressing psychological violence: Reflections as a researcher and sport psychology consultant**

Gretchen Kerr  
*University of Toronto, Canada*

## Symposium 16: Optimising athletes' vocational development: European perspectives

**DAY / TIME** Wednesday 17/Jul/2019: 8:30am – 10:00am  
**LOCATION** VSH 19 – Paris  
**SESSION CHAIR** Paul Wylleman, Vrije Universiteit Brussel  
 Koen De Brandt, Vrije Universiteit Brussel, Belgium  
**DISCUSSANT** Natalia Stambulova, Halmstad University, Sweden

### B-WISER: Be a Winner In elite Sport and Employment before and after athletic Retirement

Koen De Brandt<sup>1</sup>, Paul Wylleman<sup>2</sup>, Simon Defruyt<sup>1</sup>, Sofie Smismans<sup>1</sup>

<sup>1</sup>Vrije Universiteit Brussel, Belgium, <sup>2</sup>Vrije Universiteit Brussel, Belgium; NOC\*NSF, The Netherlands

### Employability of athletes in the view of dual-career supporters

Babett Lobinger<sup>1</sup>, Sinikka Heisler<sup>1</sup>, Franziska Kalde<sup>1</sup>, Simon Defruyt<sup>2</sup>

<sup>1</sup>German Sport University Cologne, Germany, <sup>2</sup>Vrije Universiteit Brussel, Belgium

### Enhancing athletes' employability before and after sport retirement:

#### The role of competencies

Francesca Vitali<sup>1</sup>, Nicole Tabarini<sup>1</sup>, Federico Schena<sup>1</sup>, Koen De Brandt<sup>2</sup>

<sup>1</sup>University of Verona, Italy, <sup>2</sup>Vrije Universiteit Brussel, Belgium

### The added value of employing active and former elite athletes: An employer's perspective

Sofie Smismans, Koen De Brandt, Simon Defruyt, Paul Wylleman

Vrije Universiteit Brussel, Belgium

### Employers' Perspective on Athletes' Employability and Employment: A Lesson from Slovenia

Saša Cecić Erpič<sup>1</sup>, Koen De Brandt<sup>2</sup>

<sup>1</sup>University of Ljubljana, Slovenia, <sup>2</sup>Vrije Universiteit Brussel, Belgium

## Symposium 17: Decoding and modifying brain oscillatory activity to optimise performance

**DAY / TIME** Wednesday 17/Jul/2019: 8:30am – 10:00am  
**LOCATION** VSH 06 – Bad Blankenburg  
**SESSION CHAIR** Arash Mirifar, Technische Universität München  
**SESSION CHAIR** Andrew M. Cooke, Bangor University, UK

### Analogy instructions may promote neural efficiency during early stages of motor learning – but not for all learners

Tina Van Duijn, Rich S. W. Masters

University of Waikato, New Zealand

### Neural correlates of motor performance in target sports: the model of movement-related alpha gating

Germano Gallicchio<sup>1</sup>, Andrew M. Cooke<sup>2</sup>, Christopher Ring<sup>3</sup>

<sup>1</sup>Loughborough University, UK, <sup>2</sup>Bangor University, UK, <sup>3</sup>University of Birmingham, UK

### Get in the endurance zone! EEG neurofeedback improves cycling time to exhaustion

Francesca Mottola, Anthony Blanchfield, James Hardy, Andrew M. Cooke

Bangor University, UK

### Neurofeedback training: challenges and potential solutions

Arash Mirifar, Jürgen Beckmann, Felix Ehrlenspiel

Technische Universität München, Germany

## Workshop 07: Moving evidence into action: applying self-compassion in sport

**DAY / TIME** Wednesday 17/Jul/2019: 8:30am – 10:00am  
**LOCATION** VSH 07 – Magglingen  
**SESSION CHAIR** Leah J. Ferguson, University of Saskatchewan

Amber D. Mosewich<sup>2</sup>, Kent C. Kowalski<sup>1</sup>, Tara-Leigh F. McHugh<sup>2</sup>

University of Saskatchewan, Canada; <sup>2</sup>University of Alberta, Canada

## Poster Session Wednesday

**DAY / TIME** Wednesday 17/Jul/2019: 10:15am – 11:15am  
**LOCATION** Marquee  
**SESSION CHAIR** Katherine Anne Tamminen, University of Toronto

### 2.01 The relationship of motivation with disabled females physical activity participation constraints in Tehran City

Elahe Riahi, Tayebbeh Zargar, Hamid Soryan  
*Islamic Azad University, Iran*

### 2.02 Relationship among college athletes' stress, coping style and burnout

Li Wang  
*Beijing Sport University, China*

### 2.03 Amateur triathletas have higher levels of anxiety and high total time compared to experienced ones

Bruno Henrique Pignata<sup>1</sup>, Luiz Vieira Silva Neto<sup>2</sup>, Marina Belizario de Paiva Vidual<sup>1</sup>, Paula Teixeira Fernandes<sup>1</sup>, Orival Andries Jr<sup>1</sup>  
<sup>1</sup>State University of Campinas, Brazil; <sup>2</sup>State University of Valley of Acaraú, Brazil

### 2.04 Psychotherapy for an archery player with yips: a case study

Aiko Okuda<sup>1</sup>, Shiro Nakagomi<sup>2</sup>  
<sup>1</sup>Biwakogakuin University, Japan; <sup>2</sup>Kokushikan University, Japan

### 2.05 Motivation on sport and exercise contexts: a different approach

Evangelos Manolopoulos-Dekaristos<sup>1</sup>, Nektarios A.M. Stavrou<sup>1,2</sup>  
<sup>1</sup>National and Kapodistrian University of Athens, Greece; <sup>2</sup>Olympic Athletic Center of Athens "Spyros Louis", Greece

### 2.06 Recruiting parents and their child to a screen-time and diet intervention: reasons and barriers

Stuart Biddle<sup>1</sup>, Emma Haycraft<sup>2</sup>, Paula Griffiths<sup>2</sup>, Julie Johnston<sup>3</sup>, Sonia McGeorge<sup>2</sup>, Natalie Pearson<sup>2</sup>  
<sup>1</sup>University of Southern Queensland, Australia; <sup>2</sup>Loughborough University, UK; <sup>3</sup>Nottingham Trent University, UK

### 2.07 Psychological dimensions of successful recovery and wellbeing of an injured athlete

Konstantin Bocharov<sup>1,2</sup>, Lydia Dovzhik<sup>1</sup>  
<sup>1</sup>Moscow Institute of Psychoanalysis, Russian Federation; <sup>2</sup>ENYSSP, EU

### 2.08 Preliminary Italian version of Multidimensional Inventory of Perfectionism in Sport (MIPS) in university students of sport science

Alessandra De Maria<sup>1</sup>, Luca Mallia<sup>1</sup>, Dario Fegatelli<sup>2</sup>, Mariacarolina Vacca<sup>2</sup>, Arnaldo Zelli<sup>1</sup>, Caterina Lombardo<sup>2</sup>  
<sup>1</sup>University of Rome Foro Italico, Italy; <sup>2</sup>Sapienza University of Rome, Italy

### 2.09 Athletes' mind-body unity and psychological maturity

Daisuke Takeda, Shota Tarui  
*Tokai University, Japan*

### 2.10 Effects of aerobic training on female students' memory quotient according to time of test

Amir Hossein Ashna<sup>1</sup>, Zahra Majidi<sup>2</sup>, Faezeh Aghayan gol kashani<sup>3</sup>  
<sup>1</sup>Refah University, Iran; <sup>2</sup>Kharazmi University; <sup>3</sup>Tehran University

### 2.11 Psychological skills as predictors of sport performance of latvian footballers

Irina Simonenkova  
*Ltd Simir, Latvia*

### 2.12 Survey of the Czechoslovak (Czech) sport psychology development

Hana Válková<sup>1</sup>, Václav Hošek<sup>2</sup>  
<sup>1</sup>Masaryk University Brno, Czech Republic; <sup>2</sup>Palestra University, Praha, Czech Republic

### 2.13 Frequency of speaking with teammates and feelings of relatedness and loneliness in adolescent athletes

Christine Ellen Pacewicz, Alan L. Smith  
*Michigan State University, USA*

### 2.14 Disabled athlete activism in South Korea: a mixed-method study

Inhyang Choi, Damian Haslett, Brett Smith  
*University of Birmingham, UK*

### 2.15 The development of a social support webinar for elite sport coaches

Zoe Arts Poucher, Katherine Anne Tamminen, Gretchen Kerr  
*University of Toronto, Canada*

### 2.16 The development of a theoretical model describing and explaining group flow

Fabian Pels, Jens Kleinert  
*German Sport University Cologne, Germany*

**2.17 Beliefs toward success and doping attitudes. Influence of dark personality in Spanish athletes**

Juan González-Hernandez<sup>1</sup>, Diana Garita-Campos<sup>2</sup>, Abel Nogueira-López<sup>3</sup>,  
Antonio Jesús Muñoz-Villena<sup>4</sup>

<sup>1</sup>University of Granada, Spain; <sup>2</sup>University of Granada, Spain; <sup>3</sup>University of Leon, Spain;

<sup>4</sup>University Autonomous of Madrid, Spain

**2.18 System approach in the psychological athletes' training**

Liudmila Rogaleva, Valerii Malkin, Elnara Lukmanova, Efimovich Efimovich  
Ural Federal University, Russian Federation

**2.19 Mindfulness training for college athletes: associations between mindfulness practice and sport performance**

Megan Hut, Thomas O'Connor Minkler, Carol R. Glass

The Catholic University of America, USA

**2.20 Welcome, Summoner: Intervention with a E-Sports League of Legends™ College team in Brazil**

Paulo Gabriel Guerche Fuzzari<sup>1</sup>, Ricardo Marinho de Mello de Picoli<sup>2</sup>, Lara de Azevedo Tardeli<sup>1</sup>

<sup>1</sup>Universidade Federal de São Carlos, Brazil; <sup>2</sup>Universidade de São Paulo, Brazil

**2.21 The validity and reliability of risk of injury in sport scale for Turkish Athletes**

Mehmet Arman Apaydin, F. Hülya Aşçı

Marmara University, Turkey

**2.22 The desire to be perfect: Different aspects of perfectionism and their connection to burnout in adolescent athletes**

Iva Burešová<sup>1</sup>, Martin Jelínek<sup>2</sup>

<sup>1</sup>Masaryk University, Czech Republic; <sup>2</sup>Czech Academy of Sciences

**2.23 Psychological growth of a team by utilizing a team building program**

Mikiyo Kobayashi<sup>1,2</sup>, Hironobu Tsuchiya<sup>2</sup>

<sup>1</sup>Osaka Ohtani University; <sup>2</sup>Osaka University of Health and Sport Sciences

**2.24 Is "Passion Scale" reliable and valid for adolescent athletes?**

Duygu Karadağ<sup>1</sup>, Nurgül Keskin Akın<sup>2</sup>, F. Hülya Aşçı<sup>3</sup>

<sup>1</sup>Haliç University, Turkey; <sup>2</sup>Ağrı İbrahim Çeçen University, Turkey; <sup>3</sup>Marmara University, Turkey

**2.25 Development of the Parent-Initiated Motivational Climate in Individual Sport Competition Questionnaire**

Chris Harwood<sup>1</sup>, Emine Caglar<sup>2</sup>, Sam Nicholas Thrower<sup>3</sup>, Jonathan M.J Smith<sup>4</sup>

<sup>1</sup>Loughborough University, UK; <sup>2</sup>Hacettepe University, Turkey; <sup>3</sup>University of Roehampton, UK;

<sup>4</sup>Adaptivemind Consultancy, UK

**2.26 Sport Motivation Scale-II: Examining the validity and reliability in Greek language**

Nektarios A.M. Stavrou<sup>1,2</sup>, Maria Psychountaki<sup>1</sup>, Emmanouil Goergiadis<sup>3</sup>

<sup>1</sup>National & Kapodistrian University of Athens, Greece; <sup>2</sup>Olympic Athletic Center of Athens "Spyros Louis", Greece; <sup>3</sup>University of Suffolk, School of Science, Technology and Engineering, Suffolk, UK

**2.27 Sport psychology consultants in high school sport: Do they promote life skills development?**

Christiane Trottier, Stéphanie Gagnon, Roxane Carrière

Université Laval, Canada

**2.28 Examining the relationship of growth mindset to positive psychology skills and competitive anxiety in athletes**

Sallie A Scoggin, Dominic G McNeil

University of New England, Australia

**2.29 Big-five personality in relation to courage, sport participation, attributions to success and failure**

Erkut Konter

Dokuz Eylül University, Turkey

**2.30 Cross-cultural comparison of the patterns of influence within the Theory of Planned Behavior in predicting physical activity among**

Kahar Abula<sup>1</sup>, Andreas Heissel<sup>1</sup>, Michael Rapp<sup>1</sup>, Anou Pietrek<sup>1</sup>, Jürgen Beckmann<sup>2,3</sup>,  
Anna Wasserkampf<sup>4</sup>, Peter Gröpel<sup>5</sup>

<sup>1</sup>University of Potsdam, Germany; <sup>2</sup>Technical University of Munich, Germany; <sup>3</sup>University of Queensland, Australia; <sup>4</sup>German Sport University Cologne, Germany; <sup>5</sup>University of Vienna, Austria

**2.31 How cognitive functions and quality of life are associated with academic performance in children: a latent profile analysis**

Johan Michael Wikman<sup>1</sup>, Andreas Ivarsson<sup>1</sup>, Charlotte Severinsen<sup>2</sup>, Svend Sparre Geertsen<sup>2</sup>,  
Glen Nielsen<sup>2</sup>, Malte Nejst Larsen<sup>3</sup>, Peter Riis Hansen<sup>4</sup>, Peter Krusturup<sup>3</sup>, Jesper Lundbye-Jensen<sup>2</sup>,  
Anne-Marie Elbe<sup>5</sup>

<sup>1</sup>Halmstad University, Sweden; <sup>2</sup>University of Copenhagen, Denmark; <sup>3</sup>University of Southern Denmark, Denmark; <sup>4</sup>Herlev and Gentofte University Hospital, Denmark; <sup>5</sup>University of Leipzig, Germany

**2.32 All work and no play makes Jack a dull boy: relationship between motivation in physical education and academic stress**

Menglu Yang, Carme Viladrich, Jaume Cruz

Universitat Autònoma de Barcelona, Spain



**2.33 Association of physical fitness and mental well-being in middle-aged women**

Dmitriy Bondarev<sup>1</sup>, Sarianna Sipilä<sup>1</sup>, Taija Finni<sup>1</sup>, Urho M. Kujala<sup>1</sup>, Pauliina Aukee<sup>2</sup>, Vuokko Kovanen<sup>1</sup>, Eija K. Laakkonen<sup>1</sup>, Katja Kokko<sup>1</sup>

<sup>1</sup>University of Jyväskylä, Finland; <sup>2</sup>Central Finland Central Hospital, Finland

**2.34 Gender and sports as a moderator of relationships: Sensation seeking fosters both resiliency and risky behaviour among adolescents**

Magdalena Jochimek<sup>1</sup>, Mariusz Lipowski<sup>1</sup>, Małgorzata Lipowska<sup>2</sup>, Daniel Krokosz<sup>1</sup>

<sup>1</sup>Gdansk University of Physical Education and Sport, Poland; <sup>2</sup>University of Gdansk, Gdansk, Poland

**2.35 Validation evidence of Basic Needs Frustration Scale for Teachers - Greek version (BNFS-T/GR)**

Charalampos Krommidas, Georgios Gorozidis, Yannis Tzioumakis, Athanasios Papaioannou  
University of Thessaly, Greece

**2.36 Translation of the „Competitive index-revised“ into German and validation of its internal structure**

Dirk Koester<sup>1,2</sup>, Patricia Land<sup>2</sup>

<sup>1</sup>BSP Berlin, Germany; <sup>2</sup>Bielefeld University, Germany

**2.37 Swimming and the reciprocal relationships between autonomous motivation and social cognitive variables**

Derwin K. C. Chan<sup>1,2</sup>, Alfred S. I. Lee<sup>3</sup>, Kiko Leung<sup>3</sup>, Tracy C. W. Tang<sup>3</sup>, Martin S. Hagger<sup>2,4</sup>

<sup>1</sup>Education University of Hong Kong, Hong Kong S.A.R. (China); <sup>2</sup>Curtin University, Australia;

<sup>3</sup>University of Hong Kong, Hong Kong; <sup>4</sup>University of Jyväskylä, Finland

**2.38 The effect of music rhythm and exercise rhythm consistency on exercise emotional experience: moderating effect of exercise habits**

Lu Guo, Yao Li

Beijing Sport University, China

**2.39 On combat sport and martial practices: from fighting to violence – breaking the norm of sensitivity**

Cristiano Roque Antunes Barreira

University of São Paulo, Brazil

**2.40 Perceived autonomy support scale for exercise settings: testing its psychometric properties in Turkish youth athletes -Parent Form-**

Duygu Karadağ<sup>1</sup>, F. Hülya Aşçı<sup>2</sup>

<sup>1</sup>Haliç University, Turkey; <sup>2</sup>Marmara University, Turkey

**2.41 Relationship between performance improvements self-efficacy and academic self-efficacy**

Yuki Yabunaka, Takayuki Sugo, Hironobu Tsuchiya

Osaka University of Health and Sport Sciences, Japan

**2.42 Objectively measured physical activity in clinically diagnosed major depressed adult outpatients**

Ioannis D. Morres<sup>1</sup>, Antonis Hatzigeorgiadis<sup>1</sup>, Charalampos Krommidas<sup>1</sup>, Nikos Comoutos<sup>1</sup>,

Eirini Sideri<sup>2</sup>, Dimitrios Ploumpidis<sup>2</sup>, Marina Economou<sup>2</sup>, Athanasios Papaioannou<sup>1</sup>,

Yannis Theodorakis<sup>1</sup>

<sup>1</sup>University of Thessaly, Trikala, Greece; <sup>2</sup>National and Kapodistrian University of Athens, Greece

**2.43 Solidarity network for migrants and refugees: A project towards integration through sport**

Konstantinia Filippou<sup>1</sup>, Antonis Hatzigeorgiadis<sup>1</sup>, Cinzia Costa<sup>2</sup>, Lucijan Vihar<sup>3</sup>,

Giuseppe Corrao<sup>4</sup>, Liliana Caci<sup>2</sup>

<sup>1</sup>University of Thessaly, Greece; <sup>2</sup>Euromed Carrefour Sicilia, Italy; <sup>3</sup>CEZAM- Centre for Youth

Ruše, Slovenia; <sup>4</sup>A.S.D. Verga, Palermo, Italy

**2.44 Parent bonding, coach-athlete partnership, and athlete's psychological characteristics: How strong is their relationship?**

Maria Psychountaki, Melina Papalexi, Christos Katsikas, Nektarios A.M. Stavrou

<sup>1</sup>National & Kapodistrian University of Athens, Greece

**2.45 Resilience and Well-being in Sports**

Mohita Junnarkar, Sanjeev P. Sahni, Shivjot Gill

Jindal Institute of Behavioral Sciences, O.P Jindal Global University, Haryana, India

**2.46 Implicit theories of athletic abilities and implicit self-esteem in competitive athletes**

Judit Emma Boda-Ujlaky<sup>1</sup>, Lilla Török<sup>1</sup>, Ágota Lénárt<sup>1</sup>, Johanna Takács<sup>2</sup>

<sup>1</sup>University of Physical Education, Hungary; <sup>2</sup>Semmelweis University, Hungary

**2.47 Influence of a 30 days slow paced breathing intervention compared to social media use on subjective sleep quality and HRV**

Sylvain Laborde<sup>1,2</sup>, Thomas Hosang<sup>3,4</sup>, Emma Mosley<sup>5</sup>, Fabrice Dosseville<sup>2</sup>

<sup>1</sup>German Sport University Cologne, Germany; <sup>2</sup>Université de Caen Normandie – UFR STAPS,

EA 4260, France; <sup>3</sup>Helmut Schmidt University, Hamburg, Germany; <sup>4</sup>University of the Federal

Armed Forces Hamburg, Germany; <sup>5</sup>Solent University Southampton, UK

**2.48 Visual regulation in long jump run-ups**

Alexandra Hildebrandt, Rouwen Cañal-Bruland

Friedrich-Schiller-University Jena, Germany



**2.49 Can novices learn sports decision making through video game play?**Todd Pickering<sup>1,2</sup>, Lucy Parrington<sup>3</sup>, Lisa Wise<sup>2</sup>, Clare MacMahon<sup>1</sup><sup>1</sup>La Trobe University, Australia; <sup>2</sup>Swinburne University, Australia;<sup>3</sup>Oregon Health and Science University, USA**2.50 At the mere thought - using psychophysiological measures for approaching the somatic core of automatic valuations of exercise**

Michaela Schinkoeth, Ralf Brand

University of Potsdam, Germany

**2.51 The effect of self-talk on kicking performance in young elite tae kwon do athletes**

Nastasja Minja

University of Thessaly, Italy

**2.52 Psychological stress during decision-making performance of soccer referees**

Alexandra Pizzera, Sylvain Laborde, Patrick Wahl

German Sport University Cologne, Germany

**2.53 A Pilot Examination of Relationship among Perceived Anxiety, Confidence and Eye Fixation**Susumu Iwasaki<sup>1</sup>, Takahiro Sato<sup>2</sup><sup>1</sup>Fort Lewis College, USA; <sup>2</sup>Western New Mexico University, USA**2.54 Effect of expertise on coincidence timing in baseball batting in virtual reality**Kazunobu Fukuhara<sup>1</sup>, Takamasa Onozawa<sup>1</sup>, Takahiro Higuchi<sup>1</sup>, David L. Mann<sup>2</sup>, Hiroki Nakamoto<sup>3</sup><sup>1</sup>Tokyo Metropolitan University, Japan; <sup>2</sup>Vrije Universiteit Amsterdam, The Netherlands;<sup>3</sup>National Institute of Fitness and Sports in Kanoya, Japan**2.55 “I just feel bad”: differences in self-conscious emotions after exercise absenteeism in recreational exercisers and athletes**

Anna Wasserkampf, Jens Kleinert

German Sport University Cologne, Germany

**2.56 Testing the Physical Activity Maintenance (PAM) Theory: A Structural Equation Model****Approach**

Claudio Renato Nigg

Karlsruhe Institute for Technology, Germany

**2.57 Factor structure and measurement invariance of the International Positive and Negative Affect Schedule Short Form**Jingdong Liu<sup>1</sup>, Pak-Kwong Chung<sup>2</sup><sup>1</sup>Sun Yat-Sen University, China; <sup>2</sup>Hong Kong Baptist University, Hong Kong SAR, China**2.58 The association between social media consumption and physical activity in adults**Rayna Yordanova Sariyska<sup>1</sup>, Bernd Lachmann<sup>1</sup>, Christian Montag<sup>1,2</sup><sup>1</sup>Ulm University, Germany; <sup>2</sup>University of Electronic Science and Technology of China, Chengdu, China**2.59 The Effects of Personality on the Creativity of Middle School Basketball Players**

HanSeung Yang, Jin Hwang

ChonBuk National University, South Korea, Korea

**2.60 The Effects of Ankle Kinesio Tape on acute ankle sprains in young soccer players**Ahmed Fadhil Farhan<sup>1</sup>, Sameera Abdulrasool Alattabi<sup>2</sup>, Mohammed Jawad Kadhim<sup>3</sup>, GhadahMuayad Shihap<sup>2</sup>, Maria Justine Stephany<sup>3</sup>, Shamil Kamil Mahammed<sup>4</sup><sup>1</sup>AL-Ayen University, Iraq.; <sup>2</sup>Baghdad University, Iraq.; <sup>3</sup>Universiti Teknologi MARA, Selangor,Malaysia; <sup>4</sup>Asian Football Confederation, Malaysia.**Poster Session YRA****DAY / TIME** Wednesday 17/Jul/2019: 10:15am – 11:15am**LOCATION** Marquee**SESSION CHAIR** Natalia Stambulova, Halmstad University  
Taru Lintunen, University of Jyväskylä**YRA.01 Get in the endurance zone! EEG neurofeedback improves cycling time to exhaustion**

Francesca Mottola, Anthony Blanchfield, James Hardy, Andrew Cooke

Bangor University, UK

**YRA.02 Psychological risk profiles for overuse injuries in sport: a prospective study**Simon Martin<sup>1</sup>, Urban Johnson<sup>2</sup>, Alan McCall<sup>3</sup>, Andreas Ivarsson<sup>2</sup><sup>1</sup>Université de Picardie Jules Verne, Amiens, France; <sup>2</sup>Halmstad University, Sweden;<sup>3</sup>Arsenal Football Club Performance and Research Department, London, UK**YRA.03 Brain dynamics during visual anticipation in sport**Sergio Costa<sup>1</sup>, Pierpaolo Croce, Maurizio Bertollo, Filippo Zappasodi

“G. d’Annunzio” University of Chieti-Pescara, Italy

**YRA.04 Development and validation of career-long psychological support services in Swedish handball**

Johan Ekengren, Natalia Stambulova, Urban Johnson

Halmstad University, Sweden



#### YRA.05 Stressor Incidence and Adjustment Disorder Prevalence among elite athletes: a pilot study

Chantal Simons, Lisa Martin, Luke Balcombe, Peter K. Dunn  
*University of the Sunshine Coast, Australia*

#### YRA.06 Response inhibition of team handball experts

Holger Heppe<sup>1,2</sup>, Karen Zentgraf<sup>1,2</sup>  
<sup>1</sup>*University of Muenster, Germany*; <sup>2</sup>*University of Frankfurt, Germany*

#### YRA.07 Development, face and content validity of a novel qualitative tool to measure young children's motivation for physical education.

Katie Fitton Davies<sup>1</sup>, Paula M Watson<sup>1</sup>, James Rudd<sup>1</sup>, Farid Bardid<sup>2</sup>, Knowles Zoe<sup>1</sup>, Simon Roberts<sup>1</sup>, Lawrence Foweather<sup>1</sup>  
<sup>1</sup>*Liverpool John Moores University, UK*; <sup>2</sup>*University of Strathclyde, Scotland*

#### YRA.08 The influence of self-talk on challenge and threat states and performance

Adrian Hase<sup>1</sup>, Jacob Hood<sup>1</sup>, Lee John Moore<sup>2</sup>, Paul Freeman<sup>1</sup>  
<sup>1</sup>*University of Essex, UK*; <sup>2</sup>*University of Bath, UK*

#### YRA.09 Supporting student-athletes with their social challenges:

Dual career support providers' perspectives  
Simon Daniël Defruyt<sup>1</sup>, Paul Wylleman<sup>1,2</sup>, Koen De Brandt<sup>1</sup>  
<sup>1</sup>*Vrije Universiteit Brussel, Belgium*; <sup>2</sup>*TeamNL NOC\*NSF, The Netherlands*

#### YRA.10 The influence of parent-athlete relationship quality on athletes' self-efficacy, self-esteem, and thriving

Olivier Y. Rouquette<sup>1,2</sup>, Camilla J. Knight<sup>2</sup>, Victoria E. Lovett<sup>2</sup>, Jean-Philippe Heuzé<sup>1</sup>  
<sup>1</sup>*Université Grenoble Alpes, Grenoble, France*; <sup>2</sup>*Swansea University, Swansea, UK*

### Keynote Ben Jackson: Staying afloat in Today's University System: Mistakes Made and Lessons Learned in the Transition from Postgraduate to "Mid-Career" Academic

DAY / TIME Wednesday 17/Jul/2019: 11:30am – 12:30pm  
LOCATION H 1 - Vittel  
SESSION CHAIR Stuart Biddle, University of Southern Queensland

### Featured Symposium 05: Mental health in competitive sports – research and mental health programs from three countries

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm  
LOCATION VSH o6 – Bad Blankenburg  
SESSION CHAIR Göran Kenttä, The Swedish School of Sport and Health Sciences  
DISCUSSANT Natalie Durand-Bush, University of Ottawa

#### Mental health literacy in collegiate athletes and their support staff

Philip Sullivan, John Murphy, Mark Blacker  
*Brock University, Canada*

#### The prevalence and stories of mental health problems in elite sport

Cecilia Åkesdotter, Göran Kenttä  
*The Swedish School of Sport and Health Sciences*

#### Mental health in German competitive athletes – prevalences and prevention programs

Johanna Belz, Marion Sulprizio  
*German Sport University Cologne, Germany*

#### Provision of sport-focused mental health care by the Canadian Centre for Mental Health and Sport (CCMHS): Characteristics and ment

Krista Van Slingerland, B Chin, Natalie Durand-Bush  
*University of Ottawa, Canada*

### Featured Symposium 06: Setting the stage for esports psychology: current state of research and future directions

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm  
LOCATION S 10 – Münster  
SESSION CHAIR Ismael Alfonso Pedraza Ramirez, German Sport University Cologne

#### Performance psychology of esports: A systematic review

Ismael Alfonso Pedraza Ramirez, Sylvain Laborde, Lisa Musculus, Markus Raab  
*German Sport University Cologne, Germany*

#### Stress in esports: A systematic literature review

Oliver Leis, Thomas Wendeborn  
*University of Leipzig, Germany*

**Ward off snowballing: Psychological Momentum within and across league of legends games**Nicky Bosman<sup>1</sup>, Ruud J. R. Den Hartigh<sup>1</sup>, Mark Hermann<sup>1</sup>, André Pimenta<sup>2</sup>, Nico W. Van Yperen<sup>1</sup><sup>1</sup>University of Groningen, The Netherlands, <sup>2</sup>Universidade do Minho, Portugal**Neuroendocrine responses to esport games are modulated by face-to-face competitions**

Manuel Jimenez, Guillermo Mendoza

Universidad internacional de la rioja UNIR, Spain

**Gamers mind: psychological factors in esports**Alejandro Parejo<sup>1</sup>, José Carlos Jaenes Sánchez<sup>1</sup>, Alex Garcia-Mas<sup>2</sup><sup>1</sup>UPO - Universidad Pablo de Olavide, Spain, <sup>2</sup>UIB - Universitat de les Illes Balears, Spain**Gimme-Five 03****DAY / TIME** Wednesday 17/Jul/2019: 2:00pm – 3:30pm**LOCATION** VSH 116 – Varna**SESSION CHAIR** Werner Helsen, Katholieke Universiteit Leuven**A home advantage? Examining 100 years of team success in national hockey league playoff overtime games**

Desmond McEwan

University of Bath, UK

**Differences in sleep of German U20 national ice hockey players preparing for the world championship**Annika Hof zum Berge<sup>1</sup>, Fabian Loch<sup>1</sup>, Karl Schwarzenbrunner<sup>2</sup>, Michael Kellmann<sup>1,3</sup><sup>1</sup>Ruhr University Bochum, Germany; <sup>2</sup>German Ice Hockey Federation; <sup>3</sup>University of Queensland, Australia**Resting the mind: acute effects of mental recovery strategies on recovery-stress states after a mentally fatiguing task**Fabian Loch<sup>1</sup>, Annika Hof zum Berge<sup>1</sup>, Michael Kellmann<sup>1,2</sup><sup>1</sup>Ruhr University Bochum, Germany; <sup>2</sup>The University of Queensland, Australia**Communication and spatiotemporal patterns underlying expert team performance: case of e-sports**Clément Cornière<sup>1</sup>, Gilles Kermaecq<sup>2</sup><sup>1</sup>University of Reims Champagne Ardennes (URCA), France; <sup>2</sup>University of Western Brittany (UBO), France**Effects of attentional focus on amateur's performance in golf putting**Wen-Hsuan Chang<sup>1</sup>, Kuo-Pin Wang<sup>1</sup>, Tai-Ting Chen<sup>1</sup>, Kuan-Fu Chen<sup>1</sup>, Cheng-Wei Kao<sup>1</sup>, Eric Hung<sup>2</sup>, Kao-Hung Lin<sup>1</sup>, Chih-Yen Chang<sup>1</sup>, Chung-Ju Huang<sup>3</sup>, Yu-Kai Chang<sup>1</sup>, Tsung-Min Hung<sup>1</sup><sup>1</sup>National Taiwan Normal University, Taiwan; <sup>2</sup>Chinese Culture University, Taiwan; <sup>3</sup>University of Taipei, Taiwan**High self-confidence golfers have better performance and attention**Cheng-Wei Kao<sup>1</sup>, Wen-Hsuan Chang<sup>1</sup>, Kuo-Pin Wang<sup>1</sup>, Tai-Ting Chen<sup>1</sup>, Kuan-Fu Chen<sup>1</sup>,Chih-Yen Chang<sup>1</sup>, Eric Hung<sup>2</sup>, Kao-Hung Lin<sup>1</sup>, Yu-Kai Chang<sup>1</sup>, Chung-Ju Huang<sup>3</sup>, Tsung-Min Hung<sup>1</sup><sup>1</sup>National Taiwan Normal University, Taiwan; <sup>2</sup>Chinese Culture University, Taiwan; <sup>3</sup>University of Taipei, Taiwan**How perceiving and acting on affordances is influenced by psychological momentum**Joske K. Van der Sluis<sup>1</sup>, Frank T. J. M. Zaal<sup>2</sup>, Christophe Gernigon<sup>3</sup>, Nico W. Van Yperen<sup>1</sup>,Ruud J. R. Den Hartigh<sup>1</sup><sup>1</sup>University of Groningen, The Netherlands; <sup>2</sup>University Medical Center Groningen / University of Groningen, The Netherlands; <sup>3</sup>University of Montpellier, France**Deceptive actions bias responses and impair discriminability: signal detection analysis of rugby sidesteps**

Laurence S. Warren-West, Robin C. Jackson, Michael J. Hiley

Loughborough University, UK

**Invited Panel 01: FEPSAC 50th Anniversary panel discussion: past-presidents' insights****DAY / TIME** Wednesday 17/Jul/2019: 2:00pm – 3:30pm**LOCATION** Aula im Schloss – Europe**SESSION CHAIR** Xavier Sanchez, Halmstad University**Participants in panel discussions:**Xavier Sanchez<sup>1</sup>, Guido Schilling<sup>2</sup>, Stuart Biddle<sup>3</sup>, Glyn C. Roberts<sup>4</sup>, Roland Seiler<sup>5</sup>,Paul Wylleman<sup>6</sup>, Anne-Marie Elbe<sup>7</sup><sup>1</sup>Halmstad University, Sweden; <sup>2</sup>No Affiliation, Switzerland; <sup>3</sup>University of Southern Queensland, Australia; <sup>4</sup>Norwegian University of Sport Science, Norway; <sup>5</sup>University of Bern, Switzerland; <sup>6</sup>Vrije Universiteit Brussel, Belgium; <sup>7</sup>Leipzig University, Germany

## Paper Session 21: Career and Athlete Development

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm  
 LOCATION Senatssaal – Prague  
 SESSION CHAIR Claudio Robazza, „G. d’Annunzio“ University of Chieti-Pescara

### 2:00pm - 2:15pm

**Which competencies does a professional soccer player require and how can we measure these?**

Julian Decius, Niclas Schaper  
*University of Paderborn, Germany*

### 2:15pm - 2:30pm

**Experimental study examining the effect of stereotype threat on student-athletes’ academic performance and career development**

Yawen Hsu, Yin-ru Li  
*National Chiayi University, Taiwan*

### 2:30pm - 2:45pm

**A proposed model of perceived motivationally-relevant social agent influence during athlete development**

Bryan McCann<sup>1</sup>, Paul McCarthy<sup>2</sup>, Kay Cooper<sup>1</sup>, Katrina Forbes-McKay<sup>1</sup>  
<sup>1</sup>Robert Gordon University, UK; <sup>2</sup>Glasgow Caledonian University, UK

### 2:45pm - 3:00pm

**The influence of parent-athlete relationship quality on athletes’ self-efficacy, self-esteem, and thriving**

Olivier Y. Rouquette<sup>1,2</sup>, Camilla J. Knight<sup>2</sup>, Victoria E. Lovett<sup>2</sup>, Jean-Philippe Heuzé<sup>1</sup>  
<sup>1</sup>Université Grenoble Alpes, Grenoble, France; <sup>2</sup>Swansea University, Swansea, UK

### 3:00pm - 3:15pm

**Increasing self-efficacy among professional youth football players: an exploration of the effectiveness of emagery and EMDR**

Tanja Simone Ecken  
*Anglia Ruskin University, Cambridge, UK*

### 3:15pm - 3:30pm

**Time for change: development and implementation of a dual career competency program in Estonia**

Kristel Kiens  
*Tallinn University, Estonia*

## Paper Session 22: Motor Control and Performance

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm  
 LOCATION S 8 – Copenhagen  
 SESSION CHAIR Nicola Jane Hodges, University of British Columbia

### 2:00pm - 2:15pm

**Grunting in tennis: simply distracting or systematically biasing opponents’ predictions?**

Rouwen Cañal Bruland, Lars Jauernig, Florian Müller  
*Friedrich Schiller University Jena, Germany*

### 2:15pm - 2:30pm

**Enhanced expectancies in golf putting – increasing ecological validity**

Gal Ziv, Ronnie Lidor, Matar Lavie  
*The Academic College at Wingate, Israel*

### 2:30pm - 2:45pm

**Visual and auditory action effects facilitate performance in a motor task**

Mengkai Luan, Felix Ehrlenspiel  
*Technical University of Munich, Germany*

### 2:45pm - 3:00pm

**The effects of pre-performance unilateral hand contraction protocols on cognitive verbal processes during a golf putting task**

Merel C. J. Hoskens<sup>1</sup>, Eduardo Bellomo<sup>2</sup>, Andrew M. Cooke<sup>2</sup>, Rich S. W. Masters<sup>1</sup>  
<sup>1</sup>University of Waikato, NZ; <sup>2</sup>Bangor University, UK

### 3:00pm - 3:15pm

**Effects of sleep deprivation on perceptual-motor performance under low and high threat**

Arne Nieuwenhuys  
*The University of Auckland, New Zealand*

### 3:15pm - 3:30pm

**Motor contagion in single-limb stance by means of visual stimuli does not induce postural reactions but enhances muscle activity**

Eric Eils<sup>1</sup>, Tobias Brockmann<sup>1</sup>, Marc de Lussanet<sup>1</sup>, Karen Zentgraf<sup>2</sup>  
<sup>1</sup>University of Muenster, Germany; <sup>2</sup>University of Frankfurt, Germany

## Paper Session 23: Quality of Life and Meaning in Sport

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm  
 LOCATION S 9 – Cologne  
 SESSION CHAIR Jens Kleinert, German Sport University Cologne

### 2:00pm - 2:15pm

#### Validation of the sport psychology professional quality of life scale

Ale Quartiroli<sup>1</sup>, Christopher Wagstaff<sup>2</sup>, Daniel Brown<sup>2</sup>  
<sup>1</sup>UW - La Crosse, USA; <sup>2</sup>University of Portsmouth, UK

### 2:15pm - 2:30pm

#### Physical activity self-efficacy and quality of life in older adults

Jiri Mudrak, Katerina Zabrodska  
 Charles University in Prague, Czech Republic

### 2:30pm - 2:45pm

#### Presence and search for meaning in sport: initial construct validation

Matteo Luzzeri, Graig M Chow  
 Florida State University

### 2:45pm - 3:00pm

#### Potential impact of aerobic exercise intervention with male refugees living in a refugee camp in Greece: an exploratory study

Florian Knappe, Flora Colledge, Markus Gerber  
 University of Basel, Switzerland

### 3:00pm - 3:15pm

#### Understanding the longitudinal impact of the Homeless World Cup on the lives of its participants

Jordan A. Donnelly<sup>1</sup>, Meredith A. Whitley<sup>2</sup>, Rosie A. Arthur<sup>1</sup>, Daryl T. Cowan<sup>1</sup>  
<sup>1</sup>University of the West of Scotland, UK; <sup>2</sup>Adelphi University, USA

### 3:15pm - 3:30pm

#### Craftsmanship: a novel approach for exploring meaningfulness of sport

Richard Tahtinen<sup>1</sup>, Olli Tikkanen<sup>2</sup>, Michael McDougall<sup>1,3</sup>, Vidar Halldorson<sup>4</sup>, Niels Feddersen<sup>1</sup>, Libby Mitchell<sup>1</sup>, Laura Thomas<sup>1</sup>, Noora J. Ronkainen<sup>1</sup>  
<sup>1</sup>Liverpool John Moores University, Liverpool, UK; <sup>2</sup>Fibion Inc.; <sup>3</sup>Keystone College, Pennsylvania, USA; <sup>4</sup>University of Iceland, Reykjavik, Iceland

## Paper Session 24: Coaching and Coaches

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm  
 LOCATION VSH 118 – Nottingham  
 SESSION CHAIR Gareth Edward Jowett, Leeds Beckett University

### 2:00pm - 2:15pm

#### Coach halftime speech and its influence on players performance

Liat Kuffler-Bakalo, Sima Zach  
 Zinman college at Wingate institute Netanya Israel, Israel

### 2:15pm - 2:30pm

#### Initial development of the Perfectionistic Climate Questionnaire-Sport (PCQ-S)

Michael C Grugan, Andrew P Hill, Sarah H Mallinson-Howard, Tracy Donachie, Luke F. Olsson, Daniel J. Madigan, Robert Vaughan  
 York St John University, UK

### 2:30pm - 2:45pm

#### Controlling coaching in team sports: the role of demanding and domineering behaviour in athletes' motivational outcomes

Bart Reynders<sup>1</sup>, Maarten Vansteenkiste<sup>2</sup>, Eva Ceulemans<sup>1</sup>, Stef Van Puyenbroeck<sup>1</sup>, Gert Vande Broek<sup>1</sup>  
<sup>1</sup>KU Leuven, Belgium; <sup>2</sup>UGent, Belgium

### 2:45pm - 3:00pm

#### The role of coach-created motivational climates in sport and school motivation among adolescent dual career athletes

Milla Saara Anneli Saarinen, Kaisa Aunola, Tatiana Ryba  
 University of Jyväskylä, Finland

### 3:00pm - 3:15pm

#### The social dynamics of post-concussion return to sport experiences: an integrated study of athlete-teammate-coach triads

Jeffrey G. Caron<sup>1</sup>, Alex J. Benson<sup>2</sup>, Rebecca Steins<sup>3</sup>, Laura McKenzie<sup>4</sup>, Mark W. Bruner<sup>4</sup>  
<sup>1</sup>Université de Montréal, Canada; <sup>2</sup>Western University, Canada; <sup>3</sup>McGill University, Canada; <sup>4</sup>Nipissing University, Canada

### 3:15pm - 3:30pm

#### The validation of an adult-oriented coaching tool using data from Masters athletes and coaches

Scott Rathwell<sup>1</sup>, Matt, D. Hoffmann<sup>2</sup>, Bradley W. Young<sup>3</sup>, Bettina Callary<sup>2</sup>  
<sup>1</sup>University of Lethbridge, Canada; <sup>2</sup>Cape Breton University, Canada; <sup>3</sup>University of Ottawa, Canada

## Symposium 18: National and regional journals in sport and exercise psychology – current status, challenges and future directions

**DAY / TIME** Wednesday 17/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** H 2 – Bern  
**SESSION CHAIR** Johan Michael Wikman, Halmstad University

### How important is German for the German Journal of Sport Psychology?

Felix Ehrlenspiel  
*Technical University of Munich, Germany*

### Revista de Psicología del Deporte/Journal of Sport Psychology: a scientific journal amid regional scope and internationalisation

Victor J. Rubio<sup>1</sup>, Aurelio Olmedilla Zafra<sup>2</sup>  
<sup>1</sup>*University Autonoma Madrid, Spain* <sup>2</sup>*Universidad de Murcia, Spain*

### Scandinavian Journal of Sport and Exercise Psychology – new winds from the north

Knud Ryom<sup>1</sup>, Johan Michael Wikman<sup>2</sup>, Peter Elsborg<sup>3</sup>  
<sup>1</sup>*Aarhus University, Denmark* <sup>2</sup>*Halmstad University, Sweden* <sup>3</sup>*Steno Diabetes Center, Denmark*

### „Movimento“, writing about sport psychology in Italy

Daniela Sepio  
*University of Roma “Tor Vergata”, Italy*

## Symposium 19: Psychological resilience in sports: overcoming and growing from stressors

**DAY / TIME** Wednesday 17/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** H 3 – Madeira  
**SESSION CHAIR** Ruud J. R. Den Hartigh, University of Groningen

### Resilience in sports through the lens of complex systems

Ruud J. R. Den Hartigh  
*University of Groningen, The Netherlands*

### Predicting resilience breakdowns in athletes

Yannick Hill, Ruud J. R. Den Hartigh, Ralf F. A. Cox, Peter De Jonge, Rob R. Meijer, Nico W. Van Yperen  
*University of Groningen, The Netherlands*

### Developing more than elite athletes in sport: The influence of past sporting experience on later life resilience processes in the workplace

Christopher Bryan, Deirdre O’Shea, Tadhg Macintyre  
<sup>1</sup>*University of Limerick, Ireland*

### Fostering resilience in youth athletes through the development of psychological skills and characteristics

Lea-Cathrin Dohme<sup>1</sup>, David Piggott<sup>2</sup>, Susan Backhouse<sup>2</sup>, Gordon Bloom<sup>3</sup>  
<sup>1</sup>*Cardiff Metropolitan University, UK*, <sup>2</sup>*Leeds Beckett University, UK*, <sup>3</sup>*McGill University, Canada*

## Symposium 20: Qualitative characteristics of physical-activity interventions on cognition in youth

**DAY / TIME** Wednesday 17/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** H 4 – Chalkidiki  
**SESSION CHAIR** Johan Michael Wikman, Halmstad University  
 Caterina Pesce, University of Rome, Italy

### Physical-activity interventions and the promotion of whole-child development in children with neuro-developmental disorders

Kimberley D. Lakes  
*University of California, Riverside, USA*

### Integrating physical activity in the classroom is not a break: Effects on learning and cognition

Spyridoula Vazou  
*Iowa State University, USA*

### Exergaming to enhance cognitive functions in children and adolescents?

Valentin Benzing, Mirko Schmidt  
*University of Bern, Bern, Switzerland*

### From locally to globally: A whole-child initiative of qualitatively-enriched PE for motor and cognitive development

Caterina Pesce<sup>1</sup>, Rosalba Marchetti<sup>2</sup>, Anna Motta<sup>3</sup>  
<sup>1</sup>*University of Rome „Foro Italico“ Italy*, <sup>2</sup>*Malpighi School, Italy*, <sup>3</sup>*Regional School Office Piedmont, Italy*

## Symposium 21: The research-to-practice gap in sport psychology: Exploring the challenges faced by researchers, consultants, and coaches

DAY / TIME	Wednesday 17/Jul/2019: 2:00pm – 3:30pm
LOCATION	VSH 17 – Westphalia
SESSION CHAIR	Frank O. Ely, University of Windsor, Canada Krista J. Munroe-Chandler, University of Windsor, Canada Jenny O, California State University, East Bay, USA Penny McCullagh, California State University, East Bay, USA
DISCUSSANT	Joan L. Duda, University of Birmingham, UK

### History of the research-to-practice gap in sport psychology

Penny McCullagh

*California State University, East Bay, USA*

### The research-to-practice gap: Challenges faced by researchers

Jenny O

*California State University, East Bay, USA*

### The research-to-practice gap: Challenges faced by mental performance consultants

Krista J. Munroe-Chandler

*University of Windsor, Canada*

### The research-to-practice gap: Challenges faced by coaches

Frank O. Ely

*University of Windsor, Canada*

### Narrowing the research-to-practice gap: Recommendations for researchers, mental performance consultants, and coaches

Frank O. Ely<sup>1</sup>, Krista J. Munroe-Chandler<sup>1</sup>, Jenny O<sup>2</sup>, Penny McCullagh<sup>2</sup>, Joan L. Duda<sup>3</sup>

<sup>1</sup>University of Windsor, Canada, <sup>2</sup>California State University, USA, <sup>3</sup>University of Birmingham, UK

## Workshop 08: How to use the 3P's model to reduce performance anxiety

DAY / TIME	Wednesday 17/Jul/2019: 2:00pm – 3:30pm
LOCATION	VSH 18 – Edinburgh
SESSION CHAIR	Michael Dominick Zito, Morristown Clinical and Sport Psychology

## Workshop 09: Adapting Mindfulness Sport Performance Enhancement (MPSE) to a variety of performance settings and populations

DAY / TIME	Wednesday 17/Jul/2019: 2:00pm – 3:30pm
LOCATION	VSH 19 – Paris
SESSION CHAIR	Jacob Cannon Jensen, California State University, Northridge

## Award Symposium: Young Researcher Award for Oral Presentation

DAY / TIME	Wednesday 17/Jul/2019: 4:00pm - 5:30pm
LOCATION	Aula im Schloss - Europe
SESSION CHAIR	Natalia Stambulova, Halmstad University Taru Lintunen, University of Jyväskylä

### Using situational characteristics to distinguish sports

Sophia Terwiel<sup>1</sup>, John F. Rauthmann<sup>2</sup>, Maïke Luhmann<sup>1</sup>

<sup>1</sup>Ruhr-Universität Bochum, Germany; <sup>2</sup>Universität zu Lübeck, Germany

### Defining and characterizing organizational resilience in elite sport

Kirsten Fasey<sup>1</sup>, Mustafa Sarkar<sup>1</sup>, Chris Wagstaff<sup>2</sup>, Julie Johnston<sup>1</sup>

<sup>1</sup>Nottingham Trent University, UK; <sup>2</sup>University of Portsmouth, UK

### Executive functions, motor abilities and quality of life in pediatric cancer survivors – the crucial role of motor coordination

Valentin Benzing<sup>1</sup>, Janine Spitzhüttl<sup>2</sup>, Valerie Siegwart<sup>3</sup>, Michael Grotzer<sup>4</sup>,  
Maja Steinlin<sup>3</sup>, Kurt Leibundgut<sup>5</sup>, Regula Everts<sup>3</sup>, Mirko Schmidt<sup>6</sup>

<sup>1</sup>University of Bern, Bern, Switzerland; <sup>2</sup>University of Bern, Bern, Switzerland, <sup>3</sup>University of Bern, Bern, Switzerland, <sup>4</sup>University Children's Hospital Zurich, Zurich, Switzerland, <sup>5</sup>Bern University Hospital, University of Bern, Switzerland, <sup>6</sup>University of Bern, Switzerland

### Predicting change in out-of-school physical activity using the trans-contextual model

Juho Polet<sup>1</sup>, Taru Lintunen<sup>1</sup>, Maiken Hansen<sup>1</sup>, Martin Hagger<sup>1,2</sup>

<sup>1</sup>University of Jyväskylä, Jyväskylä, Finland.; <sup>2</sup>Curtin University, Perth, Australia

### Leading together towards a stronger 'Us': an experimental test of the 5RS shared leadership program in basketball teams

Niels Mertens<sup>1</sup>, Filip Boen<sup>1</sup>, Alex Haslam<sup>2</sup>, Nik Steffens<sup>2</sup>, Stewart Cotterill<sup>3</sup>, Katrien Fransen<sup>1</sup>

<sup>1</sup>KU Leuven, Belgium; <sup>2</sup>The University of Queensland, Australia; <sup>3</sup>University of Winchester, UK

## Paper Session 25: Elite Athletes

DAY / TIME Wednesday 17/Jul/2019: 4:00pm – 5:30pm

LOCATION S 10 – Münster

SESSION CHAIR Joe Baker, University of Toronto

### 4:00pm - 4:15pm

#### Factors affecting elite athletes' mental health: a systematic review

Andreas Küttel, Carsten Hvid Larsen

*University of Southern Denmark, Denmark*

### 4:15pm - 4:30pm

#### The impact of physiological fatigue and gaze behavior on shooting performance in elite and sub-elite biathletes

Amelie Heinrich<sup>1</sup>, Rouwen Cañal-Bruland<sup>2</sup>, Dan Witzner Hansen<sup>3</sup>, Oliver Stoll<sup>1</sup>

<sup>1</sup>Martin Luther University Halle-Wittenberg, Germany; <sup>2</sup>Friedrich Schiller University Jena, Germany; <sup>3</sup>IT University of Copenhagen, Denmark

### 4:30pm - 4:45pm

#### Factors promoting and inhibiting performance and well-being of Indian elite shooters

Shivjot Gill, Sanjeev P. Sahni, Mohita Junnarkar

*O.P Jindal Global University, Haryana, India*

### 4:45pm - 5:00pm

#### Effects of function specific instruction on the effectiveness of frontal midline theta neurofeedback training

Tai-Ting Chen<sup>1</sup>, Cheng-Wei Kao<sup>1</sup>, Wen-Hsuan Chang<sup>1</sup>, Kuan-Fu Chen<sup>1</sup>, Kao-Hung Lin<sup>1</sup>, Eric Hung<sup>2</sup>, Chih-Yen Chang<sup>1</sup>, Chung-Ju Huang<sup>3</sup>, Tsung-Min Hung<sup>1</sup>

<sup>1</sup>National Normal Taiwan University, Taiwan; <sup>2</sup>Chinese Culture University, Taiwan;

<sup>3</sup>University of Taipei, Taiwan

### 5:00pm - 5:15pm

#### Development of a short form of the self-regulated learning for sport practice survey

Stuart G. Wilson<sup>1</sup>, Bradley W. Young<sup>1</sup>, Lindsay McCardle<sup>1,2</sup>, Sharleen Hoar<sup>3</sup>, Joseph Baker<sup>2</sup>

<sup>1</sup>University of Ottawa, Canada; <sup>2</sup>York University, Canada; <sup>3</sup>Canadian Sport Institute - Pacific

### 5:15pm - 5:30pm

#### A cross-cultural study of the sport happiness perception among Korean, Chinese, and Japanese elite swimming athletes

Chen Gong<sup>2</sup>, Jin Hwang<sup>1</sup>

<sup>1</sup>Chonbuk National University, Korea, South Korea; <sup>2</sup>Northeast Electric Power University

## Symposium 22: A holistic perspective on coaching athletes through transitional challenges

DAY / TIME Wednesday 17/Jul/2019: 4:00pm – 5:30pm

LOCATION S 9 – Cologne

SESSION CHAIR Koen De Brandt, Vrije Universiteit Brussel

DISCUSSANT Paul Wylleman, Vrije Universiteit Brussel, TeamNL NOC\*NSF

#### The cultural transition of Dutch baseball players to baseball in the United States: Tasks and required psychological competencies

Suzan Blijlevens<sup>2,1</sup>, Paul Wylleman<sup>2</sup>, Kayan Bool<sup>2,3</sup>, Chris Visscher<sup>2,3</sup>, Marije Elferink-Gemser<sup>2,3</sup>

<sup>1</sup>Vrije Universiteit Brussel, <sup>2</sup>TeamNL NOC\*NSF, <sup>3</sup>Rijksuniversiteit Groningen

#### The roles and competencies of player-development managers in European football

Sofie Smismans<sup>1,3</sup>, Paul Wylleman<sup>2,3</sup>, Simon Defruyt<sup>1,3</sup>, Koen De Brandt<sup>1,3</sup>

<sup>1</sup>Vrije Universiteit Brussel, <sup>2</sup>Vrije Universiteit Brussel, <sup>3</sup>TeamNL NOC\*NSF

#### Helping former elite athlete changing irrational beliefs about healthy physical activity

Anna Jordana<sup>1</sup>, Yago Ramis<sup>1</sup>, Javi Vega<sup>2</sup>, Susana Regüela<sup>2</sup>, Miquel Torregrossa<sup>1</sup>

<sup>1</sup>Universitat Autònoma de Barcelona, <sup>2</sup>Centre d'Alt Rendiment Esportiu de Sant Cugat del Vallès

#### Exploring coaches' use of planned disruptions in talent development and elite sports

Jolan Kegelaers<sup>1,3</sup>, Paul Wylleman<sup>2,3</sup>, Raoul Oudejans<sup>1,3</sup>

<sup>1</sup>Amsterdam University of Applied Sciences, The Netherlands, <sup>2</sup>Vrije Universiteit Brussel, <sup>3</sup>Belgium, <sup>3</sup>TeamNL NOC\*NSF

#### Supporting student-athletes with their social challenges: Dual career support providers' perspectives

Simon Defruyt<sup>1</sup>, Paul Wylleman<sup>1,2</sup>, Koen De Brandt<sup>1</sup>

<sup>1</sup>Vrije Universiteit Brussel, <sup>2</sup>Belgium <sup>2</sup>TeamNL NOC\*NSF, <sup>3</sup>Belgium

### Symposium 23: 50 years of performance enhancement: time to shift the future emphasis to mental health and well-being

**DAY / TIME** Wednesday 17/Jul/2019: 4:00pm – 5:30pm  
**LOCATION** S 8 – Copenhagen  
**SESSION CHAIR** Tadhg E. MacIntyre, University of Limerick  
**DISCUSSANT** Jürgen Beckmann, Technical University Munich

#### Irish athletes' attitudes towards psychological help-seeking: a large-scale online survey

Jessie Barr, Tadhg E. MacIntyre, Giles Warrington  
*University of Limerick, Ireland*

#### Applying a two-continua model of mental health to athletes

Insa Nixdorf, Raphael Nixdorf  
*Technical University Munich, Germany*

#### A survey of practitioner sport psychologists understanding of mental health issues: a vignette-based approach

Tadhg E. MacIntyre<sup>1</sup>, Robert Vaughan<sup>2</sup>, Jürgen Beckmann<sup>3</sup>, Aisling Holton<sup>1</sup>, Marc O'Donovan-Dwyer<sup>1</sup>  
<sup>1</sup>University of Limerick, Ireland <sup>2</sup>York St. Johns University, UK <sup>3</sup>Technical University Munich, Germany

#### An investigation of mental health commitment and utilisation among NCAA athletes referred to mental health professionals

Bradley Donohue, Stephen Benning  
*University of Nevada, USA*

### Symposium 24: Mental health in sport case studies

**DAY / TIME** Wednesday 17/Jul/2019: 4:00pm – 5:30pm  
**LOCATION** VSH 118 – Nottingham  
**SESSION CHAIR** Stewart Cotterill, AECC University College, UK

#### Receiving services from the Canadian Centre for Mental Health and Sport: The perspective of an elite athlete and the care team

Natalie Durand-Bush  
*University of Ottawa*

#### Four steps in the development of a Wellbeing in Sport Action Plan for Northern Ireland: Research to practice

Gavin Breslin  
*University of Ulster*

#### Rowing to excess: A road to physical and mental health recovery for a division I athlete

Sharon Chirban  
*Amplify Wellness + Performance, LLC, Owner; Boston Children's Hospital*

#### Case study of mental health and positive psychological climate development in an amateur rugby club

Stewart Cotterill  
*AECC University College*

### Workshop 10: Neuroscience in shooting and team sports – neuroshooting and team flow

**DAY / TIME** Wednesday 17/Jul/2019: 4:00pm – 5:30pm  
**LOCATION** VSH 19 – Paris  
**SESSION CHAIR** Ágota Lénárt, University of Physical Education

### Workshop 11: Critical realism in qualitative and mixed methods research in sport and exercise psychology

**DAY / TIME** Wednesday 17/Jul/2019: 4:00pm – 5:30pm  
**LOCATION** VSH 06 – Bad Blankenburg  
**SESSION CHAIR** Noora J. Ronkainen, University of Jyväskylä  
 Tatiana V. Ryba, University of Jyväskylä

### Workshop 12: Introduction to the program “I Play (cause) I Feel” addressed to sport psychology practitioners in youth sports.

**DAY / TIME** Wednesday 17/Jul/2019: 4:00pm – 5:30pm  
**LOCATION** VSH 17 – Westphalia  
**SESSION CHAIR** Alexandra Markati, Kapodistrian and National University



## THURSDAY

### Featured Symposium 07: Physical education teacher autonomy support training to promote leisure-time physical activity in students (petals) intervention

DAY / TIME	Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION	S 10 – Münster
SESSION CHAIR	Martin S. Hagger, Curtin University Taru Lintunen, University of Jyväskylä
DISCUSSANT	Glyn C. Roberts, Norwegian School of Sport Sciences

#### Theoretical basis of the PETALS intervention program: the trans-contextual model

Martin Hagger<sup>1</sup>, Mary Hassandra<sup>2</sup>, Arto Laukkanen<sup>3</sup>, Juho Polet<sup>3</sup>, Nelli Hankonen<sup>4</sup>, Mirja Hirvensalo<sup>3</sup>, Taru Lintunen<sup>3</sup>

<sup>1</sup>Curtin University, Australia and University of Jyväskylä, Finland <sup>2</sup>University of Thessaly, Greece and Faculty of Sport and Health Sciences, University of Jyväskylä, Finland, <sup>3</sup>University of Jyväskylä, Finland, <sup>4</sup>University of Helsinki, Finland

#### Predicting change in out-of-school physical activity using the trans-contextual model

Juho Polet<sup>1</sup>, Martin Hagger<sup>2</sup>, Maiken Hansen<sup>1</sup>, Taru Lintunen<sup>1</sup>

<sup>1</sup>University of Jyväskylä, Finland, <sup>2</sup>Curtin University, Australia and University of Jyväskylä

#### Description of the development of the PE teacher autonomy-support training to promote leisure-time physical activity

Mary Hassandra<sup>1</sup>, Arto Laukkanen<sup>2</sup>, Taru Lintunen<sup>2</sup>, Juho Polet<sup>2</sup>, Nelli Hankonen<sup>3</sup>, Mirja Hirvensalo<sup>2</sup>, Martin Hagger<sup>4</sup>

<sup>1</sup>University of Thessaly, Greece and University of Jyväskylä, Finland, <sup>2</sup>University of Jyväskylä, Finland, <sup>3</sup>University of Helsinki, Finland, <sup>4</sup>Curtin University, Australia and University of Jyväskylä, Finland

#### Implementation of the PETALS program

Arto Laukkanen<sup>1</sup>, Mary Hassandra<sup>2</sup>, Juho Polet<sup>1</sup>, Marjo Rantalainen<sup>1</sup>, Elisa Kaaja<sup>1</sup>, Martin Hagger<sup>3</sup>, Taru Lintunen<sup>1</sup>

<sup>1</sup>University of Jyväskylä, Finland, <sup>2</sup>University of Thessaly, Greece and University of Jyväskylä, Finland, <sup>3</sup>Curtin University, Australia and University of Jyväskylä, Finland

#### Acceptability of the PETALS program to promote autonomous motivation toward physical activity

Taru Lintunen<sup>1</sup>, Mary Hassandra<sup>2</sup>, Juho Polet<sup>1</sup>, Nelli Hankonen<sup>3</sup>, Mirja Hirvensalo<sup>1</sup>, Martin Hagger<sup>4</sup>

<sup>1</sup>University of Jyväskylä, Finland, <sup>2</sup>University of Thessaly, Greece University of Jyväskylä, Finland, <sup>3</sup>University of Helsinki, Finland, <sup>4</sup>Curtin University, Australia and University of Jyväskylä, Finland

### Featured Symposium 08: Mindfulness and acceptance-based interventions in elite sports: moving beyond performance enhancement

DAY / TIME	Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION	VSH 118 – Nottingham
SESSION CHAIR	Karin Moesch, Swedish Sports Confederation Johan Ekengren, Halmstad University

#### Less talk and more action please: youth national Handball players' experiences of a Mindfulness Training Program

Line Maj Nielsen<sup>1</sup>, Walter Staiano<sup>2</sup>, Ulrich Kirk<sup>1</sup>, Kristoffer Henriksen<sup>1</sup>

<sup>1</sup>University of Southern Denmark, Denmark, <sup>2</sup>Universidad de Valencia, Spain

#### Letting values guide a career decision: an acceptance and commitment therapy (ACT) intervention with a Swedish handball player

Johan Ekengren

Halmstad University, Sweden

#### Dealing with panic attacks and anxiety: the case of a Danish Olympic swimmer in troublesome waters

Carsten Hvid Larsen

University of Southern Denmark

#### A mindfulness and acceptance-based intervention with injured athletes

Karin Moesch<sup>1</sup>, Andreas Ivarsson<sup>2</sup>, Urban Johnson<sup>2</sup>

<sup>1</sup>Halmstad University & Swedish Sports Confederation, <sup>2</sup>Halmstad University

#### Using mindfulness with an athlete with a long-term injury

Cristina Fink

HPSports

### Invited Panel 02: Supervision in Applied Sport Psychology: developing good practice for the ISSP-Registry (ISSP-R)

**DAY / TIME** Thursday, 18/Jul/2019 8:30am – 10:00am  
**LOCATION** Aula im Schloss – Europe  
**SESSION CHAIR** Chris Harwood, Loughborough University

#### panel participants:

Chris Harwood<sup>1</sup>, Artur Poczwadowski<sup>2</sup>, Tatiana Ryba<sup>3</sup>, Ernest Hung<sup>4</sup>, Ale Quartiroli<sup>5</sup>  
<sup>1</sup>Loughborough University; <sup>2</sup>University of Denver; <sup>3</sup>University of Jyväskylä; <sup>4</sup>National Taiwan Normal University, Taiwan; <sup>5</sup>University of Wisconsin, USA

### Panel 01: Child protection and well-being in sport: what can sport psychologists do to prevent abuse and violence?

**DAY / TIME** Thursday, 18/Jul/2019 8:30am – 10:00am  
**LOCATION** VSH 219 – Brussels  
**SESSION CHAIR** Anastasiya Khomutova, University of Brighton  
 Snezana Stoljarova, Tallinn University/ESTIPP OÜ private consultancy

#### Panel participants:

Anastasiya Khomutova<sup>1</sup>, Snežana Stoljarova<sup>2</sup>, Konstantin Bocharov<sup>3</sup>  
<sup>1</sup>University of Brighton, UK; <sup>2</sup>Tallinn University, Estonia; <sup>3</sup>Moscow Institute of Psychoanalysis, Moscow, Russia

### Paper Session 26: Injury and Prevention

**DAY / TIME** Thursday, 18/Jul/2019 8:30am – 10:00am  
**LOCATION** Senatssaal – Prague  
**SESSION CHAIR** Daniel John Madigan, York St John University

#### 8:30am - 8:45am

#### Knowing when to push through the pain: interoception and overuse-injury risk in endurance athletes

Richard Keegan, Rachel Tallent  
 University of Canberra, Australia

#### 8:45am - 9:00am

#### The model of sport injury socioculture: a socio-ecological view of the psychological, social, and cultural aspects of sport injury

Diane M. Wiese-Bjornstal  
 University of Minnesota, USA

#### 9:00am - 9:15am

#### Sport injury prevention and the reciprocal relationships between self-determination theory and the theory of planned behaviour

Derwin K. C. Chan<sup>1,2</sup>, Lei Zhang<sup>3</sup>, Alfred Sing Yeung Lee<sup>4</sup>, Kiko Leung<sup>4</sup>, Martin Hagger<sup>2,5</sup>

<sup>1</sup>Education University of Hong Kong, Hong Kong S.A.R. (China); <sup>2</sup>Curtin University, Australia; <sup>3</sup>Renmin University of China, China; <sup>4</sup>The University of Hong Kong, Hong Kong; <sup>5</sup>University of Jyväskylä, Finland

#### 9:15am - 9:30am

#### Importance of affective and motivational states for compliance to physical rehabilitation in hemiplegic and low back pain patients

Mauraine Carlier<sup>1</sup>, Paoline Hoba<sup>1</sup>, Alexandre Coulomb<sup>2</sup>, Yves Martin<sup>2</sup>, Yvonne N. Delevoeye<sup>1</sup>  
<sup>1</sup>Univ. Lille, CNRS, CHU Lille, UMR 9193 - SCALab - Sciences Cognitives et Sciences Affectives, 59000 Lille, France; <sup>2</sup>Centre L'Espoir, 25 Pavé du Moulin, 59260 Lille, France

#### 9:30am - 9:45am

#### Psychological risk profiles for overuse injuries in sport: a prospective study

Simon Martin<sup>1</sup>, Urban Johnson<sup>2</sup>, Alan McCall<sup>3</sup>, Andreas Ivarsson<sup>2</sup>

<sup>1</sup>Université de Picardie Jules Verne, APERE, Amiens, France; <sup>2</sup>Halmstad University, Sweden; <sup>3</sup>Arsenal Football Club Performance and Research Department, London, UK

### Paper Session 27: Sport Participation and Deviant Behavior

**DAY / TIME** Thursday, 18/Jul/2019 8:30am – 10:00am  
**LOCATION** S 8 – Copenhagen  
**SESSION CHAIR** Michael Kellmann, Ruhr University Bochum

#### 8:30am - 8:45am

#### An exploratory study to examine the tenets of Deviation Regulation Theory in relation to adults' physical activity intentions

Alyson J Crozier<sup>1</sup>, Kristyn L Taylor<sup>2</sup>

<sup>1</sup>University of South Australia, Australia; <sup>2</sup>University of Adelaide, Australia

**8:45am - 9:00am****Paradigm shift and challenges in sports participation among Indian women from different regions**Jayashree Acharya<sup>1</sup>, Alka Nayak<sup>2</sup>, Shailaja Mohan<sup>3</sup>, Shyam Sundar Rath<sup>4</sup><sup>1</sup>National Sports University, Manipur, India; <sup>2</sup>RDVV University Jabalpur, M.P, India; <sup>3</sup>Sports Authority of India, LNIPE, Trivandrum, Kerala, India; <sup>4</sup>National Sports University, Manipur, India**9:00am - 9:15am****The relationship between behavior problems and the duration of acute exercise in children with ADHD: the role of frontal asymmetry**Ting-Yu Chueh<sup>1</sup>, Yu-Jung Tsai<sup>1</sup>, Chung-Ju Huang<sup>2</sup>, Tsung-Min Hung<sup>1</sup><sup>1</sup>National Taiwan Normal University, Taiwan; <sup>2</sup>University of Taipei, Taiwan, ROC**9:15am - 9:30am****Individually targeted health-apps for families: a content analysis of guided interviews**

Hannes Baumann, Charlotte Meixner, Annika Fenger, Christian Spreckels, Bettina Wollesen

University of Hamburg, Germany

**9:30am - 9:45am****This girl can: an ecological approach to investigating physical activity behaviour in urban females**

Reisha Hull, Rita de Oliveira, Katya Mileva, Lisa Zaidell

London South Bank University, UK

**Paper Session 28: Body Image and Embodied Cognition**

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am

LOCATION S 9 – Cologne

SESSION CHAIR Ronnie Lidor, The Academic College at Winhgate

**8:30am - 8:45am****Examination of actual:ideal discrepancies on body-related pride in adult males**

Kristen M. Lucibello, Robert A. Mackowiak, Jenna D. Gilchrist, Catherine M. Sabiston

University of Toronto, Canada

**8:45am - 9:00am****Dynamic mechanism of aerobic and resistance training on body image improvement**

Lu Guo, Yubu Wang, Zhixiong Mao

Beijing Sport University, China

**9:00am - 9:15am****The mirror's curse: body image mediates the relationship between physical activity and life satisfaction among 700,000 teens**

Silvia Meyer, Rebekka Weidmann, Alexander Grob

University of Basel, Switzerland

**9:15am - 9:30am****Effect of power poses on emotional experiences during physical activity**

Saina Yu, Lizhong Chi

Beijing Sport University, China

**9:30am - 9:45am****Body-related self-conscious emotions in youth sport: a research program focused on keeping more girls in sport (and liking it)**Catherine M. Sabiston<sup>1</sup>, Eva Pila<sup>2</sup>, Alyona Koulanova<sup>1</sup><sup>1</sup>University of Toronto; <sup>2</sup>Western University**9:45am - 10:00am****Body-related self-conscious emotions and physical activity: a latent class analysis**Eva Pila<sup>1</sup>, Jenna D Gilchrist<sup>2</sup>, Amy Nesbitt<sup>3</sup>, Catherine M. Sabiston<sup>3</sup><sup>1</sup>Western University, Canada; <sup>2</sup>The Pennsylvania State University, USA;<sup>3</sup>University of Toronto, Canada**Paper Session 29: Motivation**

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am

LOCATION VSH 116 – Varna

SESSION CHAIR Julia Schüler, University of Konstanz

**8:30am - 8:45am****Autonomy support in physical education promotes autonomous motivation towards leisure-time physical activity: evidence from a sample**Kahar Abula<sup>1</sup>, Andreas Heissel<sup>1</sup>, Michael Rapp<sup>1</sup>, Anou Pietrek<sup>1</sup>, Jürgen Beckmann<sup>2,3</sup>, Zhongkai He<sup>4</sup>, Chengwa Cheong<sup>4</sup>, Fuquan Lu<sup>4</sup>, Peter Gröpel<sup>5</sup><sup>1</sup>University of Potsdam, Potsdam, Germany; <sup>2</sup>Technical University of Munich, Germany;<sup>3</sup>University of Queensland, Brisbane, Australia; <sup>4</sup>Peking University, Beijing, China; <sup>5</sup>University of Vienna, Austria

**8:45am - 9:00am**

Does age matter? A qualitative comparison of motives and aspects of risks in adolescent and adult free-riders

Anika Frühauf, Julian Zenzmaier, Martin Kopp  
*University of Innsbruck, Austria*

**9:00am - 9:15am**

Sport motivation and risk behaviour in adolescents

Jiri Mudrak, Katerina Zabrodská  
*Charles University in Prague, Czech Republic*

**9:15am - 9:30am**

Linking motivational climate in sport and physical education to day-to-day moral behaviour in adolescents

Nicholas Stanger, Susan Backhouse, Eoin Murray, Jim McKenna  
*Leeds Beckett University, UK*

**9:30am - 9:45am**

Influence of autonomous motivation in PE class on Chinese collegiate student's leisure-time PA: a prospective study

Zhixiong Mao, Lin Liang, Lu Guo  
*Beijing Sport University, China*

**9:45am - 10:00am**

Gamification related sport and wellness technology motivating towards physical activity: an intervention study among teenagers

Eeva Kristiina Kettunen, Tuomas Kari, Marja Kokkonen  
*University of Jyväskylä, Finland*

**Paper Session 30: Coaches, Coaching and Coaching Education**

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am  
LOCATION VSH 17 – Westphalia  
SESSION CHAIR Krista Munroe-Chandler, University of Windsor

**8:30am - 8:45am**

The development and implementation of a coaching vision of distinguished high performance Ice Hockey coaches

Gordon Bloom<sup>1</sup>, David Urquhart<sup>1</sup>, Todd M. Loughead<sup>2</sup>  
<sup>1</sup>McGill University, Canada; <sup>2</sup>University of Windsor, Canada

**8:45am - 9:00am**

Exploring the influence of the parasport coach on the personal and professional well-being of female Paralympic athletes

Danielle Alexander<sup>1</sup>, Gordon Bloom<sup>1</sup>, Shaunna Taylor<sup>2</sup>  
<sup>1</sup>McGill University, Canada; <sup>2</sup>The University of British Columbia, Canada

**9:00am - 9:15am**

Developing, conducting, and evaluating a life-skills coaching education program for competitive youth football

Lucas Silvestre Capalbo  
*Michigan State University, Canada*

**9:15am - 9:30am**

Mindful sport performance enhancement for a college team: including a coach's perspective

Megan Hut, Thomas O'Connor Minkler, Carol R. Glass  
*The Catholic University of America, USA*

**9:30am - 9:45am**

10 basic psychological principles of high performance and effective self-regulation

Nico W. Van Yperen  
*University of Groningen, The Netherlands*

**9:45 - 10:00**

Gender invariance of the group environment questionnaire in a collegiate athlete sample

Sebastian Harenberg<sup>1</sup>, Kyle Paradis<sup>2</sup>, Luc J. Martin<sup>3</sup>, Svenja A. Wolf<sup>4</sup>, Erwin Karremans<sup>5</sup>  
<sup>1</sup>Ithaca College, USA; <sup>2</sup>University of Windsor, Canada; <sup>3</sup>Queen's University, Canada; <sup>4</sup>University of Amsterdam, The Netherlands; <sup>5</sup>Saskatchewan Health Authority, Canada

### Symposium 25: Self-regulation of endurance performance: novel research findings

**DAY / TIME** Thursday, 18/Jul/2019 8:30am – 10:00am  
**LOCATION** H 2 – Bern  
**SESSION CHAIR** Carla Meijen, St Mary's University, London

#### RESIST: understanding the urge to stop or slow down in endurance running events

Carla Meijen<sup>1</sup>, Noel Brick<sup>2</sup>, Andrew Lane<sup>3</sup>, David Marchant<sup>4</sup>, Samuele Marcora<sup>5</sup>, Dominic Micklewright<sup>6</sup>, Alister McCormick<sup>7</sup>

<sup>1</sup>St Mary's University, UK, <sup>2</sup>Ulster University, UK, <sup>3</sup>University of Wolverhampton, UK, <sup>4</sup>Edge Hill University, UK, <sup>5</sup>University of Kent, University of Bologna, Italy, <sup>6</sup>University of Essex, <sup>7</sup>Plymouth Marjon University, UK

#### Brief interventions for self-efficacy

Paul Anstiss<sup>1</sup>, Carla Meijen<sup>2</sup>, Alister McCormick<sup>3</sup>, Samuele Marcora<sup>4</sup>

<sup>1</sup>University of Birmingham, UK, <sup>2</sup>St Mary's University, UK, <sup>3</sup>Plymouth Marjon University, UK, <sup>4</sup>University of Kent, University of Bologna, Italy

#### Psychobiology of pace self-regulation (pacing) during endurance competitions

Samuele Marcora<sup>1</sup>, Benjamin Pageaux<sup>2</sup>

<sup>1</sup>University of Kent, UK, University of Bologna, Italy <sup>2</sup>University of Montreal, Canada

#### Mental toughness variability opportunities

K. Bradford Cooper<sup>1</sup>, Mark Wilson<sup>2</sup>, Martin Jones<sup>2</sup>

<sup>1</sup>University of Exeter, UK, US Corporate Wellness, <sup>2</sup>University of Exeter

#### Self-regulation of endurance performance: a cognitive perspective

David Marchant, Lorcan Cronin, Lars McNaughton, Robert Hyland-Monks  
 Edge Hill University, UK

### Symposium 26: Perception-action coupling in sport: Current perspectives from the UK, The Netherlands, Switzerland, and Germany

**DAY / TIME** Thursday, 18/Jul/2019 8:30am – 10:00am  
**LOCATION** H 3 – Madeira  
**SESSION CHAIR** André Klostermann, University of Bern  
 Florian Loffing, Carl von Ossietzky University Oldenburg

#### The Quiet Eye and the especial-skill effect in basketball set shots

André Klostermann

University of Bern, Switzerland

#### Testing the costs and benefits of peripheral vision in basketball defence in a VR environment

Christian Vater

University of Bern, Switzerland

#### Anxiety during penalty kick in football: Implications on gaze, visual attention and motor performance

Martina Navarro

University of Portsmouth, UK

#### Gaze during stroboscopic training: Less predictive behaviour rather than more?

David L. Mann<sup>1</sup>, Hiroki Nakamoto<sup>2</sup>, Gioele Salvadori<sup>3</sup>

<sup>1</sup>Vrije Universiteit Amsterdam, The Netherlands, <sup>2</sup>National Institute of Fitness and Sports in Kanoya, Japan, <sup>3</sup>University of Bologna, Italy

#### On the influence of contextual information on female players' gaze behaviour during the defence of volleyball attacks

Tim Lüders, Jörg Schorer, Florian Loffing

University of Oldenburg, Germany

## Symposium 27: Resilience in sport and performance psychology: multi-level perspectives

**DAY / TIME** Thursday, 18/Jul/2019 8:30am – 10:00am  
**LOCATION** H 4 – Chalkidiki  
**SESSION CHAIR** Mustafa Sarkar, Nottingham Trent University

### Quantifying resilience as a state-like process: longitudinal growth curve analysis of resilience in the workplace

Christopher Bryan, Tadhg MacIntyre  
*University of Limerick, Ireland*

### Designing and evaluating a preliminary pressure training intervention to develop resilience in female basketball players

Jolan Kegelaers<sup>1</sup>, Paul Wylleman<sup>1</sup>, Raoul Oudejans<sup>2</sup>  
<sup>1</sup>Vrije Universiteit Brussel, Belgium, <sup>2</sup>Vrije Universiteit Amsterdam, The Netherlands

### Developing team resilience: a season-long investigation of a national league winning semi-professional rugby union team

Paul Morgan<sup>1</sup>, David Fletcher<sup>2</sup>, Mustafa Sarkar<sup>3</sup>  
<sup>1</sup>Buckinghamshire New University, UK, <sup>2</sup>Loughborough University, UK, <sup>3</sup>Nottingham Trent University, UK

### A multilevel and dynamic perspective of team resilience

Daniel Gucciardi  
*Curtin University, Australia*

### Defining and characterising organisational resilience in elite sport

Kirsten Fasey<sup>1</sup>, Mustafa Sarkar<sup>1</sup>, Chris Wagstaff<sup>2</sup>, Julie Johnston<sup>1</sup>  
<sup>1</sup>Nottingham Trent University, UK, <sup>2</sup>University of Portsmouth, UK

## Workshop 13: Causal inferences in sport and exercise psychology research: what to do when randomization is not an option?

**DAY / TIME** Thursday, 18/Jul/2019 8:30am – 10:00am  
**LOCATION** VSH o6 – Bad Blankenburg  
**SESSION CHAIR** Andreas Karl Stenling, Umeå University  
 Andreas Ivarsson, Halmstad University

## Workshop 14: Heart rate variability in sport psychology: applications of the vagal tank theory

**DAY / TIME** Thursday, 18/Jul/2019 8:30am – 10:00am  
**LOCATION** VSH 19 – Paris  
**SESSION CHAIR** Sylvain Laborde, German Sport University Cologne  
 Emma Victoria Mosley, Solent University

## Workshop 15: Evolution of learning for future force readiness

**DAY / TIME** Thursday, 18/Jul/2019 8:30am – 10:00am  
**LOCATION** VSH 18 – Edinburgh  
**SESSION CHAIR** ChangHyun Ko, Science Applications International Corporation

## Poster Session Thursday

**DAY / TIME** Thursday, 18/Jul/2019 10:15am – 11:15am  
**LOCATION** Marquee  
**SESSION CHAIR** Raoul R.D. Oudejans, Vrije Universiteit Amsterdam

### 3.01 Department of psychology in a Peruvian professional soccer club: creation and implementation in the formative divisions

Dante Nieri  
*University of Lima, Peru*

### 3.02 Conceptualisation of parental involvement in Asia competitive sports

Ting-Wen Wang  
*Feng Chia University, Taiwan*

### Psychological competences of athletes in collective sports

Paula Teixeira Fernandes<sup>1,2</sup>, Marina Belizário de Paiva Vidual<sup>1,2</sup>  
<sup>1</sup>UNICAMP, Brazil; <sup>2</sup>GEPEN, FEF-UNICAMP, Brazil

### 3.03 Medial presentation of mental health problems of elite athletes – An examination of German newspapers and magazines

Marion Sulprizio, Johanna Belz, Sven Serwuschok  
*German Sport University Cologne, Germany*



### 3.04 Relative age effect and birthplace effect in 18-19 year-old athletes and how they perceive these environmental effects

Ronnie Lidor, Mayyan Zohar, Michal Arnon  
*The Academic College at Winhgate, Israel*

### 3.05 Developmental changes in the accuracy of performance predictions in rope skipping

Sabine Schaefer, Nicole Frisch  
*Saarland University, Germany*

### 3.06 The relationship of emotional skills and stress: the mediating role of coping strategies

Alina Schäfer, Fabian Pels, Jens Kleinert  
*German Sport University Cologne, Germany*

### 3.07 Learning of teenage athletes by psychological skills in realisation by them of “dual” career

Elena Evgenievna Hvatskaya<sup>1</sup>, Natalia Leonidovna Ilina<sup>2</sup>  
<sup>1</sup>*The P.F.Lesgaft National State University of Physical Culture, Sport and Health, Saint-Petersburg, Russia;* <sup>2</sup>*Saint-Petersburg State University, Russia*

### 3.08 Religiosity and the use of religious ways of coping among Christian athletes during sport injury recoveries

Diane M. Wiese-Bjornstal, Kristin N. Wood, Francesca M. Principe,  
Emma S. Schwartz  
*University of Minnesota, USA*

### 3.09 Certification in sport psychology - reflections of the German and Austrian Qualification Model

Christopher Willis<sup>1</sup>, Sebastian Brueckner<sup>2</sup>, Bernd Strauss<sup>2</sup>  
<sup>1</sup>*Center of Mental Excellence, Austria;* <sup>2</sup>*University of Münster, Germany*

### 3.10 Nirvana Fallacy in athletes. When the good and the best do not mean the same

Juan González-Hernandez<sup>1</sup>, Abel Nogueira-López<sup>2</sup>, Antonio Jesús Muñoz-Villena<sup>3</sup>, Diana Garita-Campos<sup>4</sup>  
<sup>1</sup>*University of Granada, Spain;* <sup>2</sup>*University of Leon, Spain;* <sup>3</sup>*University Autonomous of Madrid, Spain;* <sup>4</sup>*University of Granada, Spain*

### 3.11 Comparing psychological competitive abilities of Japanese Rio de Janeiro 2016 and PyeongChang 2018 Olympic Athletes

Yasuhisa Tachiya, Joyo Sasaki  
*Japan Institute of Sport Sciences, Japan*

### 3.12 Development of psychological skills of coaches at the Coaching Academy in Poland in years 2017-2018

Marcin Krawczyński<sup>1,2</sup>, Piotr Marek<sup>3</sup>, Dariusz Nowicki<sup>4</sup>  
<sup>1</sup>*Atheneum University in Gdańsk, Poland;* <sup>2</sup>*Academy of Sport Education in Warsaw, Poland;* <sup>3</sup>*Institute of Sport in Warsaw, Poland;* <sup>4</sup>*Counselling and Training Agency „Korio“ in Olsztyn, Poland*

### 3.13 Prevalence of burnout syndrome among junior basketball players

Anna Ussorowska  
*University of Gdańsk, Poland*

### 3.14 Understanding Personality Traits in Coach-Athlete Dyads

Joseph R Stanford, Laura Catherine Healy, Julie Johnston, Mustafa Sarkar  
*Nottingham Trent University, UK*

### 3.15 Connection with Teammates and Perceptions of Engagement in Adolescent Athletes

Christine Ellen Pacewicz, Alan L. Smith  
*Michigan State University, USA*

### 3.16 Psychometric properties of the Spanish version of the Dual Career Survey

José L. Chamorro<sup>1</sup>, Rubén Moreno Castellanos<sup>1</sup>, Raúl Sánchez<sup>1</sup>, Miquel Torregrossa<sup>2</sup>, Tomás García Calvo<sup>3</sup>  
<sup>1</sup>*Universidad Europea de Madrid;* <sup>2</sup>*Universitat Autònoma de Barcelona;* <sup>3</sup>*Universidad de Extremadura, Spain*

### 3.17 Winning relationships: a psychosocial approach to talent development

Eleonora Reverberi, Caterina Gozzoli  
*Università Cattolica del Sacro Cuore Milano, Italy*

### 3.18 Doping-related Media Literacy and Social-cognitive Mechanisms Underpinning Doping Use

Luca Mallia<sup>1</sup>, Arnaldo Zelli<sup>1</sup>, Laura Bortoli<sup>2</sup>, Andrea Chirico<sup>3</sup>, Cristiana Conti<sup>2</sup>, Pierluigi Diotaiuti<sup>4</sup>, Massimo Filippini<sup>3</sup>, Claudio Robazza<sup>2</sup>, Francesca Vitali<sup>5</sup>, Thomas Zandonai<sup>6</sup>, Fabio Lucidi<sup>3</sup>  
<sup>1</sup>*University of Rome Foro Italico, Italy;* <sup>2</sup>*University “G. D’Annunzio”, Chieti-Pescara, Italy;* <sup>3</sup>*Sapienza, University of Rome, Italy;* <sup>4</sup>*University of Cassino, Italy;* <sup>5</sup>*University of Verona, Italy;* <sup>6</sup>*University of Granada, Spain*

### 3.19 An exploration of the relationship between representativeness of warm-up drills and performance in elite baseball players.

Matthew McCue, Nick Wattie  
*University of Ontario, Canada*

### 3.20 What Good are Positive Emotions (PE) for Athletes? Mental resources mediating the link between PE and thriving in ice hockey

Katrin Werkhausen, Anja Chevaliér

*German Sport University Cologne, Germany*

### 3.21 Development and evaluation of a value-based doping prevention program for young athletes

Theresa Manges, Anne-Marie Elbe

*Leipzig University, Germany*

### 3.22 Health psychological case study of high intensity, low impact, physical training programme

Stephen David Edwards, David John Edwards

*University of Zululand, South Africa, South Africa*

### 3.23 A self-determination theory-based preventive intervention programme for pre-service PE teachers

Hanna Raven

*German Sport University Cologne, Germany*

### 3.24 The habit strength of physical activity: Characterisation and properties compared with smoking and pinball game

Kazushi Takami

*Kobe University, Japan*

### 3.25 The role of exercise participation on body dissatisfaction, drive for thinness and muscularity, and exercise dependency

Maria-Christina Kosteli<sup>1</sup>, Charlotte Gurney<sup>2</sup>

<sup>1</sup>*Edge Hill University, UK*; <sup>2</sup>*Kingston University, UK*

### 3.26 Effects of sprint interval and continuous aerobic exercise training on motivation in patients with major depressive disorders

Markus Gerber<sup>1</sup>, Alice Minghetti<sup>1</sup>, Johannes Beck<sup>2</sup>, Lukas Zahner<sup>1</sup>, Lars Donath<sup>3</sup>

<sup>1</sup>*University of Basel, Switzerland*; <sup>2</sup>*Clinic Sonnenhalde, Riehen, Switzerland*; <sup>3</sup>*German Sport University Cologne, Cologne, Germany*

### 3.27 Dynamics of well-being of participants in Antarctic expeditions

Galina Dimitrova Domuschieva-Rogleva, Tatiana Stancheva Iancheva

*National Sports Academy „Vassil Levski“, Bulgaria*

### 3.28 Necessity of life skill programmes for female collegiate aesthetic athletes: review of studies of life skills of athletes in Japan

Yaeko Yamada, Hironobu Tsuchiya

*Osaka University of Health and Sport Science, Japan*

### 3.29 Adapted sport and quality of life: the Equal Sport For All (ESFA) project

Reka Zsanett Bondar, Laura Bortoli, Claudio Robazza, Maurizio Bertollo

*“G. d’Annunzio” University of Chieti-Pescara, Italy*

### 3.30 Psycho-social determinants of sedentary behaviour among older adults: a qualitative study

André Ramalho<sup>1</sup>, João Petrica<sup>1</sup>, António Fernando Rosado<sup>2</sup>

<sup>1</sup>*Instituto Politécnico de Castelo Branco, Portugal*; <sup>2</sup>*Faculdade de Motricidade Humana, Portugal*

### 3.31 Fundamental movement skills and physical self-concept: direct and indirect effects on physical activity of young children

Catherine M. Capiro<sup>1,2</sup>, Kathlynn F. Eguia<sup>3</sup>

<sup>1</sup>*The Education University of Hong Kong, Hong Kong S.A.R. (China)*; <sup>2</sup>*University of Waikato, New Zealand*; <sup>3</sup>*Therabilities Inc., Philippines*

### 3.32 Exploring perspectives of power in Athlete-to-Athlete sexual experiences in sport

Alexia E. Tam, Ashley Stirling, Gretchen Kerr

*University of Toronto, Canada*

### 3.33 Achievement goals of Brazilian athletes: a study about gender and types of sports

Ricardo Marinho de Mello de Pícoli<sup>1</sup>, António Rui da Silva Gomes<sup>2</sup>,

José Lino Oliveira Bueno<sup>1</sup>

<sup>1</sup>*Universidade de São Paulo, Brazil*; <sup>2</sup>*Universidade do Minho, Portugal*

### 3.34 Motivation for running in a half-marathon among university students

Karolina Chlebosz, Ewa Malchrowicz Mosko, Agata Korcz

*University School of Physical Education, Poland*

### 3.35 How is parental activity related to children’s physical activity behavior?

Djenna Hutmacher, Melanie Eckelt, Andreas Bund, Georges Steffgen

*University of Luxembourg, Luxembourg*

### 3.36 Using Text Mining to Analyze Female Students’ Introspective Reports After Yoga

Nao Shikanai

*Asia University, Japan*





### 3.37 Social identity shapes the perception and interpretation of social support in spatially peripheral group members

Melanie McInnes, Pete Coffee  
*University of Stirling, UK*

### 3.38 Phenomenological differences between individual flow and group flow

Pia Zajonz, Ann-Christin Engler, Fabian Hofmann, Simon Gundermann, Michael Bynoe, Fabian Pels  
*German Sport University Cologne, Germany*

### 3.39 Physically active college students have a better sexual health

Luka Leško, Renata Barić  
*University of Zagreb, Croatia*

### 3.40 Functional role of environmental perception of motor performance under pressure

Yoshifumi Tanaka<sup>1</sup>, Kenta Karakida<sup>1,2</sup>, Aiko Inada<sup>1</sup>, Yufu M. Tanaka<sup>3</sup>, Takayuki Murayama<sup>4</sup>  
<sup>1</sup>Mukogawa Women's University, Japan; <sup>2</sup>Osaka University of Health and Sport Sciences, Japan; <sup>3</sup>Kindai University, Japan; <sup>4</sup>Kanazawa University, Japan

### 3.41 The influence of core affect on cyclo-ergometer endurance performance

Selenia di Fronso, Antonio Aquino, Laura Bortoli, Cristina Montesano, Claudio Robazza, Maurizio Bertollo  
*University „G. d'Annunzio“ of Chieti-Pescara, Italy*

### 3.42 Learning from the past: the role of growth in sport-related memories

Maxime Lopes, Frederick L. Philippe  
*Université du Québec à Montréal, Canada*

### 3.43 Effects of coordination exercise intervention on motor skill and interference control in children with ADHD: an ERP study

Chi-Fang Lin<sup>1</sup>, Yu-Jung Tsai<sup>1</sup>, Ting-Yu Chueh<sup>1</sup>, Sin-Chi Liu<sup>1</sup>, Chung-Ju Huang<sup>2</sup>, Tsung-Min Hung<sup>1</sup>  
<sup>1</sup>National Taiwan Normal University, Taiwan; <sup>2</sup>University of Taipei, Taiwan

### 3.44 The objectivation of exercise-induced affect by facial expressions analysis: a methodological approach

Sinika Timme  
*University of Potsdam, Germany*

### 3.45 Effects of physical-exercise-induced stress on psychological condition and cortisol concentration of collegiate athletes

Yui Ogasawara, Takayuki Sugo  
*Osaka University Of Health And Sport Sciences, Japan*

### 3.46 The impact of aerobic fitness level on exercise effects on motor skill learning: a pilot study

Andrea Hung<sup>1</sup>, Marc Roig<sup>2</sup>, Catherine M. Sabiston<sup>1</sup>, Joyce L Chen<sup>1</sup>  
<sup>1</sup>University of Toronto, Canada; <sup>2</sup>McGill University, Canada

### 3.47 The impact of reward on motor skill learning

Eric Grießbach, Florian Müller, Rouwen Cañal-Bruland  
*Friedrich-Schiller-Universität, Germany*

### 3.48 Methodological considerations when using fNIRS in the assessment of cognitive control during whole-body motor behaviors

Ségolène M.R. Guérin, Marion Vincent, Yvonne N. Delevoeye  
*University Lille, France*

### 3.49 Linking Decision-Making Processes and Executive Functions in Young Soccer Players

Sinikka Heisler, Lisa Musculus, Babett Lobinger  
*German Sport University, Cologne, Germany*

### 3.50 A Single Case Study of Concentration and Stress for a Shooting Athletes with Disabilities: EEG Intervention

Moon Joo Oh, Jin Hwang  
*Chonbuk national university, Korea, South Korea*

### 3.51 When in doubt, it's not out: LBW decision making in elite level cricket umpires across match types.

Joshua Mark Adie<sup>1,2</sup>, Remco Polman<sup>1,2</sup>, David L. Mann<sup>3</sup>, Ian Renshaw<sup>1,2</sup>  
<sup>1</sup>Queensland University of Technology, Australia; <sup>2</sup>Institute of Biomedical Innovation, Australia; <sup>3</sup>Vrije Universiteit, The Netherlands

### 3.52 The sport mental training questionnaire: development and validation

Maciej Behnke<sup>1</sup>, Maciej Tomczak<sup>2</sup>, Łukasz Kaczmarek<sup>1</sup>, Marek Komar<sup>3</sup>, Jacek Gracz<sup>2</sup>  
<sup>1</sup>Adam Mickiewicz University, Poland; <sup>2</sup>University School of Physical Education Poznan, Poland; <sup>3</sup>low Performance, Edmonton, Canada

### 3.53 Markers of the drop-out phenomenon between the 1st and 2nd stage of the transition phase of girls in basketball

Hana Válková<sup>1</sup>, Štěpán Válek<sup>2</sup>  
<sup>1</sup>Masaryk University Brno, Czech Republic; <sup>2</sup>Czech-Moravian Basketball Federation



### 3.54 A longitudinal mixed-methods investigation of tajik coaches' experiences in a sport for development exchange training program

Lindsey Blom<sup>1</sup>, Robert Hilliard<sup>2</sup>, Lawrence Gerstein<sup>1</sup>, Lawrence Judge<sup>1</sup>, Ali Kanan<sup>1</sup>, Jorge Ballesteros<sup>3</sup>, James Johnson<sup>1</sup>

<sup>1</sup>Ball State University, USA; <sup>2</sup>West Virginia University, USA; <sup>3</sup>Arizona State University, USA

### 3.55 A phenomenology of violence in hand-to-hand in combat sports: from the MMA (Mixed Martial Arts) case to a normative criterion

Cristiano Roque Antunes Barreira

University of São Paulo, Brazil

### 3.56 A comparison of situational motivation, affective response, perceived climate and perceived success in baskin and basket players

Attilio Carraro, Erica Gobbi

University of Padua, Italy

### 3.57 Social emotional learning of male adolescent soccer players in relation to level of courage and individual variables

Erkut Konter

Dokuz Eylül University, Turkey

### 3.58 THE OTHER SIDE

Mohamed Chelali, Mohamed Yakout

university of zayan achour, Algeria

### 3.59 Brain dynamics during visual anticipation in sport

Sergio Costa, Pierpaolo Croce, Maurizio Bertollo, Filippo Zappasodi

"G. d'Annunzio" University of Chieti-Pescara, Italy

### 3.60 Exploring the relationship between chronic stress and sport orientation in young elite athletes

Carina Mnich

Karlsruhe Institute of Technology, Germany

### 3.61 Friendship selection and friends' influence in physical education. Joint dynamics of network and behaviour.

Jennifer Schmitz

Technische Universität Dortmund, Germany

### 3.62 Guiding youth sport coaches integrate psychological skills in their coaching practice in Iran

Amir Hossein Ashna<sup>1</sup>, Zahra Majdi<sup>2</sup>, Faezeh Aghayan gol kashani<sup>3</sup>

<sup>1</sup>Refah University, Iran; <sup>2</sup>Kharazmi University; <sup>3</sup>Tehran University

### 3.63 Effect of Mental and Combined (Mental and Physical) Practice On Learning Motor Skills in Volleyball

Pothula & Madhusudan Reddy

National Institute of Technology, India

### 3.64 The discriminative competencies of world-class beach volleyball players and their development in high-potential players

Suzan Jeanine Elize Blijlevens<sup>1,2,3</sup>, Paul Wylleman<sup>1,2</sup>, Kayan Bool<sup>2</sup>, Chris Visscher<sup>3</sup>, Marije Elferink-Gemser<sup>3</sup>

<sup>1</sup>Vrije Universiteit Brussel, Belgium; <sup>2</sup>NOC\*NSF, The Netherlands; <sup>3</sup>University Medical Center Groningen, University of Groningen, The Netherlands

### 3.65 Relationships between psychological stressors, rumination, and mental health among Japanese university athletes

Miyuki Nakamura<sup>1</sup>, Yujiro Kawata<sup>1,2</sup>, Shinji Yamaguchi<sup>1,2</sup>, Masataka Hirose<sup>1,2</sup>, Nobuto Shibata<sup>1,2</sup>

<sup>1</sup>Graduate School of Juntendo University, Chiba, Japan; <sup>2</sup>Juntendo University, Chiba, Japan

### 3.66 Intercultural learning and cross-cultural research help to enhance a physical active lifestyle and positive physical self-concept

Marie-Christine Ghanbari, Till Utesch, Maike Tietjens, Bernd Strauss

University of Münster, Germany

### 3.67 How Does The Intensity Of Physical Activity Influence Executive Control In Children? An Electrophysiological Investigation

Kimberley D. Lakes<sup>1</sup>, Gaia Scerif<sup>3</sup>, Robert Zhou<sup>2</sup>, Steven C. Cramer<sup>2</sup>, Shlomit Radom-Aizik<sup>2</sup>

<sup>1</sup>University of California, Riverside, USA; <sup>2</sup>University of California, Irvine, USA; <sup>3</sup>University of Oxford, UK

## Keynote Hulya Aşçı: Self-perception and physical self: Its examination from cultural and mental well-being perspectives

DAY / TIME Thursday, 18/Jul/2019: 11:30am – 12:30pm

LOCATION H 1 - Vittel

SESSION CHAIR Rita F. de Oliveira, London South Bank University

## Featured Symposium 09: Leveraging the social environment to promote physical activity

**DAY / TIME** Thursday, 18/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** S 10 – Münster  
**SESSION CHAIR** Cecilie Thogersen-Ntoumani, Curtin University

### Dyadic interventions to promote physical activity and reduce sedentary behaviour: systematic review and meta-analysis

Nikos Ntoumanis<sup>1</sup>, Carr Rachel<sup>1</sup>, Andrew Prestwich<sup>2</sup>, Dominika Kwasnicka<sup>1</sup>, Cecilie Thogersen-Ntoumani<sup>1</sup>, Daniel Gucciardi<sup>1</sup>, Eleanor Qusted<sup>1</sup>, Louise Hall<sup>2</sup>  
<sup>1</sup>Curtin University, Australia <sup>2</sup>University of Leeds, UK

### Instigating preferred social support for physical activity through a match-making platform for women cancer survivors

Catherine M. Sabiston<sup>1</sup>, Angela J Fong<sup>2</sup>, Steve Amireault<sup>3</sup>, Kelly Arbour-Nicotopoulos<sup>1</sup>, Jennifer M Jones<sup>4</sup>, Katherine Anne Tamminen<sup>1</sup>, Jackie Bender<sup>4</sup>  
<sup>1</sup>University of Toronto, Canada <sup>2</sup>Queen's University, <sup>3</sup>Canada Purdue University, USA  
<sup>4</sup>University Health Network, Toronto, Canada

### The role of the jog leader to promote physical, mental and social health benefits for social jogging group participants

Juliette Stebbings<sup>1</sup>, Daryl T. Cowan<sup>2</sup>  
<sup>1</sup>University of Portsmouth, UK <sup>2</sup>University of the West of Scotland, Scotland

### An experimental study exploring the effects of groupness and cohesion on adherence to hypothetical exercise groups

Alyson J Crozier  
 University of South Australia, Australia

### The feasibility and efficacy of a peer-led motivationally-embellished workplace intervention on physical activity and sitting time

Cecilie Thogersen-Ntoumani<sup>1</sup>, Brendan Smith<sup>1</sup>, Joanna Nicholas<sup>1</sup>, Eleanor Qusted<sup>1</sup>, Daniel Gucciardi<sup>1</sup>, Joanne McVeigh<sup>1</sup>, Sally Fenton<sup>2</sup>, Emmanuel Stamatakis<sup>3</sup>, Sharon Parker<sup>1</sup>, Nikos Ntoumanis<sup>1</sup>  
<sup>1</sup>Curtin University, Australia <sup>2</sup>University of Birmingham, UK <sup>3</sup>University of Sydney, Australia

## Gimme-Five 04

**DAY / TIME** Thursday, 18/Jul/2019 2:00pm – 3:30pm  
**LOCATION** VSH o6 – Bad Blankenburg  
**SESSION CHAIR** Norbert Hagemann, University of Kassel

### When thinking matters: How task type influences the effect of cognitive fatigue on physical performance

Blair Aitken, Clare MacMahon  
 La Trobe University, Australia

### Perfectionism in aesthetic performers: is it related to early specialization?

Charlotte Downing, Sanna Nordin-Bates, Karin Redelius  
 Swedish School of Sport and Health Sciences, Sweden

### Exploring judgments and gaze behavior while evaluating gymnastics movements: influence of kinematics and expertise

Melanie Mack  
 Leipzig University, Germany

### Sport-related concussion & disproportionality in schools

Courtney Hess  
 University of Massachusetts Boston, USA

### The impact of self-talk on performance under competitive conditions: a pilot-study

Justin Worley<sup>1</sup>, Zachary McCarver<sup>2</sup>, Shelby Anderson<sup>3</sup>, Allison Yule<sup>1</sup>, Shannon Stone<sup>4</sup>, Margaret Nieto<sup>1</sup>, Justine Vosloo<sup>1</sup>, Sebastian Harenberg<sup>1</sup>  
<sup>1</sup>Ithaca College, USA; <sup>2</sup>University of Northern Colorado, USA; <sup>3</sup>University of North Carolina at Greensboro, USA; <sup>4</sup>Averett University, USA

### The role of sports video games in developing sport-specific declarative knowledge

Todd Pickering<sup>1,2</sup>, Lucy Parrington<sup>3</sup>, Lisa Wise<sup>2</sup>, Clare MacMahon<sup>3</sup>  
<sup>1</sup>La Trobe University, Australia; <sup>2</sup>Swinburne University, Australia; <sup>3</sup>Oregon Health and Science University, USA

### Implicit learning and visual reaction time in taekwondo athletes

Ezgi Aypar<sup>1</sup>, Gökhan Deliceoğlu<sup>2</sup>, Erkan Tortu<sup>3</sup>, Tuğba Kocahan<sup>3</sup>  
<sup>1</sup>Middle East Technical University, Ankara, Turkey; <sup>2</sup>Kırıkkale University, Ankara, Turkey;  
<sup>3</sup>Ministry of Youth and Sports, General Directorate of Sports, Directorate of Health Affairs Section, Ankara, Turkey

### The parental involvement and parent autonomy support In youth sport: relationship with passion

Duygu Karadağ<sup>1</sup>, F. Hülya Aşçı<sup>2</sup>

<sup>1</sup>Haliç University, Turkey; <sup>2</sup>Marmara University, Turkey

### Effects of attachment styles on perceived team cohesion: a perspective from social network analyses (SNA)

Helga Dizdari, Roland Seiler

University of Bern, Switzerland

## Invited Symposium 04: Various pathways, one destination - young specialists' journeys toward becoming sport psychology professionals in Europe

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm

LOCATION Aula im Schloss – Europe

SESSION CHAIR Michala Bednáriková, Pro Performance

DISCUSSANT Xavier Sanchez, Halmstad University

### 'So I got my degree, now what?': Through PhD to career in academia via ENYSSP

Anastasiya Khomutova

University of Brighton, UK

### Carving a pathway into full-time applied practice of sport psychology

Grzegorz Więclaw<sup>1</sup>, Snežana Stoljarova<sup>2</sup>

<sup>1</sup>Głowa Rządzi, private practice, <sup>2</sup>ESTipp, private practice; Tallinn University, Estonia

### How the power of practice produces potent PhDs

Peter Schneider<sup>1</sup>, Michala Bednáriková<sup>2</sup>, Cristiana Conti<sup>3</sup>

<sup>1</sup>FC Augsburg, <sup>2</sup>Pro Performance, private practice, <sup>3</sup>BIND-Behavioral Imaging and Neural Dynamics Center, "G. d'Annunzio" University of Chieti-Pescara

## Panel 02: Signature experiences: when "experts" on stress and coping battle burnout

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm

LOCATION VSH 219 – Brussels

SESSION CHAIR Stiliani „Ani“ Chroni, Inland Norway University of Applied Science

### Panel participants:

Stiliani Chroni<sup>1</sup>, Vana Hutter<sup>2</sup>, Tatiana Ryba<sup>3</sup>, Göran Kenttä<sup>4</sup>

<sup>1</sup>Inland Norway University of Applied Sciences, Norway; <sup>2</sup>Vrije Universiteit, The Netherlands;

<sup>3</sup>University of Jyväskylä, Finland; <sup>4</sup>The Swedish School of Sport and Health Sciences, Sweden

## Paper Session 31: Burnout and Resilience

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm

LOCATION Senatssaal – Prague

SESSION CHAIR Daniel Gould, Michigan State University

### 2:00pm - 2:15pm

#### Raising teachers' awareness for health through recovery-stress-monitoring

Jahan Heidari<sup>1</sup>, Michael Kellmann<sup>1,2</sup>

<sup>1</sup>Ruhr University Bochum, Germany; <sup>2</sup>The University of Queensland, Australia

### 2:15pm - 2:30pm

#### Estimating the prevalence of athlete burnout based on clinical cut-off scores

Erik Lundkvist<sup>1</sup>, Henrik Gustafsson<sup>2</sup>, Daniel J. Madigan<sup>3</sup>

<sup>1</sup>Swedish school of sport and health sciences, Sweden; <sup>2</sup>Karlstad University, Sweden;

<sup>3</sup>York St John University, UK

### 2:30pm - 2:45pm

#### Resilience at work and in elite sport – a comparative analysis among German elite athletes, dual students and employees

Carl Richard Hossiep, Daniel Westmattmann, Maike Bruckes, Nicola Rössler, Gerhard Schewe

University of Muenster, Germany

### 2:45pm - 3:00pm

#### Process evaluation of the receipt of an exercise intervention for burnout employees: the role of exposure and exercise experiences

Juriena de Vries<sup>1,2</sup>, Madelon van Hooff<sup>2</sup>, Sabine Geurts<sup>2</sup>, Michiel Kompier<sup>2</sup>

<sup>1</sup>Erasmus University Rotterdam, Netherlands, The; <sup>2</sup>Radboud University Nijmegen, Netherlands

### 3:00pm - 3:15pm

#### Why are athletes burning out? A meta-analytic review of 18 years of research

Daniel J. Madigan<sup>1</sup>, Luke F. Olsson<sup>1</sup>, Thomas Curran<sup>2</sup>, Andrew P. Hill<sup>1</sup>

<sup>1</sup>York St John University, UK; <sup>2</sup>University of Bath, UK



**3:15pm - 3:30pm****A longitudinal examination of stress, physical activity, and resilience resources via naturalistic periods of stress**

Robin Lines<sup>1</sup>, Kagan Ducker<sup>1</sup>, Nikos Ntoumanis<sup>1</sup>, Thogersen-Ntoumani Cecilie<sup>1</sup>, David Fletcher<sup>2</sup>, Daniel Gucciardi<sup>1</sup>

<sup>1</sup>Curtin University, Australia; <sup>2</sup>Loughborough University, UK

**Paper Session 32: Disability, Functional Disorders and Aging**

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm

LOCATION S 8 – Copenhagen

SESSION CHAIR Brett Smith, University of Birmingham

**2:00pm - 2:15pm****Disability activism through Paralympic sport: an elite athlete perspective**

Damian Haslett, Inhyang Choi, Brett Smith

University of Birmingham, UK

**2:15pm - 2:30pm****Exploring activism type in social justice and disability: current status and future prospects of the disability social movement**

Inhyang Choi, Brett Smith

University of Birmingham, UK

**2:30pm - 2:45pm****Personality as a predictor of leisure time physical activity during menopausal transition**

Tiia Kekäläinen<sup>1</sup>, Sarianna Sipilä<sup>1</sup>, Timo Törmäkangas<sup>1</sup>, Matti Hyvärinen<sup>1</sup>, Tuija Tammelin<sup>2</sup>, Vuokko Kovanen<sup>1</sup>, Eija K. Laakkonen<sup>1</sup>, Katja Kokko<sup>1</sup>

<sup>1</sup>University of Jyväskylä, Finland; <sup>2</sup>LIKES Research Centre for Physical Activity and Health, Finland

**2:45pm - 3:00pm****Mindfulness (MSPE) adaptations for university students with autism spectrum disorder participating in a physical activity program**

Jacob Cannon Jensen

California State University, Northridge, USA

**3:00pm - 3:15pm****The effect of life meaning on subjective well-being of the elderly: mediating effect of physical exercise**

Guoli Zhang, Yang Yang, Qi Zang

Beijing Sport University, Beijing, China

**Paper Session 33: Teamsports (Varia)**

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm

LOCATION S 9 – Cologne

SESSION CHAIR Frank Jing-Horng Lu, Chinese Culture University

**2:00pm - 2:15pm****Using situational characteristics to distinguish sports**

Sophia Terwiel<sup>1</sup>, John F. Rauthmann<sup>2</sup>, Maike Luhmann<sup>1</sup>

<sup>1</sup>Ruhr-Universität Bochum, Germany; <sup>2</sup>Universität zu Lübeck, Germany

**2:15pm - 2:30pm****Using grounded theory to explore sport-related concussion under-reporting by elite adolescent athletes**

Kaleigh Ferdinand Pennock, Lynda Mainwaring

University of Toronto, Canada

**2:30pm - 2:45pm****Are repetitive head impacts putting athletes at risk? Reviewing the 'subconcussion' literature and implications for athletes**

Lynda Mainwaring, Kaleigh Ferdinand Pennock, Sandhya Mylabathula, Ben Alavie

University of Toronto, Canada

**2:45pm - 3:00pm****Passion of soccer players in relation to level of courage, individual and performance variables**

Erkut Konter

Dokuz Eylül University, Turkey

**3:00pm - 3:15pm****Comparison of effect of elastic therapeutic tape with nonelastic tape on preventions hamstrings injuries in soccer players**

Ahmed Fadhil Farhan<sup>1,2</sup>, Sameera Abdulrasool Alattabi<sup>3</sup>

<sup>1</sup>AL-Ayen University, Thi-Qar, Iraq; <sup>2</sup>Universiti Teknologi MARA, Selangor, Malaysia; <sup>3</sup>Baghdad University, Iraq

**3:15pm - 3:30pm****War and peace: the effect of footballers' pitch behavior on spectators**

Muhammet Cihat Ciftci<sup>1</sup>, Fazilet Bektaş<sup>2</sup>, Ayşe İrem Bulut<sup>2</sup>

<sup>1</sup>Ankara Yıldırım Beyazıt University, Turkey; <sup>2</sup>Ankara Yıldırım Beyazıt University, Turkey

**Paper Session 34: Young Elite Athletes**

**DAY / TIME** Thursday, 18/Jul/2019 2:00pm – 3:30pm  
**LOCATION** VSH 116 – Varna  
**SESSION CHAIR** Alan Lyle Smith, Michigan State University

**2:00pm - 2:15pm**

**Types, sources, and debilitating factors of sport-confidence in elite early adolescent academy soccer players**

Owen Thomas<sup>1</sup>, Sam Nicholas Thrower<sup>2</sup>, Andrew Lane<sup>1</sup>, Jazmine Thomas<sup>1</sup>

<sup>1</sup>Cardiff Metropolitan University, Cardiff, UK.; <sup>2</sup>University of Roehampton, UK

**2:15pm - 2:30pm**

**Development of perfectionism in sport: examining the role of actual and perceived parental perfectionism in athlete–parent dyads**

Luke F. Olsson<sup>1</sup>, Andrew P. Hill<sup>1</sup>, Daniel J. Madigan<sup>1</sup>, George Woodley<sup>2</sup>

<sup>1</sup>York St John University, UK; <sup>2</sup>University of Leeds, UK

**2:30pm - 2:45pm**

**Profiles of psychological flexibility: an analysis of youth athletes' subjective experience of their well-being and performance**

Stefan Holmström

University of Umeå, Sweden

**2:45pm - 3:00pm**

**And if fear of success could be a question of lactatemia too? Links between psychology and physiology in combat sport competition**

Elisabeth Rosnet<sup>1,2</sup>, Philippe Dedieu<sup>1,2</sup>, Maxime Bourdageau<sup>2</sup>, Olivier Hanicotte<sup>2</sup>, Eric Srecki<sup>2</sup>, Michel Salesse<sup>2</sup>, Jean-Pierre Philippon<sup>2</sup>

<sup>1</sup>University of Reims Champagne Ardenne, France; <sup>2</sup>Fédération Française d'Escrime (FFE), France

**3:00pm - 3:15pm**

**Educating and supporting parents in elite sports: an action research study**

Noémie Lienhart, Virginie Nicaise, Emma Guillet-Descas

University of Lyon, University of Claude Bernard Lyon<sup>1</sup>, France

**3:15pm - 3:30pm**

**Injury status influences how a performer is perceived and played in sport**

Liis Uiga<sup>1</sup>, Gregory Holt<sup>2</sup>, Rich S. W. Masters<sup>1</sup>

<sup>1</sup>Faculty of Health, Sport and Human Performance, University of Waikato, New Zealand;

<sup>2</sup>School of Psychology, University of Waikato, New Zealand

**Paper Session 35: Violence, Substances and Gender (Varia)**

**DAY / TIME** Thursday, 18/Jul/2019 2:00pm – 3:30pm  
**LOCATION** VSH 19 – Paris  
**SESSION CHAIR** Maria Kavussanu, University of Birmingham

**2:00pm - 2:15pm**

**Types, sources, and debilitating factors of sport-confidence in elite early adolescent academy soccer players**

Owen Thomas<sup>1</sup>, Sam Nicholas Thrower<sup>2</sup>, Andrew Lane<sup>1</sup>, Jazmine Thomas<sup>1</sup>

<sup>1</sup>Cardiff Metropolitan University, Cardiff, UK.; <sup>2</sup>University of Roehampton, London, UK.

**2:15pm - 2:30pm**

**Development of perfectionism in sport: examining the role of actual and perceived parental perfectionism in athlete–parent dyads**

Luke F. Olsson<sup>1</sup>, Andrew P. Hill<sup>1</sup>, Daniel J. Madigan<sup>1</sup>, George Woodley<sup>2</sup>

<sup>1</sup>York St John University, UK; <sup>2</sup>University of Leeds, UK

**Symposium 28: Psychology of sports injuries: from pre-injury to return to sport. Current research and practical implications**

**DAY / TIME** Thursday, 18/Jul/2019 2:00pm – 3:30pm  
**LOCATION** H 2 – Bern  
**SESSION CHAIR** Ulrika Tranaeus, The Swedish School of Sport and Health Sciences, GIH

**Psychosocial risk factors for traumatic and overuse injuries in sport**

Ulrika Tranaeus

The Swedish School of Sport and Health Sciences, GIH, Sweden

**Methodological implications for future research on psychosocial risk factors for injuries**

Andreas Ivarsson

Halmstad University, Sweden

**A low-intensity CBT mobile phone-based intervention for preventing sport injuries: a case study in Spanish youth sport**

Victor J. Rubio<sup>1</sup>, Felipe Turbay<sup>2</sup>, Sergio Parra<sup>1</sup>, José Manuel Hernández<sup>1</sup>

<sup>1</sup>Universidad Autónoma Madrid, Spain, <sup>2</sup>Comité Olímpico Colombiano, Colombia

### Sport injury psychology and rehabilitation: examples of promising and future research strategies

Urban Johnson

*Halmstad University, Sweden*

### A self-determination perspective on psychosocial factors influencing the return to sport following injury

Leslie Podlog<sup>1</sup>, Robert C. Eklund<sup>2</sup>

<sup>1</sup>University of Utah, USA, <sup>2</sup>Florida State University, USA

## Symposium 29: Uncharted perspectives on emotions in sport

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm

LOCATION H 3 – Madeira

SESSION CHAIR Svenja Anna Wolf, University of Amsterdam  
Franzi Lautenbach, Leipzig University

### Emotion related traits and their influence on sports performance:

#### An overview

Emma Mosley

*Solent University, UK*

### Focus on the positive: Positive emotions in sport psychology

Franzi Lautenbach

*Leipzig University, Germany*

### Catch me if you can: Emotions as collective phenomena

Svenja A. Wolf

*University of Amsterdam, The Netherlands*

### One team's pain is another team's pleasure

Lea Boecker

*Leuphana University of Lüneburg, Germany*

### Meet CATO, a chatbot to improve athletes' post-performance emotions

Yannick A. Balk, Gerald Weltevreden, Elke Reisch, Svenja A. Wolf

*University of Amsterdam, The Netherlands*

## Symposium 30: Holistic Movement Practices – a new direction for exercise psychology?

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm

LOCATION H 4 – Chalkidiki

SESSION CHAIR Ineke Vergeer, University of Southern Queensland

DISCUSSANT Taru Lintunen, University of Jyväskylä, Finland

### What are Holistic Movement Practices and how are they relevant to exercise psychology?

Ineke Vergeer

*University of Southern Queensland, Australia*

### Participation motives for Holistic Movement Practices – the pull and push of a holistic philosophy

Ineke Vergeer

*University of Southern Queensland, Australia*

### What stops people from practising yoga? A scoping review of barriers to yoga participation among healthy adults

Jonathan Cagas<sup>1</sup>, Stuart Biddle<sup>2</sup>, Ineke Vergeer<sup>2</sup>

<sup>1</sup>University of the Philippines, Philippines, <sup>2</sup>University of Southern Queensland, Australia

### Befriending the body through dancing: A holistic free dance intervention enhancing positive body perceptions, mood and mindfulness

Mattias Johansson<sup>1</sup>, Therése Skoog<sup>2</sup>, Carolina Lunde<sup>2</sup>

<sup>1</sup>Örebro university, Sweden, <sup>2</sup>University of Gothenburg, Sweden

## Workshop 16: Going green for well-being: a practical workshop on the use of nature-based Interventions in the sport context

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm

LOCATION VSH 118 – Nottingham

SESSION CHAIR Tadhg E. MacIntyre, University of Limerick

## FRIDAY

### Featured Panel 03: Round Table Discussion: International perspectives on professional accreditation: Balancing localized cultural infusion and proposed global guidelines

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am  
 LOCATION VSH 219 – Brussels  
 SESSION CHAIR Sebastian Brückner, University of Muenster

#### Panel participants:

Amy Baltzell<sup>1</sup>, Chris Harwood<sup>2</sup>, Karin Moesch<sup>3</sup>, Peter Schneider<sup>4</sup>, Oliver Stoll<sup>5</sup>, Liwei Zhang<sup>6</sup>  
<sup>1</sup>Boston University, USA; <sup>2</sup>Affiliation: Loughborough University, United Kingdom <sup>3</sup>Swedish Sports Confederation, Sweden; <sup>4</sup>FC Augsburg e.V., Germany; <sup>5</sup>Halle-Wittenberg University, Germany; <sup>6</sup>Beijing Sport University, China

### Featured Symposium 10: Preventing doping in sport: Moral, psychological, and knowledge-based interventions in young British and Greek athletes

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am  
 LOCATION S 10 – Münster  
 SESSION CHAIR Maria Kavussanu, University of Birmingham

#### To cheat or not to cheat? A moral intervention can prevent doping in sport

Maria Kavussanu<sup>1</sup>, Ailish King<sup>1</sup>, Philip Hurst<sup>2</sup>, Evangelos Galanis<sup>3</sup>, Antonis Hatzigeorgiadis<sup>3</sup>, Christopher Ring<sup>1</sup>  
<sup>1</sup>University of Birmingham, UK <sup>2</sup>Canterbury Christ Church University, UK <sup>3</sup>University of Thessaly, Greece

#### Preventing doping in sport: A psychological vs a knowledge-based intervention

Philip Hurst<sup>1</sup>, Maria Kavussanu<sup>2</sup>, Vassilis Barkoukis<sup>3</sup>, Ailish King<sup>2</sup>, Lida Skoufa<sup>3</sup>, Christopher Ring<sup>2</sup>  
<sup>1</sup>Canterbury Christ Church University, UK <sup>2</sup>University of Birmingham, UK <sup>3</sup>Aristotle University of Thessaloniki, Greece

#### A qualitative evaluation of the effectiveness of the psychological and knowledge-based interventions

Lida Skoufa<sup>1</sup>, Philip Hurst<sup>2</sup>, Ailish King<sup>3</sup>, Vassilis Barkoukis<sup>1</sup>, Maria Kavussanu<sup>3</sup>  
<sup>1</sup>Aristotle University of Thessaloniki, Greece <sup>2</sup>Canterbury Christ Church University, UK <sup>3</sup>University of Birmingham, UK

#### Evaluation of a web-based version of the psychological intervention

Vassilis Barkoukis<sup>1</sup>, Paul Anstiss<sup>2</sup>, Philip Hurst<sup>3</sup>, Lida Skoufa<sup>1</sup>, Maria Kavussanu<sup>2</sup>, Christopher Ring<sup>2</sup>  
<sup>1</sup>Aristotle University of Thessaloniki, Greece <sup>2</sup>University of Birmingham, UK <sup>3</sup>Canterbury Christ Church University, UK

### Paper Session 36: Affect and Enjoyment

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am  
 LOCATION S 8 – Copenhagen  
 SESSION CHAIR Daniel Gucciardi, Curtin University

#### 8:30am - 8:45am

#### The relationship between achievement motivation and physical activity enjoyment over a school year: cross-lagged effects

Johan Michael Wikman<sup>1</sup>, Andreas Ivarsson<sup>1</sup>, Glen Nielsen<sup>2</sup>, Malte Nejst Larsen<sup>3</sup>, Peter Riis Hansen<sup>4</sup>, Peter Krstrup<sup>3</sup>, Anne-Marie Elbe<sup>5</sup>

<sup>1</sup>Halmstad University, Denmark; <sup>2</sup>University of Copenhagen, Denmark; <sup>3</sup>University of Southern Denmark, Denmark; <sup>4</sup>Herlev and Gentofte University Hospital, Denmark; <sup>5</sup>University of Leipzig, Germany

#### 8:45am - 9:00am

#### Perceived control, hedonic tone, and performance in tennis: three case studies

Elena Uberti<sup>1</sup>, Francesca Marino<sup>2</sup>, Maurizio Bertollo<sup>2</sup>, Claudio Robazza<sup>2</sup>

<sup>1</sup>Goldsmiths University of London, UK; <sup>2</sup>University of Milano Bicocca, Italy; <sup>3</sup>Federazione Italiana Tennis, Istituto di Formazione „R.Lombardi“, Italy; <sup>4</sup>University “G. D’Annunzio”, Chieti-Pescara, Italy

#### 9:00am - 9:15am

#### Does perceived stress in daily life affect the enjoyment of sports?

Eliane Stephanie Engels, Freya Dunker, Philipp Alexander Freund  
 Leuphana University, Germany

#### 9:15am - 9:30am

#### Affective, behavioural and cognitive responses of competitive athletes during the 4 R's of the ACL rupture recovery process

Heinrich Grobbelaar<sup>1</sup>, Anel Borman<sup>1</sup>, Wayne Derman<sup>2</sup>  
<sup>1</sup>Stellenbosch University, South Africa

#### 9:30am - 9:45am

#### Athlemaphilia /'aTH.lē.mə'filēə/: (n) meaningful affective connections with sport

Xander Hodge<sup>1</sup>, Emily Oliver<sup>1</sup>, David W. Eccles<sup>2</sup>  
<sup>1</sup>Durham University, UK; <sup>2</sup>Florida State University, United States



### Paper Session 37: Understanding Physical Activity Behaviour

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am  
 LOCATION S 9 – Cologne  
 SESSION CHAIR Claudio Renato Nigg, Karlsruhe Institute for Technology

#### 8:30am - 8:45am

Can the theory of planned behavior predict Chinese university students' physical activity intentions?

Cecilia Ma, Catie Lai, Ada Ma

*The Hong Kong Polytechnic University*

#### 8:45am - 9:00am

The associations of temperament and personality traits with frequency of physical activity in adulthood

Jenni Karvonen<sup>1,2</sup>, Timo Törmäkangas<sup>1,2</sup>, Lea Pulkkinen<sup>2,2</sup>, Katja Kokko<sup>1,2</sup>

<sup>1</sup>Gerontology Research Center and Faculty of Sport and Health Sciences; <sup>2</sup>University of Jyväskylä

#### 9:00am - 9:15am

Item-order inflates the predictive power of the theory of planned behaviour on physical activity? A randomised controlled trial

Derwin K. C. Chan<sup>1,2</sup>, Andreas Karl Stenling<sup>3</sup>, Cleoputri Yusainy<sup>4</sup>

<sup>1</sup>Education University of Hong Kong, Hong Kong S.A.R. (China); <sup>2</sup>Curtin University, Australia;

<sup>3</sup>Umeå University, Sweden; <sup>4</sup>Brawijaya University, Indonesia

#### 9:15am - 9:30am

Let's Go! Examining the psychological, psychophysical, and physiological effects of music during sprint interval exercise

Matthew J Stork<sup>1</sup>, Costas I Karageorghis<sup>2</sup>, Kathleen A Martin Ginis<sup>1</sup>

<sup>1</sup>University of British Columbia, Canada; <sup>2</sup>Brunel University London, UK

#### 9:30am - 9:45am

Towards a better understanding of the relationship between mentally demanding jobs and physical inactivity during leisure time

Sven van As, Debby G. J. Beckers, Harm Veling, Michiel Kompier, Sabine Geurts

*Radboud University, The Netherlands*

#### 9:45am - 10:00am

The longer you run, the crazier you are? A study on the personality of extreme long-distance runners

Michele Ufer<sup>1,2</sup>,

<sup>1</sup>Institute of Sports & Management Psychology, Germany; <sup>2</sup>Institute of Running Psychology, Germany

### Paper Session 38: Athletes, Coaches and Parents in Youth Sport

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am  
 LOCATION VSH o6 – Bad Blankenburg  
 SESSION CHAIR Gretchen Kerr, University of Toronto

#### 8:30am - 8:45am

Behaviours employed by parents and coaches to promote the psychological development of elite youth tennis players

Lea-Cathrin Dohme<sup>1</sup>, Gordon Bloom<sup>2</sup>, David Piggott<sup>3</sup>, Susan Backhouse<sup>3</sup>

<sup>1</sup>Cardiff Metropolitan University, UK; <sup>2</sup>McGill University, Canada; <sup>3</sup>Leeds Beckett University, UK

#### 8:45am - 9:00am

Talent development in football – a holistic perspective: the case of KRC Genk

Knud Ryom<sup>1</sup>, Mads Ravn<sup>1</sup>, Rune Düring<sup>1</sup>, Kristoffer Henriksen<sup>2</sup>

<sup>1</sup>Aarhus University, Denmark; <sup>2</sup>University of Southern Denmark, Denmark

#### 9:00am - 9:15am

“Punishments made me hate hockey”: exploring the link between youth athletes' punishment experiences and dropout from hockey

Anthony Vincent Battaglia, Gretchen Kerr, Ashley Stirling

*University of Toronto, Canada*

#### 9:15am - 9:30am

“The best parent is the dead parent”: parental involvement in team sports

Safer Elmas, Aydan Gözmen Elmas, Ali Yıldız, F. Hülya Aşçı

*Marmara University, Turkey*

#### 9:30am - 9:45am

Using ethnodrama to encourage reflection: workshops to support youth sport parents

Francesca Cavallerio

*Anglia Ruskin University, UK*



**9:45am - 10:00am****The value of delivering a trauma-informed sport programme: a pilot study of leaders' learning experiences**Majidullah Shaikh<sup>1</sup>, Tanya Forneris<sup>2</sup>, Diane Culver<sup>1</sup><sup>1</sup>University of Ottawa, Canada; <sup>2</sup>University of British Columbia, Canada**Paper Session 39: Motor Control and Performance**

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am

LOCATION VSH 116 – Varna

SESSION CHAIR Claudia Voelcker-Rehage, Chemnitz University of Technology

**8:30am - 8:45am****Interindividual differences in the capability to change automatized movement patterns**

Laura Sperl, Rouwen Cañal-Bruland

*Friedrich Schiller University Jena, Germany***8:45am - 9:00am****Performance advantages of an external relative to an internal focus of attention is independent from vision**Reza Abdollahipour<sup>1</sup>, William Land<sup>2</sup>, Suzete Chiviakowsky<sup>3</sup><sup>1</sup>Palacky University Olomouc, Czech Republic; <sup>2</sup>University of Texas at San Antonio, USA;<sup>3</sup>Universidade Federal de Pelotas, Brazil**9:00am - 9:15am****Motive-task congruence and motor performance in dart throwing**

Florian Müller, Rouwen Cañal-Bruland

*Friedrich Schiller University Jena, Germany***9:15am - 9:30am****Skilled deceivers are better action perceivers**Ryan Raffan<sup>1</sup>, David L. Mann<sup>2</sup>, Rosa Du Randt<sup>1</sup>, Geert Savelsbergh<sup>2</sup><sup>1</sup>Nelson Mandela University, South Africa; <sup>2</sup>Vrije Universiteit Amsterdam, The Netherlands**9:30am - 9:45am****Deceptive actions bias responses and impair discriminability: signal detection analysis of rugby sidesteps**

Laurence S. Warren-West, Robin C. Jackson, Michael J. Hiley

*Loughborough University, UK***9:45am - 10:00am****Probability information and skilled visual anticipation of tennis serve direction**

Florian Loffing, Maria Walden

*Carl von Ossietzky University Oldenburg, Germany***Symposium 31: Motives for participation in sport and physical activity: new approaches**

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am

LOCATION H 2 – Bern

SESSION CHAIR Anthony Michael Morris, Victoria University, Melbourne, Australia

DISCUSSANT Tony Morris, Victoria University

**Motives for participation in exercise in different stages of change among university students**Kien Ting Liu<sup>1</sup>, Yee Cheng Kueh<sup>1</sup>, Garry Kuan<sup>1</sup>, Tony Morris<sup>2</sup><sup>1</sup>Universiti Sains Malaysia, Malaysia <sup>2</sup>Victoria University, Australia**The role of mindfulness in enhancing participation motivation in sport and exercise**Dev Roychowdhury<sup>1</sup>, Tony Morris<sup>2</sup><sup>1</sup>University of Canberra, Malaysia <sup>2</sup>Victoria University, Australia**Applying motivational profiling in sport and physical activity**Tony Morris<sup>1</sup>, Dev Roychowdhury<sup>2</sup>, Selina Khoo<sup>3</sup><sup>1</sup>Victoria University, Australia <sup>2</sup>University of Canberra, Australia <sup>3</sup>University of Malaysia, Malaysia**Motivation and quality of life in sport**Maciej Tomczak<sup>1</sup>, Małgorzata Walczak<sup>2</sup>, Paweł Kleka<sup>3</sup>, Małgorzata Sławińska<sup>4</sup>,Karolina Chlebosz<sup>5</sup>, Tony Morris<sup>6</sup><sup>1</sup>University School of PE at Poznan, Poland <sup>2</sup>University School of Physical Education in Poznan,Poland <sup>3</sup>Adam Mickiewicz University, Poland <sup>4</sup>European Network of Young Specialists inSport Psychology, Poland <sup>5</sup>University of Poznan, <sup>6</sup>Victoria University, Australia**Developing vertigo and catharsis motives for the Physical Activity and Leisure Motivation Scale (PALMS)**Jane Zhou<sup>1</sup>, John Tower<sup>2</sup>, Karolina Chlebosz<sup>3</sup>, Tony Morris<sup>2</sup><sup>1</sup>Zhejiang University, Australia <sup>2</sup>Victoria University, Australia <sup>3</sup>University of Poznan, Australia

## Symposium 32: Understanding and facilitating effective goal striving

**DAY / TIME** Friday, 19/Jul/2019: 8:30am – 10:00am  
**LOCATION** H 3 – Madeira  
**SESSION CHAIR** Nikos Ntoumanis, Curtin University, Australia

### A new tripartite model of goal striving

Nikos Ntoumanis<sup>1</sup>, Contantine Sedikides<sup>2</sup>

<sup>1</sup>Curtin University, Australia, <sup>2</sup>University of Southampton, UK

### Understanding the “I” and the “team”: an exploration of individual and team motives for shared goal pursuit

Laura C. Healy, Julie Johnston, Mustafa Sarkar

Nottingham Trent University, UK

### The role of self-control resources and effort on physical activity goal attainment in primary and tertiary prevention

Cyril Forestier<sup>1</sup>, Benoit Allenet<sup>2</sup>, Philippe Sarrazin<sup>2</sup>, Jean-Philippe Heuzé<sup>2</sup>, Aurélie Gauchet<sup>2</sup>, Aïna Chalabaev<sup>2</sup>

<sup>1</sup>University of Potsdam, Germany, <sup>2</sup>Université Grenoble Alpes, France

### Mastering ‘The Ball’s in Your Court’: the development of a sport-specific supportive care intervention for testis cancer survivors

Anika R Petrella<sup>1</sup>, Roxy O’Rourke<sup>1</sup>, Daniel Santa Mina<sup>2</sup>, Catherine M. Sabiston<sup>1</sup>

<sup>1</sup>University of Toronto, Canada, <sup>2</sup>Princess Margaret Cancer Centre, University of Toronto, Canada

### Examining the long-term effects of goal setting on physical activity

Desmond McEwan<sup>1</sup>, Mark R. Beauchamp<sup>2</sup>

<sup>1</sup>University of Bath, UK <sup>2</sup>University of British Columbia, Canada

## Symposium 33: Dual careers in sport - latest research findings from across Europe

**DAY / TIME** Friday, 19/Jul/2019: 8:30am – 10:00am  
**LOCATION** H 4 – Chalkidiki  
**SESSION CHAIR** Robert Morris, Liverpool John Moores University

### Exploring dual career development environments in sport: A European taxonomy of practice

Emily Deason, Robert Morris

Liverpool John Moores University

### „Support upon request“: Exploring a dual-career development environment at a Swedish university

Lukas Linnér<sup>1</sup>, Natalia Stambulova<sup>1</sup>, Kent Lindahl<sup>2</sup>

<sup>1</sup>Halmstad University, <sup>2</sup>Swedish Sports Confederation

### Testing the waters of dual career: An ecological assessment of a Catalonia water sports club

Yago Ramis, José Mejías, Joan Pons, Juan Muñoz, Miquel Torregrossa

Universitat Autònoma of Barcelona

### Optimizing student-athletes’ dual career „elite sport and higher education“ pathway at the Vrije Universiteit Brussel

Koen De Brandt<sup>1</sup>, Paul Wylleman<sup>2</sup>, Paul De Knop<sup>1</sup>

<sup>1</sup>Vrije Universiteit Brussel

### Uncovering basic assumptions of the dual career philosophy: A Finnish case of dual-career development environment

Noora J. Ronkainen, Natalia Korhonen, Aku Nikander, Milla Saara Anneli Saarinen, Tatiana Ryba

University of Jyväskylä

### Symposium 34: Heart rate variability as a self-regulation marker

**DAY / TIME** Friday, 19/Jul/2019: 8:30am – 10:00am  
**LOCATION** VSH 17 – Westphalia  
**CHAIR(S):** Sylvain Laborde, German Sport University Cologne, Germany  
 Fabrice Dosseville, Université de Caen Normandie - EA 4260 - France

#### The influence of a short-term slow paced breathing intervention on HRV and cognitive performance: preliminary results

Emma Mosley, Shelley Duncan  
*Solent Southampton University*

#### Slow-paced breathing as an evening ritual for children with Attention-deficit/Hyperactivity disorder (ADHD) and their parents

Valeria Eckardt, Sylvain Laborde  
*German Sport University Cologne*

#### Does transcutaneous vagus nerve stimulation improve core executive functions? An investigation using heart rate variability

Uirassu Borges, Sylvain Laborde, Markus Raab  
*German Sport University Cologne*

#### Core components of the action and psychobiosocial states in high-level ice-hockey players

Montse C. Ruiz<sup>1</sup>, Reko Luojumäki<sup>1</sup>, Samppa Karvinen<sup>1</sup>, Sylvain Laborde<sup>2</sup>, Claudio Robazza<sup>3</sup>  
<sup>1</sup>University of Jyväskylä, Finland, <sup>2</sup>German Sport University Cologne, <sup>3</sup>BIND–Behavioral Imaging and Neural Dynamics Center

#### The effect of stress on sports coaches' recognition of emotion: preliminary results

Matt Watson, Ann-Christin Engler, Jens Kleinert, Sylvain Laborde  
*German Sport University Cologne*

### Workshop 17: LoL generation: in the field with a professional team in Esports „Misfits Gaming“

**DAY / TIME** Friday, 19/Jul/2019: 8:30am – 10:00am  
**LOCATION** VSH 19 – Paris  
**SESSION CHAIR** Ismael Alfonso Pedraza Ramirez, German Sport University Cologne

### Workshop 18: Reframing good character: strengths-based positive psychology interventions to promote character development in sport

**DAY / TIME** Friday, 19/Jul/2019: 8:30am – 10:00am  
**LOCATION** VSH 18 – Edinburgh  
**SESSION CHAIR** Penelope Ann-Scott Murdock, Universität Bremen

### Poster Session Friday

**DAY / TIME** Friday, 19/Jul/2019: 10:15am - 11:15am  
**LOCATION** Marquee  
**SESSION CHAIR** Urban Johnson, Halmstad University

#### 4.01 Athletes' descriptions of disordered body movement during psychotherapy shed light on their psychological problems

Shiro Nakagomi, Shigeki Akiba  
*Kokushikan University, Japan*

#### 4.02 Brief report on a resilience workshop for professional Rugby players

David John Edwards<sup>1,4</sup>, Stephen David Edwards<sup>1</sup>, Phil Hopley<sup>2,4</sup>, Pieter Kruger<sup>3,4</sup>, Huw Goodwin<sup>4</sup>  
<sup>1</sup>University of Zululand <sup>2</sup>Institute of Sport and Exercise Health, UK; <sup>3</sup>North-West University, South Africa; <sup>4</sup>Cognacity, UK

#### 4.03 Argentine football players adapting to Europe

Camila Posadas Morales  
*UBA, Argentine Republic*

#### 4.04 Relationship between coaching efficacy, emotional intelligence and leadership style among Bulgarian football coaches

Tatiana Stancheva Iancheva, Gancho Prodanov Pradanov  
*National Sports Academy „Vassil Levski“, Bulgaria*

#### 4.05 Towards social representations of the professional athletes' trajectories in the modern society

Konstantin Bocharov<sup>1,3</sup>, Nataliya Zyazina<sup>2</sup>  
<sup>1</sup>Moscow Institute of Psychoanalysis, Russian Federation; <sup>2</sup>Federal Biomedical Agency, Russian Federation; <sup>3</sup>ENYSSP, EU

**4.06 Impact of personal determinants on boxers' aggressive reactions**

Galina Dimitrova Domuschieva-Rogleva, Kubrat Venkov Pulev

*National Sports Academy „Vassil Levski“, Bulgaria***4.07 Coach–athlete communication patterns and their role in children's swimming skills development**

Malgorzata Siekanska, Anna Ostrowska-Karpisz

*University of Physical Education Krakow, Poland***4.08 Development of a system of dual career support for university student-athletes: Swedish national dual career guidelines**Lukas Linnér<sup>1</sup>, Natalia Stambulova<sup>1</sup>, Pernilla Eriksson<sup>2</sup>, Maja Uebel<sup>3</sup>, Kent Lindahl<sup>3</sup>*<sup>1</sup>Halmstad University, Sweden; <sup>2</sup>Umeå University, Sweden; <sup>3</sup>Swedish Sports Confederation, Sweden***4.09 The benefits of the mixed methods approach for the examination of explorative research topics within sport psychology**

Christina Plath

*University of Vechta, Germany***4.10 Insight into the experiences of women coaches at the community-level: a multiple case study**

Jenson Price

*University of Ottawa, Canada***4.11 Management of a sports team through studying sportsmen's reflection**

Liudmila Rogaleva, Valerii Malkin

*Ural Federal University, Russian Federation***4.12 The effects of coaches' use of non-verbal communication on interpersonal trust between athlete and coach**Eriko Katagami<sup>1</sup>, Haruka Maitani<sup>1</sup>, Mikiyo Kobayashi<sup>2,3</sup>, Kahori Tsujita<sup>3,4</sup>*<sup>1</sup>Kyoritsu Women's University, Japan; <sup>2</sup>Osaka Ohtani University; <sup>3</sup>Osaka University of Health and Sport Sciences; <sup>4</sup>Taisei Gakuin University***4.13 Examining athlete leadership skills and their development: from the perspectives of athlete leaders, teammates, and coaches**

Moe Machida-Kosuga, Sora Aita, Nijika Tanaka

*Osaka University of Health and Sport Sciences, Japan***4.14 A qualitative content analysis of sports-related thoughts in competitive athletes**

Alena Kröhler, Stefan Berti

*Johannes Gutenberg-University Mainz, Germany***4.15 Overtraining in adolescent athletes: the role of personality and motivational factors**Martin Jelínek<sup>1</sup>, Iva Burešová<sup>2</sup>*<sup>1</sup>Czech Academy of Sciences, Czech Republic; <sup>2</sup>Masaryk University, Czech Republic***4.16 Human adaptation to stress in sport contexts: implications for intervention and research**António Rui da Silva Gomes<sup>1</sup>, Liliana Fontes<sup>1</sup>, Ricardo Marinho de Mello de Picoli<sup>2</sup>*<sup>1</sup>Universidade do Minho, Portugal; <sup>2</sup>Universidade de São Paulo, Brazil***4.17 Working with athletes' irrational beliefs using Rational Emotive Behavior Therapy (REBT): A systematic review**Anna Jordana<sup>1</sup>, Yago Ramis<sup>1</sup>, Martin J Turner<sup>2</sup>, Miquel Torregrossa<sup>1</sup>*<sup>1</sup>Universitat Autònoma de Barcelona, Spain; <sup>2</sup>Staffordshire University, UK***4.18 A narrative review of emotional intelligence training activities in sports**

Ann-Christin Engler, Pia Zajonz, Fabian Hofmann, Jonas Akpetou, Julia Eyre,

Justin Klandermann, Yannik Klein, Vanessa Martins, Martin Leo Reinhard, Dr. Sylvain Laborde  
*German Sport University Cologne, Germany***4.19 “True Track-and-field is for senior”: coach-athletes relationship and focus on long term development in a successful Italian ATDE**

Chiara D'Angelo, Eleonora Reverberi, Sara Vivirito

*Università Cattolica del Sacro Cuore Milano, Italy***4.20 Self-efficacy of soccer referees and its links with experience variables**

Felix Guillen

*University of Las Palmas de Gran Canaria, Spain***4.21 Trajectories of change in burnout, self-compassion and psychological skill: a three-wave longitudinal study with varsity athletes**

Amber D. Mosewich, Benjamin Sereda, Kelsey S Wright, Klaudia Sapieja, Nicholas L Holt, Tara-Leigh F McHugh, Alex Game, Joel Jackson, Michael Cook, Robert Krepps

*University of Alberta, Canada***4.22 National federation, municipality and local club collaboration in coordinating talent development in Danish swimming**

Ole Winthereik Mathorne

*University of Southern Denmark, Denmark*

**4.23 Motivational profile Steven Reiss as a tool for in-depth work with the player**

Katarzyna Marika Skwarek<sup>1</sup>, Adriana Zagórska-Pachucka<sup>2</sup>, Beata Mieńkowska<sup>3</sup>, Katarzyna Wójcik<sup>4</sup>  
<sup>1</sup>FCB Escola Varsovia, Poland; <sup>2</sup>LIFEMORE; <sup>3</sup>OPTIMA; <sup>4</sup>J. Piłsudski Academy of Physical Education, Warsaw

**4.24 Integrating significant antecedents to understand commonalities and differences of athlete burnout experience**

Alexandra Markati, Konstantinos Karteroliotis, Maria Psychountaki  
 National and Kapodistrian University, Greece

**4.25 Genetic or learning? Relationship between personality indicators and coping in athletes**

Antonio Jesús Muñoz-Villena<sup>1</sup>, Juan González-Hernández<sup>2</sup>, Diana Garita-Campos<sup>3</sup>, Abel Nogueira-Lopez<sup>4</sup>  
<sup>1</sup>University Autonomous of Madrid, Spain; <sup>2</sup>University of Granada, Spain; <sup>3</sup>University of Leon, Spain; <sup>4</sup>University of Granada, Spain

**4.26 Mental health in amateur football players**

Christian Zepp, Johanna Belz, Jens Kleinert  
 German Sport University, Germany

**4.27 Does climbing change the mood? Preliminary findings in children and adolescents in mental-health inpatient care**

Anika Frühauf<sup>1</sup>, Christoph Albertini<sup>1</sup>, Kathrin Sevecke<sup>2</sup>, Martin Kopp<sup>1</sup>  
<sup>1</sup>University of Innsbruck, Austria; <sup>2</sup>Universitätsklinik für Psychiatrie, Psychotherapie und Psychosomatik im Kindes- und Jugendalter, Innsbruck

**4.28 Intervention for physical activity and virtual reality to boost the cognition in elderly**

Thaís Sporkens Magna, Paula Teixeira Fernandes, Alexandre Fonseca Brandão  
 State University of Campinas, Brazil

**4.29 Are changes in physical activity paralleled by changes in sleep complaints? Latent growth curve analyses over a 6-year period**

Markus Gerber<sup>1</sup>, Mats Börjesson<sup>2</sup>, Ingibjörg H. Jonsdóttir<sup>3</sup>, Magnus Lindwall<sup>4</sup>  
<sup>1</sup>University of Basel, Switzerland; <sup>2</sup>Sahlgrenska Academy, University of Gothenburg and Östra Hospital, Gothenburg, Sweden; <sup>3</sup>Institute of Stress Medicine, Gothenburg, Sweden; <sup>4</sup>University of Gothenburg, Sweden

**4.30 How does motivation for exercise change across the stages of change?**

Richard Keegan, Lily Quinlan  
 University of Canberra, Australia

**4.31 Motivation in German physical education – do boys like being ego orientated?**

Julia Wolf, Jens Kleinert, Anna Wasserkampf  
 German Sport University Cologne, Germany

**4.32 Correlation between psychological aspects in recreational basketball players: a pilot study in Sesc Jundiaí, SP, Brazil.**

Hélio Mamoru Yoshida<sup>1,2</sup>, Gleucy Martimiano Lopes<sup>1</sup>, Paula Teixeira Fernandes<sup>2</sup>  
<sup>1</sup>Social Service of Commerce, Jundiaí, SP, Brazil; <sup>2</sup>Campinas University, Brazil

**4.33 Sport for pleasure, medals or fitness? Effects of intrinsically and extrinsically motivated sports on subjective well-being**

Malte Jetzke<sup>1</sup>, Michael Mutz<sup>2</sup>  
<sup>1</sup>Universität Münster, Germany; <sup>2</sup>Justus-Liebig-Universität Gießen, Germany

**4.34 Catastrophic thoughts and perfectionism, athletes vulnerable to injury. Gender differences in triathletes**

Juan González Hernandez<sup>1</sup>, Marina Martínez-López<sup>2</sup>, Aurelio Olmedilla Zafra<sup>3</sup>  
<sup>1</sup>University of Granada, Spain; <sup>2</sup>University Autonomous of Madrid, Spain; <sup>3</sup>University of Murcia, Spain

**4.35 „...it’s a group of blokes having a laugh“: participant experiences in a sport-based weight-loss intervention for men**

Timothy J. H. Budden<sup>1</sup>, James A. Dimmock<sup>1</sup>, Brett Smith<sup>2</sup>, Mark R. Beauchamp<sup>3</sup>, Ben Jackson<sup>1</sup>  
<sup>1</sup>University of Western Australia, Australia; <sup>2</sup>University of Birmingham; <sup>3</sup>University of British Columbia, Canada

**4.36 Psychological profile of women enrolled in martial arts classes at University of Campinas: a preliminary study**

Sarah Teixeira Gomes<sup>1,2</sup>, Vinicius Nagy Soares<sup>1,2</sup>, Marcela Fernandes Vilhena Souza<sup>1,2</sup>, Joanna Inara Matos<sup>1</sup>, Paula Teixeira Fernandes<sup>1,2</sup>  
<sup>1</sup>UNICAMP, Brazil; <sup>2</sup>GEPEN, FEF-UNICAMP, Brazil

**4.37 Female youth refugees’ experiences in sport, physical activity, and exercise: a phenomenological study**

Anna Farello, Lindsey Blom, Thalia Mulvihill, Jennifer L. Erickson  
 Ball State University, USA

**4.38 Received social support in a stressful situation - does the affiliation motive act as a moderator?**

Zsuzsanna Zimanyi, Julia Schüler  
 University of Konstanz, Germany



**4.39 Validation of a Dutch Measure for Implicit Theories of Ability in Sport (CNAAQ-2)**

Gerald M. Weltevreden, Edwin A.J. van Hoof, Annelies E. M. van Vianen

*University of Amsterdam, The Netherlands***4.40 Examining the link between personality and positive emotions**Nektarios A.M. Stavrou<sup>1,2</sup>, Stefan Koehn<sup>3</sup>, Ioannis Konstantopoulos<sup>1</sup>, Maria Psychountaki<sup>1</sup><sup>1</sup>National & Kapodistrian University of Athens, Greece; <sup>2</sup>Hellenic Sports Research Institute, Olympic Athletic Center of Athens "Spyros Louis", Greece; <sup>3</sup>Liverpool Hope University, UK**4.41 Vulnerability to eating disorders in athletes: a comparison between aesthetic and non-aesthetic sports**

Ceren Gürdere, Silvia Cerea, Marta Ghisi

*University of Padova, Italy***4.42 Applying SDT to motivate PE students: Some recommendations for app design**

Juan Pons, Yago Ramis, Miquel Torregrossa, Susana Pallarés, Jaume Cruz, Carme Viladrich

*Universitat Autònoma de Barcelona, Spain***4.43 Subject correlations of mental toughness**

Jacek Przybylski

*University of Gdańsk, Poland***4.44 Intercultural sensitivity change correlates with assignment of teammates training injuries to „external“ (non-blaming) causes**

Randall E. Osborne

*Texas State University, USA***4.45 The effects of perceptual load and mental fatigue on inattentive blindness in football players**Riccardo Pazzona<sup>1</sup>, Mauro Murgia<sup>2</sup>, Marco Guicciardi<sup>1</sup><sup>1</sup>University of Cagliari, Italy; <sup>2</sup>University of Trieste, Italy**4.46 Effect of psychological pressure on pole vaulters perception about the judgement of crossbar height - a pilot study**Nibu R. Krishna<sup>1</sup>, Jaiprakash Bhukar<sup>1</sup>, Abhaydev C.S.<sup>1</sup>, Kalyani Birader<sup>2</sup><sup>1</sup>Lakshmbai National Institute of Physical Education, Gwalior, India; <sup>2</sup>Sarla Birla Academy, Bangalore, India**4.47 The influence of action-effect priming on bilateral transfer**

William Land, Wan Xiang Yao

*University of Texas at San Antonio, USA***4.48 An age simulation suit affects motor and cognitive performance in younger adults**

Janine Vieweg, Sabine Schaefer

*Universität des Saarlandes, Germany***4.49 Monitoring recovery-stress-states of German ice hockey players in preparation for the 2019 IIHF Ice Hockey U20 World Championship**Asja Kiel<sup>1,2</sup>, Annika Hof zum Berge<sup>1</sup>, Fabian Loch<sup>1</sup>, Karl Schwarzenbrunner<sup>3</sup>, Michael Kellmann<sup>1,4</sup><sup>1</sup>Ruhr University Bochum, Germany; <sup>2</sup>Philipps University of Marburg, Germany; <sup>3</sup>German Ice Hockey Federation; <sup>4</sup>University of Queensland, Australia**4.50 Effect of differences in relevance between video and observer on attention**

Takamasa Sakabe, Hideaki Takai

*<sup>1</sup>Nippon Sport Science University, Japan***4.51 Mental training in children and youth sports**

Valerii Malkin, Liudmila Rogaleva, Anastasia Batyrova

*Ural Federal University, Russian Federation***4.52 Directing attention allocation through self-talk: effects on the quiet eye duration-fixation and performance**

Yonatan Sarig, Nataniel Boiangin, Hila Sharon David, Gershon Tenenbaum

*Florida State University, USA***4.53 Effects of a brief stair climbing intervention on executive functions and mood states in healthy young adults**Andreas Karl Stenling<sup>1,2</sup>, Adam Moylan<sup>2</sup>, Emily Fulton<sup>2</sup>, Liana Machado<sup>2</sup><sup>1</sup>Umeå University, Sweden; <sup>2</sup>University of Otago, New Zealand**4.54 The effects of intentional smile on mood during acute exercise**

Yukio Yamaguchi, Yuki Mizusaki

*Fukuoka University, Japan***4.55 Polarisation effect of time pressure: the effect of emotion on decision-making performance in basketball**

Huili Li, Lizhong Chi

*Beijing Sport University, China***4.56 Muscle Dysmorphia and its Associated Psychological and Psychopathological Features in Athletes**

Silvia Cerea, Gioia Bottesi, Francesco Quirico Pacelli, Antonio Paoli, Marta Ghisi

*University of Padua, Italy*

**4.57 Difference of autonomic nerve activity at competition level in archery match**

Hideaki Takai

*Nippon Sport Science University, Japan***4.58 Response inhibition of team handball experts**Holger Heppe<sup>1</sup>, Karen Zentgraf<sup>2</sup><sup>1</sup>*University of Münster, Germany*; <sup>2</sup>*University of Frankfurt, Germany***4.59 Bridging the gap in sport participation of athletes with disabilities through social emotional learning: imperative for Nigerian**Stephen Sanaah Hamafyelto<sup>1</sup>, Nahshon Hananiah Likki<sup>2</sup>, Bulus Tikon<sup>3</sup>,Rufina Stephen Hamafyelto<sup>4</sup><sup>1</sup>*University of Maiduguri, Nigeria*; <sup>2</sup>*University of Maiduguri, Nigeria*; <sup>3</sup>*College of Education, Jalingo Taraba state Nigeeria*; <sup>4</sup>*University of Maiduguri, Nigeria***4.60 Mental training in basketball: conceptualization and new methodological approaches using VR**

York-Peter Klöppel

*University FAF Munich, Germany***4.61 Sport psychological skills training and sport counseling for youth discus players: a single case study**

Yujin Park, Jin Hwang

*Chonbuk National University, South Korea***4.62 Psychometric properties of the Chinese translated Athlete Burnout Questionnaire among Chinese university student athletes**Yuduo Zou<sup>1</sup>, Xiaobo Jiang<sup>2</sup><sup>1</sup>*Sun-Yat-Sen University, China*, <sup>2</sup>*Hong Kong Sports Institute***4.63 The impact of video speed on the accuracy of sport performance judgements**

Lisa-Marie Schütz, Henning Plessner, Geoffrey Schweizer

*University of Heidelberg, Germany***4.64 To investigate the effect of different combinations of internal mental imagery and physical exercise on learning basketball pass**

Vahid Karim azad Marjani, Mousa Alizadeh, Solmaz Bagheri

*Islamic Azad University, Iran***4.65 The effects of participation in a six-week exercise programme on senior citizens' well-being and adherence**Takahiro Sato<sup>1</sup>, Susumu Iwasaki<sup>2</sup>, Rosa María Cruz Castruita<sup>3</sup>, Garrett L. Peltonen<sup>1</sup><sup>1</sup>*Western New Mexico University, USA*; <sup>2</sup>*Fort Lewis College, USA*; <sup>3</sup>*Universidad Autónoma de Nuevo León, Mexico***4.66 The colour we wear: impact on perceived and actual performance**Catherine M. Capio<sup>1,2</sup>, Gilbert W.K. Lam<sup>3</sup>, Karina K.W. Kam<sup>3</sup>, Liis Uiga<sup>2</sup><sup>1</sup>*The Education University of Hong Kong, Hong Kong S.A.R. (China)*; <sup>2</sup>*University of Waikato, New Zealand*; <sup>3</sup>*Li Ning Sports Science Research Center, China***4.67 Characteristics of imagery use of athlete from sports characteristics**Satoshi Aikawa<sup>1,2</sup>, Hideaki Takai<sup>2</sup><sup>1</sup>*Graduate School of Health and Sport Science, Japan* <sup>2</sup>*Nippon Sport Science University, Japan***4.68 Characteristics of imagery use of athlete from sports characteristics**

Satoshi Aikawa, Hideaki Takai

<sup>1</sup>*Nippon Sport Science University, Japan***Keynote S. Marcora: The limits to endurance performance in humans: mind over muscle?****DAY / TIME** Friday, 19/Jul/2019: 11:30am – 12:30pm**LOCATION** H 1 - Vittel**SESSION CHAIR** Maurizio Bertollo, University „G. d'Annunzio“ of Chieti-Pescara**Featured Symposium 11: Sport psychology development – historical and institutional perspectives****DAY / TIME** Friday, 19/Jul/2019: 2:00pm – 3:30pm**LOCATION** S 10 – Münster**SESSION CHAIR** Roland Seiler, University of Bern**The development of ISSP in the context of the Cold War**

Sidonio Serpa

*University of Lisbon – Faculty of Human Kinetics, Portugal*



202 FRIDAY / 10:15AM – 3:30PM

FRIDAY / 2:00PM – 3:30PM 203

**Russian/Soviet sport psychology developments as a part of sport psychology history**

Natalia Stambulova

*Halmstad University, Halmstad, Sweden***The early years of FEPSAC – collaboration and confrontation in a divided continent**

Roland Seiler

*University of Bern, Switzerland***Invited Symposium 05: Association for Applied Sport Psychology Symposium: Theory to Practice to Enhance Performance**

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm

LOCATION S 9 – Cologne

SESSION CHAIR Amy Lynne Baltzell, Boston University

**Theories of professionalism, adult learning and coach development:****The role of the educational sport psychology consultant**

Kristen Dieffenbach

*West Virginia University, USA***Exploring vulnerability through the lens of ACT among high performance coaches**

Göran Kenttä

*The Swedish School of Sport and Health Sciences, Sweden***Growth Mindset, Mindfulness and Acceptance in Athlete Performance**

Shameema Yousuf

*Empower2Perform, UK & Zimbabwe***Translating theories of Injury Rehabilitation into Practice: The Need for Team-Based Work in Sport**Courtney W. Hess<sup>1</sup>, Stacy L. Gnacinski<sup>2</sup>, Barbara B. Meyer<sup>3</sup><sup>1</sup>University of Massachusetts USA, <sup>2</sup>Drake University, USA, <sup>3</sup>University of Wisconsin-Milwaukee, USA**Self-compassion & Mindfulness: Cultivating Poise, Attention and Adaptability via a Mindfulness Intervention geared toward athletes**

Amy Baltzell

*Boston University, USA***Panel 03: Ethics in applied sport psychology - international perspectives on the challenges faced across contexts of professional practice**

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm

LOCATION VSH 219 – Brussels

SESSION CHAIR Sydney Querfurth-Böhnlein, Muenster University, Germany

**Ethics in applied sport psychology - international perspectives on the challenges faced across contexts of professional practice**Sydney Querfurth<sup>1</sup>, Michael Zito<sup>2</sup>, Stilian Chroni<sup>3</sup>, Chris Harwood<sup>4</sup>, Babett Lobinger<sup>5</sup>, Karin Moesch<sup>6</sup><sup>1</sup>University of Münster, Germany; <sup>2</sup>Montclair State University, USA; <sup>3</sup>Inland Norway University of Applied Science, Norway; <sup>4</sup>Loughborough University, UK; <sup>5</sup>German Sport University Cologne, Germany; <sup>6</sup>Swedish Sports Confederation & Halmstad University, Sweden**Paper Session 40: Groups and Team Performance**

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm

LOCATION Senatssaal – Prague

SESSION CHAIR Jürgen Beckmann, University of Munich, Germany

**2:00pm - 2:15pm****Cooperative and competitive joint action: how shared goals transfer from one task to another**

Roman Liepelt, Markus Raab

*German Sport University Cologne, Germany***2:15pm - 2:30pm****Efficacy beliefs are related to task cohesion: communication is a partial mediator**Sarah P McLean<sup>1</sup>, Christine Marie Habeeb<sup>2</sup>, Pete Coffee<sup>1</sup>, Robert C. Eklund<sup>3</sup><sup>1</sup>University of Stirling, UK; <sup>2</sup>East Carolina University, USA; <sup>3</sup>Florida State University, Tallahassee, USA**2:30pm - 2:45pm****Developing self-concept through team sport and coaching/mentoring in an immigrant setting**Knud Ryom<sup>1</sup>, Johan Michael Wikman<sup>2</sup>, Reinhard Stelter<sup>3</sup><sup>1</sup>Aarhus University, Denmark; <sup>2</sup>Halmstad University, Sweden; <sup>3</sup>University of Copenhagen, Denmark**3:15pm - 3:30pm****Experimental manipulation of implicit theories and its effect on achievement goals, motivation and performance**

Gerald M. Weltevreden, Edwin A.J. van Hooft, Annelies E. M. van Vianen

*University of Amsterdam, The Netherlands*

## Paper Session 41: Perspectives on Emotions in Sport

**DAY / TIME** Friday, 19/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** S 8 – Copenhagen  
**SESSION CHAIR** Catherine Sabiston, University of Toronto

### 2:00pm - 2:15pm

#### Psychological skills, mental toughness, and anxiety in elite female football players

Hafrún Kristjánsdóttir<sup>1</sup>, Kamilla Jóhannsdóttir<sup>2</sup>, Miguel Pic<sup>3</sup>, Jose Saavedra<sup>1</sup>

<sup>1</sup>Reykjavik University, Reykjavik, Iceland.; <sup>2</sup>Reykjavik University, Reykjavik, Iceland;

<sup>3</sup>University of La Laguna, La Laguna, Spain

### 2:15pm - 2:30pm

#### Influencing students' emotions in PE: the role of competence and social belonging

Sascha Leisterer<sup>1</sup>, Darko Jekauc<sup>2</sup>

<sup>1</sup>Humboldt-Universität zu Berlin, Germany, Universität Leipzig, Germany;

<sup>2</sup>Karlsruhe Institute of Technology, Germany

### 2:30pm - 2:45pm

#### Physical activity behaviour moderates the relationship between negative self-conscious emotions and psychological distress

Amy Nesbitt<sup>1</sup>, Catherine M. Sabiston<sup>1</sup>, Eva Pila<sup>2</sup>, Peter R. E. Crocker<sup>3</sup>

<sup>1</sup>University of Toronto, Canada; <sup>2</sup>University of Western Ontario, Canada; <sup>3</sup>University of British Columbia, Canada

### 2:45pm - 3:00pm

#### Emotional labor and professional engagement in sport psychology professionals

Christopher Wagstaff<sup>1</sup>, Ale Quartiroli<sup>2</sup>, Daniel Brown<sup>1</sup>

<sup>1</sup>University of Portsmouth, UK; <sup>2</sup>UW - La Crosse, USA

### 3:00pm - 3:15pm

#### The emotional maps of spontaneous walking: using spatiotemporal correlations to reveal the emotional states of whole body motion

Yvonne N. Delevoe<sup>1</sup>, Victor Brossard<sup>1</sup>, Daniel Lewkowicz<sup>2</sup>, Stefano Berretti<sup>3</sup>, Mohamed Daoudi<sup>1</sup>

<sup>1</sup>University Lille, France; <sup>2</sup>Bertin Technologies, France; <sup>3</sup>University of Florence, Italy

## Paper Session 42: Dual Career Environments and Career Transitions

**DAY / TIME** Friday, 19/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** VSH 19 – Paris  
**SESSION CHAIR** Saša Cecić Erpič, University of Ljubljana

### 2:00pm - 2:15pm

#### Understanding athlete experiences of transitions in elite swimming

Libby Mitchell<sup>1</sup>, Camilla J. Knight<sup>2</sup>, Stephen D. Mellalieu<sup>3</sup>

<sup>1</sup>Liverpool John Moores University; <sup>2</sup>Swansea University; <sup>3</sup>Cardiff Metropolitan University

### 2:15pm - 2:30pm

#### Dual career of football players in the Czech Republic

Zora Svobodová, Karel Večeřa, Hana Válková

Masaryk University, Czech Republic

### 2:30pm - 2:45pm

#### Sport psychological support of elite athletes at the athletic retirement: an individual case study

Erika Ruchti, Daniel Birrer, Stephan Horvath, Gareth Morgan

Swiss Federal Institute of Sport Magglingen, Switzerland

### 2:45pm - 3:00pm

#### Investigation into dual career environment at a Slovene female volleyball club

Saša Cecić Erpič<sup>1</sup>, Janja Tekavc<sup>2</sup>

<sup>1</sup>University of Ljubljana, Slovenia; <sup>2</sup>University of Maribor, Slovenia

### 3:00pm - 3:15pm

#### Predicting happiness in Paralympic swimming medallists

Erin Elizabeth Snapp, Jeffrey John Martin, Mario Joseph Vassallo, Jacklyn Rae Carrico, Ellen

Louise Armstrong

Wayne State University, USA

### Paper Session 43: Psychology and Performance (Varia)

**DAY / TIME** Friday, 19/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** VSH 118 – Nottingham  
**SESSION CHAIR** Diane Ste-Marie, University of Ottawa

#### 2:00pm - 2:15pm

**Sleep quality and quantity related to mental toughness in sample of elite masters athletes**

K. Bradford Cooper<sup>1,2</sup>, Martin Jones<sup>2</sup>, Mark Wilson<sup>2</sup>

<sup>1</sup>US Corporate Wellness; <sup>2</sup>University of Exeter, USA

#### 2:15pm - 2:30pm

**Enhancing self-talk assessment through a multi-informant approach:**

**convergence of self-reported and verbally expressed self-talk**

Gert-Jan De Muynck<sup>1</sup>, Bart Soenens<sup>1</sup>, Jochen Delrue<sup>1</sup>, Nikos Comoutos<sup>2</sup>, Maarten Vansteenkiste<sup>1</sup>

<sup>1</sup>Ghent University, Belgium; <sup>2</sup>University of Thessaly, Greece

#### 2:30pm - 2:45pm

**The influence of self-talk on challenge and threat states and performance**

Adrian Hase<sup>1</sup>, Jacob Hood<sup>1</sup>, Lee John Moore<sup>2</sup>, Paul Freeman<sup>1</sup>

<sup>1</sup>University of Essex, UK; <sup>2</sup>University of Bath, UK

#### 2:45pm - 3:00pm

**An evolution to human performance training: an integrated, multi-disciplinary approach**

ChangHyun Ko

Science Applications International Corporation, USA

#### 3:00pm - 3:15pm

**Do psychophysiological stress responses impact perceptual-motor performance?**

**Shooting performance of police recruits under stress**

Laura Giessing<sup>1</sup>, Marie Ottilie Frenkel<sup>1</sup>, Christoph Zinner<sup>2</sup>, Jan Rummel<sup>1</sup>, Arne Nieuwenhuys<sup>3</sup>,

Christian Kasperk<sup>4</sup>, Maik Brune<sup>4</sup>, Florian Azad Engel<sup>1</sup>, Henning Plessner<sup>1</sup>

<sup>1</sup>Heidelberg University, Germany; <sup>2</sup>University of Applied Sciences for Police and

Administration of Hessen, Germany; <sup>3</sup>University of Auckland, New Zealand;

<sup>4</sup>University Hospital Heidelberg, Germany

#### 3:15pm - 3:30pm

**The protective influence of mindfulness and sensation seeking on stress in high-risk sports**

Marie Ottilie Frenkel<sup>1</sup>, Joana Brokelmann<sup>2</sup>, Robin-Bastian Heck<sup>1</sup>, Jan Rummel<sup>1</sup>, Arne Nieuwenhuys<sup>3</sup>, Christian Kasperk<sup>4</sup>, Petra Dallmann<sup>4</sup>, Martin Stoffel<sup>4</sup>, Henning Plessner<sup>1</sup>

<sup>1</sup>Heidelberg University, Germany; <sup>2</sup>Frankfurt University, Germany; <sup>3</sup>University of Auckland, New Zealand; <sup>4</sup>Heidelberg University Hospital, Germany

### Symposium 35: Characteristics and circumstances of sexual violence in sport from different perspectives

**DAY / TIME** Friday, 19/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** H 2 – Bern  
**SESSION CHAIR** Jeannine Ohlert, German Sport University Cologne

**Putting the pieces together: profiling perpetrators to help understand (pathways to) sexual offending in sport**

Tine Vertommen

Thomas More University of Applied Sciences and University of Antwerp, Belgium

**Characteristics and consequences of sexual violence experiences in sport differ when comparing peers and coaches as offenders**

Jeannine Ohlert<sup>1</sup>, Thea Rau<sup>2</sup>, Marc Allroggen<sup>2</sup>

<sup>1</sup>University Hospital Ulm and German Sport University Cologne, Germany, <sup>2</sup>University Hospital Ulm, Germany

**Socio-cultural structures of sexual violence in sport from the perspective of survivors**

Bettina Rulofs

German Sport University Cologne, Germany

**Activism by individuals who were sexually victimised as children within sport**

Mike Hartill

Edge Hill University, UK

### Symposium 36: Perfectionism in sport, dance, and exercise: An overview of available models, analyses, and methods

**DAY / TIME** Friday, 19/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** H 3 – Madeira  
**SESSION CHAIR** Andrew P. Hill, York St John University

#### An independent effects approach to perfectionism: Perfectionism, need satisfaction and thwarting, and willingness to dope

Gareth E. Jowett, Nicholas Stanger, Laurie Patterson  
*Leeds Beckett University, UK*

#### The tripartite model of perfectionism: A key model or something to be abandoned?

Mick R. Lizmore<sup>1</sup>, John K. Gotwals<sup>2</sup>  
<sup>1</sup>*University of Alberta, Canada* <sup>2</sup>*Lakehead University, Canada*

#### The 2 × 2 model of perfectionism: An overview and review of research in sport, dance and exercise

Sarah H. Mallinson-Howard  
*York St John University, UK*

#### Qualitative research: The promise and challenges of qualitative research on perfectionism in sport, dance and exercise

Sanna Nordin-Bates  
*Swedish School of Sport and Health Sciences, Sweden*

### Symposium 37: Psychological mechanisms underlying morality in sport

**DAY / TIME** Friday, 19/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** H 4 – Chalkidiki  
**SESSION CHAIR** Philip Hurst, Canterbury Christ Church University  
 Bahri Gürpınar, Akdeniz University  
**DISCUSSANT** Philip Hurst, Canterbury Christ Church University, Canterbury, UK

#### Satisfaction of the basic psychological needs as a predictor of pro-social and anti-social behaviours in athletes

İhsan Sarı<sup>1</sup>, Bahri Gürpınar<sup>2</sup>, Neslişah Yaren Köleli<sup>1</sup>  
<sup>1</sup>*Sakarya University, Turkey*, <sup>2</sup>*Akdeniz University, Turkey*

#### Coach-created empowering and disempowering motivational climate and moral behaviour: Mediating role of moral disengagement

Bahri Gürpınar<sup>1</sup>, İhsan Sarı<sup>2</sup>, Hatice Yıldırım<sup>1</sup>  
<sup>1</sup>*Akdeniz University, Turkey*, <sup>2</sup>*Sakarya University, Turkey*

#### Collective moral disengagement: A study with adolescent team sport athletes

Francesca Danioni<sup>1</sup>, Rosa Rosnati<sup>1</sup>, Daniela Barni<sup>2</sup>  
<sup>1</sup>*Catholic University, Italy*, <sup>2</sup>*LUMSA University, Italy*

#### Fear of failure predicts doping likelihood in competitive athletes

Philip Hurst  
*Canterbury Christ Church University, UK*

#### The relationship between goal orientation, basic psychological needs and passion for sport

Lieke Schiphof-Godart, Michiel Krijger-Hombergen  
*The Hague University, The Netherlands*

#### The relationship between goal orientation, basic psychological needs and passion for sport

Lieke Schiphof-Godart, Michiel Krijger-Hombergen  
*The Hague University, The Netherlands*

### Symposium 38: Intervention studies in applied sport psychology

**DAY / TIME** Friday, 19/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** VSH 06 – Bad Blankenburg  
**SESSION CHAIR** Nadja Walter, Leipzig University

#### An innovative reflexive self-talk online intervention with female athletes

Alexander Latinjak<sup>1</sup>, Antonis Hatzigeorgiadis<sup>2</sup>, Lucia Figal-Gómez<sup>3</sup>, James Hardy<sup>4</sup>  
<sup>1</sup>University of Suffolk, UK; <sup>2</sup>University of Thessaly, Greece <sup>3</sup>University of Suffolk, Spain;  
 Universitat Autònoma de Barcelona, <sup>4</sup>Bangor University, UK

#### Developing a career training programme in Swedish elite handball

Johan Ekengren, Natalia Stambulova, Urban Johnson  
 Halmstad University, Halmstad, Sweden

#### Effects of self-talk training on junior elite athletes' competitive anxiety, self-efficacy, volitional skills, and performance

Nadja Walter, Dorothee Alfermann  
 Leipzig University, Germany

#### Nature-based interventions for athlete well-being: A mixed methods approach

Tadhg E. MacIntyre  
 University of Limerick, Ireland

### Symposium 39: How culture and context inform practice in sport psychology: A cultural lens on talent and career development in sport

**DAY / TIME** Friday, 19/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** VSH 17 – Westphalia  
**SESSION CHAIR** Louise Kamuk Storm, University of Southern Denmark

#### Understanding a Danish talent academy, beyond its people: A cultural lens

Louise Kamuk Storm, Carsten Hvid Larsen, Kristoffer Henriksen  
 University of Southern Denmark

#### Empowering youth athletes against the odds: Successful talent-development environments in underserved communities

Rob Book<sup>1</sup>, Kristoffer Henriksen<sup>1</sup>, Natalia Stambulova<sup>2</sup>  
<sup>1</sup>University of Southern Denmark, <sup>2</sup>Halmstad University, Sweden

#### „Quite aggressive assaults on us to start off with“: Culture change in a national performance pathway in the UK

Niels Feddersen<sup>1</sup>, Robert Morris<sup>1</sup>, Louise Kamuk Storm<sup>2</sup>, Martin Littlewood<sup>1</sup>, David Richardson<sup>1</sup>  
<sup>1</sup>Liverpool John Moores University, UK <sup>2</sup>University of Southern Denmark

#### Why does Iceland invest in youth sport for all?

Dadi Rafnsson  
 Reykjavik University, Iceland

#### That did not go as planned! Reflections on service delivery in Danish professional football

Carsten Hvid Larsen  
 University of Southern Denmark

### Workshop 19: Introduction to Bayes statistics using GNU R for sport neuroscientists/psychologists

**DAY / TIME** Friday, 19/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** VSH 18 – Edinburgh  
**SESSION CHAIR** Sven Hoffmann, German Sport University Cologne

### Workshop 20: Working with adolescent athletes: the importance of active involvement and fun based on ACT examples

**DAY / TIME** Friday, 19/Jul/2019: 2:00pm – 3:30pm  
**LOCATION** VSH 116 – Varna  
**SESSION CHAIR** Kristel Kiens, Tallinn University  
 Snezana Stoljarova, Tallinn University/ESTIPP OÜ private consultancy

### Keynote Zella Moore: Clinical Sport Psychology: Considering Psychological Well-being and Performance Excellence

**DAY / TIME** Friday, 19/Jul/2019: 4:00pm – 5:00pm  
**LOCATION** H 1 - Vittel  
**SESSION CHAIR** Karin Moesch, Swedish Sports Confederation

15 TH  
EUROPEAN  
CONGRESS  
OF SPORT &  
EXERCISE  
PSYCHOLOGY  
MÜNSTER  
GERMANY

# 10 ANNIVERSARY: 50 YEARS OF ASP



building the future of sport  
& exercise psychology.

## **Anniversary: 50 years of asp (the German Society for Sport Psychology)**

The German Society for Sport Psychology (asp) invites all friends of the Society to celebrate its 50th anniversary on Tuesday, July 16th, between 2pm and 3.30pm, in room Muenster (S10, Schloss). Following the Featured Symposium, chaired by asp-president Bernd Strauss, that includes three presentations the asp invites all attendees to a short get-together.

Not only FEPSAC, founded 1969 in Vittel (France) will celebrate its 50th anniversary, but also the German Society for Sport Psychology (asp) (German: Arbeitsgemeinschaft für Sportpsychologie e.V., abbr. asp). The German Society asp was founded 1969 (Oct. 8th) in Muenster (Germany). The society consists of 475 members (May 2019). The managing council consists of a president and six vice-presidents (e.g. for elite sports, student research training issues, exercise and health, research and international affairs). The society is a group member of FEPSAC and ISSP, and collaborates e.g., with the German Federal Institute of Sport Science (BISp), the German Society of Sport Science (dvs), the German Psychological Society (DGPs), and the German Olympic Sport Federation (DOSB). The purpose is to encourage and promote the study of human behaviour within sport and exercise as well as to improve the quality of research and professional practice in sport and exercise psychology. This mission is e.g., realized by an annual national conference (in May 2019, the 51st conference took place), training and certification (in collaboration with the Federal Institute of Sport Science, BISp) in elite sports as well as health or methodological training. The official journal of the Society is the German Journal of Sport Psychology (Zeitschrift für Sportpsychologie; publisher: Hogrefe), founded in 1987. Most relevant information is provided via the homepage:

<https://www.asp-sportpsychologie.org/index.php>

# 11 EXHIBITION

## EXHIBITION

The Congress will be accompanied by a major exhibition taking place in the marquee in front of the Schloss. The exhibition days for the different companies are displayed below.

### **Movisens**

Tuesday July 16th to Thursday July 18th

### **Krüper University Book Shop**

Monday July 15th to Wednesday July 17th Official University of Muenster merchandise can be purchased at this booth.

### **Springer**

Tuesday July 16th to Wednesday July 17th

### **Tobii pro**

Tuesday July 16th

### **Sport Thieme**

Wednesday July 17th

### **AOK**

Presentation days to be announced

### **FEPSAC**

The 50 years of FEPSAC book can be purchased at the exhibition.  
Times are to be announced.

# 12 SPONSORS AND SUPPORTERS

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The Professional Sport Psychology Group is approved by the American Psychological Association to sponsor continuing education for psychologists. As Co-Sponsor PSPG maintains responsibility for this program and its content.



# 13 COMMITTEES

## COMMITTEES

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 Claudia Voelcker-Rehage, PhD – Germany  
 Diane Ste-Marie, PhD – Canada  
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 Yu-Kai Chang, PhD – Taiwan

### Young Researcher Award

Natalia Stambulova, PhD (Chair) – Sweden  
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 Hülya Aşçi, PhD – Turkey  
 Daniel Gould, PhD – USA  
 Martin Hagger, PhD – Australia  
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# IMPRESSUM

## **Publisher**

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