Table 2. Ranking, mean scores and standard deviations of Round 2 activity items, from most common to least common above the cut-off < 2.0.

| Activities by ranking | Mean (SD) | Activities by ranking  | Mean (SD) | Activities by ranking  | Mean (SD) | Activities by ranking  | Mean (SD) |
| --- | --- | --- | --- | --- | --- | --- | --- |
| 1. Conducting personal care
 | 3.9(.30) | 1. Being with your spouse/partner
 | 3.1(.64) | 1. Attending community activities
 | 2.6(.51) | 1. Studying for personal advancement
 | 2.2(.62) |
| 1. Food / grocery shopping
 | 3.9(.48) | 1. Visiting family/friends who are ill
 | 3.1(.70) | 1. Doing puzzles/crosswords
 | 2.5(.51) | 1. Mending/repairing clothes
 | 2.2(.83) |
| 1. Watching television
 | 3.9(.36) | 1. **Going to family gatherings**
 | 3.1(.70) | 1. Going to a public library
 | 2.5(.51) | 1. **Putting together jigsaw puzzles**
 | 2.2(.60) |
| 1. Washing up
 | 3.9(.36) | 1. Voting\*
 | 3.1(.54) | 1. Going to the cinema
 | 2.5(.60) | 1. Written communications
 | 2.2(.60) |
| 1. Preparing a hot drink
 | 3.8(.40) | 1. Reading a book
 | 3.0(.67) | 1. **Gambling**
 | 2.5(.68) | 1. Watching nature
 | 2.2(.60) |
| 1. Making your bed
 | 3.8(.44) | 1. **Listening to music**
 | 3.0(.74) | 1. Attending a hobby/leisure activity group\*
 | 2.5(.51) | 1. Going to the theatre
 | 2.2(.40) |
| 1. Doing the laundry
 | 3.7(.46) | 1. Gardening
 | 3.0(.50) | 1. Taking photographs
 | 2.5(.81) | 1. Going to the beach
 | 2.2(.75) |
| 1. **Paying household bills**
 | 3.7(.56) | 1. Walking
 | 3.0(.74) | 1. Going for drinks at pubs/social clubs
 | 2.5(.68) | 1. Attending a night class/adult education group\*
 | 2.2(.81) |
| 1. Talking on the telephone
 | 3.6(.50) | 1. Doing activities with grandchildren/children
 | 3.0(.74) | 1. Caring for others at home
 | 2.4(.51) | 1. Outdoor Bowling
 | 2.1(.57) |
| 1. Putting the rubbish/recycling out
 | 3.6(.51) | 1. **Maintaining the garden**
 | 2.9(.70) | 1. **Visiting public offices**
 | 2.4(1.05) | 1. Dancing
 | 2.1(.48) |
| 1. Reading a newspaper
 | 3.5(.60) | 1. Watching films on DVD/video
 | 2.9(.89) | 1. **Babysitting**
 | 2.4(.80) | 1. **Tending your allotment**
 | 2.1(.57) |
| 1. Taking a rest
 | 3.5(.60) | 1. **Attending funeral services**
 | 2.9(.79) | 1. Being on a committee
 | 2.4(.59) | 1. Having a picnic/BBQ
 | 2.1(.48) |
| 1. Going to the doctor/dentist
 | 3.5(.61) | 1. Attending celebrations
 | 2.9(.72) | 1. Playing table games
 | 2.4(.59) | 1. Working in paid employment
 | 2.1(.57) |
| 1. Cooking a meal
 | 3.5(.75) | 1. **Travelling\***
 | 2.9(.57) | 1. Child care
 | 2.4(.50) | 1. **Going to concerts**
 | 2.1(.54) |
| 1. Listening to the radio
 | 3.4(.60) | 1. Recreational shopping
 | 2.8(.51) | 1. **Going to museums**
 | 2.4(.50) | 1. Swimming
 | 2.1(.62) |
| 1. Going on holiday
 | 3.4(.68) | 1. Using public transport
 | 2.8(.95) | 1. **Attending a social group\***
 | 2.4(.67) | 1. Going to parties
 | 2.1(.54) |
| 1. Household chores
 | 3.3(.66) | 1. **Fixing things around the house**
 | 2.8(.89) | 1. **Storytelling with children**
 | 2.3(.86) | 1. Going to places of worship
 | 2.1(.54) |
| 1. Having a tea/coffee with someone else
 | 3.3(.66) | 1. **Filling your vehicle with petrol**
 | 2.8(.54) | 1. **Walking the dog**
 | 2.3(.46) | 1. Visiting graves
 | 2.1(.62) |
| 1. Shopping for clothes/shoes
 | 3.3(.86) | 1. Using a computer
 | 2.7(.78) | 1. Maintaining your vehicle
 | 2.3(.96) | 1. Cooking/baking as a hobby
 | 2.0(.67) |
| 1. Spending time with family/friends
 | 3.3(.56) | 1. Taking care of pets
 | 2.7(.72) | 1. Researching family history
 | 2.3(.46) | 1. **Interior decorating**
 | 2.0(.67) |
| 1. **Shopping for gifts/others**
 | 3.3(.96) | 1. Driving
 | 2.7(.56) | 1. Playing golf
 | 2.3(.46) | 1. Indoor Bowling
 | 2.0(.59) |
| 1. Managing financial matters
 | 3.3(.72) | 1. Going to gardens/parks
 | 2.7(.57) | 1. Hiking/rambling
 | 2.3(.46) | 1. Reading a religious book
 | 2.0(.59) |
| 1. Going to the hairdresser/barber
 | 3.3(.78) | 1. Cultural visits\*
 | 2.7(.48) | 1. Riding a bicycle
 | 2.3(.46) | 1. Entering competitions
 | 2.0(.45) |
| 1. Sitting and thinking
 | 3.3(.79) | 1. Eating out
 | 2.7(.73) | 1. **Researching local history\***
 | 2.3(.56) | 1. Needle crafts
 | 2.0(.59) |
| 1. Reading a magazine
 | 3.2(.62) | 1. Going on outings
 | 2.6(.50) | 1. **Performing charitable acts\***
 | 2.3(.56) | 1. Entertaining at home
 | 2.0(.74) |
| 1. Going to a newsagents/office
 | 3.2(.60) | 1. Volunteer work
 | 2.6(.50) | 1. **Caring for others out of the home**
 | 2.3(.56) | 1. **Performing DIY**
 | 2.0(.60) |
| 1. Relaxing/meditating
 | 3.2(.81) | 1. Exercising
 | 2.6(.60) | 1. Looking at photo albums/home videos
 | 2.2(.62) |  |  |

*Note.* SD = Standard Deviation; \* = activities not included in Round 1; Bold text = wording or possible collapsing with other items considered in the focus group