Table 2. Ranking, mean scores and standard deviations of Round 2 activity items, from most common to least common above the cut-off < 2.0.

| Activities by ranking | Mean (SD) | Activities by ranking | Mean (SD) | Activities by ranking | Mean (SD) | Activities by ranking | Mean (SD) |
| --- | --- | --- | --- | --- | --- | --- | --- |
| 1. Conducting personal care | 3.9(.30) | 1. Being with your spouse/partner | 3.1(.64) | 1. Attending community activities | 2.6(.51) | 1. Studying for personal advancement | 2.2(.62) |
| 1. Food / grocery shopping | 3.9(.48) | 1. Visiting family/friends who are ill | 3.1(.70) | 1. Doing puzzles/crosswords | 2.5(.51) | 1. Mending/repairing clothes | 2.2(.83) |
| 1. Watching television | 3.9(.36) | 1. **Going to family gatherings** | 3.1(.70) | 1. Going to a public library | 2.5(.51) | 1. **Putting together jigsaw puzzles** | 2.2(.60) |
| 1. Washing up | 3.9(.36) | 1. Voting\* | 3.1(.54) | 1. Going to the cinema | 2.5(.60) | 1. Written communications | 2.2(.60) |
| 1. Preparing a hot drink | 3.8(.40) | 1. Reading a book | 3.0(.67) | 1. **Gambling** | 2.5(.68) | 1. Watching nature | 2.2(.60) |
| 1. Making your bed | 3.8(.44) | 1. **Listening to music** | 3.0(.74) | 1. Attending a hobby/leisure activity group\* | 2.5(.51) | 1. Going to the theatre | 2.2(.40) |
| 1. Doing the laundry | 3.7(.46) | 1. Gardening | 3.0(.50) | 1. Taking photographs | 2.5(.81) | 1. Going to the beach | 2.2(.75) |
| 1. **Paying household bills** | 3.7(.56) | 1. Walking | 3.0(.74) | 1. Going for drinks at pubs/social clubs | 2.5(.68) | 1. Attending a night class/adult education group\* | 2.2(.81) |
| 1. Talking on the telephone | 3.6(.50) | 1. Doing activities with grandchildren/children | 3.0(.74) | 1. Caring for others at home | 2.4(.51) | 1. Outdoor Bowling | 2.1(.57) |
| 1. Putting the rubbish/recycling out | 3.6(.51) | 1. **Maintaining the garden** | 2.9(.70) | 1. **Visiting public offices** | 2.4(1.05) | 1. Dancing | 2.1(.48) |
| 1. Reading a newspaper | 3.5(.60) | 1. Watching films on DVD/video | 2.9(.89) | 1. **Babysitting** | 2.4(.80) | 1. **Tending your allotment** | 2.1(.57) |
| 1. Taking a rest | 3.5(.60) | 1. **Attending funeral services** | 2.9(.79) | 1. Being on a committee | 2.4(.59) | 1. Having a picnic/BBQ | 2.1(.48) |
| 1. Going to the doctor/dentist | 3.5(.61) | 1. Attending celebrations | 2.9(.72) | 1. Playing table games | 2.4(.59) | 1. Working in paid employment | 2.1(.57) |
| 1. Cooking a meal | 3.5(.75) | 1. **Travelling\*** | 2.9(.57) | 1. Child care | 2.4(.50) | 1. **Going to concerts** | 2.1(.54) |
| 1. Listening to the radio | 3.4(.60) | 1. Recreational shopping | 2.8(.51) | 1. **Going to museums** | 2.4(.50) | 1. Swimming | 2.1(.62) |
| 1. Going on holiday | 3.4(.68) | 1. Using public transport | 2.8(.95) | 1. **Attending a social group\*** | 2.4(.67) | 1. Going to parties | 2.1(.54) |
| 1. Household chores | 3.3(.66) | 1. **Fixing things around the house** | 2.8(.89) | 1. **Storytelling with children** | 2.3(.86) | 1. Going to places of worship | 2.1(.54) |
| 1. Having a tea/coffee with someone else | 3.3(.66) | 1. **Filling your vehicle with petrol** | 2.8(.54) | 1. **Walking the dog** | 2.3(.46) | 1. Visiting graves | 2.1(.62) |
| 1. Shopping for clothes/shoes | 3.3(.86) | 1. Using a computer | 2.7(.78) | 1. Maintaining your vehicle | 2.3(.96) | 1. Cooking/baking as a hobby | 2.0(.67) |
| 1. Spending time with family/friends | 3.3(.56) | 1. Taking care of pets | 2.7(.72) | 1. Researching family history | 2.3(.46) | 1. **Interior decorating** | 2.0(.67) |
| 1. **Shopping for gifts/others** | 3.3(.96) | 1. Driving | 2.7(.56) | 1. Playing golf | 2.3(.46) | 1. Indoor Bowling | 2.0(.59) |
| 1. Managing financial matters | 3.3(.72) | 1. Going to gardens/parks | 2.7(.57) | 1. Hiking/rambling | 2.3(.46) | 1. Reading a religious book | 2.0(.59) |
| 1. Going to the hairdresser/barber | 3.3(.78) | 1. Cultural visits\* | 2.7(.48) | 1. Riding a bicycle | 2.3(.46) | 1. Entering competitions | 2.0(.45) |
| 1. Sitting and thinking | 3.3(.79) | 1. Eating out | 2.7(.73) | 1. **Researching local history\*** | 2.3(.56) | 1. Needle crafts | 2.0(.59) |
| 1. Reading a magazine | 3.2(.62) | 1. Going on outings | 2.6(.50) | 1. **Performing charitable acts\*** | 2.3(.56) | 1. Entertaining at home | 2.0(.74) |
| 1. Going to a newsagents/office | 3.2(.60) | 1. Volunteer work | 2.6(.50) | 1. **Caring for others out of the home** | 2.3(.56) | 1. **Performing DIY** | 2.0(.60) |
| 1. Relaxing/meditating | 3.2(.81) | 1. Exercising | 2.6(.60) | 1. Looking at photo albums/home videos | 2.2(.62) |  |  |

*Note.* SD = Standard Deviation; \* = activities not included in Round 1; Bold text = wording or possible collapsing with other items considered in the focus group