Table 3. Ranking, mean scores and standard deviations of Round 1 activity items, from most common to least common above the cut-off < 2.0.

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Activities by ranking | Mean (SD) | Activities by ranking | Mean (SD) | | Activities by ranking | Mean (SD) | | Activities by ranking | | Mean (SD) |
| 1. Preparing a hot drink | 5.0(.25) | 23. Listening to music | 3.4(1.29) | 45. Shopping for gifts/others | | 2.5(.64) | 67. Entertaining at home | | | 2.1(1.07) | |
| 1. Conducting personal care | 4.9(.53) | 24. Spending time with family/friends | 3.3(.81) | 46. Mending/repairing clothes | | 2.5(1.03) | 68. Going to watch a sports event | | | 2.1(1.22) | |
| 1. Washing up | 4.8(.60) | 25. Using a computer | 3.3(1.72) | 47. Caring for others at home | | 2.5(1.79) | 69. Going to the cinema | | | 2.0(.84) | |
| 1. Watching television | 4.8(.65) | 26. Doing puzzles/crosswords | 3.2(1.63) | 48. Exercising | | 2.5(1.58) | 70. Going on holiday | | | 2.0(.42) | |
| 1. Making your bed | 4.8(.66) | 27. Maintaining the garden | 3.2(.98) | 49. Shopping for clothes/shoes | | 2.5(.59) | 71. Hiking/rambling | | | 2.0(1.20) | |
| 1. Cooking a meal | 4.6(.93) | 28. Relaxing/meditating | 3.1(1.54) | 50. Going to a public library | | 2.5(1.15) | 72. Going to the beach | | | 2.0(.79) | |
| 1. Talking on the telephone | 4.6(.59) | 29. Gardening | 3.1(1.17) | 51. Recreational shopping | | 2.5(1.05) | 73. Attending funeral services | | | 2.0(.45) | |
| 1. Listening to the radio | 4.5(.95) | 30. Eating out | 3.0(.77) | 52. Going to places of worship | | 2.5(1.31) |  | | |  | |
| 1. Taking a rest | 4.5(1.11) | 31. Paying household bills | 3.0(.71) | 53. Attending community activities | | 2.4(1.17) |  | | |  | |
| 1. Reading a newspaper | 4.4(.97) | 32. Being with your spouse/partner | 2.8(1.95) | 54. Keeping diary/calendar of events | | 2.4(1.73) |  | | |  | |
| 1. Having a tea/coffee with someone else | 4.3(.79) | 33. Managing financial matters | 2.8(.82) | 55. Going to family gatherings | | 2.4(.69) |  | | |  | |
| 1. Putting the rubbish/recycling out | 4.2(.74) | 34. Fixing things around the house | 2.8(1.07) | 56. Cooking/baking as a hobby | | 2.4(1.35) |  | | |  | |
| 1. Sitting and thinking | 4.2(1.11) | 35. Volunteer work | 2.7(1.44) | 57. Taking photographs | | 2.3(1.00) |  | | |  | |
| 1. Reading a book | 4.2(1.17) | 36. Going to gardens/parks | 2.7(.98) | 58. Reading a Religious book | | 2.3(1.44) |  | | |  | |
| 1. Food/grocery shopping | 4.2(.54) | 37. Going to the hairdresser/barber | 2.7(.86) | 59. Going to museums | | 2.3(.72) |  | | |  | |
| 1. Walking | 4.1(1.06) | 38. Visiting family/friends who are ill | 2.7(1.01) | 60. Flower arranging | | 2.2(1.23) |  | | |  | |
| 1. Household chores | 4.0(.88) | 39. Written communications | 2.7(1.06) | 61. Going to concerts | | 2.2(.77) |  | | |  | |
| 1. Reading a magazine | 3.9(.87) | 40. Watching nature | 2.6(1.63) | 62. Caring for others out of the home | | 2.2(1.23) |  | | |  | |
| 1. Going to a newsagents/post office | 3.8(.98) | 41. Going on outings | 2.6(.87) | 63. Looking at photo albums/home videos | | 2.2(.86) |  | | |  | |
| 1. Doing the laundry | 3.8(.94) | 42. Watching films on DVD/video | 2.6(1.15) | 64. Going to the theatre | | 2.2(.67) |  | | |  | |
| 1. Driving | 3.5(1.74) | 43. Being on a committee | 2.6(1.10) | 65. Going to the doctor/dentist | | 2.1(.49) |  | | |  | |
| 1. Using public transport | 3.4(1.21) | 44. Filling your vehicle with petrol | 2.6(1.18) | 66. Studying for personal advancement | | 2.1(1.37) |  | |  | | |

*Note.* SD = Standard Deviation