

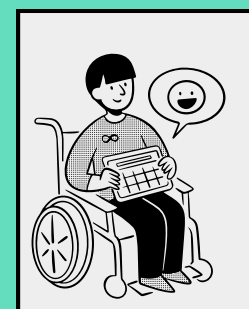
# UNDERSTANDING CO-RESEARCH SPACES

THIS GUIDE EXPLORES HOW EMOTION WORDS CAN BE USED AS A TOOL TO ENCOURAGE DISCUSSION AND REFLECTION ABOUT CO-RESEARCH SPACES.



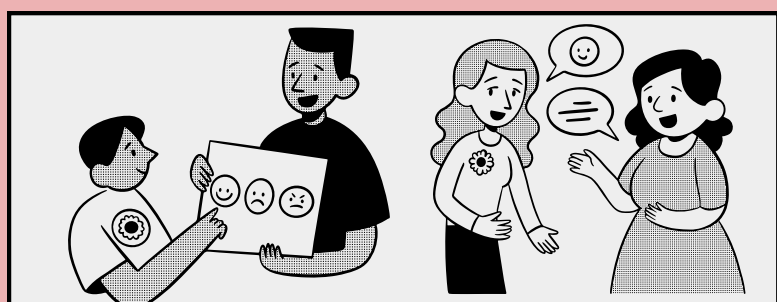
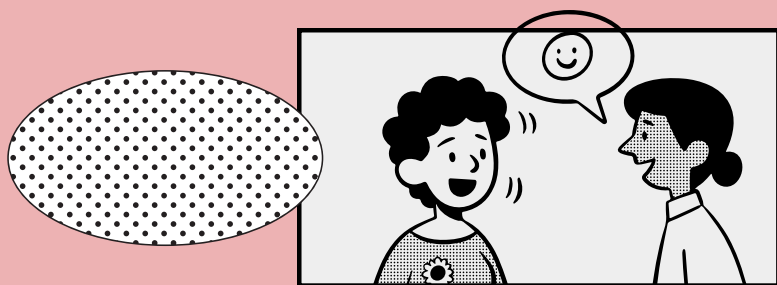
## 1. IDENTIFY PROMPTS AND KEY LEARNING MOMENTS

Identify questions and key learning moments from your time together as a co-research team. Questions that consider the experience of creating a co-research space such as, 'What does it feel like to engage as a co-researcher?' can be useful starting points to encourage a range of perspectives.



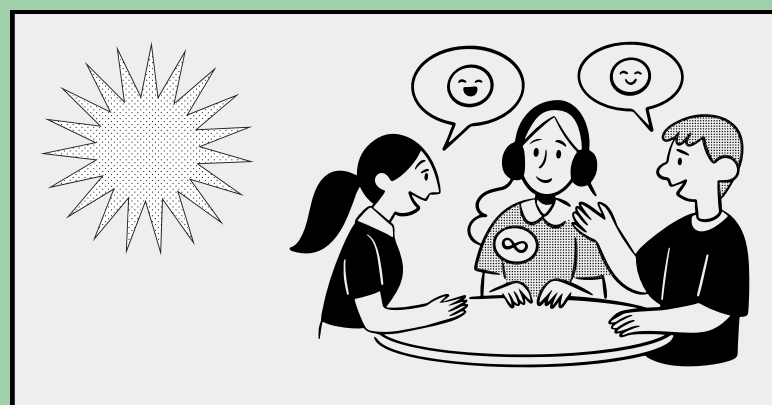
## 2. INTRODUCE EMOTION WORDS

Once prompts or questions have been decided upon, researchers can use emotion words as a resource for encouraging discussion and reflection. The accompanying word bank is intended to help articulate everyone's experience of engaging with a co-research space. Include blank paper for people to contribute words to the word bank.



## 3. DISCUSS AND EXPLORE TOGETHER

Encourage anyone who feels comfortable to expand upon their choice of words. What do you want people to know about the experience of co-creating research? What is important to share and how can we keep talking about these elements of co-research spaces and practice?



## 4. COLLABORATIVE CREATIVITY

Once you've identified the emotion words and expanded upon these, can you work together to share your insights. Youth researchers have engaged in research conversations building upon their identified emotions, drawn doodles relating to the words and collaborated on a 'Dear Researcher' letter highlighting factors they considered important in collaborative research spaces. What could your co-research team create to spread the word?

## WORD BANK

Valued  
Hopeful  
Safe  
Heard  
Comfortable  
Fortunate  
Trusted  
Privileged  
Encouraged  
Included  
Inspired  
Excited  
Express yourself  
Respected  
Confident  
Motivated  
Empowered  
Purposeful  
Knowledgeable  
Engaged  
Challenged  
Supported  
Equipped  
Up-skilled  
Royal  
Independent  
Happy  
Perspective-changing  
Understanding yourself  
Surprised  
Ill-equipped  
Flustered  
Intimidated

Sad  
Annoyed  
Powerless  
Worried  
Confused  
Overwhelmed  
A bit silly  
Stuck  
Angry  
Unsupported  
Awkward  
Frustrated  
Let Down  
Vulnerable  
Misunderstood  
Anxious  
Deceived  
Embarrassed  
Bored  
Lacking purpose  
Connected  
Nervous  
Ignored  
Weird  
Proud  
Seen  
Part of a team  
Shy  
Lost  
Scared  
Over-joyed  
Upset  
Had fun  
Overthinking