CCIN Cooperative Development Toolkit Case Studies (2024)

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CO-OPERATIVE NETWORK INFRASTRUCTURE

OVERVIEW

Registered Name	Cooperative Network Infrastructure Limited
Date of Incorporation	06/02/2018

Legal Form / Structure	Society
Ownership class	Multi-stakeholder (Organisations)
Туре	Thin-layer co-op

Number of Members	49
Number of Employees	0
Number of Volunteers	0
Turnover (2022/23)	~ <i>£</i> 294k

Location

Ashton-under-Lyne, Tameside, England (Greater Manchester, Lancashire, Sussex)



DESCRIPTION

- CNI describes itself as a new type of co-op called a 'thin layer model co-op'
- Offers shared access to assets, mainly fibre networks, that are worth a lot of money (>£1m) without 'taking ownership' of those assets, instead mediating access
- Where many co-ops are about democratic control and shared ownership, CNI are about neutrality – a 'cooperative neutral host'
- Democratic but key point about the co-op structure and governance is that it guarantees neutrality – people talk about 'asset locks' and 'mission locks', this is a 'neutrality lock'
- Members are organisations, drawn from public, private and to some extent, third sector. Some members provide assets and earn a return for providing those assets and some members pay to access those assets
- > CNI only adds a very small amount of value in between, hence the term 'thin layer cooperative'.



Due diligence and founding

- Report commissioned from PwC into the state aid implications and viability of model
- QC sign-off on interpretation of state aid rules

BACKGROUND

Persuading key members

infrastructure not commercially

 \succ Shared infrastructure enables

capital to be used better

 \succ Making use of a shared

disadvantageous

NEED: Tameside General Hospital needed to connect its data centre to its disaster recovery centre, needed point-to-point connection running at 10 gigabits. Calculated the money that they would spend over five years would be enough to build their own bit of fibre connecting the two places together and at the end of the five years, the costs will fall off a cliff. Moreover, because now you have your own fibre, why run it at 10 when you can run it at 40 gigabits or at 100 gigabits?

GROWTH: Tameside Council went through a similar process. They built a fibre network so why not join them together and make something bigger? How do you do this without creating some kind of complicated joint venture special purpose vehicle? You use a co-op! That way, you're not giving anything up, you're just saying, let's provide access to this joint network.

PRIVATE SECTOR: It's possible to open this up to the private sector because the model satisfies procurement and state aid rules by establishing certain key value transactions between members outside of the state and those inside the state. The model resolves the subsidy control problem which had prevented councils from intervening in digital infrastructure development.

Expansion

Combination of

'model rules' and

'member

agreement'

resolves

transactional

complexity and

reduces friction

Private sector is

engaged but

leadership tends

to come from

public sector.

By convention,

the Chair is from

the public sector

- Second local authority, Blackpool
- Signing-up Virgin Media and City Fibre

Break-even

- Hit break even a couple of years ago, took about 3 years
- Now making a surplus and approaching £1,000,000 worth of assets

KEY FEATURES

Elected Board formalises decisions but Operations Group drives development.

> CNI is not a community benefit society, it is a cooperative society with a not-for-profit clause in its regulations

It's not just the price of the fibre itself it's the deployment of it that has a significant value.

Capabilities

Assets consist

almost entirely of

fibre deployed in

ducting either

public sector

ducting or Open

Reach ducting.

CNI's current

focus is on

network

enhancement and

expansion.

 \succ Able to install fibre

well as Openreach

infrastructure in public and

 \succ Could be covering the country,

the model is entirely scalable

private sector ducting assets as

CNI is not-forprofit – must reinvest all surplus – but surplus created in, for example, Blackpool will be reinvested in Blackpool.

GOVERNANCE

Structure

provides flexibility

for members and

enables specialists

to speak to

relevant items.

Members can

keep an eye on

what's going on,

no one is going to

pull the wool over

your eyes, and

trust levels are

high.

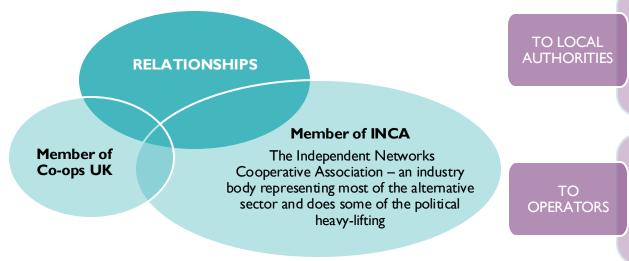
ASSETS



SUPPORT

Just one thing, a 'can do attitude' in the local authority, nothing more than that

- Some local authorities 'get it', others don't the idea that if you build and own some of your own infrastructure it gives you all kinds of options you otherwise wouldn't have, including working with a model like CNI
- Blackpool and Tameside have received significant investment from the government on the basis that they were using the CNI model.



KEY MESSAGES / TAKEAWAYS

They can make a very significant intervention without getting entangled in complicated subsidy controls, concession arrangements, and clawback mechanisms without having to spend public money. This can have a transformative effect, totally in line with what they want to do in terms of economic development, and local wealth creation.

It's in your mutual self-interest to collaborate in certain areas, no one is going to 'eat your lunch'. It works commercially and gets the market economy working in a way that's a bit more collaborative and resource efficient, which can only be good for the planet. Overall, CNI and the 'thin layer model' reduces friction by increasing trust.

Collaboration is so much built into what we do that the whole 'principle six question' (cooperation among cooperatives) doesn't really arise.

> The real growth and/or replication opportunity lies in the model – using membership regulations to decomplexify situations where the barriers would be prohibitive.

OUTLANDISH CO-OPERATIVE

OVERVIEW

Registered Name	Outlandish Co-operative Limited
Date of Incorporation	19/04/2016

Legal Form / Structure	Society
Ownership class	Workers
Туре	Worker co-op

Number of Members	4
Number of Employees	10 freelance collaborators
Number of Volunteers	0
Turnover (2022/23)	£1.2m

Location Islington, London, England

DESCRIPTION

- A workers cooperative in the tech sector building websites, data tools, and software – originally founded in 2011 then converted to a co-operative society in 2016
- Most clients are 'somehow for good', they work with trade unions, large charities, universities, and researchers, along with other progressive companies
- Currently have 4 members and about 10 collaborators (not employees) who are freelancers, collaborators who are on the journey to membership are referred to as 'Outlanders'
- Predominantly based in London, but since the pandemic have become more and more remote/hybrid
- Use consent-based decision making, Sociocracy
- Don't have a flat pay structure, instead use a 3:1 ratio, but it's much lower than that
- Key player in establishing and running CoTech, a network of UK-based tech-focused workers co-ops
- Established Space4 in 2017, a co-working and community space, as kind of a way of 'doing the principle six thing' in terms of reaching out and putting back into the community.



Founding (2016)

- > Setting up the coop in 2016.
- Setting up CoTech helped root culture in cooperativism and helped meet a lot more people

Space4

Originally established in 2017, led to taking on a 10-year contract with Islington Council in 2019, worth £600,000 in rent over 10 years, probably worth a lot more in other ways

BACKGROUND

ORIGINS: Group of three friends working in digital teams in the BBC. Frustrated by the bureaucracy, realised if they set up an agency they could supply tools to the BBC, would be better paid, and have more control over their work and lives. Initially formed a limited liability partnership building digital tools. Founders were interested in politics and activism, so they started taking on more clients who shared similar interests, values, and missions.

CO-OP: Founders didn't want to become bosses and didn't want all the responsibility. They wanted to do the work and to work with people who were also trying to push themselves, who shared their vision, and who were up for participating so started investigating models, got some advice through Co-ops UK, eventually Siôn Whellens (Principle 6) supported their conversion to a co-op.

PROCESS: Tried to get everybody working for the company to join. Turned out that people had slightly different visions and some didn't really "get it". There was a phase of ironing-out some of the processes and politics in the beginning.

Major projects

- Overthrowing a government a piece of technology that was instrumental in changing the government in Papua New Guinea
- School Cuts website the campaign influenced many thousands of votes in the 2017 election

Circles: Members, Tech, Design, People, and Space 4, Project Managers, and others when Frequency of

Members Circle

meet weekly, deals

circle meetings

varies depending

on focus, size, and

decisions to be

made

Responsible for internal and external work, all decisions which are specific to those circles are pushed out to them

needed

Project teams, typically consist of Project Manager, Designer, Developer, and Project Sponsor

Project Sponsor is a member, serves as client liaison, joins dots, ensures alignment, not a technical role

Only restrict the most contentious, risky, or legally binding decisions to Members

KEY FEATURES

All collaborators should be on a path to membership, so try and be as transparent with them as possible

Collaborators can apply to be an Outlander, not different legally but invited to take on more internal work and be part of members'

meetings Consent-based decision making, open to anybody in the circles, tends to be Members, Outlanders, and sometimes

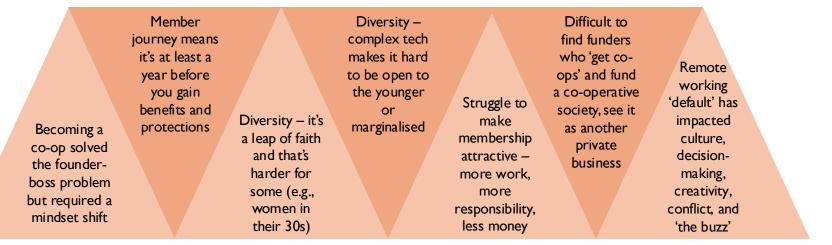
Collaborators

Time to check, A) You have skills which are sellable and you're going to be bringing in value B) You've got the kind of right attitude Outlanders can become Members after I year, they then become an employee and gain benefits as well as responsibilities

STRUCTURE

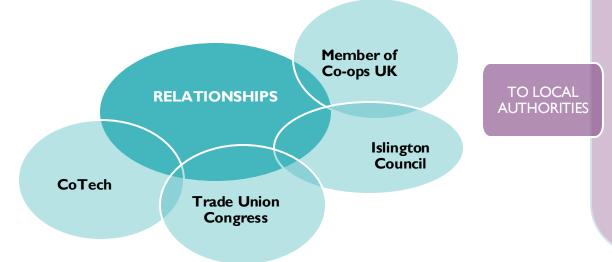
OPERATIONS

MEMBERSHIP



SUPPORT

- > Co-ops UK provided initial port of call and ongoing touchpoint
- > Siôn Whellens (Principle 6) supported conversion to co-op
- > Islington Council via 10-year rent agreement for new Space4 location
- Private philanthropic support



KEY MESSAGES / TAKEAWAYS

Forming the bond with Islington Council has been fantastic. Demonstrating that they can source more of their digital products locally has been great. While you can't necessarily have a highly localised community wealth building model in London, because why shouldn't they buy from neighbouring boroughs, trying to shorten those supply chains and, probably more importantly, make those supply chains more ethical and democratic is good. Most tech agencies don't feel rooted in their local community, so it is quite a special feeling to be engaged in the politics and working with the Council.

GROWTH AND/OR REPLICATION

Replication is probably easier to talk about – always been very transparent and open to sharing, including policies and other tools.

Somebody suggested 'Outlandish in a box', it's a bit of a fallacy to say that you can just replicate a co-op because it is really the people who run it that 'make it'.

> Members differ in how much they want to grow, never hundreds but 20-50, yet it's stayed around 10 members. People want that feeling of working for a small business – and growth poses challenges for participation, it leads to the question of specialisation and how that would change Outlandish.

DULAS

OVERVIEW

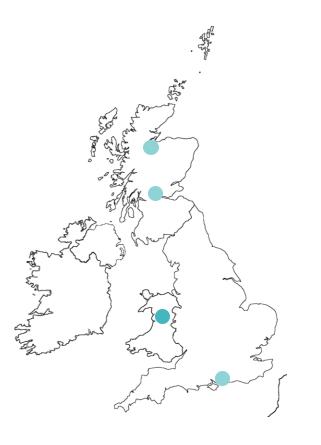
Registered Name	Dulas Ltd
Date of Incorporation	15/04/1982

Legal Form / Structure	Company limited by shares
Ownership class	Workers
Туре	Worker co-op

Number of Members	52
Number of Employees	90
Number of Volunteers	0
Turnover (2021/22)	~£I 2.8m

Location

Machynlleth, Powys, Wales (Stirling, Inverness, Bognor Regis)



DESCRIPTION

- A workers' co-operative in the renewable energy and manufacturing sectors, founded in 1982
- Originally created as a kind of renewable energy lab at the Centre for Alternative Technology
- Highly qualified and experienced multi-disciplinary team encompassing all aspects of renewable energy from policy, market stimulation and resource assessment right through to research, design, training, and the implementation of wind, solar, micro hydro and biomass projects
- Based across two sites in Machynlleth, where it was set up, but it's also in Inverness and Stirling, as well as in Bognor Regis through a recent manufacturing acquisition
- Guiding set of values since 1982, commitments to:
 Creating sustainable and meaningful employment and training and developing its employees
 - Its community and environment
 - Improving people's lives using appropriate technology
- Held to these values through challenging times and major successes alike.



Leaving home

 \succ Moving away from the bigger collective and having to go it alone, but keeping with that cooperative vision and the market it was operating in

BACKGROUND

New people, new ideas

Brought in a wider range of engineers and allowed them to explore what they were interested in, taking Dulas away from operating completely in solar

Reflective governance

Explored a governance structure 'befitting' a financially successful company **BUT** "milestone isn't that we went down that road, it was the realisation that it wasn't what we needed and rejecting it"

KEY FEATURES

Built into articles that you're a member or a member in waiting from day one

6-month probation then 12 months of engagement as a potential member - 18 months in total

identified need for Managing Director, Finance Director, and Operations Director

Enables clearer collaboration with conventional organisations and provides longterm vision and strategic direction

Instituted a board

of 'member

elected directors'

after reaching ~22

member-directors

As turnover

increased.

Manufacturing solar, hydro, wind energy products, EV charging, and vaccine cabinets (fridges)

Consultancy –

Renewable

energy,

environmental

impact, and 'net

zero'

Land – Own two

sites in

Machynlleth, lease

Stirling, lease

Inverness (since

early 90s), Bognor

across 8 units all

leased

Plant, machinery,

and vehicles (I) –

Electric vehicles.

4x4s, and

monitoring

equipment,

turbines, solar PV,

refrigeration, EV

charging

Research & Development -Renewable energy technology and products, including EV charging

Support services that go with all the technology are kept in house along with IT, Personnel, and Finance.

People – Value employees, the training and development programmes available, the tacit knowledge that nurtured and harnessed

Come to all the member meetings, receive member information. access all member intranet and messaging boards - you're invited to participate! Only thing you can't do is vote on resolutions or approve directors' remuneration and don't receive a dividend, if a

dividend is

awarded

MEMBERSHIP

STRUCTURE

OPERATIONS

ASSETS

ORIGINS: Founders had been at CAT since 1977, a collective of people had taken over an old slate quarry. Started off wanting to practice alternative ways of living and develop renewable energy but more and more people wanted to visit so they created a visitor centre to demonstrate and educate.

NEED: There was a lack of technical products for renewable energy systems. Four engineers were tasked with developing these products (e.g., solar controllers and inverters) to test the market. CAT was a worker co-op and educational charity, so a limited company was set up to mitigate risk. The charity took a share, and the workers took a collective share.

CO-OP: After a few years making significant losses, CAT was evolving further, so Dulas was encouraged to go it alone, move off site and see if they could survive without the support of the charity. Created additional shares so that all the six employees could take a share each. They took the coop structure and the way of working they had learned at CAT and started to achieve some financial success. Could have easily changed that model, decided to convert into real value shares, but they didn't. They kept the collective vision. As more staff joined, they just kept offering membership until it's got to this point.

Acquisitions –

Onboarding

and integrating

new sites and

subsidiary

businesses

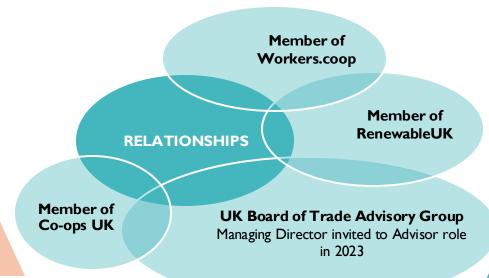
with different

functions?

ΤO

GOVERNMENT

Markets -Long lead times and duration of activities create People – complexity Are our and cash flow greatest issues resource but bring the greatest challenge



SUPPORT

- Limited direct support since leaving CAT
- Sense of disconnect between North and Mid-Wales and South Wales, where the national government and development organisations are based
- Local councils have been supportive but there's a limit to what they can offer or do
- National government is supportive, but it seems to be a reciprocal relationship – if they're going to do a big trade thing overseas or an expo, or commitment to net zero, then it's, let's go to Dulas!

KEY MESSAGES / TAKEAWAYS

- Expectations: Need to understand and put aside expectations, sense of being caught up in expectations of rapid growth, instant success, instant profit
- In for the long-haul: Dulas' success has come from long term commitment to the vision and mission, KPIs tend to drive short-term behaviour, Dulas could have grown faster but in doing so lost its sense of purpose and meaning
- Boom and bust: Companies with tax breaks, property deals, and subsidies promising job creation have come and gone, leaving communities in difficulty and local businesses struggling
- Faith in the process: Focus on mission has brought benefits to the organisation and its community – it takes time and patience to build strong businesses that make their communities stronger and healthier too and this comes from the co-operative approach to business

GROWTH AND/OR REPLICATION

Somewhat introverted, perhaps due to the remote, rural setting...

Business model and sectors provides opportunity for rapid growth – doubling turnover or recruiting 30 people in year to be members within 18 months, unheard of in most co-ops.

Expanded over time as opportunities arose. Engagement in Scottish renewables led to Stirling and Inverness. Need to secure fridge production led to acquisition of Bognor Regis manufacturing site.

Recruiting more and more people coming from local area through scholarships and bursaries – has taken time to develop skills provision in local area.

SOUTH MANCHESTER CREDIT UNION

OVERVIEW

Registered Name	South Manchester Credit Union Limited
Date of Incorporation	19/09/2000

Legal Form / Structure	Society
Ownership class	Consumers
Туре	Credit union

Number of Members	~5,000
Number of Employees	9
Number of Volunteers	~6+

Turnover (2022/23)	Assets ~£4.5m
	~£20,000 Surplus

Location Manchester, England

DESCRIPTION

- A community credit union created by ordinary people with limited external support
- > Operating for 24 years
- Now have approximately 5,000 members and assets of £4.5 million
- Used to run everything from the back room in a church but now has a main office on a very ordinary street in South Manchester
- > Staff team of equivalent to 9 full time employees
- Authorised by the Prudential Regulatory Authority (PRA) and regulated by the Financial Conduct Authority (FCA), and the PRA
- Saving is encouraged because 1) Provide capital and 2) It's life changing, many members don't believe they can do it
- At the smaller end, loans are typically made for things like a fridge, a lot of white goods or perhaps a bill, even a parking fine that's suddenly ballooned, larger loans could be for a car or home improvements, there has also been a rise in members taking out loans to cover the cost of visas or for master's degrees.

South Manchester

CreditUnion

DWP Growth Fund

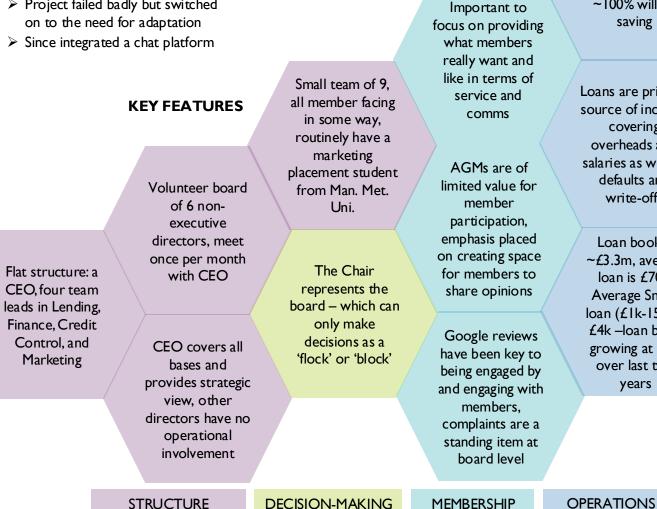
- Initiative driving growth through distribution of small loans
- Smaller loans but at high volume
- Linked to benefits scheme
- \succ Attracted new members who are now loyal, long-term members BACKGROUND

Highstreet presence

- \succ Establishing a presence was quite an identity change
- Involved lots of change, including establishing a management structure and becoming more professional and harmonised

New tech solution?

- Involvement in a national programme developing a platform for UK credit unions
- > Existing systems are functional but "coded in hieroglyphs"
- > Project failed badly but switched on to the need for adaptation
- \succ Since integrated a chat platform



Collaborative solution

union of a similar size

> Adoption imminent

solution

> Working with another credit

 \succ Finally found a good back-office

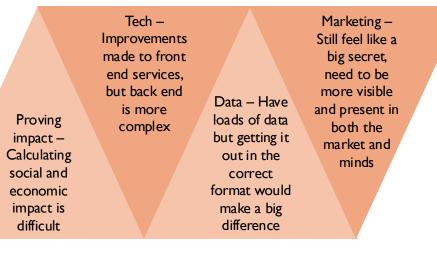
Savings - At any point ~60% of members borrowing but $\sim 100\%$ will be saving

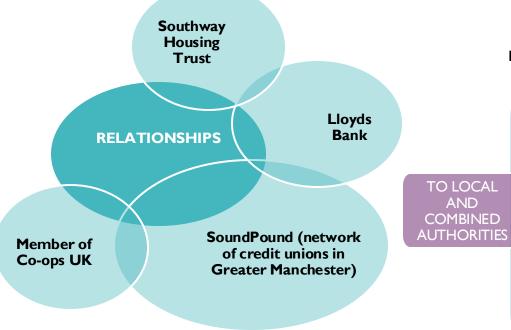
Loans are primary source of income. covering overheads and salaries as well as defaults and write-offs

Loan book is ~£3.3m, average loan is £700. Average Smart loan (£1k-15k) is £4k –loan book growing at 30% over last two years

ROOTS: Our roots are tied with those of the UK credit union movement, which was started by the Windrush Generation. We're very much there for people who have been on the outside or marginalised and not been able to find their way into affordable finance. That's at the heart of who we are. The people who started us, they believed there was a need for alternative community finance that was human-centred and focused on serving people's needs, getting to know them, being present in the community.

EFFORT: There was a core group of people who met every week for two years before they even knew that it was going to work, they put their time in alongside everything else they were doing. Pure volunteering, it was big commitment. The first chair stayed on our board for 24 years and alongside serving on the board, he had a full-time job as well for all that time. Our directors also ran 10 collection points, the only direct points of contact with the community until 2012, which was a 4-hour weekly commitment. We had a small office in the back of a church for paperwork and accounting. We didn't have any external investors; it was developed in a kind of entrepreneurial way by people investing their own time.





SUPPORT

- A local church gave a room for peppercom rent plus series of community centres doing the same for outward-facing outlets
- Funding and investment including DWP Growth Fund, Lloyds Bank, Fair for All finance dormant asset fund
- 10 years of partnership working with Southway housing trust to provide innovative lending scheme based on them investing a small amount of capital and paying a fee for each loan – interest set aside in development fund that has been used to fund things like the marketing placement student programme

KEY MESSAGES / TAKEAWAYS

- Proactively facilitate collaboration between credit unions and with other community organisations (e.g., housing providers)
- Look to regions such as Greater Manchester where a culture of crossborough collaboration has developed over many years (including Manchester Airport) and use this to create more cohesion
- Progressively invest in credit unions, they are a key mechanism for alleviating financial difficulties but also helping people learn to save and believe they can save money
- If you can't afford to invest directly, use your influence and outreach to promote credit unions

GROWTH AND/OR REPLICATION

There is some pressure from the FCA and PRA for smaller credit unions to merge and simplify the sector but many credit unions are keen to remain independent and localised.

Tech is one key area where small credit unions can be agile and innovate to maintain their relevance and fuel sustainable growth, the other is 'getting the marketing right'.

Strategically focused on building and enhancing collaboration, including a commitment to the Greater Manchester consortium. It may also be possible to establish a Credit Union Service Organisation for sharing core functions and skills. This is just one of the routes being explored to enable growth without losing their local personality, flavour, independence, confidence, and expertise.

EQUAL CARE CO-OP

OVERVIEW

Registered Name	Equal Care Co-op Limited
Date of Incorporation	09/02/2018

Legal Form / Structure	Society
Ownership class	Multi-stakeholder
Туре	Platform co-op

Number of Members	219
Number of Employees	27 employees +59 independent
Number of Volunteers	9
$T_{\mu\nu}$	~f8581

Turnover (2022/23)	~£858k
	Est. £1.5m 2023/24

Location

Hebden Bridge, Calderdale, England (+ project in London)



DESCRIPTION

- A multi-stakeholder platform cooperative providing care and support at home and in the community to a very broad range of adults experiencing a wide range of scenarios, illnesses, and challenges
- Equal Care offers a trusted, accessible care and support matching and management platform, delivering 5,000+ hours of care per month
- Caregivers and receivers get full choice and autonomy over their care, including the opportunity to be in both roles: care users can share their skills, support others and be fairly rewarded for this.
- Care workers can choose employment type and decide their hours and clients, contributing to a low staff turnover (4.5%)
- > 31% of workers are completely new to care
- The company and the technology is owned by the participators and the creators of value
- > Equal Care is a Real Living Wage employer
- Regulated by Care Quality Commission (CQC)
- Built a piece of technology and designed a model that enables power to flow away from the usual sources of it in social care, i.e., funders, commissioners, and managers, towards people who are receiving that support and the people who are giving that support, whether that is in a paid or unpaid capacity.



Founding

- \geq 2017 Met with founding group
- \geq 2018 Incorporated and received a few small grants
- > Managed to employ co-founders on part-time minimum wage in mid-2018 BACKGROUND

Raising funds

- Late 2018 managed to launch and complete first community share offer
- \succ Raised £410,000 and employed the core team by the end of 2019

IDEA: It was "one of those things that wouldn't go away" The reasons were threefold: I) Working in social care and seeing all the abuses, problems, and issues from both a worker and support recipient perspective, 2) The power organisational structures had to either contribute to people's sense of empowerment or, more commonly, to take it away, 3) The increasing distance between the people who are the subject of decisions and where decisions are made. Key influences included the sharing economy, co-production, and time-banks.

CO-OP: A charity might have been the obvious option but wouldn't have enabled the sense of equity desired. The multistakeholder platform structure fitted the aspirations of the co-founders much better, and this was further confirmed through a series of 'care conversations' that brought together the founding group of people receiving support, family members, unpaid carers, and a couple of care workers.

MODEL: It might have developed differently and been more technology focused if they had moved faster but the first year deprioritized the importance of technology and prioritised the people involved - "That was when we worked out that it was about power. Fundamentally, this is about power."

Rough terrain

- \succ Core team started in January 2020
- \succ Co-op flatlined for 2 years

- \succ Pandemic hit in March 2020

Governance – Small core team with oversight 70% 'independent from a Board workers' charge hourly rate, earn more gross than employed workers, greater 30% 'employed control but need workers' paid on to report taxes salary basis with etc.

STRUCTURE

range of billable hours and all normal work protections and benefits

'Platform' consists of a website and a companion app

Recovery

- > Emergency recovery share offer to avoid closing door, raised £300.000
- Managed to work out how to grow and found rhythm, ~ 10 -15% growth per month

KEY FEATURES

CQC regulated so more expensive than other platforms but provides assurance -both employed or independent workers

Charge for every hour of care delivered – that's where the revenue comes from (~25%

contribution rate)

London calling?

- > Developed project in London with £100,00 grant from London Office of Technology and Innovation
- Outcomes include service specification for councils and a playbook for councils and new groups exploring care co-ops

Engaging the membership bears a resource cost and therefore hard to prioritise alongside keeping things moving

Recent focus on engaging membership. Two big issues voted on: I) Pricing and 2) Raising the commons contribution

OPERATIONS

MEMBERSHIP

First 5 years focus

was on the day-

to-day model and

the sense of

control that could

be retained or

empowered,

limited scope for

votes

I) Pay out of own

pocket

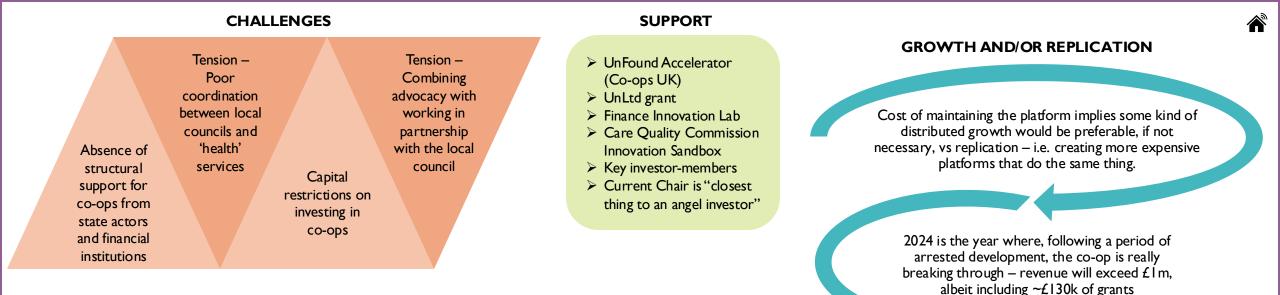
2) Direct payment

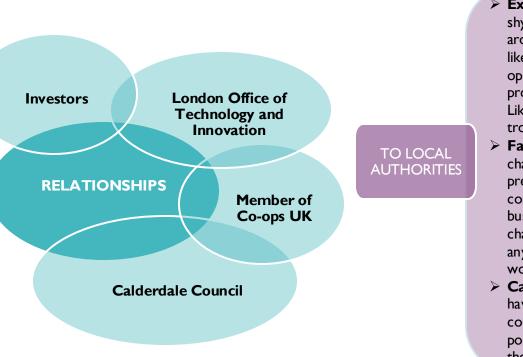
3) Framework

contract

4) NHS

healthcare





Excuses – Many local authorities shy away from any positive action around assisting social enterpriselike businesses and particularly coops because they think it breaks procurement rules or whatever. Like what? And lazy excuses get trotted out.

KEY MESSAGES / TAKEAWAYS

- Favour Councils have a big challenge in being able to show preferences, but even if they just commissioned with favour toward businesses that have an asset lock, charities, social enterprises, anything that is mission, that would would help.
- Can do The Welsh Government have shown that's all lies. Of course you can do it. If there's a political and administrative will, then you can do it.

While the London project and its two key outputs (service spec. for councils and a playbook for councils and new groups) is a success, it also highlights a barrier to growth or replication where rates are lower, which renders the model untenable.

However, sticking with the teams and platform model seems like the obvious route toward further growth beyond the Pennines.

Can say with ~85% confidence that Equal Care has a model that is capable of solving the social care crisis, not assisting or sustaining it, but convincing others of this remains the barrier to be overcome.

BELFAST CLEANING SOCIETY

OVERVIEW

Registered Name	Belfast Cleaning Co-operative Limited
Date of Incorporation	03/05/2012

Legal Form / Structure	Society
Ownership class	Workers
Туре	Worker co-op

Number of Members	13
Number of Employees	2
Number of Volunteers	0
Turnover (2023/24)	£151k

Location Belfast, Northern Ireland

DESCRIPTION

- A successful workers' co-op based in Belfast founded by a group of members from "both sides of the interface"
- Have members and employees who are refugees, disabled, and otherwise marginalised – and it's not just a women's co-op, there have been men working at the society too, despite what people's stereotypes of cleaners may be
- "There's no discrimination whatsoever and it doesn't matter where you're from, as long as you're a good cleaner and you get the idea of a co-operative, and you strive to understand the seven principles and join as a member."
- Cleaning is viewed as menial, it is looked down upon, it is badly paid, and it is usually zero-hour contracts – the founding members wanted to break all these structures, they wanted real living wage, which they have been from day one, they wanted hours that fit with the life of the women who wanted to return to work but couldn't, and they wanted to ensure that everyone had a voice and a say in decision-making.



The founding group

 \succ Five founders came together in 2011 and established the co-op in May 2012 with support from Trademark and Co-operative **Business Consultants**

Big contracts

➢ 2016/17 tendered for a 146office block with communal spaces worth \geq £250k over 5 years – providing job security for three cleaners

BACKGROUND

ORIGINS: Trademark Belfast, an anti-sectarian unit of the Irish Congress of Trade Unions was working with community organisations, women's groups, young people all along 'the interface', 60-foot walls dividing communities. They were delivering training with a group of women from the Shankill area, which is the Protestant loyalist Orange area, and Catholic National Republicans on the other side of the wall. This included human rights, inequality, conflict resolution, and history and identity. Yet, funding always runs out eventually.

IDEA: Most of the women were cleaners and they were working zero-hour contracts for below the living wage, being treated very badly, and were often looked down upon or ignored. In 2011, a phone call came from an events manager looking for good cleaning companies for the MTV Awards. A group of women, Protestant and Catholic, came together to deliver the cleaning and thus the idea for a co-op emerged.

CO-OP: In May 2012, the Belfast Cleaning Society became the first cross-community workers cooperative in Belfast, probably in the whole island of Ireland. Of the five founding members only one remains but there are 15 workers across contracts including Women's Aid refuges, the Pharmaceutical Society of Northern Ireland, Lighthouse Charity Belfast, and the Innovation Factory office block.

COVID-19

- ➢ 60% of contracts closed but BCS kept servicing key customers
- \succ Bought six fogging machines and top-quality PPE, offered a new service using non-furloughed cleaners
- \succ When furlough was reduced, no workers lost any salary

15 workers, 6 **KEY FEATURES** core members. If you're honest, know about

two casual

workers

6 key members

are the 'pushers'

driving the

strategy and

coordination

cleaning, learn the co-op principles, you can be a member

doesn't matter

Never discriminate – No bank account, ex political prisoners, disabilities. refugees, it

Awards

- Living Wage Award 2016
- Key Worker Industry Award 2022
- SENI Co-operative of the Year 2023

Every single worker has a say in the business, all are included in 'Co-op Member Chat' group

Co-operative values and principles are emphasised and practised

The structure works because the core group has evolved, only one founding member left but there's always active members 'coming up'

Solidarity -Making sure everybody gets paid, customers are happy, sick leave gets covered, care for each other

Principle 7,

Concern for

Community – If

there's any

surplus, workers

can nominate

charitable or local

causes to fund

and support

Surplus can also

be used to pay

bonuses -

everybody gets a

bonus based on

the hours they

work

Operational flexibility – For big one-off jobs such as festivals can take on as many as 100 employees

Principle 6, Cooperation among Cooperatives -Whether it's printing, catering, or training, always try to contract other co-ops

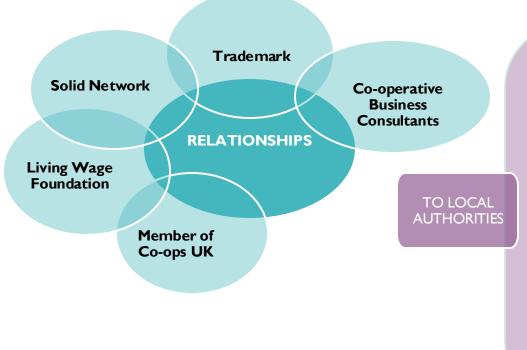
MEMBERSHIP

STRUCTURE

DECISION-MAKING

OPERATIONS





SUPPORT

- Trademark have been there from day one, supporting and resource sharing. Now a paid supplier of storage space and, more importantly, back-office support including payroll, ordering, bookkeeping, VAT return, and other admin.
- Co-operative Business Consultants with some funding from Co-ops UK was able to provide support, guidance, and signposting
- However, did not receive any money, no big grant, it was down to the determination of the women

KEY MESSAGES / TAKEAWAYS

- Education and signposting Young people and workers need to know about co-ops as an alternative for empowerment and emancipation
- Support (with money) Funding needs to be made available for co-ops like it is for other forms of start-up
- Connect Strong co-ops are connected to other co-ops and support organisations, locally and nationally
- Promote Awareness is one thing but actively promoting and advocating for co-ops is key to both developing sustainable businesses and creating new co-ops. "If you go to a working-class area and find a bunch of cleaners who are working for less than a minimum wage, who've got zero-hour contracts, and they're getting treated very badly, that is a group of men and women who could easily come together and say, do you know what? Let's do it ourselves."
- Understand co-operative principles For co-ops and co-op development to be effective, you need to understand the co-operative principles and how they work in synergy, as do the members who form the co-ops along with anyone involved in supporting them.

GROWTH AND/OR REPLICATION

Constantly talk about growth. Each new financial year they meet, plan, put the word out, identify targets, share the load, engage potential clients.

Winning a contract is great but it comes with the challenge of recruiting. Risks associated with hiring the wrong person, can impact reputation and the capacity of members already busy with other contracts.

Could be 5x bigger but it's an awful lot of work to secure the contracts, secure the workers, and keep the contracts going. It would change things; area supervisors would be necessary.

SUMA WHOLEFOODS

OVERVIEW

Registered Name	Triangle Wholefoods Collective Limited
Date of Incorporation	15/09/1977

Legal Form / Structure	Society
Ownership class	Workers
Туре	Worker co-op

Number of Members	212
	(~I 5 trial members)
Number of Employees	54
Number of Volunteers	0
Turnover (2022/23)	£63.6m

Location

Elland, Calderdale, England (+ London distribution centre)



DESCRIPTION

➤ Suma is

I. A worker co-op

2. A wholesaler of vegetarian and sustainable food

- > It is the largest equal pay worker co-op in Europe
- Members set the direction of the business, everyone has an equal say
- Members all get paid the same wage and take responsibility and each do a range of jobs each week, from truck driving to cooking to accounts
- Always tried to maintain quite a diverse customer base but majority of sales are wholefood and health food shops (though decreasing in number over 20 years) with sales also going through online retailers of various kinds, some exports (detrimentally impacted by Brexit), and across a range of restaurants, bakeries, and bigger retailers such as 'the Co-op'
- Key 'social impact' is in the number of people employed in what are mostly manual jobs but with very good wages, far more than normal in the sector or the national average wage, this brings benefits to the local community.



Born in Leeds

 \succ Established in Leeds and operated there until the early 1990s

BACKGROUND

Suma was founded in 1977. Around that time, there were a

number of similar groups exploring the concept of

'wholefoods' and a more sustainable approach to food and

lifestyle more generally. The early members and those who

joined throughout the 80s were what you'd probably call

'hippies' - they'd call themselves that. They were hippies,

communists, rebellious types, vegetarianism at that time was

a lot more 'out there' than it probably is now, even if it's still

relatively niche. So, it came about through a movement of

those people, the way they wanted to live their lives, and the

way they wanted to eat - or rather, what they wanted to eat!

They were living in different parts of the country so started

to move stuff around to supply the food and goods they

wanted and then that became a sort of business and a way of

life. There's a sort of very mundane story about this guy

called Reg, who started Suma. He would travel in amongst

these places with vans full of big bags of oats and seeds and

stuff. While Suma grew from his activities, you can find

different food-focused worker coops around the country

from around the same time. Some of them don't exist

anymore, but a lot of them do in these different parts of the

country. They probably all have slightly different origin stories

but that's the broad brush of where it came from. The

founders stuck around for quite a while, although there are

none of them still at Suma.

Next stop, Halifax

 \succ Moved to Halifax in the early 1990s to a purpose-built warehouse

Rapid growth

reviewed

- Early 2000s, strategic shift regarding the decision to grow membership and expand the business
- Started recruiting 10-15 people at a time every three months
- Moved to current location in Elland, bigger warehouse just outside of Halifax

Distributed distribution

> By 2015 Suma had established a distribution centre near London with ~ 10 workers, mainly drivers, some of them members but others not

Membership is not 'automatic'. employees can become members through Since becoming a application, at *'large* times there has organisation' have been a waiting list given Board more **KEY FEATURES** power to make decisions that 10-15 years ago Board - 9 elected Member Council only members members, no is responsive to could agree external developing directors, focused member on business **Electing members** proposals ~5 years ago strategy to the Board and Member Council structure and is the primary established a mechanism for Board and 3 or 4 General democratic Member Council Member Council Meetings each participation - 9 elected year where members, focused members can on member needs bring proposals and have them and participation voted on

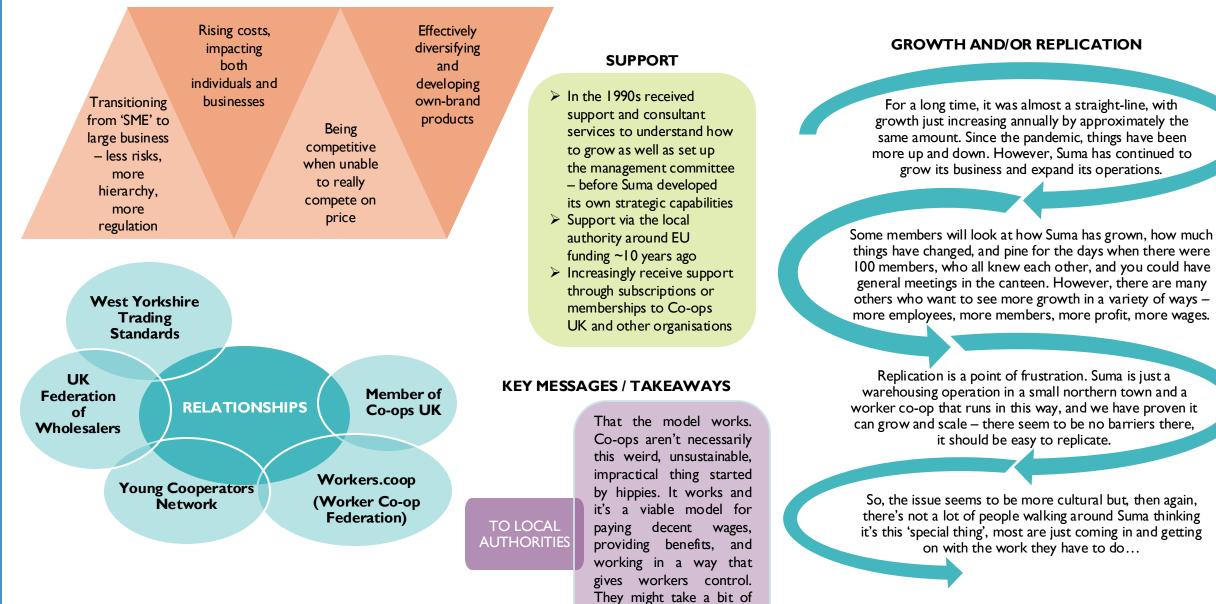
Minimal fixed assets. do not own the land or buildings but do buy the trucks (which are expensive) and own a lot of machinery

A significant amount of money is in the stock held at any given point (make money, buy more stock, stock goes out, make money, etc.)

While Suma sometimes distribute money to support projects, no formal 'fund' held for this purpose

STRUCTURE

MEMBERSHIP



work to set up but once running, co-ops can self-

sustain.

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ARLA FOODS

OVERVIEW

Registered Name	Arla Foods Limited
Date of Incorporation	2003

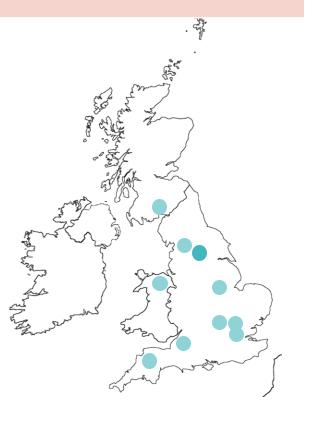
Legal Form / Structure	Company
Ownership class	Enterprises
Туре	Producer co-op

Number of Members	2,000 in the UK
	8,000 in total
Number of Employees	4,000
Number of Volunteers	0

Turnover (202 I/22)	~£2.5bn

Location

Leeds, West Yorkshire, England (Aylesbury, Hatfield, Lockerbie, Melton, Oakthorpe, Oswestry, Settle, Stourton, Taw Valley, Westbury)



DESCRIPTION

- > Arla is a dairy cooperative headquartered in Denmark which operates all over the world
- It has 8,000 farmer-owners across seven northern European countries: Denmark, Sweden, UK, Germany, Netherlands, Belgium, and Luxembourg.
- 2,000 members in the UK, which represents around about 25% of all dairy farmers and around about 30% of the UK milk pool
- > It is the third biggest food company in the UK
- One of Arla's key messages is 'one co-op': all the farmer owners have the same rights and are represented through the same democratic structures; the milk price is the same for all of them too
- Farmers are responsible for the strategy and direction of the cooperative via the elected board of directors. A professional management executes the farmers' strategic decisions on a day-to-day basis.



Founding

In the late 19th Century, the cooperative was established in Sweden and Denmark while the Express Country Milk Supply Company was established in London, near Kings Cross

Lurpak incoming

Arla first came to the UK when Lurpak, which is its most wellknown brand, was introduced to the market more than 100 years ago

BACKGROUND

ORIGINS: The Co-op was set up more than 100 years ago in Sweden and Denmark. At its very core was and is a focus on fairness in the market. In this case, specifically farmers receiving a fair price for their milk. Evidently, none of the founders are still around, the company grew over quite a long period of time.

NEED: Typically, in agricultural sectors individual farmers have very little bargaining power versus retailers and processors. If you're not a member of a co-operative, you are likely to have to sell your milk either to a processor or direct to a retailer; these can be large organisations with significant pricing power.

ARLA IN THE UK: Arla expanded into the UK initially as a supplier of dairy products to the market, but then bought into the country and its dairy industry, including through the acquisition of an existing cooperative. Over time, the farmers who were members of that cooperative were brought into ownership of Arla and other farmers have subsequently been recruited or asked to join and that's how the membership reached over 2,000.

Arla express

Elected Board of

Representatives

for each country

(~40 farmer-

owners)

- > 2003: Arla Foods merged with Express Dairies
- 2006: Arla took over what was left of the UK business and the joint venture became wholly part of Arla Foods

Milk link co-op

- 2012: Arla merged with Milk Link, a preexisting co-op and it was at this point that several farmer-owners were brought into membership
- 2014: Other farmers were allowed to join and that almost doubled the membership in the UK to around about 2.5 thousand farmers

Operational structure sits **KEY FEATURES** beneath Board of Directors with conventional Elected Board of corporate roles Directors, (14 total – 9 farmerowners, 3 employee representatives, 2 4,000 employees external) across 10 sites in the UK with ~ 100 employees at HQ 'Districts' hold in Leeds regular meetings which include patterns of elections to Board of Representatives and Board of Directors

ional e sits oard of s with Large-scale logistics operation is key to connecting

farmers with

processing

Main Arla HO in

Denmark.

including a major

R&D facility

AREAS OF FOCUS

facilities and delivering finished products ess at HQ You can't be a member and therefore can't sell milk at Arla without signing up to 'Arlagarden

Standards'

Arla is constantly

looking at ways to

add value to their

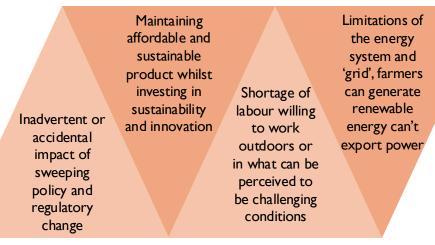
members'

products

'FarmAhead' sustainability incentive model – farmers are paid extra for taking measures to improve sustainability on their farm

STRUCTURE

OPERATIONS



SUPPORT

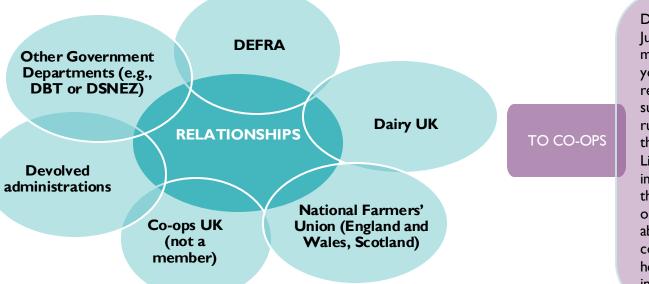
- Farmer-members receive a range of government support and subsidies
- Advice, guidance, and collaboration with agencies such as DEFRA
- Good relations with national and devolved governments
- Good relationship with Co-operatives UK, although not a member

GROWTH AND/OR REPLICATION

Increasing number of farmer-members is always an option but constrained by obligation to collect every litre of milk

Ongoing growth and development through collaboration with other producers such as Yeo Valley

Growth through mergers acquisition has been and continues to be a key feature of Arla's development, e.g. recent acquisition of Volac's whey business



KEY MESSAGES / TAKEAWAYS

Do not be limited in your ambition. Just because you are a co-op doesn't mean you are not-for-profit. Focus on your core purpose, Arla's was and remains to ensure fairness in the dairy supply chain. Co-ops should stay ruthlessly focused on how they deliver the ultimate fairness to their members. Likewise, while being profitable is important, you aren't driven by quite the same pressures as other organisations and therefore you are able to take a longer-term view, consider wider interests, and be more holistic. These are your strengths. Lean into them. Celebrate them.

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EAST MARSH UNITED

OVERVIEW

Registered Name	East Marsh Community Limited
Date of Incorporation	04/02/2020

Legal Form / Structure	Society
Ownership class	Community Benefit Society
Туре	Community co-op

Number of Members	~400
Number of Employees	(10 in CLG)
Number of Volunteers	0

Turnover (2022/23)	£68.6k
	(£189,783 shares)

Grimsby, Lincolnshire, England

Location



DESCRIPTION

- The 'mothership' is East Marsh United (EMU), which is a Company Limited by Guarantee with charitable objectives, soon to be a full Charitable Incorporated Organisation aka 'Charity'
- However, the CLG was not able to raise a community share offer and therefore needed a Community Benefit Society (CBS).
- Both the CLG and CBS are 'asset-locked', which is essential for getting public funding and providing long term security for the project.
- EMU serves as the umbrella organisation and coordinates across a multitude of projects. The CBS focuses on housing.
- It grew out of a profound need and a desperate housing situation on the East Marsh with many houses being in a terrible state of repair or abandoned and boarded-up.
- Activities include buying, repairing, retrofitting, and renting out good quality houses that improve the quality of life for both tenants and the wider community.
- Currently EMU has 10 properties and are working towards buying another 10.



Raising shares

seriously

An unexpected grant

 2022: Received offer from Council and £150k grant from Homes England to buy first three houses

BACKGROUND

Social investment

 2022: Raised £500k share offer which provided the resources, bought the assets, and raised the profile of EMU – positioning it as an organisation to be taken
 2024: F loan of Fairbain houses

ORIGINS: The East Marsh was built in the 1850s on drained marshland to serve the fishing industry using a grid design of two or three-bed terraced houses straight onto the pavement with little canopy cover, but decent sized back gardens and narrow alleys behind. Men used to go fishing, women formed a tight-knit community to care for each other, raise children, and support the industry, often by braiding nets. 100 years on and the industry was in decline with nothing to replace it. Thatcher's 'right to buy' provided an opportunity for people to leave, many wanted to, and the council also bought into privatisation of social housing – they got rid of all of it. This resulted in private landlords owning most of the houses. Houses go without repair for years; the boilers don't work, there are holes in the floors, they've routinely got rats and black mould in the bathroom. The windows often don't open or shut properly, and the back-alleys are full of junk and refuse. Tenants might stay for three months, and then they'll clear off. When people move in, they will find the previous tenants have left all their belongings and this will end up on the street. Landlords often 'flip' multiple houses at a time, sometimes with tenants in them and sometimes after serving Section 21 notices.

OPPORTUNITY: In 2022, the Council had some funding from Homes England to get empty homes back in use and said they would work with EMU. They gave a substantial amount of money to buy three houses. It was always part of EMU's aspirations and what EMU needed more than anything was a secure long-term revenue stream. If they could develop an ethical housing model and create a substantial portfolio of homes for their use value, not exchange value, then they could both ensure the future of the organisation and the community. So, they got some houses, which became community assets, and they are there for use value, for a decent family home, there for people for the long-term and EMU decided that they would house whoever is in need, not turn people away if they've got the kinds of issues that other landlords would not take on. 2024: First social investment loan of £500k from Esme Fairbairn to buy another 10 houses

Members of CBS **KEY FEATURES** are all shareholders Transparency is key to maintaining the complex structure and providing Board are all assurance to 'local people', a stakeholders few grassroots Shareholders are and a few armsall individuals, not length organisations professionals with one tenantdirector Board answers to Members Two Boards across CLG and CBS with one Six meetings a CEO who is Chair year, including of the CBS but one AGM not of the CLG for accountability purposes

The CBS holds the finance for buying and investing, the CLG is the 'employer' CLG has 10 employees, including one dedicated housing manager

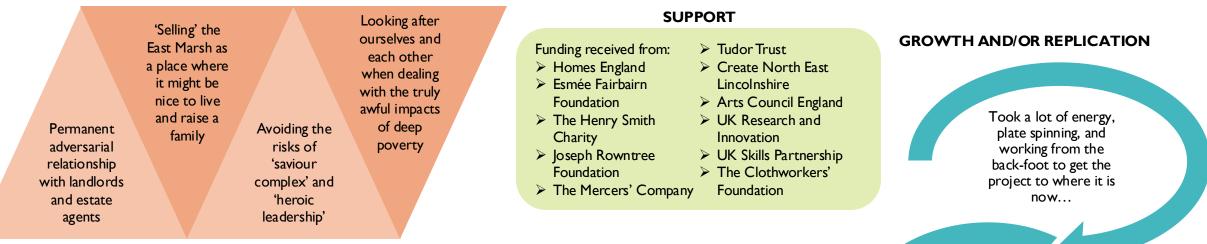
CLG delivers across greening spaces, arts and education, food scarcity, finance, community engagement, tenant casework, and retrofit

STRUCTURE

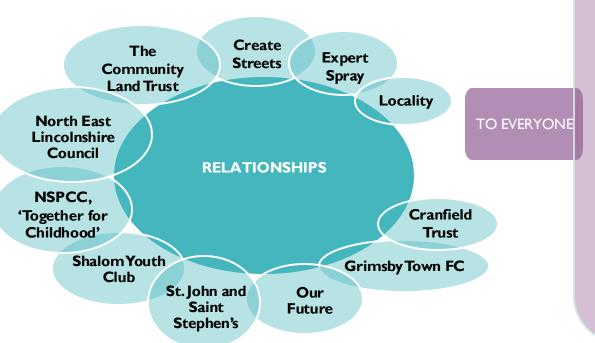
DECISION-MAKING

OPERATIONS

MEMBERSHIP



KEY MESSAGES / TAKEAWAYS



Let's talk about poverty, what it really is, what it really does to people, and let's all take responsibility for that. We're not just individual units operating in silos and living our life. We're all connected. We all share one planet, we live in towns, we live in communities, we don't know what's going on behind other people's doors. Let's stop judging, start being honest, and acknowledge that the level of poverty that our communities are living in is wholly morally unacceptable. So, how can we work together to create a more equitable, kinder, compassionate and understanding future for our kids and our grandkids?

Recent focus has been on shifting gear, providing focus and space within the team, developing a 1-, 3-, and 5-year plan, moving away from just being responsive all the time

Whilst still working on becoming a selfsustaining organisation, keen to share lessons learned and practices developed. That's what JRF's Pathfinder project is all about. Try to be very friendly but sometimes need to be careful with the media, there's a risk of 'poverty tourism'.

DELTA-T

OVERVIEW

Registered Name	Delta-T Devices Limited
Date of Incorporation	20/03/1980 (originally est. 1971)

Legal Form / Structure	Society
Ownership class	Workers
Туре	Worker co-op

Number of Members	29
Number of Employees	I
Number of Volunteers	0
Turnover (2022/23)	~£5m

Location

Burwell, Cambridge, England



DESCRIPTION

- A worker co-op specialising in environmental science measurement technology, Delta-T has gained a global reputation for innovative high-performance sensors
- In-house R&D team collaborates with academic institutes to develop impactful new technologies
- Focus on providing high level of customer service and after-care is key to maintaining high levels of trust in instruments and advice
- > All members have one equal share in the business, which must be relinquished upon leaving
- A small business that hasn't really expanded in recent years, instead opting to prioritise stability and maintain a consistent membership
- > The founder, Edmund Potter is still a member; working part-time and taking a great deal of interest in the co-op and its operations



50 years of Delta-T

> In 2021 Delta-T turned 50, a major achievement for a small business that emerged from a commune in the early 70s though it did not formally become a co-op until the 1980s

BACKGROUND

Edmund was a bit of pioneer in the field. The business was set-up by a group of people who were part of a commune, for want of a better description. Even before it was a coop, the intent was to make it fair for everybody with lots of multi-skilling and role overlap. From a love of aeroplanes and the technology that went along with them, Edmund turned his attention to sensors. It started with an idea relating to the sensors that are put on your fingers at the hospital to monitor pulse. He thought it would be a really good idea if you could put them onto a leaf and see what moisture levels were like. Essentially, Delta-T was established to do research into things that were not yet being researched. At the time, there was a lot of pushback, nobody was interested in this man with his crazy ideas. Gradually, he managed to get some people interested and the company evolved from there, starting with just one product which they still sell a version of 30 years on - the AP4 - and Kew Gardens has just bought one so it must be useful.

Over £5 million in sales

In 2022 Delta-T achieved over £5m in sales, underscoring the business' vitality and strong position in the environmental instruments market

Management

Committee (MC)

Elected from

the membership

Member retention

KEY FEATURES

Sub-groups with

specific areas of

focus and

responsibility –

co-op, business

systems, job

evaluation,

environment,

social

Management

Team -

Combination of

department

manager and MC

members

 \succ As of 2024, nine members have been with the co-op for over 20 years and most people only leave because they retire due to age or wanting to stop working - it's a positive and engaging place to work

> Day-to-day business is led by the department managers – manufacturing, operations, R&D,

> > etc.

If managers feel something is more of a co-op decision, can be taken to a

General Meeting

become members after 6-month probation

3 to 4 General Meetings plus AGM each year

Levels of participation vary "massively", ranging from extremely active to almost entirely passive

> businesses like golf and football All employees

Own the land and the building, mortgage all paid off

Internal HR

administration

with external HR

function, meets

with department

managers once a

month

Some individuals

or teams work

remotely but

others are more

tied to the site

than others, such

as manufacturing

and sales

Diversified from

research and

universities to

more commercial

markets – larger

clubs

Bought derelict farm next-door for conversion will provide a meeting room large enough for the members

>£1 m in other assets, mostly machinery and equipment

'Socially useful fund' enables each member to distribute ~£200 per year to sponsorships, good causes, etc.

SOCIAL IMPACT

DECISION-MAKING STRUCTURE

MEMBERSHIP

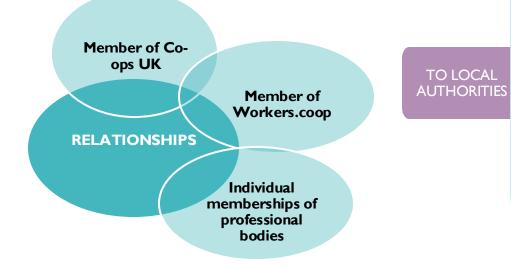
OPERATIONS

ASSETS



SUPPORT

- Co-ops UK provides advice and guidance for changing rules, e.g. proxy voting
- > All new MC members go on the Co-ops UK relevant training courses



KEY MESSAGES / TAKEAWAYS

There isn't necessarily the understanding of what challenges and complexities co-ops face. Local councils often just see co-ops as another business and make assumptions based on that understanding. The model is intrinsically different, its potential beneficial impacts far greater, particularly in terms of long-term economic, social, and environmental factors. Co-ops are very undervalued and a big part of that is a lack of understanding. However, co-ops do present something of a challenge in terms of the level of member engagement required to make them work well and the lack of clear investment mechanisms that don't undermine member ownership and control. So, there is a real need for education around what co-ops can do but also how they can be supported and nurtured.

GROWTH AND/OR REPLICATION

5-year strategy includes intention to grow, key aim is to reach £6m by 2025

Sense of being at something of a precipice – stay small and stick with what we know OR make the leap and grow because we need to grow for the medium- to long-term security of our members... but both come with their own price tag

For now, we have made the decision to progressively move into different markets with confidence and clear heads – commercial is very different to dealing with institutions, there's more risk, but risk we have decided to embrace in order for Delta-T to be here in another 50 years Â

CÂR-Y-MÔR

OVERVIEW

Registered Name	For the love of the sea Limited
Date of Incorporation	01/08/2019

Legal Form / Structure	Society
Ownership class	Community Benefit Society
Туре	Community co-op

Number of Members	415
Number of Employees	14
Number of Volunteers	~150hrs per week
Turnover (2022/23)	£437,4189

Location

Upper Cleggyr, St Davids, Wales



DESCRIPTION

- Community benefit societies are often parks, pubs, or post offices, Câr-Y-Môr is the first community-owned regenerative ocean farm for seaweed and shellfish
- Members have equal ownership of the business, it is not set up to pay dividends and it is designed to prevent buyouts or takeovers, there is also an asset lock that ensure all assets would be transferred to the community or other community organisations in the event of failure
- Câr-Y-Môr looks to drive greater profit to put that money back into the business and do more for the community, whether through putting a percentage of profit into local projects or to invest in creating more jobs
- The business aims to:
 - I. Improve the coastal environment
 - 2. Improve the wellbeing of the local community
- Regenerative ocean farming is based on using integrated multi trophic aquaculture, moving from monocultures to polycultures where several different species grow together and adopting a zero-input approach – no pesticides, fertilisers, or fresh water



Trial sites

- In August 2020, after three years of applications and lobbying, Câr-y-Môr received the necessary 5-year Licenses for two trial Restoration Ocean Farms.
- In just three months, Robust Boats deployed and seeded both sites

BACKGROUND

Originally conceived in 2017, For the Love of the Sea Limited (Câr-y-Môr) was officially founded and registered in 2019 by founder-members – and extended family group – Owen Haines, Chimene Haines, Francois Beyers, Joanne Haines, Alice Rogers, Jon Haines, and Meg Haines.

Since then, membership has grown to over 200 members. 87 of which are pioneer share investors. Câr-y-Môr has also operated a trial seaweed and shellfish farm for two years and in 2022 installed a 3-hectare ocean farm. The society also employs 13 people living in the local community.

Pioneer share offer

- In 2021, Câr-y-Môr launched its 'pioneer share offer' for investments of £1k - £10k
- Key activities associated with this offer included further developing trial sites, purchasing Solva Seafoods, establishing a Seafood Market

Board consists of

members – a

couple are

employees but

most not

Used to have a

very flat structure

but now have two

department

managers to

improve

functional

coordination

First license

KEY FEATURES

Day-to-day

decision making is

fast-paced and has

evolved rapidly in

response to the

pressures faced by

the start-up

Member

involvement

varies greatly,

some are super

engaged and

heavily involved

but others just

receive the

newsletter

In 2022 Câr-y-Môr was at long last granted a 20-year license for their first 3-hectare site in the Ramsey Sound, off the St David's Peninsula in Pembrokeshire

Defra grant

In 2023, Câr-y-Môr received £1.1 million to expand seaweed production facilities by developing a seaweed processing unit with storage, equipment, shop, and an educational hub

employees working across the operations office, farming, Clocking ~150 processing, sales Big decisions are volunteer hours made by per week, could members, each be admin, carbon Membership is has one equal monitoring, farmdistinct from the vote work, all-sorts share offer structure, it costs £1 per person to join and just need Members are to agree with the All shareholders from across the aims of the UK and Europe. are members, but organisation all members are There are a few in equal regardless America, a few in The share offer is of the amount Australia, all over set to between they invest the world really f k and f lok. Once the business is commercially viable. shareholders will receive 3% per year

14 full-time

All employees are paid the same flatrate, no matter their role, experience, or age – £13 per hour

Sell both shellfish and seaweed both B2B and B2C

CBS model offers social investment mechanism and eligibility for state grants

STRUCTURE

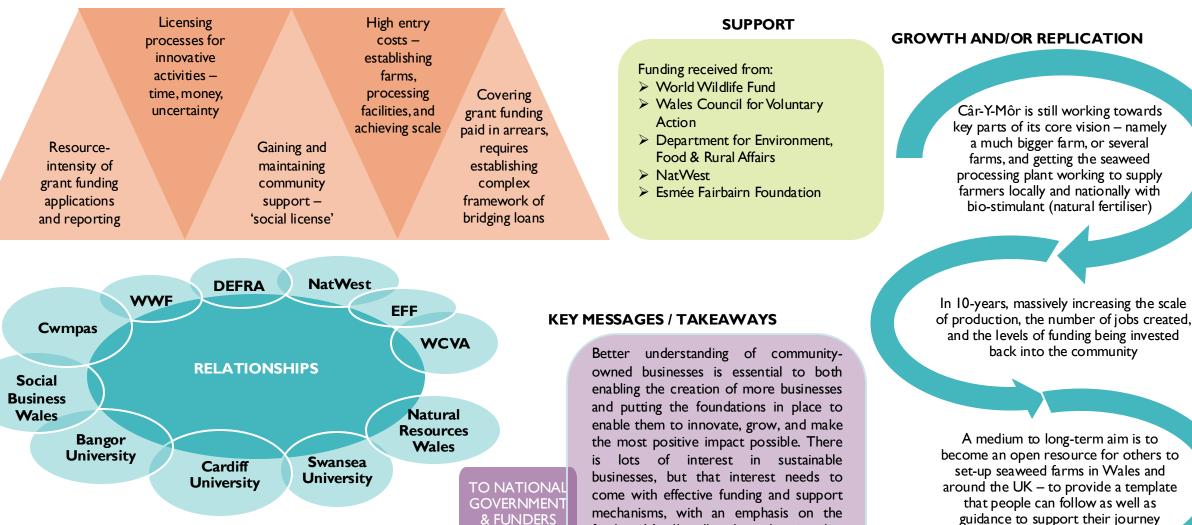
DECISION-MAKING

MEMBERSHIP

OPERATIONS

INCOME

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and

funding. It's all well and good saying that this is a great idea but if you are then going to make the journey more difficult by putting up barriers to development not appreciating the resource

pressures on small, highly innovative projects then it's likely even the best ideas won't end up getting anywhere.

UNICORN GROCERY

OVERVIEW

Registered Name	Unicorn Grocery Limited
Date of Incorporation	08/08/1995

Legal Form / Structure	Society
Ownership class	Workers
Туре	Worker co-op

Number of Members	53
Number of Employees	2 (+ full time equivalent of 11 casual workers)
Number of Volunteers	0
Turnover (2022/23)	~£8.I m

Location

Chorlton-cum-Hardy, Manchester, England



DESCRIPTION

- Unicorn is a small wholefoods supermarket that is run as a worker co-op and serves ~6,000 customers a week
- Sells fresh fruit and veg, organic and mostly local, as well as general groceries, tinned goods, dried goods, fresh ready meals, hot soup, bread
- It is a place where a really wide range of wholesome, tasty food, sourced with care, is sold at affordable prices as well as a friendly, diverse and welcoming space that would act as a hub in the community.
- In recent years Unicorn has been named 2017's Best Food Retailer at the BBC Food & Farming Awards and the Soil Association's 2018 Best Independent Retailer, Lancashire Life's 2019 Independent Retailer of the Year award, and Manchester Food & Drink Festival's 2019 Food & Drink Retailer of the Year, and and came top of Ethical Consumer's national supermarket ranking.
- Co-op members aim to run the kind of shop they love shopping in – and hope you enjoy it too.



Buying the building

- \succ In 2001, the building Unicorn was based in was put on the market, the members decided they wanted to buy it but needed to raise £1 m
- > Through a mechanism called 'loan-stock', the co-op was able to raise the funds from various co-op specific organisations and customers

Paying it back

- > By 2009, building purchase loanstock and CCF loans had been repaid
- > New loan-stock was issued to buy some farmland
- \succ Unicorn continued its longstanding practice of investing locally and internationally through its 1% and 4% solidarity funds

BACKGROUND

Unicorn was established by a small group of people committed to social change. It was the product of three things coming together.

First, there was the 'classic idea of a co-op' providing good food at a reasonable price - going back to the origins of the movement with the Rochdale Pioneers but updated for the 1990s.

Second, there was the interest in what are referred to as 'wholefoods', minimally processed, more natural, ideally organic, but also trying to ensure the produce is accessible, avoiding premium pricing.

Third, was 'good work'. That means work that is fairly paid and paced as well as satisfying. Work that makes you feel like you're doing something good in the world while also being able to rely on the income - it's not going to be outsourced or off-shored and doesn't feel precarious.

Peak membership

the co-op, they

try to think of

traditional

directors

Beyond core

operational areas,

there are working

groups that take

on bigger or more

conceptual tasks

and report back

to the

membership

- > By 2018, Unicorn had reached around 70 worker-members, the most members it has had so far
- > There were hopes of buying the building next door and expanding the site, a bigger membership made sense in the context of this intended growth

'Member job description' (MID) - covers general responsibilities of being a member, All members are which covers both also 'directors' of operations and decision-making themselves more as 'stewards' than MID – Members are expected to

attend and engage with decisionmaking, including general meetings

and AGM

are expected to take part in management of one or more business area -

cooking, HR, back-office, etc.

MJD – Members are expected to contribute to core activities stacking shelves, sitting on checkout, customer service. etc.

KEY FEATURES

MJD – Members

The building is the primary fixed asset, this is understood to be a key component of being a stable and sustainable

CO-OD Invested in farmland with a view to more

local, sustainable

food production -

about 15-20 miles

away, currently

being used as a

fruit tree orchard

5% of annual wage bill goes into 1% or 4% fund pots, one for local projects and one directed at addressing global inequalities

left, Unicorn has consciously decided not to replace them and to allow some natural attrition \succ Because of the size of the premises and the additional bureaucracy required, it just doesn't

> Since the COVID-19 pandemic, as members have

make sense to keep growing the membership

Striking a balance

STRUCTURE

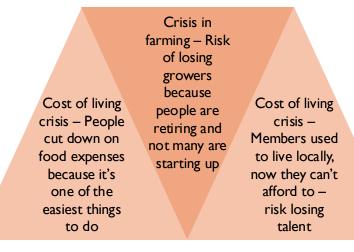
DECISION-MAKING

MEMBERSHIP

OPERATIONS

ASSETS

SOCIAL IMPACT



Member of

Workers.coop

RELATIONSHIPS

Land

Workers

Alliance

Member of

Co-ops UK

Oxford Real

Farming

Conference

Chorlton

Traders

Association

TO LOCAL

AUTHORITIES

Better Food

Traders

Network

Local

Authority



- A range of support from co-op development workers over the years, specialist consultants with extensive knowledge of the model(s) and options available
- Co-operative Community Finance, a specialist lender for co-ops
- Useful engagement from academics studying co-ops, who have written about Unicorn and other co-ops, a good opportunity to reflect and learn
- Local councillors have been supportive over the years, very keen on Unicorn

KEY MESSAGES / TAKEAWAYS

Understanding how co-ops can benefit both the workers and the local area. Having a co-op that is very fixed in place and embedded in the locality for a long time – providing good work, excellent customer experiences, and nurturing strong local connections is powerful and impactful. Bars, cafés, retail, these aren't businesses known for good wages or working conditions, but places like Unicorn prove that it needn't be that way.

One way councils could help, especially new coops, is by providing low cost, medium to longterm access to space, potentially housing multiple co-ops in or near each other – taking a major pressure off them and enabling them to find their feet and learn from each other would have huge benefit to the co-ops, which would then have huge benefit to the local community.

GROWTH AND/OR REPLICATION

Members explored both over the years, realised some time ago that Unicorn has probably grown as much as it can on the current site – an opportunity arose but didn't come through in the end, it would have resulted in being 20-30% bigger

Also considered opening a second branch in Manchester but there isn't huge amounts of enthusiasm, people recognise it could be good, but it could also be challenging for the cohesion of the membership and the sustainability of the co-op

Keen on replication, they would love to see versions of Unicorn all around the country – they wrote a guide with the Sustainable Food Trust that's available on the website, it has recently been updated and is full of all the key information and resources people would need to get going

FOX & GOOSE

OVERVIEW

Registered Name	The Fox and Goose (Hebden Bridge) Limited
Date of Incorporation	28/03/2013

Legal Form / Structure	Society
Ownership class	Community Benefit Society
Туре	Community co-op

Number of Members	328
Number of Employees	12
Number of Volunteers	7 Directors, 5 Others

Turnover (2022/23)	£329,362
	(£118,656 shares)

Location

Hebden Bridge, Calderdale, England



DESCRIPTION

> Established to safeguard the Fox and Goose co-operative pub for the benefit of the community, aims to have/be: ✤ A reputation for great drinks, snacks, and events ✤ A friendly, safe, and inclusive place * A great team of staff and a great place to work An attractive and well-maintained venue Ethical and environmentally sustainable Part of the community (rooted in community) Financially sustainable Co-operative and democratic > One of the first "assets of community value" registered with Calderdale Council and the first co-operative pub in West Yorkshire > Activities go beyond drinking, with space for artists to exhibit work, local groups to hold meetings, and various sub-groups - including one that cares for woodland next to the pub > In 2023, the Board launched a new member engagement strategy, emphasising more communication and introducing an open share offer at £25 a share – by the 2024 AGM, half of those who stood to become a director

were from the open share offer cohort.



Original share offer

 \succ Proposal accepted by the bank in November 2013 and a share offer issued to the community. raising £130,000 from 259 investors, with investments ranging from £100 to £15,000, opened on 22nd March 2014

Expanding the garden

 \succ In 2020, the members decided to increase the size of the beer garden, install a shelter, and add heaters and lighting - created more spaces for different people and contributed to attracting a wider demographic

BACKGROUND

ORIGINS: The Fox and Goose has always been a wet-led local pub - people meet there, have a drink, have a chat, play music. That was always its unique selling point and it had a fair bunch of loyal regulars. However, while it was popular, it was at risk of closure.

IDEA: A whole bunch of locals felt that it was worth saving. The owner wanted to sell to the community, but the group didn't know anything about buying a pub - so they sought advice locally and then from the Plunkett Foundation. Very quickly, the group learned a lot about community benefit societies, membership organisations, and community shares as well as visiting other community-owned pubs.

PROCESS: Despite no objections or major opposition, the whole process of buying the pub took two years, including registering it as an asset of community value and getting the business and property valued to avoid dispute. The community ended up buying the pub for £85k from the bank. The funds were raised from a community share offer with a minimum share of £100, which excluded some people but was felt reasonable, and supported by several key pledges for larger sums.

Management restructure

> Employed a Business Manager to work alongside the Pub Manager in early 2023, reducing the workload for both the Board Members and the Pub Manager and facilitating more operational focus and strategic direction

Open share offer

> In November 2023, launched the new open share offer as a means of widening participation and increasing the capacity and energy for running the co-op



Living Wage employer, all wages go to local people, and also try to buy all beer from local independent breweries

Developed a small fund for investing in good causes and supporting other community and co-op initiatives

Work hard to ensure the pub is a safe, inclusive, creative, and open space for all

Directors -Elected members with standard Chair, Treasurer, Secretary roles

Board of

Pub Manager and

Business Manager accountable to Board

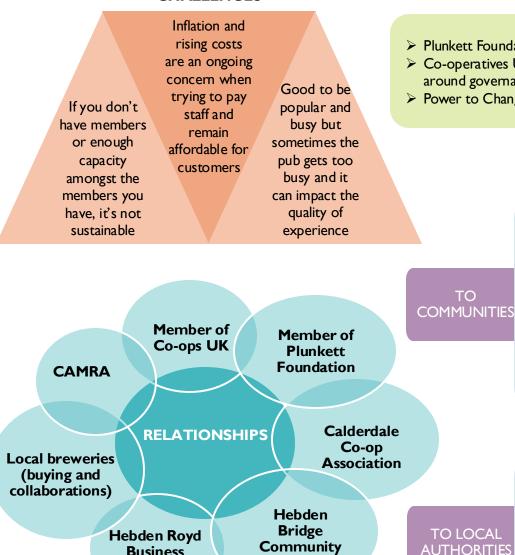
STRUCTURE

DECISION-MAKING

MEMBERSHIP

ASSETS

SOCIAL IMPACT



Association

Business

Forum

SUPPORT

- Plunkett Foundation Setting-up and share offers
- > Co-operatives UK Guidance and training, particularly around governance
- > Power to Change Funding during COVID-19 pandemic

KEY MESSAGES / TAKEAWAYS

That they work! Why don't more people do it? It's just the right way to go. They are successful, it is community involvement, membership, and engagement. It's a great way to go. Yes, there are some complexities and there is plenty of learning to be done but ultimately that means you're upskilling the community, people can gain valuable skills and experience being involved with running a community pub or other community asset.

Local councils seem to understand businesses and the third sector but don't understand community benefit societies. The big message is that this is a business, it operates as a business, it is not reliant on grants. Having community benefit societies, makes both community and the local economy stronger. They are more than a CIC, they aren't just an asset lock, they are a sustainable membership group committed to their asset and their community.

GROWTH AND/OR REPLICATION

There's a big movement for saving village pubs, much more than urban pubs, and a lot of these are replicating or at least learning from examples like the Fox & Goose

> There are lots of lessons to be learned and structures or processes that can be replicated but the unique selling point (USP) always varies a bit -What's the 'big thing' or things? It could be sport, or music, or real ale but that USP is key to determining success and sustainability

If it's not already been emphasised enough, the key lesson here has been nurturing the membership - it was a very conscious decision at a governance level to enhance focus on membership and that also led to the open share offer, which has resulted in 75 new members to date, with minimal objection or contention

LILAC HOUSING CO-OP

OVERVIEW

Registered Name	Lilac Mutual Home Ownership Society Limited
Date of Incorporation	05/05/2009

Legal Form / Structure	Society
Ownership class	Tenants (Leasehold)
Туре	Housing co-op

Number of Members	33
Number of Employees	0
Number of Volunteers	0
T	(5/ 024

Turnover (2021/22)	£56,924
	(£2.4m shares)

Location

Leeds, West Yorkshire, England



DESCRIPTION

> The name Lilac captures the key elements of the organisation – Low Impact Living Affordable Community

 \succ It is a co-housing cooperative built from natural materials

- Uses:
 - ✤ A co-housing design strategy to develop the housing and community
 - * A cooperative structure to ensure it is member-led
 - A financial structure called mutual home ownership society (MHOS) that builds financial equity between members
- ➢ 'Low impact'
 - Constructed from natural materials including timber and lime so it's naturally sequestering
 - Also comes from behaviour change, with respect to the approach to living together, being a community, as well as an alternative approach to the conventional housing market



Financial model

Locking-in Mutual Home Ownership model was a key moment, the real financial innovation behind the project that sparked interest and made it stand out from other ecohome initiatives

Critical mass

More and more people joined until all 20 homes were filled, the enticing vision had worked!

Moving in!

Great to move in and actually be 'doing it' – the sector needs several good examples where people can come, look under the bonnet, and get the sense they could also replicate it

KEY FEATURES

Board of Directors includes standard roles – Secretary, Treasurer – as well as representatives from Task Teams

Task Teams are usually permanent – Common House, Maintenance, Legal, Finance,

Process, etc.

All the homes are in the MHOS model, the co-op owns the freehold and members are leaseholders

gains for lower income members

What's next?

General Meetings (GMs) bring all the members together 4 times a year to implement new or change existing policies, processes, etc.

Proposals are brought to GMs but tend to have already been explored in premeetings to ensure everyone is happy with them Members own an equity stake in their house, which roughly corresponds to the size of the

Need to keep innovating and making progress, this includes

getting off gas, bringing houses to Passivhaus standard, and

figuring out how to push the model further to offer greater

the size of the home

Initially, everyone pays a minimum 10% deposit plus any additional discretionary

payment

THE MODEL

Leaseholders pay a monthly charge of 35% net household income to the co-op which is aggregated into a single mortgage payment The value of

equity shares is linked to wages, not house prices, ensuring the value of the unit stays permanently affordable for the next generation

Learning Programme – 3 official learning tours a year, people are invited to visit and gain a deeper understanding of the co-op

STRUCTURE D

DECISION-MAKING

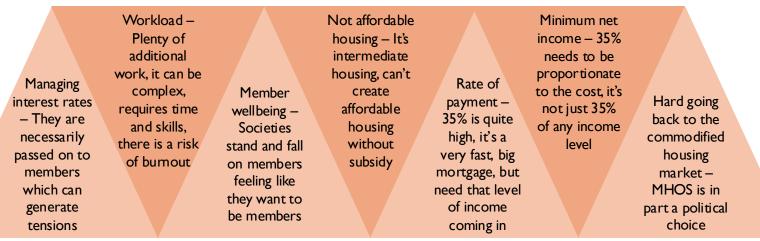
LEARNING

ORIGINS: Started as one of those classic bedroom conversations between friends. They wanted to do something a bit different in terms of thinking how they lived and where they lived in years to come. They looked at the kind of places on the market and felt that what was available wasn't quite right for people. "So, we just thought, well... what if we build our own homes?" It was kind of a big dream, a group of enthusiastic activists from different quarters but they decided to direct their enthusiasm toward housing. The vision started from there, it was really DIY, a group of friends with a vision they were determined to make a reality.

BACKGROUND

CRITICAL MASS: A couple of members moved to Leeds to begin forming the 'critical mass', they were called Leeds Eco Village. They held meetings every week and started to build up the membership as well as gain support for the project. Then they changed the name to Lilac, started looking for suitable land with Leeds City Council and talking to banks and lenders – Ecology Building Society and Triodos. Once there was a group of about eight members and they had been able to really nail down the idea between them, they started to open up membership and grow the group, they didn't want to have this situation, which a lot of coops and Co housing groups have, which is get too big too quickly and get pulled in too many different directions but never actually pull the idea off.

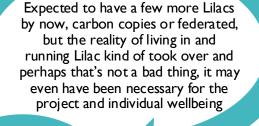
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SUPPORT

- Received a small grant from Homes England early in the process, covered costs of engaging key professional services

 namely a Project Manager and a Quantity Surveyor, both important for getting things right from the outset
- > Financial modelling is another critical skill set to have in a housing project, Lilac had their own expert and it's increasingly common for other such groups to include a financial modeller
- Bought the land from the Council at market value but with a six-month options agreement to provide time to get finances in order as well the possibility of paying in two tranches, which wasn't needed in the end



It would be great to see a connected, mutuallysupporting, ecosystem of cohousing sites across the country but the market is so dysfunctional, it would take a lot of infrastructure, finance, and willpower to drive that forward, the kind of scale big developers are operating at

> Contribution to replication has been through the education provided by the learning programme and the work Lilac has done with other projects, initiatives, and sectoral membership organisations



Network Community Land Trust Network Confederation of Co-operative Housing Wrigleys Solicitors Other housing co-ops, community land trusts, and other co-housing projects The habull I. 2.

UK Co-housing

KEY MESSAGES / TAKEAWAYS

There are things Local Authorities can do, like have a dedicated Community Housing Officer, but the onus is on central Government to:

- 1. Address the inequalities and inefficiencies in the housing market land banking, planning regulations, barriers to entry, etc.
- 2. Create opportunities for more communityled housing and provide the financial mechanisms to enable projects to be developed and delivered – early funding, government-backed loans, mandatory below-market value land sales.

GROWTH AND/OR REPLICATION

GLENWYVIS DISTILLERY

OVERVIEW

Registered Name	Glenwyvis Distillery Limited
Date of Incorporation	05/04/2016

Legal Form / Structure	Society
Ownership class	Community Benefit Society
Туре	Community co-op

Number of Members	~4,000
Number of Employees	4
Number of Volunteers	16

Turnover (2022/23)	£508,418
	(£2.4m shares)

Upper Dochcarty, Dingwall, Scotland

Location

DESCRIPTION

- The only community owned distillery in the country, producing single malt whiskey as well as gin
- Most of the Scottish whisky industry is owned by big multinational corporations or by very wealthy individuals and their families, GlenWyvis is owned by around 4,000 regular people, all with an equal share in the company
- GlenWyvis' is taking Scotland's national drink back into the people's hands but also distributing funds into the local area for social regeneration and other impactful projects
- > Created high-value jobs for people in a remote region
- Presents a truly unique opportunity to own part of a distillery – two successful rounds of crowdfunding thus far, with another round on the way
- Primary revenue is from the whisky; small release every year, ~10-12k bottles, changing the vintage each year, need to hold oldest stock back to get older vintages
- Offer private cask sales which has proved a good source of revenue, people can store, sell, bottle their cask but it is often treated as a long-term investment
- Powered by 100% renewable energy via a Binder Biomass Boiler using locally-sourced wood chip



First gin

In 2015 they launched a gin, this was ahead of any crowdfunding or direct production, the gin was produced in collaboration with another Scottish distillery, but it worked to get the name out into the world and start gaining some interest in the project

BACKGROUND

The business was the brainchild of a local farmer, a local to the Dingwall area. He recognised that Dingwall has lost a lot of services over the years, perhaps more so recently. While relatively close to Inverness, it is still some distance from the 'Highland capital' where many services and businesses choose to locate in the north of Scotland. He and others started thinking about what Dingwall could do to address this challenge and what industry might be suited to the area, something a bit unique that would both work as a business and create opportunities in the local area. A distillery started to make more and more sense. There had been whisky production in the area previously but the last distillery in Dingwall had closed almost 100 years ago. So, the idea came together to try and reinvigorate distilling in the town and at the same time use that regeneration of the local industry to benefit the local people to try and bring investment into Dingwall and the surrounding area.

First crowdfunder / share offer

In 2016 they launched their first fundraising campaign, raising about £3.6 million in 6 weeks to build the distillery – which was an incredible experience

The distillery opens

On St Andrews Day 2017, construction of the distillery was completed, the opening was attended by many local people and the ribbon was cut by a regular local woman whose name was pulled out of a hat, as opposed to a celebrity or politician

KEY FEATURES

Any member can

Directors, 8-12 volunteer directors (number fluctuates) from

Board of

membership

Directors elected

from the

membership,

work with staff to

drive things

forward

STRUCTURE

contact the distillery at any time but also have a Standards Committee made up of independent volunteers

> AGM covers requirements and elections but also includes votes that are a bit more fun, "What kind of whisky would you like us to produce?"

> > **DECISION-MAKING**

~4k members, participate via Annual General Meeting, can't get all in one room, also have a monthly newsletter Three rounds of

crowdfunding and membership intake:

2016 = ~3,500 2018 = ~600 2024 = TBC

MEMBERSHIP

Distillery Manager (reports to board), Production Manager, Distillery Operator, Sales & Marketing

Whisky production

years

very quickly

 \succ In 2018 the first casks were filled

the team and the first casks to

be be filled in Dingwall in 100

 \succ In 2021, the inaugural 3-year-old

whisky was launched, selling out

at the site, a huge milestone for

Most members from local area but also members across 3 I countries, all are considered part of the community

OPERATIONS

Goodwill community funding

In 2023, the first tranche of funding was distributed to the community, around £30k in total to various organisations, regeneration projects, and things for local children and others

Goodwill fund independent of the distillery, delivering £10k in 2023, £20k in 2024, selective applications based on location

Lease the land for

£1 a year for 100

years but own the

building and

everything in it,

including some

high-end

equipment

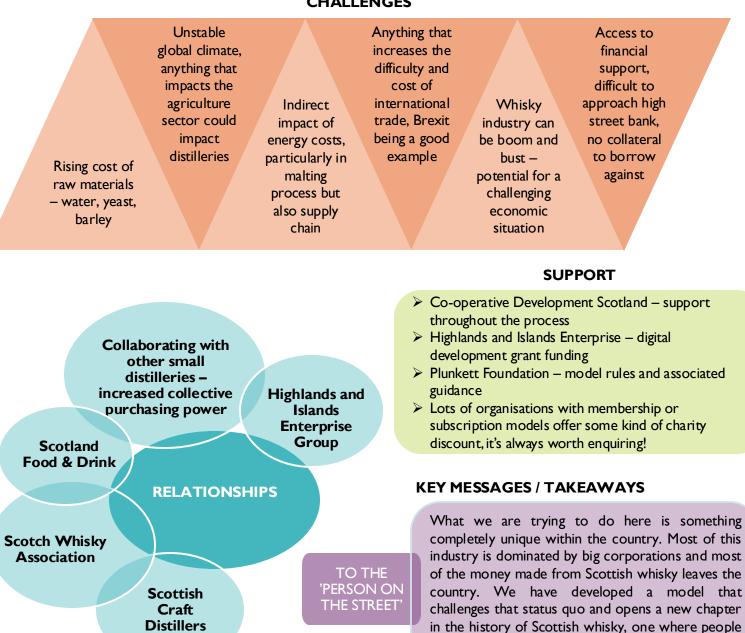
ASSETS

Split into 3 categories: Cultural, Educational, Entrepreneurial, with Environmental to be added

Fund is made up on 5% of all online sales, 5% of cask sales, and topped up directly from capital funds – always have money trickling into the fund

SOCIAL IMPACT

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can and should expect more from the industry and see more direct benefit to their communities.

Association

GROWTH AND/OR REPLICATION

GlenWyvis is producing about 55,000 litres of pure alcohol a year and while that sounds like a lot, the nearest distillery to us produces 11.5 million litres so there's room for growth. The main thing holding us back right is the number of hours in the day with only four core staff. However, the future looks bright and the mechanisms for growth are there, it's just about finding the right moment

> Would like to see more community-owned whisky distilleries, there seems to be a gap in the market for this kind of model and it has its roots in the history of whisky - community ownership and participation had a key part to play

It's a big industry with big numbers involved, replication would mean there are more people to work with, collaborate with, build purchasing power with, that would be a big benefit to the industry and to local communities across Scotland

Other community groups have approached GlenWyvis, wanting to understand what they have done and how they have done it with a view to replicating this success, we have always been very forthcoming with lending advice and support to them but it's important to recognise that every community is different, and it depends where a given community's priorities lie

NEWFIELD MEDICAL GROUP

OVERVIEW

Registered Name	Newfield Medical Group Limited
Date of Incorporation	31/01/2022

Legal Form / Structure	Company limited by guarantee
Ownership class	Workers
Туре	Workers co-op

Number of Members	12 (GPs and Staff)
Number of Employees	16
Number of Volunteers	I
Turnover (2022/23)	£I.Im

Location Dundee, Scotland

DESCRIPTION

- > A GP practice with a co-operative business model
- Members include clinical and non-clinical staff
- Contracted by the NHS via the local health board (NHS Tayside) to provide general medical services
- Core services include disease management, asthma, minor illness but this funding alone is insufficient
- Additional services: drugs and alcohol substance misuse, sexual health and family planning, contract with University of Dundee for undergraduate training (~36 a year), contracts with two local prisons to provide full GP support
- Emphasise access to GPs, removing barriers to access GPs answer the phones and deal directly with patients from the first point of contact
- Important in a deprived area where patients are more vulnerable and often struggle to access healthcare due to barriers
- More doctor-heavy than admin-heavy flipping the conventional model on its head to put patients' needs and access to GPs first
- Established and funded a charity to fund a social prescribing hub with a community cafe



NEWFIELD MEDICAL GROUP LTD. EST.2022

Like-minded people

 \succ In 2019, the GPs were working under one roof, providing services, and sharing ideas as well as their frustrations with the constraints and conditions

BACKGROUND

practices operate under a Most GP partnership model where profits primarily stay within the partnership, occasionally benefiting the practice through salary bonuses, building increases. or The practice improvements. was previously run by the Health Board after the former partnership dissolved, leaving GPs frustrated as salaried employees with no autonomy or decision-making power. Seeking change, the GPs went through a 12-month procurement process to set up their own business. Without business experience, they outlined core values like good recruitment, shared responsibility, patient focus, and accessibility. After exploring options, they discovered the cooperative model, which aligned with their goals. They thought, "Well, this fits! What we're wanting to do isn't new! Coops have been around for quite a long time, and there's all these resources available" And that's how it started...

Discussions with Health Board

In 2020 the journey started through conversations with the health board around how the GPs might gain more independence and autonomy to make decisions on the direction of the practice that would best meet patients' needs

Director roles

include GP-lead.

Admin-lead.

Business

Secretary, and

Practice Manager

Directors have

regular business

meetings, weekly

or fortnightly,

responsible for

general

management of

the business

An independent practice

 \succ In 2022, the co-op was established and took over the contract for running the practice from the health board

GP training centre

> By 2023, a GP training centre was established - this had required negotiating with the Scottish Government for funding and opening on a very tight timescale with limited funding in time for the new academic year

> Contract with University of Dundee for undergraduate training, taking ~36 students a year via the bespoke on-site training centre

Trainee medical students observe GPs in surgery as well as participate in GP-led clinic for minor / more

Growth

- \succ As of 2024, the practice has seen its list size increase by 1,000+ patients every year, growing from ~1,800 patients to >6.400
- \succ Recent recruitment drive to increase number of GPs extremely successful with many GPs interested in this new approach to running a GP practice

Contracts with prison service to provide full GP cover – HMP Castle Huntly and The Bella Centre

Established and

funded charity to

run on-site social

prescribing hub

and community

café

Biggest social impact has been direct access to GPs on the phone - they come to know their patients and their families

12 members. including clinical and non-clinical staff (doctors, nurses. and administrative staff)

AGM – all

directors step down, directors (re)elected, set strategic priorities for the business

KEY FEATURES

Core services

include disease

management,

asthma, minor

illness, etc.

drugs and alcohol

substance misuse

and sexual health

and family

planning

Additional services include

common ailments

STRUCTURE

DECISION-MAKING MEMBERSHIP

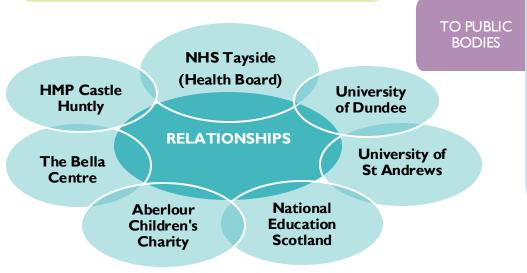
OPERATIONS

SOCIAL IMPACT



SUPPORT

- Co-ops UK and The Hive received £1k funding to cover advice and guidance for setting up the practice
- Strong support from the local MSP, Shona Robison
- CONDIES Accountants & Advisors provided early support and deferred payment until the business was up and running
- Government department for primary care



KEY MESSAGES / TAKEAWAYS

The key message is that barriers to innovation must be removed or simplified, as they consume valuable energy that could be better spent. Growth and improvement require space for innovation, and this demands bravery-people willing to make bold decisions. The healthcare system has become rigid, with bureaucracy preventing communication, stifling change, and ignoring new ideas. Change shouldn't especially rely on persistent individuals to break through these barriers, but that's the reality. Health boards, local authorities, and public bodies must be bold to drive meaningful improvements in community health and wellbeing.

GROWTH AND/OR REPLICATION

Seen strong growth over the last two, almost three, years and projecting this to continue, potentially reaching 10,000 patients within the next few years. Have an open-door approach, the patient list isn't closed, and they don't intend to close it anytime soon. The practice will grow as the list grows, more doctors, more nurses, more admin staff.

Want to develop stronger links with the prison service, providing a more holistic service that moves toward a new model of working in prisons. This is the kind of innovation the practice wants to be involved with, and it has already started gaining recognition for its adoption of innovative approaches to healthcare, including from Scottish Government Ministers and the Royal College of General Practitioners in Scotland

Everything in medicine is evidence-based and now the practice has been running for a couple of years the evidence is starting to mount that the model is viable and that it can achieve unexpected things there is increasing interest from other doctors and practices. As such, replication is starting to feel not only possible but inevitable. \mathbf{A}

LAMBETH GP FOOD CO-OP

OVERVIEW

Registered Name	Lambeth GP Food Network Limited
Date of Incorporation	29/07/2013

Legal Form / Structure	Society
Ownership class	Community Benefit Society
Туре	Multi-stakeholder co-op

Number of Members	14
Number of Employees	4 (part-time)
Number of Volunteers	28
Turnover (2022/23)	<£50k

Lambeth, London, England

Location



DESCRIPTION

- > Lambeth GP Food Co-op (LGPFC) is a community-led multistakeholder health cooperative working in and for the NHS, members include patients, doctors, nurses, and local residents
- > Work with NHS partners including two major hospitals (Guy's and St Thomas' and King's College Hospital) and two GP practices and have built 19 vegetable gardens since 2013
- > Local community of ~325,000 people, high density, inner city, with all the challenges that you would expect
- > Focused on engaging with patients with long-term health conditions in Lambeth, including diabetes, arthritis, stroke "In short... we save people's lives"
- > Unable to support people with complex mental health issues because not trained or skilled in doing so but many of the patients have depression
- \succ The spaces being used belong primarily to the NHS, LGPFC is a small-scale approach to transforming a tiny bit of the NHS estate into cooperative gardens, it's nonthreatening, it adds value to the organisation, and since the pandemic, access to green space has shot up the national agenda



Award-winning concept

In Summer 2013, before anything had been grown, the co-op won the accolade for Best Sustainable Food Initiative in the NHS

Royal membership

- In 2019, visited by the now-Queen, who became an honorary member of the co-op
- Later awarded Excellence in Patient Engagement in Health by NHS England
 BACKGROUND

LGPFC has its roots in the New Labour government and work by Patricia Hewitt, then Secretary of State for Health, regarding the role of social enterprises, mutuals, and cooperatives in the NHS. In 2012, the idea was presented to Lambeth Council to form a borough-wide co-op, engaging with some of the ~45 GP practices across Lambeth. They chose GPs because they are the boundary between our communities and accessing the NHS. Likewise, GPs were where systemic pressure and tensions were manifesting most acutely for patients. LGPFC was founded by a nurse, a GP, and an academic, with three GP surgeries participating in the first wave. The aim was to engage patients in gardening and food-growing activities with an economic dimension. If enough vegetables could be grown, they could provide for catering. However, engaging with patients with long term health conditions also tends to involve patients who are slightly older and potentially quite isolated. These patients tend to rely on their GP practice more than others. It dawned on the team that if most of their members and volunteers were elderly people who were ill, there was no way they could be asked to come in 8am-5pm to grow vegetables, it simply wasn't going to work. The compromise is that, with the support of MediRest, who hold the catering contract, LGPFC runs a vegetable stall once a month and sells produce to staff and visitors.

Growing together

A learning community in which patients, NHS, and local government staff are engaged in understanding the deep relationships between growing food together and improvements in health and wellbeing. Members contribute to Lambeth Food Partnership and Lambeth Biodiversity Forum

KEY FEATURES Own very little Steering Group other than tools. Linked with and planters, and Lambeth Council. boxes are often Parties (AGMs) advises and guides LGPFC is a built by hospital involve some the co-op, distributed carpenters business but also network celebration with organisation, not talks from located in one external speakers Experience place but rather from community tensions like any across GPs and farms etc. organisation but hospitals 4 part-time there is generally employees, 2 lead a very high level the garden groups of trust and cooperation Members include GPs, nurses, and patients

Covid-19

buddy'

> Worked closely with Lambeth

home project for people who

linking them with a 'gardening

were self-isolating and

Council to deliver a gardening at

vulnerable - providing seeds and

Working with Lambeth NHS Stroke Network at the Pulross Centre Brixton to deliver gardening for health to stroke patients

In the health sector, not in the care sector – includes the activity itself, the socialising, and the natural food

Impact at national level through encouraging colleagues to think more imaginatively about using the estate to empower patients

Provide a safe, secure, and known space to bring people out of isolation and into activity

MEMBERSHIP

OPERATIONS

ASS

ASSETS

SOCIAL IMPACT

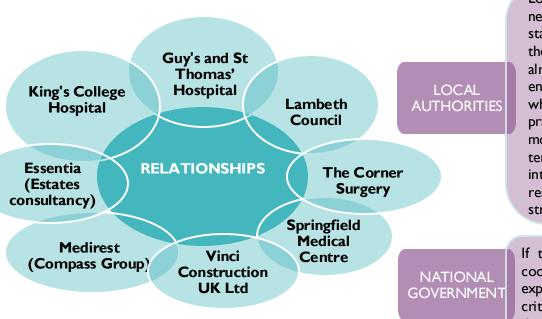


SUPPORT

- Early support from Co-ops UK and Nathan Brown (co-op consultant) was vital to getting the organisation and its operations set up correctly from the outset
- Ongoing support from Lambeth Council
- Political support NHS trusts and NHS England, albeit not necessarily tied to stable funding

GROWTH AND/OR REPLICATION

Keen to expand local engagement, build on the success thus far in Lambeth by staying focused and rooted in the community



KEY MESSAGES / TAKEAWAYS

Local authorities have a vital leadership role in creating new community-led health co-operatives. They have a statutory responsibility for public health, they also chair the health and wellbeing boards, so local authorities are already in the health business. Investing in co-ops that engage hard to reach patients in communities, people who are very ill, people managing long COVID, is a practical way in which to invest modest amounts of money in empowering and enabling citizens with longterm health conditions to become more integrated into the social life of their communities. This can have real value to the lives of people who are really struggling, they are unseen and unheard.

If they don't invest in a major enhancement of the cooperative movement across care, housing, and experimental models like LGPFC, they will have missed a critical – perhaps even the last – historic opportunity to do so.

Across London alone there are about 40 GP practices and 6 hospitals doing similar work but without the co-op driving engagement and change, there are also similar project across the country

Not interested in 'franchising' the co-op or expanding across London, would prefer to see other groups take this on and use the co-op model to create their own local systems

SHARENERGY CO-OP

OVERVIEW

Registered Name	Sharenergy Co-operative Ltd
Date of Incorporation	15/04/2011

Legal Form / Structure	Society
Ownership class	Community Benefit Society
Туре	Community co-op

Number of Members	5
Number of Employees	20
	(full and part-time)
Number of Volunteers	0
Turnover (2022/23)	£553,968

Location

Shrewsbury, Shropshire, England



DESCRIPTION

- Exists to help grow the community energy sector in the UK through working with existing resources, building up local capabilities, and filling in the gaps without "running the show"
- Services and support include site finding and initial assessment, business planning and consultancy, society setup, share offers, administration, operational support, landowner engagement, technical, regulatory and installation, outreach, and troubleshooting
- As indicated by the list above, the range of services offered reflects an emphasis on governance, operations and technical assessments; but it also demonstrates some of the complexity Sharenergy can help communities navigate effectively
- While Sharenergy itself is a co-op, the organisations it helps may or may not be 'bona fide co-operative societies' but are usually established as community benefit societies or occasionally as community interest companies
- Primarily operates in England, although not exclusively, but cooperates and collaborates with similar organisations and associated projects in Scotland and Wales



First ever project!

In 2011, Sharenergy supported the delivery of Leominster Community Solar, with 94 members. The £150,000 required was oversubscribed by 40%

A growing team...

By 2015, Sharenergy was growing and was able to start employing people. In 2024 there are now nearly 20 employees working a mixture of full or part time

BACKGROUND

Sharenergy started in around 2011: the founders were lon Halle and Etty George. It came off the back of an organisation called Energy 4 All which had developed a wind farm using a European co-operative model. Jon wanted to carry on this work but with more of a UK flavour and approach to developing community energy projects. He started off by helping local groups start their own cooperatives. The first ever project they brought forward was a solar system owned by the community on a sports hall in Herefordshire. It was the second ever communityowned solar system in the UK. Jon is still working as the CEO and along with a small board of two other directors: Joe Bentley and Adam Kennerley. From the outset, the motivation was to bring people together and deliver renewable energy projects that wouldn't happen otherwise. Commercial developers are routinely interested in making the most money they possibly can.

Sharenergy is about bringing people together in a local community – whether it's a wind turbine or a solar farm, it's really about getting people to act together in a way that benefits themselves and the communities they live in.

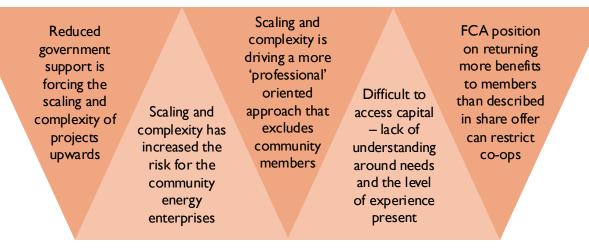
Launch of the Big Solar Co-op

In 2022, with over a decade of experience, Sharenergy founded the Big Solar Co-operative. The aim was to jumpstart community solar at commercial scale, with a volunteer led ethical model that operates across the UK. It is aiming to install 100 MW of solar by 2030

Bringing the energy!

When Sharenergy started its first project was 50kW. It's now working on projects at MW scale and assisting other groups to achieve similar outputs. They are currently working to deliver the UKs first ever solar farm with reused solar panels!

Most of the team **KEY FEATURES** Structured and aren't involved in run like a business AGMs or regular - the employees monthly meetings don't usually get but the structure The Big Solar Coinvolved in is also quite open op is quite decision making The Big Solar Coand flexible unusual – it's like op is a project of a super co-op that Sharenergy, with is expanding all Three main The scale and its staff employed the time rather strands of complexity of the by Sharenergy than operating in Sharenergy are projects demands a single area Development a high level of Team, expertise, but Operational Sharenergy work The structure is Team, and Big to develop Sharenergy also open and flexible, Solar Co-op community run a Small Wind with staff Team capacity too co-op that is set sometimes up like Big Solar increasing / Co-Op, but decreasing hours focused on wind to suit their needs **STRUCTURE DECISION-MAKING OPERATIONS** MEMBERSHIP



Not particularly, there hasn't been the need, Sharenergy has always stood on its own two-feet by being paid for doing work for other co-ops...

KEY MESSAGES / TAKEAWAYS

Community Energy is worth supporting because people on the ground understand what will work in their community, whether or not it's the best or most attractive proposition from the perspective of a commercial developer. Commercial developers will always take the low hanging fruit. Community energy projects don't try and do that. They try to bring forward projects which they feel have got most value to the local community.

This idea of democratising energy generation and bringing the benefits of natural resources into the local community is incredibly important. It is money that then stays inside the UK and brings benefits back to people in the places where those assets are being put in - it is much more valuable than multinational corporations coming in and extracting value from our natural resources and local economies.

GROWTH AND/OR REPLICATION

Have been helping communities replicate effective and successful business models for nearly 15 years, it's pretty much what Sharenergy does... but it wouldn't make sense to replicate Sharenergy itself because its purpose is to provide support and integration...

> Growth will primarily be via the Big Solar Co-op and that will likely lead to some growth of Sharenergy in terms of the shared functions and services – there's another similar project on the horizon called the Community Heat Development Unit which will focus on community heat networks, that will likely also be a source of significant growth...

As for wind energy, the Small Wind Co-op could grow but it's much less likely because of a) planning restrictions, b) localised resistance, c) the cost of installation and long-term maintenance... Â

How to build your own case study...

When we set out to develop this set of case studies, we wanted to ensure that they would have as much utility as possible for users as well as for them to be easily updated and it be clear how new ones could be created. The following slides include our notes on conducting the interview as well as how to turn this into a case study using the model provided.

- In the resources available from CCIN there is .docx file [CCIN Co-operative Case Studies 2024 IBLANKFORM] that can be updated for each new case study
- In this .pptx file [CCIN Co-operative Case Studies 2024 Case Studies VX] there is a blank version of the case study along with alternative versions of the trickier graphics
- The main set of case studies is a great point of reference to understand how different cases might place greater emphasis on certain sections of the frame and therefore be modified to reflect this

Form & Interview Guide

Model and Graphics Guide

NOTE: This icon in the top-right of each slide in this section will return you to here

The data capture form and interview

Recording and Transcription – We recommend carrying out the interview over a platform like Teams or premium Zoom, these allow you to easily record the interview as well as generate an automatic transcript. While not perfect, the auto transcript combined with the audio file should mean you won't have to spend much time cleaning up the data.

Populating the form – It's good practice to populate the headline information (see next slide) ahead of the interview but this isn't essential so don't worry if you don't have time to do so. The rest of the form can be used as a script for the interview, you can also capture some ad hoc notes as you go. The main piece of work here is to copy the transcript content into the various sections to provide some structure and enable you collate any relevant content that comes up in other parts of the interview.

Be flexible – It's inevitable that key insights that are more relevant to a different section or have relevance across multiple sections will come up at various points in the interview and associated transcript. Our advice is to come up with a way to 'code' or mark these parts when you review the transcript – using the comments function or highlight colours, you might also decide just to copy and paste the particular insight into its more relevant section. The form is a working document, it does not need to be aesthetically pleasing, it needs to be functional and ultimately enable you to make sense of the interview data and populate the corresponding graphics.

Prompts and flow – Some sections and sub-sections of the form have some suggested prompts, others don't. It's down to you to decide where to prompt. While you do need to be in control of the interview, bear in mind that if a participant is in full flow and sharing interesting insights, you don't want to be cutting them off unnecessarily. Likewise, if a participant has essentially covered a section already then you don't want to make them go over it again unless you think there are things missing. Keep tabs on the interview schedule sections, listen carefully to the participant, and trust your gut.

Headline information

The first part of capturing the required information involves obtaining some headline information.

A great starting place for this is the Open Data available from Cooperatives UK, <u>linked here</u> but otherwise easily found via Internet search.

Co-operatives UK publish two key data sets:

- I. Organisation data (Monthly)
- 2. Economic data (~Annually)

It is important to note that sometimes this data is outdated so we recommend double checking with the case co-operative before finalising the content. Nevertheless, the data sets are a good place to start.

	,
Trading Name	
Registered Name	
Date of Incorporation	
Nation	
Location	
Legal Form / Structure (Company, Society)	
Ownership class	
Description / Type (Worker, Housing, Community, Multi- stakeholder, Consumer, Producer, Platform)	
FCA Reporting Class	
Industry / Sector	
Number of Members	
Number of Employees	
Number of Volunteers	
Turnover (2022/23)	

Interview questions (I)

I. In brief, how would you describe your co-op (in a very top-level way)?

Believe it or not, some participants are a bit stumped by this question while others either offer very little and some offer too much.

The trick here is to remember you're note looking for background of lots of depth on key features or characteristics of the co-op.

Try to encourage your participant to imagine they are explaining what the co-op is, does, and for whom it exists.

If you're struggling with this one, take a look at some of the other case studies to get a better sense as to what might be highlighted here.

2. Background

The prompts included in the interview schedule are helpful here in terms of focusing on needs, aspirations, founders, other organisations involved.

Try to consider what has already been covered in the first question, do you want the participant to thicken the existing narrative or go further back in time?

Interview questions (2)

3. Key milestones

It's good to frame this question a bit, perhaps drawing on some of the participant's responses to the first two questions.

We have also found that it's useful to ask for 3-5 key milestones, this feels easier for participants but also increases the sense of significance attached to each one.

Some things to watch out for:

- ➤ Founding
- Investments
- Increased / decreased membership or turnover (growth)

- > New products and/or services
- Funding received

Interview questions (3)

4. Current position

- Membership participation, decision-making, etc.
- How do you 'work'?
- Business model, customers, clients, what brings in the money
- Assets (capital equipment), capital, etc.
- Social impact(s)?

This is the longest section of the interview. The key thing here is to cover the main areas but avoid being overly prescriptive. As you might notice from the existing case studies, there is flexibility in what 'key features' are focused on in the hexagons.

This section is also one of the main sources of content for expanding on the information included in the description and background boxes as well as for teasing out additional key milestones and challenges.

Interview questions (4)

5. Key challenges?

As with the key milestones, we have also found that it's useful to ask for 3-5 key challenges, this feels easier for participants but also increases the sense of significance attached to each one.

What you're looking for here are challenges that are currently facing the co-operative or the industry / sector it operates in.

Watch out for challenges that are too general, you will need to find a way of making them more specific.

The graphic for challenges will require you to make these very concise and clear.

6. Support received to date (financial and general)?

Here you're looking for specific source of support received by the co-operative over its existence. Try to encourage participants to reflect on advice, guidance, and financial support.

7. Relationships...

There is some overlap with the support question here but you're trying to get a broader sense of the co-operative's ecosystem. The prompts included in the form are helpful in terms of flagging the breadth of different relationship that could be included here.

Interview questions (5)

8. Growth and/or replication

This can be an unpredictable question where you may need to be fairly reactive to whatever angle the participant chooses to approach it from.

In some instances, they may go into significant depth on their current strategy and have really clear points to make. However, others may be less certain or find the 'growth' aspect somewhat challenging.

From the case studies thus far, it seems quite a few cooperatives lean towards wanting to see replication or are even engaged in providing learning opportunities and resources to facilitate this.

One way or another, be sure to ask about both growth and replication.

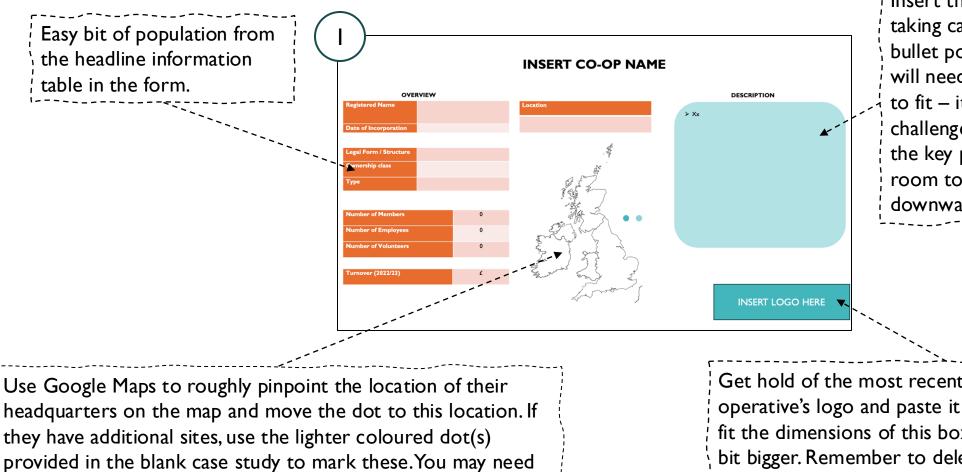
9.What else is important? What would be your key messages to local or national government or perhaps to other co-operatives?

This started out as the classic 'Have I missed anything?' interview question but quickly developed into a great opportunity to allow participants to reflect on what had been covered throughout the interview and then segue into providing a key message or takeaway.

We found that many participants really enjoyed this question, whether airing frustrations with lack of understanding from local and national government or offering up an inspirational narrative for people in cooperatives or wanting to start a co-operative.

This is the participant's space to speak up, you may need to give them a bit of encouragement, but it works as a nice way to wrap up the interview.

Working through the graphics (1)



to copy and paste the lighter dot for multiple locations and, of

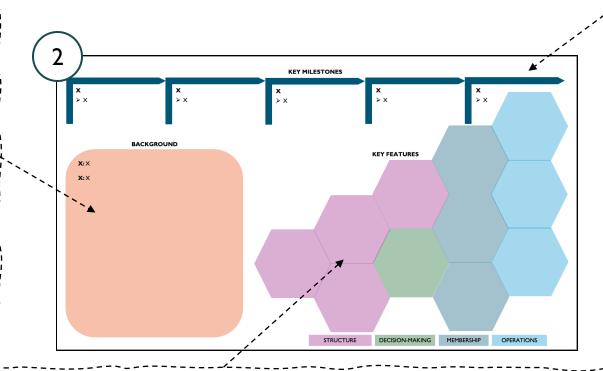
course, delete it if there are no secondary locations.

Insert the description text here, taking care to follow the same bullet point format, it's likely you will need to heavily edit this text to fit – it's a useful process that challenges you to really capture the key points. There's a bit of room to expand the box downwards if needs be.

Get hold of the most recent version of the cooperative's logo and paste it here. Size it to roughly fit the dimensions of this box but don't worry if it's a bit bigger. Remember to delete this box, unless using it as a background for a .png image.

Working through the graphics (2)

Similar to the description box, you'll be editing text down to fit here. There is some flexibility depending on the other graphics. You can decide between a block running narrative, ideally split into paragraphs, or creating sections using bold capitals before the colon, e.g. **ORIGINS:**



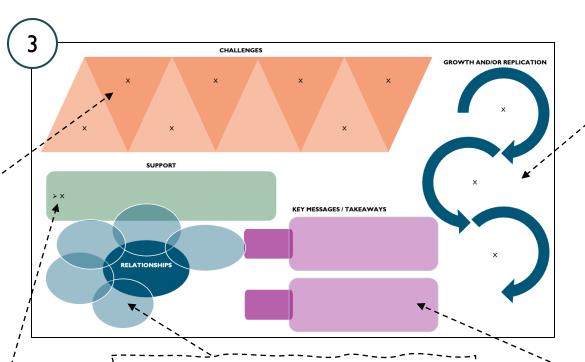
If you haven't already been using it for the text boxes, this is the first graphic where it may be useful to copy it over to the blank 'sandbox' slide after the third part of the case study. Here, you can more easily add all the text you want, cut it down, and play around with different numbers of milestones before you paste it back into this slide to see how it fits and what the implications are for the other graphics.

This is by far the trickiest of the graphics to get right. You definitely want to be using the blank sandbox slide for this. We recommend copying it in, breaking up the hexagon grouping and using the space available to play around with the key features you want to include, what 'labels' (e.g., Structure, Decision-making, Operations, Assets, Social Impact) and associated colours these fit with, and eventually how the hexagons fit together. It is to be expected that you will have too many, need to either combine or cut entirely, and get frustrated with how they don't quite fit or keep having gaps between them. However, once you get it to fit, the sense of satisfaction is rather good!!

Working through the graphics (3)

This graphic isn't so tricky, which is probably welcome after your inevitable struggles with the hexagons! The task here is getting the challenges to fit into the triangle. They need to be really succinct .A good tip is to use the enter / line break key to bump the text a bit further up or down. Try to keep the number of challenges to 3-5 as this leaves more space for the other graphics.

One of the most straightforward, keep it simple, use the right bullet points, feel free to move it next to the challenges graphic or squeeze it into the middle of the slide as necessary.



Fairly straightforward and there's an alternative provided. The key here is using shape format options to adjust the margins within each bubble to make the text fit the shape and positioning of the given bubble. This one can be tricky, we recommend using the blank sandbox slide to develop it. Pull the text boxes out of the graphic, edit your text, then move them back into the graphic and decide how much you need to modify the arrows. The arrows can be a bit of a pain, so we have supplied an alternative blank version as part of the resources. Take your time, remember to breathe, and, as with the hexagons, enjoy the sense of satisfaction when you get it looking 'just right'!

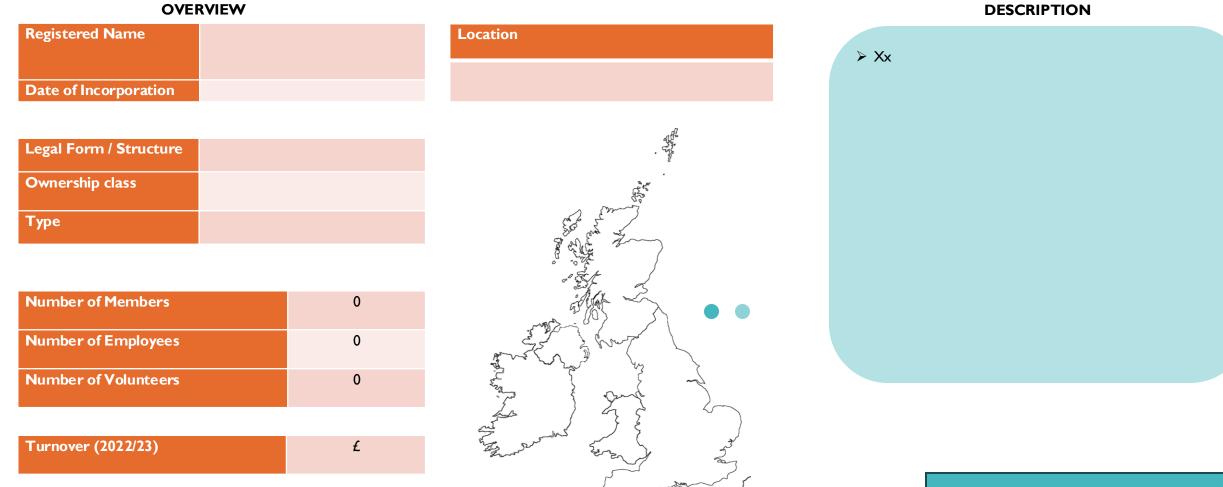
Another easy one. Can be one, two, or three boxes. The trick here is to maintain the depth of the label boxes into the left side of the main text boxes.

Model V2.2



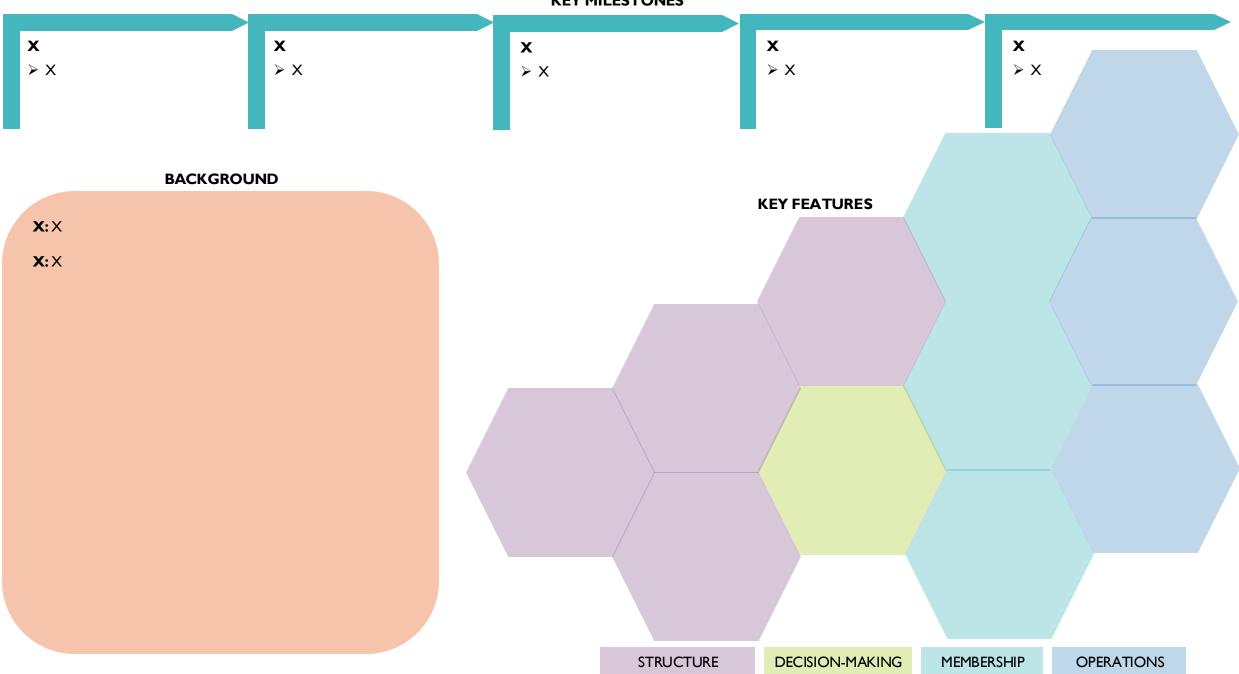
BLANK [Copy and paste the following 4 slides]

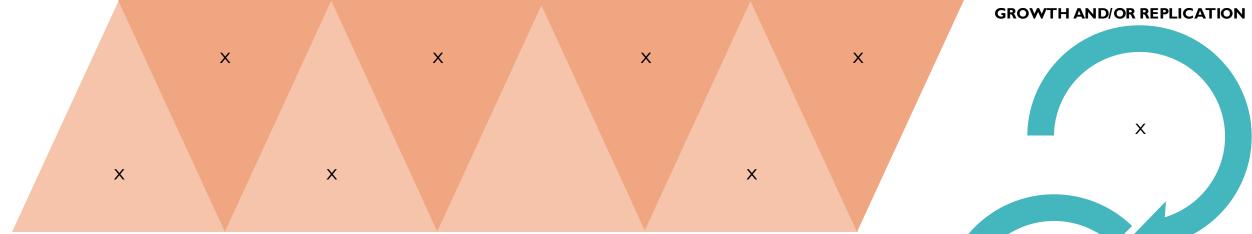
INSERT CO-OP NAME



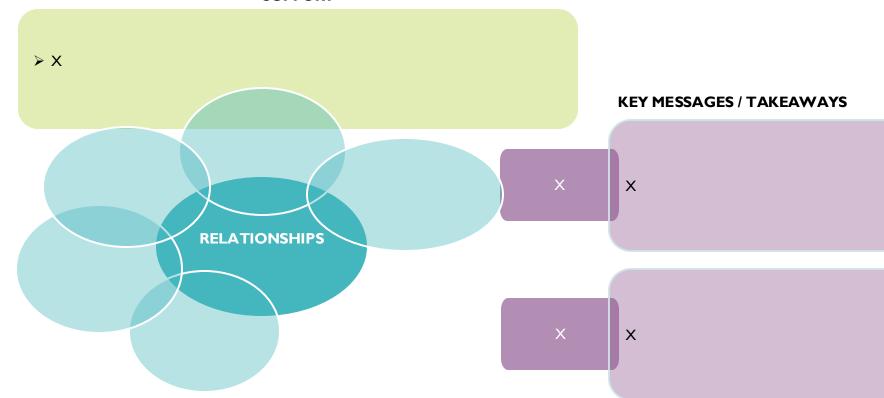
DESCRIPTION

INSERT LOGO HERE

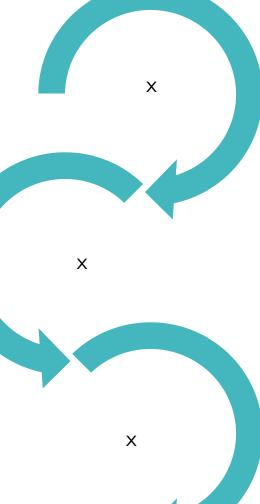




SUPPORT

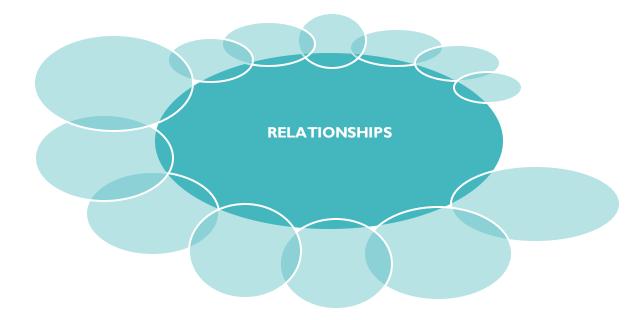


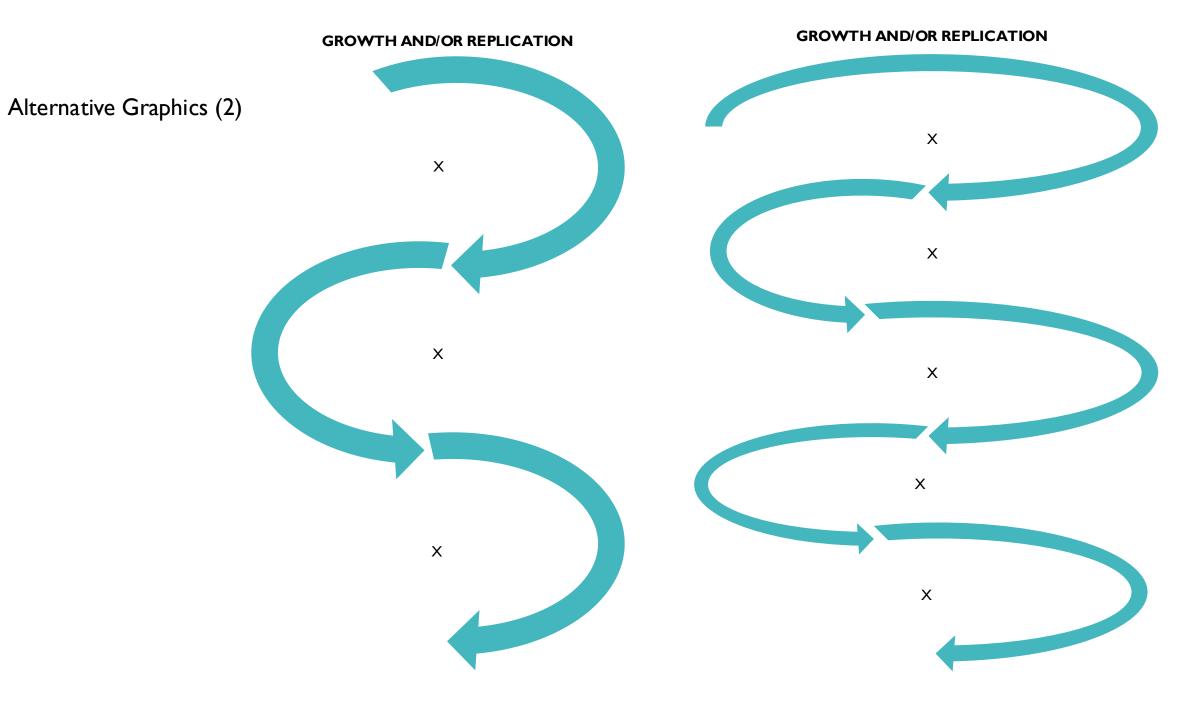






Alternative Graphics (1)





You've reached the end of the deck! Return to...

These buttons will take you to each of the main sections of this deck...



