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# RaY

Research at the University of York St John

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Impact Figure 1

| Interest     | Knowledge                  | View of health  | View of wellbeing   |
|--------------|----------------------------|---|---|
| Technical    | Instrumental:<br>techne    | Able-bodied   | Fully functioning   |
| Practical    | Practical:<br>episteme     | Fit for purpose   | Potential for achieving<br>independence and self-<br>realisation                  |
| Emancipatory | Emancipatory:<br>phronesis | Independence and<br>freedom can be more<br>important than full health | Independence and freedom<br>potentially construed as a<br>condition for wellbeing |

Figure 1: Contextualising health and wellbeing in human interests and their forms of knowledge