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Hill, Andrew P. (2016) Perfectionism in sport, dance and exercise: More lessons for music research. In: Royal Northern College of Music, Manchester, UK. (Unpublished)

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Musicians' health and wellbeing: research and policy

A one-day public engagement event funded by
the North West Consortium Doctoral Training Partnership (NWCDDTP)

Monday, 13th June 2016 | 10.30 am - 5 pm

Royal Northern College of Music, Manchester, Conference Room

The physical and psychological demands of the training and practice that musicians must achieve to perform to a high standard on their instruments can produce deleterious effects on health and wellbeing, arising mostly from musculoskeletal, neurological and audiological causes. How could an interdisciplinary approach address such issues? How does research in social sciences inform policy making? To answer these questions, we bring together a group of experts and we ask them to interact with you.

Speakers include

Public policy: Dr. Caroline Kenny (*Parliamentary Office of Science and Technology*)

Music education: Dr. Naomi Norton (*Royal Northern College of Music*)

Audiology & Psychology: Dr. Piers Dawes (*University of Manchester*)

Health psychology: Dr. Jenny McSharry (*National University of Ireland, Galway*)

Sports psychology: Dr. Andy Hill (*York St John University*)

Music psychology: Raluca Matei (*Royal Northern College of Music*)

The event is free of charge, but places are limited!

To book a place and for any queries, please contact Raluca Matei (event organiser)
raluca.matei@hotmail.com | 0757 061 2760

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