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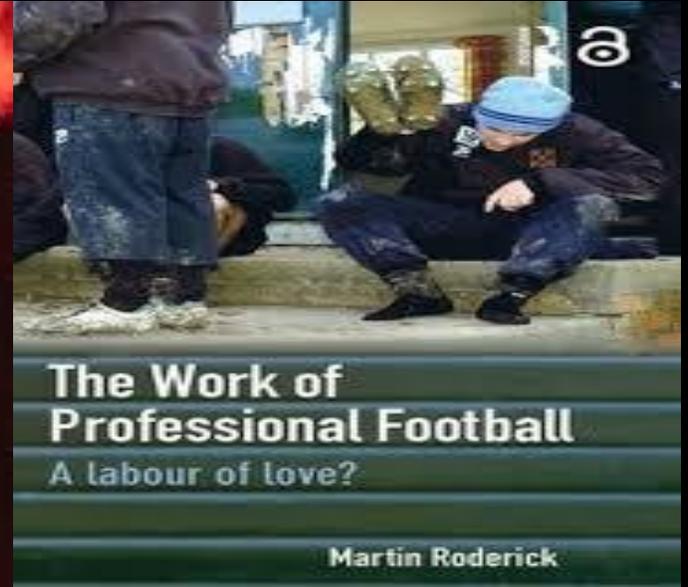
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**A sociological examination of Youth Academy male footballers' experiences of the transition from school to work.**

Nicola Hague



# Elite professional sporting cultures: What do we know?



## Transitions

- Success rates are extremely low; transitions out of football can be extremely detrimental to individuals (Platts 2012; BT Sport Films 2018).
- Existing literature predominantly psychology-based and discusses coping methods, levels of motivation and stressors (Morris, Tod and Eubank 2017).

## Dreams vs Reality and Occupational Inevitability

- Assumption that successful enrolment in an academy = successful high level playing career (Parker 1996).

## The Football Environment and A Footballer's Identity

- 'Chasing the Big Time' (Parker 1996)- players accept and normalise authoritarian practices that are common place within clubs- military type discipline, intimidation. Institutionalised?
- Image/ Identity management (Law 2018) – Conspicuous consumption and role models. Successful players are idolised by those aspiring to achieve the same status.

# Theoretical Framework and Methodology

## FIGURATIONAL SOCIOLOGY- NORBERT ELIAS

- **Figurations**- a group or network of mutually orientated and dependent people (Elias 1978).
- **Interdependencies**- two way links between individuals within a network that are based on relations of power (Elias 1978).
- **Habitus**- embodied social learning or second nature (Elias 1978)

## METHODOLOGY

- Qualitative case study of one Championship football club.
- Semi-structured interviews -gold standard of qualitative data collection (Sparkes and Smith 2018).
- 12 players out of a possible 26 were interviewed and were aged 17-19.
- Criterion, purposive, convenience sampling: all male participants, aged at least 16 on the date of interview, on a two-year contract with the club.
- Thematic Analysis using NVivo 12.

## Key Findings



- Transitional Experiences
- 3 types of transition identified:
  - A 'smoother' transition
  - A 'more difficult' transition
  - An initial transitional 'shock'

## A 'smoother' transition



Roderick (2006) and Clarke, Cushion and Harwood (2018) argue that immersion in a sporting football environment contributes towards a football habitus; an athletic identity.

*'I started when I was about... 7 I think, started playing for a local team where my dad was like the manager, he had a professional footballing career'* (player 4)

By experiencing few or no 'critical moments' some players perceived their transition as relatively smooth (Pummel, Harwood and Lavalley 2008).

*'the transition was quite easy... everything was still here for me, I was still at home'* (player 12)

## A 'more difficult' transition

Belonging to the figuration was very important to the new scholars. However, new first years entering the figuration creates new interdependencies that enable and constrain the action of others, demonstrating the presence of power imbalances (Law and Bloyce 2019).

*'[before] I was able to play pre-games all week and it wouldn't be a problem, whereas I'd play two games here and I'd be absolutely blowing'* (player 3)

*'they'll go 'right today's a low-key day', nothings low-key cos you put your best in everything... that's what sets other players apart'* (player 7)

*'It was hard adjusting for the first couple months... obviously you're away from all your friends, who you've been with your whole life'* (player 2)



## An initial transitional 'shock'



Elias (1978) argues that youth transition into adulthood is anything but linear.

The role of adults and strong players already at the club arguably perpetuates power balances between individuals (Elias and Scotson 1965; Goodwin and O'Connor 2015).

*'The competitive nature of being in this environment... I was really taken aback by it. I was really, really shocked... at home like I was probably one of the best players coming into every single game playing for my local club. When I came here it was just a different level and like I've been so used to being the main player, getting praise every single game, and then to come here and to have players that are miles, miles better than me, technically, physically... I was really, really shocked...'* (player 10)

## Conclusions

- Early specialisation has a profound effect on the players perceptions of their transition.
- This resulted in the internalisation of hegemonic masculinity and influenced their football habitus.
- The formation of new interdependencies with new players/ members of staff during their transition accounted for the transition the players experienced.

Thank you for listening.

Any questions?

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