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1 **Effects of elevated sulfate in eutrophic waters on the internal**
2 **phosphate release under oxic conditions across the sediment-water**
3 **interface**

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18 **Abstract**

19 Eutrophication in freshwater environments may be enhanced by the elevation of
20 sulfate in waters, through the release of internal phosphorus (P) from anoxic sediments.
21 However, the influence of increasing but modest sulfate concentrations (less than 3,000
22 μM) on P release under oxic conditions across the sediment-water interface (SWI) in
23 **eutrophic freshwater** is poorly understood. In this study, the profiles of P, iron (Fe), ~~and~~
24 sulfur (S) **and physicochemical parameters** were measured in a simulated lacustrine
25 system with varying concentrations of sulfate (970-2,600 μM) **in overlying water**. The
26 results indicated that elevated concentrations of sulfate increased the soluble reactive P
27 in overlying waters under oxic conditions across the SWI. A 100 μM increase of sulfate
28 was found to induce a $0.128 \text{ mgm}^{-2}\text{d}^{-1}$ increase of P flux from surface sediments into
29 overlying waters under oxic conditions. Higher sulfate concentrations in the overlying
30 waters increased the concentrations of labile S(-II) in the deep sediments, due to sulfate
31 penetration and subsequent reduction to S(-II). We also found the fluxes of labile Fe
32 and P from deep to surface sediment were both positive and greater than the
33 corresponding fluxes from surface sediment to the overlying water, suggesting that
34 reduction of P-bearing Fe(III)(oxyhydr)oxides in deep anoxic sediment acted as a major
35 source of internal P release. In addition, the upward flux of Fe(II) was significantly
36 lower under higher sulfate conditions, indicating that the Fe(II) flux could be **blocked**
37 **mitigated** by formation of Fe(II) sulfides in the deep sediment. Under these conditions,
38 less Fe(II) from deep sediments could be re-oxidized and combine with P in the surface,

39 oxic sediment, thereby reducing the retention capacity for P and leading to higher
40 release of internal P to the water column.

41 **Key words:** Eutrophication, Internal P loading, Sulfate, Freshwater, DGT

42 **1. Introduction**

43 Eutrophication and the consequent formation of harmful algal blooms (HABs)
44 represents a global challenge and poses serious threats to ecosystem services and human
45 health (Conley et al. 2009, Paerl et al. 2011, Smith 2003). Phosphorus (P) is regarded
46 as one of the primary limiting factors for the control of eutrophication in freshwater
47 (Carpenter 2008, Schindler et al. 2008). Measures aimed at reducing inputs of external
48 phosphorus have resulted in large-scale declines of phosphorus concentrations in many
49 water bodies around the world (Huser et al. 2018, Tong et al. 2017). However, lakes
50 typically show a delayed recovery in response to decreasing external P loads (Coveney
51 et al. 2005), due to release of internal P from sediments (Paytan et al. 2017). Thus,
52 understanding the processes of P release from sediments is important for the successful
53 management of eutrophic waters.

54 The process of internal P release is influenced by many factors, such as
55 temperature, pH and redox conditions (Christophoridis and Fytianos 2006). Iron (Fe) is
56 a redox-sensitive element and the biogeochemical cycling of Fe regulates the mobility
57 of internal phosphorus (Mortimer 1942). Under anoxic conditions, the reductive
58 dissolution of P-bearing Fe(III)(oxyhydr)oxides is recognized as a major mechanism
59 for internal P release (Rydin 2000). However, comparison of 23 different aquatic

60 systems did not show a strong correlation between internal P release rate and the bottom
61 water oxygen concentration (Caraco et al. 1989). In addition, the sulfate concentration
62 of the water was regarded as an extremely important variable controlling sediment P
63 release in multiple systems, and showed a strong correlation with P release rate under
64 both oxic and anoxic conditions (Caraco et al. 1989). Thus, the amount of P released
65 from the sediment depended on the availability of sulfate (Caraco et al. 1989).

66 It has been found that the sulfide produced during sulfate reduction promote P
67 mobilization from marine sediment through its dual effect on the cycling of Fe
68 (Lehtoranta et al. 2009, Roden and Edmonds 1997, Rozan et al. 2002). Firstly, sulfide
69 is a powerful reductant for the reduction of solid Fe(III) minerals to dissolved Fe(II)
70 ion with concurrent P release (Bostrom et al. 1988). Secondly, sulfide could displace P
71 from solid-phase Fe(II)-P compounds and trap the dissolved Fe(II) ion to iron sulfide
72 precipitation (Roden and Edmonds 1997), which significantly promotes P release and
73 reduces P retention capacity (Lehtoranta et al. 2009). For freshwater lakes with low
74 concentrations of sulfate, it is commonly accepted that sulfate has slight effect on
75 internal P release and Fe cycling (Caraco et al. 1989, Hansel et al. 2015). During recent
76 decades, sulfate concentrations have increased in freshwater systems due to acid
77 deposition and industrial wastewater inputs (Yu et al. 2013, Zak et al. 2006). For
78 example, sulfate concentration in Lake Taihu has undergone a rapid increase ($>12 \mu\text{M}$
79 $\text{L}^{-1}\text{y}^{-1}$) over the past 60 years and now attains concentrations close to $1,000 \mu\text{M}$ (Yu et
80 al. 2013). Caraco et al. (1989) proposed that freshwater systems with intermediate

81 sulfate concentration (~100-300 μM sulfate) tended to have high P release rates under
82 anoxic condition. Some researchers showed that increasing sulfate levels could
83 significantly promote the internal P release in freshwater lakes under anoxic conditions
84 (Chen et al. 2016a, Roden and Edmonds 1997, Zhao et al. 2019). So far, anoxic
85 conditions in the bottom water could be considered as an essential prerequisite for
86 sulfate-stimulated release of P from sediments in freshwater systems.

87 Under natural conditions, oxygen distribution across the sediment-water interface
88 (SWI) in shallow freshwater lakes, like Lake Taihu in China, is heavily influenced by
89 hydrodynamic disturbance, accelerating the oxygen diffusion rate from the atmosphere
90 to the water column (Chatelain and Guizien 2010). Thus, anoxia in bottom waters is
91 hardly persistent during most seasons, except in the summer months. In the oxygenated
92 water column and oxic surface sediments, Fe(II) may be rapidly converted to
93 Fe(III)(oxyhydr)oxides, which provide fresh adsorption sites on which to retain
94 available P (Mortimer 1942). Although oxic conditions across the SWI may increase
95 the P adsorption capacity in surface sediment, P release is still observed in some oxic
96 bottom waters (Gächter and Müller 2003, Kraal et al. 2013). These observations suggest
97 that other mechanisms may also affect internal P release. For example, P can be released
98 by dissolution of vivianite by interaction with hydrogen sulfide in deep sediments
99 where oxygen cannot diffuse (Gächter and Müller 2003). Thus, higher concentrations
100 of hydrogen sulfide in deep sediments may influence P release from surface sediments
101 under oxic SWI conditions. Hansel et al. (2015) found that even when the sulfate

102 concentration was as low as 200 μM , sulfate reduction was still a dominate force for
103 the reduction of Fe(III) oxide. Increasing concentration of the sulfate in freshwater lakes
104 has the potential to promote the mobilization of P through its effect on the cycling of
105 iron under oxic condition across the SWI. However, to date no quantitative analysis has
106 been undertaken on the contribution of elevated sulfate in shallow freshwaters to
107 internal P release under oxic SWI conditions. Work to date has only been undertaken
108 on sulfate rich waters such as a lowland river (2,600-7,800 μM sulfate) polluted by
109 mining activities and an estuary (28,000 μM sulfate) (Kraal et al. 2013, Zak et al. 2006),
110 neither of which has wide applicability for freshwater systems. In addition, a
111 comprehensive evaluation of the impact of sulfate on the dynamic cycling of S-Fe-P,
112 and their interactions, is crucial to the understanding of how eutrophication conditions
113 change with oxic-anoxic variations.

114 In this study, an incubation experiment was conducted in a continuous dynamic
115 shallow water simulation system under three sulfate levels. Diffusive gradients in thin
116 films (DGT) and microelectrode techniques were employed to collect the vertical
117 dynamic features of labile of P, Fe, S, as well as the related environmental factors at a
118 fine scale. Based on the DGT profiles, the apparent fluxes of labile P and Fe from both
119 surface sediment to water, and from deep sediment to surface sediment, were calculated.
120 The objective of the study was to explore the effects of elevated sulfate inputs to the
121 water column under oxic SWI conditions on internal P release.

122 **2. Materials and methods**

123 *2.1. Sample Collection*

124 The sampling sites were in Meiliang Bay (120°9 E, 31°31 N), the northern part of
125 Lake Taihu. Lake Taihu is the third largest freshwater lake in China and is experiencing
126 eutrophication and algal blooms. Sulfate concentrations here have undergone a rapid
127 increase over the past 60 years and now attain about 1,000 μM (Yu et al. 2013).
128 Sediments and lake water were collected from Lake Taihu using an Ekman grab sampler
129 and Plexiglas hydrophore, respectively. The collected samples were transported to the
130 laboratory immediately and stored at 4 °C for less than 24 h before pre-treatment.

131 *2.2. Preparation of sediment-water columns*

132 Sediments were sieved through a 0.5 mm pore-size mesh to remove occasional
133 macrofauna and large particles, and then completely homogenized to eliminate the
134 horizontal heterogeneity of the natural sediment (Ding et al. 2015, Zilius et al. 2016).
135 The pre-treated sediments and overlying water (filtered with 0.45 μm filters) were used
136 to fill perspex cylinders (8.4 cm in diameter and 50 cm in height) and 48 cylinders were
137 produced in this study. Each cylinder contained 20 cm of sediment and 25 cm of
138 overlying water. This sediment pretreatment method has been used extensively in other
139 incubation experiments focused on exchange across the SWI (Chen et al. 2016b, Sun
140 et al. 2017, Wang et al. 2017).

141 *2.3. Microcosm set-up*

142 Water flow over sediment has a significant influence on oxygen consumption

143 (Higashino 2011) and water-sediment interaction (Qin et al. 2007), which play key roles
144 in Fe-S-P cycling. Taking this into consideration, we designed a dynamic microcosm
145 system. The microcosm system consisted of six units, each including a water reservoir
146 tank (12.3 cm in diameter and 20 cm in height) and six perspex cylinders (Figure.S1a
147 and b). All of the cylinders were sealed with rubber plugs and silicone sealant. A micro
148 pump and an aeration unit were installed in each reservoir tank (Figure.S1c). Water
149 from each of the reservoir tanks was separately pumped into the inlet of the first
150 cylinder of each unit, at 5 cm above the surface of sediment, and flowed out through
151 the outlet of the cylinder, into the inlet of the next cylinder in the unit. All six cylinders
152 in one unit were connected in series via their inlets and outlets, to simulate the **regular**
153 water movement **in shallow lakes** and uniform initial conditions **among cylinders**. The
154 water in the final cylinder of a unit flowed into the reservoir tank of the next unit. Water
155 in each reservoir tank was initially sparged with N₂ at a flow rate of 0.4 L min⁻¹ for 24
156 h to remove oxygen from each unit and then air was pumped into each tank for 5 min
157 h⁻¹ to maintain the oxic environment across the SWI. The pre-incubation period lasted
158 for 2 weeks.

159 At the end of pre-incubation, the concentrations of dissolved oxygen (DO), redox
160 potential (Eh), DGT-labile P and Fe, and the soluble reactive P (SRP) in water-sediment
161 profiles were measured from three randomly selected cylinders (Figure.S2). The
162 profiles exhibited very consistent distributions for all the parameters, suggesting that
163 the sediment was homogeneous in chemical distribution across different cylinders prior

164 to the main experiments.

165 *2.4. Incubation Experiment*

166 After pretreatment, the water in each of the final cylinders in a unit was directed
167 back to that unit's own reservoir tank, and the entire microcosm was separated into
168 eight independent units (Figure.S1b). We choose six units (36 cylinders) at random on
169 which to perform the experiment. $\text{Na}_2\text{SO}_4(\text{s})$ was subsequently dissolved in the
170 corresponding reservoir tank to obtain the desired concentration values as follows: no
171 addition (Control; group C), 1,770 μM (low sulfate; group B), and 2,600 μM (high
172 sulfate; group A). Control group (970 μM) represented the background concentration
173 of sulfate found in the water column of Lake Taihu. According the work of Caraco et
174 al. (1989), the background concentration of sulfate ($\sim 1000 \mu\text{M}$) in Lake Taihu is higher
175 than the typical freshwater type ($\sim 10\text{-}300 \mu\text{M}$). However, it is still much less sulfate
176 rich than the sites (a lowland river (2,600-7,800 μM sulfate) polluted by mining
177 activities and an estuary (28,000 μM sulfate)) studied previously (Kraal et al. 2013, Zak
178 et al. 2006). As no mandatory standards of sulfate are declared for surface waters
179 worldwide, we chose the quality standard of sulfate in drinking water (2,600 μM) in
180 China (GB3838-2002, China) for the high sulfate group (group A), which was very
181 close to lower limiting values of salt waters ($\sim 3,000\text{-}30,000 \mu\text{M}$). The set value in group
182 B was a median value between those for groups A and C. All three units were incubated
183 at room temperature ($20\pm 2 \text{ }^\circ\text{C}$) for 45 days in the dark. Sampling was performed on the
184 10th, 20th, 30th, 32nd, 37th and 45th day after the onset of incubation.

185 *2.5. Analyses of samples*

186 On the planned sampling day, two columns for each treatment (treated as duplicates)
187 were randomly selected for sediment and water sampling. The distribution of DO and
188 Eh in water-sediment profiles were measured using needle-type microelectrodes (OX-
189 100 and RD-100; Unisense, Denmark) and the overlying water was then collected.
190 Subsequently, ZrO-Chelex and AgI DGT (Easysensor Ltd., China) probes bound back
191 to back were inserted into the sediments (Han et al. 2015). 24 hours later, these DGT
192 probes were retrieved from sediments for processing.

193 After that, the sediment samples were transferred to a glove box containing a dry
194 nitrogen atmosphere and sliced at a vertical resolution of 1cm to a depth of 10cm. An
195 aliquot of each sliced sediment sample was transferred to a 50 ml plastic centrifuge tube
196 which was then capped, removed from the glove box and centrifuged at 2500 g for 30
197 min. After centrifugation, tubes were returned to the glove box to sample the pore water.
198 The supernatant water in each centrifuge tube was dispensed via a 10 ml plastic syringe,
199 fitted with a 0.45 μ m pore-size cellulose nitrate membrane filter, collected in a 5 ml
200 plastic centrifuge tube, and finally stored at -20 °C. (Modified from Jilbert et al. (2011)).

201 The deployed ZrO-Chelex DGT was analyzed following the procedure detailed in
202 Xu et al. (2013). The ZrO-Chelex gel was sliced at a resolution of 2 mm. Each sliced
203 gel was sequentially eluted using HNO₃ and NaOH and the labile P and Fe in the eluates
204 were determined using a microplate spectrophotometer (Multiskan FC; Thermo
205 Scientific, Waltham, USA). The concentrations of labile S contained in the binding
206 layer of the AgI DGT were determined by computer imaging densitometry (CID). The

207 image of the AgI gel was scanned using a flat-bed scanner (Canon 5600F, Canon Inc.,
208 Japan) at a resolution of 600 dpi (0.0423 mm×0.0423 mm) and then converted to
209 grayscale intensities with Image J (Version 1.48, NIH, USA) (Ding et al. 2012). The
210 concentrations of the labile P, Fe and S measured by the DGT were calculated by
211 methods listed in the Supporting Information.

212 The concentration of SRP in the water was determined using the molybdenum blue
213 method (Murphy and Riley 1962). The concentration of sulfate in water was measured
214 using a turbid metric method (Tabatabai 1974).

215 2.6. Data processing

216 ~~To reflect the diffusion direction of Fe and P across the sediment-water interface~~
217 ~~and oxic-anoxic interface.~~To assess the effect of elevated sulfate in overlying water on
218 internal P release under oxic condition across the SWI, the apparent fluxes at two depths
219 were calculated in this study. Oxygen penetration depths in the sediment were measured
220 as being less than 1cm (Fig.2.b). Therefore, this depth (-1 cm) was used to divide
221 sediment profiles into surface oxic sediment and deeper anoxic sediment.

222 The ~~net~~-apparent fluxes of P and Fe at a specific depth were calculated from the
223 DGT-labile P and labile Fe profiles using the following procedure:

224 (i) $C = f(x)$:get the regression equation between the measured concentrations (C) of
225 P or Fe(II) and the corresponding depth (x).

226 So, the concentration gradients at the depth of i: $\left. \frac{\partial c}{\partial x} \right|_{x=i} = f'(i)$ and the mean

227 concentration gradients from depth of m to depth of n: $\left. \frac{\partial c}{\partial x} \right|_{mn} = \frac{\sum_{i=m}^n f'(i)}{m-n}$. Based on the

228 depth-distributions of DGT-labile P and Fe, the concentration gradients were assessed

229 separately at the depths from 0 to 1 cm (overlying water), 0 to -1 cm (surface oxic
230 sediment), -1 to -10 cm (deep anoxic sediment)

231 (ii) Taking the main mechanisms that could influence the internal P release into
232 consideration, the ~~net~~ apparent fluxes of P or Fe(II) at the SWI were calculated as the
233 sum of fluxes from surface sediment to the SWI, and from bottom water to the SWI
234 using equation (1) (Ding et al. 2015, Gao et al. 2016).

$$235 \quad F_0 = F_s + F_w = (-\phi D_s \frac{\partial c_s}{\partial x_s}) + (-D_w \frac{\partial c_w}{\partial x_w}) \quad (1)$$

236 Where F_0 is the apparent flux ($\text{mg m}^{-2}\text{d}^{-1}$) at the SWI. F_s and F_w represent the labile
237 P or Fe fluxes from surface sediment to the SWI, and from bottom water to the SWI,
238 respectively. $\frac{\partial c_s}{\partial x_s}$ and $\frac{\partial c_w}{\partial x_w}$ are the concentration gradients in surface sediment and

239 overlying water, respectively. ϕ is the porosity in sediment. D_w is the diffusion
240 coefficient in water ($\text{cm}^2 \text{s}^{-1}$) calibrated by the actual temperature (Li and Gregory 1974).

241 The diffusion coefficient in sediment (D_s) ($\text{cm}^2 \text{s}^{-1}$) were calculated from the diffusion
242 coefficient in water (D_w) and porosity (ϕ) in sediment (Ullman and Aller 1982). ~~D_s is~~

243 ~~the bulk sedimentary diffusion coefficient ($\text{cm}^2 \text{s}^{-1}$) (Ullman and Aller 1982). D_w is the~~
244 ~~bulk sedimentary diffusion coefficient in water, and the porosity is ϕ (Han et al. 2015,~~

245 ~~Li and Gregory 1974); $\frac{\partial c_s}{\partial x_s}$ and $\frac{\partial c_w}{\partial x_w}$ are the concentration gradients in surface~~

246 ~~sediment and overlying water, respectively.~~

247 (iii) Similarly, the ~~net~~ apparent fluxes of P or Fe(II) at 1 cm below the SWI (-1 cm)
248 were calculated using equation (2)

$$249 \quad F_1 = F_{s1} + F_{s2} = (-\phi D_{s1} \frac{\partial c_{s1}}{\partial x_{s1}}) + (-\phi_2 D_{s2} \frac{\partial c_{s2}}{\partial x_{s2}}) \quad (2)$$

250 Where ~~F_1 is the apparent flux at 1 cm below the SWI (-1 cm)~~. F_{s1} and F_{s2} represent
251 the labile P or Fe fluxes from surface sediment to -1 cm, and from deep sediment to -1

252 cm, respectively. F_1 is the and apparent flux at 1 cm below the SWI (-1 cm), which is
253 the sum of F_{s1} and F_{s2} . D_{s1} , φ_1 , $\frac{\partial c_{s1}}{\partial x_{s1}}$, D_{s2} , φ_2 , and $\frac{\partial c_{s2}}{\partial x_{s2}}$ were the mean values of
254 sedimentary diffusion coefficients, porosity, and concentration gradient in surface
255 sediment or deep sediment, respectively.

256 To comprehensively and quantitatively assess the concentration effect of sulfate on
257 the internal P release in natural eutrophic waters (for instance, Lake Taihu in China),
258 four linear regression equations were established, based on the functional relationships
259 between the apparent fluxes (F_1 , F_0 of labile Fe and P) and the concentrations of sulfate
260 in overlying water. In addition, we extended the applied scope of the regression
261 equations to predict the change of apparent fluxes of labile Fe and P over a wider
262 concentration range of sulfate in freshwater systems. Here, four critical values for
263 sulfate were determined by equations according to the following two scenarios:

264 Scenario 1: When the apparent diffusive flux of labile P or labile Fe across the SWI
265 was zero ($F_0=0$)

266 Scenario 2: When the apparent diffusive fluxes of labile P or labile Fe were equal
267 at the SWI and at 1 cm below the SWI ($F_{10}=F_1-F_0$).

268 Based on the four critical values of sulfate derived here, we selected two of the
269 critical values, which did not belong to the concentration range (~3,000-30,000 μM) of
270 salt waters (Caraco et al. 1989) and divided the concentration range (0-3,000 μM) into
271 different parts.

272 All of the statistical analyses were performed using SPSS software (V25.0; SPSS,
273 USA). The differences of DO, Eh, SRP in overlying water and oxygen penetration depth
274 (OPD) in sediment between different treatments were determined by pairwise

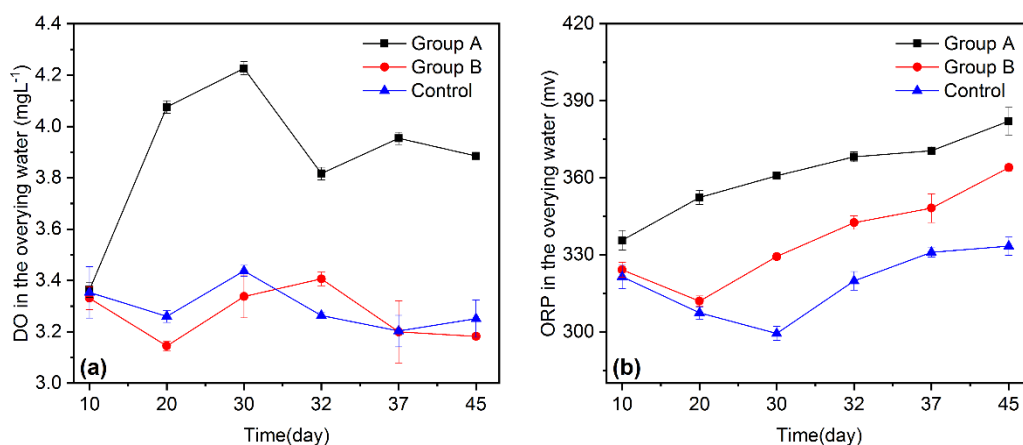
275 comparisons using one-way analysis of variance (ANOVA) and the Duncans multiple
276 range test were used to perform means comparison. Besides, the differences of labile S,
277 labile Fe and labile P between different sampling times were also assessed. The
278 differences between the mean values at significance probability (p) <0.05 were
279 considered statistically significant. ~~One-way analysis of variance (ANOVA) was~~
280 ~~employed to detect differences of DO, Eh, SRP in overlying water and oxygen~~
281 ~~penetration depth (OPD) in sediment between different treatments. The difference of~~
282 ~~labile S, labile Fe and labile P between different sampling times were also assessed by~~
283 ~~ANOVA. A $P<0.05$ was considered significant.~~ The functional relationships between
284 sulfate concentration in the overlying water and fluxes of labile Fe and P were
285 established using linear fitting.

286 **3. Results**

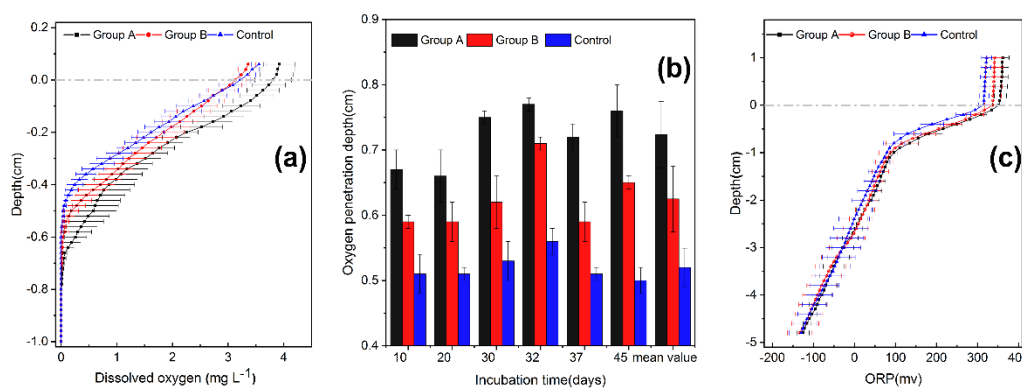
287 *3.1. Vertical distribution of DO and Eh in sediment-water interface*

288 Sulfate addition induced an apparent change in the DO profiles, including DO level
289 (Figure.1a.) and DO penetration depth (Figure.2a) in the surficial sediment. The highest
290 DO concentrations in bottom water and at each depth along the vertical water-sediment
291 profiles were always found in the group A. The sediment oxygen concentrations in the
292 group B were also higher at depths of -0.05 to -0.7 cm than those in the Control
293 (Figure.1a). Furthermore, higher sulfate concentrations led to a significant increase in
294 the vertical oxygen penetration depth (OPD) in the order of group A>group B>Control
295 (one-way ANOVA, $p<0.05$) (Figure.2b).

296 The redox potential (ORP) showed a similar trend to DO (Figure.1b, Figure.2c).
 297 Sulfate addition significantly increased the ORP values in bottom water and followed
 298 the order group A>group B>Control (one-way ANOVA, $p<0.05$). From the SWI to the
 299 depth of -3 cm, the ORP values in the group A and group B units were significantly
 300 higher than those in the Control group (one-way ANOVA, $p<0.05$).



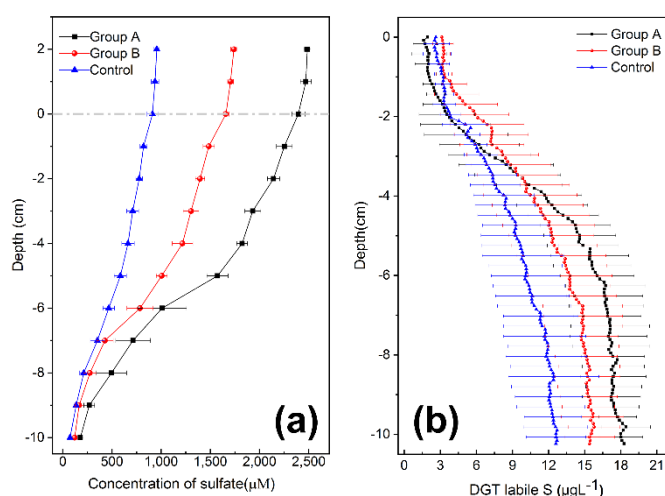
301
 302 Figure 1. Variation of dissolved oxygen (DO) (a) and redox potential (ORP) (b) in bottom water
 303 from the three treatment groups during the 45-days incubation (data shown by mean \pm SD, n =
 304 2). Control: 970 μ M; group B: low sulfate, 1,770 μ M; group A: high sulfate, 2,600 μ M.



305
 306 Figure 2. Dissolved oxygen profiles (DO) (a), oxygen penetration depth (OPD) (data shown by
 307 mean \pm SD, n = 2) (b) and redox potential (ORP) profiles (c) from the three treatment groups
 308 (data of DO and OPD were shown by the mean values during the 45-days incubation period \pm
 309 SD, n=12). The horizontal dashed line indicates the sediment-water interface (SWI). Control:
 310 970 μ M; group B: low sulfate, 1,770 μ M; group A: high sulfate, 2,600 μ M.

311 3.2. Vertical distribution of sulfate and DGT-labile S in the sediment-water profiles

312 The concentrations of sulfate in overlying water were $2,394 \pm 67$ in group A,
313 $1,658 \pm 33$ in group B, and 911 ± 55 μM in the Control (Figure. 3a). In all groups, the
314 sulfate concentration in pore water decreased slightly with increase in sediment depth.
315 In addition, the concentration of sulfate in pore water at each depth followed the order
316 group A > group B > Control (Figure. 3a).



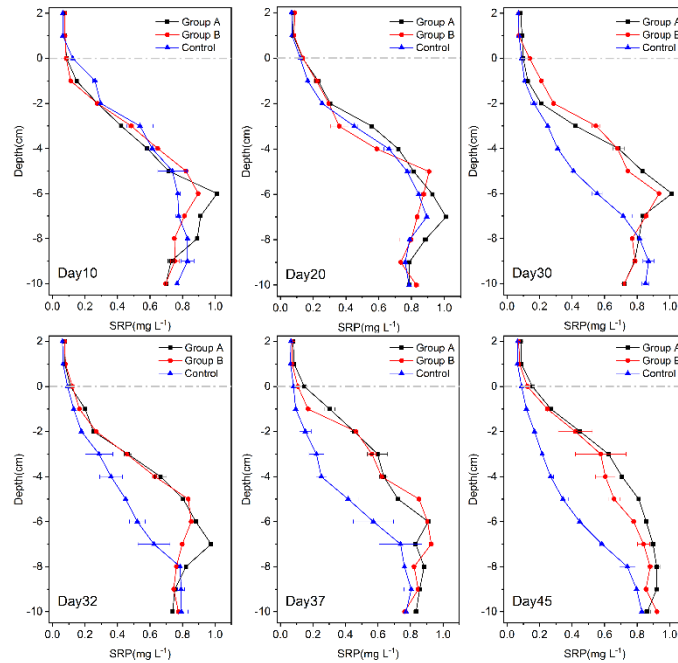
317 Figure 3. Changes in the concentration of sulfate with depth in the sediment-overlying water
318 profiles (a) (data of sulfate was shown by the mean values of all sampling times during the 45-
319 days incubation period \pm SD, $n=12$), one-dimensional distributions of DGT-labile S in profiles
320 as determined by AgI DGT (b) of different sulfate treatments (the data of labile S was shown
321 by the mean values of all sampling times during the 45-days incubation period \pm SD, $n=6$). The
322 horizontal dashed line indicates SWI. Control: 970 μM ; group B: low sulfate, $1,770$ μM ; group
323 A: high sulfate, $2,600$ μM .

325 The labile S (Figure.3b) profiles exhibited a similar trend, increasing with depth in
326 all three groups. Interestingly, lower concentrations of labile S in surface sediments
327 were found in group A, except at day 20 (Figure.S4). The average concentrations of
328 labile S within the depths from SWI to -3 cm in group A were lower than those in the

329 Control and group B (Figure.3b). However, that trend was reversed below -4 cm. The
330 concentration of labile S in group A remained at a higher level in the deep sediment
331 (below -3 to -4 cm) throughout the incubation period (Figure.S4). The average
332 concentrations of labile S in group A from -4 to -10 cm were significantly higher than
333 those in group B and the Control (one-way ANOVA, $p<0.05$).

334 *3.3. Vertical distribution of SRP in sediment-water profiles*

335 Soluble reactive P (SRP) concentrations in the overlying water were significantly
336 higher in the groups with the increasing sulfate concentration (one-way ANOVA,
337 $p<0.05$) and the average values followed the order: group A>group B>Control (Figure.
338 4 and Figure. S3). After the 30th day of incubation, the concentration of SRP in the pore
339 water of sulfate addition groups (group A and B) was higher than the Control. On the
340 45th day of incubation, the average concentrations of SRP in pore water from SWI to -
341 8 cm in group A and group B were 52.3% and 48.6% higher than the Control. However
342 below -8 cm, no evident difference in concentrations of SRP was observed during 45-
343 days incubation between the three groups (RSD=1.06 % in three groups).



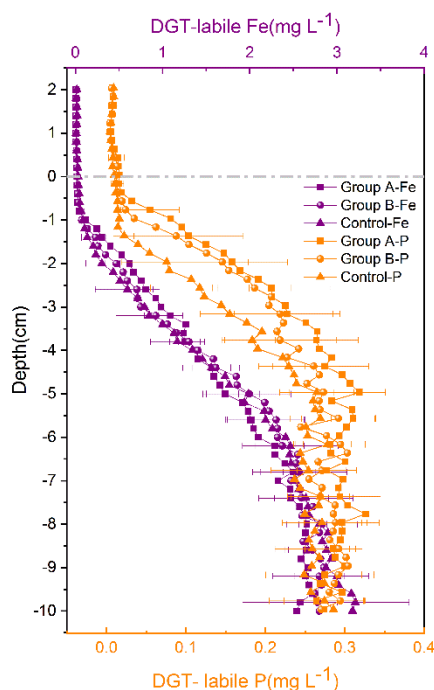
344

345 Figure 4. Changes of SRP (Soluble Reactive P) in the sediment-water profiles from the three
 346 treatment groups during the 45-days incubation period (data shown by mean \pm SD, $n = 2$). The
 347 horizontal dashed line indicates the SWI. Control: 970 μM ; group B: low sulfate, 1,770 μM ;
 348 group A: high sulfate, 2,600 μM .

349 3.4. Vertical distribution of DGT-labile Fe and P in sediment-water profile

350 The concentrations of labile Fe and P from the overlying water to the surface
 351 sediments (SWI to -1cm) remained at relatively low values and increased until -10 cm
 352 sediment depth (Figure.5, Figure.S5 and Figure.S6). There was no significant
 353 difference for labile Fe and labile P between different sampling time (most of $P > 0.05$,
 354 the specific P values were listed in Table S2 and Table S3). Below -1cm, the
 355 concentrations of labile Fe were varied from 0.24 to 2.71 mg L^{-1} in group A, 0.13 to
 356 2.82 mg L^{-1} in group B and 0.10 to 3.21 mg L^{-1} in the Control group, respectively.
 357 However, the concentrations of labile P were ranged between 0.01 to 0.33 mg L^{-1} in
 358 group A, 0.03 to 0.30 mg L^{-1} in group B and 0.01 to 0.28 mg L^{-1} in the Control.

359 Statistically significant positive correlations between labile Fe and labile P in sediment
360 were determined for each treatment ($p < 0.001$) (Fig.S7).



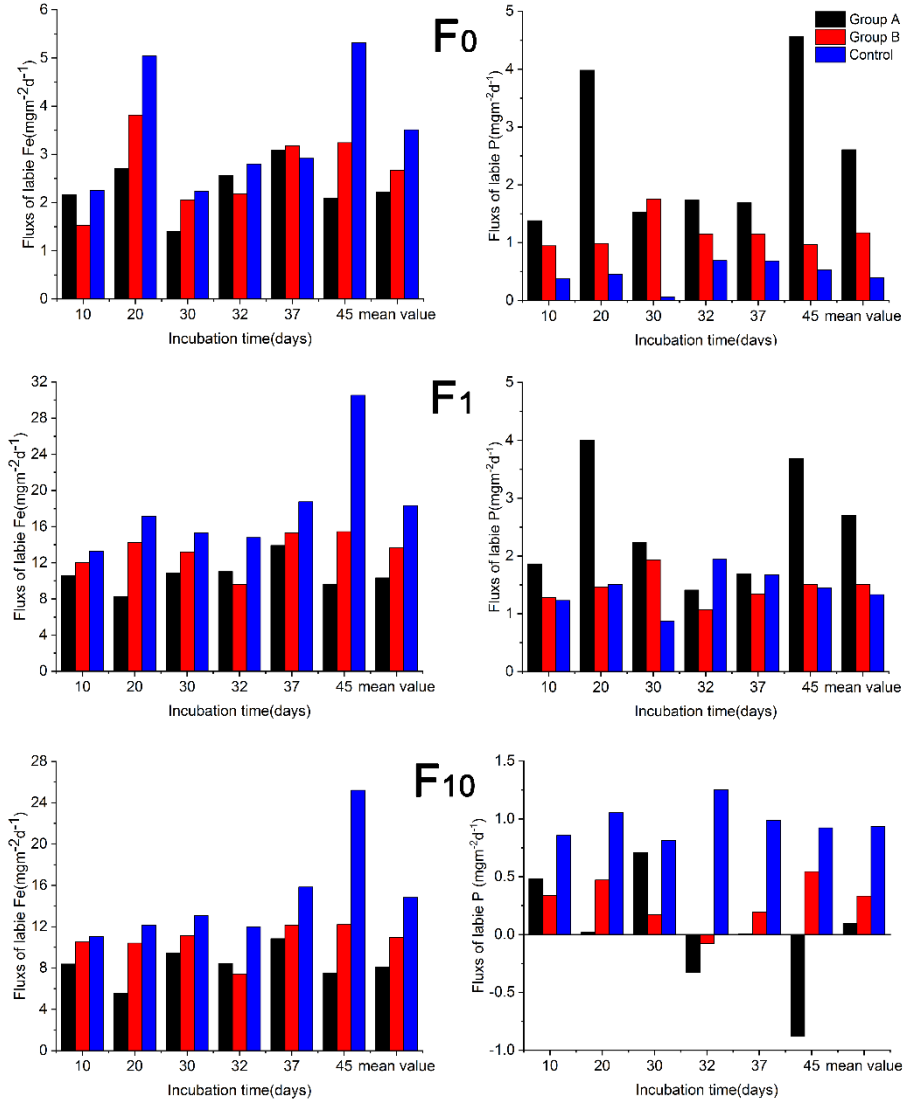
361
362 Figure 5. Effects of the sulfate addition on the one-dimensional vertical distribution of DGT-
363 labile P and DGT-labile Fe in water-sediments profiles (data shown by the mean values of all
364 sampling times during the 45-days incubation period \pm SD, $n=6$). The horizontal dashed line
365 indicates the sediment-water interface (SWI). Control: 970 μM ; group B: low sulfate, 1,770
366 μM ; group A: high sulfate, 2,600 μM .

367 3.5. Apparent diffusive flux of PO_4^{3-} and Fe(II)

368 The apparent diffusive fluxes of the target elements were calculated at SWI (F_0) and
369 1 cm below the SWI (F_1) based on Fick's first law (Figure. 6). The apparent fluxes of
370 PO_4^{3-} and Fe(II) in the three groups across the SWI were all positive (effluxes) and
371 ranged between 0.06 to 4.56 $\text{mgm}^{-2}\text{d}^{-1}$ and 1.41 to 5.32 $\text{mgm}^{-2}\text{d}^{-1}$, respectively. The
372 mean flux of PO_4^{3-} from the surface layer of sediment to water (F_0) showed an
373 increasing trend with the increase of sulfate in overlying water. The mean F_0 of PO_4^{3-}

374 in group A and group B were 5.5 and 1.9 times higher than that in the Control (0.40
375 $\text{mgm}^{-2}\text{d}^{-1}$), respectively. The mean F_0 of Fe(II) was lowest in group A (2.22 $\text{mgm}^{-2}\text{d}^{-1}$)
376 compared to that in group B (2.67 $\text{mgm}^{-2}\text{d}^{-1}$) and the Control (3.51 $\text{mgm}^{-2}\text{d}^{-1}$). The
377 values of F_1 in three groups were also positive and the fluxes of PO_4^{3-} and Fe(II) from
378 deep sediment to surface sediment ranged between 0.88 to 4.00 $\text{mgm}^{-2}\text{d}^{-1}$ and 8.24 to
379 30.53 $\text{mgm}^{-2}\text{d}^{-1}$. Increasing sulfate in overlying water elevated the mean values of the
380 flux of PO_4^{3-} from deep sediment to surface sediment (F_1) with order of group A>group
381 B>Control, whereas an opposite trend was observed for Fe(II).

382 The net flux (F_{10}) of PO_4^{3-} and Fe(II) in the surface sediment was calculated by
383 using the equation: $F_{10}=F_1-F_0$. The F_{10} of PO_4^{3-} and Fe(II) were all positive, except for
384 F_{10} of P in group A (highly variable, from 0.88 to -0.48 $\text{mgm}^{-2}\text{d}^{-1}$). The mean values of
385 F_{10} decreased with the increased sulfate in the overlying water. The retention
386 efficiencies (defined by the quotient of F_1 and F_{10}) of P, diffused from deep to surface
387 sediments in the Control group was about 70.1% and obviously higher than those in the
388 group A and group B groups (3.6% and 22.1%, respectively). The retention efficiencies
389 of Fe(II) were 78.5%, 80.4% and 80.8% in group A, group B and C, respectively.



390

391 Figure. 6 the apparent diffusive fluxes of PO_4^{3-} and Fe^{2+} in different treatments. The label F_0
 392 represents the diffusive flux of PO_4^{3-} and Fe^{2+} from surface sediments to water. F_1 represents the
 393 diffusive flux of PO_4^{3-} and Fe^{2+} from deep to surface sediments. F_{10} ($F_{10}=F_1-F_0$) is net flux of
 394 PO_4^{3-} and Fe^{2+} in surface sediment. The mean flux of each group represents the average flux
 395 during the 45-days incubation period. The mean values of fluxes given here were calculated

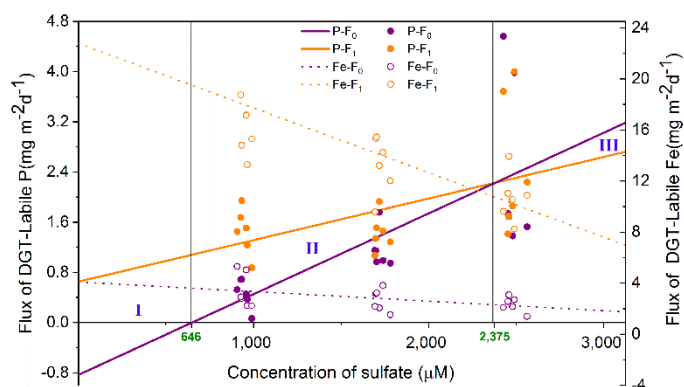
396 according to the following equation:
$$\bar{F} = \frac{\sum_{i=1}^6 (F_i \times t_i)}{\sum_{i=1}^6 t_i}$$

397 Where \bar{F} is the average flux during the 45-days incubation ($\text{mg m}^{-2} \text{d}^{-1}$), F_i is the flux on
 398 the i^{th} sampling day ($\text{mgm}^{-2} \text{d}^{-1}$), t_i is the time interval from the $(i-1)^{\text{th}}$ sampling day to the i^{th}
 399 sampling day (day). Control: $970 \mu\text{M}$; group B: low sulfate, $1,770 \mu\text{M}$; group A: high sulfate,
 400 $2,600 \mu\text{M}$.

401 3.6. Relationship between sulfate concentration and internal P release

402 Based on the fluxes of labile Fe and P at six sampling times across the SWI (F_0) and
403 1 cm below the SWI (F_1), we constructed the diagram for sulfate (Figure. 7). The fluxes
404 of labile P from deep to surface sediments (F_1) were all positive. Furthermore, a 100
405 μM increase of sulfate in overlying water, compared to the concentration of sulfate in
406 the Control group, would induce a $0.128 \text{ mgm}^{-2}\text{d}^{-1}$ increase of P flux from surface
407 sediment to the overlying water (Figure. S8).

408 When the concentrations of sulfate were less than $646 \mu\text{M}$ (Part I in the diagram),
409 the flux of labile P across the SWI was negative. When the concentration increased
410 from 646 to $2,375 \mu\text{M}$ (Part II), the difference between F_1 and F_0 of labile P gradually
411 reduced to zero. When the concentration of sulfate further increased to more than $2,375$
412 μM (Part III), F_0 of labile P was larger than F_1 . The flux of labile Fe at two depths, over
413 the whole concentration range of sulfate (0 to $3,000 \mu\text{M}$), were all positive and F_0 was
414 always less than F_1 . In addition, the difference between F_0 and F_1 of labile Fe
415 continuously decreased with the increase of sulfate in overlying water.



416

417 Figure. 7. The functional relation between the apparent diffusive fluxes of $\text{PO}_4^{3-}(\text{Fe}^{2+})$ and
418 sulfate in overlying water within a concentration range of 0 - $3,000 \mu\text{M}$. The label F_0 represents

419 the diffusive flux of PO_4^{3-} and Fe^{2+} from surface sediment to overlying water and F_1 represents
420 the diffusive flux from deep to surface sediments.

421 **4. Discussion**

422 *4.1. Effects of sulfate elevation on the internal P release*

423 It has been reported that elevated sulfate concentrations in freshwaters systems with
424 intermediate concentrations of sulfate ($>100 \mu\text{M}$), greatly promoted the release of
425 internal P under anoxic conditions (Caraco et al. 1989, 1993, Chen et al. 2016a). As for
426 under oxic conditions, Zak et al. (2006) found that increasing sulfate affected the
427 mobilization of P in a lowland freshwater river polluted by mining activities with
428 extremely high concentrations of sulfate (2,600-7,800 μM). Those concentrations of
429 sulfate are typical of the concentration range ($\sim 3,000$ -30,000 μM) of salt waters (Caraco
430 et al. 1989). Here, we additionally found that sulfate with modest concentrations (970-
431 2,600 μM) promoted release of P under oxic conditions across the SWI.

432 A higher concentration of SRP in the overlying water was observed with an increase
433 in sulfate (Figure. 4 and Figure. S3). At the end of experiment, the mean concentrations
434 of SRP in sediment pore water from the SWI to -8 cm were 52.3% and 48.6% greater
435 in the group A and group B, respectively, when compared to the Control group (Figure.
436 4). In addition, P fluxes at the SWI were all positive, which suggested that P was
437 released from surface sediments to the water column (Figure.6). P fluxes from deep to
438 surface sediments (Figure.6) were also positive (F_1 of P >0) and larger than the
439 corresponding fluxes from surface sediment to water, indicating that P released from

440 the oxic surface sediment mainly originated from deeper sediment. Compared with our
441 results under oxic conditions, the maximum concentration of SRP in overlying water
442 under anoxic environments was one order of magnitude higher and the released P was
443 mainly from surface sediments (Chen et al. 2016a, Han et al. 2015). These results
444 demonstrated that redox conditions clearly influenced the mechanisms of sulfate-
445 promoted release of internal P.

446 *4.2. Mechanisms of sulfate-promoted release of internal P*

447 The process of sulfate-promoted internal P release is closely linked to the reduction
448 of sulfate in sediments (Caraco et al. 1989, Roden and Edmonds 1997, Rozan et al.
449 2002, Zak et al. 2006). Higher concentrations of labile S below -3cm (Figure. 3b) were
450 observed in group A, which can be mainly attributed to the increase of sulfate in
451 overlying water triggering more sulfate penetration and reduction in the deep sediment.
452 The fluxes of P from deep to surface sediments increased along with the increase of
453 sulfate in water column (Figure. 6). This result agreed well with the previous report that
454 P mobilization is ultimately dependent on the concentration of S(-II) (Zhao et al. 2019).
455 Usually, the source of sulfide is mainly controlled by the reduction of sulfate (Motelica-
456 Heino et al. 2003), which, in freshwater sediments, is regulated by many factors, such
457 as dissolved oxygen, organic matter and concentration of sulfate (Leonov and
458 Chicherina 2008). Here, below the depth of -1 cm, oxygen was exhausted (Figure. 2a)
459 and ORP values decreased to <100 mV (Figure. 2c) in all three groups, which suggested
460 that deep sediment became anoxic and conditions were suitable for sulfate reduction.

461 The rate of sulfate reduction has been reported as a diffusion-limited, first-order rate
462 process and dependent on initial sulfate concentration (Loh et al. 2013). In our study,
463 increasing concentrations of sulfate in the overlying water led to higher concentrations
464 of sulfate in the pore water (Figure. 3a), which may have accounted for the enhanced
465 activity of sulfate reduction in the deeper, anoxic layers of sediment.

466 In addition to influencing sulfate reduction in the sediments, higher concentrations
467 of sulfate in the overlying water will also influence the dynamics of Fe(II) in the
468 sediment (Figure. 6). The positive correlations ($p < 0.001$) between labile Fe(II) and
469 labile P (Figure.S7) in each treatment that suggested coincident distributions of labile
470 Fe and labile P existed in the sediment. These coincident distributions with depth should
471 be a result of the reduction of the P-bearing Fe(III)(oxyhydr)oxides (Ding et al. 2012,
472 Xu et al. 2012). The reduction of Fe(III)(oxyhydr)oxides in sediments to Fe(II), is a
473 basic pattern for the P mobilization from sediment to water (Christophoridis and
474 Fytianos 2006). The Fe(II) produced can be maintained in the deep sediment through
475 the formation as iron sulfide coupled with sulfate reduction (Roden and Edmonds 1997).
476 For instance, even under sulfate concentrations limited to 200 μM , sulfide-mediated
477 chemical iron reduction (SCIR) in freshwater systems is a dominate pathway of iron
478 reduction (Hansel et al. 2015). The reduced Fe(II) could precipitate as sulfides via SCIR
479 or directly react with S(-II) in the pore water other than getting back into pore water
480 (Kwon et al. 2014, Lehtoranta et al. 2009). These coincide with our observations that
481 the concentration range of labile Fe (Figure. 5) and fluxes of labile Fe from deep

482 sediment to surface sediment (Figure. 6) were both decreased in high sulfate system
483 (group A) under a higher concentration of S(-II). Thus, the upward diffusive fluxes of
484 Fe(II) from deep to surface sediments in high sulfate systems were reduced by enhanced
485 sulfate reduction. This resulted in less Fe(II) and sulfide diffusing to the surface
486 oxidized layer as Fe(II) precipitation as sulfides occurred in the deep sediments.
487 Therefore, fewer reducing substances would consume oxygen already present in
488 sediment in High sulfate systems, supporting the observation that a better-oxidized
489 condition existed in surface sediments and that higher DO concentrations across the
490 SWI were found in group A and group B systems compared to the Control (Figure. 2a).

491 In this study, the oxygen penetration depth (OPD) varied from 0.48 to 0.78 cm
492 (Figure.2b), suggesting that an oxidized layer existed in the surface sediment. Under
493 natural conditions, a thin oxidized layer may exist in surficial sediment in shallow
494 waters, where it can easily be further oxygenated by hydrodynamic disturbance
495 (Chatelain and Guizien 2010). Oxidic conditions are important for iron to maintain its
496 oxidized state, which, in turn, correlates with P retention in sediments (Mortimer 1942).
497 The OPD regulates the thickness of the oxic layer (Wang et al. 2014), a higher thickness
498 decreasing the P release from sediment to overlying water (McManus et al. 1997).
499 However, a higher concentration of SRP released from surface sediment to water was
500 observed in the High sulfate (group A) system (Figure. 4 and Figure. 6). These results
501 suggested that even the deeper OPD of around several millimeters might not be enough
502 to retain the excessive P released from sediment to water induced by elevated sulfate.

503 Most of the upward diffused Fe(II) in each group (retention efficiencies of Fe(II)
504 varied from 78.5% to 80.8%) was oxidized and retained in surface sediment (Figure. 6)
505 as the oxidation of Fe(II) by oxygen is a rapid process (Chen et al. 2015). Lower fluxes
506 of Fe(II) from deep to surface sediment in the higher sulfate level systems resulted in a
507 lower P-retaining capacity in surface sediments. The decreased ratio of labile Fe to P in
508 sediment associated with higher sulfate also suggested higher sulfate lowered the P
509 retaining capacity (Figure. S7). Therefore, the fluxes of Fe(II), rather than oxygen, were
510 responsible for the larger release of P in more concentrated sulfate systems.

511 *4.3. Concentration effect of sulfate on internal P release*

512 In this study, we found that increasing sulfate could promote internal P release in
513 eutrophic waters and have the potential to switch sediments between P source and sink,
514 if factors other than sulfate concentration are not considered (Figure.7). **The control of**
515 **P and sulfate concentration in water were both necessary.** Thus, it is important to
516 quantify the effects of sulfate concentration on internal P release under oxic conditions
517 across the SWI in any given freshwater system.

518 That the fluxes of P from deep to surface sediments were all positive (F_1 of $P > 0$)
519 suggesting that, in some eutrophic waters, P release from deep sediments might be
520 inevitable. When concentrations of sulfate were lower than 646 μM , well-oxidized
521 conditions across the SWI would be effective for sediment retention of P (F_0 of $P < 0$).
522 However, at sulfate levels $> 646 \mu\text{M}$, a 100 μM increase of sulfate in overlying water
523 would result in a $0.128 \text{ mgm}^{-2}\text{d}^{-1}$ increase in P flux from the sediment to the water

524 column. In this case, just maintaining a thin oxidized layer (<1 cm) in surface sediment
525 would not be sufficient to control internal P release, as enhanced sulfate reduction
526 limited the Fe(II) release from deep to surface sediments. Once sulfate increased to
527 more than 2,375 μM , the retention capacity for P in the oxidized layer would be
528 exhausted and surface sediment would become another source of P to be released to
529 overlying water. Furthermore, increasing concentrations of sulfate, would gradually
530 reduce the upward diffusion of Fe(II) from the deep sediment, decreasing the
531 production of new adsorption sites for P in surface sediments.

532 *4.4. Environmental implications*

533 Previous studies reporting that sulfate could induce the release of P from sediment
534 mainly focused on anoxic conditions (Caraco et al. 1993, Chen et al. 2016a, Han et al.
535 2015, Roden and Edmonds 1997). However, a thin oxidized layer usually exists in
536 surficial sediments in shallow waters and anoxic conditions might not persist during
537 most seasons except over the algal bloom period. In this study, we found that, under
538 oxic conditions across the SWI with modest concentrations of sulfate in eutrophic
539 freshwater, increasing sulfate levels could also promote the release of P from the
540 sediment. The release of internal P induced by sulfate under oxic conditions across the
541 SWI was one magnitude less than in anoxic environments. However, as cyanobacteria
542 have a higher affinity for P, situations with these low concentrations and continuously-
543 released phosphorus from sediment may still contribute to eutrophication and even
544 production of algal blooms (Prentice et al. 2015). **Sediments served as a source for the**

545 P supply in the water column used by cyanobacteria, and such a process was activated
546 greatly by the higher concentration of sulfate, which pumped up more P from the
547 sediments. More importantly, the intensity of P release was directly influenced by the
548 concentration of sulfate in overlying water and the flux of Fe(II) was the primary factor
549 responsible for P retention. Therefore, as oxygen penetration depth in natural sediments
550 is limited, just improving or maintaining the oxygen level in bottom water may alone
551 be insufficient ~~to control internal P release in a high sulfate ecosystem~~. Technologies
552 aim to increase the depth of oxygen penetration in sediment, suppress the sulfate
553 reduction, or provide new adsorption sites in sediment would be promising for the
554 control internal P release in a high sulfate ecosystem.

555 5. Conclusions

556 This study investigated the effect of increasing sulfate in shallow waters on internal
557 P release under oxic conditions across the SWI. Higher concentrations of sulfate
558 increased the concentration of SRP in both overlying and pore waters. In addition,
559 higher concentrations of sulfate in overlying water induced a significant increase of
560 labile S(-II) in deep sediment, indicating that enhanced sulfate penetration and
561 reduction occurred in deeper layers of sediment. The fluxes of labile Fe and P from
562 deep to surface sediments were positive and greater than the corresponding fluxes from
563 surface sediment to water column, suggesting that reduction of P-bearing
564 Fe(III)(oxyhydr)oxides in deep sediment acted as a major source for internal P release
565 under oxic conditions across the SWI. Lower fluxes of Fe(II) from deep to surface

566 sediments were found in the High sulfate experimental system, resulting in less re-
567 oxidized Fe(III) in surface sediments. However, induced by the elevated sulfate, more
568 P released from deep sediment to surface sediment inevitably resulted in an increase in
569 the flux of P across the SWI. The results indicated that the influence of sulfate on
570 internal P released depended largely on the concentrations of sulfate. When the
571 concentration of sulfate was larger than ca. 646 μM , a 100 μM increase of sulfate
572 induced a 0.128 $\text{mgm}^{-2}\text{d}^{-1}$ increase of P flux from surface sediment to water column.
573 Therefore, sulfate concentrations should be considered and controlled for the
574 management of eutrophic waters.

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