

Smith, Penn ORCID logoORCID:

<https://orcid.org/0000-0001-7522-4461> and Madill, Anna (2017)  
Using photo elicitation to study a novel In-reach mental health  
Rehabilitation and Recovery Service. In: BPS Qualitative Methods  
in Psychology Section Conference, 2017. (Unpublished)

Downloaded from: <https://ray.yorks.ac.uk/id/eprint/7638/>

Research at York St John (RaY) is an institutional repository. It supports the principles of open access by making the research outputs of the University available in digital form. Copyright of the items stored in RaY reside with the authors and/or other copyright owners. Users may access full text items free of charge, and may download a copy for private study or non-commercial research. For further reuse terms, see licence terms governing individual outputs. [Institutional Repository Policy Statement](#)

# RaY

Research at the University of York St John

For more information please contact RaY at [ray@yorks.ac.uk](mailto:ray@yorks.ac.uk)



# Using Photo Elicitation to Study a Novel In-reach Rehabilitation and Recovery Mental Health Service.

Penn Smith and Professor Anna Madill, School of Psychology, University of Leeds.



*Because every picture has a story to tell...*

## Research question:

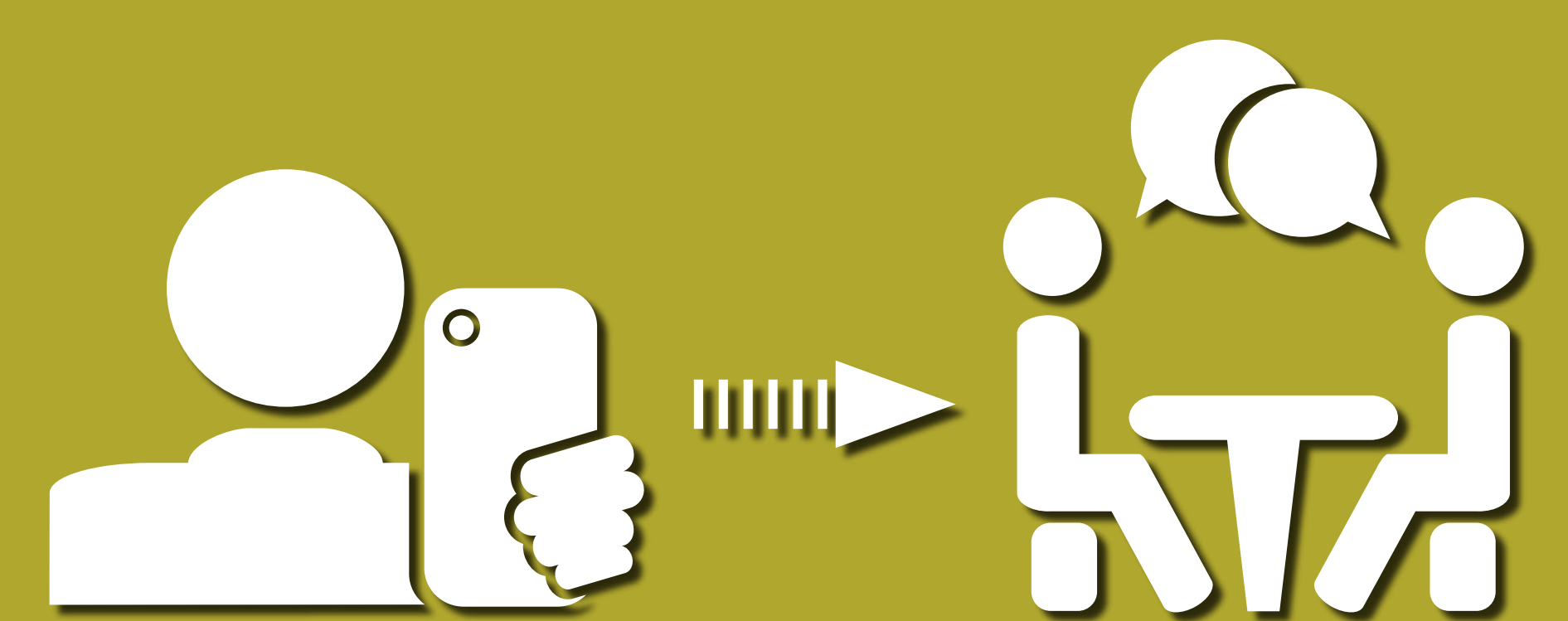
***"What are the experiences of service users and staff who use or work within a novel in-reach Rehabilitation and Recovery Service for people with severe and enduring mental health needs?"***

In 2014, to create less reliance on in-patient care, Leeds and York Partnership NHS Foundation Trust redesigned services for people with severe and enduring mental health problems. NHS in-patient and community voluntary sectors were brought together to form a novel in-reach Rehabilitation and Recovery Service (R&R) involving full application of recovery-focused principles, collaborative training plans, and shared knowledge and clinical skills.

**Aims:** The aim of this research is to provide an in-depth understanding of the R&R Service from the perspective of both service users and staff.

**Method:** Photo elicitation is being conducted with a purposive sample of service users and staff to enrich data collection through one-to-one semi-structured interviews to explore their experiences of the Service. Interviews were analysed using the thematic, qualitative method of Interpretative Phenomenological Analysis.

**Photo elicitation** is a creative method in which participants are invited to take photographs relevant to the study and then asked to bring them to an interview for discussion.



## Main findings:

The main themes include:

- (a) The role of relationships in recovery.
- (b) Different approaches to the concept of 'recovery'.
- (c) The importance of meaning-making in participants' lives.
- (d) Resilience is a contributing factor in recovery.

## Conclusions:

- ✓ Photography is well suited to working with vulnerable people and R&R staff.
- ✓ Participants have engaged deeply with the interview process, describing the method as surprisingly evocative.
- ✓ Participants have provided extremely interesting information, enjoyed the process, and discussed photographs on a sophisticated metaphorical level.

For further information please contact: Penn Smith [p.l.e.smith1@leeds.ac.uk](mailto:p.l.e.smith1@leeds.ac.uk) or Professor Anna Madill [a.l.madill@leeds.ac.uk](mailto:a.l.madill@leeds.ac.uk)