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Important Addresses

Congress Homepage

www.fepsac2019.eu

Congress Administration

www.conftool.com/fepsac2019

Congress App

Download at www.core-apps.com/dl/fepsac2019

or by using the QR code below



Important Congress Venues

Schloss, Schlossplatz 2,
48149 Muenster

Lecture hall building H, Schlossplatz 46
48149 Muenster

vom-Stein Building, Schlossplatz 34
48149 Muenster

LWL Museum for Art and Culture, Domplatz 10
48143 Münster

Department of Sport and Exercise Psychology

University of Münster

Institute of Sport and Exercise Sciences

Horstmarer Landweg 62b

48149 Muenster

Germany

www.fepsac2019.eu



The State Government of
North Rhine-Westphalia



FEPSAC CONGRESS 2019 - MÜNSTER – BUILDING THE FUTURE OF SPORT AND EXERCISE PSYCHOLOGY

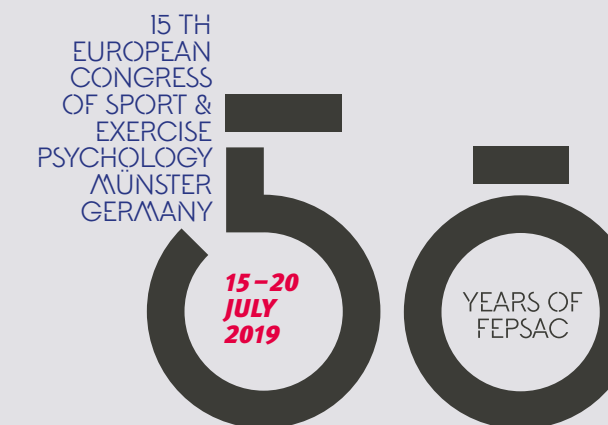
15 TH EUROPEAN CONGRESS OF SPORT & EXERCISE PSYCHOLOGY MÜNSTER GERMANY

**15 –20
JULY
2019**

CONGRESS PROGRAM

living.knowledge

WELCOME



The map shows a section of Münster, Germany, with the Aasee (lake) in the bottom left and the railway station in the bottom right. Numbered locations 1 through 22 are marked with blue circles. Key landmarks include the Marquee, Schloss, Gym, Vom-Stein-Building, Lecture Hall Building H, cathedral, LWL-Museum, Student/Post-Doc Social, and Erbdrostenhof. A red arrow points to Speicher 10 in the top right.

- APP
Congress App
Download at
www.core-apps.com/dl/fepsac2019

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INTRODUCTION

The 15th European Congress of Sport and Exercise Psychology – Building the Future of Sport and Exercise Psychology

The FEPSAC Congress will take place from July 15th to 20th 2019 in Muenster at the Schloss (the Muenster Castle) and its surrounding buildings. The special occasion is the 50th anniversary of the European Federation of Sport Psychology (FEPSAC), founded 1969 in Vittel, France, whose members are comprised of 24 national associations, e.g., including the German Society for Sport Psychology (asp). Accordingly, the hosts will welcome a large number of participants and expect a considerable amount of public interest. With over 1,000 anticipated participants during the week, the 15th FEPSAC Congress will be one of the largest international sport psychology congresses organized to date.

WELCOME ADDRESSES

Prof. Bernd Strauss – Congress President and President of the German Society for Sport Psychology (asp)



As Congress president and president of the German Society for Sport Psychology (asp), I am very pleased to welcome you to the 15th European Congress of Sport and Exercise Psychology in Muenster, the 15th FEPSAC Congress.

We expect almost 1,000 attendees to find their way in the medieval, beautiful, and loveable city of Muenster, located in the heart of Europe. With Muenster even being rated as the most liveable city in the world in 2004 by the United Nations Environment Programme (UNEP). Therefore, we do hope that you will find some time during the busy Congress week, which is jam-packed with activities, to explore this peaceful city. Perhaps by using the most popular vehicle in Muenster, namely, the bicycle. Over 500,000 bicycles can be found within this city of 300,000 inhabitants.

We invite you all to celebrate the 50th anniversary of FEPSAC during these five days in the Schloss (the castle) of Muenster (the main venue of this Congress). Over the last two-years the organizational committee has worked tremendously hard to be able to offer an outstanding and engaging program, including well over 900 presentations, a record in the history of FEPSAC.

I am absolutely excited about the outstanding collaboration with FEPSAC, the German Society (asp), the city of Muenster, the many supporters and sponsors, and finally, the state of North-Rhine-Westphalia. I am honored and excited that this Congress will be held under the patronage of the Undersecretary for Sport and Voluntary Work of the State of North Rhine-Westphalia, Andrea Milz.

I wish you all a fruitful, pleasant and exciting week, full of work, inspiration and hopefully also some relaxation.

Warmest wishes,
Prof. Dr. Bernd Strauss

Prof. Anne-Marie Elbe,
FEPSAC President



On behalf of FEPSAC's Managing Council, it is my great pleasure to welcome sport and exercise psychology enthusiasts from around the world to beautiful Muenster in order to celebrate the 15th European Congress of Sport and Exercise Psychology and FEPSAC's 50th anniversary from July 15th to 19th, 2019.

We are expecting around 1000 colleagues who will be hosted by the wonderful team from the Department of

Sport and Exercise Psychology at the University of Muenster and by the German Society for Sport Psychology (asp). There could be no better venue than Muenster's own castle to come together under the Congress theme of "Building the future of sport & exercise psychology".

You will have the opportunity to enjoy six fantastic keynote lectures, a multitude of exciting symposia, workshops, individual oral and poster presentations. Special highlights will be the Science Slam as well as the Young Investigators Award. Furthermore, the Congress offers excellent opportunities for scientific exchange, an attractive social program as well as a wide variety of sporting activities. In addition, FEPSAC's vibrant history will be highlighted throughout the week with an exhibition, an anniversary symposium, the launching of the FEPSAC archive as well as the publication of an anniversary monograph and a special issue in Psychology of Sport and Exercise.

I am convinced that this special anniversary Congress will create many lasting memories for you and will be an important milestone in building the future of sport and exercise psychology.

I wish you an amazing Congress experience!

Prof. Dr. Anne-Marie Elbe

Andrea Milz, Undersecretary for Sport and Voluntary Work
of the State of North Rhine-Westphalia (NRW)



I am very happy to be the patron of this event. The slogan of the congress is "Building the future of sport and exercise psychology". Over the coming days you will be learning of the work being done in the fields of sports science, psychology and sports and exercise psychology. The presentations should be used not only as bare reports of project research done and findings arrived

at but also as starting points for discussions relating to practical activities and knowledge-transfer possibilities. I believe that the exposure and media coverage of the congress is most likely to generate considerable public interest if the transfer potential of the new scientific results and findings is set out clearly. This will bolster interest in practical research projects and raise the importance of research within the individual areas of application.

The government of the State of North Rhine-Westphalia is an active promoter of the sciences. Last year, for example, we revived the Regional Sports and Science Awards and singled out three sports scientists for their outstanding work in their respective fields. Each prize came with a cheque for €15,000.

I would like to thank the city of Münster, the University of Münster and Professor Bernd Strauß and his team for holding the 15th FEPSAC European Congress of Sport and Exercise in Münster and also for organising the celebrations for FEPSAC's 50th anniversary.

You, the congress participants, will have the opportunity to talk with national and international policymakers and representatives from the sports and science sectors and the business community and will be learning more about institutions, projects, products and materials. Use this chance for dialogue.

Parallel to your involvement in this multifaceted congress offering up to 20 sessions and workshops a day I would love to see you finding the time to explore the sights of Germany's No.1 bicycle city. I assure you it will be worth your while.

Andrea Milz

**Prof. Johannes Wessels,
Rector of the University of Muenster**



A warm welcome to the University of Muenster, the WWU (Westfälische Wilhelms-Universität). As Rector, I am delighted that you have chosen WWU as the venue for the 15th Congress of the European Federation of Sport Psychology (FEPSAC) on the occasion of its 50th anniversary!

Besides a broad variety of keynotes by internationally renowned scientists and several workshops, this year's Congress foresees a sports program, which I highly recommend to you. WWU encourages its students to view sports as a relevant part of their academic life. All students and staff have the opportunity to choose from over 120 different disciplines offered by our so-called University Sports, which currently serves roughly 20,000 participants each week. Through your participation in the offered sports program, you will have the chance to see at least part of our sports campus.

Since 2002, WWU is also official partner university in the field of top-level sports promoting competitive sports at the national and international level. As such, we want to enable students to benefit from both, an excellent scientific education and a successful sports career. WWU's Department of Sports and Exercise Psychology has an important role in this context. As it is also responsible for the organisation of this year's FEPSAC Congress, I take the opportunity to thank the Congress President Prof. Strauss and all others involved for their dedication in organising this event and wish all of you an inspiring and memorable time in Muenster.

Prof. Dr. Johannes Wessels

**Markus Lewe,
Mayor of the City of Muenster**



I am delighted that this year the 15th European Congress of Sport and Exercise Psychology is being held in our city. As the location of one of the most renowned universities and university clinics in Germany as well as being a city of science, Muenster is particularly suited to host this event. The university with its research, facilities and transfer of knowledge is a significant

location factor for Muenster and the surrounding region.

With nine universities, over 60,000 students and a network with elite research Muenster has a tradition as an academic location. The future is created in the lectures, institutes and laboratories. The city and science belong together, forming a firm alliance and making Muenster one of the leading educational, scientific, research and development locations in Europe and a centre of concentrated innovative energy.

You have come from near and far to our beautiful city and I hope that you will take enough time to see for yourself the proverbial "science and lifestyle" of Muenster. I am not only encouraging you to do so, I am also sincerely inviting you to do so. The beautiful old town, the large number of bicycles and young people are only three of the things that will immediately stand out. Make your way through our city on varied tours of discovery and sense some of the atmosphere which makes Muenster so unique. I promise, it's worth it!

I hope you will feel comfortable here in Muenster and I wish you an interesting Congress with rewarding lectures, fruitful discussions and stimulating presentations.

Markus Lewe



CONGRESS OVERVIEW

Congress Overview

The Congress will start on Monday, July 15th at 9am with pre-congress workshops. The 15th FEPSAC Congress will officially start on Monday, July 15th, 2019, at 2pm. You can register at the Registration desk. Registration is possible from Monday morning, 7.30am., and will remain available during the entire Congress.

The Opening Ceremony will take place on Monday, July 15th, 2019 at 4pm. The first part of the opening ceremony will take place in the lecture hall building H (address: Schlossplatz 46, 48143 Muenster) with short welcome addresses and the opening keynote by Brett Smith. The second part will take place in the LWL Museum of Art and Culture which is located 500 meters from the lecture hall building H. Students will guide us to the venue.

Every day, from Tuesday to Friday, the Congress program starts at 8.30am with the first workshops, followed by daily poster sessions and a keynote. After the lunch break (for recommendations regarding restaurants, see below), special events will take place every afternoon. These special events will be outlined in more detail in the following.

Congress dinner: on Friday, July 19th, 2019 at 7pm, the closing of the Congress will take place. Busses will take the participants from the Congress location to the event (and vice versa). In the evening there will be a big barbecue, live music and a DJ awaits the guests for FEPSAC's 50th anniversary.

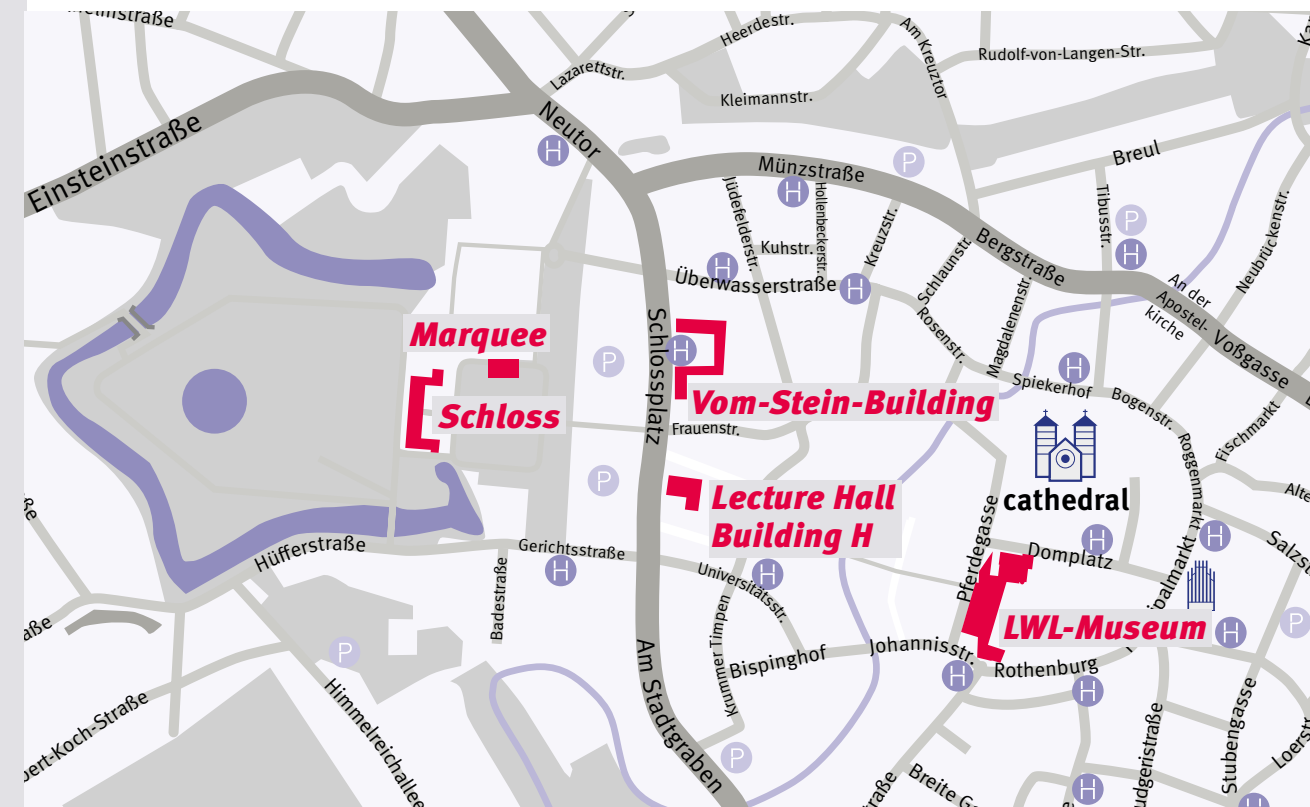
MONDAY July 15, 2019		TUESDAY July 16, 2019		WEDNESDAY July 17, 2019		THURSDAY July 18, 2019		FRIDAY July 19, 2019		SATURDAY July 20, 2019		TIME				
08:30 – 09:00	REGISTRATION – ALL DAYS	PARALLEL PRE-CONGRESS WORKSHOPS AND SYMPOSIA		PARALLEL SESSIONS		PARALLEL SESSIONS		PARALLEL SESSIONS		COMMITTEE MEETINGS		08:30 – 09:00				
09:00 – 09:30				PARALLEL SESSIONS		PARALLEL SESSIONS		PARALLEL SESSIONS				09:00 – 09:30				
09:30 – 10:00				PARALLEL SESSIONS		PARALLEL SESSIONS		PARALLEL SESSIONS				09:30 – 10:00				
10:00 – 10:30				POSTER SESSIONS		POSTER SESSIONS		POSTER SESSIONS				10:00 – 10:30				
10:30 – 11:00				POSTER SESSIONS		POSTER SESSIONS		POSTER SESSIONS				10:30 – 11:00				
11:00 – 11:30		BREAK		KEYNOTE RYBA		KEYNOTE JACKSON		KEYNOTE AŞÇI		KEYNOTE MARCORA		11:30 – 12:00				
12:00 – 12:30				BREAK		BREAK		BREAK		12:00 – 12:30						
12:30 – 13:00				BREAK		BREAK		BREAK		12:30 – 13:00						
13:00 – 13:30		BREAK		BREAK		BREAK		BREAK		DEPARTURE DAY		13:00 – 13:30				
13:30 – 14:00		OFFICAL CONGRESS START		BREAK		BREAK		BREAK				13:30 – 14:00				
14:00 – 14:30		PRE- CONGRESS- SYMPOSIA		PARALLEL CONGRESS SESSIONS		PARALLEL SESSIONS		PARALLEL SESSIONS				14:00 – 14:30				
14:30 – 15:00		PARALLEL SESSIONS		PARALLEL SESSIONS		PARALLEL SESSIONS		PARALLEL SESSIONS				14:30 – 15:00				
15:00 – 15:30		BREAK		BREAK		BREAK		BREAK				15:00 – 15:30				
15:30 – 16:00		BREAK		BREAK		BREAK		BREAK				15:30 – 16:00				
16:00 – 16:30		OPENING SESSION/ WELCOME RECEPTION		GENERAL ASSEMBLY		PARALLEL SESSIONS		SOCIAL PROGRAM				KEYNOTE MOORE		16:00 – 16:30		
16:30 – 17:00												YOUNG RESEARCHER AWARD		BREAK AND TRANSPORT TO DINNER		16:30 – 17:00
17:00 – 17:30												YOUNG RESEARCHER AWARD		BREAK AND TRANSPORT TO DINNER		17:00 – 17:30
17:30 – 18:00				YOUNG RESEARCHER AWARD		BREAK AND TRANSPORT TO DINNER						17:30 – 18:00				
18:00 – 18:30				YOUNG RESEARCHER AWARD		BREAK AND TRANSPORT TO DINNER				CONGRESS CLOSING WITH DINNER		18:00 – 18:30				
18:30 – 19:00		WHICH INCLUDES		BREAK		BREAK		BREAK		DEPARTURE DAY		18:30 – 19:00				
19:00 – 19:30	› WELCOME		SCIENCE SLAM		STUDENT/POST-DOC SOCIAL		CONGRESS CLOSING WITH DINNER		19:00 – 19:30							
19:30 – 20:00	› KEYNOTE LECTURE SMITH		SCIENCE SLAM		STUDENT/POST-DOC SOCIAL		CONGRESS CLOSING WITH DINNER		19:30 – 20:00							
20:00 – 20:30	› OPENING		SCIENCE SLAM		STUDENT/POST-DOC SOCIAL		CONGRESS CLOSING WITH DINNER		20:00 – 20:30							

1 LOCATION AND ACCESS

Congress Venues

The Congress takes place in the main building of the university *Schloss* (castle) and two university buildings nearby the *Schloss* as well as a marquee in front of the *Schloss*.

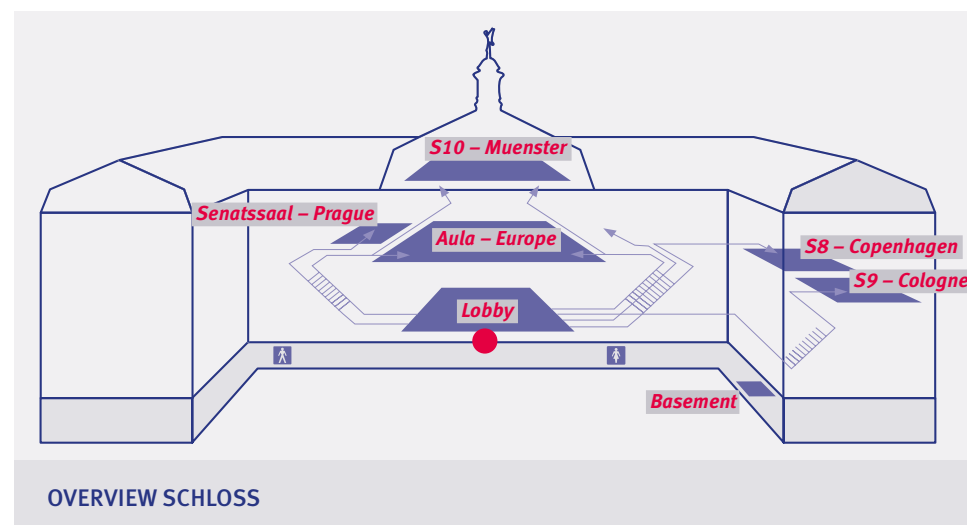
Map – Location and Access



- MAIN CONGRESS VENUES
- H BUS STOP
- P PARKING

The sessions will be held at the following locations:

- Schloss, Schlossplatz 2, 48149 Muenster (bus stop Landgericht or Schlossplatz)
 - Basement: Registration desk, working places
 - Lobby: Information Desk, poster printing service, lists and announcements (social program, knowledge café, sport program)
 - Seminar rooms S8 – Copenhagen, S9 – Cologne, S10 – Muenster
 - Aula – Europe
 - Senatssaal – Prague
 - First floor: Speaker's ready room



- Lecture hall building H (Plenary), Schlossplatz 46, 48149 Muenster (bus stop Landgericht or Schlossplatz):
 - H1 – Vittel
 - H2 – Bern
 - H3 – Madeira
 - H4 – Chalkidiki

- vom-Stein Building, Schlossplatz 34, 48149 Muenster (bus stop Landgericht or Schlossplatz)

- | | |
|----------------------------|-----------------------------|
| • VSH 06 – Bad Blankenburg | <i>Basement</i> |
| • VSH 07 – Magglingen | <i>Basement</i> |
| • VSH 17 – Westphalia | <i>1st floor</i> |
| • VSH 18 – Edinburgh | <i>1st floor</i> |
| • VSH 19 – Paris | <i>1st floor</i> |
| • VSH 116 – Varna | <i>2nd floor</i> |
| • VSH 118 – Nottingham | <i>2nd floor</i> |
| • VSH 219 – Brussels | <i>3rd floor</i> |

- Marquee (Padua) in front of the Schloss, Schlossplatz 2, 48149 Muenster (bus stop Landgericht or Schlossplatz)

- All poster presentations will take place here.
- This is also where you can obtain your coffee and beverages during the coffee breaks.
- The FEPSAC Congress will be accompanied by a major exhibition which will also be situated in the marquee in front of the Schloss. Commercial and non-commercial organizations like equipment manufacturers, publishing companies, and book stores will exhibit their products and services on selective days throughout the Congress week.
- Official University of Muenster merchandise can be purchased at the university bookshop exhibition booth from Monday (July 15th) to Wednesday (July 17th).
- Inside the marquee you can find working places and several seats to have a cup of coffee and talk with the other attendees of the Congress.

Due to the central location of the Congress venues, all buildings are within walking distance of each other. Signs on the ground will further indicate the walking direction from one venue to another.

Congress Registration and Information

The **Registration Desk** is situated in the basement of the Schloss until Tuesday afternoon. From Tuesday afternoon on, it will be located in the lobby of the Schloss. At the **Registration Desk**, you will receive your Congress badge when signing in. It is **mandatory** to wear this badge during the entire Congress, as it does not only grant you permission to attend the Congress venue but also allows you to use public transportation as well as varying offers and social activities throughout the week (see below).

When checking in, we will hand out your Congress bag. As the FEPSAC Congress 2019 is a green Congress, everything you can find within this Congress bag, as well as the bag itself, is produced from recyclable and thus environmentally sustainable materials. Furthermore, the book of abstracts is available on a flash drive that all participants will receive within their Congress bag. Please note: In line with the premise of a green Congress, smoking is not permitted in any of the congress venues.

DAY	REGISTRATION DESK		INFORMATION DESK	
	OPENING HOURS	LOCATION	OPENING HOURS	LOCATION
Monday	7.30am – 7.00pm	Basement	8.00am – 4.00pm	Foyer
Tuesday	7.30am – 7.00pm	Basement	8.00am – 4.00pm	Foyer
Wednesday	8.00am – 4.00pm	Foyer	8.00am – 4.00pm	Foyer
Thursday	8.00am – 4.00pm	Foyer	8.00am – 4.00pm	Foyer
Friday	8.00am – 5.30pm	Foyer	8.00am – 4.00pm	Foyer

At the **Information Desk**, you can get information about a variety yourself about a variety of offers regarding the program. If you can get information about a variety of offers, please contact the team at the **Information Desk**. In case of emergency, if you have problems, if we can help and assist you, please write an email to fepsac2019@uni-muenster.de or call +49 176 183 00 233.

Furthermore, there will be a staff member from City of Muenster’s marketing office throughout the week for further inquiries and information regarding restaurants, shops or the city in general.

During the Congress, our staff will be identifiable by blue t-shirts and name tags. Please do not hesitate to approach to them in case you have any questions. You will find a wardrobe in the basement of the Schloss. On Friday, you will be able to store your luggage in the basement of the Schloss. Please note that the organiser of the Congress does not accept any liability for lost items.

Transportation

Once you sign in at the Registration Desk you will receive your Congress name badge, which includes **a local public transport ticket**, valid from **July 15th to July 20th, 2019**. The bus lines 11, 12, 13, and 22 service the bus stop Landgericht, the bus lines 1 and 9 stop at the Schlossplatz. Also, all Congress participants have the possibility to rent (free of charge) bicycles during the week of FEPSAC 2019. You can find information regarding where and how to rent a bicycle in the lobby of the Schloss (see below).

2 IMPORTANT DATES & SPECIAL EVENTS

Opening Ceremony and Welcome Reception

On Monday (July 15th) the Congress will start with a variety of pre-congress workshops and symposia (see table). The official opening ceremony will start on July 15th at 4pm at the lecture hall building H (H1 - Vittel) with a short welcome reception, followed by the first keynote lecture. After the official start of the Congress, all participants, representatives and honorary guests will be accompanied to the famous LWL Museum for Art and Culture and greeted at 6.30pm with drinks, hors d'oeuvres, live entertainment and official welcome speeches.

General Assembly FEPSAC

The Managing Council (MC) of the European Federation of Sport Psychology (FEPSAC) will organise a FEPSAC General Assembly (GA) on Tuesday (July 16th) 2019 at 4pm in the H2 - Bern. Information regarding elections will be on display in the marquee.

Science Slam

On Tuesday, July 16th, 2019 at 7 pm our science slam will take place in the lecture hall room H1 – Vittel. The science slam is a special form of an oral presentation that reaches a broad audience. It offers funny and creative, but still informative, scientific presentations of up-to-date and original research. The four best applicants have been selected by a science slam committee. The best science slam contribution will be awarded with a prize of € 1,500 by the Congress host. Each runner-up will be awarded with a price of € 250. The award ceremony will be held at the end of the event. This event will be open to the public and will be further enriched with a show-act, live music and the selling of beverages by the student association of the Institute of Sport and Exercise Sciences. Drinks and snacks at this event have to be paid on-site.

Young Researcher/Early Career Researcher Day

On Wednesday, July 17th, several events are dedicated to the Young Researchers at FEPSAC 2019.

Knowledge Café

The Knowledge Café which will take place on Wednesday, 17th of July at 12.30pm in the vom-Stein Building. This event is organised by ENYSSP and offers the opportunity to share on-topic scientific insights. Interested Congress participants are asked to register and indicate their preferred topics until Monday night on the sign-up sheets present at the lobby in the Schloss. For all the young researchers participating in the Knowledge Café there is the opportunity to buy a lunch bag for € 9 inside the vom-Stein Building.

Young Researcher Award

FEPSAC invites Young Researchers in Sport Psychology to submit their scientific work for the 2019 FEPSAC Award. The Young Researcher Award will be handed out to the winners of the following categories: Oral and Poster presentations. Since the FEPSAC Congress in 1991, FEPSAC acknowledges the outstanding research achievements of its members. For the 15th Congress in 2019, FEPSAC has encouraged students of any age and nationality to apply for this Award. During the Congress, the five applicants for the Young Researcher Award will present their scientific work at the Aula in the Schloss from 4pm to 5.30pm. The award ceremony will be held during the Congress dinner on Friday, July 19th. € 500 will be awarded to the first place, € 300 to the second and € 200 to the third place.

Student / Post-Doc Social

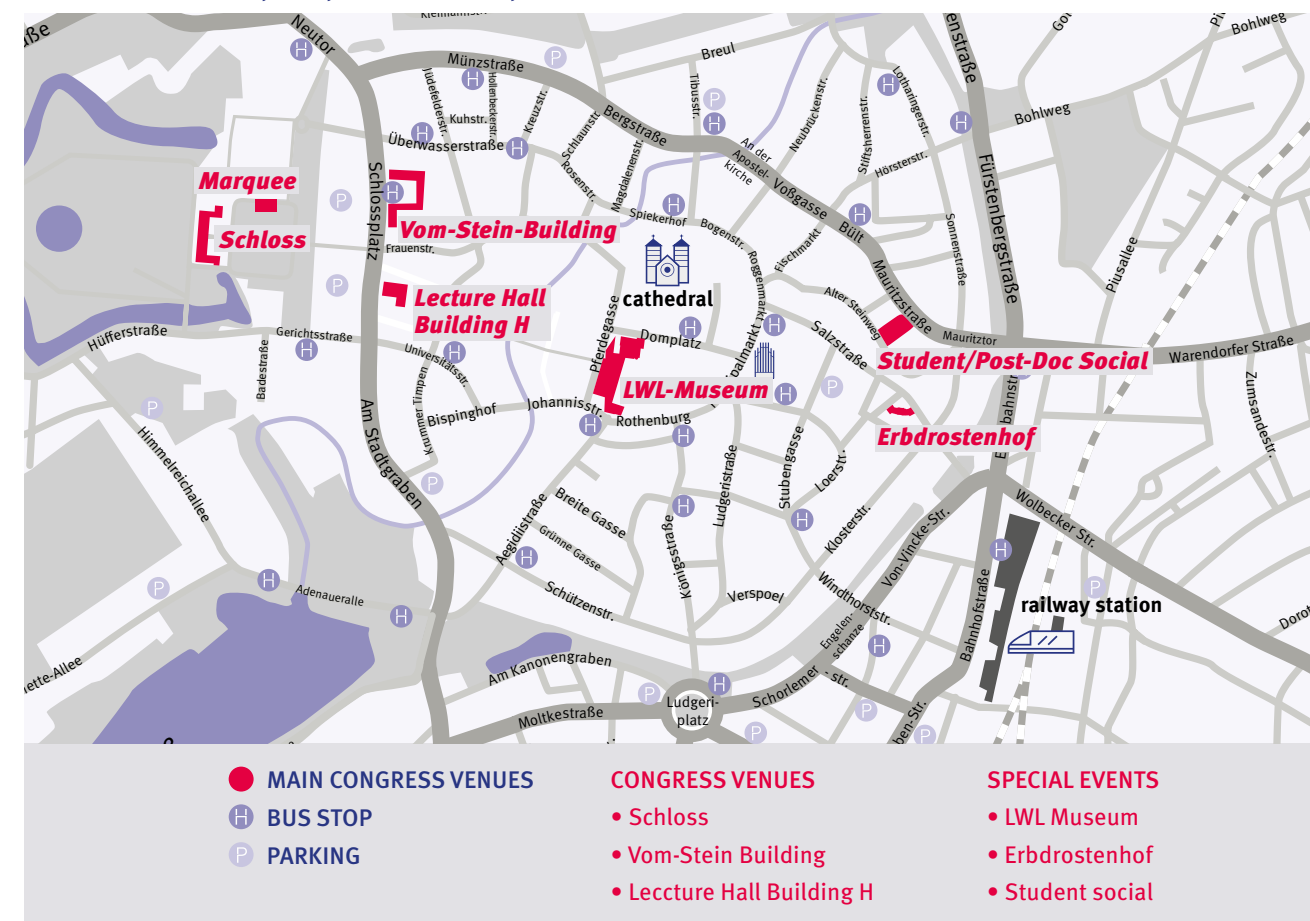
For all young researchers, the FEPSAC Congress will also provide a chance to meet up and network, by organising a dinner for both, students and Post-Docs (and those who feel young) on Wednesday, the 17th July at 7:30pm at the Restaurants Besitos and Aposto. Food and drinks have to be paid on-site. **Address: Alter Steinweg 21, 48143 Muenster.**

Social Program

Beside the scientific program, all participants have the opportunity to take part in one of the diverse offers from our social program on Thursday (July 18th) from 3.30pm onwards. To sign up for one of the offers, you have to register on the sign-up sheets displayed in the lobby of the Schloss. You can choose from the following activities:

- 1) A guided City Tour, in which the city can be explored by foot (max. 2x 30 participants)
- 2) A guided City Tour in one of the typical tourist buses. Get an impression of the city in a comfortable and fun way (max. 75 participants)
- 3) A bicycle ride to the Muehlenhof Museum at the Aasee with a visit to its famous windmill (max 30 participants, bicycles will be provided)
- 4) Visiting the city museum of Muenster, which features an exhibition of Muenster as the "City of bicycles" (unlimited)
- 5) Visiting the famous Picasso Museum, which displays the exhibitions: "Through the light - abstraction in France. From Bazaine to Singier" and "Picasso and the post-war modernity" (max. 25 participants)
- 6) Visiting the famous LWL museum of modern art (25 participants)
- 7) Participating in a beach volleyball tournament at the sport facilities of the University of Muenster. During the tournament, a small barbecue with drinks and refreshments will be provided by our students. Food and drinks served there have to be paid on-site (see more information below) (unlimited).

Map – Important Dates & Special Events



Fees for these offers are already included in the Congress Fee. The following two offers require an extra fee of €10 when registering for the tour until Tuesday (July 16th) 12pm in the Lobby of the Schloss.

- 1) Visiting the local brewery Finne (max. 40 participants)
- 2) Visiting the castle in Nordkirchen, known as the Westphalian Versailles (max. 60 participants)

All Congress participants only have the chance to take part in one of the offers regarding the social program, as they take place simultaneously. As we are working with external partners, registration for these offers are binding until Tuesday, July 16th, 12pm in the lobby of the Schloss. In the lobby, you can find information about departure time and meeting points as well as the name of your guides.

Beach Volleyball Tournament

On Thursday (July 18th) afternoon a large beach volleyball tournament will take place at 5pm at the facilities of the Institute of Sport and Exercise Sciences at Horstmarer Landweg 62B, 48149 Muenster. This tournament will most likely be supervised by two professional German team volleyball players from the premier league team USC Muenster. During the tournament, a small barbecue with drinks and refreshments will be provided by students. Food and drinks served there have to be paid on-site.

Closing Ceremony and Congress Dinner

The closing ceremony will take place on Friday (July 19th) in the north of Muenster at the Speicher 10. Special Busses will take all participants from the bus stop Landgericht to the event location between 6.15pm and 6.45pm. Starting at 10.30pm there will be a special shuttle service, running every half an hour, from the event location to three spots in the city centre: Schlossplatz and Eisenbahnstraße. The closing ceremony will entail a big barbecue with both a DJ and live music. Drinks at this occasion are not included in the Congress fee.

Photo Contest

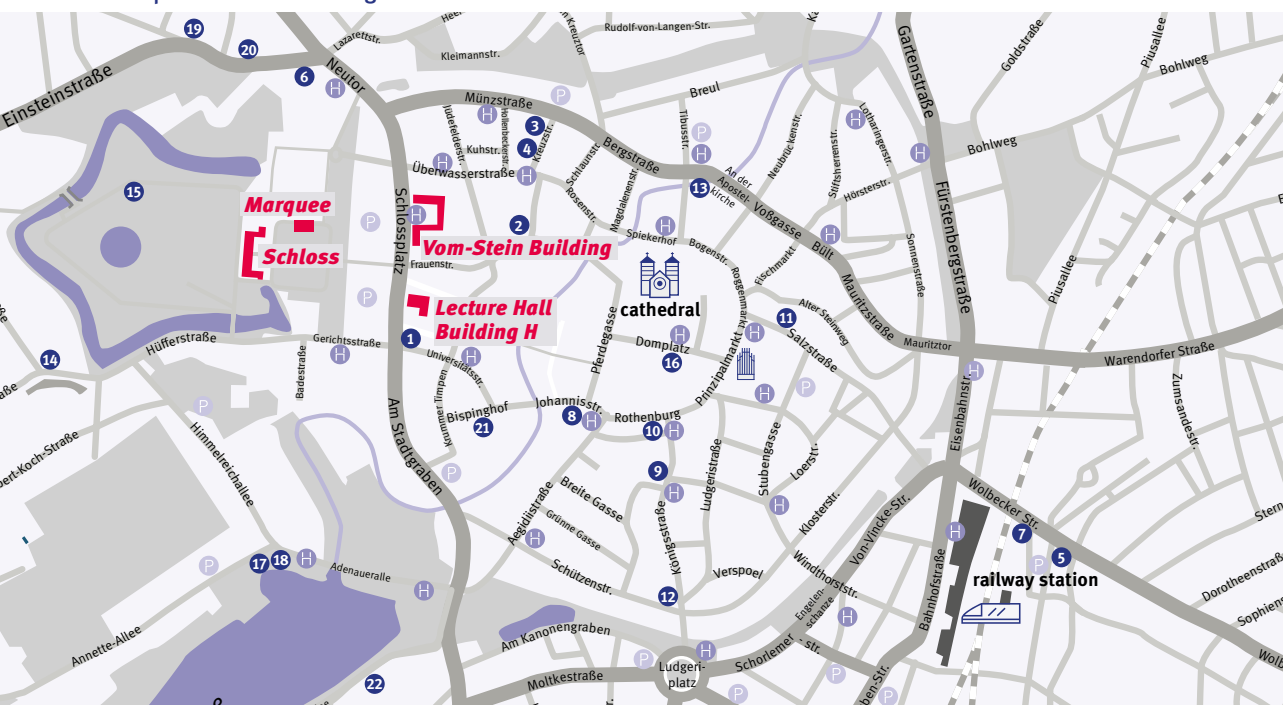
For the occasion of the 15th European Congress of Sport & Exercise Psychology, Muenster hosted a photo contest. For this, we received photos from all over the world that show the relatedness of our attendees to the FEPSAC and included the flyer or logo of the Congress. You can see the winner of each month on our website: <https://www.fepsac2019.eu/fepsac-around-the-world/>. During the closing ceremony, we will award an overall winner with the best picture that was taken.

Fair & Q-Uni

During the Congress, a famous tourist attraction, the fair called “Muenster-Send” will take place on the square in front of the Schloss just 100 meters away from the Schloss. From Thursday (July 18th) to the end of the Congress this area will be crowded by tourists and visitors. The Send opens daily at 12pm. Be aware that this public festival may interfere with the pathway from the Schloss to the lecture hall building H and the vom-Stein Building. Furthermore, the childrens university – called Q-Uni – will host events in the back of the Schloss.

3 FOOD AND BEVERAGES

Map – Food and Beverages



- | | | |
|-----------------|--------------------------|-----------------------------|
| 1 Le Feu | 9 Vapiano | 17 A2 am See |
| 2 Royals & Rice | 10 Mocca d'or | 18 Il Divino |
| 3 Blaues Haus | 11 12 13 Café Extrablatt | 19 Ristorante Milano |
| 4 Pinkus Müller | 14 La Gondola d'oro | 20 Eila Restaurant il Borgo |
| 5 6 Gustav Grün | 15 Schlossgarten Cafe | 21 Mensa Bispinghof |
| 7 8 Subway | 16 Marktcafe | 22 Mensa Aasee |

Coffee Breaks

Coffee breaks with free coffee, beverages and some snacks take place during the poster sessions (10am – 11.30am every day) in the marquee located in front of the Schloss. During the day, coffee and other beverages will be available here. Water dispensers will also be available in the marquee all day, which is the perfect location to fill the reusable bottle present in your Congress bag.

Lunch

During the Congress, all participants are responsible for their own lunch. As our Congress venue is entirely pedestrian-friendly and close to the city centre, we recommend all surrounding restaurants as well as the universities cafeterias, the Mensa Bispinghof and the Mensa am Aasee (Bismarckallee 11, 48151 Münster). Feel free to ask our staff members for recommendations regarding restaurants in the city.

4 DAILY SPORTS PROGRAM

Daily Sports Program

During the Congress a wide variety of sport activities will be offered. This includes several running sessions around the Promenade, as well as the beautiful Aasee, which provides a scenic area to walk around. These running sessions will be hosted daily in the morning (7am) by a member of the Congress staff. Distances and routes will be adapted to the groups' level of performance. Meeting point for all running sessions is the main entrance of the Schloss.

If you prefer to exercise on your own, a state-of-the-art gym is at your disposal, the Campus Gym. During the week of FEPSAC 2019 you can use the Campus Gym free of charge for a workout break. Enjoy our new, air-conditioned facility with Techno Gym equipment. All you need to bring is your Congress badge, sports clothing and a towel (which can be lend at the Campus Gym as well). The Campus gym is situated at the Institute of Sport and Exercise Sciences (Horstmarer Landweg 86b, 48149 Muenster), which is 2.5 km away from the Congress venue.

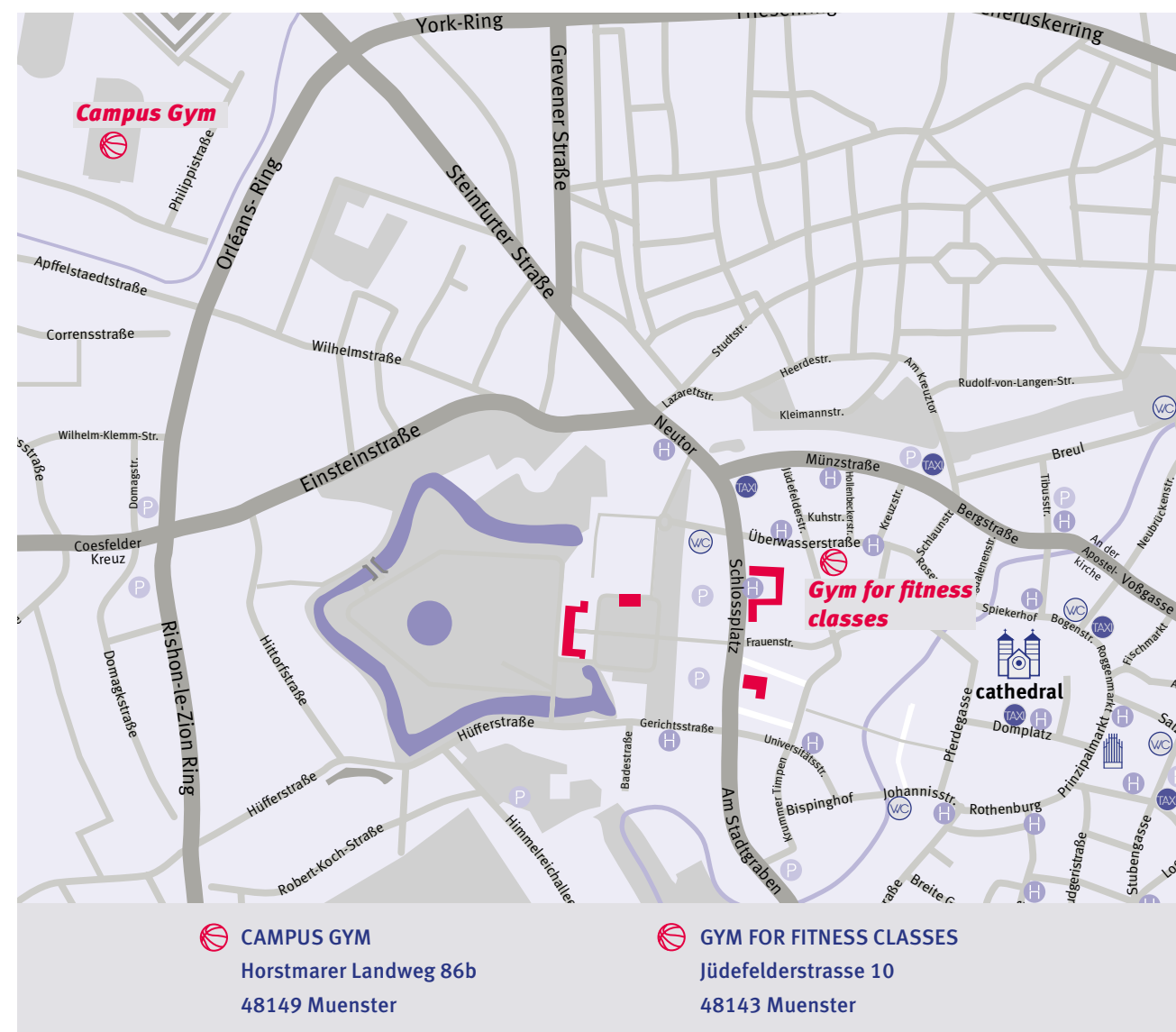
Furthermore, courses in power fitness, Pilates and yoga will be held during this week in a gym close to the Congress venues (Jüdefelderstrasse 10, 48143 Muenster). To sign up for these course offers, please register yourself in one of the lists in the lobby of the Schloss.

You can find a box of balls and frisbees etc. on the lawn next to the marquee. If you like, you can play there during the lunch break.

Ride a Bicycle during the FEPSAC Congress

As it is a typical way of navigating through Muenster, we offer bicycles for Congress participants during the FEPSAC Congress. Participants are able to rent bicycles (for free) for their preferred period of time until Friday, July 19th. The participants accept liability for the bicycles. If you are interested in renting a bicycle, see the lists that are displayed at the Information Desk or ask the staff at the Information Desk. Collection and return of rented bicycles takes place in front of the Schloss.

Map – Daily Sports Program



5 PRACTICAL INFORMATION FOR ALL PARTICIPANTS

Congress Name Badge

To enjoy a smooth FEPSAC Congress it is mandatory to wear your Congress name badge at all times. The badge will provide you access to all Congress venues and further allows participation in the various sport offers. In addition to that, the Congress badge enables you to use the public transport service throughout the whole week.

WIFI Access

When signing in for the Congress you will receive Guest Access to the university network with your registration in the Congress for up to 1 GB of highspeed internet a day. Connect your device to the SSID „GuestOnCampus“ and start your web browser (e.g., Chrome or Firefox). When you start the browser, you will be automatically redirected to the login page (hotspots). After you have agreed to the terms of use, you can log in by clicking on the „Log in for free“ button. Please note that the connection is unencrypted. For further information visit:

https://www.uni-muenster.de/ZIV/en/Anleitungen/WLAN/WLAN_einrichten.html.

The University of Muenster is a member of the eduroam network. Users from eduroam institutions, who have registered for eduroam, can use the wireless internet without local registration.

Congress App

In addition to the program booklet and the website, we also offer an accompanying FEPSAC 2019 app. Use this app to get information regarding the events, presenters, sessions, abstracts and much more. To install and use the app, please follow the instructions below.

1. Search for “FEPSAC” in the Google Play or Apple App Stores.
You can also scan the following QR code:
2. Tap and add “2019 FEPSAC” from the Upcoming Shows.
3. Login using the following username and password:
Username: Please enter your email address
Password: fepsac2019



You now have full access to our wonderfully designed app and can even make a personalized profile. In addition, don't forget to allow notifications so you don't miss any updates. More information regarding the app is available on the FEPSAC 2019 website.

Photo & Film Recordings

When you registered for the Congress, the organiser was given permission to take photos and film during the Congress, and to use these recordings in the context of the event for public relations and documentation, analogue and digital. The organiser has legitimate interests in using the photos on its website, on Facebook and in print media (Art. 6 § 1 sentence 1 lit. f DSGVO).

Child Care

During the FEPSAC Congress, there is the possibility to use child care services. A team of Certified Child Care Professionals will be present from Monday, July 15th, to Friday, July 19th, 8.30am to 6.00pm. Parents or guardians who would like to make use of the child care service are asked to contact the Information Desk. Together with our local and trusted service partner, we will try to adjust the child care program accordingly based on the number of children, their respective ages and the languages they are familiar with.

Charging Stations

For your electronics we have several charging locations situated in the basement of the Schloss and in the cafeteria near the vom-Stein Building. Please remember to bring your own adapter! Also, there will be an opportunity to charge your electronical devices in each seminar room during the workshop sessions. The charge stations in the seminar rooms offer USB ports.

Certificate of Attendance

Once you have checked in for the Congress at the Registration Desk you will be able to download your certificate of attendance. You can find the document in your ConfTool account.

Non-Smoking Policy

All Congress venues are non-smoking (no smoking zones). Smoking is permitted on the premises outside of the buildings. Please use the ashtrays provided.

6 INFORMATION FOR PRESENTERS

Every FEPSAC Congress lives off the wide array of excellent scientific presentations and discussions/presentations on best-practice interventions. The Parallel Paper Sessions are at the heart of this Congress, where researchers and practitioners from all over the world will showcase their recent studies and results or best-practice scenarios in oral presentations. Every morning from 8.30am until 10.00am and every early afternoon from 2.00pm until 3.30pm, there will be 15 parallel sessions on a variety of topics. During those sessions, we invite you to attend engaging demonstrations and discussions of state-of-the-art research and applied interventions in all fields of sport and exercise psychology.

FORMATS

Pre-Congress Workshops

Several pre-congress Workshops covering a wide variety of topics will be offered on Monday July 15th, 2019 at the FEPSAC Congress venue.

Symposia

All symposia consist of oral presentations from multiple speakers and cover a specific coherent topic relating to Sport and Exercise Psychology. The focus of the presentations can be theoretical, methodological, or applied. Symposia are scheduled to be 90 minutes. Symposia chairs are responsible for time management during the session and should allow sufficient time for questions and discussion with the audience.

Paper Sessions

Paper sessions consist of up to six oral presentations. Each individual presentation consists of a 12-minute talk followed by a 3-minute discussion. The sessions have been compiled based on single contributions that are related to Sport and Exercise Psychology. The focus of the presentations can be theoretical, methodological, or applied. All paper sessions are scheduled to be 90 minutes. Session chairs are responsible for time management during the symposia in order to allow switching between sessions. Session chairs and speakers should allow sufficient time for questions and discussion with the audience. Sessions with less than 6 presentations will have time for a longer discussion at the end of the session.

Poster

Poster presentations are a special form of presentation and dissemination of scientific work. Four poster sessions will offer an outstanding forum for scientific exchange and discussions. Poster presentations will be held from Tuesday to Friday between 10.15am and 11.15am in the marquee in front of the main venue, the Schloss. During these sessions, coffee, tea and water will be provided. We invite you to engage in the exchange of ideas and professional discussions. If you are presenting your poster, we recommend you to hang up your poster prior to the start of the session to avoid traffic around the poster area. Each poster as well as the poster spots are assigned with distinct codes, which indicate the location of your poster. During the poster presentations, presenting authors are asked to be present at the poster from 10.15am to 11.15am. During the regular Congress breaks between 3.30pm and 4.00pm, all presenters have time to remove their posters. If you miss to take down your poster before 6.00pm (from Tuesday to Thursday), helpers will store it at the Poster Desk in the Schloss. On Friday posters have to be taken down until 1.00pm. All posters that have not been picked up until Friday will be disposed by the Congress team.

Poster Printing Service

All posters that have been sent to the Congress staff prior to the Congress can be collected at the Poster Desk in the Foyer of the Schloss. You can also pay there in either cash or with a Visa/Mastercard. Last minute emergency poster printing service is available one day prior to your presentation for € 80. Please contact the information desk for further information about last-minute poster printing.

Gimme-5 format presentations

As a relatively new format, four Gimme-5 sessions will be part of the program. In these sessions, each presenter will have five minutes to present a maximum of five slides. After each short presentation, a discussion of up to three minutes is added. A maximum of ten contributions are presented within one session. Session chairs are expected to take charge of time management during the sessions in order to allow switching between sessions.

Congress Workshops

The Congress workshops involve active participation through interactive discussions, demonstrations, and/or experiential learning through hands-on experiences for participants. Applied workshops offer opportunities for practitioners to share their professional practice strategies. Evidence-based workshops will be given priority. Research workshops can include, but are not limited to, research methods, ethics in research, theory or measurement development, grant writing and mentoring in scientific writing. All workshops are scheduled for 90-minute time slots.

Panel Discussions

Panel Discussions/Round Table Discussions bring together experts from a specific, relevant topic who will share their experiences, intervention strategies and how they link theory and/or practice. Bringing expert researchers and expert practitioners on a common topic together in a panel discussion provides excellent opportunities for an audience to learn and engage in open dialogue in a scientist-practitioner framework.

Science Slam

The Science Slam will take place during the evening session on Tuesday, July 16th, 7pm. It offers funny and creative, but still informative and scientific presentations of state-of-the-art and original research. The science slam is a special form of oral presentation that reaches a broad audience.

Keynotes

During this year's Congress, there will be a total of six Keynotes. Each keynote speaker is an international, highly renowned scientist, all from different fields of sport and exercise psychology. They will hold a presentation of 45 minutes, followed by 15 minutes of discussion, which is open to questions from the audience. The entire keynote is moderated by a chair.

Invited Sessions

FEPSAC aims to connect associations from all over the world. Therefore, the organizing committee presents invited sessions from the

- Association for Applied Sport Psychology (AASP)
- Asian South-Pacific Association of Sport Psychology (ASPASP)
- European College for Sport Science (ECSS)
- European Network for Young Specialists in Sport Psychology (ENYSSP)
- International Society of Sport Psychology (ISSP)

Besides, the European Federation of Sport Psychology (FEPSAC) also hosts invited symposia. The sessions consist of oral presentations from multiple speakers and panel discussions, each scheduled to be 90 minutes.

Featured Sessions

The scientific committee has decided to feature several panel discussions and symposia to highlight various topics relating to Sport and Exercise Psychology. The sessions consist of oral presentations from multiple speakers and panel discussions and are scheduled to be 90 minutes.

Speaker's Ready Room

Prior to their presentation, all speakers and presenters are asked to deliver their presentation in the speaker's ready room, which is located at the first floor in the Schloss, next to the Senatssaal (Prague).

- Please save the file of your presentation on a USB 2.0 flash drive or external hard drive.
- Please submit the file of your presentation to the speaker's ready room at least 2h before your appointed time and let us take care of arranging the set-up.
- Please name your file as follows: „YourLastName.YourFirstName.ShortTitle.SessionNr.pptx“ (e.g. „Mueller.Steven.Motor Development in Children.Session 2.pptx“)

You can also submit your presentation directly at the presentation room, at least 20 minutes before the start of the session. The session chair is responsible for starting and ending all sessions according to the time schedule and to allow enough time for questions. Each presentation is supposed to take 12 minutes with up to three minutes of discussion afterwards. Staff members will be present in each room to assist with technical issues and for further inquiries.

Should you find yourself unable to present at your scheduled time, please contact the Congress team (Information Desk AND/OR speaker's ready room) immediately.

Email address: fepsac2019@uni-muenster.de or phone: **+49 176 183 00 233**

CONTINUING EDUCATION (CE) CREDITS FOR SPORT PSYCHOLOGY PRACTITIONERS

FEPSAC 2019 is the first European Congress of Sport and Exercise Psychology where sport psychology practitioners can earn Continuing Education (CE) Credits for re-certification with their respective organizations or associations. Thus, FEPSAC 2019 is even more interesting for professionals working in applied sport and exercise psychology. The organizing committee has been working diligently with leading international sport psychology associations that offer certification programs and is happy that their applications for CE Credits with the Association for Applied Sport Psychology (AASP), the American Psychological Association (APA) and the German Society for Sport Psychology (asp) have been successful. The amount of credits approved depends on the respective system of the associations:

AASP

The Association of Applied Sport Psychology (AASP) has confirmed that Certified Mental Performance Consultants (CMPCs) will be able to earn CEUs at FEPSAC 2019. Congress attendance will be worth 12 Continuing Education Units (CEUs) for Certified Mental Performance Consultants (CMPCs) when renewing their certification. One panel discussion on ethics and the Invited ISSP Symposium on supervision/mentorship will each be worth 1.5 CEUs. Additionally, the two applied pre-congress workshops (Mindfulness & Sport Psychology for Coaches) have been awarded 4 CEUs each. Overall, attendees can earn a maximum of 19 CEUs with AASP for attending FEPSAC 2019 and the sessions specifically recognized by AASP.

asp

The German Society for Sport Psychology (asp) in association with the German Federal Institute of Sport Science has approved CE credits for 12 applied Congress and two applied pre-congress workshops. Each Congress workshop will be worth 2 CE Credits, the two applied pre-congress workshops will be worth 5 CE Credits each. Thus, a maximum of 23 CE Credits can be earned, if all respective workshops are attended.

APA

With the American Psychological Association (APA) attendees can earn 4 CE Credits for the two applied pre-congress workshops and 1.5 CE Credits each for 12 Congress workshops. Thus, a total of 16 CE Credits can be earned from APA, if a workshop is attended in every timeslot.

You can find a complete list of the workshops that CE Credits are awarded for on the website: <https://www.fepsac2019.eu/ce-credits>

How to collect your CE Credits

AASP: Use your Certificate of Attendance that all registered participants of FEPSAC 2019 receive after the Congress as proof of congress attendance when re-certifying with AASP to be awarded the 12 CEUs. For the respective panel/symposium a list of attendees interested in AASP CEUs will be created and a specific, individualized certificate of attendance will be generated in pdf format. This document will be emailed to those that have attended and earned the CEUs within the next few days following the respective session.

asp: For the respective workshops a list of attendees interested in asp CE Credits will be created and a specific, individualized certificate of attendance will be generated in pdf format. This document will be emailed to those that have attended and earned the CE Credits within the next few days following the respective session.

APA: For the respective workshops a list of attendees interested in APA CE Credits will be created. In order to process your request for CE Credits with APA a one-time fee of € 60 will have to be paid at the Information Desk. After the Congress the local organizers will forward the list of attendees of the respective workshops to APA, then receive the CE certificate from APA and subsequently forward it to attendees via email.

Please email to fepsac2019@uni-muenster.de for any inquiries regarding CE Credits at FEPSAC 2019, or talk to the representatives at the Information Desk.

NO.	CREDITS			TITLE	DAY / TIME
	AASP	asp	APA		
Pre-Congress 01	4	5	4	Pre Congress 02: Workshop on Mindfulness Interventions in Sport: An Interactive Workshop	Mon, 9:00-1:00 pm
Pre-Congress 03	4	5	4	Pre Congress 04: Workshop on Providing Sport Psychology Services for Coaches	Mon, 9:00-1:00 pm
Workshop 03		2	1.5	Workshop 03: Resist the urge to stop in endurance activities: research-evaluated endurance strategies intending to support training	Tue, 8:30-10:00 am
Workshop 04		2	1.5	Workshop 04: Applied Exercise Psychology Workshop: Facilitating Mental Skills Delivery Among Exercise Instructors	Tue, 2:00-3:30 pm
Workshop 06		2	1.5	Workshop 06: Sport psychology services for parents: the process and practice of delivering an evidence-based parent education workshop	Tue, 2:00-3:30 pm
Workshop 07		2	1.5	Workshop 07: Moving evidence into action: applying self-compassion in sport	Wed, 08:30-10:00 am
Workshop 08		2	1.5	Workshop 08: How to use the 3P's model to reduce performance anxiety	Wed, 2:00-3:30 pm
Workshop 12		2	1.5	Workshop 12: Introduction to the program "I Play (cause) I Feel" addressed to sport psychology practitioners in youth sports	Wed, 4:00-5:30 pm
Workshop 14		2	1.5	Workshop 14: Heart rate variability in sport psychology: applications of the vagal tank theory	Thu, 8:30-10:00 am
Workshop 15		2	1.5	Workshop 15: Evolution of learning for future force readiness	Thu, 8:30-10:00 am
Invited Panel 02	1.5			Invited Panel 02: Supervision in Applied Sport Psychology: developing good practice for the ISSP-Registry (ISSP-R)	Thu, 8:30-10:00 am
Workshop 16		2	1.5	Workshop 16: Going green for well-being: a practical workshop on the use of nature-based Interventions in the sport context	Thu, 2:00-3:30 pm
Workshop 17		2	1.5	Workshop 17: LoL generation: in the field with a professional team in Esports "Misfits Gaming"	Fri, 8:30-10:00 am
Workshop 18		2	1.5	Workshop 18: Reframing good character: strengths-based positive psychology interventions to promote character development in sport	Fri, 8:30-10:00 am
Workshop 20		2	1.5	Workshop 20: Working with adolescent athletes: the importance of active involvement and fun based on ACT examples	Fri, 2:00-3:30 pm
Panel 03	1.5			Panel 03: Ethics in applied sport psychology - international perspectives on the challenges faced across contexts of professional practice	Fri, 2:00-3:30 pm
	19	29	16		

INVITED AND FEATURED SESSIONS / MEETINGS

Invited Sessions

FEPSAC aims to connect associations from all over the world. Therefore, the organizing committee presents invited sessions from the Asian South-Pacific Association of Sport Psychology (ASPASP), Association for Applied Sport Psychology (AASP), European Network for Young Specialists in Sport Psychology (ENYSSP), European College for Sport Science (ECSS), and the International Society of Sport Psychology (ISSP). Also, the European Federation of Sport Psychology (FEPSAC) will host a symposium. The sessions consist of oral presentations from multiple speakers and panel discussions, each being scheduled to be 90 minutes.

NO.	ASSOCIATION	CHAIR	TITLE	DAY, TIME, ROOM
Invited Panel 01	FEPSAC	Xavier Sanchez	FEPSAC 50th Anniversary panel discussion: past-presidents' insights	Wednesday, 17th, 2 pm, Aula - Europe
Invited Panel 02	ISSP	Chris Harwood	Supervision in Applied Sport Psychology: developing good practice for the ISSP-Registry (ISSP-R)	Thursday, 18th, 8.30 am, Aula - Europe
Invited Symposium 01	ASPASP	Youngho Kim	Holistic approaches to sport and physical activity participation in the Asian context #1	Tuesday, 16th, 8.30 am, Aula - Europe
Invited Symposium 02	ASPASP	Youngho Kim	Holistic approaches to sport and physical activity participation in the Asian context #2	Tuesday, 16th, 2 pm, Aula - Europe
Invited Symposium 03	ECSS	Joan Duda	Promoting links between ECSS and FEPSAC: A platform enhancing research and practice within and across disciplinary lens	Wednesday, 17th, 8.30 am, Aula - Europe
Invited Symposium 04	ENYSSP	Michala Bednářiková	Various pathways, one destination - young specialists' journeys toward becoming sport psychology professionals in Europe	Thursday, 18th, 2 pm, Aula - Europe
Invited Symposium 05	AASP	Amy Lynne Baltzell	Association of Applied Sport Psychology Symposium: Theory to Practice to Enhance Performance	Friday, 19th, 2 pm, S9 - Cologne

Featured Sessions

We have decided to feature several panel discussions and symposia to highlight various topics relating to Sport and Exercise Psychology. The sessions consist of oral presentations from multiple speakers and panel discussions and are scheduled to be 90 minutes.

NO.	CHAIR	TITLE	DAY, TIME, ROOM
Featured Panel 01	Mustafa Sakar	Developing resilience in elite sport: re-research to practice	Tuesday 16th, 8:30 am VSH 219 - Brussels
Featured Panel 02	Paul Wylleman & Natalia Stambulova	Do we do what our results show? European career researchers about their own careers (panel session)	Tuesday, 16th, 2 pm VSH 219 - Brussels
Featured Panel 03	Sebastian Brückner	Round Table Discussion: International perspectives on professional accreditation: Balancing localized cultural infusion and proposed global guidelines	Friday, 19th, 8.30 am VSH 219 - Brussels
Featured Symposium 01	Tatiana Ryba	Crossing borders: finding meaning and belonging in cultural transitions	Wednesday 17th, 8:30 am, S10 - Muenster
Featured Symposium 02	Athanasios Papaioannou & Anne-Marie Elbe	Identifying and motivating youth who mostly need physical activity (IMPACT): A European project	Tuesday, 16th, 8.30 am S10 - Muenster
Featured Symposium 03	Bernd Strauss	asp-Symposium: The 50th anniversary of the German Society for Sport Psychology (asp)	Tuesday, 16th, 2 pm S10 - Muenster
Featured Symposium 04	Ralf Brand & Panteleimon Ekkekakis	Conceptual, theoretical and methodological advances in exercise motivation research: affect and automaticity	Wednesday, 17th, 8.30 am, S10 - Muenster
Featured Symposium 05	Göran Kentää	Mental health in competitive sports – research and mental health programs from three countries	Wednesday, 17th, 2 pm VSH 06 - Bad Blankenburg
Featured Symposium 06	Ismael Alfonso Pedraza Ramirez	Setting the stage for esports psychology: current state of research and future directions	Wednesday, 17th, 2 pm S10 - Muenster
Featured Symposium 07	Martin S. Hagger & Taru Lintunen	Physical education teacher autonomy support training to promote leisure-time physical activity in students (petals) intervention	Thursday, 18th, 8.30 am S10 - Muenster



NO.	CHAIR	TITLE	DAY, TIME, ROOM
Featured Symposium 08	Karin Moesch & Johan Ekengren	Mindfulness and acceptance-based interventions in elite sports: moving beyond performance enhancement	Thursday, 18th, 8.30 am VSH 118 - Nottingham
Featured Symposium 09	Cecilie Thøgersen-Ntoumani	Leveraging the social environment to promote physical activity	Thursday, 18th, 2.30 pm S10 - Muenster
Featured Symposium 10	Maria Kavussanu	Preventing doping in sport: Moral, psychological, and knowledge-based interventions in young British and Greek athletes	Friday, 19th, 2 pm S10 - Muenster
Featured Symposium 11	Roland Seiler	Sport psychology development – historical and institutional perspectives	Friday, 19th, 8.30 am S10 - Muenster

Meetings

During the entire Congress, several meetings, e.g. board meetings, council meetings etc., will take place. These are only open for people with invitations or members of the project groups, boards etc. For an overview of all these special meetings, see the table below.

WHO	WHAT	DAY, TIME, ROOM
FEPSAC MC only	FEPSAC Managing Council Meeting	Sunday, 14th, 9.30 am, Hotel Überwasserhof
IMPACT Research Group only	2 days IMPACT Research Group meeting	Sunday, 14th, 9.30 am to 6 pm and Monday, 15th, 9.30 am to 1 pm, Senatssaal - Prague
Sport Psychology Council	Sport Psychology Council Meeting	Wednesday, 17th, 12.30 pm, VSH 07 - Magglingen
FEPSAC MC only	New Managing Council Lunch FEPSAC	Wednesday, 17th, 2 pm, Festsaal
personal invitation letter and previous written confirmation by FEPSAC president and Congress President required	50 years ceremony of FEPSAC	Wednesday, 17th, 6.00 pm Erbdrostenhof
ISSP and FEPSAC MC only	ISSP / FEPSAC MC joint dinner	Wednesday, 17th, 8.00 pm, t.b.a.
PSE Editors and PSE Editorial Board	PSE Editorial Board Meeting	Thursday, 18th, 12.30 pm, Festsaal
FEPSAC MC and PSE editors only, personal invitation required	PSE Elsevier dinner	Thursday, 18th, 7:30 pm, t.b.a.

7

KEYNOTES

Brett Smith, PhD

University of Birmingham, Birmingham, UK

More of the same or time to up our game? 50 possibilities for sport and exercise psychology research

Monday, July 15th – Chair: Antonis Hatzigeorgiadis, PhD

Tatiana Ryba, PhD

University of Jyväskylä, Jyväskylä, Finland

Now you see me, but will you listen?

Sport, work and unexamined life in migration.

Tuesday, July 16th – Chair: Dorothee Alfermann, PhD

Ben Jackson, PhD

University of Western Australia, Perth, Australia

Staying afloat in Today's University System: Mistakes Made and Lessons Learned in the Transition from Postgraduate to "Mid-Career" Academic

Wednesday, July 17th – Chair: Stuart Biddle, PhD

F. Hülya Aşçı, PhD

Marmara University, Istanbul, Turkey

Self-perception and physical self: Its examination from cultural and mental well-being perspectives

Thursday, July 18th – Chair: Rita De Oliveira, PhD

Samuele Marcora, PhD

University of Kent, Kent, UK

The limits to endurance performance in humans: mind over muscle?

Friday, July 19th morning – Chair: Maurizio Bertollo, PhD

Zella E. Moore, PhD

Manhattan College, New York, United States

Clinical Sport Psychology: Considering Psychological Well-being and Performance Excellence

Friday, July 19th afternoon – Chair: Karin Moesch, PhD

8 PROGRAM OVERVIEW

MONDAY, 15/JUL/2019

9:00 am – 1:00 pm / 3:00 pm

Page	PARALLEL PRE CONGRESS WORKSHOPS AND SYMPOSIA	
	9:00am – 1:00pm VSH 19 – Paris	Pre Congress 01: Workshop on Mindfulness Interventions in Sport: An Interactive Workshop Session Chair: Zella E. Moore, Manhattan College Session Chair: Frank Gardner, Touro College
	9:00am – 1:00pm H 2 – Bern	Pre Congress 02: Workshop on Qualitative Research: Data Collection, Post-Qualitative Research and Generalizability Session Chair: Brett Smith, University of Birmingham
	9:00am – 1:00pm VSH 17 – Westphalia	Pre Congress 03: Workshop on Providing Sport Psychology Services for Coaches Session Chair: Stilian „Ani“ Chroni, Inland Norway University of Applied Science / Session Chair: Kristen Dieffenbach, West Virginia University
	9:00am – 1:00pm H 4 – Chalkidiki	Pre Congress 04: Workshop on Introduction to Structural Equation Modelling Session Chair: Nikos Ntoumanis, Curtin University
	9:00am – 1:00pm VSH 18 – Edinburgh	Pre Congress 05: Workshop on Scientific Career Session Chair: Catherine Sabiston, University of Toronto
71	9:00am – 3:00pm VSH 06 – Bad Blankenburg	Pre Congress 06: Science and Practice of Sports Officiating Symposium Session Chair: Henning Plessner, University of Heidelberg
73	9:00am – 3:00pm VSH 116 – Varna	Pre Congress 07: Perceptual-motor expertise Symposium Session Chair: Rouwen Cañal Bruland, Friedrich Schiller University Jena / Session Chair: David Mann, Vrije Universiteit Amsterdam

MONDAY, 15/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL CONGRESS SESSIONS	
80	2:00pm – 3:30pm H 2 – Bern	Symposium 01: Motor imagery during action observation: from neurophysiology to behaviour Session Chair: Cornelia Frank, Bielefeld University
81	2:00pm – 3:30pm H 3 – Madeira	Symposium 02: Executive functions in sport: Current trends and future prospects Session Chair: Robert Vaughan, York st John University
82	2:00pm – 3:30pm H 4 – Chalkidiki	Symposium 03: Diverse perspectives on athlete leadership development Session Chair: Todd Loughhead, University of Windsor
75	2:00pm – 3:30pm Senatssaal – Prague	Paper Session 01: Automatic Processes and Cognitive Resources Session Chair: Tanya R Berry, University of Alberta
76	2:00pm – 3:30pm S 8 – Copenhagen	Paper Session 02: Doping Session Chair: Vassilis Barkoukis, Aristotle University of Thessaloniki
77	2:00pm – 3:30pm S 9 – Cologne	Paper Session 03: Self-Compassion and Body Image Session Chair: Robert Charles Eklund, Florida State University
78	2:00pm – 3:30pm Aula im Schloss – Europe	Paper Session 04: Life skills & Well-being Session Chair: Glyn Roberts, Norwegian School of Sport Sciences
79	2:00pm – 3:30pm VSH 17 – Westphalia	Paper Session 05: Emotion, Anxiety and Public Shaming Session Chair: Penny McCullagh, California State University East Bay
82	2:00pm – 3:30pm VSH 118 – Nottingham	Workshop 01: The optimum performance program in sports: an evidence-supported sport-specific mental wellness intervention Session Chair: Bradley Donohue, University of Nevada, Las Vegas
83	2:00pm – 3:30pm VSH 07 – Magglingen	Workshop 02: Testing underlying assumptions and estimating reliability coefficients alpha, omega, omega ordinal and omega categorical Session Chair: Carme Viladrich, Universitat Autònoma de Barcelona

MONDAY, 15/JUL/2019

4:00 pm – 9:30 pm

Page	OPENING SESSION / WELCOME RECEPTION	
83	4:00pm – 9:30pm H 1 – Vittel & LWL Museum	Congress Opening: Welcome Addresses, Keynote Brett Smith & Opening Ceremony Session Chair: Bernd Strauss, University of Muenster Session Chair: Anne-Marie Elbe, Leipzig University

TUESDAY, 16/JUL/2019

8:30 am – 10:00 am

Page	PARALLEL SESSIONS	
84	8:30am – 10:00am VSH 219 – Brussels	Featured Panel 01: Developing resilience in elite sport: research to practice Session Chair: Mustafa Sarkar, Nottingham Trent University
84	8:30am – 10:00am S 10 – Münster	Featured Symposium 01: Identifying and motivating youth who mostly need physical activity IMPACT: A European project Session Chair: Athanasios Papaioannou, University of Thessaly Session Chair: Anne-Marie Elbe, Leipzig University
85	8:30am – 10:00am Aula im Schloss – Europe	Invited Symposium 01: Holistic approaches to sport and physical activity participation in the Asian context #1 Session Chair: Youngho Kim, Seoul National University of Science and Technology
86	8:30am – 10:00am Senatssaal – Prague	Paper Session 06: Perception Session Chair: Daniel Memmert, Deutsche Sporthochschule Köln
87	8:30am – 10:00am S 8 – Copenhagen	Paper Session 07: Mental Health and Physical Activity Session Chair: Kristen Dieffenbach, West Virginia University
88	8:30am – 10:00am S 9 – Cologne	Paper Session 08: Clinical Sport Psychology Session Chair: Diane M. Wiese-Bjornstal, University of Minnesota
89	8:30am – 10:00am VSH 17 – Westphalia	Paper Session 09: Olympic, Paralympic, Elite and Team Sport Session Chair: Gretchen Kerr, University of Toronto
90	8:30am – 10:00am VSH 116 – Varna	Paper Session 10: Stress and Recovery Session Chair: Markus Gerber, University of Basel
91	8:30am – 10:00am H 2 – Bern	Symposium 04: Mental health in youth football in Europe: Recommendations for applied research and service delivery Session Chair: Carsten Hvid Larsen, University of Southern Denmark
91	8:30am – 10:00am H 3 – Madeira	Symposium 05: Talent identification, development and dropout in sports. The role of motivation, psychological competencies and mental health Session Chair: Claudia Zuber, University of Bern

TUESDAY, 16/JUL/2019

8:30 am – 10:00 am

Page	PARALLEL SESSIONS	
92	8:30am – 10:00am H 4 – Chalkidiki	Symposium 06: On the importance of self-control in sport and exercise psychology Session Chair: Chris Englert, University of Frankfurt Session Chair: Ines Pfeffer, Medical School Hamburg
93	8:30am – 10:00am VSH 19 – Paris	Symposium 07: Optimising athletes' dual careers in Europe: from research to applications Session Chair: Natalia Stambulova, Halmstad University
94	8:30am – 10:00am VSH 118 – Nottingham	Symposium 08: Cognitive and motor development in and through sports and physical activity Session Chair: Lisa Musculus, German Sport University Cologne
95	8:30am – 10:00am VSH 07 – Magglingen	Workshop 03: Resist the urge to stop in endurance activities: research-evaluated endurance strategies intending to support training Session Chair: Carla Meijen, St Mary's University, London Session Chair: Samuele Marcora, University of Bologna and University of Kent Session Chair: David Marchant, Edge Hill University

10:15 am – 11:15apm

Page	POSTER SESSIONS	
95	10:15am – 11:15am Marquee	Poster Tuesday Session Chair: Martina Kanning, University of Konstanz

11:30 am – 12:30 am

Page	KEYNOTE	
103	11:30am – 12:30pm H 1 – Vittel	Keynote Tatiana Ryba: Now you see me, but will you listen? Sport, work and unexamined life in migration. Session Chair: Dorothee Alfermann, University of Leipzig

TUESDAY, 16/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
103	2:00pm – 3:30pm VSH 219 – Brussels	Featured Panel 02: Do we do what our results show? European career researchers about their own careers (panel session) Session Chair: Paul Wylleman, Vrije Universiteit Brussel Session Chair: Natalia Stambulova, Halmstad University
104	2:00pm – 3:30pm S 10 – Münster	Featured Symposium 02: asp-Symposium: The 50th anniversary of the German Society for Sport Psychology (asp) Session Chair: Bernd Strauss, University of Muenster
104	2:00pm – 3:30pm VSH 116 – Varna	Gimme-Five 01 Session Chair: Philip Sullivan, Brock University
106	2:00pm – 3:30pm Aula im Schloss – Europe	Invited Symposium 02: Holistic approaches to sport and physical activity participation in the Asian context #2 Session Chair: Youngho Kim, Seoul National University of Science and Technology
107	2:00pm – 3:30pm Senatssaal – Prague	Paper Session 11: Referees and Decision Making Session Chair: Clare MacMahon, Latrobe University
108	2:00pm – 3:30pm S 8 – Copenhagen	Paper Session 12: Motor Imagery Session Chair: Gal Ziv, The Academic College at Wingate
109	2:00pm – 3:30pm S 9 – Cologne	Paper Session 13: Executive Functions Session Chair: Björn Krenn, University of Vienna
110	2:00pm – 3:30pm VSH 17 – Westphalia	Paper Session 14: Science to Practice in Sport Psychology: Best Practice Session Chair: Sidonio Serpa, University of Lisbon
111	2:00pm – 3:30pm VSH 118 – Nottingham	Paper Session 15: Leadership Session Chair: Katrien Fransen, Katholieke Universiteit Leuven
112	2:00pm – 3:30pm Aula im Schloss – Europe	Symposium 09: The self-talk symposium: From the lab to the field and from research to practice Session Chair: Antonis Hatzigeorgiadis, University of Thessaly
113	2:00pm – 3:30pm H 2 – Bern	Symposium 10: Performance improvement and optimization: perceptual and psychophysiological approaches Session Chair: Selenia di Fronso, University of Chieti-Pescara

TUESDAY, 16/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
114	2:00pm – 3:30pm H 3 – Madeira	Symposium 11: Rendering the exercise experience more pleasant: conceptual approaches and practical innovations Session Chair: Costas I. Karageorghis, Brunel University London
114	2:00pm – 3:30pm H 4 – Chalkidiki	Symposium 12: Optimising coaching behaviours throughout talent development – integrating multiple perspectives Session Chair: Svenja Wachsmuth, Eberhard Karls University Session Chair: Johannes Raabe, Pennsylvania State University
115	2:00pm – 3:30pm VSH 19 – Paris	Workshop 04: Applied Exercise Psychology Workshop: Facilitating Mental Skills Delivery Among Exercise Instructors Session Chair: Hila Sharon-David, Florida State University
115	2:00pm – 3:30pm VSH 18 – Edinburgh	Workshop 05: The art of dialogue in coaching – towards transformative exchange Session Chair: Reinhard Stelter, University of Copenhagen
116	2:00pm – 3:30pm VSH 06 – Bad Blankenburg	Workshop 06: Sport psychology services for parents: the process and practice of delivering an evidence-based parent education workshop Session Chair: Chris Harwood, Loughborough University Session Chair: Sam Nicholas Thrower, University of Roehampton

4:00 pm – 6:00 pm

Page	GENERAL ASSEMBLY	
116	4:00pm – 6:00pm H2 – Bern	General Assembly Session Chair: Anne-Marie Elbe, Leipzig University

7:00 pm – 9:00 pm

Page	SCIENCE SLAM	
116	7:00pm – 9:00pm H 1 – Vittel	Science Slam Session Chair: Andrea Petroczi, Kingston University Session Chair: Diane Ste-Marie, University of Ottawa

WEDNESDAY, 17/JUL/2019

8:30 am – 10:30 am

Page		PARALLEL SESSIONS
117	8:30am – 10:00am S 10 – Münster	Featured Symposium 03: Crossing borders: finding meaning and belonging in cultural transitions Session Chair: Tatiana V. Ryba, University of Jyväskylä
118	8:30am – 10:00am S 10 – Münster	Featured Symposium 04: Conceptual, theoretical and methodological advances in exercise motivation research: affect and automaticity Session Chair: Ralf Brand, University of Potsdam Session Chair: Panteleimon Ekkekakis, Iowa State University
118	8:30am – 10:00am VSH 116 – Varna	Gimme-Five 02 Session Chair: Yu-Kai Chang, National Taiwan Normal University
120	8:30am – 10:00am Aula im Schloss – Europe	Invited Symposium 03: Promoting links between ECSS and FEPSAC: A platform enhancing research and practice within and across disciplinary lens Session Chair: Joan Lynne Duda, University of Birmingham
120	8:30am – 10:00am Senatssaal – Prague	Paper Session 16: Physical Activity and Weight Loss Interventions Session Chair: Emmanouil Georgiadis, University of Suffolk
121	8:30am – 10:00am S 8 – Copenhagen	Paper Session 17: Decision Making and Judgement Session Chair: Geert Savelsbergh, Vrije University
123	8:30am – 10:00am S 9 – Cologne	Paper Session 18: Physical Education and Children Session Chair: Martin S. Hagger, Curtin University
124	8:30am – 10:00am VSH 118 – Nottingham	Paper Session 19: Physical and Cognitive Performance Session Chair: Peter Gröpel, University of Vienna
125	8:30am – 10:00am VSH 17 – Westphalia	Paper Session 20: Consulting and Counseling Session Chair: Carsten Hvid Larsen, University of Southern Denmark
125	8:30am – 10:00am H 2 – Bern	Symposium 13: Refining imagery relationships and applications Session Chair: Anthony Michael Morris, Victoria University, Melbourne, Australia
126	8:30am – 10:00am H 3 – Madeira	Symposium 14: Self-regulation in sport: developmental, learning, performance, and growth cycle perspectives Session Chair: Malgorzata Siekanska, University of Physical Education, Krakow, Poland Session Chair: Artur Poczwardowski, University of Denver



WEDNESDAY, 17/JUL/2019

8:30 am – 10:30 am

Page		PARALLEL SESSIONS
127	8:30am – 10:00am H 4 – Chalkidiki	Symposium 15: Faster, stronger, higher, but at what cost? Safeguarding athletes from psychological violence in sport Session Chair: Ashley Stirling, University of Toronto
128	8:30am – 10:00am VSH 19 – Paris	Symposium 16: Optimising athletes' vocational development: European perspectives Session Chair: Paul Wylleman, Vrije Universiteit Brussel
129	8:30am – 10:00am VSH 06 – Bad Blankenburg	Symposium 17: Decoding and modifying brain oscillatory activity to optimise performance Session Chair: Arash Mirifar, Technische Universität München
129	8:30am – 10:00am VSH 07 – Magglingen	Workshop 07: Moving evidence into action: applying self-compassion in sport Session Chair: Leah J. Ferguson, University of Saskatchewan

10:15 am – 11:15am

Page		POSTER SESSIONS
130	10:15am – 11:15am Marquee	Poster Session Wednesday Session Chair: Katherine Anne Tamminen, University of Toronto
137	10:15am – 11:15am Marquee	Poster Session YRA Session Chair: Natalia Stambulova, Halmstad University Session Chair: Taru Lintunen, University of Jyväskylä

11:30 am – 12:30 am

Page		KEYNOTE
138	11:30am – 12:30pm H 1 – Vittel	Keynote Ben Jackson: Staying afloat in Today's University System: Mistakes Made and Lessons Learned in the Transition from Postgraduate to "Mid-Career" Academic Session Chair: Stuart Biddle, University of Southern Queensland

WEDNESDAY, 17/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
138	2:00pm – 3:30pm VSH 06 – Bad Blankenburg	Featured Symposium 05: Mental health in competitive sports – research and mental health programs from three countries Session Chair: Göran Kenttä, The Swedish School of Sport and Health Sciences
139	2:00pm – 3:30pm S 10 – Münster	Featured Symposium 06: Setting the stage for esports psychology: current state of research and future directions Session Chair: Ismael Alfonso Pedraza Ramirez, German Sport University Cologne
140	2:00pm – 3:30pm VSH 116 – Varna	Gimme-Five 03 Session Chair: Werner Helsen, Katholieke UniverPagei Leuven
141	2:00pm – 3:30pm Aula im Schloss – Europe	Invited Panel 01: FEPSAC 50th Anniversary panel discussion: past-presidents' insights Session Chair: Xavier Sanchez, Halmstad University
142	2:00pm – 3:30pm Senatssaal – Prague	Paper Session 21: Career and Athlete Development Session Chair: Claudio Robazza, „G. d’Annunzio“ University of Chieti-Pescara
143	2:00pm – 3:30pm S 8 – Copenhagen	Paper Session 22: Motor Control and Performance Session Chair: Nicola Jane Hodges, University of British Columbia
144	2:00pm – 3:30pm S 9 – Cologne	Paper Session 23: Quality of Life and Meaning in Sport Session Chair: Jens Kleinert, German Sport University Cologne
145	2:00pm – 3:30pm VSH 118 – Nottingham	Paper Session 24: Coaching and Coaches Session Chair: Gareth Edward Jowett, Leeds Beckett University
146	2:00pm – 3:30pm H 2 – Bern	Symposium 18: National and regional journals in sport and exercise psychology – current status, challenges and future directions Session Chair: Johan Michael Wikman, Halmstad University
146	2:00pm – 3:30pm H 3 – Madeira	Symposium 19: Psychological resilience in sports: overcoming and growing from stressors Session Chair: Ruud J. R. Den Hartigh, University of Groningen

WEDNESDAY, 17/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
147	2:00pm – 3:30pm H 4 – Chalkidiki	Symposium 20: Qualitative characteristics of physical-activity interventions on cognition in youth Session Chair: Spyridoula Vazou, Iowa State University
148	2:00pm – 3:30pm VSH 17 – Westphalia	Symposium 21: The research-to-practice gap in sport psychology: Exploring the challenges faced by researchers, consultants, and coaches Session Chair: George Stewart Ely, Liverpool John Moores
148	2:00pm – 3:30pm VSH 18 – Edinburgh	Workshop 08: How to use the 3P's model to reduce performance anxiety Session Chair: Michael Dominick Zito, Morristown Clinical and Sport Psychology
149	2:00pm – 3:30pm VSH 19 – Paris	Workshop 09: Adapting Mindfulness Sport Performance Enhancement (MPSE) to a variety of performance settings and populations Session Chair: Jacob Cannon Jensen, California State University, Northridge

WEDNESDAY, 17/JUL/2019

4:00 pm – 5:30 pm

Page	YOUNG RESEARCHER AWARD	
149	4:00pm – 5:30pm	Award Symposium: Young Researcher Award for Oral Presentation
	Aula im Schloss - Europe	Session Chair: Natalia Stambulova, Halmstad University Session Chair: Taru Lintunen, University of Jyväskylä

4:00 pm – 5:30 pm

Page	PARALLEL SESSIONS	
150	4:00pm – 5:30pm S 10 – Münster	Paper Session 25: Elite Athletes Session Chair: Joe Baker, University of Toronto
151	4:00pm – 5:30pm S 9 – Cologne	Symposium 22: A holistic perspective on coaching athletes through transitional challenges Session Chair: Koen De Brandt, Vrije Universiteit Brussel
152	4:00pm – 5:30pm S 8 – Copenhagen	Symposium 23: 50 years of performance enhancement: time to shift the future emphasis to mental health and well-being Session Chair: Tadhg E. MacIntyre, University of Limerick
152	8:30am – 10:00am VSH 118 – Nottingham	Symposium 24: Mental health in sport case studies Session Chair: Stewart Cotterill, AECC University College
153	4:00pm – 5:30pm VSH 19 – Paris	Workshop 10: Neuroscience in shooting and team sports – neuroshooting and team flow Session Chair: Ágota Lénárt, University of Physical Education
153	4:00pm – 5:30pm VSH 06 – Bad Blankenburg	Workshop 11: Critical realism in qualitative and mixed methods research in sport and exercise psychology Session Chair: Noora J. Ronkainen, University of Jyväskylä Session Chair: Tatiana V. Ryba, University of Jyväskylä
153	4:00pm – 5:30pm VSH 17 – Westphalia	Workshop 12: Introduction to the program “I Play (cause) I Feel” addressed to sport psychology practitioners in youth sports. Session Chair: Alexandra Markati, Kapodistrian and National University

THURSDAY, 18/JUL/2019

8:30 am – 10:00 am

Page	PARALLEL SESSIONS	
154	8:30am – 10:00am S 10 – Münster	Featured Symposium 07: Physical education teacher autonomy support training to promote leisure-time physical activity in students (petals) intervention Session Chair: Martin S. Hagger, Curtin University Session Chair: Taru Lintunen, University of Jyväskylä
155	8:30am – 10:00am VSH 118 – Nottingham	Featured Symposium 08: Mindfulness and acceptance-based interventions in elite sports: moving beyond performance enhancement Session Chair: Karin Moesch, Swedish Sports Confederation Session Chair: Johan Ekengren, Halmstad University
156	8:30am – 10:00am Aula im Schloss – Europe	Invited Panel 02: Supervision in Applied Sport Psychology: developing good practice for the ISSP-Registry (ISSP-R) Session Chair: Chris Harwood, Loughborough University
156	8:30am – 10:00am VSH 219 – Brussels	Panel 01: Child protection and well-being in sport: what can sport psychologists do to prevent abuse and violence? Session Chair: Anastasiya Khomutova, University of Brighton Session Chair: Snezana Stoljarova, Tallinn University
156	8:30am – 10:00am Senatssaal – Prague	Paper Session 26: Injury and Prevention Session Chair: Daniel John Madigan, York St John University
157	8:30am – 10:00am S 8 – Copenhagen	Paper Session 27: Sport Participation and Deviant Behavior Session Chair: Michael Kellmann, Ruhr University Bochum
158	8:30am – 10:00am S 9 – Cologne	Paper Session 28: Body Image and Embodied Cognition Session Chair: Ronnie Lidor, The Academic College at Winhgate
159	8:30am – 10:00am VSH 116 – Varna	Paper Session 29: Motivation Session Chair: Julia Schüler, University of Konstanz
160	8:30am – 10:00am VSH 17 – Westphalia	Paper Session 30: Coaches, Coaching and Coaching Education Session Chair: Krista Munroe-Chandler, University of Windsor

THURSDAY, 18/JUL/2019

8:30 am – 10:00 am

Page	PARALLEL SESSIONS	
162	8:30am – 10:00am H 2 – Bern	Symposium 25: Self-regulation of endurance performance: novel research findings Session Chair: Carla Meijen, St Mary's University, London
163	8:30am – 10:00am H 3 – Madeira	Symposium 26: Perception-action coupling in sport: Current perspectives from the UK, The Netherlands, Switzerland, and Germany Session Chair: André Klostermann, University of Bern Session Chair: Florian Loffing, Carl von Ossietzky University Oldenburg
164	8:30am – 10:00am H 4 – Chalkidiki	Symposium 27: Resilience in sport and performance psychology: multi-level perspectives Session Chair: Mustafa Sarkar, Nottingham Trent University
164	8:30am – 10:00am VSH 06 – Bad Blankenburg	Workshop 13: Causal inferences in sport and exercise psychology research: what to do when randomization is not an option? Session Chair: Andreas Karl Stenling, Umeå University Session Chair: Andreas Ivarsson, Halmstad University
165	8:30am – 10:00am VSH 19 – Paris	Workshop 14: Heart rate variability in sport psychology: applications of the vagal tank theory Session Chair: Sylvain Laborde, German Sport University Cologne Session Chair: Emma Victoria Mosley, Solent University
165	8:30am – 10:00am VSH 18 – Edinburgh	Workshop 15: Evolution of learning for future force readiness Session Chair: ChangHyun Ko, Science Applications International Corporation

10:15 am – 11:15apm

Page	POSTER SESSIONS	
165	10:15am – 11:15am Marquee	Poster Session Thursday Session Chair: Raoul R.D. Oudejans, Vrije Universiteit Amsterdam

THURSDAY, 18/JUL/2019

11:30 am – 12:30 am

Page	KEYNOTE	
173	11:30am – 12:30pm H 1 - Vittel	Keynote Hulya Aşçı: Self-perception and physical self: Its examination from cultural and mental well-being perspectives Session Chair: Rita F. de Oliveira, London South Bank University

12:30 am – 2:00 pm

Page	MEETING	
	12:30pm – 2:00pm Festsaal	Meeting PSE: PSE - Editorial Board Meeting (Closed Session) Session Chair: Bernd Strauss, University of Muenster Session Chair: Nikos Ntoumanis, Curtin University

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
174	2:00pm – 3:30pm S 10 – Münster	Featured Symposium 09: Leveraging the social environment to promote physical activity Session Chair: Cecilie Thøgersen-Ntoumani, Curtin University
175	2:00pm – 3:30pm VSH 06 – Bad Blankenburg	Gimme-Five 04 Session Chair: Norbert Hagemann, University of Kassel
176	2:00pm – 3:30pm Aula im Schloss – Europe	Invited Symposium 04: Various pathways, one destination - young specialists' journeys toward becoming sport psychology professionals in Europe Session Chair: Michala Bednářiková, Pro Performance
176	2:00pm – 3:30pm VSH 219 – Brussels	Panel 02: Signature experiences: when “experts” on stress and coping battle burnout Session Chair: Stilian „Ani“ Chroni, Inland Norway University of Applied Science

THURSDAY, 18/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
177	2:00pm – 3:30pm Senatssaal – Prague	Paper Session 31: Burnout and Resilience Session Chair: Daniel Gould, Michigan State University
178	2:00pm – 3:30pm S 8 – Copenhagen	Paper Session 32: Disability, Functional Disorders and Aging Session Chair: Brett Smith, University of Birmingham
179	2:00pm – 3:30pm S 9 – Cologne	Paper Session 33: Teamsports (Varia) Session Chair: Frank Jing-Hong Lu, Chinese Culture University
180	2:00pm – 3:30pm VSH 116 – Varna	Paper Session 34: Young Elite Athletes Session Chair: Alan Lyle Smith, Michigan State University
181	2:00pm – 3:30pm VSH 19 – Paris	Paper Session 35: Violence, Substances and Gender (Varia) Session Chair: Maria Kavussanu, University of Birmingham
181	2:00pm – 3:30pm H 2 – Bern	Symposium 28: Psychology of sports injuries: from pre-injury to return to sport. Current research and practical implications Session Chair: Ulrika Tranaeus, The Swedish School of Sport and Health Sciences, GIH
182	2:00pm – 3:30pm H 3 – Madeira	Symposium 29: Uncharted perspectives on emotions in sport Session Chair: Svenja Anna Wolf, University of Amsterdam Session Chair: Franzi Lautenbach, Leipzig University
183	2:00pm – 3:30pm H 4 – Chalkidiki	Symposium 30: Holistic Movement Practices – a new direction for exercise psychology? Session Chair: Ineke Vergeer, University of Southern Queensland
183	2:00pm – 3:30pm VSH 118 – Nottingham	Workshop 16: Going green for well-being: a practical workshop on the use of nature-based Interventions in the sport context Session Chair: Tadhg E. MacIntyre, University of Limerick

3:30/4:00 - 6:00 pm

Page	SOCIAL PROGRAM	
24	3:30/4:00 – 6:00 pm	Social Program For details see page 24

FRIDAY, 19/JUL/2019

8:30 am – 10:00 am

Page	PARALLEL SESSIONS	
184	8:30am – 10:00am VSH 219 – Brussels	Featured Panel 03: Round Table Discussion: International perspectives on professional accreditation: Balancing localized cultural infusion and proposed global guidelines Session Chair: Sebastian Brückner, Westfälische Wilhelms-Universität Münster
184	8:30am – 10:00am S 10 – Münster	Featured Symposium 10: Preventing doping in sport: Moral, psychological, and knowledge-based interventions in young British and Greek athletes Session Chair: Maria Kavussanu, University of Birmingham
185	8:30am – 10:00am S 8 – Copenhagen	Paper Session 36: Affect and Enjoyment Session Chair: Daniel Gucciardi, Curtin University
186	8:30am – 10:00am S 9 – Cologne	Paper Session 37: Understanding Physical Activity Behaviour Session Chair: Claudio Renato Nigg, Karlsruhe Institute for Technology
187	8:30am – 10:00am VSH 06 – Bad Blankenburg	Paper Session 38: Athletes, Coaches and Parents in Youth Sport Session Chair: Gretchen Kerr, University of Toronto
188	8:30am – 10:00am VSH 116 – Varna	Paper Session 39: Motor Control and Performance Session Chair: Claudia Voelcker-Rehage, Chemnitz University of Technology
189	8:30am – 10:00am H 2 – Bern	Symposium 31: Motives for participation in sport and physical activity: new approaches Session Chair: Anthony Michael Morris, Victoria University, Melbourne, Australia
190	8:30am – 10:00am H 3 – Madeira	Symposium 32: Understanding and facilitating effective goal striving Session Chair: Nikos Ntoumanis, Curtin University
191	8:30am – 10:00am H 4 – Chalkidiki	Symposium 33: Dual careers in sport - latest research findings from across Europe Session Chair: Robert Morris, Liverpool John Moores University

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8:30 am – 10:00am

Page	PARALLEL SESSIONS	
192	8:30am – 10:00am VSH 17 – Westphalia	Symposium 34: Heart rate variability as a self-regulation marker Session Chair: Sylvain Laborde, German Sport University Cologne
192	8:30am – 10:00am VSH 19 – Paris	Workshop 17: LoL generation: in the field with a professional team in Esports „Misfits Gaming“. Session Chair: Ismael Alfonso Pedraza Ramirez, German Sport University Cologne
193	8:30am – 10:00am VSH 18 – Edinburgh	Workshop 18: Reframing good character: strengths-based positive psychology interventions to promote character development in sport Session Chair: Penelope Ann-Scott Murdock, Universität Bremen

10:15 am – 12:15 am

Page	POSTER SESSIONS	
193	10:15am – 11:15am Marquee	Poster Session Friday Session Chair: Urban Johnson, Halmstad University

11:30 am – 12:30 am

Page	KEYNOTE	
201	11:30am – 12:30pm H 1 – Vittel	Keynote S. Marcora: The limits to endurance performance in humans: mind over muscle? Session Chair: Maurizio Bertollo, University „G. d'Annunzio“ of Chieti-Pescara

FRIDAY, 19/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
201	2:00pm – 3:30pm S 10 – Münster	Featured Symposium 11: Sport psychology development – historical and institutional perspectives Session Chair: Roland Seiler, University of Bern
202	2:00pm – 3:30pm S 9 – Cologne	Invited Symposium 05: Association of Applied Sport Psychology Symposium: Theory to Practice to Enhance Performance Session Chair: Amy Lynne Baltzell, Boston University
203	2:00pm – 3:30pm VSH 219 – Brussels	Panel 03: Ethics in applied sport psychology - international perspectives on the challenges faced across contexts of professional practice Session Chair: Sydney Querfurth-Böhnlein, Westfälische Wilhelms-Universität Münster
203	2:00pm – 3:30pm Senatssaal – Prague	Paper Session 40: Groups and Team Performance Session Chair: David John Hancock, Indiana University Kokomo
204	2:00pm – 3:30pm S 8 – Copenhagen	Paper Session 41: Perspectives on Emotions in Sport Session Chair: Catherine Sabiston, University of Toronto
205	2:00pm – 3:30pm VSH 19 – Paris	Paper Session 42: Dual Career Environments and Career Transitions Session Chair: Saša Cecić Erpič, University of Ljubljana
206	2:00pm – 3:30pm VSH 118 – Nottingham	Paper Session 43: Psychology and Performance (Varia) Session Chair: Diane Ste-Marie, University of Ottawa
207	2:00pm – 3:30pm H 2 – Bern	Symposium 35: Characteristics and circumstances of sexual violence in sport from different perspectives Session Chair: Jeannine Ohlert, German Sport University Cologne
208	2:00pm – 3:30pm H 3 – Madeira	Symposium 36: Perfectionism in sport, dance, and exercise: An overview of available models, analyses, and methods Session Chair: Andrew P. Hill, York St John University
209	2:00pm – 3:30pm H 4 – Chalkidiki	Symposium 37: Psychological mechanisms underlying morality in sport Session Chair: Philip Hurst, Canterbury Christ Church University Session Chair: Bahri Gürpınar, Akdeniz ,University

FRIDAY, 19/JUL/2019

2:00 pm – 3:30 pm

Page	PARALLEL SESSIONS	
210	2:00pm – 3:30pm VSH 06 – Bad Blankenburg	Symposium 38: Intervention studies in applied sport psychology Session Chair: Nadja Walter, Leipzig University, Faculty of Sport Science
210	2:00pm – 3:30pm VSH 17 – Westphalia	Symposium 39: How culture and context inform practice in sport psychology: A cultural lens on talent and career development in sport Session Chair: Louise Kamuk Storm, University of Southern Denmark
211	2:00pm – 3:30pm VSH 18 – Edinburgh	Workshop 19: Introduction to Bayes statistics using GNU R for sport neuroscientists/psychologists Session Chair: Sven Hoffmann, German Sport University Cologne
211	2:00pm – 3:30pm VSH 116 – Varna	Workshop 20: Working with adolescent athletes: the importance of active involvement and fun based on ACT examples Session Chair: Kristel Kiens, Tallinn University Session Chair: Snezana Stoljarova, Tallinn University/ES-TIPP OÜ private consultancy

4:00 am – 5:00 am

Page	KEYNOTE	
47	4:00pm – 5:00pm H 1 – Vittel	Keynote Zella Moore: Clinical Sport Psychology: Considering Psychological Well-being and Performance Excellence Session Chair: Karin Moesch, Swedish Sports Confederation

7:00 pm – open end

Page	CLOSING DINNER	
26	7:00pm – open end	Closing Dinner For details see page 26.

SATURDAY, 20/JUL/2019

8:30 am – 12:00 pm

Page	MEETING	
	8:30am – 12:00pm	Committee Meetings

9 DETAILED PROGRAM AND PRESENTATIONS

MONDAY

Pre Congress Symposium: Science and Practice of Sports Officiating Symposium

DAY / TIME Monday, 15/Jul/2019: 9:00am – 3:30pm
LOCATION VSH o6 – Bad Blankenburg
SESSION CHAIR Henning Plessner, University of Heidelberg

Oral Presentations

Modelling and supporting the career development of sports officials

Clare MacMahon¹, Geraldine Rix-Lievre²

¹Latrobe University, Australia; ²Université Clermont Auvergne, France

The developmental histories of sport officials: exploring participation and training milestones

Nick Wattie, Jason Mergler, Susan L. Forbes, Lori A. Livingston

University of Ontario Institute of Technology, Canada

Perceived organizational support and officials' decisions to drop out or persist in the role

Lori A. Livingston, Susan L. Forbes, Nick Wattie, Jason Mergler

University of Ontario Institute of Technology, Canada

Demand for early recruitment and faster development in sport officials

Stirling Sharpe¹, Ashley Synnott², Ian Cunningham³, Catherine Ordway¹

¹University of Canberra, Australia; ²Sport Australia; ³PERF Arbitrage, Université Clermont Auvergne, France

The use of observation by officials: current status and future possibilities

Diane M. Ste-Marie¹, David J. Hancock²

¹University of Ottawa, Canada; ²Indiana University Kokomo, USA

In-match gaze behaviour of elite football referees

Tammie van Biemen¹, David L. Mann¹, Johan Koedijker¹, Raoul Oudejans^{1,2}, Geert Savelsbergh^{1,2}

¹Vrije Universiteit Amsterdam, The Netherlands; ²Amsterdam University of Applied Sciences, The Netherlands

Impact of visual attention on decision making

Stefanie Hüttermann¹, Werner F. Helsen², Daniel Memmert¹

¹German Sport University Cologne, Germany; ²KU Leuven, Belgium



Using 360 degree virtual reality footage as a form of decision-making training in Australian Football umpires

Aden Kittel¹, Paul Larkin¹, Michael Spittle¹, Nathan Elsworthy²
¹Victoria University, Australia; ²Central Queensland University, Australia

The future of refereeing: is technology all it takes?

Jochim Spitz, Werner Helsen
KU Leuven, Belgium

The referee's dilemma: contextual vs. rulebook judgment in soccer

Clare MacMahon¹, Markus Raab², Simcha Avugos³, Michael Bar-Eli⁴
¹La Trobe University, Australia; ²German Sport University Cologne, Germany, and London South Bank University, UK; ³The Academic College at Wingate, Israel; ⁴Ben-Gurion University of the Negev, Israel

Influence of physical and psychological stress on decision-making performance of soccer referees

Alexandra Pizzera, Patrick Wahl, Sylvain Laborde
German Sport University Cologne, Germany

The relationship between cohesion and performance among sport officials

David J. Hancock¹, Kyle F. Paradis², Luc J. Martin³, M. Blair Evans⁴
¹Indiana University Kokomo, USA; ²University of Windsor, Canada; ³Queen's University, Canada; ⁴Pennsylvania State University; USA

Interaction as a contributor to officiating performance

Ian Cunningham¹, Géraldine Rix-Lièvre¹, Duncan Mascarenhas², Peter Simmons³
¹Universite Clermont Auvergne, France; ²Edinburgh Napier University, UK; ³Charles Sturt University, Australia

Networking and website on sport officiating: expanding and strengthening refereeing

Felix Guillen¹, Henning Plessner²
¹University of Las Palmas de Gran Canaria, Spain; ²University of Heidelberg, Germany

An analysis of literature on sport officiating research

David J. Hancock, Samantha Miller, Hannah Roaten, Kyle Chapman, Caleb Stanley
Indiana University Kokomo, USA

Poster Presentations

“It wasn’t me, ref”: Lie detection in soccer

Geoffrey Schweizer¹, Chris Englert^{2,3}
¹Heidelberg University, Germany; ²Goethe University Frankfurt, Germany; ³University of Bern, Switzerland

When in doubt, it’s not out: LBW decision making in elite level cricket umpires across match types

Joshua Mark Adie^{1,2}, Remco Polman^{1,2}, David L. Mann³, Ian Renshaw^{1,2}
¹Queensland University of Technology, Australia; ²Institute of Biomedical Innovation, Australia; ³Vrije Universiteit Amsterdam, The Netherlands

The impact of video speed on the accuracy of sport performance judgements

Lisa-Marie Schütz, Henning Plessner, Geoffrey Schweizer
University of Heidelberg, Germany

Pre Congress Symposium: Perceptual-motor expertise Symposium

DAY / TIME	Monday, 15/Jul/2019: 9:00am – 3:00pm
LOCATION	VSH 116 – Varna
SESSION CHAIR	Rouwen Cañal Bruland, Friedrich Schiller University Jena David Mann, Vrije Universiteit Amsterdam

9:00am - 9:15am

Pre Congress Workshop Welcome

Rouwen Cañal Bruland¹, David Mann²
¹Friedrich Schiller University Jena, Germany; ²Vrije Universiteit Amsterdam, The Netherlands

9:15am - 10:15am

Anticipation in sport: What should we focus on for the next 50 years!?

Andrew Mark Williams
University of Utah, USA

10:15am - 10:30am

Morning tea

Rouwen Cañal Bruland
Friedrich Schiller University Jena, Germany



10:30am - 11:30am**A neurocognitive perspective on action observation and action prediction in sport**

Nicola Jane Hodges

*University of British Columbia, Canada***11:30am - 11:50am****Don't bite! Earlier detection of deceptive intent facilitates skilled responses to rugby side-steps**

Laurence S. Warren-West, Robin C. Jackson, Michael J. Hiley

*Loughborough University, UK***11:50am - 12:35pm****Lunch break**

Rouwen Cañal Bruland

*Friedrich Schiller University Jena, Germany***12:35pm - 12:55pm****Creating adaptive athletes: the athletic skills model as a foundation for expertise**

Geert Savelsbergh

*Vrije University Amsterdam, The Netherlands***12:55pm - 1:55pm****A developmental embodied cognition perspective on the relation between sensorimotor and cognitive planning**

Lisa Musculus, Azzurra Ruggeri, Markus Raab

*German Sport University Cologne, Germany***1:55pm - 2:45pm****Perceptual-cognitive variables in talent research: Lessons learned and future opportunities**

Joseph Baker

*York University, Canada***2:45pm - 3:00pm****Discussion and concluding remarks**Rouwen Cañal Bruland¹, David Mann²¹Friedrich Schiller University Jena, Germany; ²Vrije Universiteit Amsterdam, The Netherlands**Paper Session 01: Automatic Processes and Cognitive Resources**

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm

LOCATION Location: Senatssaal – Prague

SESSION CHAIR Tanya R Berry, University of Alberta

2:00pm - 2:15pm**Examining the current methods used for inducing mental fatigue and their impact on arousal**

Kate O'Keeffe, Dr. Simon Hodder, Dr. Alex Lloyd

*Loughborough University, UK***2:15pm - 2:30pm****To what extent do automatic processes regulate sedentary behaviour?**

Martina Kanning, Christina Niermann, Jan-Philipp Lange

*University of Konstanz, Germany***2:30pm - 2:45pm****Moderator of ego depletion effect: implicit theories about willpower**

Liwei Zhang, Apei Zhang

*Beijing Sport University, China***2:45pm - 3:00pm****Trait self-control moderates the effects of achievement motive incongruence on motor performance and state self-control**

Julia Schüler, Jonas Hofstetter, Wanja Wolff

*University of Konstanz, Germany***3:00pm - 3:15pm****To move or not to move?! Automatic evaluations and reflective attitudes towards running and exercise**

Julia Limmeroth, Norbert Hagemann

University Kassel, Germany

Paper Session 02: Doping

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm
LOCATION S 8 – Copenhagen
SESSION CHAIR Vassilis Barkoukis, Aristotle University of Thessaloniki

2:00pm - 2:15pm

Exploring perspectives and experiences of doping, anti-doping and clean sport: a meta-synthesis

Laurie Patterson, Toni Louise Williams, Susan Backhouse, Luke Barnes, Kelsey Erickson, Helen Staff, The RESPECT Consortium
Leeds Beckett University, UK

2:15pm - 2:30pm

Silver lining?! The doping critical state of mind of young elite sport coaches in combat sports

Katharina Pöppel, Dirk Büsch
Carl von Ossietzky Universität Oldenburg, Germany

2:30pm - 2:45pm

Using the theory of planned behaviour and social-cognitive theory to explain doping intentions in adolescent talented athletes

Tirza H. J. van Noorden¹, Brigitte J. C. Claessens¹, Erik Duiven²
¹Radboud University; ²Anti-Doping Authority The Netherlands

2:45pm - 3:00pm

The role of identity in anti-doping: elite athletes' views on the meaning and practice of clean sport, and clean athlete identity

Andrea Petroczi¹, Theofilos Gkinopoulos¹, Andrew Heyes², Jake Shelley¹, Susan Backhouse³
¹Kingston University, UK; ²University of Birmingham, UK; ³Leeds Beckett University, UK

3:00pm - 3:15pm

The choice is yours!: Promoting personal agency and building 'doping awareness literacy' with the SAFE YOU programme

Andrea Petroczi, Andy Hudson, Jake Shelley
Kingston University London, UK

Paper Session 03: Self-Compassion and Body Image

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm
LOCATION S 9 – Cologne
SESSION CHAIR Robert Charles Eklund, Florida State University

2:00pm - 2:15pm

Exploring self-compassion and versions of masculinity in men athletes

Nathan A Reis¹, Kent C. Kowalski¹, Amber D. Mosewich², Leah J. Ferguson¹
¹University of Saskatchewan, Canada; ²University of Alberta, Canada

2:15pm - 2:30pm

Guilty, ashamed, and embarrassed: exploring the role of self-compassion in women's exercise lapses

Leah J. Ferguson, Hannah P. Murray, Ashton U. Unger, Margo E. K. Adam
University of Saskatchewan, Canada

2:30pm - 2:45pm

Self-compassion or self-criticism? Predicting female athletes' flourishing in sport

Leah J. Ferguson¹, Margo E. K. Adam¹, Katie E. Gunnell², Diane E. Mack³, Amber D. Mosewich⁴, Kent C. Kowalski¹
¹University of Saskatchewan, Canada; ²Carleton University, Canada; ³Brock University, Canada; ⁴University of Alberta, Canada

2:45pm - 3:00pm

Initial psychometric assessment and comparison of three athlete-specific measures of self-compassion

Margo E. K. Adam¹, Katie E. Gunnell², Rachel L. Duckham³, Amber D. Mosewich⁴, Kent C. Kowalski¹, Leah J. Ferguson¹
¹University of Saskatchewan; ²Carleton University; ³Deakin University; ⁴University of Alberta

3:00pm - 3:15pm

Unique contributions of self-compassion in women athletes' sport performance perceptions: a longitudinal examination

Margo E. K. Adam¹, Amber D. Mosewich², Rachel L. Duckham³, Kent C. Kowalski¹, Leah J. Ferguson¹
¹University of Saskatchewan; ²University of Alberta; ³Deakin University

3:15pm - 3:30pm

„Is it okay if I come or will I spoil everyone else's training?": Female athletes' experiences of participating in combat sports

Anastasiya Khomutova
University of Brighton, UK

Paper Session 04: Life skills & Well-being

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm
LOCATION Aula im Schloss – Europe
SESSION CHAIR Glyn Roberts, Norwegian School of Sport Sciences

2:00pm - 2:15pm
Qualitative exploration of coaches’ implicit and explicit approaches to life skills development and transfer in youth sport
Laura Gayle Shirley Martin, Martin Camiré
University of Ottawa, Canada

2:15pm - 2:30pm
A cross-cultural extension of the life skills for sport scale: applying PYD in Botswana, Ghana and Tanzania
Leapetswe Malete¹, Reginald Ocansey², Tshepang Tshube³, Daniel McCole¹, Cyprian Maro⁴, Thuso Mphela³, Clement Adamba², Juliana Machuve⁴
¹Michigan State University, USA; ²University of Ghana; ³University of Botswana; ⁴University of Dar es Salaam, Tanzania

2:30pm - 2:45pm
Motives for multiple goals and well-being: a person-centred approach
Laura Catherine Healy¹, Nikos Ntoumanis², Calum Arthur³
¹Nottingham Trent University, UK; ²Curtin University, Australia; ³UK Sport, UK

2:45pm - 3:00pm
Effect of life skills training program on the development of youth football players
Veysel Küçük, Ömer Gümüsoğlu, Yağmur Kırdar, Mert Can
Marmara University, Turkey

3:00pm - 3:15pm
Which are the necessary skills for social inclusion development through sport? A qualitative study among practitioners
Chiara D’Angelo, Chiara Corvino, Caterina Gozzoli
Università Cattolica del Sacro Cuore, Italy

3:15pm - 3:30pm
A systematic review of life skills program characteristics influencing transfer
Elise Marsollier¹, Christiane Trottier¹, Olivier Audet¹, Roxane Carrière¹, Camille Sabourin², Stéphanie Gagnon¹, William Falcão¹, Martin Camiré², Marie-Denise Lavoie¹, Claude Goulet¹
¹Laval University, Canada; ²Ottawa University, Canada

Paper Session 05: Emotion, Anxiety and Public Shaming

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH 17 – Westphalia
SESSION CHAIR Penny McCullagh, California State University East Bay

2:00pm - 2:15pm
Late-race critical points and emotional experiences of ultra-runners
Will Critchley, Montse C. Ruiz
University of Jyväskylä, Finland

2:15pm - 2:30pm
Effect of positive thinking training on competition anxiety of athletes with low mental toughness
Yuran Di^{1,2}, Li Wang¹
¹Beijing Sport University, China, ²Yonsei University, Korea

2:30pm - 2:45pm
Dispositional athletic mindfulness and emotion regulation as mediators in the Mindfulness-Acceptance-Commitment (MAC) programme
Torbjörn Josefsson
Halmstad, Sweden

2:45pm - 3:00pm
The influence of gender on online public shaming of professional athletes
Ellen MacPherson, Gretchen Kerr
University of Toronto, Canada

Symposium 01: Motor imagery during action observation: from neurophysiology to behaviour

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm
LOCATION H 2 – Bern
SESSION CHAIR Cornelia Frank, Bielefeld University

Neural correlates of action: comparing meta-analyses of motor imagery, action observation, and movement execution

Robert M. Hardwick¹, Svenja Caspers^{2,3}, Simon B. Eickhoff³, Stephan P. Swinnen¹
¹KU Leuven, Belgium, ²JARA-BRAIN, Jülich-Aachen, Germany, ³Heinrich Heine University Düsseldorf, Düsseldorf, Germany

The effects of combined action observation and motor imagery of a basketball free throw on corticospinal excitability

David J. Wright¹, Gregg Wood¹, Daniel L. Eaves², Adam M. Bruton³, Cornelia Frank⁴, Zoe C. Franklin¹
¹Manchester Metropolitan University, Manchester, UK, ²Teesside University, Middlesbrough, UK, ³University of Roehampton, London, UK, ⁴Bielefeld University, Germany

Differential effects of combined action observation and motor imagery states on corticospinal excitability and eye gaze behaviour

Adam M. Bruton¹, Zoe C. Franklin², Paul S. Holmes², Daniel L. Eaves³, David J. Wright²
¹University of Roehampton, London, UK, ²Manchester Metropolitan University, Manchester, UK, ³Teesside University, Middlesbrough, UK

Combined action observation and motor imagery: from brain to behaviour in different populations

Matthew W. Scott, Jonathan R. Emerson, Ryan P. W. Kenny, Jack A. Binks, Daniel L. Eaves
Teesside University, Middlesbrough, UK

Combined action observation and motor imagery in virtual reality: Practicing at a level that one has not yet achieved

Cornelia Frank¹, Felix Hülsmann¹, Thomas Waltemate¹, David J. Wright², Daniel L. Eaves³, Adam M. Bruton⁴, Mario Botsch¹, Thomas Schack¹
¹Bielefeld University, Germany, ²Manchester Metropolitan University, Manchester, UK, ³Teesside University, Middlesbrough, UK, ⁴University of Roehampton, London, UK

Symposium 02: Executive functions in sport: Current trends and future prospects

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm
LOCATION H 3 – Madeira
SESSION CHAIR Robert Vaughan, York St John University

Athletic expertise and reflection-impulsivity: A cross-sectional and longitudinal study

Robert Vaughan, Jack Hagyard, Elizabeth Edwards, Martin Smith
York St John University, USA

The mediating role of athlete’s mental toughness in the executive function and anxiety relationship

Jack Brimmell, Robert Vaughan
York St John University, USA

The role of executive functions in predicting football performance

Björn Krenn
University of Vienna , Austria

Perceptual-cognitive skill and the in situ performance of soccer players

Mariëtte van Maarseveen, Raoul Oudejans, David L. Mann, Geert Savelsbergh
Vrije Universiteit Amsterdam

Executive function expertise in sport: A meta-analytic review

Jack Hagyard, Robert Vaughan, Elizabeth Edwards, Martin Smith
York St John University, USA

Symposium 03: Diverse perspectives on athlete leadership development

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm
LOCATION H 4 – Chalkidiki
SESSION CHAIR Todd Loughhead, University of Windsor

A Full Range Leadership Model approach to the development of athlete leadership behaviours

Todd M. Loughhead¹, Krista J. Munroe-Chandler¹, Gordon Bloom²

¹University of Windsor, ²McGill University

The implementation of an athlete leadership development programme with elite youth ice hockey players

Matthieu M. Boisvert, Todd M. Loughhead, Krista J. Munroe-Chandler

University of Windsor, UK

Utilizing a solution-oriented intervention for shared leadership development in sports

Christopher Maechel¹, Todd M. Loughhead², Vivian Vanessa Wergin³, Tom Kossak⁴

¹Technical University of Munich, Germany ²University of Windsor, UK

All for us and us for all: introducing the 5R Shared Leadership Program

Katrien Fransen¹, Alex Haslam², Niklas K. Steffens², Kim Peters²,

Cliff J. Mallett², Filip Boen¹

¹KU Leuven, Belgium ²The University of Queensland, Australia

Coaches' perceptions of athlete leadership in elite sport

Gordon Bloom¹, Todd M. Loughhead²

¹McGill University, Canada ²University of Windsor, UK

Workshop 01: The optimum performance program in sports: an evidence-supported sport-specific mental wellness intervention

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH 118 – Nottingham
SESSION CHAIR Bradley Donohue, University of Nevada, Las Vegas

Workshop 02: Testing underlying assumptions and estimating reliability coefficients alpha, omega, omega ordinal and omega categorical

DAY / TIME Monday, 15/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH 07 – Magglingen
SESSION CHAIR Carme Viladrich, Universitat Autònoma de Barcelona

Congress Opening: Welcome Addresses, Keynote Brett Smith & Opening Ceremony

DAY / TIME Monday, 15/Jul/2019: 4:00pm – 8:30pm
LOCATION H 1 – Vittel & LWL Museum
SESSION CHAIR Bernd Strauss, University of Muenster
 Anne-Marie Elbe, Leipzig University

4:00pm

Welcome message from the Congress President Bernd Strauss and the current FEPSAC president Anne-Marie Elbe and congress manager Barbara Halberschmidt
 Live music

4:30pm - 5:30pm

[Keynote 1: More of the same or time to up our game? 50 possibilities for sport and exercise psychology research](#)

Brett Smith

University of Birmingham, UK

Chair: Antonis Hatzigeorgiadis, University of Thessaly

5:30pm - 6:00pm

Walking bus to the LWL Museum

6:00pm - 6:30pm

Opening Ceremony in the LWL Museum

All participants, representatives and honorary guests will be greeted with welcome receptions, drinks, hors-d'oeuvres and live entertainment provided by PianoReloaded in the LWL Museum of Art and Culture.

TUESDAY

Featured Panel 01: Developing resilience in elite sport: research to practice

DAY / TIME	Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION	VSH 219 – Brussels
SESSION CHAIR	Mustafa Sarkar, Nottingham Trent University
DISCUSSANTS	Mustafa Sarkar ¹ , Daniel Gould ² , Paul Wylleman ³ , Göran Kenttä ⁴ , Stewart Cotterill ⁵ , Ian Mitchell ⁶

¹Nottingham Trent University, UK; ²Michigan State University, United States; ³Vrije Universiteit Brussel, Belgium; ⁴The Swedish School of Sport and Health Sciences, Sweden; ⁵AECC University College, UK; ⁶The Football Association, UK

Featured Symposium 01: Identifying and motivating youth who mostly need physical activity IMPACT: A European project

DAY / TIME	Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION	S 10 – Münster
SESSION CHAIR	Athanasios Papaioannou, University of Thessaly, Greece Anne-Marie Elbe (FEPSAC), Claude Scheuer (EUPEA)
DISCUSSANTS	Joan L. Duda, University of Birmingham, UK

Identifying and motivating youth who mostly need physical activity (IMPACT) in Europe:

Aims, tools, strategies, network

Athanasios Papaioannou¹, Attilio Carraro², Philippe Sarrazin³, Gıyasettin Demirhan⁴, Miquel Torregrossa⁵, Claude Scheuer⁶, Vasilis Bouglas¹, Viviana Zito⁷, Joan L. Duda⁸

¹University of Thessaly, Greece ²University of Padova, Italy ³University of Grenoble-Alpes, France ⁴Hacettepe University, Turkey ⁵Autonomous University of Barcelona, Spain ⁶EUPEA, ⁷CAPDI & LSM, ⁸University of Birmingham, UK

Construct validity and measurement equivalence of the IMPACT project measure

Philippe Sarrazin¹, Paul Appleton², Yago Ramis³, Erica Gobbi⁴, Gokce Erturan İlker⁵, Charalampos Krommidas⁶, Martin Holzweg⁷, Athanasios Papaioannou⁶

¹University of Grenoble-Alpes, France ²University of Birmingham, UK ³Autonomous University of Barcelona, Spain ⁴University of Padova, ⁵Pamukkale University & Hacettepe University, Turkey ⁶University of Thessaly, Greece ⁷Deutscher Sportlehrerverband (DSLV) e.V.

Physical activity, intention to be active and affective response to exercise in adolescents from France, Greece, Italy and Turkey

Attilio Carraro¹, Torregrossa Miquel², Gıyasettin Demirhan³, George Loules⁴, Geraldine Escrive-Boulley⁵, Vasilis Bouglas⁴

¹University of Padova, Italy ²Autonomous University of Barcelona, Spain ³Hacettepe University, Turkey ⁴University of Thessaly, Greece ⁵University of Grenoble-Alpes, France

Measuring pupils' physical activity levels with accelerometers:

Preliminary findings of IMPACT Project in France, Greece and Italy

Charalampos Krommidas¹, Erica Gobbi², Geraldine Escrive-Boulley³, Attilio Carraro², Philippe Sarrazin³, Athanasios Papaioannou¹

¹University of Thessaly, Greece ²University of Padova, Italy ³University of Grenoble-Alpes, France

The educational material for the training of in-service PE teachers in the IMPACT project

Nikolaos Digelidis¹, Gokce Erturan İlker², Damien Tessier³, Erica Gobbi⁴, Ioannis Sympas¹, Philippe Sarrazin³, Evgenia Gortsila⁵, Hurrem Ozdurak⁶, Athanasios Papaioannou¹

¹University of Thessaly, Greece ²Pamukkale University & Hacettepe University, Turkey ³University of Grenoble-Alpes, France ⁴University of Padova, Italy ⁵Greek Insititue of Educational Policy, ⁶Ankara ministry of Education and Hitit University, Turkey

Invited Symposium 01: Holistic approaches to sport and physical activity participation in the Asian context #1

DAY / TIME	Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION	Aula im Schloss – Europe
SESSION CHAIR	Youngho Kim, Seoul National University of Science and Technology

An exploratory study of the relationship between team resilience, collective-efficacy, challenge and threat in sport

Araki Kaori

Sonoda Women's University, Japan CORAZON CO., Ltd.

Prediction of athletic mental energy on athletes' well-being and performance: an international integration

Frank J.H. Lu

Chinese Culture University, China



Pursuing God's will: spirituality in sport psychology consulting

Maria Luisa Guinto-Adviento

*University of the Philippines, Philippines***Training during Ramadan: psychological supports working with the Malaysian athletes**

Garry Kuan

*Universiti Sains Malaysia, Malaysia***New sport culture among youth in present India: especially for the women athletes in the North Eastern region of Manipur**

Jayashree Acharya

*National Sports University, India, Ministry of Youth Affairs & Sports***Paper Session 06: Perception**

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am

LOCATION Senatssaal – Prague

SESSION CHAIR Daniel Memmert, Deutsche Sporthochschule Köln

8:30am - 8:45am**Assessment of psychoacoustical response in human beings with the aid of statistical and classification-based approaches**Sanjay H S¹, Basavraj V Hiremath², Prithvi B S¹, Kiran Kumar H K¹¹M S Ramaiah Institute of Technology, India; ²Anugraha Chemicals Pvt Ltd, India**8:45am - 9:00am****An exploration of visual search strategies for senior and sub-junior badminton players**

Mayanglambam Surchand Singh, Jayashree Acharya

*LNIFE, GWALIOR, India***9:00am - 9:15am****The INFORM neural network unifies forward and inverse models and recognition**

Heiko Wagner, Kim Boström, Marc de Lussanet

*Universty of Münster, Germany***9:15am - 9:30am****The influence of body action on time perception: a review of the cognitive and neural mechanisms**

Weiqi Zheng

*Beijing Sport University, China***Paper Session 07: Mental Health and Physical Activity**

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am

LOCATION S 8 – Copenhagen

SESSION CHAIR Kristen Dieffenbach, West Virginia University

A cross-sectional investigation into the relationships of physical activity domains and mental healthKatja Siefken¹, Astrid Junge²¹University of South Australia, Australia; ²Medical School Hamburg, Germany**Exercise-induced enhancement of cognition in advanced age – is there preferred mode of exercise?**

Yael Netz

*The Academic College at Wingate, Israel***The effect of high-intensity interval training on executive function in adolescents hospitalised for a mental health crisis**Jacqueline S. Lee¹, Addo Boafo², Stephanie L. Greenham², Patricia E. Longmuir³¹University of Ottawa, Canada; ²Children's Hospital of Eastern Ontario, Canada; ³Children's Hospital of Eastern Ontario Research Institute, Canada**Predictors of mental health, physical activity intensity, and sedentary behaviour in first to fourth year medical students**Tamara Morgan¹, Taylor McFadden¹, Michelle S. Fortier¹,Jennifer R. Tomasone², Shane N. Sweet³¹University of Ottawa, Ottawa, Ontario, Canada; ²Queen's University, Kingston, Ontario, Canada; ³McGill University, Montréal, Québec, Canada**Run for mental health: a mixed-methods study exploring a school-based running program**

Alyona Koulanova, Catherine M. Sabiston

*University of Toronto, Canada***The role of harassment in sport participants' psychological ill-being and well-being: focus on gender and sexual orientation**

Marja Kokkonen

University of Jyväskylä, Finland

Paper Session 08: Clinical Sport Psychology

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION S 9 – Cologne
SESSION CHAIR Diane M. Wiese-Bjornstal, University of Minnesota

8:30am - 8:45am

Exercise addiction – part of an eating disorder, or distinct diagnosis?

Perspectives from gym employees

Flora Colledge¹, Ursula Buchner², Uwe Pühse¹, Markus Gerber¹, Marc Walter³

¹University of Basel, Switzerland; ²Deutsche Hochschule für Sport und Gesundheit, Germany

³University Psychiatric Clinics, University of Basel

8:45am - 9:00am

Reflection and brooding rumination as predictors of athletes' depressive symptoms

Richard Tahtinen¹, Niels Feddersen¹, Michael McDougall^{1,2}, Olli Tikkanen³,

Libby Mitchell¹, Laura Thomas¹, Ronkainen Noora¹

¹Liverpool John Moores University, UK; ²Turock School of Arts & Sciences,

Keystone College, USA; ³Fibion Inc., Finland

9:00am - 9:15am

Social support and physical activity among breast cancer survivors: a latent class analysis

Jenna D. Gilchrist^{1,2}, Catherine M. Sabiston²

¹The Pennsylvania State University; ²University of Toronto, Canada

9:15am - 9:30am

Aerobic exercise for major depressed adult patients in mental health services:
a systematic review and meta-analysis

Ioannis D. Morres¹, Antonis Hatzigeorgiadis¹, Afroditi Stathi², Nikos Comoutos¹,

Chantal Arpin-Cribbie³, Charalampos Krommidas¹, Yannis Theodorakis¹

¹University of Thessaly, Trikala, Greece; ²University of Birmingham, UK;

³Laurentian University, Ontario, Canada

9:30am - 9:45am

Eating disordered symptoms and compulsive exercise in adolescent girls with ED,
dancers and soccer players

Cristina Cuesta-Zamora¹, Maria Dolores Gomez Castillo², Mercedes Esparcia Moreno²,

Veronica Escriva Saez², Carolyn Plateau³, Jorge Javier Ricarte Trives¹

¹Castilla-La Mancha University, Spain ²Hospital Complex of Albacete, Spain; ³Loughborough
University, UK

9:45am - 10:00am

The influence of obsessive and harmonious passion on running-related injuries in
long-distance runners

Luuk van Iperen¹, Jan de Jonge^{1,2,3}, Josette Gevers¹, Steven Vos^{4,5}

¹Eindhoven University of Technology, The Netherlands; ²University of South Australia, Adelaide,

South Australia; ³University of Utrecht, Utrecht, The Netherlands; ⁴Eindhoven University of Tech-

nology, The Netherlands; ⁵Fontys University of Applied Sciences, Eindhoven, The Netherlands

Paper Session 09: Olympic, Paralympic, Elite and Team Sport

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION VSH 17 – Westphalia
SESSION CHAIR Gretchen Kerr, University of Toronto

8:30am - 8:45am

Lifestyles and mindsets of Olympic, Paralympic and World Champions:
is an integrated approach the key to elite performance?

Lauren Burns¹, Marc Cohen¹, Juanita Weissensteiner²

¹RMIT, Australia; ²New South Wales Office of Sport, Australia

8:45am - 9:00am

Assessing aspirations and motives of athletes participating in Special Olympics
through a qualitative design

Emmanouil Georgiadis, Allison Boggis

University of Suffolk, UK

9:00am - 9:15am

The emergence and perpetuation of toxic cultures in Olympic sports in the UK

Niels Feddersen, Robert Morris, Martin Littlewood, David Richardson

Liverpool John Moores University, UK

9:15am - 9:30am

Transformational leadership in briefing: a case-study in elite team sports

Anne-Claire Macquet¹, Marie Le Menn^{1,2}, Neville Stanton³

¹French Institute of Sports, France; ²University Paris-Descartes, France; ³University of Southampton

9:30am - 9:45am

Short- and long-term effects of a team-building intervention using outdoor activities

Oliver Stoll, Anne Lenz

Martin-Luther-University Halle-Wittenberg, Germany

Paper Session 10: Stress and Recovery

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION VSH 116 – Varna
SESSION CHAIR Markus Gerber, University of Basel

8:30am - 8:45am

Assessing recovery and stress in three English-speaking regions - validation of the Acute and the Short Recovery and Stress Scale

Michael Kellmann^{1,2}, Sarah Kölling^{1,3}

¹Ruhr University Bochum, Germany; ²The University of Queensland, Australia;

³Stellenbosch University, South Africa

8:45am - 9:00am

Modification and applicability of questionnaires to assess the recovery-stress state among adolescent and child athletes

Sarah Kölling^{1,2}, Michael Kellmann^{1,3}

¹Ruhr University Bochum, Germany; ²Stellenbosch University, South Africa;

³The University of Queensland, Australia

9:00am - 9:15am

Best better rest: conceptualisation of a seasonal recovery-stress monitoring routine in a German elite woman soccer team

Fabian Loch¹, Annika Hof zum Berge¹, Daniel Kraus², Michael Kellmann^{1,3}

¹Ruhr University Bochum, Germany; ²Sportgemeinschaft Essen-Schönebeck 19/68 e.V.

Germany; ³The University of Queensland, Australia

9:15am - 9:30am

Does a brief slow-paced-breathing intervention facilitate coping with a sport-specific stressor?

Marie Ottilie Frenkel¹, Sylvain Laborde², Laura Giessing¹, Jan Rummel³, Christian Kasperk⁴, Henning Plessner¹

¹Heidelberg University, Germany; ²German Sport University Cologne, Germany; ³Heidelberg University, Germany; ⁴Heidelberg University Hospital, Germany

9:30am - 9:45am

Effect of stress reduction therapy on selected psychophysiological variables in elite shooters

Abhaydev C S, Jaiprakash Bhukar, Nibu R. Krishna

Lakshmibai National Institute Of Physical Education, India

9:45am - 10:00am

Yoga instead of traditional training programs as interventions to reduce stress in healthcare staff? A systematic review

Laura Luise Bischoff, Ann-Kathrin Otto, Carolin Hold, Bettina Wollesen

University of Hamburg, Germany

Symposium 04: Mental health in youth football in Europe: Recommendations for applied research and service delivery

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION H 2 – Bern
SESSION CHAIR Carsten Hvid Larsen, University of Southern Denmark

Psychological development in football and school: Who's responsible?

Remke Hekers, Vana Hutter

Vrije University Amsterdam, The Netherlands

Mental health in Danish football: The role of protective factors in youth academies

Carsten Hvid Larsen, Andreas Küttel

University of Southern Denmark

Mental health in premiership football cademies: Cultural, organisational and individual challenges

Mark Nesti, Martin Littlewood

Liverpool John Moores University

Symposium 05: Talent identification, development and dropout in sports. The role of motivation, psychological competencies and mental health

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION H 3 – Madeira
SESSION CHAIR Claudia Zuber, University of Bern

What to do to succeed? A qualitative study on the competencies of high-potential and world-class beach volleyball players

Suzan Blijlevens¹, Paul Wylleman², Kayan Bool³, Chris Visscher⁴, Marije Elferink-Gemser⁴

¹Vrije Universiteit Brussel, Belgium; University of Groningen, The Netherlands

²Vrije Universiteit Brussel, Belgium



Patterns of achievement-motivated behaviour as indicators for future performance in rowing
Michael Schmid, Achim Conzelmann, Claudia Zuber
University of Bern, Switzerland

Burnout in junior elite athletes: Approaching prevalence and determinants
Hanna L. Granz, Alexia Schnell, Ansgar Thiel
University of Tübingen, Germany

The relationship between coach-created motivational climate, motivation and playing level in youth football
Johan Michael Wikman¹, Peter Elsborg², Glen Nielsen³
¹Halmstad University, Sweden ²Steno Diabetes Center, ³University of Copenhagen, Denmark

Symposium 06: On the importance of self-control in sport and exercise psychology

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION H 4 – Chalkidiki
SESSION CHAIR Chris Englert, University of Frankfurt
Ines Pfeffer, Medical School Hamburg

The role of executive functions in a planning intervention study to promote physical activity behaviour
Ines Pfeffer, Tilo Strobach
Medical School Hamburg, Germany

Self-control strength and performance in soccer referees
Roy David Samuel¹, Chris Englert², Qian Zhang³, Itay Basevitch⁴
¹Kibbutzim College of Education Technology and the Arts, Israel ²University of Frankfurt, Germany ³Florida State University, USA ⁴Anglia Ruskin University, Cambridge, UK

Training for excellence in sport, music and dance
Raoul Oudejans¹, Frank C. Bakker¹, Jolan Kegelaers²
¹Vrije Universiteit Amsterdam, The Netherlands ²Amsterdam University of Applied Sciences, The Netherlands

On the importance of self-control strength for regular physical activity
Darko Jekauc¹, Chris Englert², Emily Finne³
¹Karlsruhe Institute of Technology, Germany ²University of Frankfurt, Germany
³University of Bielefeld, Germany

Self-control and body language
Philip Furley
German Sports University

Symposium 07: Optimising athletes’ dual careers in Europe: from research to applications

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION VSH 19 – Paris
SESSION CHAIR Natalia Stambulova, Halmstad University
DISCUSSANTS Paul Wylleman, Vrije Universiteit Brussel, Belgium, NOC*NSF, Netherlands

Psychology of athletes’ dual careers: an overview of European research and selected projects
Natalia Stambulova
Halmstad University, Sweden

Gold in education and elite sport (1): how can we evaluate student-athletes’ dual career competencies?
Koen De Brandt¹, Paul Wylleman², Simon Defruyt¹
¹Vrije Universiteit Brussel, Belgium, ²Vrije Universiteit Brussel, Belgium, NOC*NSF, Netherlands

Gold in education and elite sport (2): how can we evaluate dual career support-providers’ competencies?
Simon Defruyt¹, Paul Wylleman², Koen De Brandt¹
¹Vrije Universiteit Brussel, Belgium, ²Vrije Universiteit Brussel, Belgium, NOC*NSF, Netherlands

Competency training for dual career support providers: insights from the IOC funded project
Anna Jordana¹, Yago Ramis¹, Luana Prato¹, Susana Regüela², Miquel Torregrossa¹
¹Universitat Autònoma de Barcelona, Spain, ²Centre d’Alt Rendiment Esportiu de Sant Cugat del Vallès, Spain

Mind the gap: closing the gap between the end of the professional soccer career and entering the labour market
Sofie Smismans¹, Paul Wylleman², Simon Defruyt¹
¹Vrije Universiteit Brussel, Belgium, ²Vrije Universiteit Brussel, Belgium, NOC*NSF, Netherlands

Symposium 08: Cognitive and motor development in and through sports and physical activity

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION VSH 118 – Nottingham
SESSION CHAIR Lisa Musculus, German Sport University Cologne

Integrating physical activity in preschools: targeting executive function skills through the Move for Thought preK-K programme
Spyridoula Vazou
Iowa State University, USA

Executive functions, motor abilities and quality of life in pediatric cancer survivors – the crucial role of motor coordination
Valentin Benzing¹, Janine Spitzhüttl², Valerie Siegwart³, Michael Grotzer⁴, Maja Steinlin³, Kurt Leibundgut⁵, Regula Everts³, Mirko Schmidt⁶
¹University of Bern, Bern, Switzerland; ² University of Bern, Bern, Switzerland, ³University of Bern, Bern, Switzerland, ⁴University Children’s Hospital Zurich, Zurich, Switzerland, ⁵Bern University Hospital, University of Bern, Switzerland, ⁶University of Bern, Switzerland

The role of working memory in motor learning and sports performance: two studies with young volleyball players
Elisa Bisagno¹, Sergio Morra², Francesca Vitali³
¹University of Genova, Italy; University of Modena and Reggio Emilia ²University of Genova, Italy; ³University of Verona, Italy

What happens before and when children decide? A systematic review on the development of decision-making processes
Lisa Musculus¹, Markus Raab²
¹German Sport University Cologne, Germany; ²German Sport University Cologne, Germany; London South Bank University, UK

Workshop 03: Resist the urge to stop in endurance activities: research-evaluated endurance strategies intending to support training

DAY / TIME Tuesday, 16/Jul/2019: 8:30am – 10:00am
LOCATION VSH 07 – Magglingen
SESSION CHAIR Carla Meijen¹, Samuele Marcora^{2,3}, David Marchant⁴, Noel Brick⁵, Andrew Lane⁶, Alister McCormick⁷, Dominic Micklewright⁸

¹St Mary’s University, London, UK; ²University of Kent, UK; ³University of Bologna, Italy; ⁴Edge Hill University, UK; ⁵Ulster University, Northern Ireland; ⁶University of Wolverhampton, UK; ⁷Plymouth Marjon University, UK; ⁸University of Essex, UK

Poster Session Tuesday

DAY / TIME Tuesday, 16/Jul/2019: 10:15am - 11:15am
LOCATION Marquee
SESSION CHAIR Martina Kanning, University of Konstanz

1.01 Investigating the relationship between perfectionism & competitive anxiety in athletes
Anna Marie Fergione
The American College of Greece - Deree, Greece

1.02 Differences in burden from sport related and general developmental tasks between elite handball players and recreational players
Jeannine Ohlert, Marion Sulprizio, Alicia Stolle
German Sport University Cologne, Germany

1.03 Dual career pathways in sport: The optimal balance is not always equal.
Emily Deason^{1,2}, David Fletcher¹, Christine Coupland¹
¹Loughborough University, UK; ²Liverpool John Moores University, UK

1.04 Sport specific sport psychology: a conceptual framework for Danish elite triathletes
Ronja Ries Højbjerg
Danish sports psychology forum (DIFO), Denmark

1.05 Pathway and mental skills of elite sport climbers: a series of case studies
Konstantin Bochaver^{1,3}, Elizaveta Novorodovskaya^{2,3}
¹Moscow Institute of Psychoanalysis, Russia; ²Curtin University, Australia; ³ENYSSP, EU



1.06 Athlete burnout, insomnia and polysomnographic indices in young elite athletes: cross-sectional and longitudinal analyses

Markus Gerber¹, Simon Best¹, Fabienne Meerstetter¹, Sandrine Isoard-Gautheur², Henrik Gustafsson³, Renzo Bianchi⁴, Daniel J. Madigan⁵, Flora Colledge¹, Sebastian Ludyga¹, Edith Holsboer-Trachsler⁶, Serge Brand¹

¹University of Basel, Switzerland; ²Université Grenoble Alpes, France; ³Karlstad University, Sweden; ⁴University of Neuchâtel, Switzerland; ⁵York St. John University, UK; ⁶University of Basel, Switzerland

1.07 Predicting training success from individual's resilience

Nigel Zhuo, Jonathan Khoo

Republic of Singapore Air Force, Singapore

1.08 The role of parents in the successful implementation of dual career athletes

Natalia Leonidovna Ilina

St. Petersburg State University, Russian Federation

1.09 Russian student-athletes' double careers: analysis of socio-psychological difficulties

Natalia Leonidovna Ilina, Regina Anatolyevna Berezovskaya

St. Petersburg State University, Russian Federation

1.10 Interpersonal emotion regulation among individual varsity sport coaches and their athletes

Courtney Braun, Katherine Anne Tamminen

University of Toronto, Canada

1.11 Burnout among sport psychologists

Claire Rossato¹, Itay Basevitch², Stacy Vance³

¹University of Greenwich, UK; ²Anglia Ruskin University, Cambridge, UK;

³Florida State University, USA

1.12 Influences of stereotypes on the relation between non-verbal behaviour and team confidence in football

Kirstin Seiler¹, Geoffrey Schweizer², Roland Seiler¹

¹Universität Bern, Switzerland; ²University of Heidelberg, Germany

1.13 Coaches' prosocial and antisocial behaviours as predictors of athletes' affect and motivational climate

Ali AL-Yaaribi¹, Maria Kavussanu²

¹Sultan Qaboos University, Oman; ²University of Birmingham, UK

1.14 Catastrophic thoughts and history of injuries. Relevance for psychological vulnerability in soccer players

Aurelio Olmedilla Zafra¹, Luis Miguel Ramos², Juan González Hernandez³

¹University of Murcia, Spain; ²University Autonomous of Madrid; ³University of Granada, Spain

1.15 Parents and youth high performance athletes' perception of ideal communication before, during, and after competitions

Sina Azimi¹, Katherine Tamminen²

¹University of Toronto; ²University of Toronto, Canada

1.16 Supervised Internship of study and intervention in Sports Psychology: Rugby and E-Sports

Ricardo Marinho de Mello de Picoli¹, Lara de Azevedo Tardeli², Paulo Gabriel Guerche Fuzzari²

¹Universidade de São Paulo, Brazil; ²Universidade Federal de São Carlos, Brazil

1.17 Successful transition from the U-17 to the U-19 Swiss national-team in female soccer: the role of motivational factors

Stephan Horvath, Gareth Morgan, Daniel Birrer

Swiss Federal Institute of Sport Magglingen, Switzerland

1.18 Athlete relationship maintenance questionnaire (CARM-Q): evidence of validity and reliability in turkish adolescents athletes

Nükte Özgör, Aydan Gozmen Elmas, F. Hülya Aşçı

Marmara University, Turkey

1.19 Development and validation of career-long psychological support services in Swedish handball

Johan Ekengren¹, Natalia Stambulova¹, Urban Johnson¹

¹Halmstad University, Sweden

1.20 A qualitative study of factors that influence the psychological conditioning of Japanese athletes participating in 'home game'.

Joyo Sasaki, Yasuhisa Tachiya

Japan Institute of Sports Sciences, Japan

1.21 Effects of group cohesion and collective efficacy on the performance among university Kendo players

Kahori Tsujita^{1,2}, Hironobu Tsuchiya²

¹Taisei Gakuin University, Japan; ²Osaka University of Health and Sport Sciences, Japan



1.22 Origins of self-control failure in athletes: a pilot study

Ann-Christin Engler, Fabian Hofmann, Justin Klandermann, Yannik Klein, Sven Krüger,
Martin Leo Reinhard, Sylvain Laborde
German Sport University Cologne, Germany

1.23 How student athletes explain their successes and failures in sport?

Rebeka Prosoli, Renata Barić
University of Zagreb, Croatia

1.24 Australian Paralympic athletes' training histories and developmental trajectories: What do we know?

Nima Dehghansai¹, Ross Pinder², Joe Baker¹
¹*York University*; ²*Australian Paralympic Committee*

1.25 Dual career competences and the athlete's perception of relationship with coach

Nik Krivec, Saša Cecić Erpič
University of Ljubljana, Slovenia

1.26 Mental Robustness as a Facet of an Action Theory Driven Mental Fitness Concept

York-Peter Klöppel, Dieter Hackfort
University FAF Munich, Germany

1.27 Anxiety perception according to the character of athlete - obstacles or resources?

Antonio Jesús Muñoz-Villena¹, Juan González-Hernández², Abel Nogueira-López³,
Diana Garita-Campos⁴
¹*University Autonomous of Madrid, Spain*; ²*University of Granada, Spain*; ³*University of Leon, Spain*; ⁴*University of Granada, Spain*

1.28 Exploring the relationship between athlete sport participation and subsequent development as a sport official

Jason Mergler, Lori A. Livingston, Susan L. Forbes, Nick Wattie
University of Ontario, Canada

1.29 Psychometric characteristics of the Brunel Mood Scale in a Singaporean context

Christie Han¹, Gerard J. Fogarty², Renée L. Parsons-Smith^{1,3}, Peter C. Terry²
¹*University of Southern Queensland, Australia*; ²*University of Southern Queensland, Australia*;
³*University of the Sunshine Coast, Australia*

1.30 Perceived challenges during participation in a six-month outdoor gym exercise programme: participants reflections

Urban Johnson, James Parker, Andreas Ivarsson
Halmstad University, Sweden

1.31 If you build it, they will come out: developing an LGB inclusive environment in US Collegiate Athletics

Elizabeth M. Mullin¹, Sarah Cook², Ryan M. Socolow¹, Sarah E. Wooley¹, Allison Grace¹
¹*Springfield College, USA*; ²*Pacific University, USA*

1.32 Gazing in the mirror while working-out: reasons to prefer or avoid mirrored-exercise environments

Hila Sharon-David, Yonatan Sarig, Gershon Tenenbaum
Florida State University, USA

1.33 The mediating role of motivation, emotion, and attention between cognitive and physical self-control

Eva Stocker¹, Chris Englert^{1,2}, Jürg Schmid¹, Roland Seiler¹
¹*University of Bern, Switzerland*; ²*Goethe University, Germany*

1.34 Motivational climate and participation motivation of 10-12-year-old Bulgarian pupils in physical education lessons

Evelina Andreeva Savcheva, Kristiqn Spasov Dodov
National Sports Academy, Bulgaria

1.35 Compensatory health beliefs and sedentary behavior among elderly: a qualitative study

André Ramalho¹, João Petrica¹, António Fernando Rosado²
¹*Instituto Politécnico de Castelo Branco, Portugal*

1.36 The independence running events in Poland in 2018 – motives of participation

Karolina Chlebosz, Ewa Malchrowicz Mosko, Maciej Młodzik
University School of Physical Education, Poland

1.37 School coaches' corporal punishment behaviors over three years after the corporal punishment prohibition

Mieko Ae
Tokyo Women's College of Physical Education, Japan



1.38 Decision making process towards use of doping substances in recreational sport: the role of muscle dysmorphia

Vassilis Barkoukis¹, Vassilis Barkoukis¹, Lambros Lazuras², Vassilis Barkoukis¹
¹Aristotle University of Thessaloniki, Greece; ²Sheffield Hallam University, UK

1.39 „TRUCKactive“ – Speed-coachings to enhance physical activity in truck drivers

Angeli Gawlik, Martin Boss, Sulprizio Marion, Kleinert Jens
German Sports Institute, Germany

1.40 The interactive effects of self-control depletion and goal motivation when pursuing an increasingly difficult goal

Laura Catherine Healy, Ruth Boat
Nottingham Trent University, UK

1.41 Athletic Competence, but not Social Competence, Moderates Children’s Perceptions of Social Exclusion

Anthony G. Delli Paoli¹, Alan L. Smith², Kathleen T. Mellano², Christine Ellen Pacewicz²
¹Manhattanville College, USA; ²Michigan State University, USA

1.42 Can beliefs predict the intention of sports practice in free time in high school students? incidence of motivation

Ricardo Martinez Romero^{1,2}, Jaume Cruz¹, Claudio Bustos²
¹Universitat de Barcelona, Spain; ²Universidad de Concepción, Chile

1.43 The effect of exercise intervention on the abnormal loop of spontaneous autobiographical memory — based on the study of depressed

Di Jia, Lizhong Chi
Beijing Sport University, China

1.44 Influence of manual grip strength and usual gait speed on mortality, functionality and life satisfaction of older adults

Paula Teixeira Fernandes^{1,2}, Vinicius Nagy Soares^{1,2}
¹UNICAMP, Brazil; ²GEPEN, FEF-UNICAMP, Brazil

1.45 Blood lactate levels and short-term memory during a judo competition

Donatella Di Corrado¹, Marinella Coco²
¹University KORE of Enna, Italy; ²University of Catania, Italy

1.46 Blood parameters as a measure for controlling physical performance of young Algerian cyclists

Abdel kader kharobi Abdelhamid¹, Said aissa Khelifa², Benglia Abderrezak³
¹IEPS University of Mostaganem Algeria, Algeria; ²IEPS University of Mostaganem Algeria, Algeria; ³Military University Hospital of Oran, Algeria

1.47 Do domain-specific perceptual abilities operate outside of conscious awareness?

Daisuke Murakawa¹, Sachi Ikudome², Kenta Yamamoto¹, Kisho Ogasa³, Shiro Mori², Hiroki Nakamoto²
¹National Institute of Fitness and Sports in Kanoya graduate school, Japan; ²National Institute of Fitness and Sports in Kanoya, Japan; ³Osaka University, Japan

1.48 Vitamin D3 supplementation can play a protective role for the mood of ultramarathon participants

Daniel Krokosz, Mariusz Lipowski, Magdalena Jochimek, Piotr Aschenbrenner, Wojciech Ratkowski
Gdansk University of Physical Education and Sport, Poland

1.49 Running during encoding improves word learning for children

Gianluca Amico, Sabine Schäfer
Universität des Saarlandes, Germany

1.50 Effects of long-term downhill running exercise on the perceived exertion and physiological responses

Ming-Ju Lin¹, Cheng-Te Chuang¹, Shang-Hen Wu¹, Hsin-Lian Chen¹, Trevor C. Chen²
¹National Chiayi University, Taiwan; ²National Taiwan Normal University, Taiwan

1.51 Stroboscopic technology for improving visual attention in the decision-making process

Nataniel Boiangin^{1,2}, Yonatan Sarig¹, Gershon Tenenbaum¹
¹Florida State University, USA; ²Barry University, USA

1.52 Effects of a motor-enriched exercise program on task preparation during working memory in children

Chih-Chien Lin¹, Shu-Shih Hsieh¹, Yu-Kai Chang¹, Chung-Ju Huang², Tsung-Min Hung¹
¹National Taiwan Normal University, Taiwan; ²University of Taipei, Taipei, Taiwan

1.53 The effect of distance on putting performance, outcome prediction and prediction bias.

Maaïke Wilhelmina Helena Hubertus Esselaar¹, Cornelia Frank¹, Wiliam Land²
¹Bielefeld University, Germany; ²University of Texas at San Antonio, USA



1.54 Modality-specific processing of spatial and temporal representations:
An embodied cognition perspective

J. Walter Tolentino-Castro¹, Anna Schroeger², Jonna Loeffler¹, Rouwen Cañal-Bruland², Markus Raab^{1,3}
¹German Sport University Cologne, Germany; ²Friedrich-Schiller-University Jena, Germany;
³London South Bank University, UK

1.55 Does resting heart rate variability measure (RMSSD) predict sport-specific
decision-making speed?

Matthias Gesenhues, Bela Leon Ring, Michel Keldenich, Kevin Bäcker, Sylvain Laborde
German Sport University, Germany

1.56 The Relationship Between Heart Rate Variability and Performance Self-Ratings Under
Stress in Sports Coaches: Preliminary Results

Matthew Watson, Ann-Christin Engler, Sylvain Laborde, Jens Kleinert
German Sport University Cologne, Germany

1.57 Qualitative study of correlations among social support, emotion regulation behaviours,
and acceptance of sports injuries

Tomonori Tatsumi¹, Takashi Takenouchi²
¹Kio University, Japan; ²University of Nagoya, Japan

1.58 Interpersonal violence experienced by a sample of Quebec teenagers in the
context of sport

Sylvie Parent¹, Kristine Fortier¹, Marie-Pier Vaillancourt-Morel¹, Geneviève Lessard¹, Claude Goulet¹, Guylaine Demers¹, Hélène Paradis¹, Mike Hartill²
¹Laval University, Canada; ²Edgehill University, UK

1.59 Comparison of sensation seeking and self-esteem with mental health in
professional and amateur athletes, and non- athletes

Seyed Mehrdad Monajaty
Islamic Azad University, Iran

1.60 Physical activity in the lifestyle of Iran university students

Amir Hossein Ashna¹, Zahra Majdi², Faezeh Aghayan gol kashani³
¹Refah University, Iran, Theran; ²Kharazmi University; ³Tehran University, Theran

1.61 Selective Attention During the First Seasonal Competition

Cristana Conti, Selenia di Fronso, Laura Bortoli, Claudio Robazza, Maurizio Bertollo
University of Chieti-Pescara, Italy

1.62 Examination of the psychometric properties of the Dispositional Flow Scale-2
into Greek language

Nektarios A.M. Stavrou^{1,2}, Maria Psychountaki¹
¹National & Kapodistrian University of Athens, Greece; ²Olympic Athletic Center of Athens
“Spyros Louis”, Greece

1.63 Stressors Experienced by Severely Injured Elite Level Athletes:
A phenomenological pilot study

Ezgi Aypar
Middle East Technical University, Ankara, Turkey

1.64 Types of helping behaviours observed in a tag game that promotes children’s helping
behaviour-related self-efficacy

Kohei Ueno
Kagawa University, Japan

Keynote Tatiana Ryba: Now you see me, but will you listen?
Sport, work and unexamined life in migration.

DAY / TIME	Tuesday, 16/Jul/2019: 11:30am – 12:30pm
LOCATION	H 1 - Vittel
SESSION CHAIR	Dorothee Alfermann, University of Leipzig

Featured Panel 02: Do we do what our results show? European
career researchers about their own careers (panel session)

DAY / TIME	Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION	VSH 219 – Brussels
SESSION CHAIR	Paul Wylleman, Vrije Universiteit Brussel Natalia Stambulova, Halmstad University
DISCUSSANT	Paul Wylleman, Vrije Universiteit Brussel, Belgium

Participants:

Paul Wylleman, Vrije Universiteit Brussel, Belgium
Natalia Stambulova, Halmstad University, Sweden
Dorothee Alfermann, Leipzig University, Germany
Miquel Torregrossa, Universitat Autònoma de Barcelona, Spain

Featured Symposium 02: asp-Symposium: The 50th anniversary of the German Society for Sport Psychology (asp)

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION S 10 – Münster
SESSION CHAIR Bernd Strauss, University of Muenster

Sportpsychology in performance sports

Babett Lobinger¹, Oliver Stoll²
¹German Sport University Cologne, Germany ²Martin-Luther-Universität Halle-Wittenberg, Germany

Health Perspectives in the German Society for Sport Psychology

Harald Seelig¹, Gorden Sudeck²
¹University of Basel, Switzerland, ²University of Tübingen, Germany

Milestones in Motor Behavior Research

Nadja Schott¹, Julian Rudisch², Claudia Voelcker-Rehage²
¹Stuttgart University, Germany, ²TU Chemnitz, Germany

Gimme-Five 01

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH 116 – Varna
SESSION CHAIR Philip Sullivan, Brock University

Teammate influences predict eating and exercise psychopathology over the athletic season

Charlotte Scott, Emma Haycraft, Carolyn Plateau
Loughborough University, UK

Exploring perceived barriers and facilitators to exercise behavior among people with visual impairments and motor disabilities

Carina Mnich¹, Leon Klos¹, Annalena Schneider¹, Claudio Renato Nigg^{1,2}
¹Karlsruhe Institute of Technology, Germany; ²University of Hawai'i at Manoa, USA

Evaluation of portable polysomnography to assess sleep stages in natural environments of athletes

Annika Hof zum Berge¹, Michael Kellmann^{1,2}, Sarah Kölling^{1,3}
¹Ruhr University Bochum, Germany; ²The University of Queensland, Australia; ³Stellenbosch University, South Africa

Adherence to rehabilitation following a severe sport injury: prospective test of an integrated psychological model

Alfred S. Y. Lee¹, Derwin K. C. Chan^{1,2,3}
¹The University of Hong Kong, Hong Kong S.A.R. (China); ²Curtin University, Australia; ³The Education University of Hong Kong, Hong Kong S.A.R. (China)

Learning sport safety in-school and sport injury prevention out-of-school: an examination using the trans-contextual model

Alfred S. Y. Lee¹, Derwin K. C. Chan^{1,2,3}
¹The University of Hong Kong, Hong Kong S.A.R. (China); ²Curtin University, Australia; ³The Education University of Hong Kong, Hong Kong S.A.R. (China)

The effect of physical fatigue and heat on cognitive function during high-intensity intermittent exercise in team sport players

Kate Donnan, Emily Williams, Nicholas Stanger
Leeds Beckett University, UK

Handlers' psychological demands in human-animal sports: a scoping review

Kathleen Oswald, Sebastian Harenberg, Laura Cobus-Kuo, Justine Vosloo
Ithaca College, USA

Athlete and staff perceptions of mental health and mental illness in high-performance sport

Isobelle Kennedy, Andrea Scott-Bell, Sarah Partington, Elizabeth Partington
Northumbria University, UK

EEG-based functional communication can predict mindfulness in skilled golfers

Kao-Hung Lin¹, Kuo-Pin Wang¹, Wen-Hsuan Chang¹, Tai-Ting Chen¹, Kuan-Fu Chen¹, Cheng-Wei Kao¹, Eric Hung², Chih-Yen Chang¹, Chung-Ju Huang³, Yu-Kai Chang¹, Tsung-Min Hung¹
¹National Taiwan Normal University, Taiwan; ²Chinese Culture University, Taiwan; ³University of Taipei, Taiwan

Invited Symposium 02: Holistic approaches to sport and physical activity participation in the Asian context #2

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION Aula im Schloss – Europe
SESSION CHAIR Youngho Kim, Seoul National University of Science and Technology

Heart rate variability and self-regulation in athletes and non-athletes in Singapore

Emily Ortega
Singapore University of Social Sciences, Singapore

Acute exercise and cognitive function

Yu-Kai Chang
National Taiwan Normal University, Taiwan

The effect of a rowing class on college adaptation and social support among freshmen in medical school

Seunghyun Hwang¹, Eunseok Yang², Yonggwan Song³
¹*Kyungpook National University, South Korea* ²*Hallym University, South Korea* ³
Pukyong National University, South Korea

Motivational approaches in promoting physical activity involvement

Dev Roychowdhury
University of Canberra, Australia

Physical activity participation and its related variables in an Asian setting

Youngho Kim
Seoul National University of Science and Technology

Paper Session 11: Referees and Decision Making

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION Senatssaal – Prague
SESSION CHAIR Clare MacMahon, Latrobe University

2:00pm - 2:15pm

The adjudication of duels by the assistant referee in football

Simon Boyer, Ian Cunningham, Michel Recopé, Géraldine Rix-Lièvre
Université Clermont Auvergne, France

2:15pm - 2:30pm

Identity and influence: player captains' activity during interactions with sport officials

Ian Cunningham¹, Géraldine Rix-Lièvre¹, Duncan Mascarenhas², Peter Simmons³
¹*UniverPage Clermont Auvergne, France*; ²*Edinburgh Napier University, UK*;
³*Charles Sturt University, Australia*

2:30pm - 2:45pm

The coordination between officials and players: how the game's unfolding is co-constructed?

Géraldine Rix-Lièvre, Ian Cunningham, Simon Boyer
Université Clermont Auvergne, France

2:45pm - 3:00pm

Jersey colour effects on attentional, perceptual, and decision-making processes in an immersive simulated soccer task

Stefanie Hüttermann¹, Nicholas J. Smeeton², Paul R. Ford², A. Mark Williams³
¹*German Sport University Cologne, Germany*; ²*University of Brighton, UK*;
³*University of Utah, United States*

3:00pm - 3:15pm

When in doubt, it's not out: LBW decision making in elite level cricket umpires across match types

Joshua Mark Adie^{1,2}, Remco Polman^{1,2}, David L. Mann³, Ian Renshaw^{1,2}
¹*Queensland University of Technology, Australia*; ²*Institute of Health and Biomedical Innovation, Australia*; ³*Vrije Universiteit Amsterdam, Netherlands*

Paper Session 12: Motor Imagery

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION S 8 – Copenhagen
SESSION CHAIR Gal Ziv, The Academic College at Wingate

2:00pm - 2:15pm

The effect of synchronous music and imagery on swimming performance

Garry Kuan¹, Kuan Juen Leong^{1, 2}, Hua Ann Mok^{1, 2}, Kai Shian Foo², Ngien Siong Chin³, Tony Morris⁴
¹Universiti Sains Malaysia (USM), Kelantan, Malaysia; ²Universiti Tunku Abdul Rahman, Malaysia; ³Institute of Teacher Education Batu Lintang Campus, Sarawak, Malaysia.; ⁴Victoria University, Melbourne, Australia

2:15pm - 2:30pm

Does mimicking actual movement during climbing observation change the subsequent climbing movements?

Takahiro Sugi, Masami Ishihara
Tokyo Metropolitan University, Japan

2:30pm - 2:45pm

Training reactions with imagery: exploring whether response behaviours influence choice reaction time

Dominic G McNeil¹, Michael Spittle², Christopher Mesagno³
¹University of New England, Australia; ²Victoria University, Australia; ³Federation University Australia

2:45pm - 3:00pm

Exploring ipsilateral reacting to imagined and physical stimuli

Dominic G McNeil¹, Michael Spittle²
¹University of New England, Australia; ²Victoria University, Australia

3:00pm - 3:15pm

The effect of a combined action observation and motor imagery (AOMI) intervention on the putting performance of golfers

Eoghan McNeill, Niall Ramsbottom, Adam J Toth, Mark J Campbell
University of Limerick, Ireland

3:15pm - 3:30pm

The effectiveness of imagery and an instructional aid on learning to putt in golf

Ronnie Lidor, Matar Ochayon, Gal Ziv
The Academic College at Winhgate, Israel

Paper Session 13: Executive Functions

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION S 9 – Cologne
SESSION CHAIR Björn Krenn, University of Vienna

2:00pm - 2:15pm

Systematic review of Yoga and Tai-Chi interventions and cognition within Asian populations

Bernalyn Ruiz¹, Margaux Grivel², Courtney Hess¹
¹University of Massachusetts Boston; ²New York University, USA

2:15pm - 2:30pm

Sport type involvement affects executive function measures in elite athletes

Philipp Koch, Björn Krenn
University of Vienna, Austria

2:30pm - 2:45pm

Larger effect of acute aerobic on lower inhibitory control in children with attention deficit/hyperactivity disorder

Yu-Jung Tsai¹, Chi-Fang Lin¹, Ting-Yu Chueh¹, Sin-Chi Liu¹, Chung-Ju Huang², Tsung-Min Hung^{1, 3}
¹National Taiwan Normal University, Taiwan; ²University of Taipei, Taiwan; ³National Taiwan Normal University, Taiwan

2:45pm - 3:00pm

Executive functions in elite level football players

Adam Francis Beavan^{1, 2, 3}, Job Fransen³, Jan Spielmann⁴, Sabrina Skorski¹, Jan Mayer⁴, Thomas Hauser², Tim Meyer¹
¹Saarland University, Germany; ²German Football Association Academy (Deutscher Fußball-Bund; DFB-Akademie), Frankfurt, Germany; ³University of Technology, Sydney, Australia; ⁴TSG 1899 Hoffenheim, Zuzenhausen, Germany

3:00pm - 3:15pm

Does physical exercise lead to enhanced cleverness?

Katharina Pöppel, Ingo Roden, Nora Müller
Carl von Ossietzky Universität Oldenburg, Germany

Paper Session 14: Science to Practice in Sport Psychology: Best Practice

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH 17 – Westphalia
SESSION CHAIR Sidonio Serpa, University of Lisbon

2:00pm - 2:15pm

NCAA Division I coaches' perceptions of sport psychology and mental health service provision

Thomas Grettton, Allison Blake, Dabney Skutt, Lindsey Blom
Ball State University, USA

2:15pm - 2:30pm

Effect of biofeedback training on reactive stress tolerance and sports performance of track and field athletes: a case study

Jaiprakash Bhukar¹, Nibu R. Krishna¹, Jayashree Acharya^{1,2}, Dalley Krishnan³
¹Lakshmibai National Institute of Physical Education, Gwalior, India; ²National Sports University, Imphal, Manipur, India; ³National Institute of Technology, Tiruchirappalli, Tamil Nadu, India

2:30pm - 2:45pm

RONJA ...Story of my Life...

Jan Elet Brand
University of Twente, The Netherlands

2:45pm - 3:00pm

Motor and psychosocial development in children with ASD through soccer

Alberto Cei¹, Daniela Sepio², Michele Rosci³, Bruno Ruscello⁴
¹San Raffaele Roma Open University, Rome, Italy; ²Accademia di Calcio Integrato, Roma, Italy; ³AS Roma, Italy; ⁴University of Tor Vergata, Roma, Italy

3:00pm - 3:15pm

Boosting human performance in organizations: what can be learned from sports psychology?

Michael Bar-Eli
Gurion University of the Negev, Israel

Paper Session 15: Leadership

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH 118 – Nottingham
SESSION CHAIR Katrien Fransen, Katholieke Universiteit Leuven

2:00pm - 2:15pm

Consequences of authentic leadership in sport

Ella Rose Malloy¹, Maria Kavussanu¹, Mariya Yukhymenko²
¹University of Birmingham, UK; ²Fresno State University, United States

2:15pm - 2:30pm

Talking is silver, silence is gold, or maybe not!? A case study on communication and leadership in elite team sports

Michele Ufer
Institute of Sports & Management Psychology; Germany

2:30pm - 2:45pm

Leadership development to enhance individual and team functioning of walking groups for older adults

Joren Loockx, Filip Boen, Jannique Van Uffelen, Jan Seghers, Peter Iserbyt, Katrien Fransen
KU Leuven, Belgium

2:45pm - 3:00pm

An interdisciplinary citation network analysis of career mentoring: a roadmap for sport mentoring research

Jordan S. Lefebvre¹, Gordon Bloom¹, Todd M. Loughhead²
¹McGill University, Canada; ²University of Windsor, Canada

3:00pm - 3:15pm

Leading together towards a stronger 'Us': an experimental test of the 5RS shared leadership program in basketball teams

Niels Mertens¹, Filip Boen¹, Alex Haslam², Niklas K. Steffens², Stewart Cotterill³, Katrien Fransen¹
¹KU Leuven, Belgium; ²The University of Queensland, Australia; ³University of Winchester, UK

Symposium 09: The self-talk symposium: From the lab to the field and from research to practice

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION Aula im Schloss – Europe
SESSION CHAIR Antonis Hatzigeorgiadis, University of Thessaly
DISCUSSANTS Alexander Latinjak, University of Suffolk

Self-talk can counter the effects of ego depletion on sport performance: Evidence from lab and field experiments

Laur Nurkse, Jelle Kooijman, Persefoni Makri, Marianna Koutaniti,
 Eleftherios Papagiannis, Evangelos Galanis, Antonis Hatzigeorgiadis
University of Thessaly, Greece

The effects of self-talk on flow in elite Taekwondo athletes

Nastasja Minja, Konstantina Tzeli, Evangelos Galanis, Themis Tsatalas,
 Antonis Hatzigeorgiadis
University of Thessaly, Greece

Exploring the links between self-talk and emotions in competitive tennis matches

Julian Fritsch¹, Darko Jekauc¹, Peter Elsborg², Alexander Latinjak³,
 Antonis Hatzigeorgiadis⁴
¹Karlsruhe Institute of Technology, Germany, ²University of Copenhagen, Denmark,
³University of Suffolk, UK, ⁴University of Thessaly, Greece

The use of strategic and reflexive self-talk interventions with an expert tennis player: Putting theory into practice

Alexander Latinjak
University of Suffolk

Symposium 10: Performance improvement and optimization: perceptual and psychophysiological approaches

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION H 2 – Bern
SESSION CHAIR Selenia di Fronso, „G.d'Annunzio“ University of Chieti-Pescara
DISCUSSANT Mauro Murgia University of Trieste, Italy

Performance improvement by means of auditory stimuli: established techniques and hints for new interventions

Fabrizio Sors¹, Mauro Murgia¹, Tiziano Agostini¹, Serena Mingolo¹, Eleonora Bilotta²
¹University of Trieste, Italy, ²University of Calabria, Italy

Enhancing cardiac vagal activity through slow paced breathing: formula three case study

Emma Mosley¹, Zoe L Wimshurst², Emma Kavanagh³
¹Solent University, UK, ²AECC University College, UK ³Bournemouth University, UK

A psychophysiological account of the quiet eye phenomenon: novel methods and insights

Germano Gallicchio¹, Andrew Cooke², Christopher Ring³
¹Loughborough University, UK, ²Bangor University, UK, ³University of Birmingham, UK

Attentional strategies and brain activity in endurance cycling tasks

Selenia di Fronso¹, Gabriella Tamburro², Laura Bortoli¹, Silvia Comani², Claudio Robazza¹,
 Maurizio Bertollo¹
¹University “G. D'Annunzio”, Chieti-Pescara, Italy, ²University “G. D'Annunzio”, Chieti-Pescara, Italy

Performance enhancement with EEG neurofeedback training: current topics & issues

Ming-Yang Cheng¹, Thomas Schack², Kuo-Pin Wang³, Tsung-Min Hung³, Chenglin Zhou²
¹Johannes Gutenberg-Universität Mainz, Germany; ²Shanghai University of Sport, Shanghai,
 China, ³Bielefeld University, Germany, ³National Taiwan Normal University, Taipei, Taiwan

Symposium 11: Rendering the exercise experience more pleasant: conceptual approaches and practical innovations perceptual and psychophysiological approaches

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION H 3 – Madeira
SESSION CHAIR Costas I. Karageorghis, Brunel University London
DISCUSSANT Yvonne N. Delevoeye, University of Lille, France

The challenge of making exercise feel better

Panteleimon Ekkekakis

Iowa State University, IA, USA

Non-conscious visual cues can positively influence the affective experience of exercise

Jasmin C. Hutchinson¹, Zachary Zenko², Paul C. Dalton³, Sam Santich¹

¹Springfield College, USA, ²California State University, USA, ³Lebanon Valley College, USA

On the role of presence in enhancing pleasure: a study of virtual environments during exercise

Leighton Jones, Jonathan Wheat

Sheffield Hallam University, UK

Conventionality belongs to yesterday: innovative approaches in the exercise–pleasure nexus

Costas I Karageorghis

Brunel University London, UK

Symposium 12: Optimising coaching behaviours throughout talent development – integrating multiple perspectives

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION H 4 – Chalkidiki
SESSION CHAIR Svenja Wachsmuth, Eberhard Karls University
 Johannes Raabe, Pennsylvania State University
 Oliver Höner, Eberhard Karls University Tübingen

What's gender got to do with it? Coaching female versus male teams

Jyoti Gosai, Sophia Jowett, Daniel Rhind

Loughborough University, UK

Collegiate athletes' perceptions of coaches' autonomy-supportive behaviours: a qualitative investigation

Tucker Readdy¹, Johannes Raabe², Matthew Bejar³

¹University of Wyoming, USA ²Penn State Altoona, USA ³Mount Mercy University, USA

Promoting need-supportive behaviours among youth football coaches within German competence centers: an intervention study

Svenja Wachsmuth¹, Johannes Raabe², Tucker Readdy³, Oliver Höner¹

¹Eberhard Karls University Tübingen, Germany ²Penn State Altoona, USA

³University of Wyoming, USA

Head coaches' behaviours that satisfy and thwart assistant coaches' basic psychological needs and motivation

Rebecca Zakrajsek¹, Johannes Raabe², Tucker Readdy³, Sara Erdner¹, Andrew Bass⁴

¹University of Tennessee, USA ²Penn State Altoona, USA ³University of Wyoming, USA

⁴Pittsburgh Pirates, USA

Understanding mental toughness in the coaching profession: a qualitative perspective

Johannes Raabe¹, Earlynn Lauer², Matthew Bejar³

¹Penn State Altoona, USA ²Western Illinois University, USA ³Mount Mercy University, USA

Workshop 04: Applied Exercise Psychology Workshop: Facilitating Mental Skills Delivery Among Exercise Instructors

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH 19 – Paris
SESSION CHAIR Hila Sharon-David, Florida State University, USA
 Asaf Blatt, Florida State University, USA
 Gershon Tenenbaum, Florida State University, USA

Workshop 05: The art of dialogue in coaching – towards transformative exchange

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm - 3:30pm
LOCATION VSH 18 - Edinburgh
SESSION CHAIR Reinhard Stelter, University of Copenhagen

Workshop 06: Sport psychology services for parents: the process and practice of delivering an evidence-based parent education workshop

DAY / TIME Tuesday, 16/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH o6 – Bad Blankenburg
SESSION CHAIR Chris Harwood, Loughborough University
 Sam Nicholas Thrower, University of Roehampton

General Assembly

DAY / TIME Tuesday, 16/Jul/2019: 4:00pm – 6:00pm
LOCATION H2 – Bern
SESSION CHAIR Anne-Marie Elbe, Leipzig University

Science Slam *Drinks and snacks available, pay on-site*

DAY / TIME Tuesday, 16/Jul/2019: 7:00pm – 9:00pm
LOCATION H 1 – Vittel
SESSION CHAIR Andrea Petroczi, Kingston University
MODERATOR Dennis Dreiskämper, Münster University

War and peace: the effect of footballers' pitch behavior on spectators

Muhammet Cihat Çiftçi¹, Fazilet Bektaş², Ayşe İrem Bulut²

¹Ankara Yıldırım Beyazıt University, Turkey; ²Ankara Yıldırım Beyazıt University, Turkey

4 for 12 plus event and candy make habits dandy or what we need to change behaviour

Nadja Walter

Leipzig University, Germany

A mixed methods approach investigating causes of collective sport team collapse

Vivian Vanessa Wergin¹, Clifford Mallett^{1,2}, Christopher Mesagno³, Zsuzsanna Zimanyi¹, Jürgen Beckmann^{1,2}

¹Technical University of Munich, Germany; ²The University of Queensland, Brisbane, Australia; ³Federation University Australia, Ballarat, Australia

Exploring whether, how, and why athletes experience and seek support from nonhuman relationships with sport

Xander Hodge¹, Emily Oliver¹, David W. Eccles²

¹Durham University, UK; ²Florida State University, United States

WEDNESDAY

Featured Symposium 03: Crossing borders: finding meaning and belonging in cultural transitions

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am
LOCATION S 10 – Münster
SESSION CHAIR Tatiana V. Ryba, University of Jyväskylä
DISCUSSANTS Stilian Chroni, Inland Norway University of Applied Science, Norway

Cultural transitions and religious (Christian) life: believing without belonging?

Noora J. Ronkainen^{1,2}, Tatiana Ryba², David Tod²

¹University of Jyväskylä, Finland; ²Liverpool John Moores University, UK

“Some things are non-negotiable”: elite Indigenous Australian athlete's transitioning into professional sport

Richard L. Light¹, John R. Evans²

¹University of Canterbury, New Zealand; ²University of Technology Sydney, Australia

Cultural transition for professional development: case study of the Israeli men's U18 national handball team migrated to Germany

Roy David Samuel¹, Natalia Stambulova², Yaniv Ashkenazi³

¹Kibbutzim College of Education Technology and the Arts, Tel Aviv, Israel; ²Halmstad University, Sweden; ³Wingate Institute, Natanya, Israel

Supporting athletes in cultural transitions: insights from cultural sport psychology and athlete career scholarship

Natalia Stambulova

Halmstad University, Sweden

Featured Symposium 04: Conceptual, theoretical and methodological advances in exercise motivation research: affect and automaticity

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am

LOCATION S 10 – Münster

SESSION CHAIR Ralf Brand, University of Potsdam
Panteleimon Ekkekakis, Iowa State University

The rise of postcognitivist ideas in exercise psychology: will our field's first Kuhnian crisis result in a Kuhnian revolution?

Panteleimon Ekkekakis
Iowa State University, USA

Are we wired to sit? Automatic neuro-behavioural reactions to exercise-related stimuli

Boris Cheval¹, Matthieu P. Boisgontier²
¹University of Geneva, Switzerland, ²University of British Columbia, Canada

Affective valuation. Getting closer to the somato-affective core of exercise motivation

Ralf Brand
University of Potsdam, Germany

Using electroencephalography to investigate attitudes toward exercise

Matthew W. Miller
Auburn University, USA

Exercise is (not?) fun: considering effects of affective exercise messages on automatic processes

Tanya R. Berry
University of Alberta, Canada

Gimme-Five 02

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am

LOCATION VSH 116 – Varna

SESSION CHAIR Yu-Kai Chang, National Taiwan Normal University

Amendment of a screening tool for adjustment disorder in the athlete population

Chantal Simons, Lisa Martin, Luke Balcombe, Peter K Dunn
University of the Sunshine Coast, Australia

“Dual career in Spanish high-level athletes: factors affecting the social and professional integration process after retirement”

Rubén Moreno Castellanos¹, José L. Chamorro¹, Cristina López de Subijana Hernández²
¹Universidad Europea, Madrid, Spain ²Universidad Politécnica de Madrid, Spain

Fear of failure, motivation and negative affect in sport: multilevel analyses of coaches and athletes

Simon Gregory Taylor, Justine Allen, Edward Duncan
University of Stirling, UK

First steps towards a cultural adaptation of the 5Cs intervention program for team-sport coaches

Marta Borrucco, Yago Ramis, Susana Pallarés, Jaume Cruz
Universitat Autònoma de Barcelona, Spain

Examination of social support for athletes in support demanding contexts: development of social support provider program

Eriko Katagami
Kyoritsu Women's University, Japan

Dual career pathways: developing optimal dual career support from an ecological holistic approach

Kristel Kiens
Tallinn University, Estonia

Improving talent identification using insights from selection psychology

Tom L. G. Bergkamp¹, Ruud J. R. Den Hartigh¹, A. Susan M. Niessen¹, Wouter G. P. Frencken^{3,4}, Rob R. Meijer¹
¹University of Groningen, The Netherlands; ³University of Groningen, University Medical Center Groningen, The Netherlands; ⁴Football Club Groningen, The Netherlands

Psychoregulative training: conceptualization and new techniques using 360° video

York-Peter Klöppel
University FAF Munich, Germany

Directed forgetting, emotion, and mental toughness

James Christopher Welsh¹, Stephen Dewhurst¹, John Perry²
¹University of Hull, UK; ²Mary Immaculate College, Ireland

Invited Symposium 03: Promoting links between ECSS and FEPSAC: A platform enhancing research and practice within and across disciplinary lens

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am
LOCATION Aula im Schloss – Europe
SESSION CHAIR Joan Lynne Duda, University of Birmingham

Amendment of a screening tool for adjustment disorder in the athlete
 population Chantal Simons, Lisa Martin, Luke Balcombe, Peter K Dunn
University of the Sunshine Coast, Australia

“Dual career in Spanish high-level athletes: factors affecting the social and professional integration process after retirement”

Rubén Moreno Castellanos¹, José L. Chamorro¹, Cristina López de Subijana Hernández²
¹Universidad Europea, ²Universidad Politécnica de Madrid, Spain

Fear of failure, motivation and negative affect in sport: multilevel analyses of coaches and athletes

Simon Gregory Taylor, Justine Allen, Edward Duncan
University of Stirling, UK

Paper Session 16: Physical Activity and Weight Loss Interventions

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am
LOCATION Senatssaal – Prague
SESSION CHAIR Emmanouil Georgiadis, University of Suffolk

8:30am - 8:45am

Go Fit: an interdisciplinary educational program for healthy habits funded by Erasmus+
 Emmanouil Georgiadis¹, Paraskevi Malliou², Asgeir Mamen³, George Panayiotou⁴,
 Katerina Daskalaki², Asimenia Gioftsidou²

¹University of Suffolk, UK; ²Democritus University of Thrace, Greece;
³Kristiania University College, Norway; ⁴European University, Cyprus

8:45am - 9:00am

**“Workplace Physical Activity Program” (WOPAP) study:
a 4-arm RCT intended to prevent burnout and promote vigor**
 Clément Ginoux, Sandrine Isoard-Gautheur, Philippe Sarrazin
University Grenoble Alpes, France

9:00am - 9:15am

**Findings from a weight loss program delivered in Australian Football League settings for
overweight and obese men (Aussie-FIT)**

Eleanor Quested¹, Dominika Kwasnicka¹, Nikos Ntoumanis¹, Kate Hunt², Cindy Gray³,
 Cecilie Thøgersen-Ntoumani¹, Deborah Kerr⁴, Robert Newton⁵, Jo McVeigh^{6,7}, Phil Morgan⁸,
 Daniel Gucciardi⁹, Sally Wyke³, Jenny Olson¹, Suzanne Robinson⁴

¹Curtin University, Perth, Australia; ²University of Stirling, UK; ³University of Glasgow, UK;
⁴School of Public Health, Curtin University, Perth, Australia; ⁵Edith Cowan University,
 Australia; ⁶University of Witwatersrand, South Africa; ⁷Curtin University, Perth, Australia;
⁸University of Newcastle, Australia; ⁹Curtin University, Perth, Australia

9:15am - 9:30am

**A physical activity program for university students: improving mental health concerns
through physical activity referral**

Melissa L. deJonge¹, Garcia L. Ashdown-Franks¹, Guy E. Faulkner², Catherine M. Sabiston¹
¹University of Toronto, Canada; ²University of British Columbia, Canada

9:30am - 9:45am

**Evaluation of a novel sport-based weight-loss intervention for overweight and obese men:
program feasibility and outcomes**

Timothy J. H. Budden¹, James A. Dimmock¹, Mark R. Beauchamp², Ben Jackson¹
¹University of Western Australia, Australia; ²University of British Columbia, Canada

9:45am - 10:00am

**The effect of self-determination theory-based interventions on exercise
behavior and body mass index of university staff**

Gozde Ersoz
Tekirdag Namik Kemal University, Turkey

Paper Session 17: Decision Making and Judgement

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am
LOCATION S 8 – Copenhagen
SESSION CHAIR Geert Savelsbergh, Vrije University, Amsterdam, The Netherlands

8:30am - 8:45am

Prior probability information impairs goalkeeper judgments of penalty-kick direction
 Robin C. Jackson
Loughborough University, UK

8:45am - 9:00am

Psychological momentum effects on affordances of athletes

Ruud J. R. Den Hartigh¹, Joske K. Van der Sluis¹, Frank T. J. M. Zaal²

¹University of Groningen, The Netherlands; ²University Medical Center Groningen / University of Groningen, The Netherlands

9:00am - 9:15am

Individual differences in multitasking choices

Laura Broeker¹, Harald Ewolds², Stefan Künzell², Rita F. de Oliveira³, Markus Raab^{1,3}

¹German Sport University Cologne, Germany; ²Universität Augsburg, Germany; ³London South Bank University, UK

9:15am - 9:30am

3D multiple object tracking training and passing decision-making in soccer: a replication of Romeas et al. (2016)

Sebastian Harenberg¹, Zachary McCarver², Justin Worley¹, Oliver Höner³, Dennis Murr³,

Justine Vosloo¹, Rumit Singh Kakar¹, Rob McCaffrey⁴, Kim D. Dorsch⁴

¹Ithaca College, USA; ²University of Northern Colorado, USA; ³University of Tübingen, Germany;

⁴University of Regina, Canada

9:30am - 9:45am

Temporal decision-making: the interplay of goalkeepers and penalty takers

Benjamin Noël¹, John van der Kamp², Stefanie Hüttermann¹

¹German Sport University, Germany; ²VU Amsterdam, The Netherlands

9:45am - 10:00am

Naturalistic decision-making in elite sports: looking back, looking forward the Recognition-Primed Decision model

Anne-Claire Macquet

French Institute of Sports, France

Paper Session 18: Physical Education and Children

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am

LOCATION S 9 – Cologne

SESSION CHAIR Martin S. Hagger, Curtin University

8:30am - 8:45am

Development, face and content validity of a novel qualitative tool to measure young children’s motivation for physical education

Katie Fitton Davies¹, Paula M Watson¹, James Rudd¹, Farid Bardid², Knowles Zoe¹, Simon Roberts¹, Lawrence Foweather¹

¹Liverpool John Moores University, UK; ²University of Strathclyde, UK

8:45am - 9:00am

Physical literacy for Australia: a modified Delphi study to define & operationalise physical literacy for application in Australia

Richard Keegan¹, Dean Dudley², Lisa Barnett³

¹University of Canberra, Australia; ²Macquarie University, Australia; ³Deakin University, Australia

9:00am - 9:15am

Construct validity and reliability of a physical activity parenting questionnaire for children

Arto Laukkanen, Kaisa Aunola, Elisa Korhonen, Sääkslahti Arja

¹University of Jyväskylä, Finland

9:15am - 9:30am

Impact of motor competences on executive functions in elementary school children

Thomas Finkenzeller¹, Benjamin Niederkofler², Günter Amesberger¹

¹University of Salzburg, Austria; ²Salzburg University of Education Stefan Zweig, Austria

9:30am - 9:45am

The effect of peer-tutoring on empathy and perceived ability in inclusive physical education

Erica Gobbi, Attilio Carraro

University of Padua, Italy

9:45am - 10:00am

Physical self-concept, physical activity and physical fitness: A Reciprocal-Effect-Model in a cross cultural context

Marie-Christine Ghanbari, Till Utesch, Maike Tietjens, Bernd Strauss

University of Münster, Germany

Paper Session 19: Physical and Cognitive Performance

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am
LOCATION VSH 118 – Nottingham
SESSION CHAIR Peter Gröpel, University of Vienna

8:30am - 8:45am

Enhanced cognitive performance in expert compared to lower skilled esports gamers and non-gamers

Mark Campbell, Chris Exton, Adam J Toth
University of Limerick, Ireland

8:45am - 9:00am

Motivated implicit beliefs in competitive gymnasts: is there a self-serving bias?

Christopher Mark Spray¹, Victoria Emily Warburton²
¹Loughborough University, UK; ²University of East Anglia, UK

9:00am - 9:15am

Personality and performance under pressure: testing the role of fear of negative evaluation and action orientation

Peter Gröpel, Jared Jentzsch
University of Vienna, Austria

9:15am - 9:30am

Cognitive enhancement training in a high security environment

ChangHyun Ko
Science Applications International Corporation, USA, USA

9:30am - 9:45am

Successful performance and cardiovascular markers of challenge and threat: a meta-analysis

Maciej Behnke, Łukasz Kaczmarek
Adam Mickiewicz University, Poland

9:45am - 10:00am

Social challenge and threat predict performance and cardiovascular responses during Counter-Strike competitive gaming

Maciej Behnke, Michał Kosakowski, Łukasz Kaczmarek
Adam Mickiewicz University, Poland

Paper Session 20: Consulting and Counseling

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am
LOCATION VSH 17 – Westphalia
SESSION CHAIR Carsten Hvid Larsen, University of Southern Denmark

8:30am - 8:45am

Narrative inquiry: athletic grief and its haunting impact

John Coumbe-Lilley
University of Illinois at Chicago, USA

8:45am - 9:00am

A proposed process model for athlete grief counselling

John Coumbe-Lilley
University of Illinois at Chicago, USA

9:00am - 9:15am

Perceptions of sport psychology consultancy in professional UK rugby league

Emily Victoria Stout, Dr Martin Eubank
Liverpool John Moore's University, UK

9:15am - 9:30am

A clinical psychological model for consulting to athletes and sports teams

Robert G. Ley, David Cox
Simon Fraser University, Canada

Symposium 13: Refining imagery relationships and applications

DAY / TIME Wednesday 17/Jul/2019: 8:30am – 10:00am
LOCATION H 2 – Bern
SESSION CHAIR Anthony Michael Morris, Victoria University, Melbourne, Australia
DISCUSSANT Tony Morris, Victoria University

Effects of virtual-reality imagery modelling on netball players' imagery abilities and shooting performance: a preliminary study

Garry Kuan¹, Siti Nur Shafiqah Rosli¹, Chin Ngien Siong², Tony Morris³
¹Universiti Sains Malaysia, Malaysia ²Sarawak Institute of Teach Education, Malaysia ³Victoria University, Australia



Personal differences and predictors of imagery in dancers

Dagmara Budnik-Przybylska, Maria Kaźmierczak, Adriana Weremij

*University of Gdansk, Poland***Examining the frequency component of the imagery dose-response relationship**

Sho Itoh, Tony Morris, Michael Spittle

*Victoria University, Australia***Imagery intervention to promote the sense of control flow dimension and increase basketball shooting performance**

Phatsorn Waraphongthanachot, Tony Morris, Anthony P Watt

*Victoria University, Australia***The effect of an NLP-PETTLEP intervention on performance and state sport-confidence in archery official practice setting**Meisam Savardelavar¹, Garry Kuan¹, Yee-Cheng Kueh¹, Tony Morris²¹*Universiti Sains Malaysia, Malaysia* ²*Victoria University, Australia***Symposium 14: Self-regulation in sport: developmental, learning, performance, and growth cycle perspectives****DAY / TIME** Wednesday 17/Jul/2019: 8:30am – 10:00am**LOCATION** H 3 – Madeira**SESSION CHAIR** Malgorzata Siekanska, University of Physical Education, Krakow, Poland
Artur Poczwardowski, University of Denver, USA**DISCUSSANT** Artur Poczwardowski, University of Denver, USA**The role of self-regulation in sport: a conceptual review**Artur Poczwardowski¹, Malgorzata Siekanska², Jan Blecharz²¹*University of Denver, USA*, ²*University of Physical Education, Krakow, Poland***Self-regulation in sport context: a developmental perspective**

Malgorzata Siekanska

*University of Physical Education, Krakow, Poland***Self-regulation and performance optimisation: using new technologies in practice**

Maurizio Bertollo, Selenia di Fronso, Laura Bortoli, Claudio Robazza

*University "G. D'Annunzio", Chieti-Pescara, Italy***Self-regulation of pre-competitive mental states: impact of long term self-regulatory practices**Jan Blecharz¹, Artur Poczwardowski²¹*University of Physical Education, Krakow, Poland*, ²*University of Denver, USA***Symposium 15: Faster, stronger, higher, but at what cost? Safeguarding athletes from psychological violence in sport****DAY / TIME** Wednesday 17/Jul/2019: 8:30am – 10:00am**LOCATION** H 4 – Chalkidiki**SESSION CHAIR** Ashley Stirling, University of Toronto**Safe sport at risk: Psychological violence in youth sport**

Tine Vertommen

*Thomas More University of Applied Sciences; University of Antwerp, Belgium***Data from The Netherlands on sense-making of psychologically abusive practices in elite youth sports**

Froukje Smits

*Utrecht University of Applied Sciences, The Netherlands***Coaches' perspectives on psychologically harmful practices**

Anthony Vincent Battaglia

*University of Toronto, Canada***The scope of virtual psychological violence in sports**

Emma Kavanagh

*Bournemouth University, UK***Addressing psychological violence: Reflections as a researcher and sport psychology consultant**

Gretchen Kerr

University of Toronto, Canada

Symposium 16: Optimising athletes' vocational development: European perspectives

DAY / TIME	Wednesday 17/Jul/2019: 8:30am – 10:00am
LOCATION	VSH 19 – Paris
SESSION CHAIR	Paul Wylleman, Vrije Universiteit Brussel Koen De Brandt, Vrije Universiteit Brussel, Belgium
DISCUSSANT	Natalia Stambulova, Halmstad University, Sweden

B-WISER: Be a Winner In elite Sport and Employment before and after athletic Retirement

Koen De Brandt¹, Paul Wylleman², Simon Defruyt¹, Sofie Smismans¹

¹Vrije Universiteit Brussel, Belgium, ²Vrije Universiteit Brussel, Belgium; NOC*NSF, The Netherlands

Employability of athletes in the view of dual-career supporters

Babett Lobinger¹, Sinikka Heisler¹, Franziska Kalde¹, Simon Defruyt²

¹German Sport University Cologne, Germany, ²Vrije Universiteit Brussel, Belgium

Enhancing athletes' employability before and after sport retirement:

The role of competencies

Francesca Vitali¹, Nicole Tabarini¹, Federico Schena¹, Koen De Brandt²

¹University of Verona, Italy, ²Vrije Universiteit Brussel, Belgium

The added value of employing active and former elite athletes: An employer's perspective

Sofie Smismans, Koen De Brandt, Simon Defruyt, Paul Wylleman

Vrije Universiteit Brussel, Belgium

Employers' Perspective on Athletes' Employability and Employment: A Lesson from Slovenia

Saša CeciĆ Erpić¹, Koen De Brandt²

¹University of Ljubljana, Slovenia, ²Vrije Universiteit Brussel, Belgium

Symposium 17: Decoding and modifying brain oscillatory activity to optimise performance

DAY / TIME	Wednesday 17/Jul/2019: 8:30am – 10:00am
LOCATION	VSH o6 – Bad Blankenburg
SESSION CHAIR	Arash Mirifar, Technische Universität München
SESSION CHAIR	Andrew M. Cooke, Bangor University, UK

Analogy instructions may promote neural efficiency during early stages of motor learning – but not for all learners

Tina Van Duijn, Rich S. W. Masters

University of Waikato, New Zealand

Neural correlates of motor performance in target sports: the model of movement-related alpha gating

Germano Gallicchio¹, Andrew M. Cooke², Christopher Ring³

¹Loughborough University, UK, ²Bangor University, UK, ³University of Birmingham, UK

Get in the endurance zone! EEG neurofeedback improves cycling time to exhaustion

Francesca Mottola, Anthony Blanchfield, James Hardy, Andrew M. Cooke

Bangor University, UK

Neurofeedback training: challenges and potential solutions

Arash Mirifar, Jürgen Beckmann, Felix Ehrlenspiel

Technische Universität München, Germany

Workshop 07: Moving evidence into action: applying self-compassion in sport

DAY / TIME	Wednesday 17/Jul/2019: 8:30am – 10:00am
LOCATION	VSH o7 – Magglingen
SESSION CHAIR	Leah J. Ferguson, University of Saskatchewan

Amber D. Mosewich², Kent C. Kowalski¹, Tara-Leigh F. McHugh²

University of Saskatchewan, Canada; ²University of Alberta, Canada

Poster Session Wednesday

DAY / TIME Wednesday 17/Jul/2019: 10:15am – 11:15am
LOCATION Marquee
SESSION CHAIR Katherine Anne Tamminen, University of Toronto

2.01 The relationship of motivation with disabled females physical activity participation constraints in Tehran City
Elahe Riahi, Tayebbeh Zargar, Hamid Soryan
Islamic Azad University, Iran

2.02 Relationship among college athletes’ stress, coping style and burnout
Li Wang
Beijing Sport University, China

2.03 Amateur triathletas have higher levels of anxiety and high total time compared to experienced ones
Bruno Henrique Pignata¹, Luiz Vieira Silva Neto², Marina Belizario de Paiva Vidual¹, Paula Teixeira Fernandes¹, Orival Andries Jr¹
¹State University of Campinas, Brazil; ²State University of Valley of Acaraú, Brazil

2.04 Psychotherapy for an archery player with yips: a case study
Aiko Okuda¹, Shiro Nakagomi²
¹Biwakogakuin University, Japan; ²Kokushikan University, Japan

2.05 Motivation on sport and exercise contexts: a different approach
Evangelos Manolopoulos-Dekaristos¹, Nektarios A.M. Stavrou^{1,2}
¹National and Kapodistrian University of Athens, Greece; ²Olympic Athletic Center of Athens “Spyros Louis”, Greece

2.06 Recruiting parents and their child to a screen-time and diet intervention: reasons and barriers
Stuart Biddle¹, Emma Haycraft², Paula Griffiths², Julie Johnston³, Sonia McGeorge², Natalie Pearson²
¹University of Southern Queensland, Australia; ²Loughborough University, UK; ³Nottingham Trent University, UK

2.07 Psychological dimensions of successful recovery and wellbeing of an injured athlete
Konstantin Bochaver^{1,2}, Lydia Dovzhik¹
¹Moscow Institute of Psychoanalysis, Russian Federation; ²ENYSSP, EU

2.08 Preliminary Italian version of Multidimensional Inventory of Perfectionism in Sport (MIPS) in university students of sport science
Alessandra De Maria¹, Luca Mallia¹, Dario Fegatelli², Mariacarolina Vacca², Arnaldo Zelli¹, Caterina Lombardo²
¹University of Rome Foro Italico, Italy; ²Sapienza University of Rome, Italy

2.09 Athletes’ mind-body unity and psychological maturity
Daisuke Takeda, Shota Tarui
Tokai University, Japan

2.10 Effects of aerobic training on female students’ memory quotient according to time of test
Amir Hossein Ashna¹, Zahra Majdi², Faezeh Aghayan gol kashani³
¹Refah University, Iran; ²Kharazmi University; ³Tehran University

2.11 Psychological skills as predictors of sport performance of latvian footballers
Irina Simonenkova
Ltd Simir, Latvia

2.12 Survey of the Czechoslovak (Czech) sport psychology development
Hana Válková¹, Václav Hošek²
¹Masaryk University Brno, Czech Republic; ²Palestra University, Praha, Czech Republic

2.13 Frequency of speaking with teammates and feelings of relatedness and loneliness in adolescent athletes
Christine Ellen Pacewicz, Alan L. Smith
Michigan State University, USA

2.14 Disabled athlete activism in South Korea: a mixed-method study
Inhyang Choi, Damian Haslett, Brett Smith
University of Birmingham, UK

2.15 The development of a social support webinar for elite sport coaches
Zoe Arts Poucher, Katherine Anne Tamminen, Gretchen Kerr
University of Toronto, Canada

2.16 The development of a theoretical model describing and explaining group flow
Fabian Pels, Jens Kleinert
German Sport University Cologne, Germany



2.17 Beliefs toward sucess and doping attitudes. Influence of dark personality in Spanish athletes

Juan González-Hernandez¹, Diana Garita-Campos², Abel Nogueira-López³,
Antonio Jesús Muñoz-Villena⁴
¹University of Granada, Spain; ²University of Granada, Spain; ³University of Leon, Spain;
⁴University Autonomous of Madrid, Spain

2.18 System approach in the psychological athletes’ training

Liudmila Rogaleva, Valerii Malkin, Elnara Lukmanova, Efimovich Efimovich
Ural Federal University, Russian Federation

2.19 Mindfulness training for college athletes: associations between mindfulness
practice and sport performance

Megan Hut, Thomas O’Connor Minkler, Carol R. Glass
The Catholic University of America, USA

2.20 Welcome, Summoner: Intervention with a E-Sports League of Legends™
College team in Brazil

Paulo Gabriel Guerche Fuzzari¹, Ricardo Marinho de Mello de Picoli², Lara de Azevedo Tardeli¹
¹Universidade Federal de São Carlos, Brazil; ²Universidade de São Paulo, Brazil

2.21 The validity and reliability of risk of injury in sport scale for Turkish Athletes

Mehmet Arman Apaydin, F. Hülya Aşçı
Marmara University, Turkey

2.22 The desire to be perfect: Different aspects of perfectionism and their
connection to burnout in adolescent athletes

Iva Burešová¹, Martin Jelínek²
¹Masaryk University, Czech Republic; ²Czech Academy of Sciences

2.23 Psychological growth of a team by utilizing a team building program

Mikiyo Kobayashi^{1, 2}, Hironobu Tsuchiya²
¹osaka ohtani university; ²Osaka University of Health and Sport Sciences

2.24 Is “Passion Scale” reliable and valid for adolescent athletes?

Duygu Karadağ¹, Nurgül Keskin Akın², F. Hülya Aşçı³
¹Haliç University, Turkey; ²Ağrı İbrahim Çeçen University, Turkey; ³Marmara University, Turkey

2.25 Development of the Parent-Initiated Motivational Climate in Individual Sport
Competition Questionnaire

Chris Harwood¹, Emine Caglar², Sam Nicholas Thrower³, Jonathan M.J Smith⁴
¹Loughborough University, UK; ²Hacettepe University, Turkey; ³University of Roehampton, UK;
⁴Adaptivemind Consultancy, UK

2.26 Sport Motivation Scale-II: Examining the validity and reliability in Greek language

Nektarios A.M. Stavrou^{1, 2}, Maria Psychountaki¹, Emmanouil Goergiadis³
¹National & Kapodistrian University of Athens, Greece; ²Olympic Athletic Center of Athens “Spyros
Louis”, Greece; ³University of Suffolk, School of Science, Technology and Engineering, Suffolk, UK

2.27 Sport psychology consultants in high school sport: Do they promote life skills development?

Christiane Trottier, Stéphanie Gagnon, Roxane Carrière
Université Laval, Canada

2.28 Examining the relationship of growth mindset to positive psychology skills and
competitive anxiety in athletes

Sallie A Scoggin, Dominic G McNeil
University of New England, Australia

2.29 Big-five personality in relation to courage, sport participation, attributions to
success and failure

Erkut Konter
Dokuz Eylül University, Turkey

2.30 Cross-cultural comparison of the patterns of influence within the Theory of Planned
Behavior in predicting physical activity among

Kahar Abula¹, Andreas Heissel¹, Michael Rapp¹, Anou Pietrek¹, Jürgen Beckmann^{2, 3},
Anna Wasserkampf⁴, Peter Gröpel⁵
¹University of Potsdam, Germany; ²Technical University of Munich, Germany; ³University of Queens-
land, Australia; ⁴German Sport University Cologne, Germany; ⁵University of Vienna, Austria

2.31 How cognitive functions and quality of life are associated with academic
performance in children: a latent profile analysis

Johan Michael Wikman¹, Andreas Ivarsson¹, Charlotte Severinsen², Svend Sparre Geertsen²,
Glen Nielsen², Malte Nejst Larsen³, Peter Riis Hansen⁴, Peter Krusturp³, Jesper Lundbye-Jen-
sen², Anne-Marie Elbe⁵
¹Halmstad University, Sweden; ²University of Copenhagen, Denmark; ³University of Southern
Denmark, Denmark; ⁴Herlev and Gentofte University Hospital, Denmark; ⁵University of Leipzig,
Germany

2.32 All work and no play makes Jack a dull boy: relationship between motivation in physical
education and academic stress

Menglu Yang, Carme Viladrich, Jaume Cruz
Universitat Autònoma de Barcelona, Spain



2.33 Association of physical fitness and mental well-being in middle-aged women

Dmitriy Bondarev¹, Sarianna Sipilä¹, Taija Finni¹, Urho M. Kujala¹, Pauliina Aukee²,
Vuokko Kovanen¹, Eija K. Laakkonen¹, Katja Kokko¹

¹University of Jyväskylä, Finland; ²Central Finland Central Hospital, Finland

2.34 Gender and sports as a moderator of relationships: Sensation seeking fosters both
resiliency and risky behaviour among adolescents

Magdalena Jochimek¹, Mariusz Lipowski¹, Małgorzata Lipowska², Daniel Krokosz¹

¹Gdansk Univeristy of Physical Education and Sport, Poland; ²University of Gdansk, Gdansk,
Poland

2.35 Validation evidence of Basic Needs Frustration Scale for Teachers - Greek version
(BNFS-T/GR)

Charalampos Krommidas, Georgios Gorozidis, Yannis Tzioumakis, Athanasios Papaioannou
University of Thessaly, Greece

2.36 Translation of the „Competitive index-revised“ into German and validation
of its internal structure

Dirk Koester^{1,2}, Patricia Land²

¹BSP Berlin, Germany; ²Bielefeld University, Germany

2.37 Swimming and the reciprocal relationships between autonomous motivation
and social cognitive variables

Derwin K. C. Chan^{1,2}, Alfred S. I. Lee³, Kiko Leung³, Tracy C. W. Tang³, Martin S. Hagger^{2,4}

¹Education University of Hong Kong, Hong Kong S.A.R. (China); ²Curtin University, Australia;

³University of Hong Kong, Hong Kong; ⁴University of Jyväskylä, Finland

2.38 The effect of music rhythm and exercise rhythm consistency on
exercise emotional experience: moderating effect of exercise habits

Lu Guo, Yao Li

Beijing Sport University, China

2.39 On combat sport and martial practices: from fighting to violence – breaking the norm
of sensitivity

Cristiano Roque Antunes Barreira

University of São Paulo, Brazil

2.40 Perceived autonomy support scale for exercise settings:testing its psychometric
properties in Turkish youth athletes -Parent Form-

Duygu Karadağ¹, F. Hülya Aşçı²

¹Haliç University, Turkey; ²Marmara University, Turkey

2.41 Relationship between performance improvements self-efficacy and academic self-efficacy

Yuki Yabunaka, Takayuki Sugo, Hironobu Tsuchiya

Osaka University of Health and Sport Sciences, Japan

2.42 Objectively measured physical activity in clinically diagnosed major depressed adult
outpatients

Ioannis D. Morres¹, Antonis Hatzigeorgiadis¹, Charalampos Krommidas¹, Nikos Comoutos¹,

Eirini Sideri², Dimitrios Ploumpidis², Marina Economou², Athanasios Papaioannou¹,

Yannis Theodorakis¹

¹University of Thessaly, Trikala, Greece; ²National and Kapodistrian University of Athens, Greece

2.43 Solidarity network for migrants and refugees: A project towards integration through sport

Konstantinia Filippou¹, Antonis Hatzigeorgiadis¹, Cinzia Costa², Lucijan Vihar³,

Giuseppe Corrao⁴, Liliana Caci²

¹University of Thessaly, Greece; ²Euromed Carrefour Sicilia, Italy; ³CEZAM- Centre for Youth

Ruše, Slovenia; ⁴A.S.D. Verga, Palermo, Italy

2.44 Parent bonding, coach-athlete partnership, and athlete’s psychological characteristics:
How strong is their relationship?

Maria Psychountaki, Melina Papalexi, Christos Katsikas, Nektarios A.M. Stavrou

¹National & Kapodistrian University of Athens, Greece

2.45 Resilience and Well-being in Sports

Mohita Junnarkar, Sanjeev P. Sahni, Shivjot Gill

Jindal Institute of Behavioral Sciences, O.P Jindal Global University, Haryana, India

2.46 Implicit theories of athletic abilities and implicit self-esteem in competitive athletes

Judit Emma Boda-Ujlaky¹, Lilla Török¹, Ágota Lénárt¹, Johanna Takács²

¹University of Physical Education, Hungary; ²Semmelweis University, Hungary

2.47 Influence of a 30 days slow paced breathing intervention compared to social media use
on subjective sleep quality and HRV

Sylvain Laborde^{1,2}, Thomas Hosang^{3,4}, Emma Mosley⁵, Fabrice Dosseville²

¹German Sport University Cologne, Germany; ²Université de Caen Normandie – UFR STAPS,

EA 4260, France; ³Helmut Schmidt University, Hamburg, Germany; ⁴University of the Federal

Armed Forces Hamburg, Germany; ⁵Solent University Southampton, UK

2.48 Visual regulation in long jump run-ups

Alexandra Hildebrandt, Rouwen Cañal-Bruland

Friedrich-Schiller-University Jena, Germany



2.49 Can novices learn sports decision making through video game play?

Todd Pickering^{1, 2}, Lucy Parrington³, Lisa Wise², Clare MacMahon¹
¹La Trobe Univeristy, Australia; ²Swinburne University, Australia;
³Oregon Health and Science University, USA

2.50 At the mere thought - using psychophysiological measures for approaching the somatic core of automatic valuations of exercise

Michaela Schinkoeth, Ralf Brand
University of Potsdam, Germany

2.51 The effect of self-talk on kicking performance in young elite tae kwon do athletes

Nastasja Minja
University of Thessaly, Italy

2.52 Psychological stress during decision-making performance of soccer referees

Alexandra Pizzera, Sylvain Laborde, Patrick Wahl
German Sport University Cologne, Germany

2.53 A Pilot Examination of Relationship among Perceived Anxiety, Confidence and Eye Fixation

Susumu Iwasaki¹, Takahiro Sato²
¹Fort Lewis College, USA; ²Western New Mexico University, USA

2.54 Effect of expertise on coincidence timing in baseball batting in virtual reality

Kazunobu Fukuhara¹, Takamasa Onozawa¹, Takahiro Higuchi¹, David L. Mann², Hiroki Nakamoto³
¹Tokyo Metropolitan University, Japan; ²Vrije Universiteit Amsterdam, The Netherlands;
³National Institute of Fitness and Sports in Kanoya, Japan

2.55 “I just feel bad”: differences in self-conscious emotions after exercise absenteeism in recreational exercisers and athletes

Anna Wasserkampf, Jens Kleinert
German Sport University Cologne, Germany

2.56 Testing the Physical Activity Maintenance (PAM) Theory: A Structural Equation Model Approach

Claudio Renato Nigg
Karlsruhe Institute for Technology, Germany

2.57 Factor structure and measurement invariance of the International Positive and Negative Affect Schedule Short Form

Jingdong Liu¹, Pak-Kwong Chung²
¹Sun Yat-Sen University, China; ²Hong Kong Baptist University, Hong Kong SAR, China

2.58 The association between social media consumption and physical activity in adults

Rayna Yordanova Sariyska¹, Bernd Lachmann¹, Christian Montag^{1, 2}
¹Ulm University, Germany; ²University of Electronic Science and Technology of China, Chengdu, China

2.59 The Effects of Personality on the Creativity of Middle School Basketball Players

HanSeung Yang, Jin Hwang
ChonBuk National University, South Korea, Korea

2.60 The Effects of Ankle Kinesio Tape on acute ankle sprains in young soccer players

Ahmed Fadhil Farhan¹, Sameera Abdulrasool Alattabi², Mohammed Jawad Kadhim², Ghadah Muayad Shihap², Maria Justine Stephany³, Shamil Kamil Mahammed⁴
¹AL-Ayen University, Iraq.; ²Baghdad University, Iraq.; ³Universiti Teknologi MARA, Selangor, Malaysia; ⁴Asian Football Confederation, Malaysia.

Poster Session YRA

DAY / TIME	Wednesday 17/Jul/2019: 10:15am – 11:15am
LOCATION	Marquee
SESSION CHAIR	Natalia Stambulova, Halmstad University Taru Lintunen, University of Jyväskylä

YRA.01 Get in the endurance zone! EEG neurofeedback improves cycling time to exhaustion

Francesca Mottola, Anthony Blanchfield, James Hardy, Andrew Cooke
Bangor Univeristy, UK

YRA.02 Psychological risk profiles for overuse injuries in sport: a prospective study

Simon Martin¹, Urban Johnson², Alan McCall³, Andreas Ivarsson²
¹Université de Picardie Jules Verne, Amiens, France; ²Halmstad University, Sweden;
³Arsenal Football Club Performance and Research Department, London, UK

YRA.03 Brain dynamics during visual anticipation in sport

Sergio Costa¹, Pierpaolo Croce, Maurizio Bertollo, Filippo Zappasodi
“G. d’Annunzio” University of Chieti-Pescara, Italy

YRA.04 Development and validation of career-long psychological support services in Swedish handball

Johan Ekengren, Natalia Stambulova, Urban Johnson
Halmstad University, Sweden



YRA.05 Stressor Incidence and Adjustment Disorder Prevalence among elite athletes: a pilot study

Chantal Simons, Lisa Martin, Luke Balcombe, Peter K. Dunn

University of the Sunshine Coast, Australia

YRA.06 Response inhibition of team handball experts

Holger Heppe^{1,2}, Karen Zentgraf^{1,2}

¹University of Muenster, Germany; ²University of Frankfurt, Germany

YRA.07 Development, face and content validity of a novel qualitative tool to measure young children's motivation for physical education.

Katie Fitton Davies¹, Paula M Watson¹, James Rudd¹, Farid Bardid², Knowles Zoe¹,

Simon Roberts¹, Lawrence Foweather¹

¹Liverpool John Moores University, UK; ²University of Strathclyde, Scotland

YRA.08 The influence of self-talk on challenge and threat states and performance

Adrian Hase¹, Jacob Hood¹, Lee John Moore², Paul Freeman¹

¹University of Essex, UK; ²University of Bath, UK

YRA.09 Supporting student-athletes with their social challenges:

Dual career support providers' perspectives

Simon Daniël Defruyt¹, Paul Wylleman^{1,2}, Koen De Brandt¹

¹Vrije Universiteit Brussel, Belgium; ²TeamNL NOC*NSF, The Netherlands

YRA.10 The influence of parent-athlete relationship quality on athletes' self-efficacy, self-esteem, and thriving

Olivier Y. Rouquette^{1,2}, Camilla J. Knight², Victoria E. Lovett², Jean-Philippe Heuzé¹

¹Université Grenoble Alpes, Grenoble, France; ²Swansea University, Swansea, UK

Keynote Ben Jackson: Staying afloat in Today's University System: Mistakes Made and Lessons Learned in the Transition from Postgraduate to "Mid-Career" Academic

DAY / TIME Wednesday 17/Jul/2019: 11:30am – 12:30pm

LOCATION H 1 - Vittel

SESSION CHAIR Stuart Biddle, University of Southern Queensland

Featured Symposium 05: Mental health in competitive sports – research and mental health programs from three countries

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm

LOCATION VSH o6 – Bad Blankenburg

SESSION CHAIR Göran Kenttä, The Swedish School of Sport and Health Sciences

DISCUSSANT Natalie Durand-Bush, University of Ottawa

Mental health literacy in collegiate athletes and their support staff

Philip Sullivan, John Murphy, Mark Blacker

Brock University, Canada

The prevalence and stories of mental health problems in elite sport

Cecilia Åkesdotter, Göran Kenttä

The Swedish School of Sport and Health Sciences

Mental health in German competitive athletes – prevalences and prevention programs

Johanna Belz, Marion Sulprizio

German Sport University Cologne, Germany

Provision of sport-focused mental health care by the Canadian Centre for Mental Health and Sport (CCMHS): Characteristics and ment

Krista Van Slingerland, B Chin, Natalie Durand-Bush

University of Ottawa, Canada

Featured Symposium 06: Setting the stage for esports psychology: current state of research and future directions

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm

LOCATION S 10 – Münster

SESSION CHAIR Ismael Alfonso Pedraza Ramirez, German Sport University Cologne

Performance psychology of esports: A systematic review

Ismael Alfonso Pedraza Ramirez, Sylvain Laborde, Lisa Musculus, Markus Raab

German Sport University Cologne, Germany

Stress in esports: A systematic literature review

Oliver Leis, Thomas Wendeborn

University of Leipzig, Germany



Ward off snowballing: Psychological Momentum within and across league of legends games

Nicky Bosman¹, Ruud J. R. Den Hartigh¹, Mark Hermann¹, André Pimenta², Nico W. Van Yperen¹

¹University of Groningen, The Netherlands, ²Universidade do Minho, Portugal

Neuroendocrine responses to esports games are modulated by face-to-face competitions

Manuel Jimenez, Guillermo Mendoza

Universidad internacional de la rioja UNIR, Spain

Gamers mind: psychological factors in esports

Alejandro Parejo¹, José Carlos Jaenes Sánchez¹, Alex Garcia-Mas²

¹UPO - Universidad Pablo de Olavide, Spain, ²UIB - Universitat de les Illes Balears, Spain

Gimme-Five 03

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm

LOCATION VSH 116 – Varna

SESSION CHAIR Werner Helsen, Katholieke Universiteit Leuven

A home advantage? Examining 100 years of team success in national hockey league playoff overtime games

Desmond McEwan

University of Bath, UK

Differences in sleep of German U20 national ice hockey players preparing for the world championship

Annika Hof zum Berge¹, Fabian Loch¹, Karl Schwarzenbrunner², Michael Kellmann^{1,3}

¹Ruhr University Bochum, Germany; ²German Ice Hockey Federation; ³University of Queensland, Australia

Resting the mind: acute effects of mental recovery strategies on recovery-stress states after a mentally fatiguing task

Fabian Loch¹, Annika Hof zum Berge¹, Michael Kellmann^{1,2}

¹Ruhr University Bochum, Germany; ²The University of Queensland, Australia

Communication and spatiotemporal patterns underlying expert team performance: case of e-sports

Clément Cornière¹, Gilles Kermarrec²

¹University of Reims Champagne Ardennes (URCA), France; ²University of Western Brittany (UBO), France

Effects of attentional focus on amateur's performance in golf putting

Wen-Hsuan Chang¹, Kuo-Pin Wang¹, Tai-Ting Chen¹, Kuan-Fu Chen¹, Cheng-Wei Kao¹, Eric

Hung², Kao-Hung Lin¹, Chih-Yen Chang¹, Chung-Ju Huang³, Yu-Kai Chang¹, Tsung-Min Hung¹

¹National Taiwan Normal University, Taiwan; ²Chinese Culture University, Taiwan; ³University of Taipei, Taiwan

High self-confidence golfers have better performance and attention

Cheng-Wei Kao¹, Wen-Hsuan Chang¹, Kuo-Pin Wang¹, Tai-Ting Chen¹, Kuan-Fu Chen¹,

Chih-Yen Chang¹, Eric Hung², Kao-Hung Lin¹, Yu-Kai Chang¹, Chung-Ju Huang³, Tsung-Min Hung¹

¹National Taiwan Normal University, Taiwan; ²Chinese Culture University, Taiwan; ³University of Taipei, Taiwan

How perceiving and acting on affordances is influenced by psychological momentum

Joske K. Van der Sluis¹, Frank T. J. M. Zaal², Christophe Gernigon³, Nico W. Van Yperen¹,

Ruud J. R. Den Hartigh¹

¹University of Groningen, The Netherlands; ²University Medical Center Groningen / University of Groningen, The Netherlands; ³University of Montpellier, France

Deceptive actions bias responses and impair discriminability: signal detection analysis of rugby sidesteps

Laurence S. Warren-West, Robin C. Jackson, Michael J. Hiley

Loughborough University, UK

Invited Panel 01: FEPSAC 50th Anniversary panel discussion: past-presidents' insights

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm

LOCATION Aula im Schloss – Europe

SESSION CHAIR Xavier Sanchez, Halmstad University

Participants in panel discussions:

Xavier Sanchez¹, Guido Schilling², Stuart Biddle³, Glyn C. Roberts⁴, Roland Seiler⁵,

Paul Wylleman⁶, Anne-Marie Elbe⁷

¹Halmstad University, Sweden; ²No Affiliation, Switzerland; ³University of Southern Queensland, Australia; ⁴Norwegian University of Sport Science, Norway; ⁵University of Bern, Switzerland; ⁶Vrije Universiteit Brussel, Belgium; ⁷Leipzig University, Germany

Paper Session 21: Career and Athlete Development

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm
LOCATION Senatssaal – Prague
SESSION CHAIR Claudio Robazza, „G. d’Annunzio“ University of Chieti-Pescara

2:00pm - 2:15pm

Which competencies does a professional soccer player require and how can we measure these?

Julian Decius, Niclas Schaper
University of Paderborn, Germany

2:15pm - 2:30pm

Experimental study examining the effect of stereotype threat on student-athletes’ academic performance and career development

Yawen Hsu, Yin-ru Li
National Chiayi University, Taiwan

2:30pm - 2:45pm

A proposed model of perceived motivationally-relevant social agent influence during athlete development

Bryan McCann¹, Paul McCarthy², Kay Cooper¹, Katrina Forbes-McKay¹
¹Robert Gordon University, UK; ²Glasgow Caledonian University, UK

2:45pm - 3:00pm

The influence of parent-athlete relationship quality on athletes’ self-efficacy, self-esteem, and thriving

Olivier Y. Rouquette^{1,2}, Camilla J. Knight², Victoria E. Lovett², Jean-Philippe Heuzé¹
¹Université Grenoble Alpes, Grenoble, France; ²Swansea University, Swansea, UK

3:00pm - 3:15pm

Increasing self-efficacy among professional youth football players: an exploration of the effectiveness of emagery and EMDR

Tanja Simone Ecken
Anglia Ruskin University, Cambridge, UK

3:15pm - 3:30pm

Time for change: development and implementation of a dual career competency program in Estonia

Kristel Kiens
Tallinn University, Estonia

Paper Session 22: Motor Control and Performance

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm
LOCATION S 8 – Copenhagen
SESSION CHAIR Nicola Jane Hodges, University of British Columbia

2:00pm - 2:15pm

Grunting in tennis: simply distracting or systematically biasing opponents’ predictions?

Rouwen Cañal Bruland, Lars Jauernig, Florian Müller
Friedrich Schiller University Jena, Germany

2:15pm - 2:30pm

Enhanced expectancies in golf putting – increasing ecological validity

Gal Ziv, Ronnie Lidor, Matar Lavie
The Academic College at Wingate, Israel

2:30pm - 2:45pm

Visual and auditory action effects facilitate performance in a motor task

Mengkai Luan, Felix Ehrlenspiel
Technical University of Munich, Germany

2:45pm - 3:00pm

The effects of pre-performance unilateral hand contraction protocols on cognitive verbal processes during a golf putting task

Merel C. J. Hoskens¹, Eduardo Bellomo², Andrew M. Cooke², Rich S. W. Masters¹
¹University of Waikato, NZ; ²Bangor University, UK

3:00pm - 3:15pm

Effects of sleep deprivation on perceptual-motor performance under low and high threat

Arne Nieuwenhuys
The University of Auckland, New Zealand

3:15pm - 3:30pm

Motor contagion in single-limb stance by means of visual stimuli does not induce postural reactions but enhances muscle activity

Eric Eils¹, Tobias Brockmann¹, Marc de Lussanet¹, Karen Zentgraf²
¹University of Muenster, Germany; ²University of Frankfurt, Germany

Paper Session 23: Quality of Life and Meaning in Sport

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm
LOCATION S 9 – Cologne
SESSION CHAIR Jens Kleinert, German Sport University Cologne

2:00pm - 2:15pm
Validation of the sport psychology professional quality of life scale
Ale Quartiroli¹, Christopher Wagstaff², Daniel Brown²
¹UW - La Crosse, USA; ²University of Portsmouth, UK

2:15pm - 2:30pm
Physical activity self-efficacy and quality of life in older adults
Jiri Mudrak, Katerina Zabrodska
Charles University in Prague, Czech Republic

2:30pm - 2:45pm
Presence and search for meaning in sport: initial construct validation
Matteo Luzzi, Graig M Chow
Florida State University

2:45pm - 3:00pm
Potential impact of aerobic exercise intervention with male refugees living in a refugee camp in Greece: an exploratory study
Florian Knappe, Flora Colledge, Markus Gerber
University of Basel, Switzerland

3:00pm - 3:15pm
Understanding the longitudinal impact of the Homeless World Cup on the lives of its participants
Jordan A. Donnelly¹, Meredith A. Whitley², Rosie A. Arthur¹, Daryl T. Cowan¹
¹University of the West of Scotland, UK; ²Adelphi University, USA

3:15pm - 3:30pm
Craftsmanship: a novel approach for exploring meaningfulness of sport
Richard Tahtinen¹, Olli Tikkanen², Michael McDougall^{1,3}, Vidar Halldorson⁴, Niels Feddersen¹, Libby Mitchell¹, Laura Thomas¹, Noora J. Ronkainen¹
¹Liverpool John Moores University, Liverpool, UK; ²Fibion Inc.; ³Keystone College, Pennsylvania, USA; ⁴University of Iceland, Reykjavik, Iceland

Paper Session 24: Coaching and Coaches

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH 118 – Nottingham
SESSION CHAIR Gareth Edward Jowett, Leeds Beckett University

2:00pm - 2:15pm
Coach halftime speech and its influence on players performance
Liat Kuffler-Bakalo, Sima Zach
Zinman college at Wingate institute Netanya Israel, Israel

2:15pm - 2:30pm
Initial development of the Perfectionistic Climate Questionnaire-Sport (PCQ-S)
Michael C Grugan, Andrew P Hill, Sarah H Mallinson-Howard, Tracy Donachie, Luke F. Olsson, Daniel J. Madigan, Robert Vaughan
York St John University, UK

2:30pm - 2:45pm
Controlling coaching in team sports: the role of demanding and domineering behaviour in athletes' motivational outcomes
Bart Reynders¹, Maarten Vansteenkiste², Eva Ceulemans¹, Stef Van Puyenbroeck¹, Gert Vande Broek¹
¹KU Leuven, Belgium; ²UGent, Belgium

2:45pm - 3:00pm
The role of coach-created motivational climates in sport and school motivation among adolescent dual career athletes
Milla Saara Anneli Saarinen, Kaisa Aunola, Tatiana Ryba
University of Jyväskylä, Finland

3:00pm - 3:15pm
The social dynamics of post-concussion return to sport experiences: an integrated study of athlete-teammate-coach triads
Jeffrey G. Caron¹, Alex J. Benson², Rebecca Steins³, Laura McKenzie⁴, Mark W. Bruner⁴
¹Université de Montréal, Canada; ²Western University, Canada; ³McGill University, Canada; ⁴Nipissing University, Canada

3:15pm - 3:30pm
The validation of an adult-oriented coaching tool using data from Masters athletes and coaches
Scott Rathwell¹, Matt, D. Hoffmann², Bradley W. Young³, Bettina Callary²
¹University of Lethbridge, Canada; ²Cape Breton University, Canada; ³University of Ottawa, Canada

Symposium 18: National and regional journals in sport and exercise psychology – current status, challenges and future directions

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm
LOCATION H 2 – Bern
SESSION CHAIR Johan Michael Wikman, Halmstad University

How important is German for the German Journal of Sport Psychology?

Felix Ehrlenspiel
Technical University of Munich, Germany

Revista de Psicología del Deporte/Journal of Sport Psychology: a scientific journal amid regional scope and internationalisation

Victor J. Rubio¹, Aurelio Olmedilla Zafra²
¹*University Autonoma Madrid, Spain* ²*Universidad de Murcia, Spain*

Scandinavian Journal of Sport and Exercise Psychology – new winds from the north

Knud Ryom¹, Johan Michael Wikman², Peter Elsborg³
¹*Aarhus University, Denmark* ²*Halmstad University, Sweden* ³*Steno Diabetes Center, Denmark*

„Movimento“, writing about sport psychology in Italy

Daniela Sepio
University of Roma “Tor Vergata”, Italy

Symposium 19: Psychological resilience in sports: overcoming and growing from stressors

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm
LOCATION H 3 – Madeira
SESSION CHAIR Ruud J. R. Den Hartigh, University of Groningen

Resilience in sports through the lens of complex systems

Ruud J. R. Den Hartigh
University of Groningen, The Netherlands

Predicting resilience breakdowns in athletes

Yannick Hill, Ruud J. R. Den Hartigh, Ralf F. A. Cox, Peter De Jonge, Rob R. Meijer, Nico W. Van Yperen
University of Groningen, The Netherlands

Developing more than elite athletes in sport: The influence of past sporting experience on later life resilience processes in the workplace

Christopher Bryan, Deirdre O'Shea, Tadhg Macintyre
¹*University of Limerick, Ireland*

Fostering resilience in youth athletes through the development of psychological skills and characteristics

Lea-Cathrin Dohme¹, David Piggott², Susan Backhouse², Gordon Bloom³
¹*Cardiff Metropolitan University, UK*, ²*Leeds Beckett University, UK*, ³*McGill University, Canada*

Symposium 20: Qualitative characteristics of physical-activity interventions on cognition in youth

DAY / TIME Wednesday 17/Jul/2019: 2:00pm – 3:30pm
LOCATION H 4 – Chalkidiki
SESSION CHAIR Johan Michael Wikman, Halmstad University
 Caterina Pesce, University of Rome, Italy

Physical-activity interventions and the promotion of whole-child development in children with neuro-developmental disorders

Kimberley D. Lakes
University of California, Riverside, USA

Integrating physical activity in the classroom is not a break: Effects on learning and cognition

Spyridoula Vazou
Iowa State University, USA

Exergaming to enhance cognitive functions in children and adolescents?

Valentin Benzing, Mirko Schmidt
University of Bern, Bern, Switzerland

From locally to globally: A whole-child initiative of qualitatively-enriched PE for motor and cognitive development

Caterina Pesce¹, Rosalba Marchetti², Anna Motta³
¹*University of Rome „Foro Italico“ Italy*, ²*Malpighi School, Italy*, ³*Regional School Office Piedmont, Italy*

Symposium 21: The research-to-practice gap in sport psychology: Exploring the challenges faced by researchers, consultants, and coaches

DAY / TIME	Wednesday 17/Jul/2019: 2:00pm – 3:30pm
LOCATION	VSH 17 – Westphalia
SESSION CHAIR	Frank O. Ely, University of Windsor, Canada Krista J. Munroe-Chandler, University of Windsor, Canada Jenny O, California State University, East Bay, USA Penny McCullagh, California State University, East Bay, USA
DISCUSSANT	Joan L. Duda, University of Birmingham, UK

History of the research-to-practice gap in sport psychology

Penny McCullagh

California State University, East Bay, USA

The research-to-practice gap: Challenges faced by researchers

Jenny O

California State University, East Bay, USA

The research-to-practice gap: Challenges faced by mental performance consultants

Krista J. Munroe-Chandler

University of Windsor, Canada

The research-to-practice gap: Challenges faced by coaches

Frank O. Ely

University of Windsor, Canada

Narrowing the research-to-practice gap: Recommendations for researchers, mental performance consultants, and coaches

Frank O. Ely¹, Krista J. Munroe-Chandler¹, Jenny O², Penny McCullagh², Joan L. Duda³

¹University of Windsor, Canada, ²California State University, USA, ³University of Birmingham, UK

Workshop 08: How to use the 3P's model to reduce performance anxiety

DAY / TIME	Wednesday 17/Jul/2019: 2:00pm – 3:30pm
LOCATION	VSH 18 – Edinburgh
SESSION CHAIR	Michael Dominick Zito, Morristown Clinical and Sport Psychology

Workshop 09: Adapting Mindfulness Sport Performance Enhancement (MPSE) to a variety of performance settings and populations

DAY / TIME	Wednesday 17/Jul/2019: 2:00pm – 3:30pm
LOCATION	VSH 19 – Paris
SESSION CHAIR	Jacob Cannon Jensen, California State University, Northridge

Award Symposium: Young Researcher Award for Oral Presentation

DAY / TIME	Wednesday 17/Jul/2019: 4:00pm - 5:30pm
LOCATION	Aula im Schloss - Europe
SESSION CHAIR	Natalia Stambulova, Halmstad University Taru Lintunen, University of Jyväskylä

Using situational characteristics to distinguish sports

Sophia Terwiel¹, John F. Rauthmann², Maike Luhmann¹

¹Ruhr-Universität Bochum, Germany; ²Universität zu Lübeck, Germany

Defining and characterizing organizational resilience in elite sport

Kirsten Fasey¹, Mustafa Sarkar¹, Chris Wagstaff², Julie Johnston¹

¹Nottingham Trent University, UK; ²University of Portsmouth, UK

Executive functions, motor abilities and quality of life in pediatric cancer survivors – the crucial role of motor coordination

Valentin Benzing¹, Janine Spitzhüttl², Valerie Siegwart³, Michael Grotzer⁴,
Maja Steinlin³, Kurt Leibundgut⁵, Regula Everts³, Mirko Schmidt⁶

¹University of Bern, Bern, Switzerland; ²University of Bern, Bern, Switzerland, ³University of Bern, Bern, Switzerland, ⁴University Children's Hospital Zurich, Zurich, Switzerland, ⁵Bern University Hospital, University of Bern, Switzerland, ⁶University of Bern, Switzerland

Predicting change in out-of-school physical activity using the trans-contextual model

Juho Polet¹, Taru Lintunen¹, Maiken Hansen¹, Martin Hagger^{1,2}

¹University of Jyväskylä, Jyväskylä, Finland.; ²Curtin University, Perth, Australia

Leading together towards a stronger 'Us': an experimental test of the 5RS shared leadership program in basketball teams

Niels Mertens¹, Filip Boen¹, Alex Haslam², Nik Steffens², Stewart Cotterill³, Katrien Fransen¹

¹KU Leuven, Belgium; ²The University of Queensland, Australia; ³University of Winchester, UK

Paper Session 25: Elite Athletes

DAY / TIME Wednesday 17/Jul/2019: 4:00pm – 5:30pm
LOCATION S 10 – Münster
SESSION CHAIR Joe Baker, University of Toronto

4:00pm - 4:15pm

Factors affecting elite athletes’ mental health: a systematic review

Andreas Küttel, Carsten Hvid Larsen
University of Southern Denmark, Denmark

4:15pm - 4:30pm

The impact of physiological fatigue and gaze behavior on shooting performance in elite and sub-elite biathletes

Amelie Heinrich¹, Rouwen Cañal-Bruland², Dan Witzner Hansen³, Oliver Stoll¹
¹Martin Luther University Halle-Wittenberg, Germany; ²Friedrich Schiller University Jena, Germany; ³IT University of Copenhagen, Denmark

4:30pm - 4:45pm

Factors promoting and inhibiting performance and well-being of Indian elite shooters

Shivjot Gill, Sanjeev P. Sahni, Mohita Junnarkar
O.P Jindal Global University, Haryana, India

4:45pm - 5:00pm

Effects of function specific instruction on the effectiveness of frontal midline theta neurofeedback training

Tai-Ting Chen¹, Cheng-Wei Kao¹, Wen-Hsuan Chang¹, Kuan-Fu Chen¹, Kao-Hung Lin¹, Eric Hung², Chih-Yen Chang¹, Chung-Ju Huang³, Tsung-Min Hung¹
¹National Normal Taiwan University, Taiwan; ²Chinese Culture University, Taiwan; ³University of Taipei, Taiwan

5:00pm - 5:15pm

Development of a short form of the self-regulated learning for sport practice survey

Stuart G. Wilson¹, Bradley W. Young¹, Lindsay McCardle^{1,2}, Sharleen Hoar³, Joseph Baker²
¹University of Ottawa, Canada; ²York University, Canada; ³Canadian Sport Institute - Pacific

5:15pm - 5:30pm

A cross-cultural study of the sport happiness perception among Korean, Chinese, and Japanese elite swimming athletes

Chen Gong², Jin Hwang¹
¹Chonbuk National University, Korea, South Korea; ²Northeast Electric Power University

Symposium 22: A holistic perspective on coaching athletes through transitional challenges

DAY / TIME Wednesday 17/Jul/2019: 4:00pm – 5:30pm
LOCATION S 9 – Cologne
SESSION CHAIR Koen De Brandt, Vrije Universiteit Brussel
DISCUSSANT Paul Wylleman , Vrije Universiteit Brussel, TeamNL NOC*NSF

The cultural transition of Dutch baseball players to baseball in the United States: Tasks and required psychological competencies

Suzan Blijlevens^{2,1}, Paul Wylleman², Kayan Bool^{2,3}, Chris Visscher^{2,3}, Marije Elferink-Gemser^{2,3}
*¹Vrije Universiteit Brussel, TeamNL NOC*NSF, RijksUniversiteit Groningen*

The roles and competencies of player-development managers in European football

Sofie Smismans^{1,3}, Paul Wylleman^{2,3}, Simon Defruyt^{1,3}, Koen De Brandt^{1,3}
*¹Vrije Universiteit Brussel, ²Vrije Universiteit Brussel, ³TeamNL NOC*NSF*

Helping former elite athlete changing irrational beliefs about healthy physical activity

Anna Jordana¹, Yago Ramis¹, Javi Vega², Susana Regüela², Miquel Torregrossa¹
¹Universitat Autònoma de Barcelona, ²Centre d’Alt Rendiment Esportiu de Sant Cugat del Vallès

Exploring coaches’ use of planned disruptions in talent development and elite sports

Jolan Kegelaers^{1,3}, Paul Wylleman^{2,3}, Raôul Oudejans^{1,3}
*¹Amsterdam University of Applied Sciences, The Netherlands, ²Vrije Universiteit Brussel, Belgium, ³TeamNL NOC*NSF*

Supporting student-athletes with their social challenges: Dual career support providers’ perspectives

Simon Defruyt¹, Paul Wylleman^{1,2}, Koen De Brandt¹
*¹Vrije Universiteit Brussel, Belgium ²TeamNL NOC*NSF, Belgium*

Symposium 23: 50 years of performance enhancement: time to shift the future emphasis to mental health and well-being

DAY / TIME Wednesday 17/Jul/2019: 4:00pm – 5:30pm
LOCATION S 8 – Copenhagen
SESSION CHAIR Tadhg E. MacIntyre, University of Limerick
DISCUSSANT Jürgen Beckmann, Technical University Munich

Irish athletes' attitudes towards psychological help-seeking: a large-scale online survey

Jessie Barr, Tadhg E. MacIntyre, Giles Warrington
University of Limerick, Ireland

Applying a two-continua model of mental health to athletes

Insa Nixdorf, Raphael Nixdorf
Technical University Munich, Germany

A survey of practitioner sport psychologists understanding of mental health issues: a vignette-based approach

Tadhg E. MacIntyre¹, Robert Vaughan², Jürgen Beckmann³, Aisling Holton¹, Marc O'Donovan-Dwyer¹
¹University of Limerick, Ireland ²York St. Johns University, UK ³Technical University Munich, Germany

An investigation of mental health commitment and utilisation among NCAA athletes referred to mental health professionals

Bradley Donohue, Stephen Benning
University of Nevada, USA

Symposium 24: Mental health in sport case studies

DAY / TIME Wednesday 17/Jul/2019: 4:00pm – 5:30pm
LOCATION VSH 118 – Nottingham
SESSION CHAIR Stewart Cotterill, AECC University College, UK

Receiving services from the Canadian Centre for Mental Health and Sport: The perspective of an elite athlete and the care team

Natalie Durand-Bush
University of Ottawa

Four steps in the development of a Wellbeing in Sport Action Plan for Northern Ireland: Research to practice

Gavin Breslin
University of Ulster

Rowing to excess: A road to physical and mental health recovery for a division I athlete

Sharon Chirban
Amplify Wellness + Performance, LLC, Owner; Boston Children's Hospital

Case study of mental health and positive psychological climate development in an amateur rugby club

Stewart Cotterill
AECC University College

Workshop 10: Neuroscience in shooting and team sports – neuroshooting and team flow

DAY / TIME Wednesday 17/Jul/2019: 4:00pm – 5:30pm
LOCATION VSH 19 – Paris
SESSION CHAIR Ágota Lénárt, University of Physical Education

Workshop 11: Critical realism in qualitative and mixed methods research in sport and exercise psychology

DAY / TIME Wednesday 17/Jul/2019: 4:00pm – 5:30pm
LOCATION VSH 06 – Bad Blankenburg
SESSION CHAIR Noora J. Ronkainen, University of Jyväskylä
 Tatiana V. Ryba, University of Jyväskylä

Workshop 12: Introduction to the program “I Play (cause) I Feel” addressed to sport psychology practitioners in youth sports.

DAY / TIME Wednesday 17/Jul/2019: 4:00pm – 5:30pm
LOCATION VSH 17 – Westphalia
SESSION CHAIR Alexandra Markati, Kapodistrian and National University

THURSDAY

Featured Symposium 07: Physical education teacher autonomy support training to promote leisure-time physical activity in students (petals) intervention

DAY / TIME	Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION	S 10 – Münster
SESSION CHAIR	Martin S. Hagger, Curtin University Taru Lintunen, University of Jyväskylä
DISCUSSANT	Glyn C. Roberts, Norwegian School of Sport Sciences

Theoretical basis of the PETALS intervention program: the trans-contextual model

Martin Hagger¹, Mary Hassandra², Arto Laukkanen³, Juho Polet³, Nelli Hankonen⁴, Mirja Hirvensalo³, Taru Lintunen³
¹Curtin University, Australia and University of Jyväskylä, Finland ²University of Thessaly, Greece and Faculty of Sport and Health Sciences, University of Jyväskylä, Finland, ³University of Jyväskylä, Finland, ⁴University of Helsinki, Finland

Predicting change in out-of-school physical activity using the trans-contextual model

Juho Polet¹, Martin Hagger², Maiken Hansen¹, Taru Lintunen¹
¹University of Jyväskylä, Finland, ²Curtin University, Australia and University of Jyväskylä

Description of the development of the PE teacher autonomy-support training to promote leisure-time physical activity

Mary Hassandra¹, Arto Laukkanen², Taru Lintunen², Juho Polet², Nelli Hankonen³, Mirja Hirvensalo², Martin Hagger⁴
¹University of Thessaly, Greece and University of Jyväskylä, Finland, ²University of Jyväskylä, Finland, ³University of Helsinki, Finland, ⁴Curtin University, Australia and University of Jyväskylä, Finland

Implementation of the PETALS program

Arto Laukkanen¹, Mary Hassandra², Juho Polet¹, Marjo Rantalainen¹, Elisa Kaaja¹, Martin Hagger³, Taru Lintunen¹
¹University of Jyväskylä, Finland, ²University of Thessaly, Greece and University of Jyväskylä, Finland, ³Curtin University, Australia and University of Jyväskylä, Finland

Acceptability of the PETALS program to promote autonomous motivation toward physical activity

Taru Lintunen¹, Mary Hassandra², Juho Polet¹, Nelli Hankonen³, Mirja Hirvensalo¹, Martin Hagger⁴
¹University of Jyväskylä, Finland, ²University of Thessaly, Greece University of Jyväskylä, Finland, ³University of Helsinki, Finland, ⁴Curtin University, Australia and University of Jyväskylä, Finland

Featured Symposium 08: Mindfulness and acceptance-based interventions in elite sports: moving beyond performance enhancement

DAY / TIME	Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION	VSH 118 – Nottingham
SESSION CHAIR	Karin Moesch, Swedish Sports Confederation Johan Ekengren, Halmstad University

Less talk and more action please: youth national Handball players' experiences of a Mindfulness Training Program

Line Maj Nielsen¹, Walter Staiano², Ulrich Kirk¹, Kristoffer Henriksen¹
¹University of Southern Denmark, Denmark, ²Universidad de Valencia, Spain

Letting values guide a career decision: an acceptance and commitment therapy (ACT) intervention with a Swedish handball player

Johan Ekengren
Halmstad University, Sweden

Dealing with panic attacks and anxiety: the case of a Danish Olympic swimmer in troublesome waters

Carsten Hvid Larsen
University of Southern Denmark

A mindfulness and acceptance-based intervention with injured athletes

Karin Moesch¹, Andreas Ivarsson², Urban Johnson²
¹Halmstad University & Swedish Sports Confederation, ²Halmstad University

Using mindfulness with an athlete with a long-term injury

Cristina Fink
HPSports

Invited Panel 02: Supervision in Applied Sport Psychology: developing good practice for the ISSP-Registry (ISSP-R)

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION Aula im Schloss – Europe
SESSION CHAIR Chris Harwood, Loughborough University

panel participants:

Chris Harwood¹, Artur Poczwadowski², Tatiana Ryba³, Ernest Hung⁴, Ale Quartiroli⁵

¹Loughborough University; ²University of Denver; ³University of Jyväskylä; ⁴National Taiwan Normal University, Taiwan; ⁵University of Wisconsin, USA

Panel 01: Child protection and well-being in sport: what can sport psychologists do to prevent abuse and violence?

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION VSH 219 – Brussels
SESSION CHAIR Anastasiya Khomutova, University of Brighton
 Snezana Stoljarova, Tallinn University/ESTIPP OÜ private consultancy

Panel participants:

Anastasiya Khomutova¹, Snežana Stoljarova², Konstantin Bocharov³

¹University of Brighton, UK; ²Tallinn University, Estonia; ³Moscow Institute of Psychoanalysis, Moscow, Russia

Paper Session 26: Injury and Prevention

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION Senatssaal – Prague
SESSION CHAIR Daniel John Madigan, York St John University

8:30am - 8:45am

Knowing when to push through the pain: interoception and overuse-injury risk in endurance athletes

Richard Keegan, Rachel Tallent
 University of Canberra, Australia

8:45am - 9:00am

The model of sport injury socioculture: a socio-ecological view of the psychological, social, and cultural aspects of sport injury

Diane M. Wiese-Bjornstal
 University of Minnesota, USA

9:00am - 9:15am

Sport injury prevention and the reciprocal relationships between self-determination theory and the theory of planned behaviour

Derwin K. C. Chan^{1,2}, Lei Zhang³, Alfred Sing Yeung Lee⁴, Kiko Leung⁴, Martin Hagger^{2,5}

¹Education University of Hong Kong, Hong Kong S.A.R. (China); ²Curtin University, Australia; ³Renmin University of China, China; ⁴The University of Hong Kong, Hong Kong; ⁵University of Jyväskylä, Finland

9:15am - 9:30am

Importance of affective and motivational states for compliance to physical rehabilitation in hemiplegic and low back pain patients

Mauraine Carlier¹, Paoline Hoba¹, Alexandre Coulomb², Yves Martin², Yvonne N. Delevoye¹

¹Univ. Lille, CNRS, CHU Lille, UMR 9193 - SCALab - Sciences Cognitives et Sciences Affectives, 59000 Lille, France; ²Centre L'Espoir, 25 Pavé du Moulin, 59260 Lille, France

9:30am - 9:45am

Psychological risk profiles for overuse injuries in sport: a prospective study

Simon Martin¹, Urban Johnson², Alan McCall³, Andreas Ivarsson²

¹Université de Picardie Jules Verne, APERE, Amiens, France; ²Halmstad University, Sweden; ³Arsenal Football Club Performance and Research Department, London, UK

Paper Session 27: Sport Participation and Deviant Behavior

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION S 8 – Copenhagen
SESSION CHAIR Michael Kellmann, Ruhr University Bochum

8:30am - 8:45am

An exploratory study to examine the tenets of Deviation Regulation Theory in relation to adults' physical activity intentions

Alyson J Crozier¹, Kristyn L Taylor²

¹University of South Australia, Australia; ²University of Adelaide, Australia



8:45am - 9:00am

Paradigm shift and challenges in sports participation among Indian women from different regions

Jayashree Acharya¹, Alka Nayak², Shailaja Mohan³, Shyam Sundar Rath⁴
¹National Sports University, Manipur, India; ²RDVV University Jabalpur, M.P, India; ³Sports Authority of India, LNIPE, Trivandrum, Kerala, India; ⁴National Sports University, Manipur, India

9:00am - 9:15am

The relationship between behavior problems and the duration of acute exercise in children with ADHD: the role of frontal asymmetry

Ting-Yu Chueh¹, Yu-Jung Tsai¹, Chung-Ju Huang², Tsung-Min Hung¹
¹National Taiwan Normal University, Taiwan; ²University of Taipei, Taiwan, ROC

9:15am - 9:30am

Individually targeted health-apps for families: a content analysis of guided interviews
Hannes Baumann, Charlotte Meixner, Annika Fenger, Christian Spreckels, Bettina Wollesen
University of Hamburg, Germany

9:30am - 9:45am

This girl can: an ecological approach to investigating physical activity behaviour in urban females
Reisha Hull, Rita de Oliveira, Katya Mileva, Lisa Zaidell
London South Bank University, UK

Paper Session 28: Body Image and Embodied Cognition

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION S 9 – Cologne
SESSION CHAIR Ronnie Lidor, The Academic College at Winhgate

8:30am - 8:45am

Examination of actual:ideal discrepancies on body-related pride in adult males
Kristen M. Lucibello, Robert A. Mackowiak, Jenna D. Gilchrist, Catherine M. Sabiston
University of Toronto, Canada

8:45am - 9:00am

Dynamic mechanism of aerobic and resistance training on body image improvement
Lu Guo, Yubu Wang, Zhixiong Mao
Beijing Sport University, China

9:00am - 9:15am

The mirror’s curse: body image mediates the relationship between physical activity and life satisfaction among 700,000 teens
Silvia Meyer, Rebekka Weidmann, Alexander Grob
University of Basel, Switzerland

9:15am - 9:30am

Effect of power poses on emotional experiences during physical activity
Saina Yu, Lizhong Chi
Beijing Sport University, China

9:30am - 9:45am

Body-related self-conscious emotions in youth sport: a research program focused on keeping more girls in sport (and liking it)
Catherine M. Sabiston¹, Eva Pila², Alyona Koulanova¹
¹University of Toronto; ²Western University

9:45am - 10:00am

Body-related self-conscious emotions and physical activity: a latent class analysis
Eva Pila¹, Jenna D Gilchrist², Amy Nesbitt³, Catherine M. Sabiston³
¹Western University, Canada; ²The Pennsylvania State University, USA;
³University of Toronto, Canada

Paper Session 29: Motivation

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION VSH 116 – Varna
SESSION CHAIR Julia Schüler, University of Konstanz

8:30am - 8:45am

Autonomy support in physical education promotes autonomous motivation towards leisure-time physical activity: evidence from a sample
Kahar Abula¹, Andreas Heissel¹, Michael Rapp¹, Anou Pietrek¹, Jürgen Beckmann^{2,3}, Zhongkai He⁴, Chengwa Cheong⁴, Fuquan Lu⁴, Peter Gröpel⁵
¹University of Potsdam, Potsdam, Germany; ²Technical University of Munich, Germany;
³University of Queensland, Brisbane, Australia; ⁴Peking University, Beijing, China; ⁵University of Vienna, Austria



8:45am - 9:00am**Does age matter? A qualitative comparison of motives and aspects of risks in adolescent and adult free-riders**

Anika Frühauf, Julian Zenzmaier, Martin Kopp
University of Innsbruck, Austria

9:00am - 9:15am**Sport motivation and risk behaviour in adolescents**

Jiri Mudrak, Katerina Zabrodská
Charles University in Prague, Czech Republic

9:15am - 9:30am**Linking motivational climate in sport and physical education to day-to-day moral behaviour in adolescents**

Nicholas Stanger, Susan Backhouse, Eoin Murray, Jim McKenna
Leeds Beckett University, UK

9:30am - 9:45am**Influence of autonomous motivation in PE class on Chinese collegiate student's leisure-time PA: a prospective study**

Zhixiong Mao, Lin Liang, Lu Guo
Beijing Sport University, China

9:45am - 10:00am**Gamification related sport and wellness technology motivating towards physical activity: an intervention study among teenagers**

Eeva Kristiina Kettunen, Tuomas Kari, Marja Kokkonen
University of Jyväskylä, Finland

Paper Session 30: Coaches, Coaching and Coaching Education

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION VSH 17 – Westphalia
SESSION CHAIR Krista Munroe-Chandler, University of Windsor

8:30am - 8:45am**The development and implementation of a coaching vision of distinguished high performance Ice Hockey coaches**

Gordon Bloom¹, David Urquhart¹, Todd M. Loughhead²
¹*McGill University, Canada*; ²*University of Windsor, Canada*

8:45am - 9:00am**Exploring the influence of the parasport coach on the personal and professional well-being of female Paralympic athletes**

Danielle Alexander¹, Gordon Bloom¹, Shaunna Taylor²
¹*McGill University, Canada*; ²*The University of British Columbia, Canada*

9:00am - 9:15am**Developing, conducting, and evaluating a life-skills coaching education program for competitive youth football**

Lucas Silvestre Capalbo
Michigan State University, Canada

9:15am - 9:30am**Mindful sport performance enhancement for a college team: including a coach's perspective**

Megan Hut, Thomas O'Connor Minkler, Carol R. Glass
The Catholic University of America, USA

9:30am - 9:45am**10 basic psychological principles of high performance and effective self-regulation**

Nico W. Van Yperen
University of Groningen, The Netherlands

9:45 - 10:00**Gender invariance of the group environment questionnaire in a collegiate athlete sample**

Sebastian Harenberg¹, Kyle Paradis², Luc J. Martin³, Svenja A. Wolf⁴, Erwin Karremans⁵
¹*Ithaca College, USA*; ²*University of Windsor, Canada*; ³*Queen's University, Canada*; ⁴*University of Amsterdam, The Netherlands*; ⁵*Saskatchewan Health Authority, Canada*

Symposium 25: Self-regulation of endurance performance: novel research findings

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION H 2 – Bern
SESSION CHAIR Carla Meijen, St Mary's University, London

RESIST: understanding the urge to stop or slow down in endurance running events

Carla Meijen¹, Noel Brick², Andrew Lane³, David Marchant⁴, Samuele Marcora⁵, Dominic Micklewright⁶, Alister McCormick⁷
¹St Mary's University, UK, ²Ulster University, UK, ³University of Wolverhampton, UK, ⁴Edge Hill University, UK, ⁵University of Kent, University of Bologna, Italy, ⁶University of Essex, ⁷Plymouth Marjon University, UK

Brief interventions for self-efficacy

Paul Anstiss¹, Carla Meijen², Alister McCormick³, Samuele Marcora⁴
¹University of Birmingham, UK, ²St Mary's University, UK, ³Plymouth Marjon University, UK, ⁴University of Kent, University of Bologna, Italy

Psychobiology of pace self-regulation (pacing) during endurance competitions

Samuele Marcora¹, Benjamin Pageaux²
¹University of Kent, UK, University of Bologna, Italy ²University of Montreal, Canada

Mental toughness variability opportunities

K. Bradford Cooper¹, Mark Wilson², Martin Jones²
¹University of Exeter, UK, US Corporate Wellness, ²University of Exeter

Self-regulation of endurance performance: a cognitive perspective

David Marchant, Lorcan Cronin, Lars McNaughton, Robert Hyland-Monks
Edge Hill University, UK

Symposium 26: Perception-action coupling in sport: Current perspectives from the UK, The Netherlands, Switzerland, and Germany

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION H 3 – Madeira
SESSION CHAIR André Klostermann, University of Bern
Florian Loffing, Carl von Ossietzky University Oldenburg

The Quiet Eye and the especial-skill effect in basketball set shots

André Klostermann
University of Bern, Switzerland

Testing the costs and benefits of peripheral vision in basketball defence in a VR environment

Christian Vater
University of Bern, Switzerland

Anxiety during penalty kick in football: Implications on gaze, visual attention and motor performance

Martina Navarro
University of Portsmouth, UK

Gaze during stroboscopic training: Less predictive behaviour rather than more?

David L. Mann¹, Hiroki Nakamoto², Gioele Salvadori³
¹Vrije Universiteit Amsterdam, The Netherlands, ²National Institute of Fitness and Sports in Kanoya, Japan, ³University of Bologna, Italy

On the influence of contextual information on female players' gaze behaviour during the defence of volleyball attacks

Tim Lüders, Jörg Schorer, Florian Loffing
University of Oldenburg, Germany

Symposium 27: Resilience in sport and performance psychology: multi-level perspectives

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION H 4 – Chalkidiki
SESSION CHAIR Mustafa Sarkar, Nottingham Trent University

Quantifying resilience as a state-like process: longitudinal growth curve analysis of resilience in the workplace

Christopher Bryan, Tadhg MacIntyre
University of Limerick, Ireland

Designing and evaluating a preliminary pressure training intervention to develop resilience in female basketball players

Jolan Kegelaers¹, Paul Wylleman¹, Raoul Oudejans²
¹Vrije Universiteit Brussel, Belgium, ²Vrije Universiteit Amsterdam, The Netherlands

Developing team resilience: a season-long investigation of a national league winning semi-professional rugby union team

Paul Morgan¹, David Fletcher², Mustafa Sarkar³
¹Buckinghamshire New University, UK, ²Loughborough University, UK, ³Nottingham Trent University, UK

A multilevel and dynamic perspective of team resilience

Daniel Gucciardi
Curtin University, Australia

Defining and characterising organisational resilience in elite sport

Kirsten Fasey¹, Mustafa Sarkar¹, Chris Wagstaff², Julie Johnston¹
¹Nottingham Trent University, UK, ²University of Portsmouth, UK

Workshop 13: Causal inferences in sport and exercise psychology research: what to do when randomization is not an option?

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION VSH o6 – Bad Blankenburg
SESSION CHAIR Andreas Karl Stenling, Umeå University
 Andreas Ivarsson, Halmstad University

Workshop 14: Heart rate variability in sport psychology: applications of the vagal tank theory

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION VSH 19 – Paris
SESSION CHAIR Sylvain Laborde, German Sport University Cologne
 Emma Victoria Mosley, Solent University

Workshop 15: Evolution of learning for future force readiness

DAY / TIME Thursday, 18/Jul/2019 8:30am – 10:00am
LOCATION VSH 18 – Edinburgh
SESSION CHAIR ChangHyun Ko, Science Applications International Corporation

Poster Session Thursday

DAY / TIME Thursday, 18/Jul/2019 10:15am – 11:15am
LOCATION Marquee
SESSION CHAIR Raoul R.D. Oudejans, Vrije Universiteit Amsterdam

3.01 Department of psychology in a Peruvian professional soccer club: creation and implementation in the formative divisions

Dante Nieri
University of Lima, Peru

3.02 Conceptualisation of parental involvement in Asia competitive sports

Ting-Wen Wang
Feng Chia University, Taiwan

Psychological competences of athletes in collective sports

Paula Teixeira Fernandes^{1,2}, Marina Belizário de Paiva Vidual^{1,2}
¹UNICAMP, Brazil; ²GEPEM, FEF-UNICAMP, Brazil

3.03 Medial presentation of mental health problems of elite athletes – An examination of German newspapers and magazines

Marion Sulprizio, Johanna Belz, Sven Serwuschok
German Sport University Cologne, Germany

3.04 Relative age effect and birthplace effect in 18-19 year-old athletes and how they perceive these environmental effects

Ronnie Lidor, Mayyan Zohar, Michal Arnon
The Academic College at Winhgate, Israel

3.05 Developmental changes in the accuracy of performance predictions in rope skipping

Sabine Schaefer, Nicole Frisch
Saarland University, Germany

3.06 The relationship of emotional skills and stress: the mediating role of coping strategies

Alina Schäfer, Fabian Pels, Jens Kleinert
German Sport University Cologne, Germany

3.07 Learning of teenage athletes by psychological skills in realisation by them of “dual” career

Elena Evgenievna Hvatskaya¹, Natalia Leonidovna Ilina²
¹*The P.F.Lesgaft National State University of Physical Culture, Sport and Health, Saint-Petersburg, Russia;* ²*Saint-Petersburg State University, Russia*

3.08 Religiosity and the use of religious ways of coping among Christian athletes during sport injury recoveries

Diane M. Wiese-Bjornstal, Kristin N. Wood, Francesca M. Principe,
Emma S. Schwartz
University of Minnesota, USA

3.09 Certification in sport psychology - reflections of the German and Austrian Qualification Model

Christopher Willis¹, Sebastian Brueckner², Bernd Strauss²
¹*Center of Mental Excellence, Austria;* ²*University of Münster, Germany*

3.10 Nirvana Fallacy in athletes. When the good and the best do not mean the same

Juan González-Hernandez¹, Abel Nogueira-López², Antonio Jesús Muñoz-Villena³, Diana Garita-Campos⁴
¹*University of Granada, Spain;* ²*University of Leon. Spain;* ³*University Autonomous of Madrid, Spain;* ⁴*University of Granada, Spain*

3.11 Comparing psychological competitive abilities of Japanese Rio de Janeiro 2016 and PyeongChang 2018 Olympic Athletes

Yasuhisa Tachiya, Joyo Sasaki
Japan Institute of Sport Sciences, Japan

3.12 Development of psychological skills of coaches at the Coaching Academy in Poland in years 2017-2018

Marcin Krawczyński^{1,2}, Piotr Marek³, Dariusz Nowicki⁴
¹*Atheneum University in Gdańsk, Poland;* ²*Academy of Sport Education in Warsaw, Poland;* ³*Institute of Sport in Warsaw, Poland;* ⁴*Counselling and Training Agency „Korio“ in Olsztyn, Poland*

3.13 Prevalence of burnout syndrome among junior basketball players

Anna Ussorowska
University of Gdańsk, Poland

3.14 Understanding Personality Traits in Coach-Athlete Dyads

Joseph R Stanford, Laura Catherine Healy, Julie Johnston, Mustafa Sarkar
Nottingham Trent University, UK

3.15 Connection with Teammates and Perceptions of Engagement in Adolescent Athletes

Christine Ellen Pacewicz, Alan L. Smith
Michigan State University, USA

3.16 Psychometric properties of the Spanish version of the Dual Career Survey

José L. Chamorro¹, Rubén Moreno Castellanos¹, Raúl Sánchez¹, Miquel Torregrossa², Tomás García Calvo³
¹*Universidad Europea de Madrid;* ²*Universitat Autònoma de Barcelona;* ³*Universidad de Extremadura, Spain*

3.17 Winning relationships: a psychosocial approach to talent development

Eleonora Reverberi, Caterina Gozzoli
Università Cattolica del Sacro Cuore Milano, Italy

3.18 Doping-related Media Literacy and Social-cognitive Mechanisms Underpinning Doping Use

Luca Mallia¹, Arnaldo Zelli¹, Laura Bortoli², Andrea Chirico³, Cristiana Conti², Pierluigi Diotaiuti⁴, Massimo Filippini³, Claudio Robazza², Francesca Vitali⁵, Thomas Zandonai⁶, Fabio Lucidi³
¹*University of Rome Foro Italico, Italy;* ²*University “G. D’Annunzio”, Chieti-Pescara, Italy;* ³*Sapienza, University of Rome, Italy;* ⁴*University of Cassino, Italy;* ⁵*University of Verona, Italy;* ⁶*University of Granada, Spain*

3.19 An exploration of the relationship between representativeness of warm-up drills and performance in elite baseball players.

Matthew McCue, Nick Wattie
University of Ontario, Canada



3.20 What Good are Positive Emotions (PE) for Athletes? Mental resources mediating the link between PE and thriving in ice hockey

Katrin Werkhausen, Anja Chevaliér
German Sport University Cologne, Germany

3.21 Development and evaluation of a value-based doping prevention program for young athletes

Theresa Manges, Anne-Marie Elbe
Leipzig University, Germany

3.22 Health psychological case study of high intensity, low impact, physical training programme

Stephen David Edwards, David John Edwards
University of Zululand, South Africa, South Africa

3.23 A self-determination theory-based preventive intervention programme for pre-service PE teachers

Hanna Raven
German Sport University Cologne, Germany

3.24 The habit strength of physical activity: Characterisation and properties compared with smoking and pinball game

Kazushi Takami
Kobe University, Japan

3.25 The role of exercise participation on body dissatisfaction, drive for thinness and muscularity, and exercise dependency

Maria-Christina Kosteli¹, Charlotte Gurney²
¹Edge Hill University, UK; ²Kingston University, UK

3.26 Effects of sprint interval and continuous aerobic exercise training on motivation in patients with major depressive disorders

Markus Gerber¹, Alice Minghetti¹, Johannes Beck², Lukas Zahner¹, Lars Donath³
¹University of Basel, Switzerland; ²Clinic Sonnenhalde, Riehen, Switzerland; ³German Sport University Cologne, Cologne, Germany

3.27 Dynamics of well-being of participants in Antarctic expeditions

Galina Dimitrova Domuschieva-Rogleva, Tatiana Stancheva Iancheva
National Sports Academy „Vassil Levski“, Bulgaria

3.28 Necessity of life skill programmes for female collegiate aesthetic athletes: review of studies of life skills of athletes in Japan

Yaeko Yamada, Hironobu Tsuchiya
Osaka University of Health and Sport Science, Japan

3.29 Adapted sport and quality of life: the Equal Sport For All (ESFA) project

Reka Zsanett Bondar, Laura Bortoli, Claudio Robazza, Maurizio Bertollo
“G. d’Annunzio” University of Chieti-Pescara, Italy

3.30 Psycho-social determinants of sedentary behaviour among older adults: a qualitative study

André Ramalho¹, João Petrica¹, António Fernando Rosado²
¹Instituto Politécnico de Castelo Branco, Portugal; ²Faculdade de Motricidade Humana, Portugal

3.31 Fundamental movement skills and physical self-concept: direct and indirect effects on physical activity of young children

Catherine M. Capio^{1,2}, Kathlynn F. Eguia³
¹The Education University of Hong Kong, Hong Kong S.A.R. (China); ²University of Waikato, New Zealand; ³Therabilities Inc., Philippines

3.32 Exploring perspectives of power in Athlete-to-Athlete sexual experiences in sport

Alexia E. Tam, Ashley Stirling, Gretchen Kerr
University of Toronto, Canada

3.33 Achievement goals of Brazilian athletes: a study about gender and types of sports

Ricardo Marinho de Mello de Pícoli¹, António Rui da Silva Gomes², José Lino Oliveira Bueno¹
¹Universidade de São Paulo, Brazil; ²Universidade do Minho, Portugal

3.34 Motivation for running in a half-marathon among university students

Karolina Chlebosz, Ewa Malchrowicz Mosko, Agata Korcz
University School of Physical Education, Poland

3.35 How is parental activity related to children’s physical activity behavior?

Djenna Hutmacher, Melanie Eckelt, Andreas Bund, Georges Steffgen
University of Luxembourg, Luxembourg

3.36 Using Text Mining to Analyze Female Students’ Introspective Reports After Yoga

Nao Shikanai
Asia University, Japan



3.37 Social identity shapes the perception and interpretation of social support in spatially peripheral group members

Melanie McInnes, Pete Coffee
University of Stirling, UK

3.38 Phenomenological differences between individual flow and group flow

Pia Zajonz, Ann-Christin Engler, Fabian Hofmann, Simon Gundermann, Michael Bynoe, Fabian Pels
German Sport University Cologne, Germany

3.39 Physically active college students have a better sexual health

Luka Leško, Renata Barić
University of Zagreb, Croatia

3.40 Functional role of environmental perception of motor performance under pressure

Yoshifumi Tanaka¹, Kenta Karakida^{1,2}, Aiko Inada¹, Yufu M. Tanaka³, Takayuki Murayama⁴
¹Mukogawa Women’s University, Japan; ²Osaka University of Health and Sport Sciences, Japan; ³Kindai University, Japan; ⁴Kanazawa University, Japan

3.41 The influence of core affect on cyclo-ergometer endurance performance

Selenia di Fronso, Antonio Aquino, Laura Bortoli, Cristina Montesano, Claudio Robazza, Maurizio Bertollo
University „G. d’Annunzio“ of Chieti-Pescara, Italy

3.42 Learning from the past: the role of growth in sport-related memories

Maxime Lopes, Frederick L. Philippe
Université du Québec à Montréal, Canada

3.43 Effects of coordination exercise intervention on motor skill and interference control in children with ADHD: an ERP study

Chi-Fang Lin¹, Yu-Jung Tsai¹, Ting-Yu Chueh¹, Sin-Chi Liu¹, Chung-Ju Huang², Tsung-Min Hung¹
¹National Taiwan Normal University, Taiwan; ²University of Taipei, Taiwan

3.44 The objectivation of exercise-induced affect by facial expressions analysis: a methodological approach

Sinika Timme
University of Potsdam, Germany

3.45 Effects of physical-exercise-induced stress on psychological condition and cortisol concentration of collegiate athletes

Yui Ogasawara, Takayuki Sugo
Osaka University Of Health And Sport Sciences, Japan

3.46 The impact of aerobic fitness level on exercise effects on motor skill learning: a pilot study

Andrea Hung¹, Marc Roig², Catherine M. Sabiston¹, Joyce L Chen¹
¹University of Toronto, Canada; ²McGill University, Canada

3.47 The impact of reward on motor skill learning

Eric Grießbach, Florian Müller, Rouwen Cañal-Bruland
Friedrich-Schiller-Universität, Germany

3.48 Methodological considerations when using fNIRS in the assessment of cognitive control during whole-body motor behaviors

Ségolène M.R. Guérin, Marion Vincent, Yvonne N. Delevoeye
University Lille, France

3.49 Linking Decision-Making Processes and Executive Functions in Young Soccer Players

Sinikka Heisler, Lisa Musculus, Babett Lobinger
German Sport University, Cologne, Germany

3.50 A Single Case Study of Concentration and Stress for a Shooting Athletes with Disabilities: EEG Intervention

Moon Joo Oh, Jin Hwang
Chon buk national university, Korea, South Korea

3.51 When in doubt, it’s not out: LBW decision making in elite level cricket umpires across match types.

Joshua Mark Adie^{1,2}, Remco Polman^{1,2}, David L. Mann³, Ian Renshaw^{1,2}
¹Queensland University of Technology, Australia; ²Institute of Biomedical Innovation, Australia; ³Vrije Universiteit, The Netherlands

3.52 The sport mental training questionnaire: development and validation

Maciej Behnke¹, Maciej Tomczak², Łukasz Kaczmarek¹, Marek Komar³, Jacek Gracz²
¹Adam Mickiewicz University, Poland; ²University School of Physical Education Poznan, Poland; ³low Performance, Edmonton, Canada

3.53 Markers of the drop-out phenomenon between the 1st and 2nd stage of the transition phase of girls in basketball

Hana Váľková¹, Štěpán Válek²
¹Masaryk University Brno, Czech Republic; ²Czech-Moravian Basketball Federation



3.54 A longitudinal mixed-methods investigation of tajik coaches’ experiences in a sport for development exchange training program

Lindsey Blom¹, Robert Hilliard², Lawrence Gerstein¹, Lawrence Judge¹, Ali Kanan¹, Jorge Ballesteros³, James Johnson¹
¹Ball State University, USA; ²West Virginia University, USA; ³Arizona State University, USA

3.55 A phenomenology of violence in hand-to-hand in combat sports: from the MMA (Mixed Martial Arts) case to a normative criterion

Cristiano Roque Antunes Barreira
University of São Paulo, Brazil

3.56 A comparison of situational motivation, affective response, perceived climate and perceived success in baskin and basket players

Attilio Carraro, Erica Gobbi
University of Padua, Italy

3.57 Social emotional learning of male adolescent soccer players in relation to level of courage and individual variables

Erkut Konter
Dokuz Eylül University, Turkey

3.58 THE OTHER SIDE

Mohamed Chelali, Mohamed Yakout
university of zayan achour, Algeria

3.59 Brain dynamics during visual anticipation in sport

Sergio Costa, Pierpaolo Croce, Maurizio Bertollo, Filippo Zappasodi
“G. d’Annunzio” University of Chieti-Pescara, Italy

3.60 Exploring the relationship between chronic stress and sport orientation in young elite athletes

Carina Mnich
Karlsruhe Institute of Technology, Germany

3.61 Friendship selection and friends’ influence in physical education. Joint dynamics of network and behaviour.

Jennifer Schmitz
Technische Universität Dortmund, Germany

3.62 Guiding youth sport coaches integrate psychological skills in their coaching practice in Iran

Amir Hossein Ashna¹, Zahra Majdi², Faezeh Aghayan gol kashani³
¹Refah University, Iran; ²Kharazmi University; ³Tehran University

3.63 Effect of Mental and Combined (Mental and Physical) Practice On Learning Motor Skills in Volleyball

Pothula & Madhusudan Reddy
National Institute of Technology, India

3.64 The discriminative competencies of world-class beach volleyball players and their development in high-potential players

Suzan Jeanine Elize Blijlevens^{1,2,3}, Paul Wylleman^{1,2}, Kayan Bool², Chris Visscher³, Marije Elferink-Gemser³
¹Vrije Universiteit Brussel, Belgium; ²NOC*NSF, The Netherlands; ³University Medical Center Groningen, University of Groningen, The Netherlands

3.65 Relationships between psychological stressors, rumination, and mental health among Japanese university athletes

Miyuki Nakamura¹, Yujiro Kawata^{1,2}, Shinji Yamaguchi^{1,2}, Masataka Hirose^{1,2}, Nobuto Shibata^{1,2}
¹Graduate School of Juntendo University, Chiba, Japan; ²Juntendo University, Chiba, Japan

3.66 Intercultural learning and cross-cultural research help to enhance a physical active lifestyle and positive physical self-concept

Marie-Christine Ghanbari, Till Utesch, Maike Tietjens, Bernd Strauss
University of Münster, Germany

3.67 How Does The Intensity Of Physical Activity Influence Executive Control In Children? An Electrophysiological Investigation

Kimberley D. Lakes¹, Gaia Scerif³, Robert Zhou², Steven C. Cramer², Shlomit Radom-Aizik²
¹University of California, Riverside, USA; ²University of California, Irvine, USA; ³University of Oxford, UK

Keynote Hulya Aşçı: Self-perception and physical self: Its examination from cultural and mental well-being perspectives

DAY / TIME	Thursday, 18/Jul/2019: 11:30am – 12:30pm
LOCATION	H 1 - Vittel
SESSION CHAIR	Rita F. de Oliveira, London South Bank University

Featured Symposium 09: Leveraging the social environment to promote physical activity

DAY / TIME Thursday, 18/Jul/2019: 2:00pm – 3:30pm
LOCATION S 10 – Münster
SESSION CHAIR Cecilie Thøgersen-Ntoumani, Curtin University

Dyadic interventions to promote physical activity and reduce sedentary behaviour: systematic review and meta-analysis

Nikos Ntoumanis¹, Carr Rachel¹, Andrew Prestwich², Dominika Kwasnicka¹, Cecilie Thøgersen-Ntoumani¹, Daniel Gucciardi¹, Eleanor Quested¹, Louise Hall²
¹Curtin University, Australia ²University of Leeds, UK

Instigating preferred social support for physical activity through a match-making platform for women cancer survivors

Catherine M. Sabiston¹, Angela J Fong², Steve Amireault³, Kelly Arbour-Nicitopoulos¹, Jennifer M Jones⁴, Katherine Anne Tamminen¹, Jackie Bender⁴
¹University of Toronto, Canada ²Queen's University, ³Canada Purdue University, USA ⁴University Health Network, Toronto, Canada

The role of the jog leader to promote physical, mental and social health benefits for social jogging group participants

Juliette Stebbings¹, Daryl T. Cowan²
¹University of Portsmouth, UK ²University of the West of Scotland, Scotland

An experimental study exploring the effects of groupness and cohesion on adherence to hypothetical exercise groups

Alyson J Crozier
University of South Australia, Australia

The feasibility and efficacy of a peer-led motivationally-embellished workplace intervention on physical activity and sitting time

Cecilie Thøgersen-Ntoumani¹, Brendan Smith¹, Joanna Nicholas¹, Eleanor Quested¹, Daniel Gucciardi¹, Joanne McVeigh¹, Sally Fenton², Emmanuel Stamatakis³, Sharon Parker¹, Nikos Ntoumanis¹
¹Curtin University, Australia ²University of Birmingham, UK ³University of Sydney, Australia

Gimme-Five 04

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm
LOCATION VSH o6 – Bad Blankenburg
SESSION CHAIR Norbert Hagemann, University of Kassel

When thinking matters: How task type influences the effect of cognitive fatigue on physical performance

Blair Aitken, Clare MacMahon
La Trobe University, Australia

Perfectionism in aesthetic performers: is it related to early specialization?

Charlotte Downing, Sanna Nordin-Bates, Karin Redelius
Swedish School of Sport and Health Sciences, Sweden

Exploring judgments and gaze behavior while evaluating gymnastics movements: influence of kinematics and expertise

Melanie Mack
Leipzig University, Germany

Sport-related concussion & disproportionality in schools

Courtney Hess
University of Massachusetts Boston, USA

The impact of self-talk on performance under competitive conditions: a pilot-study

Justin Worley¹, Zachary McCarver², Shelby Anderson³, Allison Yule¹, Shannon Stone⁴, Margaret Nieto¹, Justine Vosloo¹, Sebastian Harenberg¹
¹Ithaca College, USA; ²University of Northern Colorado, USA; ³University of North Carolina at Greensboro, USA; ⁴Averett University, USA

The role of sports video games in developing sport-specific declarative knowledge

Todd Pickering^{1,2}, Lucy Parrington³, Lisa Wise², Clare MacMahon¹
¹La Trobe Univeristy, Australia; ²Swinburne University, Australia; ³Oregon Health and Science University, USA

Implicit learning and visual reaction time in taekwondo athletes

Ezgi Aypar¹, Gökhan Deliceoğlu², Erkan Tortu³, Tuğba Kocahan³
¹Middle East Technical University, Ankara, Turkey; ²Kırıkkale University, Ankara, Turkey; ³Ministry of Youth and Sports, General Directorate of Sports, Directorate of Health Affairs Section, Ankara, Turkey



The parental involvement and parent autonomy support in youth sport: relationship with passion

Duygu Karadağ¹, F. Hülya Aşçı²
¹Haliç University, Turkey; ²Marmara University, Turkey

Effects of attachment styles on perceived team cohesion: a perspective from social network analyses (SNA)

Helga Dizdari, Roland Seiler
University of Bern, Switzerland

Invited Symposium 04: Various pathways, one destination - young specialists' journeys toward becoming sport psychology professionals in Europe

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm
LOCATION Aula im Schloss – Europe
SESSION CHAIR Michala Bednáriková, Pro Performance
DISCUSSANT Xavier Sanchez, Halmstad University

‘So I got my degree, now what?’: Through PhD to career in academia via ENYSSP
Anastasiya Khomutova
University of Brighton, UK

Carving a pathway into full-time applied practice of sport psychology
Grzegorz Więclaw¹, Snežana Stoljarova²
¹Głowa Rządu, private practice; ²ESTipp, private practice; Tallinn University, Estonia

How the power of practice produces potent PhDs
Peter Schneider¹, Michala Bednáriková², Cristiana Conti³
¹FC Augsburg, ²Pro Performance, private practice, ³BIND-Behavioral Imaging and Neural Dynamics Center, “G. d’Annunzio” University of Chieti-Pescara

Panel 02: Signature experiences: when “experts” on stress and coping battle burnout

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm
LOCATION VSH 219 – Brussels
SESSION CHAIR Stilian „Ani“ Chroni, Inland Norway University of Applied Science

Panel participants:
Stilian Chroni¹, Vana Hutter², Tatiana Ryba³, Göran Kenttä⁴
¹Inland Norway University of Applied Sciences, Norway; ²Vrije Universiteit, The Netherlands;
³University of Jyväskylä, Finland; ⁴The Swedish School of Sport and Health Sciences, Sweden

Paper Session 31: Burnout and Resilience

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm
LOCATION Senatssaal – Prague
SESSION CHAIR Daniel Gould, Michigan State University

2:00pm - 2:15pm
Raising teachers' awareness for health through recovery-stress-monitoring
Jahan Heidari¹, Michael Kellmann^{1,2}
¹Ruhr University Bochum, Germany; ²The University of Queensland, Australia

2:15pm - 2:30pm
Estimating the prevalence of athlete burnout based on clinical cut-off scores
Erik Lundkvist¹, Henrik Gustafsson², Daniel J. Madigan³
¹Swedish school of sport and health sciences, Sweden; ²Karlstad University, Sweden;
³York St John University, UK

2:30pm - 2:45pm
Resilience at work and in elite sport – a comparative analysis among German elite athletes, dual students and employees
Carl Richard Hossiep, Daniel Westmattmann, Maike Bruckes, Nicola Rössler, Gerhard Schewe
University of Muenster, Germany

2:45pm - 3:00pm
Process evaluation of the receipt of an exercise intervention for burnout employees: the role of exposure and exercise experiences
Juriena de Vries^{1,2}, Madelon van Hooff², Sabine Geurts², Michiel Kompier²
¹Erasmus University Rotterdam, Netherlands, The; ²Radboud University Nijmegen, Netherlands

3:00pm - 3:15pm
Why are athletes burning out? A meta-analytic review of 18 years of research
Daniel J. Madigan¹, Luke F. Olsson¹, Thomas Curran², Andrew P. Hill¹
¹York St John University, UK; ²University of Bath, UK



3:15pm - 3:30pm

A longitudinal examination of stress, physical activity, and resilience resources via naturalistic periods of stress

Robin Lines¹, Kagan Ducker¹, Nikos Ntoumanis¹, Thogersen-Ntoumani Cecilie¹, David Fletcher², Daniel Gucciardi¹

¹Curtin University, Australia; ²Loughborough University, UK

Paper Session 32: Disability, Functional Disorders and Aging

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm
LOCATION S 8 – Copenhagen
SESSION CHAIR Brett Smith, University of Birmingham

2:00pm - 2:15pm

Disability activism through Paralympic sport: an elite athlete perspective

Damian Haslett, Inhyang Choi, Brett Smith
University of Birmingham, UK

2:15pm - 2:30pm

Exploring activism type in social justice and disability: current status and future prospects of the disability social movement

Inhyang Choi, Brett Smith
University of Birmingham, UK

2:30pm - 2:45pm

Personality as a predictor of leisure time physical activity during menopausal transition

Tiia Kekäläinen¹, Sarianna Sipilä¹, Timo Törmäkangas¹, Matti Hyvärinen¹, Tuija Tammelin², Vuokko Kovanen¹, Eija K. Laakkonen¹, Katja Kokko¹
¹University of Jyväskylä, Finland; ²LIKES Research Centre for Physical Activity and Health, Finland

2:45pm - 3:00pm

Mindfulness (MSPE) adaptations for university students with autism spectrum disorder participating in a physical activity program

Jacob Cannon Jensen
California State University, Northridge, USA

3:00pm - 3:15pm

The effect of life meaning on subjective well-being of the elderly: mediating effect of physical exercise

Guoli Zhang, Yang Yang, Qi Zang
Beijing Sport University, Beijing, China

Paper Session 33: Teamsports (Varia)

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm
LOCATION S 9 – Cologne
SESSION CHAIR Frank Jing-Horng Lu, Chinese Culture University

2:00pm - 2:15pm

Using situational characteristics to distinguish sports

Sophia Terwiel¹, John F. Rauthmann², Maike Luhmann¹
¹Ruhr-Universität Bochum, Germany; ²Universität zu Lübeck, Germany

2:15pm - 2:30pm

Using grounded theory to explore sport-related concussion under-reporting by elite adolescent athletes

Kaleigh Ferdinand Pennock, Lynda Mainwaring
University of Toronto, Canada

2:30pm - 2:45pm

Are repetitive head impacts putting athletes at risk? Reviewing the ,subconcussion‘ literature and implications for athletes

Lynda Mainwaring, Kaleigh Ferdinand Pennock, Sandhya Mylabathula, Ben Alavie
University of Toronto, Canada

2:45pm - 3:00pm

Passion of soccer players in relation to level of courage, individual and performance variables

Erkut Konter
Dokuz Eylül University, Turkey

3:00pm - 3:15pm

Comparison of effect of elastic therapeutic tape with nonelastic tape on preventions hamstrings injuries in soccer players

Ahmed Fadhil Farhan^{1,2}, Sameera Abdulrasool Alattabi³
¹AL-Ayen University, Thi-Qar, Iraq; ²Universiti Teknologi MARA, Selangor, Malaysia; ³Baghdad University, Iraq

3:15pm - 3:30pm

War and peace: the effect of footballers’ pitch behavior on spectators

Muhammet Cihat Ciftci¹, Fazilet Bektaş², Ayşe İrem Bulut²
¹Ankara Yıldırım Beyazıt University, Turkey; ²Ankara Yıldırım Beyazıt University, Turkey

Paper Session 34: Young Elite Athletes

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm
LOCATION VSH 116 – Varna
SESSION CHAIR Alan Lyle Smith, Michigan State University

2:00pm - 2:15pm

Types, sources, and debilitating factors of sport-confidence in elite early adolescent academy soccer players

Owen Thomas¹, Sam Nicholas Thrower², Andrew Lane¹, Jazmine Thomas¹

¹Cardiff Metropolitan University, Cardiff, UK.; ²University of Roehampton, UK

2:15pm - 2:30pm

Development of perfectionism in sport: examining the role of actual and perceived parental perfectionism in athlete–parent dyads

Luke F. Olsson¹, Andrew P. Hill¹, Daniel J. Madigan¹, George Woodley²

¹York St John University, UK; ²University of Leeds, UK

2:30pm - 2:45pm

Profiles of psychological flexibility: an analysis of youth athletes' subjective experience of their well-being and performance

Stefan Holmström

University of Umeå, Sweden

2:45pm - 3:00pm

And if fear of success could be a question of lactatemia too? Links between psychology and physiology in combat sport competition

Elisabeth Rosnet^{1,2}, Philippe Dedieu^{1,2}, Maxime Bourdageau², Olivier Hanicotte², Eric Srecki², Michel Salesse², Jean-Pierre Philippon²

¹University of Reims Champagne Ardenne, France; ²Fédération Française d'Escrime (FFE), France

3:00pm - 3:15pm

Educating and supporting parents in elite sports: an action research study

Noémie Lienhart, Virginie Nicaise, Emma Guillet-Descas

University of Lyon, University of Claude Bernard Lyon ¹, France

3:15pm - 3:30pm

Injury status influences how a performer is perceived and played in sport

Liis Uiga¹, Gregory Holt², Rich S. W. Masters¹

¹Faculty of Health, Sport and Human Performance, University of Waikato, New Zealand;

²School of Psychology, University of Waikato, New Zealand

Paper Session 35: Violence, Substances and Gender (Varia)

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm
LOCATION VSH 19 – Paris
SESSION CHAIR Maria Kavussanu, University of Birmingham

2:00pm - 2:15pm

Types, sources, and debilitating factors of sport-confidence in elite early adolescent academy soccer players

Owen Thomas¹, Sam Nicholas Thrower², Andrew Lane¹, Jazmine Thomas¹

¹Cardiff Metropolitan University, Cardiff, UK.; ²University of Roehampton, London, UK.

2:15pm - 2:30pm

Development of perfectionism in sport: examining the role of actual and perceived parental perfectionism in athlete–parent dyads

Luke F. Olsson¹, Andrew P. Hill¹, Daniel J. Madigan¹, George Woodley²

¹York St John University, UK; ²University of Leeds, UK

Symposium 28: Psychology of sports injuries: from pre-injury to return to sport. Current research and practical implications

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm
LOCATION H 2 – Bern
SESSION CHAIR Ulrika Tranaeus, The Swedish School of Sport and Health Sciences, GIH

Psychosocial risk factors for traumatic and overuse injuries in sport

Ulrika Tranaeus

The Swedish School of Sport and Health Sciences, GIH, Sweden

Methodological implications for future research on psychosocial risk factors for injuries

Andreas Ivarsson

Halmstad University, Sweden

A low-intensity CBT mobile phone-based intervention for preventing sport injuries: a case study in Spanish youth sport

Victor J. Rubio¹, Felipe Turbay², Sergio Parra¹, José Manuel Hernández¹

¹Universidad Autónoma Madrid, Spain, ²Comité Olímpico Colombiano, Colombia



Sport injury psychology and rehabilitation: examples of promising and future research strategies

Urban Johnson

Halmstad University, Sweden

A self-determination perspective on psychosocial factors influencing the return to sport following injury

Leslie Podlog¹, Robert C. Eklund²

¹University of Utah, USA, ²Florida State University, USA

Symposium 29: Uncharted perspectives on emotions in sport

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm
LOCATION H 3 – Madeira
SESSION CHAIR Svenja Anna Wolf, University of Amsterdam
 Franzi Lautenbach, Leipzig University

Emotion related traits and their influence on sports performance:

An overview

Emma Mosley

Solent University, UK

Focus on the positive: Positive emotions in sport psychology

Franzi Lautenbach

Leipzig University, Germany

Catch me if you can: Emotions as collective phenomena

Svenja A. Wolf

University of Amsterdam, The Netherlands

One team's pain is another team's pleasure

Lea Boecker

Leuphana University of Lüneburg, Germany

Meet CATO, a chatbot to improve athletes' post-performance emotions

Yannick A. Balk, Gerald Weltevreden, Elke Reisch, Svenja A. Wolf

University of Amsterdam, The Netherlands

Symposium 30: Holistic Movement Practices – a new direction for exercise psychology?

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm
LOCATION H 4 – Chalkidiki
SESSION CHAIR Ineke Vergeer, University of Southern Queensland
DISCUSSANT Taru Lintunen, University of Jyväskylä, Finland

What are Holistic Movement Practices and how are they relevant to exercise psychology?

Ineke Vergeer

University of Southern Queensland, Australia

Participation motives for Holistic Movement Practices – the pull and push of a holistic philosophy

Ineke Vergeer

University of Southern Queensland, Australia

What stops people from practising yoga? A scoping review of barriers to yoga participation among healthy adults

Jonathan Cagas¹, Stuart Biddle², Ineke Vergeer²

¹University of the Philippines, Philippines, ²University of Southern Queensland, Australia

Befriending the body through dancing: A holistic free dance intervention enhancing positive body perceptions, mood and mindfulness

Mattias Johansson¹, Therése Skoog², Carolina Lunde²

¹Örebro university, Sweden, ²University of Gothenburg, Sweden

Workshop 16: Going green for well-being: a practical workshop on the use of nature-based Interventions in the sport context

DAY / TIME Thursday, 18/Jul/2019 2:00pm – 3:30pm
LOCATION VSH 118 – Nottingham
SESSION CHAIR Tadhg E. MacIntyre, University of Limerick

FRIDAY

Featured Panel 03: Round Table Discussion: International perspectives on professional accreditation: Balancing localized cultural infusion and proposed global guidelines

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am
LOCATION VSH 219 – Brussels
SESSION CHAIR Sebastian Brückner, University of Muenster

Panel participants:

Amy Baltzell¹, Chris Harwood², Karin Moesch³, Peter Schneider⁴, Oliver Stoll⁵, Liwei Zhang⁶
¹Boston University, USA; ²Affiliation: Loughborough University, United Kingdom ³Swedish Sports Confederation, Sweden; ⁴FC Augsburg e.V., Germany; ⁵Halle-Wittenberg University, Germany; ⁶Beijing Sport University, China

Featured Symposium 10: Preventing doping in sport: Moral, psychological, and knowledge-based interventions in young British and Greek athletes

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am
LOCATION S 10 – Münster
SESSION CHAIR Maria Kavussanu, University of Birmingham

To cheat or not to cheat? A moral intervention can prevent doping in sport

Maria Kavussanu¹, Ailish King², Philip Hurst², Evangelos Galanis³, Antonis Hatzigeorgiadis³, Christopher Ring¹
¹University of Birmingham, UK ²Canterbury Christ Church University, UK ³University of Thessaly, Greece

Preventing doping in sport: A psychological vs a knowledge-based intervention

Philip Hurst¹, Maria Kavussanu², Vassilis Barkoukis³, Ailish King², Lida Skoufa³, Christopher Ring²
¹Canterbury Christ Church University, UK ²University of Birmingham, UK ³Aristotle University of Thessaloniki, Greece

A qualitative evaluation of the effectiveness of the psychological and knowledge-based interventions

Lida Skoufa¹, Philip Hurst², Ailish King³, Vassilis Barkoukis¹, Maria Kavussanu³
¹Aristotle University of Thessaloniki, Greece ²Canterbury Christ Church University, UK ³University of Birmingham, UK

Evaluation of a web-based version of the psychological intervention

Vassilis Barkoukis¹, Paul Anstiss², Philip Hurst³, Lida Skoufa¹, Maria Kavussanu², Christopher Ring²
¹Aristotle University of Thessaloniki, Greece ²University of Birmingham, UK ³Canterbury Christ Church University, UK

Paper Session 36: Affect and Enjoyment

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am
LOCATION S 8 – Copenhagen
SESSION CHAIR Daniel Gucciardi, Curtin University

8:30am - 8:45am

The relationship between achievement motivation and physical activity enjoyment over a school year: cross-lagged effects

Johan Michael Wikman¹, Andreas Ivarsson¹, Glen Nielsen², Malte Nejst Larsen³, Peter Riis Hansen⁴, Peter Krstrup³, Anne-Marie Elbe⁵
¹Halmstad University, Denmark; ²University of Copenhagen, Denmark; ³University of Southern Denmark, Denmark; ⁴Herlev and Gentofte University Hospital, Denmark; ⁵University of Leipzig, Germany

8:45am - 9:00am

Perceived control, hedonic tone, and performance in tennis: three case studies

Elena Uberti¹, Francesca Marino², Maurizio Bertollo², Claudio Robazza²
¹Goldsmiths University of London, UK; ²University of Milano Bicocca, Italy; ³Federazione Italiana Tennis, Istituto di Formazione „R.Lombardi“, Italy; ⁴University “G. D’Annunzio”, Chieti-Pescara, Italy

9:00am - 9:15am

Does perceived stress in daily life affect the enjoyment of sports?

Eliane Stephanie Engels, Freya Dunker, Philipp Alexander Freund
Leuphana University, Germany

9:15am - 9:30am

Affective, behavioural and cognitive responses of competitive athletes during the 4 R’s of the ACL rupture recovery process

Heinrich Grobbelaar¹, Anel Borman¹, Wayne Derman²
¹Stellenbosch University, South Africa

9:30am - 9:45am

Athlemaphilia / 'aTH.lē mə'filēə/ : (n) meaningful affective connections with sport

Xander Hodge¹, Emily Oliver¹, David W. Eccles²
¹Durham University, UK; ²Florida State University, United States

Paper Session 37: Understanding Physical Activity Behaviour

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am
LOCATION S 9 – Cologne
SESSION CHAIR Claudio Renato Nigg, Karlsruhe Institute for Technology

8:30am - 8:45am
Can the theory of planned behavior predict Chinese university students’ physical activity intentions?
Cecilia Ma, Catie Lai, Ada Ma
The Hong Kong Polytechnic University

8:45am - 9:00am
The associations of temperament and personality traits with frequency of physical activity in adulthood
Jenni Karvonen^{1,2}, Timo Törmäkangas^{1,2}, Lea Pulkkinen^{2,2}, Katja Kokko^{1,2}
¹Gerontology Research Center and Faculty of Sport and Health Sciences; ²University of Jyväskylä

9:00am - 9:15am
Item-order inflates the predictive power of the theory of planned behaviour on physical activity? A randomised controlled trial
Derwin K. C. Chan^{1,2}, Andreas Karl Stenling³, Cleoputri Yusainy⁴
¹Education University of Hong Kong, Hong Kong S.A.R. (China); ²Curtin University, Australia;
³Umeå University, Sweden; ⁴Brawijaya University, Indonesia

9:15am - 9:30am
Let’s Go! Examining the psychological, psychophysical, and physiological effects of music during sprint interval exercise
Matthew J Stork¹, Costas I Karageorghis², Kathleen A Martin Ginis¹
¹University of British Columbia, Canada; ²Brunel University London, UK

9:30am - 9:45am
Towards a better understanding of the relationship between mentally demanding jobs and physical inactivity during leisure time
Sven van As, Debby G. J. Beckers, Harm Veling, Michiel Kompier, Sabine Geurts
Radboud University, The Netherlands

9:45am - 10:00am
The longer you run, the crazier you are? A study on the personality of extreme long-distance runners
Michele Ufer^{1,2}
¹Institute of Sports & Management Psychology, Germany; ²Institute of Running Psychology, Germany

Paper Session 38: Athletes, Coaches and Parents in Youth Sport

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am
LOCATION VSH o6 – Bad Blankenburg
SESSION CHAIR Gretchen Kerr, University of Toronto

8:30am - 8:45am
Behaviours employed by parents and coaches to promote the psychological development of elite youth tennis players
Lea-Cathrin Dohme¹, Gordon Bloom², David Piggott³, Susan Backhouse³
¹Cardiff Metropolitan University, UK; ²McGill University, Canada; ³Leeds Beckett University, UK

8:45am - 9:00am
Talent development in football – a holistic perspective: the case of KRC Genk
Knud Ryom¹, Mads Ravn¹, Rune Düring¹, Kristoffer Henriksen²
¹Aarhus University, Denmark; ²University of Southern Denmark, Denmark

9:00am - 9:15am
“Punishments made me hate hockey”: exploring the link between youth athletes’ punishment experiences and dropout from hockey
Anthony Vincent Battaglia, Gretchen Kerr, Ashley Stirling
University of Toronto, Canada

9:15am - 9:30am
“The best parent is the dead parent”: parental involvement in team sports
Safer Elmas, Aydan Gözmen Elmas, Ali Yıldız, F. Hülya Aşçı
Marmara University, Turkey

9:30am - 9:45am
Using ethnodrama to encourage reflection: workshops to support youth sport parents
Francesca Cavallerio
Anglia Ruskin University, UK



9:45am - 10:00am**The value of delivering a trauma-informed sport programme: a pilot study of leaders' learning experiences**Majidullah Shaikh¹, Tanya Forneris², Diane Culver¹¹University of Ottawa, Canada; ²University of British Columbia, Canada**Paper Session 39: Motor Control and Performance**

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am

LOCATION VSH 116 – Varna

SESSION CHAIR Claudia Voelcker-Rehage, Chemnitz University of Technology

8:30am - 8:45am**Interindividual differences in the capability to change automatized movement patterns**

Laura Sperl, Rouwen Cañal-Bruland

*Friedrich Schiller University Jena, Germany***8:45am - 9:00am****Performance advantages of an external relative to an internal focus of attention is independent from vision**Reza Abdollahipour¹, William Land², Suzete Chiviakowsky³¹Palacky University Olomouc, Czech Republic; ²University of Texas at San Antonio, USA;³Universidade Federal de Pelotas, Brazil**9:00am - 9:15am****Motive-task congruence and motor performance in dart throwing**

Florian Müller, Rouwen Cañal-Bruland

*Friedrich Schiller University Jena, Germany***9:15am - 9:30am****Skilled deceivers are better action perceivers**Ryan Raffan¹, David L. Mann², Rosa Du Randt¹, Geert Savelsbergh²¹Nelson Mandela University, South Africa; ²Vrije Universiteit Amsterdam, The Netherlands**9:30am - 9:45am****Deceptive actions bias responses and impair discriminability: signal detection analysis of rugby sidesteps**

Laurence S. Warren-West, Robin C. Jackson, Michael J. Hiley

*Loughborough University, UK***9:45am - 10:00am****Probability information and skilled visual anticipation of tennis serve direction**

Florian Loffing, Maria Walden

*Carl von Ossietzky University Oldenburg, Germany***Symposium 31: Motives for participation in sport and physical activity: new approaches**

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am

LOCATION H 2 – Bern

SESSION CHAIR Anthony Michael Morris, Victoria University, Melbourne, Australia

DISCUSSANT Tony Morris, Victoria University

Motives for participation in exercise in different stages of change among university studentsKien Ting Liu¹, Yee Cheng Kueh¹, Garry Kuan¹, Tony Morris²¹Universiti Sains Malaysia, Malaysia ²Victoria University, Australia**The role of mindfulness in enhancing participation motivation in sport and exercise**Dev Roychowdhury¹, Tony Morris²¹University of Canberra, Malaysia ²Victoria University, Australia**Applying motivational profiling in sport and physical activity**Tony Morris¹, Dev Roychowdhury², Selina Khoo³¹Victoria University, Australia ²University of Canberra, Australia ³University of Malaysia, Malaysia**Motivation and quality of life in sport**Maciej Tomczak¹, Małgorzata Walczak², Paweł Kleka³, Małgorzata Sławińska⁴,Karolina Chlebosz⁵, Tony Morris⁶¹University School of PE at Poznan, Poland ²University School of Physical Education in Poznan, Poland ³Adam Mickiewicz University, , Poland ⁴European Network of Young Specialists in Sport Psychology, Poland ⁵University of Poznan, ⁶Victoria University, Australia**Developing vertigo and catharsis motives for the Physical Activity and Leisure Motivation Scale (PALMS)**Jane Zhou¹, John Tower², Karolina Chlebosz³, Tony Morris²¹Zhejiang University, Australia ²Victoria University, Australia ³University of Poznan, Australia

Symposium 32: Understanding and facilitating effective goal striving

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am
LOCATION H 3 – Madeira
SESSION CHAIR Nikos Ntoumanis, Curtin University, Australia

A new tripartite model of goal striving

Nikos Ntoumanis¹, Contantine Sedikides²

¹Curtin University, Australia, ²University of Southampton, UK

Understanding the “I” and the “team”: an exploration of individual and team motives for shared goal pursuit

Laura C. Healy, Julie Johnston, Mustafa Sarkar

Nottingham Trent University, UK

The role of self-control resources and effort on physical activity goal attainment in primary and tertiary prevention

Cyril Forestier¹, Benoit Allenet², Philippe Sarrazin², Jean-Philippe Heuzé², Aurélie Gauchet², Aïna Chalabaev²

¹University of Potsdam, Germany, ²Université Grenoble Alpes, France

Mastering ‘The Ball’s in Your Court’: the development of a sport-specific supportive care intervention for testis cancer survivors

Anika R Petrella¹, Roxy O’Rourke¹, Daniel Santa Mina², Catherine M. Sabiston¹

¹University of Toronto, Canada, ²Princess Margaret Cancer Centre, University of Toronto, Canada

Examining the long-term effects of goal setting on physical activity

Desmond McEwan¹, Mark R. Beauchamp²

¹University of Bath, UK ²University of British Columbia, Canada

Symposium 33: Dual careers in sport - latest research findings from across Europe

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am
LOCATION H 4 – Chalkidiki
SESSION CHAIR Robert Morris, Liverpool John Moores University

Exploring dual career development environments in sport: A European taxonomy of practice

Emily Deason, Robert Morris

Liverpool John Moores University

„Support upon request“: Exploring a dual-career development environment at a Swedish university

Lukas Linnér¹, Natalia Stambulova¹, Kent Lindahl²

¹Halmstad University, ²Swedish Sports Confederation

Testing the waters of dual career: An ecological assessment of a Catalonia water sports club

Yago Ramis, José Mejías, Joan Pons, Juan Muñoz, Miquel Torregrossa

Universitat Autònoma of Barcelona

Optimizing student-athletes’ dual career „elite sport and higher education“ pathway at the Vrije Universiteit Brussel

Koen De Brandt¹, Paul Wylleman², Paul De Knop¹

¹Vrije Universiteit Brussel

Uncovering basic assumptions of the dual career philosophy: A Finnish case of dual-career development environment

Noora J. Ronkainen, Natalia Korhonen, Aku Nikander, Milla Saara Anneli Saarinen, Tatiana Ryba

University of Jyväskylä

Symposium 34: Heart rate variability as a self-regulation marker

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am
LOCATION VSH 17 – Westphalia
CHAIR(S): Sylvain Laborde, German Sport University Cologne, Germany
Fabrice Dosseville, Université de Caen Normandie - EA 4260 - France

The influence of a short-term slow paced breathing intervention on HRV and cognitive performance: preliminary results
Emma Mosley, Shelley Duncan
Solent Southampton University

Slow-paced breathing as an evening ritual for children with Attention-deficit/Hyperactivity disorder (ADHD) and their parents
Valeria Eckardt, Sylvain Laborde
German Sport University Cologne

Does transcutaneous vagus nerve stimulation improve core executive functions? An investigation using heart rate variability
Uirassu Borges, Sylvain Laborde, Markus Raab
German Sport University Cologne

Core components of the action and psychobiosocial states in high-level ice-hockey players
Montse C. Ruiz¹, Reko Luojumäki¹, Samppa Karvinen¹, Sylvain Laborde², Claudio Robazza³
¹University of Jyväskylä, Finland, ²German Sport University Cologne, ³BIND–Behavioral Imaging and Neural Dynamics Center

The effect of stress on sports coaches’ recognition of emotion: preliminary results
Matt Watson, Ann-Christin Engler, Jens Kleinert, Sylvain Laborde
German Sport University Cologne

Workshop 17: LoL generation: in the field with a professional team in Esports „Misfits Gaming“

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am
LOCATION VSH 19 – Paris
SESSION CHAIR Ismael Alfonso Pedraza Ramirez, German Sport University Cologne

Workshop 18: Reframing good character: strengths-based positive psychology interventions to promote character development in sport

DAY / TIME Friday, 19/Jul/2019: 8:30am – 10:00am
LOCATION VSH 18 – Edinburgh
SESSION CHAIR Penelope Ann-Scott Murdock, Universität Bremen

Poster Session Friday

DAY / TIME Friday, 19/Jul/2019: 10:15am - 11:15am
LOCATION Marquee
SESSION CHAIR Urban Johnson, Halmstad University

4.01 Athletes’ descriptions of disordered body movement during psychotherapy shed light on their psychological problems
Shiro Nakagomi, Shigeki Akiba
Kokushikan University, Japan

4.02 Brief report on a resilience workshop for professional Rugby players
David John Edwards^{1,4}, Stephen David Edwards¹, Phil Hopley^{2,4}, Pieter Kruger^{3,4}, Huw Goodwin⁴
¹University of Zululand ²Institute of Sport and Exercise Health, UK; ³North-West University, South Africa; ⁴Cognacity, UK

4.03 Argentine football players adapting to Europe
Camila Posadas Morales
UBA, Argentine Republic

4.04 Relationship between coaching efficacy, emotional intelligence and leadership style among Bulgarian football coaches
Tatiana Stancheva Iancheva, Gancho Prodanov Pradanov
National Sports Academy „Vassil Levski“, Bulgaria

4.05 Towards social representations of the professional athletes’ trajectories in the modern society
Konstantin Bocharov^{1,3}, Nataliya Zyazina²
¹Moscow Institute of Psychoanalysis, Russian Federation; ²Federal Biomedical Agency, Russian Federation; ³ENYSSP, EU

4.06 Impact of personal determinants on boxers’ aggressive reactions

Galina Dimitrova Domuschieva-Rogleva, Kubrat Venkov Pulev
National Sports Academy „Vassil Levski“, Bulgaria

4.07 Coach–athlete communication patterns and their role in children’s swimming skills development

Malgorzata Siekanska, Anna Ostrowska-Karpisz
University of Physical Education Krakow, Poland

4.08 Development of a system of dual career support for university student-athletes: Swedish national dual career guidelines

Lukas Linnér¹, Natalia Stambulova¹, Pernilla Eriksson², Maja Uebel³, Kent Lindahl³
¹Halmstad University, Sweden; ²Umeå University, Sweden; ³Swedish Sports Confederation, Sweden

4.09 The benefits of the mixed methods approach for the examination of explorative research topics within sport psychology

Christina Plath
University of Vechta, Germany

4.10 Insight into the experiences of women coaches at the community-level: a multiple case study

Jenson Price
University of Ottawa, Canada

4.11 Management of a sports team through studying sportsmen’s reflection

Liudmila Rogaleva, Valerii Malkin
Ural Federal University, Russian Federation

4.12 The effects of coaches’ use of non-verbal communication on interpersonal trust between athlete and coach

Eriko Katagami¹, Haruka Maitani¹, Mikiyo Kobayashi^{2,3}, Kahori Tsujita^{3,4}
¹Kyoritsu Women’s University, Japan; ²Osaka Ohtani University; ³Osaka University of Health and Sport Sciences; ⁴Taisei Gakuin University

4.13 Examining athlete leadership skills and their development: from the perspectives of athlete leaders, teammates, and coaches

Moe Machida-Kosuga, Sora Aita, Nijika Tanaka
Osaka University of Health and Sport Sciences, Japan

4.14 A qualitative content analysis of sports-related thoughts in competitive athletes

Alena Kröhler, Stefan Berti
Johannes Gutenberg-University Mainz, Germany

4.15 Overtraining in adolescent athletes: the role of personality and motivational factors

Martin Jelínek¹, Iva Burešová²
¹Czech Academy of Sciences, Czech Republic; ²Masaryk University, Czech Republic

4.16 Human adaptation to stress in sport contexts: implications for intervention and research

António Rui da Silva Gomes¹, Liliana Fontes¹, Ricardo Marinho de Mello de Picoli²
¹Universidade do Minho, Portugal; ²Universidade de São Paulo, Brazil

4.17 Working with athletes’ irrational beliefs using Rational Emotive Behavior Therapy (REBT): A systematic review

Anna Jordana¹, Yago Ramis¹, Martin J Turner², Miquel Torregrossa¹
¹Universitat Autònoma de Barcelona, Spain; ²Staffordshire University, UK

4.18 A narrative review of emotional intelligence training activities in sports

Ann-Christin Engler, Pia Zajonz, Fabian Hofmann, Jonas Akpetou, Julia Eyre, Justin Klandermann, Yannik Klein, Vanessa Martins, Martin Leo Reinhard, Dr. Sylvain Laborde
German Sport University Cologne, Germany

4.19 “True Track-and-field is for senior”: coach-athletes relationship and focus on long term development in a successful Italian ATDE

Chiara D’Angelo, Eleonora Reverberi, Sara Vivirito
Università Cattolica del Sacro Cuore Milano, Italy

4.20 Self-efficacy of soccer referees and its links with experience variables

Felix Guillen
University of Las Palmas de Gran Canaria, Spain

4.21 Trajectories of change in burnout, self-compassion and psychological skill: a three-wave longitudinal study with varsity athletes

Amber D. Mosewich, Benjamin Sereda, Kelsey S Wright, Klaudia Sapieja, Nicholas L Holt, Tara-Leigh F McHugh, Alex Game, Joel Jackson, Michael Cook, Robert Krepps
University of Alberta, Canada

4.22 National federation, municipality and local club collaboration in coordinating talent development in Danish swimming

Ole Winthereik Mathorne
University of Southern Denmark, Denmark



4.23 Motivational profile Steven Reiss as a tool for in-depth work with the player

Katarzyna Marika Skwarek¹, Adriana Zagórska-Pachucka², Beata Mieńkowska³, Katarzyna Wójcik⁴
¹FCB Escola Varsovia, Poland; ²LIFEMORE; ³OPTIMA; ⁴J. Piłsudski Academy of Physical Education, Warsaw

4.24 Integrating significant antecedents to understand commonalities and differences of athlete burnout experience

Alexandra Markati, Konstantinos Karteroliotis, Maria Psychountaki
National and Kapodistrian University, Greece

4.25 Genetic or learning? Relationship between personality indicators and coping in athletes

Antonio Jesús Muñoz-Villena¹, Juan González-Hernández², Diana Garita-Campos³, Abel Nogueira-Lopez⁴
¹University Autonomous of Madrid, Spain; ²University of Granada, Spain; ³University of Leon, Spain; ⁴University of Granada, Spain

4.26 Mental health in amateur football players

Christian Zepp, Johanna Belz, Jens Kleinert
German Sport University, Germany

4.27 Does climbing change the mood? Preliminary findings in children and adolescents in mental-health inpatient care

Anika Frühauf¹, Christoph Albertini¹, Kathrin Sevecke², Martin Kopp¹
¹University of Innsbruck, Austria; ²Universitätsklinik für Psychiatrie, Psychotherapie und Psychosomatik im Kindes- und Jugendalter, Innsbruck

4.28 Intervention for physical activity and virtual reality to boost the cognition in elderly

Thaís Sporkens Magna, Paula Teixeira Fernandes, Alexandre Fonseca Brandão
State University of Campinas, Brazil

4.29 Are changes in physical activity paralleled by changes in sleep complaints? Latent growth curve analyses over a 6-year period

Markus Gerber¹, Mats Börjesson², Ingibjörg H. Jonsdottir³, Magnus Lindwall⁴
¹University of Basel, Switzerland; ²Sahlgrenska Academy, University of Gothenburg and Östra Hospital, Gothenburg, Sweden; ³Institute of Stress Medicine, Gothenburg, Sweden; ⁴University of Gothenburg, Sweden

4.30 How does motivation for exercise change across the stages of change?

Richard Keegan, Lily Quinlan
University of Canberra, Australia

4.31 Motivation in German physical education – do boys like being ego orientated?

Julia Wolf, Jens Kleinert, Anna Wasserkampf
German Sport University Cologne, Germany

4.32 Correlation between psychological aspects in recreational basketball players: a pilot study in Sesc Jundiaí, SP, Brazil.

Hélio Mamoru Yoshida^{1,2}, Gleucy Martimiano Lopes¹, Paula Teixeira Fernandes²
¹Social Service of Commerce, Jundiaí, SP, Brazil; ²Campinas University, Brazil

4.33 Sport for pleasure, medals or fitness? Effects of intrinsically and extrinsically motivated sports on subjective well-being

Malte Jetzke¹, Michael Mutz²
¹Universität Münster, Germany; ²Justus-Liebig-Universität Gießen, Germany

4.34 Catastrophic thoughts and perfectionism, athletes vulnerable to injury. Gender differences in triathletes

Juan González Hernandez¹, Marina Martínez-López², Aurelio Olmedilla Zafra³
¹University of Granada, Spain; ²University Autonomous of Madrid, Spain; ³University of Murcia, Spain

4.35 „...it’s a group of blokes having a laugh“: participant experiences in a sport-based weight-loss intervention for men

Timothy J. H. Budden¹, James A. Dimmock¹, Brett Smith², Mark R. Beauchamp³, Ben Jackson¹
¹University of Western Australia, Australia; ²University of Birmingham; ³University of British Columbia, Canada

4.36 Psychological profile of women enrolled in martial arts classes at University of Campinas: a preliminary study

Sarah Teixeira Gomes^{1,2}, Vinicius Nagy Soares^{1,2}, Marcela Fernandes Vilhena Souza^{1,2}, Joanna Inara Matos¹, Paula Teixeira Fernandes^{1,2}
¹UNICAMP, Brazil; ²GEPEN, FEF-UNICAMP, Brazil

4.37 Female youth refugees’ experiences in sport, physical activity, and exercise: a phenomenological study

Anna Farello, Lindsey Blom, Thalia Mulvihill, Jennifer L. Erickson
Ball State University, USA

4.38 Received social support in a stressful situation - does the affiliation motive act as a moderator?

Zsuzsanna Zimanyi, Julia Schüler
University of Konstanz, Germany



4.39 Validation of a Dutch Measure for Implicit Theories of Ability in Sport (CNAAQ-2)

Gerald M. Weltevreden, Edwin A.J. van Hooft, Annelies E. M. van Vianen
University of Amsterdam, The Netherlands

4.40 Examining the link between personality and positive emotions

Nektarios A.M. Stavrou^{1,2}, Stefan Koehn³, Ioannis Konstantopoulos¹, Maria Psychountaki¹
¹National & Kapodistrian University of Athens, Greece; ²Hellenic Sports Research Institute, Olympic Athletic Center of Athens “Spyros Louis”, Greece; ³Liverpool Hope University, UK

4.41 Vulnerability to eating disorders in athletes: a comparison between aesthetic and non-aesthetic sports

Ceren Gürdere, Silvia Cerea, Marta Ghisi
University of Padova, Italy

4.42 Applying SDT to motivate PE students: Some recommendations for app design

Juan Pons, Yago Ramis, Miquel Torregrossa, Susana Pallarés, Jaume Cruz, Carme Viladrich
Universitat Autònoma de Barcelona, Spain

4.43 Subject correlations of mental toughness

Jacek Przybylski
University of Gdańsk, Poland

4.44 Intercultural sensitivity change correlates with assignment of teammates training injuries to „external“ (non-blaming) causes

Randall E. Osborne
Texas State University, USA

4.45 The effects of perceptual load and mental fatigue on inattention blindness in football players

Riccardo Pazzona¹, Mauro Murgia², Marco Guicciardi¹
¹University of Cagliari, Italy; ²University of Trieste, Italy

4.46 Effect of psychological pressure on pole vaulters perception about the judgement of crossbar height - a pilot study

Nibu R. Krishna¹, Jaiprakash Bhukar¹, Abhaydev C.S.¹, Kalyani Birader²
¹Lakshmbai National Institute of Physical Education, Gwalior, India; ²Sarla Birla Academy, Bangalore, India

4.47 The influence of action-effect priming on bilateral transfer

William Land, Wan Xiang Yao
University of Texas at San Antonio, USA

4.48 An age simulation suit affects motor and cognitive performance in younger adults

Janine Vieweg, Sabine Schaefer
Universität des Saarlandes, Germany

4.49 Monitoring recovery-stress-states of German ice hockey players in preparation for the 2019 IIHF Ice Hockey U20 World Championship

Asja Kiel^{1,2}, Annika Hof zum Berge¹, Fabian Loch¹, Karl Schwarzenbrunner³, Michael Kellmann^{1,4}
¹Ruhr University Bochum, Germany; ²Philipps University of Marburg, Germany; ³German Ice Hockey Federation; ⁴University of Queensland, Australia

4.50 Effect of differences in relevance between video and observer on attention

Takamasa Sakabe, Hideaki Takai
¹Nippon Sport Science University, Japan

4.51 Mental training in children and youth sports

Valerii Malkin, Liudmila Rogaleva, Anastasia Batyrova
Ural Federal University, Russian Federation

4.52 Directing attention allocation through self-talk: effects on the quiet eye duration-fixation and performance

Yonatan Sarig, Nataniel Boiangin, Hila Sharon David, Gershon Tenenbaum
Florida State University, USA

4.53 Effects of a brief stair climbing intervention on executive functions and mood states in healthy young adults

Andreas Karl Stenling^{1,2}, Adam Moylan², Emily Fulton², Liana Machado²
¹Umeå University, Sweden; ²University of Otago, New Zealand

4.54 The effects of intentional smile on mood during acute exercise

Yukio Yamaguchi, Yuki Mizusaki
Fukuoka University, Japan

4.55 Polarisation effect of time pressure: the effect of emotion on decision-making performance in basketball

Huili Li, Lizhong Chi
Beijing Sport University, China

4.56 Muscle Dysmorphia and its Associated Psychological and Psychopathological Features in Athletes

Silvia Cerea, Gioia Bottesi, Francesco Quirico Pacelli, Antonio Paoli, Marta Ghisi
University of Padua, Italy



4.57 Difference of autonomic nerve activity at competition level in archery match

Hideaki Takai

*Nippon Sport Science University, Japan***4.58 Response inhibition of team handball experts**Holger Heppe¹, Karen Zentgraf²¹*University of Münster, Germany*; ²*University of Frankfurt, Germany***4.59 Bridging the gap in sport participation of athletes with disabilities through social emotional learning: imperative for Nigerian**Stephen Sanaah Hamafyelto¹, Nahshon Hananiah Likki², Bulus Tikon³,Rufina Stephen Hamafyelto⁴¹*University of Maiduguri, Nigeria*; ²*University of Maiduguri, Nigeria*; ³*College of Education, Jalingo Taraba state Nigeeria*; ⁴*University of Maiduguri, Nigeria***4.60 Mental training in basketball: conceptualization and new methodological approaches using VR**

York-Peter Klöppel

*University FAF Munich, Germany***4.61 Sport psychological skills training and sport counseling for youth discus players: a single case study**

Yujin Park, Jin Hwang

*Chonbuk National University, South Korea***4.62 Psychometric properties of the Chinese translated Athlete Burnout Questionnaire among Chinese university student athletes**Yuduo Zou¹, Xiaobo Jiang²¹*Sun-Yat-Sen University, China*, ²*Hong Kong Sports Institute***4.63 The impact of video speed on the accuracy of sport performance judgements**

Lisa-Marie Schütz, Henning Plessner, Geoffrey Schweizer

*University of Heidelberg, Germany***4.64 To investigate the effect of different combinations of internal mental imagery and physical exercise on learning basketball pass**

Vahid Karim azad Marjani, Mousa Alizadeh, Solmaz Bagheri

*Islamic Azad University, Iran***4.65 The effects of participation in a six-week exercise programme on senior citizens' well-being and adherence**Takahiro Sato¹, Susumu Iwasaki², Rosa María Cruz Castruita³, Garrett L. Peltonen¹¹*Western New Mexico University, USA*; ²*Fort Lewis College, USA*; ³*Universidad Autónoma de Nuevo León, Mexico***4.66 The colour we wear: impact on perceived and actual performance**Catherine M. Capio^{1,2}, Gilbert W.K. Lam³, Karina K.W. Kam³, Liis Uiga²¹*The Education University of Hong Kong, Hong Kong S.A.R. (China)*; ²*University of Waikato, New Zealand*; ³*Li Ning Sports Science Research Center, China***4.67 Characteristics of imagery use of athlete from sports characteristics**Satoshi Aikawa^{1,2}, Hideaki Takai²¹*Graduate School of Health and Sport Science, Japan* ²*Nippon Sport Science University, Japan***4.68 Characteristics of imagery use of athlete from sports characteristics**

Satoshi Aikawa, Hideaki Takai

¹*Nippon Sport Science University, Japan***Keynote S. Marcora: The limits to endurance performance in humans: mind over muscle?****DAY / TIME** Friday, 19/Jul/2019: 11:30am – 12:30pm**LOCATION** H 1 - Vittel**SESSION CHAIR** Maurizio Bertollo, University „G. d'Annunzio“ of Chieti-Pescara**Featured Symposium 11: Sport psychology development – historical and institutional perspectives****DAY / TIME** Friday, 19/Jul/2019: 2:00pm – 3:30pm**LOCATION** S 10 – Münster**SESSION CHAIR** Roland Seiler, University of Bern**The development of ISSP in the context of the Cold War**

Sidonio Serpa

University of Lisbon – Faculty of Human Kinetics, Portugal

202 FRIDAY / 10:15AM – 3:30PM

FRIDAY / 2:00PM – 3:30PM 203

Russian/Soviet sport psychology developments as a part of sport psychology history

Natalia Stambulova

*Halmstad University, Halmstad, Sweden***The early years of FEPSAC – collaboration and confrontation in a divided continent**

Roland Seiler

*University of Bern, Switzerland***Invited Symposium 05: Association for Applied Sport Psychology
Symposium: Theory to Practice to Enhance Performance**

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm

LOCATION S 9 – Cologne

SESSION CHAIR Amy Lynne Baltzell, Boston University

Theories of professionalism, adult learning and coach development:**The role of the educational sport psychology consultant**

Kristen Dieffenbach

*West Virginia University, USA***Exploring vulnerability through the lens of ACT among high performance coaches**

Göran Kenttä

*The Swedish School of Sport and Health Sciences, Sweden***Growth Mindset, Mindfulness and Acceptance in Athlete Performance**

Shameema Yousuf

*Empower2Perform, UK & Zimbabwe***Translating theories of Injury Rehabilitation into Practice: The Need for Team-Based
Work in Sport**Courtney W. Hess¹, Stacy L. Gnacinski², Barbara B. Meyer³¹University of Massachusetts USA, ²Drake University, USA, ³University of Wisconsin-Milwaukee, USA**Self-compassion & Mindfulness: Cultivating Poise, Attention and Adaptability via
a Mindfulness Intervention geared toward athletes**

Amy Baltzell

*Boston University, USA***Panel 03: Ethics in applied sport psychology - international perspectives
on the challenges faced across contexts of professional practice**

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm

LOCATION VSH 219 – Brussels

SESSION CHAIR Sydney Querfurth-Böhnlein, Muenster University, Germany

**Ethics in applied sport psychology - international perspectives on the challenges faced
across contexts of professional practice**Sydney Querfurth¹, Michael Zito², Stilian Chroni³, Chris Harwood⁴, Babett Lobinger⁵, Karin Moesch⁶¹University of Münster, Germany; ²Montclair State University, USA; ³Inland Norway University of Applied Science, Norway; ⁴Loughborough University, UK; ⁵German Sport University Cologne, Germany; ⁶Swedish Sports Confederation & Halmstad University, Sweden**Paper Session 40: Groups and Team Performance**

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm

LOCATION Senatssaal – Prague

SESSION CHAIR Jürgen Beckmann, University of Munich, Germany

2:00pm - 2:15pm**Cooperative and competitive joint action: how shared goals transfer from one task to another**

Roman Liepelt, Markus Raab

*German Sport University Cologne, Germany***2:15pm - 2:30pm****Efficacy beliefs are related to task cohesion: communication is a partial mediator**Sarah P McLean¹, Christine Marie Habeeb², Pete Coffee¹, Robert C. Eklund³¹University of Stirling, UK; ²East Carolina University, USA; ³Florida State University, Tallahassee, USA**2:30pm - 2:45pm****Developing self-concept through team sport and coaching/mentoring in an immigrant setting**Knud Ryom¹, Johan Michael Wikman², Reinhard Stelter³¹Aarhus University, Denmark; ²Halmstad University, Sweden; ³University of Copenhagen, Denmark**3:15pm - 3:30pm****Experimental manipulation of implicit theories and its effect on achievement goals,
motivation and performance**

Gerald M. Weltevreden, Edwin A.J. van Hooft, Annelies E. M. van Vianen

University of Amsterdam, The Netherlands

Paper Session 41: Perspectives on Emotions in Sport

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm
LOCATION S 8 – Copenhagen
SESSION CHAIR Catherine Sabiston, University of Toronto

2:00pm - 2:15pm

Psychological skills, mental toughness, and anxiety in elite female football players

Hafrún Kristjánsdóttir¹, Kamilla Jóhannsdóttir², Miguel Pic³, Jose Saavedra¹

¹Reykjavik University, Reykjavik, Iceland.; ²Reykjavik University, Reykjavik, Iceland;

³University of La Laguna, La Laguna, Spain

2:15pm - 2:30pm

Influencing students' emotions in PE: the role of competence and social belonging

Sascha Leisterer¹, Darko Jekauc²

¹Humboldt-Universität zu Berlin, Germany, Universität Leipzig, Germany;

²Karlsruhe Institute of Technology, Germany

2:30pm - 2:45pm

Physical activity behaviour moderates the relationship between negative self-conscious emotions and psychological distress

Amy Nesbitt¹, Catherine M. Sabiston¹, Eva Pila², Peter R. E. Crocker³

¹University of Toronto, Canada; ²University of Western Ontario, Canada; ³University of British Columbia, Canada

2:45pm - 3:00pm

Emotional labor and professional engagement in sport psychology professionals

Christopher Wagstaff¹, Ale Quartirol², Daniel Brown¹

¹University of Portsmouth, UK; ²UW - La Crosse, USA

3:00pm - 3:15pm

The emotional maps of spontaneous walking: using spatiotemporal correlations to reveal the emotional states of whole body motion

Yvonne N. Delevoe¹, Victor Brossard¹, Daniel Lewkowicz², Stefano Berretti³, Mohamed Daoudi¹

¹University Lille, France; ²Bertin Technologies, France; ³University of Florence, Italy

Paper Session 42: Dual Career Environments and Career Transitions

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH 19 – Paris
SESSION CHAIR Saša Cecić Erpič, University of Ljubljana

2:00pm - 2:15pm

Understanding athlete experiences of transitions in elite swimming

Libby Mitchell¹, Camilla J. Knight², Stephen D. Mellalieu³

¹Liverpool John Moores University; ²Swansea University; ³Cardiff Metropolitan University

2:15pm - 2:30pm

Dual career of football players in the Czech Republic

Zora Svobodová, Karel Večeřa, Hana Válková

Masaryk University, Czech Republic

2:30pm - 2:45pm

Sport psychological support of elite athletes at the athletic retirement: an individual case study

Erika Ruchti, Daniel Birrer, Stephan Horvath, Gareth Morgan

Swiss Federal Institute of Sport Magglingen, Switzerland

2:45pm - 3:00pm

Investigation into dual career environment at a Slovene female volleyball club

Saša Cecić Erpič¹, Janja Tekavc²

¹University of Ljubljana, Slovenia; ²University of Maribor, Slovenia

3:00pm - 3:15pm

Predicting happiness in Paralympic swimming medallists

Erin Elizabeth Snapp, Jeffrey John Martin, Mario Joseph Vassallo, Jacklyn Rae Carrico, Ellen

Louise Armstrong

Wayne State University, USA

Paper Session 43: Psychology and Performance (Varia)

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH 118 – Nottingham
SESSION CHAIR Diane Ste-Marie, University of Ottawa

2:00pm - 2:15pm

Sleep quality and quantity related to mental toughness in sample of elite masters athletes
K. Bradford Cooper^{1,2}, Martin Jones², Mark Wilson²
¹US Corporate Wellness; ²University of Exeter, USA

2:15pm - 2:30pm

Enhancing self-talk assessment through a multi-informant approach:
convergence of self-reported and verbally expressed self-talk
Gert-Jan De Muynck¹, Bart Soenens¹, Jochen Delrue¹, Nikos Comoutos², Maarten Vansteenkiste¹
¹Ghent University, Belgium; ²University of Thessaly, Greece

2:30pm - 2:45pm

The influence of self-talk on challenge and threat states and performance
Adrian Hase¹, Jacob Hood¹, Lee John Moore², Paul Freeman¹
¹University of Essex, UK; ²University of Bath, UK

2:45pm - 3:00pm

An evolution to human performance training: an integrated, multi-disciplinary approach
ChangHyun Ko
Science Applications International Corporation, USA

3:00pm - 3:15pm

Do psychophysiological stress responses impact perceptual-motor performance?
Shooting performance of police recruits under stress
Laura Giessing¹, Marie Ottilie Frenkel¹, Christoph Zinner², Jan Rummel¹, Arne Nieuwenhuys³,
Christian Kasperk⁴, Maik Brune⁴, Florian Azad Engel¹, Henning Plessner¹
¹Heidelberg University, Germany; ²University of Applied Sciences for Police and
Administration of Hessen, Germany; ³University of Auckland, New Zealand;
⁴University Hospital Heidelberg, Germany

3:15pm - 3:30pm

The protective influence of mindfulness and sensation seeking on stress in high-risk sports
Marie Ottilie Frenkel¹, Joana Brokelmann², Robin-Bastian Heck¹, Jan Rummel¹, Arne Nieuwen-
huys³, Christian Kasperk⁴, Petra Dallmann⁴, Martin Stoffel⁴, Henning Plessner¹
¹Heidelberg University, Germany; ²Frankfurt University, Germany; ³University of Auckland,
New Zealand; ⁴Heidelberg University Hospital, Germany

Symposium 35: Characteristics and circumstances of sexual violence in sport from different perspectives

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm
LOCATION H 2 – Bern
SESSION CHAIR Jeannine Ohlert, German Sport University Cologne

Putting the pieces together: profiling perpetrators to help understand (pathways to)
sexual offending in sport
Tine Vertommen
Thomas More University of Applied Sciences and University of Antwerp, Belgium

Characteristics and consequences of sexual violence experiences in sport differ when
comparing peers and coaches as offenders
Jeannine Ohlert¹, Thea Rau², Marc Allroggen²
¹University Hospital Ulm and German Sport University Cologne, Germany, ²University Hospital
Ulm, Germany

Socio-cultural structures of sexual violence in sport from the perspective of survivors
Bettina Rulofs
German Sport University Cologne, Germany

Activism by individuals who were sexually victimised as children within sport
Mike Hartill
Edge Hill University, UK

Symposium 36: Perfectionism in sport, dance, and exercise:
An overview of available models, analyses, and methods

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm
LOCATION H 3 – Madeira
SESSION CHAIR Andrew P. Hill, York St John University

An independent effects approach to perfectionism: Perfectionism, need satisfaction and thwarting, and willingness to dope
Gareth E. Jowett, Nicholas Stanger, Laurie Patterson
Leeds Beckett University, UK

The tripartite model of perfectionism: A key model or something to be abandoned?
Mick R. Lizmore¹, John K. Gotwals²
¹University of Alberta, Canada ²Lakehead University, Canada

The 2 × 2 model of perfectionism: An overview and review of research in sport, dance and exercise
Sarah H. Mallinson-Howard
York St John University, UK

Qualitative research: The promise and challenges of qualitative research on perfectionism in sport, dance and exercise
Sanna Nordin-Bates
Swedish School of Sport and Health Sciences, Sweden

Symposium 37: Psychological mechanisms underlying morality in sport

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm
LOCATION H 4 – Chalkidiki
SESSION CHAIR Philip Hurst, Canterbury Christ Church University
 Bahri Gürpınar, Akdeniz University
DISCUSSANT Philip Hurst, Canterbury Christ Church University, Canterbury, UK

Satisfaction of the basic psychological needs as a predictor of pro-social and anti-social behaviours in athletes
İhsan Sarı¹, Bahri Gürpınar², Neslişah Yaren Köleli¹
¹Sakarya University, Turkey, ²Akdeniz University, Turkey

Coach-created empowering and disempowering motivational climate and moral behaviour: Mediating role of moral disengagement
Bahri Gürpınar¹, İhsan Sarı², Hatice Yıldırım¹
¹Akdeniz University, Turkey, ²Sakarya University, Turkey

Collective moral disengagement: A study with adolescent team sport athletes
Francesca Danioni¹, Rosa Rosnati¹, Daniela Barni²
¹Catholic University, Italy, ²LUMSA University, Italy

Fear of failure predicts doping likelihood in competitive athletes
Philip Hurst
Canterbury Christ Church University, UK

The relationship between goal orientation, basic psychological needs and passion for sport
Lieke Schiphof-Godart, Michiel Krijger-Hombergen
The Hague University, The Netherlands

The relationship between goal orientation, basic psychological needs and passion for sport
Lieke Schiphof-Godart, Michiel Krijger-Hombergen
The Hague University, The Netherlands

Symposium 38: Intervention studies in applied sport psychology

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH o6 – Bad Blankenburg
SESSION CHAIR Nadja Walter, Leipzig University

An innovative reflexive self-talk online intervention with female athletes
Alexander Latinjak¹, Antonis Hatzigeorgiadis², Lucia Figal-Gómez³, James Hardy⁴
¹University of Suffolk, UK; ²University of Thessaly, Greece ³University of Suffolk, Spain; ⁴Universitat Autònoma de Barcelona, ⁵Bangor University, UK

Developing a career training programme in Swedish elite handball
Johan Ekengren, Natalia Stambulova, Urban Johnson
Halmstad University, Halmstad, Sweden

Effects of self-talk training on junior elite athletes’ competitive anxiety, self-efficacy, volitional skills, and performance
Nadja Walter, Dorothee Alfermann
Leipzig University, Germany

Nature-based interventions for athlete well-being: A mixed methods approach
Tadhg E. MacIntyre
University of Limerick, Ireland

Symposium 39: How culture and context inform practice in sport psychology: A cultural lens on talent and career development in sport

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH 17 – Westphalia
SESSION CHAIR Louise Kamuk Storm, University of Southern Denmark

Understanding a Danish talent academy, beyond its people: A cultural lens
Louise Kamuk Storm, Carsten Hvid Larsen, Kristoffer Henriksen
University of Southern Denmark

Empowering youth athletes against the odds: Successful talent-development environments in underserved communities
Rob Book¹, Kristoffer Henriksen¹, Natalia Stambulova²
¹University of Southern Denmark, ²Halmstad University, Sweden

„Quite aggressive assaults on us to start off with“: Culture change in a national performance pathway in the UK
Niels Feddersen¹, Robert Morris¹, Louise Kamuk Storm², Martin Littlewood¹, David Richardson¹
¹Liverpool John Moores University, UK ²University of Southern Denmark

Why does Iceland invest in youth sport for all?
Dadi Rafnsson
Reykjavik University, Iceland

That did not go as planned! Reflections on service delivery in Danish professional football
Carsten Hvid Larsen
University of Southern Denmark

Workshop 19: Introduction to Bayes statistics using GNU R for sport neuroscientists/psychologists

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH 18 – Edinburgh
SESSION CHAIR Sven Hoffmann, German Sport University Cologne

Workshop 20: Working with adolescent athletes: the importance of active involvement and fun based on ACT examples

DAY / TIME Friday, 19/Jul/2019: 2:00pm – 3:30pm
LOCATION VSH 116 – Varna
SESSION CHAIR Kristel Kiens, Tallinn University
Snezana Stoljarova, Tallinn University/ESTIPP OÜ private consultancy

Keynote Zella Moore: Clinical Sport Psychology: Considering Psychological Well-being and Performance Excellence

DAY / TIME Friday, 19/Jul/2019: 4:00pm – 5:00pm
LOCATION H 1 - Vittel
SESSION CHAIR Karin Moesch, Swedish Sports Confederation

15 TH
EUROPEAN
CONGRESS
OF SPORT &
EXERCISE
PSYCHOLOGY
MÜNSTER
GERMANY

10 ANNIVERSARY: 50 YEARS OF ASP



building the future of sport
& exercise psychology.

Anniversary: 50 years of asp (the German Society for Sport Psychology)

The German Society for Sport Psychology (asp) invites all friends of the Society to celebrate its 50th anniversary on Tuesday, July 16th, between 2pm and 3.30pm, in room Muenster (S10, Schloss). Following the Featured Symposium, chaired by asp-president Bernd Strauss, that includes three presentations the asp invites all attendees to a short get-together.

Not only FEPSAC, founded 1969 in Vittel (France) will celebrate its 50th anniversary, but also the German Society for Sport Psychology (asp) (German: Arbeitsgemeinschaft für Sportpsychologie e.V., abbr. asp). The German Society asp was founded 1969 (Oct. 8th) in Muenster (Germany). The society consists of 475 members (May 2019). The managing council consists of a president and six vice-presidents (e.g. for elite sports, student research training issues, exercise and health, research and international affairs). The society is a group member of FEPSAC and ISSP, and collaborates e.g., with the German Federal Institute of Sport Science (BISp), the German Society of Sport Science (dvs), the German Psychological Society (DGPs), and the German Olympic Sport Federation (DOSB). The purpose is to encourage and promote the study of human behaviour within sport and exercise as well as to improve the quality of research and professional practice in sport and exercise psychology. This mission is e.g., realized by an annual national conference (in May 2019, the 51st conference took place), training and certification (in collaboration with the Federal Institute of Sport Science, BISp) in elite sports as well as health or methodological training. The official journal of the Society is the German Journal of Sport Psychology (Zeitschrift für Sportpsychologie; publisher: Hogrefe), founded in 1987. Most relevant information is provided via the homepage:

<https://www.asp-sportpsychologie.org/index.php>

11 EXHIBITION

EXHIBITION

The Congress will be accompanied by a major exhibition taking place in the marquee in front of the Schloss. The exhibition days for the different companies are displayed below.

Movisens

Tuesday July 16th to Thursday July 18th

Krüper University Book Shop

Monday July 15th to Wednesday July 17th Official University of Muenster merchandise can be purchased at this booth.

Springer

Tuesday July 16th to Wednesday July 17th

Tobii pro

Tuesday July 16th

Sport Thieme

Wednesday July 17th

AOK

Presentation days to be announced

FEPSAC

The 50 years of FEPSAC book can be purchased at the exhibition.
Times are to be announced.

12 SPONSORS AND SUPPORTERS

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The Professional Sport Psychology Group is approved by the American Psychological Association to sponsor continuing education for psychologists. As Co-Sponsor PSPG maintains responsibility for this program and its content.



13 COMMITTEES

COMMITTEES

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 Alan Smith, PhD – United States
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Young Researcher Award

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IMPRESSUM

Publisher

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